

## **LEGION NEWS**

**Legion Bingo Wednesday**, February 5 at the Royal Canadian Legion Hall (805 4th Ave.) Doors open at 6pm, Games start at 6:30pm sharp. Everyone welcome, must be 19 & up.

## **GHAMBER NEWS**

**Chamber to meet** on Tuesday, February 4 in the Curling Club Lounge at 7pm. *Jan. 21 meeting recap, News and updates, Future Chamber meeting location/cost/alternatives, AGM/election/membership.* All are welcome. What can the Chamber do for you? Let your voice be heard.



**McBride Big Country** Snowmobile Association has General Meeting Feb. 5, 2025 at Welcome Home, 6:30pm. Also we are having our Annual Family Day Event at Lucille Mountain cabin on Feb. 16. Join us for hotdogs, burgers and warm hot chocolate at 11:30am. Trail fees waived after 10am, Avalanche Canada will be there to join us.

#### **ELKS & ROYAL PURPLE NEWS**

**McBride Elks/Royal** Purple Annual Pioneer Days. Make sure you put June 6-8, 2025 on your calendar! The McBride Elks and Royal Purple are starting to organize this year's Pioneer Days! If you have an event you would like to include in the Schedule of Events, please contact Kathy Molendyk at 250-569-7201. We are always looking for different ideas, musical groups etc. Also, without community support we can't have a successful, fun weekend. Therefore, we need volunteers! If you are interested in helping in any way, whether that is setting up/cleaning up for an event, cooking at concession, helping out at dance etc., please contact Kathy.

McBride Elks and Royal Purple Need Members! We are a national charitable organization promoting and supporting community needs through the voluntary efforts of local members. Our support focus is on McBride and the surrounding area. The Elks Lodge was instituted in 1933. The Royal Purple was instituted in 1948 and in 2000 McBride Elks and Royal Purple became a joint lodge. The Lodges continue to play an active role in the community. They meet at 172 Holdway Street, McBride every 1st & 3rd Tuesday of the month at 7:00 p.m. (ex. July/Aug.). We do not have a membership fee and it's not necessary to attend all meetings! COMMUNITY & CHARITABLE PROJECTS Provide a choice Community Hall in McBride Provide Catering, McBride Seniors Dinners, Organize Christmas Hampers for needy, Pancakes with Santa, Help Fire Dept. on Halloween, Organize & Run McBride's Pioneer Days, Many other various events and activities. Recent Financial & Physical Support to: Figure Skating Club, Hospital Auxiliary, Fire Victims, Underprivileged Children, Grade 12 Bursaries, Food Bank, Elementary School, Secondary School, Piecemakers Quilt Guild, Dunster Station Museum. We have only a few members and need more members to continue both organizations. If interested, please contact Tanya

Jan. 30 - Feb. 5 **Co-Op Gold Chicken Wings** Frozen 750-900g 11.99 Co-Op Gold Pure Honey 1 kg 9.99 **Bubly Sparkling Water Beverage** 12 x 355ml or Montellier Water 10 x 355 ml 5.99 OPEN 365 Days a Year 8am-8pm WE WILL BE CLOSED Beanery 2 Feb. 6, 7, 8 & 9 Bistro SORRY FOR ANY INCONVENIENCE!! Mon.-Fri. 6am-5pm, Sat. 9am-5pm Closed-Sun. & Stat Holidays ougar Den Cab 250-569-7308 Daily, Weekly & Monthly Rates 1800 Samson Rd. McBride (bottom of Lucille mountain) Meraki Builders

Construction and Renovations 250 569 7885 (Mitch) 250 569 4109 (Brenden)



Call for Equipment for Hire 2025

Corporation of the Village of McBride

The Village of McBride is generating its list of qualified equipment/operators available to work for the Village in 2025 as per the Village's Equipment for Hire Policy. To register, please complete the Equipment for Hire Registration Form available at the Village office and on the Village website:

https://mcbride.civicweb.net/filepro/documents/?preview=35098

Please submit the form along with required documents to <u>mikala@mcbride.ca</u> or drop at the Village office by **Friday, February 7, 2025** in order to be placed on the Equipment for Hire Registry for 2025.

Chamber do for you? Let your voice be heard.	Phillips at 250-56							unyu	2025 in o	rder to b	e placed o	n the Equi	pment for	Hire Regis	stry for 20	)25.
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<i>Your Local One Stop Shop for</i> •APPLIANCES •FURNITURE		S	Μ	Н	W	Т	S	R	А	D	Ν	Е	L	А	С	В
•HOUSEWARE •WINDOWS •SIDING	ANCESTORS	С	L	0	S	U	R	Ε	С	L	Μ	Μ	Μ	J	I	S
•WOOD STOVES •PELLET STOVES •KITCHEN CRAFT • <i>And More</i>		G	V	Ν	R	R	D	G	Т	Н	Х	0	Ε	l	К	Ρ
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A LITTLE THINKER	HONORING JULIAN	А	R	Ν	Ε	Y	Y	Α	Ν	L	L	К	S	В	А	R
I told a chemistry joke once. I didn't get much of a reaction.	KING MENSIS	l	Μ	G	С	R	Y	N	U	А	R	I	Ρ	Х	L	D
McBRIDE HOTEL Bar: 250-569-2277	Month Parentalia Propitiating	с С	I	R	Ν	Ε	Ε	J	V	R	0	Μ	U	L	U	S
Kelly: 250-569-7338 ICE COLD OFFSALES & WINE AVAILABLE 11am-11pm Daily Come join us for the annual	RITUALS ROMAN ROME	I	Ν	Τ	Α	V	Ρ	l	V	F	В	G	Y	G	Х	Ε
Superbowi 2025 and Pool Tournament February 9th!!! Sign up sheet and "squares" are up!		Ρ	А	R	Ε	Ν	Т	А	L	I	А	Ε	Е	D	J	Ν
Prizes, drink specials, etc Beat the winter blues and have a Sunday Funday!! Need to sign up before noon so we can		0	L	U	G	S	L	Α	U	T	Ι	R	F	Y	Х	0
start by one o'clock Please! And thank you! Equipment for Hire		R		F	Ε	В	0	U	Ν	D	А	R	Y	J	Х	Т
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Gerald Moore 250-569-7147	Please contact <b>Th</b> news, trivia, co contact@fpas.ca, I at 455 King St. 1 public about it! A	mmen P.O. Bo lf we	ts, etc! ox 441, don't ki	! Phoi McBrid now ab	ne: 250 e, B.C. out it, v	-569-31 VOJ 2E0 ve can't	10, en or drop inform	nail: 5 off	HIS M A big	421 c <b>Kale</b>	Main S House	Street <b>is now</b>	250-5 closed	569-717 <b>for bu</b>	6 siness.	•
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Nonzero and the the water house beneficial or and being being PART for the senge of the Nanaimo, BC 1095 1X1., the debtor and registered owner of no 2005 Ford F150 pickup s/n 1FTPW 145X5KD19443 shall be sold on February 7, 2025 at 10:00 am for unpaid storage and other costs of \$5963.50. Submit bids to Box 525, McBride BC V0J 2E0 prior to February 6, 2025.

### **DUNSTER NEWS**

Dunster Schoolhouse: Saturday, February 1st from 10am-2pm Introduction to ASL (American Sign Language) with Lonnie Lorenz. Free class but donations are welcome. Bring a packed lunch. Refreshments will be provided.

Dunster Schoolhouse Tuesday, February 11th, 5:30pm-7:30pm Global foods workshop! Learn to make traditional buckwheat crepes "Galettes de Sarasin". It's a traditional recipe from Britany, north west region of France. A delicious gluten free savoury crepe that can be topped with egg, cheese, ham, veggies, etc. \$20/person.

Please register for ASL class or the cooking class by emailing dunsterfass@gmail.com or call/text 250-569-7762.

VALENTINE'S NIGHT OUT! Friday, February 14th. Doors @5:30pm. Mexican inspired dinner and live music by Seth & Shara, Amy & Ian, Ellise Gustafson-Randall & more. Theme is Mexican inspired food, and the music is 50's/60's classic country & R&B love songs. There will be a cash bar. Sorry, 19+ only. Tickets are \$40 with all proceeds going to the Schoolhouse. Seating is limited! To reserve your ticket, you can e-transfer to dunsterfass@gmail.com. More information email us of text/call 250-569-7762.

FIBRE ARTS Meet up THURSDAYS!! Drop in with whatever you are working on, any time between 10:00am-2:00 pm.

Schoolhouse Cafe will be starting up with hot soup and treats WEDNESDAYS from 11:00am-1:30pm.

POETRY WORKSHOP, Wednesday, January 29th 10:30am-12:30pm.

More info contact 250-569-7762 or email dunsterfass@gmail.com The Dunster Community Association will be hosting Community Potluck Lunches again this winter at the Dunster Community Hall. They will be on the first and third Saturday of February and March. (February 1st and 15th and March 1st and 15th. Mark them on your calendar!) The Doors will be open at 11:30 am and Lunch will be at 12:00 noon. Sharp. For more information contact Pete Amyoony 250-968-4334, or Loretta Simpson 250-968-4453. ALL WELCOME !!!

#### **BIRTHDAY WISHES JAN. 22-28**

David Loyer, Loui Joseph, Cooper Trask, Karin Melnychuk, Aliana Arteago-Pacheco, Bob Collins, Tiara Reiter, Curtis Reiter, Laine Molendyk, and to any we have missed, Happy Birthday. Special Happy Birthday to Desiree Michaels, love your family.

#### **RVGS NEWS**

MONs Family Place Drop-In is on Mondays from 9 AM-noon at RVCS (942 3rd Ave., McBride) unless otherwise stated. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. Registration is not required unless otherwise stated. For more information call 250-569-2266 or email: events@rvcsbc.org. February 3, 10 & 24th Swim day's at the Best Western by registration only, email charlene@rvcsbc.org in advance to register

WED's starting Jan. 29th through to Feb. 5th Our Family Support Program is hosting a Rolling with ADHD program, this is an 8 module series that covers practical strategies and tools for families. Do you support a child with suspected or diagnosed ADHD? Our Family Support program is hosting Rolling with ADHD. Whether you're looking to re-learn skills or develop new ones, we welcome you to register for this informative and engaging eight module series where we learn about the dynamics of ADHD and executive functioning skills. Communication and building connection is key! We will be running afternoon 12-1 PM and evening 7-8 PM options. Please contact the office 250-569-2266 or email events@rvcsbc.org for more information and to register.

THUR., Jan. 30th Get ready for some fun with JENGA !! Join us at McBride office 942 3rd Ave. at 1PM for an exciting game session! No registration is required for this drop-in program, just come and enjoy the game! We can't wait to see you there! This event is brought to you by the RVCS Seniors Program.

MON., Feb. 3rd We invite you to join us for some home-made soup and fresh buns, and get social with your neighbors! Monday, February 3rd, from 12:00 PM to 2:00 PM at the McBride office 942 3rd Ave. We look forward to seeing you there and sharing a delightful afternoon together! No registration is required for this drop-in event. This event is brought to you by the RVCS Better at Home Program.

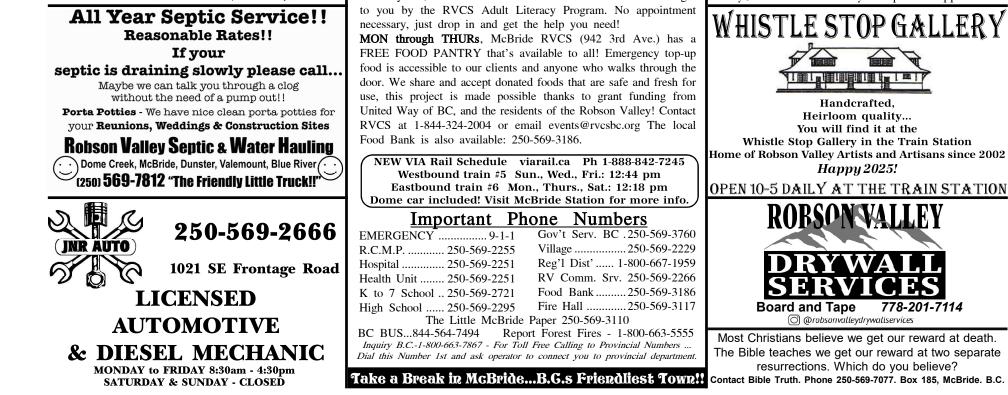
THUR., Feb. 6th Struggling with your phone or iPad? Want to get the most out of your devices? Drop by our Tech Drop-In for friendly, hands-on help with your basic tech questions. No question is too small, and no device is too old. See you there on Thursday, February 6th, from 11:00 AM to 3:00 PM. This event is brought



Starting MARCH 3rd regular hours are 10 am - 3 pm, Monday to Friday at the McBee office 532 Main Street, McBride.

Feel free to drop by anytime during regular hours, or call Bobby-Jo at 250-569-7319 if you require an appointment.

-7114



# Ciabetes UNDONE INTERACTIVE WORKSHOP

#### 1 in 3 Americans has diabetes or prediabetes. That doesn't have to be your story.

Join Dr. Wes Youngberg, lifestyle expert and author of *Goodbye Diabetes*, and Brenda Davis, world-renowned author and plant-based dietitian, as they guide you through a hope-filled 8-session video course to reverse diabetes and reclaim your health.

#### \$49 PARTICIPANT KIT INCLUDES:

Inspiring wellness talks
Expert advice
Group support

\* Cooking demos

Diabetes Undone Workbook
 Diabetes Undone Cookbook
 & Laws of Health DVD
 Access to the video course



#### JOIN US OPENING DAY, FEBRUARY 17 AT 4:00 PM

DATES	8 SESSIONS: FROM FEB. 17 THROUGH MAR. 13, 2025 4:00 pm to 5:30 pm
VENUE	MCBRIDE SEVENTH-DAY ADVENTIST CHURCH 1075 Lamming Pit Road, McBride, British Columbia VOJ 2E0
CONTACT	PHYLLIS KRUEGER

250-968-4493 rpk12305@gmail.com

## BIRTHDAY WISHES JAN. 29-FEB. 4

Cassidy Jackson, Joey Rich, Leo Jackson, Shea Krenzler, Terri Jensen, Junior Hutchison, Clint Moore, Bruin Keim, Gerry Smith, Tanner Molendyk, Paolino Caputo, Remi McLennan, Shelly Hatchard, and to any we missed, Happy Birthday.

## **LIBRARY NEWS**

**NEW Weekly Program** for Children - Tuesdays 3:00 - Starting with a story and snack, each week library staff will host activities under the umbrella of the following themes: constructing and creating, critical cinematic conversations, board games and cards, and computer lab learning (coding and creation apps). Beginning Tuesday 28, January, this program is geared to ages 9-12. Please call 250-569-2411 or stop in to register children for some or all events. Additional information and details are available on the website - library@mcbridebc.org.

**Thematic Books Discussion** Group - Thursday, January 30 - 1:30. Read any Frontier and Western Fiction book and join in for a lively discussion.

**Annual General Meeting** - Wednesday, February 5 - 5:30. Everyone is welcome to attend the annual AGM for a report on the annual business and participate in the election of the governing board. Interested in becoming a year round advocate for the library and its mission? Consider becoming a library trustee. **Regular weekly programming** - For details, speak to library staff or check the events calendar at library@mcbridebc.org.

## BUY, SELL, RENT & MISG.

**For Sale-**4L glass jars \$3 each. 4L square pails \$2 each. 16L square pails \$4 each. Phone 250-569-0133••**For Sale**-2002 Durango, 384,000km, new winter tires. \$2200.00. Phone 639-426-0040••**For Sale**-Gretsch electromotic G-5120 Guitar with Case - \$650 o.b.o. / Beaver Creek - Resonator Guitar with case \$150.00 o.b.o. Ph: 250-649-9953••**For Sale**-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

## **GHURGH NEWS N' THINGS**

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Phone 250-569-2378. •Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•Sunday worship services at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientation, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•Seventh-day Adventist Church, Lamming Pit Rd. Saturday mornings. Sabbath School 9:20 to 10:45 Music, Mission and Small-group Bible Study, 6 age groups Cradle Roll to Senior. Worship Service 10:45 to 12:15. Everyone welcome.•Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther.•Foodbank contact number is 250-569-3186.•St. Patrick's Catholic Church 2nd & 4th Sunday - Mass 11:00. All other Sundays - layled Celebration of the Word. Ph: 250-569-2606. •Mountain Chapel (POAC) at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

#### Take a Break in McBride...B.G.s Friendliest Town!!