

ROBSON VALLEY IDA TELE PHARMACY

We are open Monday-Friday 9-5  
Closed Saturday & Sunday  
www.robsonvalleyidapharmacy.com  
250-569-8811  
#103 - 411 Main Street, McBride

In Stock:  
Sunglasses,  
Sunscreen,  
Aloe Vera Gel, and  
Mosquito Deterrents  
- both coils and  
mosquito spray

FUN FRIDAY

July 4th 10am to 5pm :)

Fresh Cinnamon Buns & FREE Frog Coffee all day!!  
Friday, July 4th

FREE SAMPLES 10 to 5pm!!

Organic Butternut Squash  
& Spaghetti Squash

Wed 2nd to Tues 8th

20% OFF

Organic Butternut Squash  
& Organic Spaghetti Squash

10% OFF

All Organic Butter

Open  
Mon to  
Friday  
8 - 5

Uncle Mark's  
Specialty Market

A Local & Organic Grocery Store & More!!  
Jerky, Sausage, Produce, Baking, Dairy, Bulk Goods  
926 - 1st Ave, McBride (250) 569-3003  
eat@unclemarks.ca www.unclemarks.ca

Check out... www.unclemarks.ca every week!!

ROBSON VALLEY

DRY WALL SERVICES

Board and Tape 778-201-7114

@robsonvalleydrywallservices

ACTIVITIES  
AGREEMENT  
CANADIAN  
CLAIMS  
CULTURAL  
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The Goat Shed

FREE

The little McBride Paper

FREE



Serving BC's Friendliest Town and Area since 1996!!!  
For the week of Wednesday, July 2<sup>nd</sup>, 2025

COMING EVENTS

To learn more about taking care of loved ones, Northern Health and McBride & District Public Library invite you to take part in a free educational series about CAREGIVER SUPPORT. Where: McBride & District Public Library, 521 Main St. When: Tuesdays 10am - 11 am on July 15, 22, 29, Aug. 5 & 19 (no class on Aug. 12). For more information and to register, please call Community Health Services at 250-569-2026.

AUGUST 1st-3rd DUNSTER SCHOOL REUNION! 50+ years of students, teachers, parents, and community members who have participated in the Dunster School in any capacity, come and celebrate this historic place over the weekend! All welcome. More details coming soon!

LIBRARY NEWS

Children's Summer Programming - Summer Reading Club activities, Lego Robotics, Board and Card Games hosted by library staff. Stop by or visit our website at https://mcbride.bc.libraries.coop/ to see the daily offerings. Registration required for many activities.

Free Legal Advice - Wednesday, July 2nd, at 2:00pm. Hosted via zoom by former Dunster resident, Jesse Stamm, Barrister and Solicitor, Bsc. Bsc. These private sessions will be held in the meeting room at the McBride Library. This service is first come first serve, to the maximum of 15 minutes per person. Please arrive promptly if you wish to speak to Jesse, as he will end the call if there is no one waiting to speak to him.

Chainmail Workshop - Saturday, July 5, 1:30-3:30. An introduction to chain mail! Come join Jeff for an afternoon of creativity. All supplies provided. Ages 12 and up. Registration is required. Please call 250-569-2411 to reserve a spot.

COMMUNITY ANNOUNCEMENTS

McBride Community Market Fridays, from 11:00 am to 2:00 pm in the pavilion at Steve Kolida Park. Bring your own table. Space rent is \$10.00 per week. The sale of high risk foods requires a permit from Northern Health. For further information contact Jackie Edwards at 250-569-7101 jackie.c.edwards@gmail.com

BIRTHDAY WISHES JULY 2 - 8

Logan Roussel, Nikki Littlechild, Ava Craigie, Irene Rejman, Bo Greer, Diane Will, Jenny Divleli, Brock Wallis, Everlee Barnett-Anderson, Tina Carter, Marcella Gustafson-Randall, Michelle Gredling, Eleanor Roth, Wayne McClinton, and to any we have missed, Happy Birthday.

NUNAVUT DAY

ACTIVITIES  
AGREEMENT  
CANADIAN  
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Please contact The Little McBride Paper with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.

Take a Break in McBride...B.C.s Friendliest Town!!

Cougar Den Cabins

250-569-7308

Daily, Weekly & Monthly Rates

1800 Samson Rd. McBride (bottom of Lucille mountain)

Meraki Builders

Construction and Renovations

250 569 7885 (Mitch) 250 569 4109 (Brenden)

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Home of The Little McBride Paper

Phone: 250-569-3110

email: contact@fpas.ca www.fpas.ca



AMY HOCK

ENERGY THERAPY

250-569-0198

Call for info or appointment

Uncle Mark's  
Specialty Market

A Local & Organic Grocery Store & More!!

Now Open  
8 to 5  
Weekdays

Now stocking...  
Organic Layer Organic Poultry Scratch  
Organic Barnyard Mix for All Critters  
Organic Mineral

Also... We're now the Purolator Depot!!

TGP  
The Grocery People

McBride TGP  
Grocery Store

211 Main Street 250-569-2525

July 3 - 9

COCA COLA PRODUCTS

2 L - 3 for 7.98

CO-OP CENTSIBLES WEINERS

1 kg - 9.99

CO-OP CENTSIBLES CRÈME COOKIES

900 g - 2 for 9.98

for your families picnic snacking fun!

Come in and check out our

products

OPEN 365 Days a Year 8am-8pm

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House of Jasper Silver Studio

Studio Hours:  
Sat. & Sun.  
11:00-3:00

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www.HouseOfJasper.com/contact


Equipment for Hire

M4 Construction



Gerald Moore  
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Mini Excavator – Landing Clearing, Tight Spaces,  
Water Lines, Hydro Lines, Septic Lines, Trenches  
Skid Steer – Landscaping Leveling, Debris Removal



McBride & District  
PUBLIC LIBRARY

521 Main Street McBride, BC V0J 2E0

Regular Library Hours

Tues. 10-6,  
Wed. and Thurs. 10-5,  
Fri. 1-8, and Sat. 1-5

library@mcbridebc.org mcbride.bc.libraries.coop



McBride AG Foods

250-569-0140

ALWAYS CANADIAN

Hours:  
Monday to Saturday  
6:30am - 6:30pm  
Sunday 9:00am - 5:00pm

SENIOR'S DAY 65+  
Every Wednesday - 10% Off

FRESH FISH FRIDAYS

For All Your

FIREWOOD NEEDS

Serving Valemount to McBride  
\$250 round - \$300 split Full Cord  
Discounts Available  
Terrance Pallagi 250-569-4280

Robson Valley Home Hardware

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Your Local One Stop Shop for

•APPLIANCES •FURNITURE  
•HOUSEWARE •WINDOWS •SIDING  
•WOOD STOVES •PELLET STOVES  
•KITCHEN CRAFT •And More

Gigglin' Grizzly Pub

Open  
5pm to 9pm, Thursday to Sunday

Grizzly RV Park - 250-569-0128  
24 fully serviced sites  
(water, sewer, 30/50 amp)  
Pub & RV Park for sale

McBride!

BECOME A MEMBER TODAY!

Open your new Integris Credit Union membership and discover the credit union difference!

\*Terms and conditions apply, for more information speak to one of our experts!

Integris McBride

210 Main Street, McBride

Wednesday - Thursday  
10:00 AM - 4:00PM  
Friday  
10:00AM - 5:00PM

1-866-554-3456  
www.integriscu.ca

D & T INDUSTRIES

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START YOUR DAY THE BEANERY WAY!



Beanery 2 Bistro

250-569-0133

Mon.-Fri.6am-5pm Sat. & Sun. 9am-5pm Closed Stat Holidays PATIO IS OPEN

Book Your Septic Pump Out

If you don't remember when it was last pumped... It's time!! 2 - 5 years depending on usage. One year for a B&B!! Don't let solids plug up your drain field!!

Porta Potties

We have nice clean porta potties to help with your Reunions, Weddings and Construction Sites

Robson Valley Septic & Water Hauling

Dome Creek, McBride, Dunster, Valemount, Blue River

(250) 569-7812 "The Friendly Little Truck!"

RVCS NEWS

WED's: Family Place Drop-In is Wednesdays from 9:00 AM to 12:00 PM, RVCS (942 3rd Ave., McBride), unless otherwise stated. Come connect with other families, access parenting resources, and enjoy fun activities for you and your 0-6 year old children at RVCS (942 3rd Ave), unless otherwise stated. For more information, call 250-569-2266 or email events@rvcsbc.org. July 2 Play-Dough Time. July 9 Bouncy Castle Fun. July 16 Cooking with Tots: Ants on a Log. July 23 Bug Crafts. July 30 Water Play (bring dry clothes). TUE., July 8: Let's All Take Part In Art! A free morning of creativity for caregivers and children (ages 0-6) will be held from 10:00 AM to 12:00 PM at the RVCS McBride Office, 942 3rd Avenue. Explore creativity and enjoy quality time together - all materials are provided. Registration is required, so please contact the office to sign up. Brought to you by the Infant Development Program and Family Literacy Program.

July 14th - 17th: Mindfulness Camp - Healthy Bodies, Healthy Minds - Children ages 5-10 years are invited to a fun and engaging camp from 9:00 AM to 12:00 PM each day. Participants will enjoy snacks, take-home creations, and activities that promote emotional well-being and healthy habits. Caregivers will also receive helpful resources related to supporting healthy minds. Registration is required - contact the RVCS office to sign up. Brought to you by the CYMH Program.

TUE., July 22: Join us for Café Connect, a monthly gathering designed to bring caregivers together in a warm, welcoming space. Share your experiences, gain inspiration, and build a stronger sense of compassion, connection, and community. From 12:00 PM to 1:30 PM at the RVCS office in McBride, 942 3rd Avenue. This month we'll explore the use and benefits of visual schedules, with a look at various formats to support your parenting journey. Coffee, tea, and light snacks provided, feel free to bring your lunch. Initial registration is required. Brought to you by the CYSN and Family Support Programs.

MON through THUR: McBride RVCS (942 3rd Ave.) has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. This project is made possible thanks to grant funding from United Way of BC and the residents of the Robson Valley! Contact RVCS at 1-844-324-2004 or email events@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

ANOTHER LITTLE THINKER...

Teacher: "If you had one dollar and you asked your father for another, how many dollars would you have?"  
Vincent: "One dollar."  
Teacher: "You don't know your arithmetic."  
Vincent: "You don't know my father."

BUY, SELL, RENT & MISC.

For Sale-1983 20ft Travel Air, 5th wheel. Tandem Axel, 3 way fridge, and propane stove. \$3,000. Ph:250-569-3234•For Sale-Fat Tire Bike, Norco Bigfoot. Medium Frame. Hardly used. Bought in Nov. 2024. Was \$1450 new. Selling for \$700. Call 778-258-0334•For Sale-4L glass jars \$3 each. 4L square pails \$2 each. 16L square pails \$4 each. Phone 250-569-0133•For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren 250-569-7469.

CHURCH NEWS N' THINGS

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Sunday school Sept. - May @ 9:30am - 10:15am for ages 5 - 10. Potluck on the last Sunday of each month, all are welcome. Weekly Bible study in small groups, reach out for more details. Phone 250-569-2378. •Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•Sunday worship services at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientation, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•Seventh-day Adventist Church, Lamming Pit Rd. Saturday mornings. Sabbath School 9:20 to 10:45 Music, Mission and Small-group Bible Study, 6 age groups Cradle Roll to Senior. Worship Service 10:45 to 12:15. Everyone welcome. •Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. •Foodbank contact number is 250-569-3186. •St. Patrick's Catholic Church 2nd & 4th Sunday - Mass 11:00. All other Sundays - layed Celebration of the Word. Ph: 250-569-2606. •Mountain Chapel (POAC) at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

NEW VIA Rail Schedule viarail.ca Ph 1-888-842-7245  
Westbound train #5 Sun., Wed., Fri.: 12:44 pm  
Eastbound train #6 Mon., Thurs., Sat.: 12:18 pm  
Dome car included! Visit McBride Station for more info.

Important Phone Numbers

EMERGENCY ..... 9-1-1 Gov't Serv. BC .250-569-3760  
R.C.M.P. .... 250-569-2255 Village ..... 250-569-2229  
Hospital ..... 250-569-2251 Reg'l Dist' ..... 1-800-667-1959  
Health Unit ..... 250-569-2251 RV Comm. Srv. 250-569-2266  
K to 7 School .. 250-569-2721 Food Bank.....250-569-3186  
High School ..... 250-569-2295 Fire Hall .....250-569-3117  
The Little McBride Paper 250-569-3110  
BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555  
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.C.s Friendliest Town!!

WHISTLE STOP GALLERY



Handcrafted, Heirloom quality... You will find it at the Whistle Stop Gallery in the Train Station Home of Robson Valley Artists and Artisans since 2002 Happy 2025!

OPEN 10-5 DAILY AT THE TRAIN STATION



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1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANIC

HELP WANTED - looking for a general labourer, mechanical knowledge is an asset. Apply with resume.

MONDAY to FRIDAY 8:30am - 4:30pm  
SATURDAY & SUNDAY - CLOSED

INTRODUCING LOOM AND FORGE COFFEE!

Every bag is small-batch roasted right here in McBride, and carefully crafted to bring out the best in every bean. Simple Coffee. Exceptional Quality.

COFFEE CONNOISSEUR OR CURIOUS? JOIN US JULY 9TH FROM 2-4PM, FOR A SPECIAL TASTING EVENT!

Randy from Loom and Forge coffee, will have a selection of beans available from Costa Rica. There will be an opportunity to try out a sensory coffee cupping process, as well as pour-over coffee samples.

WHAT'S FOR LUNCH?  
THURS. JULY 3RD - MEDITERRANEAN PASTA SALAD & CHIPOTLE CHICKEN MELT



Follow us on Facebook fb.me/youarewelcomehome  
Mon. - Sat. 8:30am to 4:00pm  
Call us - 250-569-0215


HISTORIC MCKALE HOUSE

421 Main Street

Indoor Garage Sale

Bookshelves, Fixtures, Furniture & More  
Fri. July 4 - Sat. July 5 10 am - 2 pm  
Cash and debit accepted

Delivering Fuel East to McBride & Valemount



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Visit our Gas Bar in Prince George!  
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433

Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667

McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667



HORSESHOE LAKE VENTURES

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•Full Hydraulic Hose and Fitting Supply  
•Agricultural Parts/Repair •Automotive Parts/Accessories

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Quality Millwork. 894 1st Ave, McBride



Douglas Fir  
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VALLEY MUSEUM & ARCHIVES

PIONEER DAYS OF THE PAST DISPLAY! ON NOW!!

Bring your friends & family to the Kitchen Exhibit!

OPEN Tuesday - Friday 10am-4pm  
FREE ADMISSION or by Donation