

Open your new Integris Credit Union membership and discover the credit union difference!

*Terms and conditions apply, for more information speak to one of our experts!

Integris McBride

210 Main Street, McBride

Wednesday - Thursday
10:00 AM - 4:00PM
Friday
10:00AM - 5:00PM

1-866-554-3456
www.integriscu.ca

D & T INDUSTRIES
250-569-7758 / 7050

GIFT CERTIFICATES AVAILABLE

250-569-0133

Mon.-Fri.6am-5pm Sat. & Sun. 9am-5pm Closed Stat Holidays PATIO IS OPEN

Book Your Septic Pump Out

If you don't remember when it was last pumped... It's time!! 2 - 5 years depending on usage. One year for a B&B!! Don't let solids plug up your drain field!!

Porta Potties

We have nice clean porta potties to help with your Reunions, Weddings and Construction Sites

Robson Valley Septic & Water Hauling
Dome Creek, McBride, Dunster, Valemount, Blue River
(250) 569-7812 "The Friendly Little Truck!!"

McBride AG Foods
250-569-0140

Hours:
Monday to Saturday
6:30am - 6:30pm
Sunday
9:00am - 5:00pm

SENIOR'S DAY 65+
Every Wednesday - 10% Off

FRESH FISH FRIDAYS

ALWAYS CANADIAN

For All Your FIREWOOD NEEDS

Serving Valemount to McBride
\$250 round - \$300 split Full Cord
Discounts Available
Terrance Pallagi 250-569-4280

Robson Valley Home Hardware
250-569-2284

Your Local One Stop Shop for

•APPLIANCES •FURNITURE
•HOUSEWARE •WINDOWS •SIDING
•WOOD STOVES •PELLET STOVES
•KITCHEN CRAFT •And More

Gigglin' Grizzly Pub

Open 5pm to 9pm, Thursday to Sunday

Grizzly RV Park - 250-569-0128
24 fully serviced sites (water, sewer, 30/50 amp)
Pub & RV Park for sale

FREE The little McBride Paper FREE

Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, August 6th, 2025

OZALENKA ALPINE CLUB

The Ozalenka Alpine Club would like to offer hiking trips to the community this summer. Below is the tentative plan, subject to change depending on interest and weather conditions. The cost will be \$20/non-member and free for members (contact Elsie Stanley if you'd like to become a member). Max is 10 per trip, so please sign up early if you want a spot. Either Joy or Sean Prockter from Robson Backcountry Adventures will be the guide for the trip. We will meet at 08:00 in the Canada Post parking lot in McBride and everyone will need to sign a waiver in order to participate (see robsonbackcountryadventures.ca for your reference). August 9th: Boulder Mountain - Hike up from valley bottom to the alpine on this stunning trail. Elevation gain is significant at 1,200m over 7 kms. There is an opportunity to hike off-trail through some lovely meadows on the way back down from the summit if there's interest. Views of the Goat River Valley and beyond are stunning. September 6th: Lower Goat River Trail - Using a shuttle, we will hike, primarily downhill, from Hwy. 16 to the Fraser River using the Lower Goat River Trail. This is a moderately easy trail and well-maintained over 11 kms. There is an opportunity to start higher and do an extra section of the trail (3.5 kms) for those that are keen. The trail goes through some beautiful old growth cedar forest, especially in the lower half.

THANK YOU

45 years of the Terry Fox Run, raising funds for Cancer Research!! I would like to thank TGP grocery store for providing the donation boxes at their check out counters!! ALL donations are gratefully accepted on behalf of the Terry Fox Foundation. Thank You all. The run, walk is on Sunday, September 14th this year. Look for posters and lawn signs, for information, or feel free to call Eleanor Johnson @ 250-569-2459. Donations \$20.00 and over will be provided with a tax deductible receipt, contact me to have your name and contact information recorded.

COMING EVENTS

To learn more about taking care of loved ones, Northern Health and McBride & District Public Library invite you to take part in a free educational series about CAREGIVER SUPPORT. Where: McBride & District Public Library, 521 Main St. When: Tuesdays 10am - 11 am on Aug. 19 (no class on Aug. 12). For more information and to register, please call Community Health Services at 250-569-2026.

ROBSON VALLEY MUSHROOM FESTIVAL

Hello Mushroom Enthusiasts!!!! The 2025 Robson Valley Mushroom Festival is happening. Where: The Dunster School (Dunster BC). When: September 26, 27 and 28th. What is happening? The weekend will be filled with activities. Walks and talks, short and long forays, 6 great instructors, 11 excellent workshops, a gala "mushroom themed dinner, evening presentations and vendors. This weekend is yours to fill with learning activities and workshops to enhance your fungi experience. Instructors and presenters for the festival come with a wide range of knowledge and experience gathered from years of collecting and identifying mushrooms of western North America. Camping and lunches are available. If you are interested in learning more about the mushrooms of the Robson Valley check out the website Robsonvalleymushroomfestival.com

COMMUNITY ANNOUNCEMENTS

McBride Community Market Fridays, from 11:00 am to 2:00 pm in the pavilion at Steve Kolida Park. Bring your own table. Space rent is \$10.00 per week. The sale of high risk foods requires a permit from Northern Health. For further information contact Jackie Edwards at 250-569-7101 jackie.c.edwards@gmail.com
Dunster Farmers Market is up and running again for the 45th year. Join us at Dunster Community Hall every Saturday from 11am to 1pm until the end of September. No fee for vendors. All welcome! We offer a nice lunch of local beef burgers, local veggie burgers, hot dogs, coffee and juice. We usually have veggies and plants, home baking, local crafts and art, and miscellaneous new and used items. For more information, call Pete Amyoony at 250-968-4334.

BIRTHDAY WISHES AUGUST 6-12

Laurent Roussel, Anik Bhaskar, Ava Joseph, Blaze Littlechild, Darwin Goodkey, Aurora Thiessen, Skye Johnston, Barb Wolney, Les Savarella, and to any we have missed, Happy Birthday.

NEW VIA Rail Schedule viarail.ca Ph 1-888-842-7245
Westbound train #5 Sun., Wed., Fri.: 12:44 pm
Eastbound train #6 Mon., Thurs., Sat.: 12:18 pm
Dome car included! Visit McBride Station for more info.

Important Phone Numbers

EMERGENCY 9-1-1	Gov't Serv. BC .250-569-3760
R.C.M.P. 250-569-2255	Village 250-569-2229
Hospital 250-569-2251	Reg'l Dist' 1-800-667-1959
Health Unit 250-569-2251	RV Comm. Srv. 250-569-2266
K to 7 School .. 250-569-2721	Food Bank..... 250-569-3186
High School 250-569-2295	Fire Hall 250-569-3117
The Little McBride Paper 250-569-3110	
BC BUS...844-564-7494	Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...	
Dial this Number 1st and ask operator to connect you to provincial department.	

Take a Break in McBride...B.C.s Friendliest Town!!

VALLEY MUSEUM & ARCHIVES
BEING HERE

Showcases local talent - Dale Stephens
Come & see his Paintings, Carvings and Architectural Illustrations.

Summer Scavenger Hunt for the kids!
OPEN TUESDAY - FRIDAY 10am - 4pm
Free admission or by donation.

WHISTLE STOP GALLERY

Handcrafted, Heirloom quality...
You will find it at the
Whistle Stop Gallery in the Train Station
Home of Robson Valley Artists and Artisans since 2002
Happy 2025!

OPEN 10-5 DAILY AT THE TRAIN STATION

250-569-2666

1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANIC
HELP WANTED - looking for a general labourer, mechanical knowledge is an asset. Apply with resume.

MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED

Whats happening Fri. Aug. 22nd ?
Something big! DETAILS COMING SOON!

What's for lunch?
Thurs. - Taco-in-a-Box!
Fri. - BBQ Pork Ribbette Sandwich

WANNA JOIN OUR TEAM? - WE'RE FUN!
WE'RE LOOKING FOR A FRIENDLY, VERSATILE TEAM MEMBER TO JOIN OUR CAFE IN A PART-TIME POSITION. THIS HANDS-ON ROLE INVOLVES CUSTOMER SERVICE, RETAIL SALES, COFFEE & BEVERAGE MAKING, DISHWASHING, FOOD PREP, AND MORE. EXPERIENCE IN FOOD SERVICE IS A PLUS, BUT NOT REQUIRED. IF YOU ENJOY WORKING IN A FAST-PACED, PEOPLE-FOCUSED ENVIRONMENT AND AREN'T AFRAID TO PITCH IN WHEREVER NEEDED, WE'D LOVE TO HEAR FROM YOU.
TO APPLY OR LEARN MORE, DROP BY THE CAFE WITH A RESUME!

We will be closing at 2pm Sat. Aug. 9th.

Follow us on Facebook fb.me/youarewelcomehome
Mon. - Sat. 8:30am to 4:00pm
Call us - 250-569-0215

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

Meraki Builders
Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)

Uncle Mark's Specialty Market
A Local & Organic Grocery Store & More!!

Now Open 8 to 5 Weekdays

Now stocking...

Organic Layer Organic Poultry Scratch Organic Barnyard Mix for All Critters Organic Mineral

Also... We're now the Purolator Depot!! ☺

Delivering Fuel
East to McBride & Valemount

Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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HORSESHOE LAKE VENTURES
377 Main Street McBride, B.C. 250-569-0075

Robson Valley' Source for all things Ag.

•Feed and Farm Supplies •Dog and Cat Food
•Full Hydraulic Hose and Fitting Supply
•Agricultural Parts/Repair •Automotive Parts/Accessories

ROBSON VALLEY I.D.A. TELE PHARMACY

We are open Monday-Friday 9-5
Closed Saturday & Sunday
www.robsonvalleyidapharmacy.com
250-569-8811
#103 - 411 Main Street, McBride

New:

Crayola Crayons & Markers,
and
Children School Learn Books.

Plus

Air Fryer Liners, Ice Packs,
Small Food Storage Bags,
and Silicone Bottle Brushes
In Stock

All In The Details Carpentry

Matthew Fletcher

- Licensed Red Seal Carpenter
- Complete interior and exterior finishing
- Quality Craftsmanship

fletchermatthew14@gmail.com
Call Fletch @ 250-569-7647



SKID STEER for hire

Robson Valley Entertainment Association

The local TV Association Annual
General Meeting and discussion
to keep this group going.

Meeting - Friday August 8, 2025
5 p.m. at the Library.

The Association needs Directors,
we are down to zero directors
and we need
at least four of them.

If you enjoy the local TV
and would like to see it
continue we need to find
some people to help.

See you August 8th at 5 p.m.!

ROBSON VALLEY

DRY WALL SERVICES

Adam Krajewski 778-201-7114
instagram @robsonvalleydrywallservices

FUN FRIDAY

Aug 8th 10am to 5pm :)

Fresh Cinnamon Buns & FREE Frog Coffee all day!!
Friday, Aug 8th

FREE SAMPLES 10 to 5pm!!
Uncle Mark's Med/Chem/Vax Free
Gourmet Campfire Sausages &
Organic Ketchup & Mustards

Wed 6th to Tues 12th

20% OFF

Gourmet Campfire Sausages

10% OFF

Organic Ketchup & Mustards

Open
Mon to
Friday
8 - 5



Uncle Mark's
Specialty Market

A Local & Organic Grocery Store & More!!
Jerky, Sausage, Produce, Baking, Dairy, Bulk Goods
926 - 1st Ave, McBride (250) 569-3003
eat@unclemarks.ca www.unclemarks.ca

LIBRARY NEWS

Traveling this summer? With your library card, sign out a The Northern Routes Discovery Pass to gain Free Access for up to four people to the following attractions: Two Rivers Gallery, Exploration Place, Mackenzie & District Museum, Barkerville Historic Town & Park, Central BC Railway & Forestry Museum, Huble Homestead, Valemount Museum & archives, & Fort St. James National Historic Site.

Summer Programming - Spaces are still available for the weekly Lego Robotics workshops (10+ challenges suitable for teens and even adults). Call 250-569-2411 to register. Also, there is drop in for board and card games hosted by library staff for any age, Saturdays 1:30-3:00.

RVCS NEWS

WED's: Family Place Drop-In is Wednesdays from 9:00 AM to 12:00 PM RVCS (942 3rd Ave, McBride), unless otherwise stated. Come connect with other families, access parenting resources, and enjoying fun activities for you and your 0-6 year old children. For more information, call 250-569-2266 or email events@rvcsbc.org. Aug. 6 - Face Painting. Aug. 13 - Cooking with Tots - English muffin Pizza's! Aug. 20 - Water Play Day. Aug. 27 - Play at Kolida Park.

WED., AUG. 13: Join us for Coping with Extreme Heat an informative and supportive session on staying safe and healthy during extreme heat events. We'll watch a helpful webinar together, learn practical tips, share experiences, and connect with others in your community. Stay cool, stay safe, and stay connected! Let's beat the heat together - from 1:00 PM to 3:00 PM at the McBride RVCS office, 942 3rd Avenue, registration is not required. Brought to you by the Seniors Program.

TUES., AUG. 19: Join us for Café Connect, a monthly gathering designed to bring caregivers together in a warm, welcoming space. Share your experiences, gain inspiration, and build a stronger sense of compassion, connection, and community, from 12:00 PM to 1:30 PM at the RVCS office in McBride, 942 3rd Avenue. This month we'll explore the use and benefits of sensory play. Coffee, tea, and light snacks provided. Feel free to bring your lunch. Initial registration is required. Brought to you by the CYSN and Family Support Programs.

WED., AUG. 27: Curious about the services Community Living British Columbia (CLBC) offers? Drop by our open-house style info session to learn how individuals can access supports that are led by them, for them! What to Expect: How to get started with CLBC, the role of case managers and service providers. A spotlight on services like: Supported Living & Outreach, Skill Development & Community Inclusion, Wellness Supports. McBride: from 10:00 AM to 12:00 PM at the McBride RVCS office, 942 3rd Avenue. Whether you're a community member, caregiver, or just curious - come say hi, grab a snack, and get informed!

MON through THUR: McBride RVCS (942 3rd Ave.) has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. This project is made possible thanks to grant funding from United Way of BC and the residents of the Robson Valley! Contact RVCS at 1-844-324-2004 or email events@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

BUY, SELL, RENT & MISG.

For Sale-1993 VW Eurovan campervan. Call/text Tyler at 778-989-7649•For Sale-Truck Tires Patriot Rough Terrain mud and snow LT275/70R18 hardly used. Kona Mountain Bike full suspension Great Shape. Giant Road Bike ready to race like new. Kitchen Stove and Clothes Drier. Contact Mario 780-852-8216•For Sale-Fat Tire Bike, Norco Bigfoot. Medium Frame. Hardly used. Bought in Nov. 2024. Was \$1450 new. Selling for \$700. Call 778-258-0334•For Sale-4L glass jars \$3 each. 4L square pails \$2 each. 16L square pails \$4 each. Phone 250-569-0133•For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren 250-569-7469.

GHURGH NEWS N' THINGS

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Sunday school Sept. - May @ 9:30am - 10:15am for ages 5 - 10. Potluck on the last Sunday of each month, all are welcome. Weekly Bible study in small groups, reach out for more details. Phone 250-569-2378. •Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•Sunday worship services at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientation, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•Seventh-day Adventist Church, Lamming Pit Rd. Saturday mornings. Sabbath School 9:20 to 10:45 Music, Mission and Small-group Bible Study, 6 age groups Cradle Roll to Senior. Worship Service 10:45 to 12:15. Everyone welcome. •Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. •Foodbank contact number is 250-569-3186. •St. Patrick's Catholic Church 2nd & 4th Sunday - Mass 11:00. All other Sundays - layled Celebration of the Word. Ph: 250-569-2606. •Mountain Chapel (POAC) at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.

Take a Break in McBride...B.C.s Friendliest Town!!

visit McBride



House of Jasper Silver Studio

Studio Hours:

Sat. & Sun.

11:00-3:00

141 Dominion St. McBride

www.HouseOfJasper.com/contact



McBride & District
PUBLIC LIBRARY

250-569-2411

521 Main Street McBride, BC V0J 2E0

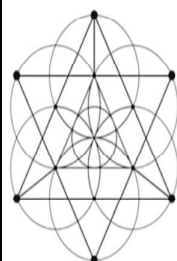
Regular Library Hours

Tues. 10-6,

Wed. and Thurs. 10-5,

Fri. 1-8, and Sat. 1-5

library@mcbridebc.org mcbride.bc.libraries.coop



AMY HOCK

ENERGY THERAPY

250-569-0198

Call for info or appointment

MOUNTAIN OF MIRACLES

GOD'S LOVE IS ROCK SOLID

Monday, August 11 thru Friday, August 15
from 6:00 pm to 7:30 pm

DATE & TIME

Seventh-day Adventist Church

LOCATION

1075 Lamming Pit Road, McBride, BC

ADDRESS

Annie Spangler at 250-566-1625

PHONE

Register Now for Vacation Bible School

RICH BOYZ
MECHANICAL LTD.

JTR 2002-2021

Heavy Duty/Commercial Transport Repairs
CVSE Inspection Facility Commercial Truck Parts

Monday-Friday 9-4 250-569-2470

Rich's Raw Honey available at the shop

McBride TGP
Grocery Store

211 Main Street 250-569-2525

Aug. 7 - 13






DOLLAR SALE

Have a
GREAT WEEK

OPEN 365 Days a Year 8am-8pm

Why Sponsor the Forum?

By sponsoring the Robson Valley Agriculture Forum, your organization will:

-  Connect with a diverse and engaging audience of producers, industry experts, and community leaders
-  Demonstrate your commitment to sustainable rural development and food security
-  Build relationships in a growing agricultural region with untapped potential
-  Receive high-visibility brand recognition in all promotional materials, during the event, and through post-event reporting
-  Make a difference in your community

Sponsorship Opportunities

Estimated Attendance: 75–100

Target Audience: Local and regional farmers and producers, agri-businesses, community partners, researchers, non-profits in support of agriculture, and local government.

Promotional Reach: Village of McBride and McBride Tourism web and social platforms, regional print media, targeted email campaigns, and printed material across the region.

Sponsor Level Benefits	Presenting \$1,500	Gold \$1,000	Silver \$500	Bronze \$300
Welcoming Remarks		-	-	-
Company Name Mention			-	-
Introduce a Keynote Speaker			-	-
Closing Remarks		-	-	-
Tradeshow Table (8ft)				½ table
Logo on website/socials				
Logo on print promotion				
Feature on social media			-	-
Thank you during forum				
Logo on select forum materials				
Access to post-event report				
Lunch provided				

Robson Valley Agriculture Forum

October 3-4, 2025

Robson Valley Community Centre













Event Sponsorship

Cultivating Connections.
Growing our Future.

Hosted by the Village of McBride, the Robson Valley Agriculture Forum will bring together farmers, ranchers, producers, researchers, agri-entrepreneurs, non-profits, government agencies, and regional stakeholders to explore the future of agriculture in the Robson Valley. The Forum will offer engaging **presentations, hands-on workshops, expert panels, a trade show, and networking opportunities.**

Topics will include:

-  Producer Emergency Preparedness (evening of Friday, October 3, 2025)
-  Advanced Rotational Grazing Workshop
-  Land Access and Business Development for new entrants
-  Invasive Plant Species
-  Native Bees and their importance to crop and food production
-  Value of Farmer's Markets
-  Dunster Farmland update
-  Programs and Resources offered by the Ministry of Agriculture & Food, Community Futures Fraser Fort George, and others
-  Climate and Labour Adaptation in the Fraser-Fort George Region – ecosystem mapping, soil classification, crop production & innovation
-  Foodlands Program
-  Riverbank Stabilization and more!

Sponsorship helps cover costs of catering, presenter stipends and travel, event marketing and promotion, and printed materials.

Village of McBride



INTERNATIONAL CAT DAY

ANIMAL
ANNUAL
AUGUST
AWARENESS
CARE
CATS
CELEBRATION
DOMESTIC
EIGHTH
FERAL
FUND
HEALTH
HELP
IMPROVE
INSIDE
MIXED
NEUTER
OUTSIDE
PROTECT
PUREBRED
RAISE
SPAY
WELFARE
WIDE
WORLD

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Take a Break in McBride...B.G.s Friendliest Town!!