

ROBSON VALLEY 
TELEPHARMACY

FREE The Little FREE McBride Paper

The logo for Rich Boyz Mechanical Ltd. features a white tow truck with a crane mounted on its back, positioned in front of a silhouette of a mountain range with several evergreen trees in the foreground. The text "RICH BOYZ" is written in large, bold, black, sans-serif capital letters, with "MECHANICAL LTD." in a slightly smaller font size directly below it. A horizontal line separates the logo from the company's services and contact information.

The logo for D & T INDUSTRIES is centered. It features the company name in a large, bold, black, sans-serif font. Below the name is a black phone number: 250-569-7758 / 7050. To the left of the text is a stylized illustration of a tree with a thick trunk and dense foliage. To the left of the tree is a smaller, separate illustration of a person wearing a hard hat and safety vest, standing next to some equipment. The entire logo is enclosed in a thin black border.

Meraki Builders
Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)

McBride TGP Grocery Store

211 Main Street 230-369-2323

NEW YEAR'S HOURS

Dec. 31 OPEN 6am-2pm
January 1 CLOSED
January 2 OPEN 6am-5pm
HAPPY NEW YEAR'S

250-569-0133

Mon.-Fri.6am-5pm Sat. & Sun. 9am-5pm Closed Stat Holidays

**SHOP/MOBILE
WELDING
FABRICATION
& REPAIR**

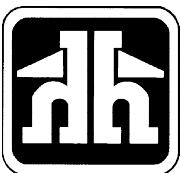
**SPECIALIZING
IN ALUMINUM
STAINLESS
CARBON STEEL**

NO FLUX GIVEN

MORRISON, B.C. 1-800-222-2222

AULD	GATEWAYS
BABY	GREGORIAN
BEGINNINGS	INFANT
CALENDAR	JANUARY
CONCERT	JANUS
COUNTDOWN	LANG
DANCING	MIDNIGHT
DRINKING	PARADE
EATING	RESOLUTIONS
FATHER	SASH
FIREWORKS	STROKE
FIRST	SYNE

BRUNNEN



Robson Valley Home Hardware

250-569-2284

Robson Valley Hardware's

KIDS CHRISTMAS COLOURING CONTEST WINNERS!

Ages 4-6 was Elizabeth Reis

Ages 7-9 was Nicholas Schapansky

Ages 10-12 was Billy Schapansky

Overall Winner was Everlee Anderson

Gigglin' Grizzly Pub The Griz is temporarily in hibernation.

Grizzly RV Park - 250-569-0128

24 fully serviced sites
(water, sewer, 30/50 amp)

Pub & RV Park for sale

McBride!

BECOME A MEMBER TODAY!



Open your new Integris Credit Union membership
and discover the credit union difference!

*Terms and conditions apply, for more information speak to one of our experts!

Integris McBride

210 Main Street, McBride

Wednesday - Thursday

10:00 AM - 4:00PM

Friday

10:00AM - 5:00PM

1-866-554-3456

www.integriscu.ca



WHISTLE STOP GALLERY



Happy 2026 We wish you a year of creativity and fun!

If you are an artist, a maker, a potter, a woodworker or more and you live in the Robson/Canoe Valley, drop by the Gallery and see how easy it is to become a member and start sharing your work with thousands of visitors each year.

Our January hours are 10-4 daily.

For more information call: 250-569-7825

Book Your Septic Pump Out Before Winter!!

If you don't remember when it was last pumped... It's time!! 2 - 5 years depending on usage. One year for a B&B!! Don't let solids plug up your drain field!!

Porta Potties

We have nice clean porta potties to help with your Reunions, Weddings and Construction Sites

Robson Valley Septic & Water Hauling

• Dome Creek, McBride, Dunster, Valemount, Blue River •
(250) 569-7812 "The Friendly Little Truck!!"

McBride AG Foods



ALWAYS
CANADIAN
We wish everyone a
**HAPPY
NEW YEAR**

ROBSON VALLEY

**DRY WALL
SERVICES**

Adam Krajewski 778-201-7114
instagram @robsonvalleydrywallservices

RVCS NEWS

WED's: Family Place Drop-In is moving to Fridays starting in January, from 9:00AM to 12:00PM RVCS (942 3rd Ave., McBride), unless otherwise stated. Come connect with other families, access parenting resources, and enjoying fun activities for you and your 0-6 year old children. For more information, call 250-569-2266 or email events@rvcsbc.org. Jan. 2 Holiday Closure, No Family Place Drop-in. Jan. 9 Lets do some Science. Jan. 16 Free play Friday. Jan. 23 Finger painting. Jan. 30 Board games.

THUR. JAN. 8: Soup & Bun Socials. Seniors are invited to join us for a warm meal and friendly connection from 12-2pm at 942 3rd Avenue, McBride. Come share food, laughter, and community!

TUES. JAN. 13: Join us for *Café Connect!* Are you caring for children and looking for a supportive space to share, learn, and connect? Come to our monthly gathering where we celebrate successes, talk through challenges, and build community. This Month's Topic: *Hopes for the New Year* Let's explore what we're looking forward to in 2026 and how we can make those hopes a reality. From 12:00PM to 1:30PM at the RVCS office in McBride, 942 3rd Avenue. Facilitators will provide resources and supports in various areas. Come for the conversation, stay for the community! Initial registration is required - please contact us to sign up. Brought to you by the CYSN and Family Support Program.

THUR. JAN. 15: Vision Board Workshop. Seniors are invited to spark creativity and set inspiring goals by making vision boards together! Join us from 1:30-3pm. All supplies provided - just bring your imagination!

TUESDAYS Starting Jan. 27, 2026: Join our EFFT Skills Group in McBride! Robson Valley Community Services is hosting a 4-session Emotion-Focused Family Therapy (EFFT) Skills Group for caregivers. Learn strategies to strengthen relationships, reduce challenging behaviors, and support your child's mental health. Dates: Jan. 27, Feb. 3, Feb. 10, Feb. 17, 2026, from 12:00 PM to 2:30 PM at the RVCS office in McBride, 942 3rd Avenue. Caregivers of children aged 0-19 are invited to register. Please contact the office by email at events@rvcsbc.org or call 250-566-9107. Brought to you by Child & Youth Mental Health and Family Support Programs.

THUR. JAN. 22: You are invited to join us for: From Trauma-Informed To Trauma-Responsive: A Neurosequential Approach. Trauma changes the brain, but it doesn't define a person. Knowing this helps professionals and caregivers respond with empathy instead of judgment. Behaviors often reflect survival - not character flaws. Reducing Shame: When we shift from "What's wrong with you?" to "What happened to you?" we validate experiences and replace shame with compassion - for clients and caregivers alike. Supporting Healing: Families and caregivers can help by creating safety and practicing co-regulation - calm tone, predictable routines, and shared moments of connection. Healing starts in relationships. Finding Hope: The brain can heal through neuroplasticity. Every calm interaction rewrites pathways toward trust and resilience. Progress may be slow, but every small step matters. Key Message: Healing is possible. Together, we restore dignity, safety, and hope. Who Should Attend? Caregivers, educators, medical staff, mental health clinicians, outreach workers, social workers, early years providers, and anyone passionate about supporting children and families. Don't miss this opportunity to strengthen your skills and make a lasting impact! Registration is required, please email events@rvcsbc.org or call 250-566-9107 by January 12, 2026.

THUR. JAN. 29: Tech Day for Seniors. Need a hand with phones, tablets, or other devices? Drop in for friendly tech support from 1:00 PM- to 3:00 PM. We'll be there to help with your tech questions and make things easier!

MON. through THUR.: McBride RVCS (942 3rd Ave.) has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. This project is made possible thanks to grant funding from United Way of BC and the residents of the Robson Valley! Contact RVCS at 1-844-324-2004 or email events@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

CHURCH NEWS N' THINGS

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Sunday school Sept. - May @ 9:30am - 10:15am for ages 5 - 10. Potluck on the last Sunday of each month, all are welcome. Weekly Bible study in small groups, reach out for more details. Phone 250-569-2378. •Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods. •Sunday worship services at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientation, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467. •Seventh-day Adventist Church, Lamming Pit Rd. Saturday mornings. Sabbath School 9:20 to 10:45 Music, Mission and Small-group Bible Study, 6 age groups Cradle Roll to Senior. Worship Service 10:45 to 12:15. Everyone welcome. •Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. •Foodbank contact number is 250-569-3186. •St. Patrick's Catholic Church 2nd & 4th Sunday - Mass 11:00. All other Sundays - layled Celebration of the Word. Ph: 250-569-2606. •Mountain Chapel (POAC) at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

NEW VIA Rail Schedule viarail.ca Ph 1-888-842-7245
Westbound train #5 Sun., Wed., Fri.: 12:44 pm
Eastbound train #6 Mon., Thurs., Sat.: 12:18 pm
Dome car included! Visit McBride Station for more info.

Important Phone Numbers

EMERGENCY 9-1-1 Gov't Serv. BC .250-569-3760
R.C.M.P. 250-569-2255 Village 250-569-2229
Hospital 250-569-2251 Reg'l Dist' 1-800-667-1959
Health Unit 250-569-2251 RV Comm. Srv. 250-569-2266
K to 7 School .. 250-569-2721 Food Bank 250-569-3186
High School 250-569-2295 Fire Hall 250-569-3117
The Little McBride Paper 250-569-3110
BC BUS..844-564-7494 Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Friendliest Town!!

WANTED

An Older Couple is looking for a small lot of land, approximatley 2-5 acres in McBride and the surrounding area.

Phone: 250-617-6514.

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

Delivering Fuel

East to McBride &
Valemount



Four Rivers
Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488
Valemount Cardlock: 1500 - 9th Avenue
TF: 866.309.2667 Valemount BC
Fax: 250.564.3433 McBride Cardlock:
2130 Zeidler Road
TF: 866.309.2667 McBride BC
TF: 866.309.2667



**HORSESHOE LAKE
VENTURES**
377 Main Street McBride, B.C. 250-569-0075
HOLIDAY HOURS

Closing Dec. 31 at 4:00 - Closed Jan. 1

• Feed and Farm Supplies • Dog and Cat Food
• Full Hydraulic Hose and Fitting Supply
• Agricultural Parts/Repair • Automotive Parts/Accessories



VALLEY MUSEUM & ARCHIVES
Thank you to everyone who
contributes to the museum

HAPPY HOLIDAYS!

SEE YOU January 6.

OPEN 10-4pm Tuesday to Friday

Housekeeper Needed - Afternoon & Graveyard Shifts
MOL-CAP Investments Ltd is currently seeking a reliable Housekeeper to join our team.

Shifts available:

• Afternoon shifts • Graveyard (overnight) shifts
Duties include general housekeeping and cleaning.
Applicants must be dependable, detail-oriented, hardworking, trustworthy, and take pride in maintaining a clean and professional environment.

Able to work independently. Experience is an asset but not required.

Please contact: MOL-CAP Investments Ltd.
Teresa Caputo 250-569-7600



250-569-2666

1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANICS

Closed

till January 5th, 2026

MONDAY to FRIDAY 8:30am - 4:30pm

SATURDAY & SUNDAY - CLOSED

WISHING EVERYONE A WONDERFUL 2026!
WE HOPE YOU'LL BE PART OF OUR ADVENTURES
IN THE YEAR AHEAD.
WE WILL BE CLOSED FROM DEC. 25TH THRU JAN. 5TH (NEW!)
REOPENING TUESDAY, JANUARY 6TH



Follow us on Facebook fb.me/youarewelcomehome

Mon. - Sat. 8:30am to 4:00pm

Call us - 250-569-0215

THRIFT STORE NEWS

Will reopen Tuesday, January 6. All clothing is half price during all of December. All items downstairs are now half price. Warmest wishes to all for a blessed Christmas and New Year! -McBride Anglican United Church.

BIRTHDAY WISHES DEC. 31-JAN. 6

Stacey Pleasants, Tristan Goodkey, Julie Holland, Diane Huber, Sami Divleli, Randy Krenzler, Andy Werner, Daniel Roussel, Jonah McKenna, Parker McCrea, Adaleena Mercuri, Nicole Keim, and to any we have missed, Happy Birthday.