

Book Your Septic Pump Out

If you don't remember when it was last pumped... It's time!! 2 - 5 years depending on usage. One year for a B&B!! Don't let solids plug up your drain field!!

Porta Potties

We have nice clean porta potties to help with your Reunions, Weddings and Construction Sites

Robson Valley Septic & Water Hauling

Dome Creek, McBride, Dunster, Valemount, Blue River (250) 569-7812 "The Friendly Little Truck!!"

McBride AG Foods

250-569-0140

ALWAYS CANADIAN

CASE LOT SALE

One Week Only ends Saturday, August 23

SENIOR'S DAY 65+ Every Wednesday - 10% Off

FRESH FISH FRIDAYS

ROBSON VALLEY

DRYWALL SERVICES

Adam Krajewski 778-201-7114

instagram @robsonvalleydrywallservices

Robson Valley Home Hardware

250-569-2284

Your Local One Stop Shop for

- APPLIANCES •FURNITURE
- HOUSEWARE •WINDOWS •SIDING
- WOOD STOVES •PELLET STOVES
- KITCHEN CRAFT •And More

Gigglin' Grizzly Pub

Open 5pm to 9pm, Thursday to Sunday

Grizzly RV Park - 250-569-0128

24 fully serviced sites (water, sewer, 30/50 amp)

Pub & RV Park for sale

McBride! BECOME A MEMBER TODAY!

Open your new Integris Credit Union membership and discover the credit union difference!

Integris McBride

210 Main Street, McBride

Wednesday - Thursday 10:00 AM - 4:00PM

Friday 10:00AM - 5:00PM

1-866-554-3456

www.integriscu.ca

D & T INDUSTRIES

250-569-7758 / 7050

GIFT CERTIFICATES AVAILABLE

Beanery 2 Bistrot 250-569-0133

Mon.-Fri.6am-5pm Sat. & Sun. 9am-5pm Closed Stat Holidays PATIO IS OPEN

FREE The little FREE

McBride Paper

Serving BC's Friendliest Town and Area since 1996!!!

For the week of Wednesday, August 20<sup>th</sup>, 2025

IN LOVING MEMORY

Roger Wiltsie 1938 - 2025

Always in our hearts.

Please join us for a Celebration of Life on August 23 at 1:00 p.m. in the McBride Evangelical Free Church.

TERRY FOX RUN

September 14, 2025 - Participants are welcome to walk, run, skate, roll or cycle. Fundraise or donate to support cancer research at terryfox.org / 10:00a.m. register and start. Meet at the Highschool. For more information call Eleanor at 250-569-2459.

OZALENKA ALPINE CLUB

The Ozalenka Alpine Club would like to offer hiking trips to the community this summer. Below is the tentative plan, subject to change depending on interest and weather conditions. The cost will be \$20/non-member and free for members (contact Elsie Stanley if you'd like to become a member). Max is 10 per trip, so please sign up early if you want a spot. Either Joy or Sean Prockter from Robson Backcountry Adventures will be the guide for the trip. We will meet at 08:00 in the Canada Post parking lot in McBride and everyone will need to sign a waiver in order to participate (see robsonbackcountryadventures.ca for your reference). August 9th: Boulder Mountain - Hike up from valley bottom to the alpine on this stunning trail. Elevation gain is significant at 1,200m over 7 kms. There is an opportunity to hike off-trail through some lovely meadows on the way back down from the summit if there's interest. Views of the Goat River Valley and beyond are stunning. September 6th: Lower Goat River Trail - Using a shuttle, we will hike, primarily downhill, from Hwy. 16 to the Fraser River using the Lower Goat River Trail. This is a moderately easy trail and well-maintained over 11 kms. There is an opportunity to start higher and do an extra section of the trail (3.5 kms) for those that are keen. The trail goes through some beautiful old growth cedar forest, especially in the lower half.

ROBSON VALLEY MUSHROOM FESTIVAL

Hello Mushroom Enthusiasts!!!! The 2025 Robson Valley Mushroom Festival is happening. Where: The Dunster School (Dunster BC). When: September 26, 27 and 28th. What is happening? The weekend will be filled with activities. Walks and talks, short and long forays, 6 great instructors, 11 excellent workshops, a gala "mushroom themed dinner, evening presentations and vendors. This weekend is yours to fill with learning activities and workshops to enhance your fungi experience. Instructors and presenters for the festival come with a wide range of knowledge and experience gathered from years of collecting and identifying mushrooms of western North America. Camping and lunches are available. If you are interested in learning more about the mushrooms of the Robson Valley check out the website Robsonvalleymushroomfestival.com

A LITTLE THINKER...

Two men walk into a bar, the other one ducks.

COMMUNITY ANNOUNCEMENTS

McBride Community Market Fridays, from 11:00 am to 2:00 pm in the pavilion at Steve Kolida Park. Bring your own table. Space rent is \$10.00 per week. The sale of high risk foods requires a permit from Northern Health. For further information contact Jackie Edwards at 250-569-7101 jackie.c.edwards@gmail.com

Dunster Farmers Market is up and running again for the 45th year. Join us at Dunster Community Hall every Saturday from 11am to 1pm until the end of September. No fee for vendors. All welcome! We offer a nice lunch of local beef burgers, local veggie burgers, hot dogs, coffee and juice. We usually have veggies and plants, home baking, local crafts and art, and miscellaneous new and used items. For more information, call Pete Amyoony at 250-968-4334.

NEW VIA Rail Schedule viarail.ca Ph 1-888-842-7245

Westbound train #5 Sun., Wed., Fri.: 12:44 pm

Eastbound train #6 Mon., Thurs., Sat.: 12:18 pm

Dome car included! Visit McBride Station for more info.

Important Phone Numbers

EMERGENCY ..... 9-1-1	Gov't Serv. BC .250-569-3760
R.C.M.P. .... 250-569-2255	Village ..... 250-569-2229
Hospital ..... 250-569-2251	Reg'l Dist' ..... 1-800-667-1959
Health Unit ..... 250-569-2251	RV Comm. Srv. 250-569-2266
K to 7 School .. 250-569-2721	Food Bank.....250-569-3186
High School ..... 250-569-2295	Fire Hall .....250-569-3117
The Little McBride Paper 250-569-3110	
BC BUS...844-564-7494	Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...	
Dial this Number 1st and ask operator to connect you to provincial department.	

Take a Break in McBride...B.G.s Friendliest Town!!

JNR AUTO

250-569-2666

1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANIC

HELP WANTED - looking for a general labourer, mechanical knowledge is an asset. Apply with resume.

MONDAY to FRIDAY 8:30am - 4:30pm

SATURDAY & SUNDAY - CLOSED

This Friday, Aug. 22<sup>nd</sup>

WELCOME HOME FOR DINNER!

We'll be open from 5-8pm AND have a dinner special!

IT'S GREEK NIGHT!

LEMON CHICKEN SKEWERS/RICE/GREEK SALAD/PITA & TZATSIKI

Dine in - Take out

Call ahead & reserve - don't be disappointed.

We will be open our regular hours. Closing 4-5pm. Reopening at 5pm.

Dinner Special available starting at 5:30pm

Order off menu also available.

Call us or check our Facebook page for our daily lunch specials.

Follow us on Facebook fb.me/yourawelcomehome

Mon. - Sat. 8:30am to 4:00pm

Call us - 250-569-0215

Meraki Builders

Construction and Renovations

250 569 7885 (Mitch) 250 569 4109 (Brenden)

Heartland RESTAURANT 250-569-0032

Looking for COOK Full Time/Part Time.

Also looking for SERVERS Part Time.

Please contact Josh at the Restaurant or drop off resume.

Uncle Mark's Specialty Market

Now Open 8 to 5 Weekdays

A Local & Organic Grocery Store & More!!

Now stocking...

Organic Layer Organic Poultry Scratch

Organic Barnyard Mix for All Critters

Organic Mineral

Delivering Fuel

East to McBride & Valemount

CO-OP

Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!

6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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HORSESHOE LAKE VENTURES

377 Main Street McBride, B.C. 250-569-0075

Robson Valley' Source for all things Ag.

- Feed and Farm Supplies •Dog and Cat Food
- Full Hydraulic Hose and Fitting Supply
- Agricultural Parts/Repair •Automotive Parts/Accessories

VALLEY MUSEUM & ARCHIVES BEING HERE

Showcases local talent - Dale Stephens Come & see his Paintings, Carvings and Architectural Illustrations.

Summer Scavenger Hunt for the kids!

OPEN TUESDAY - FRIDAY 10am - 4pm

Free admission or by donation.

WHISTLE STOP GALLERY

Handcrafted, Heirloom quality... You will find it at the Whistle Stop Gallery in the Train Station

Home of Robson Valley Artists and Artisans since 2002

Happy 2025!

OPEN 10-5 DAILY AT THE TRAIN STATION





# International Day for the Remembrance of the Slave Trade and its Abolition

ABOLITION  
ADOPTION  
ANALYSIS  
ATLANTIC  
AUGUST  
CAUSES  
CEREMONY  
CONSEQUENCES  
DIALOGUE  
GOALS  
HAITI  
HISTORIC  
MEMORIALIZE  
METHODS  
PROJECT  
RESOLUTION  
SHIPS  
SILENT  
SLAVE  
THIRD  
TRADE  
TRANS  
TWENTY  
UNESCO  
UPRISING

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J	P	G	B	J	M	D	O	H	Z	R	C	W	R	O
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K	I	A	L	A	R	B	L	P	H	S	R	A	J	S
V	A	P	I	W	L	A	P	S	I	S	E	R	E	E
V	L	E	T	K	I	S	D	S	S	R	M	T	C	Q
F	O	E	I	R	E	O	Y	E	T	E	O	A	T	U
B	G	P	O	F	H	L	V	E	O	S	N	T	P	E
U	U	M	N	T	A	A	F	X	R	O	Y	L	S	N
T	E	C	E	N	L	A	I	V	I	L	C	A	I	C
M	B	M	A	S	Q	X	E	T	C	U	A	N	L	E
A	T	W	E	N	T	Y	P	Q	I	T	U	T	E	S
D	U	N	E	S	C	O	U	P	R	I	S	I	N	G
H	T	H	I	R	D	I	D	T	T	O	E	C	T	T
U	M	T	M	A	U	G	U	S	T	N	S	L	G	K

Take a Break in McBride...B.G.s Friendliest Town!!