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ROBSON VALLEY I.D.A. TELE PHARMACY

We are open Monday-Friday 9-5
Closed Saturday & Sunday
www.robsonvalleyidaharmacy.com
250-569-8811
#3 - 411 Main Street, McBride

Valentine's Items
Now in Stock
including chocolate,
candy, treat bags and
classroom Valentine cards.

Closed for Family Day Feb. 17

Bank. Borrow. Invest. Insure.

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BRING YOUR SWEETIE FOR A TREAT
PEPPERMINT MOCHA OR CINAMMON LATTE
WE WILL BE CLOSED FEB. 16 & 17
Mon.-Fri. 6am-5pm, Sat. 9am-5pm Closed-Sun. & Stat Holidays
250-569-0133

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

Meraki Builders
Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)

Equipment for Hire
M4 Construction

Gerald Moore
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Mini Excavator – Landing Clearing, Tight Spaces, Water Lines, Hydro Lines, Septic Lines, Trenches

Skid Steer – Landscaping Leveling, Debris Removal

DUNSTER NEWS

VALENTINE'S NIGHT OUT! Friday, February 14th. Doors @ 5:30pm. Mexican inspired dinner and live music by Seth & Shara, Amy & Ian, Ellise Gustafson-Randall & more. Theme is Mexican inspired food, and the music is 50's/60's classic country & R&B love songs. There will be a cash bar. Sorry, 19+ only. Tickets are \$40 with all proceeds going to the Schoolhouse. Seating is limited! To reserve your ticket, you can e-transfer to dunsterfass@gmail.com. More information email us of text/call 250-569-7762.

FIBRE ARTS Meet up THURSDAYS!! Drop in with whatever you are working on, any time between 10:00am-2:00 pm.

Schoolhouse Cafe will be starting up with hot soup and treats WEDNESDAYS from 11:00am-1:30pm.

More info contact 250-569-7762 or email dunsterfass@gmail.com

The Dunster Community Association will be hosting Community Potluck Lunches again this winter at the Dunster Community Hall. They will be on the first and third Saturday of March. (March 1st and 15th.) Mark them on your calendar! The Doors will be open at 11:30 am and Lunch will be at 12:00 noon, Sharp. For more information contact Pete Amyony 250-968-4334, or Loretta Simpson 250-968-4453. ALL WELCOME!!!

FREE The Little McBride Paper FREE



Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, February 12th, 2025

COMING EVENTS

Downtown McBride Valentine's Crawl - Celebrate love in downtown McBride on Friday, February 14th from 1pm to 3pm by joining in on the fun at some of your local downtown businesses: List of events: McBride & District Public Library will be offering FREE Valentines crafts, Welcome Home has a FREE acoustic performance by Roadside Splinter's own Dale Stephens and afternoon dessert & coffee - Tiramisu and Special Edition Tiramisu Latte, Stop by TGP The Grocery People who will be sharing some FREE cookies to all those who come in during the crawl! Robson Valley Community Services - has a FREE cake and tea for adults, Mountain View Boutique is hosting McBride's favorite chocolatier, Joanne, who will be selling single delicious handmade chocolates by the piece or perfectly packaged for gift giving, fresh made cotton candy will be available and a FREE Valentine craft is being offered, Uncle Mark's, in addition to their normal customer appreciation Friday fare, will be offering a FREE organic heart shaped cookie and a FREE organic Frog coffee. While supplies last!

Free giveaways and crafts are available while supplies last.
SQUARE DANCE LESSONS - 12 Square Dance Lessons to be offered during March, April, and May. Tentatively scheduled for Tues. evening in Dunster and Thursday evening in McBride. Limit of 20 dancers at each location. INTERESTED? Come to an information and sign-up meeting: McBride Library - FRIDAY, FEB. 14, 6:30pm, Dunster School - TUESDAY, FEB. 18, 6:30pm. For info text or call 250-569-7019.

The Open Gate Community Garden in McBride has been hosting Seedy Saturday at the Dunster School for 11 years. This community event is being held once again on March 8, 2025 from 10-3pm. In order to continue, we need volunteers. Set up crew, kitchen crews and tear down crews. If you are able to volunteer, please reach out to myself and we can talk. Thank you, Penny - One of the gardeners, 250-569-0043.

LIBRARY NEWS

NEW Weekly Program for Children - Tuesdays 3:00 - Starting with a story and snack, on a monthly rotation, library staff will host different activities for the following themes: constructing and creating, critical cinematic conversations, board games and cards, and computer lab learning (coding and creation apps). This program is geared to ages 9-12. Please call 250-569-2411 or stop in to register children for some or all events. Additional information and details are available on the website - library@mcbridebc.org.

Miniature Painting - Saturday, January 22 - 1:30-3:30. Ages 10+. Anyone is welcome to join this drop in workshop.

Regular weekly programming - D&D for Teens, Fiber Artist Group, German Conversation Club, Sunshine Stories, and the Writing Group. For details, speak to library staff or check the events calendar at library@mcbridebc.org.

BUY, SELL, RENT & MISC.

For Sale-4L glass jars \$3 each. 4L square pails \$2 each. 16L square pails \$4 each. Phone 250-569-0133••**For Sale**-2002 Durango, 384,000km, new winter tires. \$2200.00. Phone 639-426-0040••**For Sale**-Gretsch electromotic G-5120 Guitar with Case - \$650 o.b.o. / Beaver Creek - Resonator Guitar with case \$150.00 o.b.o. Ph: 250-649-9953••**For Sale**-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom)
All articles and ads are not the expressed opinion of this paper or it's owners.

Take a Break in McBride...B.C.'s Friendliest Town!!



VALLEY MUSEUM & ARCHIVES
NEW EXHIBIT:
Kitchen Kitsch

Come and see if you can name all the kitchen artifacts from various decades.

OPEN 11-4pm Tuesday to Friday
FREE ADMISSION or By Donation!

TGP McBride TGP Grocery Store
211 Main Street 250-569-2525

Feb. 13-April 9 2025
TGP HOMETOWN WINS!
Shop Local WIN Big.
Earn a game play with every \$40 spent and with every bonus item purchased for your chance to **WIN for yourself and WIN for your community!**
See in-store flyer or visit us online at flyers.tgp.crs for more information.
Happy FAMILY DAY from our TGP family to your family!

OPEN 365 Days a Year 8am-8pm

Most Christians believe we get our reward at death. The Bible teaches we get our reward at two separate resurrections. Which do you believe?
Contact Bible Truth. Phone 250-569-7077. Box 185, McBride. B.C.

A LITTLE THINKER...
What do you call people who sleep in their socks? Tiny.

diabetes UNDONE
INTERACTIVE WORKSHOP
1 in 3 Americans has diabetes or prediabetes. That doesn't have to be your story.
Join Dr. Wes Youngberg, lifestyle expert and author of *Goodbye Diabetes*, and Brenda Davis, world-renowned author and plant-based dietitian, as they guide you through a hope-filled 8-session video course to reverse diabetes and reclaim your health.

\$49 PARTICIPANT KIT INCLUDES:

- * Inspiring wellness talks
- * Expert advice
- * Group support
- * Cooking demos
- * Diabetes Undone Workbook
- * Diabetes Undone Cookbook
- * 8 Laws of Health DVD
- * Access to the video course

JOIN US OPENING DAY, FEBRUARY 17 AT 4:00 PM

DATES 8 SESSIONS: FROM FEB. 17 THROUGH MAR. 13, 2025
4:00 pm to 5:30 pm

VENUE MCBRIDE SEVENTH-DAY ADVENTIST CHURCH
1075 Lamming Pit Road, McBride, British Columbia V0J 2E0

CONTACT PHYLLIS KRUEGER
250-968-4493 rpk12305@gmail.com

FOR SALE by Paige
Colorful BRACELETS (\$5)
Bernat Yarn TOUQUES (Adult \$20 - Kids \$10)
Available at Home Hardware ☺☺

BIRCH FIREWOOD FOR SALE
Dry, stored inside. \$400 per cord.
780-903-9129 Ask for Edwin.

McBride AG Foods

250-569-0140

ALWAYS CANADIAN

GREAT GROCERY GIVEAWAY
2025 Ends February 15, 2025

ASSORTED VALENTINE'S FLOWERS AND CHOCOLATES NOW IN STOCK

SENIOR'S DAY 65+
Every Wednesday - 10% Off

FRESH FISH FRIDAYS

For All Your

FIREWOOD NEEDS

Serving Valemount to McBride
\$250 round - \$300 split Full Cord
Discounts Available
Terrance Pallagi 250-569-4280

Gigglin' Grizzly Pub

OPEN
Thursday thru Sunday 5pm to 9 pm

Grizzly RV Park - 250-569-0128
24 fully serviced sites
(water, sewer, 30/50 amp)

Pub & RV Park for sale

RICH BOYZ
MECHANICAL LTD.

Commercial Vehicle Inspection Facility
Heavy Duty Parts & Repair
Book your appointment 250-569-2470
Miscellaneous SLEDDING GEAR
and Only Available at Rich Boyz Snowmobile Club
CLOTHING and SWAG!!
Monday-Friday 9-4

D & T INDUSTRIES
250-569-7758 / 7050

All Year Septic Service!!

Reasonable Rates!!

If your septic is draining slowly please call...

Maybe we can talk you through a clog without the need of a pump out!!

Porta Potties - We have nice clean porta potties for your Reunions, Weddings & Construction Sites

Robson Valley Septic & Water Hauling

Dome Creek, McBride, Dunster, Valemount, Blue River
(250) 569-7812 "The Friendly Little Truck!!"

FUN FRIDAY
February 14th- 10am to 5pm

Fresh Cinnamon Buns & FREE Frog Coffee all day!!
Friday, February 14th

FREE SAMPLES All Day to 5pm!!
NEW... Organic Ripple Potato Chips
Sea Salt • Sour Cream & Onion
All Dressed & Jalapeno
and a FREE... Valentine's Heart Cookie

Wed 12th to Tues 18th

20% OFF
All Humble Organic Chips

10% OFF
All Home-made Organic Cookies, Brownies and Date Squares

Open Mon to Friday 10 - 5

Uncle Mark's Specialty Market
A Local & Organic Grocery Store & More!!
Jerky, Sausage, Produce, Baking, Dairy, Bulk Goods
926 - 1st Ave, McBride (250) 569-3003
eat@unclemarks.ca www.unclemarks.ca

Check out... www.unclemarks.ca every week!!

THANK YOU

A Huge Thank You from the McBride Hotel to everyone who came to play or watch! It was a great time! 1st place goes to Stewart Ives aka (singer extraordinaire!) 2nd place went to Steve Eyben and in 3rd spot was Shane Mcreea! Big shout out and thank you to Val Logan for score keeping!! Also thank to the players who travelled from out of town!

Once again Lori and Bobbie from McBride TGP went above and beyond to help one of the clubs in town. The Elementary PAC thanks you very much for driving to PG to pick up items for our hot lunch program. Thank you again from Bev and PAC.

BIRTHDAY WISHES FEB. 12-18

Sabrina Lacombe, Jordy Eyben, Bob Craigie, Brooklyn Basran, Joyce Rolston, Krystal Sarasin, Marnie Maronets, Sheila Basran, Norma Wheeler, Emilio Caputo, Christine Monroe, Matt Elliott, Rayann Flynn, Pat Cousineau, and to any we have missed, Happy Birthday.

ELKS & ROYAL PURPLE NEWS

McBride Elks/Royal Purple Annual Pioneer Days. Make sure you put June 6-8, 2025 on your calendar! The McBride Elks and Royal Purple are starting to organize this year's Pioneer Days! If you have an event you would like to include in the Schedule of Events, please contact Kathy Molendyk at 250-569-7201. We are always looking for different ideas, musical groups etc. Also, without community support we can't have a successful, fun weekend. Therefore, we need volunteers! If you are interested in helping in any way, whether that is setting up/cleaning up for an event, cooking at concession, helping out at dance etc., please contact Kathy.

McBride Elks and Royal Purple Need Members! We are a national charitable organization promoting and supporting community needs through the voluntary efforts of local members. Our support focus is on McBride and the surrounding area. The Elks Lodge was instituted in 1933. The Royal Purple was instituted in 1948 and in 2000 McBride Elks and Royal Purple became a joint lodge. The Lodges continue to play an active role in the community. They meet at 172 Holdway Street, McBride every 1st & 3rd Tuesday of the month at 7:00 p.m. (ex. July/Aug.). We do not have a membership fee and it's not necessary to attend all meetings! COMMUNITY & CHARITABLE PROJECTS Provide a choice Community Hall in McBride Provide Catering, McBride Seniors Dinners, Organize Christmas Hampers for needy, Pancakes with Santa, Help Fire Dept. on Halloween, Organize & Run McBride's Pioneer Days, Many other various events and activities. **Recent Financial & Physical Support to:** Figure Skating Club, Hospital Auxiliary, Fire Victims, Underprivileged Children, Grade 12 Bursaries, Food Bank, Elementary School, Secondary School, Piecemakers Quilt Guild, Dunster Station Museum. We have only a few members and need more members to continue both organizations. If interested, please contact Tanya Phillips at 250-569-7788 or Jodi Littlechild at 250-569-7899.

RVCS NEWS

MON's: Family Place Drop-In is on Mondays from 9AM-noon at RVCS (942 3rd Ave., McBride), unless otherwise stated. Join for connection with other families, parenting resources, and fun for you and your 0-6 year-old children. Registration is not required unless otherwise stated. For more information, call 250-569-2266 or email events@rvcsbc.org. February 24th - Swim Days at the Best Western by registration only, email charlene@rvcsbc.org in advance to register. **WED., Feb. 12:** Join us in acknowledging Sexual Health Week from Action Canada, February 10th to 16th 2025. The Sexualized Assault Response Program is hosting a sexual health workshop facilitated by Northern Health. Wednesday, February 12th, at the McBride office, 942 3rd Avenue, from 1:00PM to 2:00PM. A casual and educational opportunity to connect with a local nurse to learn what sexual health services are provided in the Robson Valley. Are you looking to be more informed? Come join us, learn, and ask questions. This is a great way to find out what options are available! No registration is required, open to all genders, Ages 16 and up. **THUR., Feb. 13:** Join us for Pottery with Lyuba, whether you're a beginner or an experienced artist, this workshop is perfect for everyone. We'll be working with air-dry clay to craft beautiful and distinctive pieces. Get inspired by the incredible talent of Lyuba Milne, who will be sharing her expertise and insights. See you there from 1PM to 4PM at the RVCS office in McBride. Registration is required; please contact the office to sign up at 250-569-2266 or email events@rvcsbc.org for more information. This program is brought to you by the McBride Adult Literacy Program. **FRI., Feb. 14:** Join us for a delightful afternoon of tea, coffee, and sweets to celebrate Valentine's Day with a Valentine's Tea. Friday, February 14th, from 1:30PM to 3:00PM, at the McBride office. This program is brought to you by the Adult Literacy Program, no registration required; contact the office for more information. **THUR., Feb. 20:** Get ready to unleash your inner artist and join us for an exciting afternoon of Pictionary! From 1:00PM to 3:00PM. Whether you're a seasoned Pictionary pro or first-time doodler, this event is sure to be a blast. Come and showcase your drawing skills or simply enjoy the creative chaos! This event is brought to you by the RVCS Adult Literacy program. No registration required for this drop-in event. **THUR., Feb. 27:** Join us for a special screening of the NFB film "Sons"! Gather with fellow community members to enjoy this captivating movie and experience the power of storytelling. The movie will start at 1PM - 3PM, come and be part of this exciting event. This event is brought to you by the RVCS Adult Literacy program. No registration required.

NEW VIA Rail Schedule viarail.ca Ph 1-888-842-7245
Westbound train #5 Sun., Wed., Fri.: 12:44 pm
Eastbound train #6 Mon., Thurs., Sat.: 12:18 pm
Dome car included! Visit McBride Station for more info.

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Srv.	250-569-2266
K to 7 School ..	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
	The Little McBride Paper		250-569-3110
BC BUS...844-564-7494	Report Forest Fires - 1-800-663-5555		
Inquiry B.C.-1-800-663-7867	- For Toll Free Calling to Provincial Numbers ...		
Dial this Number 1st and ask operator to connect you to provincial department.			

Take a Break in McBride...B.G.s Friendliest Town!!

Delivering Fuel
East to McBride & Valemount

CO-OP

Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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HORSESHOE LAKE VENTURES
377 Main Street McBride, B.C.
250-569-0075

Robson Valley' Source for all things Ag.

• Feed and Farm Supplies • Dog and Cat Food
• Full Hydraulic Hose and Fitting Supply
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Quality Millwork. 894 1st Ave, McBride

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Moulding
Custom Work
Channel Siding

admin@brkh.ca 250-569-3175 www.brkh.ca

Mc & Bobby McBee

Personal Income Tax Services

NOW is the time to collect and organize your important tax documents such as T-4, T-5, and RC-210 (if you collected ACWB), along with any other T slips. Medical receipts, travel, tuition fees etc. should be included as well.

Starting MARCH 3rd regular hours are 10 am - 3 pm, Monday to Friday at the McBee office
532 Main Street, McBride.

Feel free to drop by anytime during regular hours, or call Bobby-Jo at 250-569-7319 if you require an appointment.

WHISTLE STOP GALLERY

Handcrafted, Heirloom quality...
You will find it at the Whistle Stop Gallery in the Train Station
Home of Robson Valley Artists and Artisans since 2002
Happy 2025!

OPEN 10-5 DAILY AT THE TRAIN STATION

ROBSON VALLEY DRY WALL SERVICES
Board and Tape 778-201-7114
@robsonvalleydrywallservices

JNR AUTO 250-569-2666
1021 SE Frontage Road
LICENSED AUTOMOTIVE & DIESEL MECHANIC

We are Closed
February 17 for Family Day

MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED

OH-MY-HEAVENS! WE MADE IT TO 7!
JOIN US FEB. 13TH FOR FREE COFFEE & TREATS AS WE CELEBRATE 7 YEARS!
AND THEN COME BACK FOR THE VALENTINE'S CRAWL...

Friday, Feb. 14th 1-3pm
Enjoy our Tiramisu Dessert & Latte Special and...
DALE STEPHENS
performing old favourites and original songs!

We will be closed Family Day Mon. Feb. 17th

Monday - Friday - 8:30am - 4 pm
NEW! Saturday 8:30am - 2pm
Follow us on Facebook - fb.me/youarewelcomehome
Call us - 250-569-0215

WELCOME HOME
CAFE & GIFTS

GHURGH NEWS N' THINGS

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Phone 250-569-2378. •**Anglican United Church - Downtown Thrift Store** on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•**Sunday worship services** at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientation, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•**Seventh-day Adventist Church**, Lamming Pit Rd. Saturday mornings. Sabbath School 9:20 to 10:45 Music, Mission and Small-group Bible Study, 6 age groups Cradle Roll to Senior. Worship Service 10:45 to 12:15. Everyone welcome. •**Adventist Community Service (Dorcas)** Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. •**Foodbank** contact number is 250-569-3186. •**St. Patrick's Catholic Church** 2nd & 4th Sunday - Mass 11:00. All other Sundays - layed Celebration of the Word. Ph: 250-569-2606. •**Mountain Chapel (POAC)** at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

The Goat Shed

CANDLE	FRIENDS
CANDY	HEALTH
CARDS	HEARTH
CHOCOLATES	HEARTS
CULTURAL	LIGHT
CUPID	LOVE
DANCING	MUSIC
DINNER	PARTNER
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FEAST	TRADITIONS
FEBRUARY	TREATS
FLOWERS	VIOLIN
FOURTEENTH	

VALENTINE'S DAY

Y Z J S P V Y L I M A F A D B
 T R A D I T I O N S N N C T R
 O G A O E C H O C O L A T E S
 G D L U J C T I S C J I B S B
 O I J X R G N I C N A D G W L
 N K K B W B E A R G V R D H H
 P F R D V H E S M R A T D T T
 M U S I C L T F L O W E R S L
 F L A N D R R X U M R A T A A
 R Y D N A C U P I D E A R E E
 I J A E I L O V E H E U Y F H
 E C H R D Q F P A R T N E R G
 N C Y Q S X T O T L U P C Y H
 D S C L V A B F U O V K I X S
 S D C D J A U C D Q O O Q S T

Take a Break in McBride...B.C.s Friendliest Town!!