

Gigglin' Grizzly Pub
Open
5pm to 9pm, Thursday to Sunday
 Grizzly RV Park - 250-569-0128
 24 fully serviced sites
 (water, sewer, 30/50 amp)
Pub & RV Park for sale

McBride!
BECOME A MEMBER TODAY!

Open your new Integris Credit Union membership and discover the credit union difference!

*Terms and conditions apply, for more information speak to one of our experts!

Integris McBride

210 Main Street, McBride

Wednesday - Thursday
 10:00 AM - 4:00PM
 Friday
 10:00AM - 5:00PM

1-866-554-3456
www.integriscu.ca

D & T INDUSTRIES
 250-569-7758 / 7050

WE ARE CLOSED
 FRIDAY, JULY 25, SATURDAY, JULY 26
 & SUNDAY, JULY 27 FOR A FAMILY EVENT!!

Beanery 2 Bistro
 250-569-0133

Mon.-Fri.6am-5pm Sat. & Sun. 9am-5pm Closed Stat Holidays PATIO IS OPEN

Book Your Septic Pump Out
 If you don't remember when it was last pumped...
 It's time!! 2 - 5 years depending on usage. One year for a B&B!! Don't let solids plug up your drain field!!

Porta Potties
 We have nice clean porta potties to help with your
Reunions, Weddings and Construction Sites

Robson Valley Septic & Water Hauling
 Dome Creek, McBride, Dunster, Valemount, Blue River
 (250) **569-7812** "The Friendly Little Truck!!"

McBride AG Foods
 250-569-0140

Hours:
Monday to Saturday
6:30am - 6:30pm
Sunday
9:00am - 5:00pm

SENIOR'S DAY 65+
 Every Wednesday - 10% Off

FRESH FISH FRIDAYS

For All Your
FIREWOOD NEEDS
 Serving Valemount to McBride
\$250 round - \$300 split Full Cord
 Discounts Available
 Terrance Pallagi 250-569-4280

Robson Valley Home Hardware
 250-569-2284

Your Local One Stop Shop for

•APPLIANCES •FURNITURE
 •HOUSEWARE •WINDOWS •SIDING
 •WOOD STOVES •PELLET STOVES
 •KITCHEN CRAFT •And More

FREE The little FREE
McBride Paper

Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, July 23rd, 2025

OZALENKA ALPINE CLUB

The Ozalenka Alpine Club would like to offer hiking trips to the community this summer. Below is the tentative plan, subject to change depending on interest and weather conditions. The cost will be \$20/non-member and free for members (contact Elsie Stanley if you'd like to become a member). Max is 10 per trip, so please sign up early if you want a spot. Either Joy or Sean Prockter from Robson Backcountry Adventures will be the guide for the trip. We will meet at 08:00 in the Canada Post parking lot in McBride and everyone will need to sign a waiver in order to participate (see robsonbackcountryadventures.ca for your reference). August 9th: Boulder Mountain - Hike up from valley bottom to the alpine on this stunning trail. Elevation gain is significant at 1,200m over 7 kms. There is an opportunity to hike off-trail through some lovely meadows on the way back down from the summit if there's interest. Views of the Goat River Valley and beyond are stunning. September 6th: Lower Goat River Trail - Using a shuttle, we will hike, primarily downhill, from Hwy. 16 to the Fraser River using the Lower Goat River Trail. This is a moderately easy trail and well-maintained over 11 kms. There is an opportunity to start higher and do an extra section of the trail (3.5 kms) for those that are keen. The trail goes through some beautiful old growth cedar forest, especially in the lower half.

ROBSON VALLEY MUSHROOM FESTIVAL

Hello Mushroom Enthusiasts!!!! The 2025 Robson Valley Mushroom Festival is happening. Where: The Dunster School (Dunster BC). When: September 26, 27 and 28th. What is happening? The weekend will be filled with activities, walks and talks, short and long forays, 6 great instructors, 11 excellent workshops, a gala "mushroom themed dinner, evening presentations and vendors. This weekend is yours to fill with learning activities and workshops to enhance your fungi experience. Instructors and presenters for the festival come with a wide range of knowledge and experience gathered from years of collecting and identifying mushrooms of western North America. Camping and lunches are available. If you are interested in learning more about the mushrooms of the Robson Valley check out the website Robsonvalleymushroomfestival.com

COMING EVENTS

Chill Out in Downtown McBride, It's Christmas in July. *Friday July 25th*, 5pm til 8pm - Late Night Shopping - participating businesses be open late for your shopping convenience, in store specials, local crooner Dale Stephens will be entertaining at Welcome Home from 5pm until 7pm! Then on *Saturday July 26th* - 10am til 2pm - Sidewalk sale, Junk in the Trunk in the TGP parking lot, local teen band COGS performing on the Alpine Patio from 11am until 12:30pm, in store specials/contests/workshops, strolling Santa, free games & photo booth at the Alpine Patio.
It's Donna's 70th Birthday. Join us July 26th in Donna's back yard. Open house from 4-9, come help us celebrate! Or drive by and honk your horn! You will need to bring your own chair and drink, and if you're so inclined, something to share.
Coffee with Bob Zimmer (our member of Parliment) - Monday July 28, 12 noon - 2p.m. at the Beanery 2. Please join us at this time Bob will finally be Presenting Andy Werner with his long awaited and much anticipated "King Charles the 3rd Medal" Everyone Welcome!!
To learn more about taking care of loved ones, Northern Health and McBride & District Public Library invite you to take part in a free educational series about CAREGIVER SUPPORT. Where: McBride & District Public Library, 521 Main St. When: Tuesdays 10am - 11 am on July 29, Aug. 5 & 19 (no class on Aug. 12). For more information and to register, please call Community Health Services at 250-569-2026.
AUGUST 1st-3rd DUNSTER SCHOOL REUNION! 50+ years of students, teachers, parents, and community members who have participated in the Dunster School in any capacity, come and celebrate this historic place over the weekend! All welcome. More details coming soon!

BIRTHDAY WISHES JULY 23-29

Eric Molendyk, Richard Dean Quam, Asher Feltham-Ondang, Ben Carter, Bob Mitchell, Dakota Miller, Eric Teering, Jacob Jones, Julie Berginc, Allysa Gredling, Luc Levesque, Pierce Kerr, Rick Hallwas, Audrey Gredling, Bev McLennan, Rebecca Wilcox, Sawyer Trask, Heather Simpson, and to any we have missed, Happy Birthday.

NEW VIA Rail Schedule viarail.ca Ph 1-888-842-7245
 Westbound train #5 Sun., Wed., Fri.: 12:44 pm
 Eastbound train #6 Mon., Thurs., Sat.: 12:18 pm
 Dome car included! Visit McBride Station for more info.

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2259
Hospital	250-569-2251	Reg'l Dist'	1-800-667-1929
Health Unit	250-569-2251	RV Comm. Srv.	250-569-2266
K to 7 School ..	250-569-2721	Food Bank.....	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
The Little McBride Paper 250-569-3110			
BC BUS...	844-564-7494	Report Forest Fires -	1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.C.s Friendliest Town!!

Delivering Fuel
 East to McBride & Valemount

CO-OP®

Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
 6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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HORSESHOE LAKE VENTURES
 377 Main Street McBride, B.C. **250-569-0075**

Robson Valley' Source for all things Ag.

- Feed and Farm Supplies
- Dog and Cat Food
- Full Hydraulic Hose and Fitting Supply
- Agricultural Parts/Repair
- Automotive Parts/Accessories

McBride, we're participating in CHRISTMAS IN JULY!

Visit us inside the Integris Insurance office, we'll be festive, friendly, and ready to answer your insurance questions.

Stop by & Enter to WIN a 4-person, 3-day Emergency Kit!
 Swing by our office to enter the draw and check out the kit in person.
 While you're here, pick up some free Integris swag and learn more about how we help protect what matters most.

VALLEY MUSEUM & ARCHIVES BEING HERE

Showcases local talent - Dale Stephens
 Come & see his Paintings, Carvings and Architectural Illustrations.

Summer Scavenger Hunt for the kids!
OPEN TUESDAY - FRIDAY 10am - 4pm
 Free admission or by donation.

WHISTLE STOP GALLERY

Handcrafted, Heirloom quality...
 You will find it at the
 Whistle Stop Gallery in the Train Station
 Home of Robson Valley Artists and Artisans since 2002
Happy 2025!

OPEN 10-5 DAILY AT THE TRAIN STATION

JNR AUTO

250-569-2666

1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANIC
HELP WANTED - looking for a general labourer, mechanical knowledge is an asset. Apply with resume.

MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED

CHRISTMAS IN JULY EXTRAVAGANZA!

FRI. JULY 25TH & SAT. JULY 26TH

- **LATE-NIGHT SHOPPING FRIDAY 5-8PM!**
- **IN-STORE SPECIALS, RESTOCKS & NEW INVENTORY!**
- **LIVE MUSIC FRI. 5-7 PM WITH DALE STEPHENS!**
- **LIVE MUSIC SAT. 11AM LOCAL TEEN BAND "THE COGS" ROCK THE ALPINE PATIO!**
- **SAT. FUN, GAMES & MERRIMENT ON THE PATIO!**
- **MANY OTHER PARTICIPATING BUSINESSES AND EVENTS!**
- **AND ... SANTA WILL BE TAKING SOME TIME OUT OF HIS VACATION TO CHILL OUT DOWNTOWN!**

LUNCH SPECIALS
THUR 24TH - RETURN OF THE HOMEY BURGER - SAPSUCKER & CHIPS
FRI & SAT - HOLIDAY HAM, PINEAPPLE CHUTNEY & BRIE MELT W POTATO SALAD

FRI. 25TH HOURS - 8:30AM-4PM 5PM-8PM
 (WE WILL BE CLOSED FROM 4-5PM - KITCHEN CLOSING @3PM)
SAT. 26TH HOURS - 8:30AM-4PM
MAIN STREET WILL BE HOPPING
COME ON OUT FOR LATE NIGHT SHOPPING!

WELCOME HOME CAFE & GIFTS

A LITTLE THINKER...

Why are frogs always so happy?
 They eat whatever bugs them.

INTERNATIONAL TIGER DAY

AMUR
ANNUAL
AWARENESS
CELEBRATION
CONSERVATION
ILLEGAL
JULY
LENGTHY
MISSION
NINTH
PETERSBURG
POACHING
PRISON
PUNISHMENTS
RAISE
RUSSIA
SAINT
SENTENCES
STORAGE
SUMMIT
TIGER
TOUGH
TRADE
TRANSPORTATION
TWENTY

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V	P	C	G	U	S	R	U	T	S	A	G	G	P	Y
P	P	R	I	S	O	N	U	R	D	B	L	U	B	L
K	S	E	C	N	E	T	N	E	S	I	Y	G	S	K
T	R	A	N	S	P	O	R	T	A	T	I	O	N	C

Take a Break in McBride...B.G.s Friendliest Town!!