



**VALLEY MUSEUM & ARCHIVES**  
ON NOW!  
**PASSAGE OF TIME**  
An exhibit to showcase  
**Creative EngAGING Workshops**  
Participants from Dome Creek to Dunster  
**OPEN Tuesday to Friday 11-4pm**

IT'S TOO HOT FOR SOUP... SO, IT'S SALAD SEASON!  
DIFFERENT PASTA SALADS (OR POTATO) AS PART  
OF THE LUNCH SPECIALS THIS WEEK AND...  
**THURSDAY - EGG SALAD SANDWICHES**  
CHECK OUR FACEBOOK PAGE OR CALL US FOR OUR DAILY LUNCH SPECIALS.  
**WE WILL BE CLOSING @ 2PM ON SAT. JULY 13TH  
AND WILL BE CLOSED ON MONDAY, JULY 15TH**  
 Monday - Saturday - 8:30am - 4 pm  
Follow us on Facebook - fb.me/youarewelcomehome  
Call us - 250-569-0215





**We have a new website!**  
**Please have a look**  
**www.mcfc.ca**

**A LITTLE THINKER...**  
Before you marry a person, you should first  
make them use a computer with a slow Internet  
connection to see who they really are.

**We are OPEN!**  
**House of Jasper Silver Studio**  
**STUDIO HOURS:**  
Fri.Sat. & Sun.  
11:00-3:00  
141 Dominion St. McBride  
www.HouseOfJasper.com

**Septic Tank Pump Outs**  
If you don't remember when it was last pumped...  
It's time!! 2 - 5 years depending on usage. One year  
for a B&B!! Don't let solids plug up your drain field!!  
**Right-to-your-RV Septic**  
Weekly, Bi-weekly & Monthly Pump Out Schedules  
**Porta Potties**  
We have nice clean porta potties to help with your  
**Reunions, Weddings and Construction Sites**  
**Garden Water &  
Wildfire Preparedness**  
We're hauling Fraser River Water to your holding  
tanks for garden watering, wildfire preparedness or  
any non-potable need!! McBride Home Hardware is  
offering many sizes of water holding tanks at great prices!!  
**Robson Valley Septic & Water Hauling**  
 Dome Creek, McBride, Dunster, Valemount, Blue River  
(250) 569-7812 "The Friendly Little Truck!!" 

**ROBSON VALLEY IDA TELEPHARMACY**  
We are open Monday-Friday 9-5  
Closed Saturday & Sunday  
www.robsonvalleyidapharmacy.com  
250-569-8811  
#3 - 411 Main Street, McBride  
**New Items  
in stock:**  
**-Baby Items**  
**-Travel Duffle Bags**  
**-Men's PJ Pants**  
**-Note Pad Sets**

**FREE The little McBride Paper FREE**  
   
**Serving BC's Friendliest Town and Area since 1996!!!**  
*For the week of Wednesday, July 10<sup>th</sup>, 2024*

**THRIFT STORE NEWS**  
We will be having 2 days a month - Tuesdays & Fridays. A half  
price sale on clothes only starting Tuesday, July 16 and Friday  
19 this month. In August we will have be having them on Tuesday,  
August 6 and Friday, August 9. On the 10 of August we will be  
closed & changing over to our fall clothes. The shop will be closed  
August 12 to 16 and we'll be open again Tuesday, August 20. Hope  
this will be helpfull for everyone. And again "Thank You" everyone  
for donations and support. And a big Thank You to our volunteers.  
-McBride Ang. United Church.

**St. PATRICK'S CHURCH**  
**YARD SALE - 197 Dominion Street. Saturday, July 13, 10a.m.**  
to noon. Weather permitting.

**BIRTHDAY WISHES JULY 10-16**  
Aisla McNaughton, Darren Kerr, Landon Street, Avery Kluthe,  
Aaron Baumbach, Nicole Baumbach, Kirk Goodkey, Les Craigue,  
Scott Keim, Christine Molendyk, Kim Sullivan, Jon Littlechild,  
Norma Stromberg-Jones, Ryan Vest, Lace Cole, and to any we have  
missed, Happy Birthday!


**VALLEY PIEGEMAKERS QUILT GUILD**  
Our Raffle Quilt - club members will continue selling tickets for  
\$2.00 each until our draw September 27th, 2024, at 3pm in the  
McBride and District Public Library.

**LIBRARY NEWS**  
**Neurographic Art Workshop** with Heather Zahn. Thurs., 18th  
July, 1-3pm. Ages 10 to adult. Learn to create a visually stunning  
journal. All materials provided. No registration needed.  
**German Language Program** - Join Lilly on Wednesday mornings  
for German Conversation Club! From 10-11:30am. A fun way to  
learn a language; all levels welcome.  
**One-to-one help** - Provided by our Literacy Outreach Coordinator,  
Cathy. Cathy can help with forms and other paperwork, or internet  
queries, etc. Every second Wednesday morning, from 10:30am-  
12pm. Do you know someone who would like to be read to? Not  
all books have been made into audiobooks, but Cathy can read any  
favourites to interested adults or children. Please call us for details  
or to set up an appointment.  
**D&D for Teens** - Tues. 3:30-5pm. Ages 12-18. Please call for  
details: 250-569-2411.  
**Sunshine Stories - Every Thursday 10:30-11:00am.** For 0-5s  
and caregivers; songs, stories and fun! In partnership with Decoda  
Literacy Solutions/Literacy Task Group.  
**Board Teens - Thursday 3-5pm.** A drop-in session for those  
ages 12-18 to enjoy some of the library's many board games. Have  
a favourite game you like to play? Bring it along!  
**Book Clubs for Adults** - We now have two monthly book  
discussion clubs for adults, on Thursday afternoons at 1:30pm. Call  
for details: 250-569-2411.  
**Weekly Adults' Programs** - Fibre Artists Knit & Crochet Group  
(Wed., 10am) - beginners welcome; Writing Group (Fri., 1:30pm).  
Call 250-569-2411 for details of either program.  
**BC Summer Reading Club** - A free literacy program designed to  
engage school-aged children, ages 5-14, with libraries and reading,  
throughout the summer. Each year has a different theme: this year's  
theme is World of Curiosities. Each participating child gets a  
logbook, to track their reading progress (with weekly stickers for  
completion!) and bookmarks. We will be running a series of weekly  
challenges for kids - and parents - to try. This year, to make it even  
more fun, we will be assigning everyone a House: the four houses  
are as follows: House of Unicorn, House of Mer, House of Dragon  
and House of Griffin. Reading logs are available at the library now;  
when you collect a reading log, you are assigned to a House!  
Children and parents will generate House points by completing  
weekly challenges, and their reading logs. The House with the most  
points at the end of summer will have the medal ceremony party  
decorated in their honour! We will have weekly prize draws too, and  
lots of prizes for kids of all ages.

**Summer Book Bingo** - Back this year, our reading program for  
adults. Pick up a "bingo card" and play along. There will be a prize  
winner at the end of the summer, and this is also a way to earn  
House points.  
**Wacky Wednesdays Summer Activities** - starting 3rd July, our  
summer program for kids will be on Wednesday afternoons this  
year. Games, activities, learning, and lots of fun! Kids aged 5-8 are  
welcome to join us from 1-2pm; kids aged 8-13 from 3-4pm. Speak  
to a member of staff for more info. We have three special science  
workshops this year offered by 'Scientists in School' on 17th July,  
7 August and 17 August - places are limited for these workshops,  
and children must be registered to attend. All materials will be  
provided free of charge. There will be one combined session in these  
weeks for children of all ages, from 1-2pm (no 3-4pm session).  
Drop in at the library for details of these workshops, check our  
website, or call us.  
**Summer Hours** - Starting July 2nd: Tues. 10-6, Wed. and  
Thurs. 10-5, Fri. 12-8 and Sat 12-5.

\* \* \* \* \*  
Please contact **The Little McBride Paper** with all coming events,  
news, trivia, comments, etc!! Phone: 250-569-3110, email:  
contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off  
at 455 King St. If we don't know about it, we can't inform the  
public about it! And check out our website www.fpas.ca.  
Scott & Susan (Oscar & Broom)  
All articles and ads are not the expressed opinion of this paper or it's owners.

**Take a Break in McBride...B.C.s Friendliest Town!!**


 McBride & District **PUBLIC LIBRARY** 250-569-2411  
521 Main Street McBride, BC V0J 2E0  
**SUMMER HOURS**  
Tuesday 10-6  
Wednesday and Thursday 10-5  
Friday 12-8  
Saturday 12-5  
library@mcbridebc.org mcbride.bc.libraries.coop

**Equipment for Hire**  
**M4 Construction**  
 **Gerald Moore**   
**250-569-7147**  
Mini Excavator - Landing Clearing, Tight Spaces,  
Water Lines, Hydro Lines, Septic Lines, Trenches  
Skid Steer - Landscaping Leveling, Debris Removal

**Heartland RESTAURANT** 250-569-0032  
**Looking for cook, no experience,**  
**willing to train, drop resume off**  
**at Heartland, attn: Tammy**

 **Scotiabank**  
**Scotiabank will be closing**  
**at 4pm on Fridays.**

 **D & T INDUSTRIES**  
**250-569-7758 / 7050**  


**SUMMER IS HERE!**  
**AFTER CANADA DAY, BEFORE YOU PLAY**   
**COME TO THE BEANERY 2.**  
**PATIO OPEN 250-569-0133**  
**Mon.-Fri. 6am-5pm, Sat.&Sun. 9am-5pm Closed-Stat Holidays**

 **McBride TGP**  
**Grocery Store**  
**211 Main Street 250-569-2525**

**July 11 - July 17**  
**In Store Specials**  
**Week**  
**Don't forget to**  
**Check Out**  
**our**  
**Green Save Tags**  
**throughout the store.**  
**Have a great week!**  
**OPEN 365 Days a Year 8am-8pm**

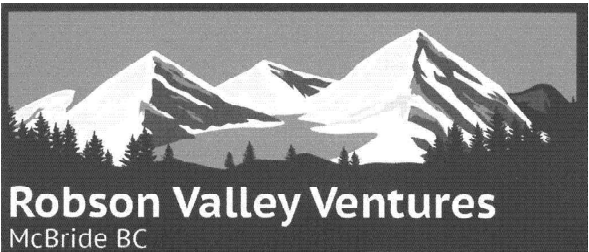
 **INTEGRIS**  
**Insurance Services**  
Rosemary L. Hrubby, CAIB 250-569-2264

**OPEN**  
**Monday to Friday**  
**9:00am - 5:00pm**  
**Saturday 10:00am - 3:00pm**

 **Cougar Den Cabins**  
**250-569-7308**  
**Daily, Weekly & Monthly Rates**  
1800 Samson Rd. McBride (bottom of Lucille mountain)

**FOREVER PRINTING**  
**& SIGNS**  
**Home of**  
**THE LITTLE McBRIDE PAPER**  
for more information please contact  
Scott or Susan at 250-569-3110  
or email: contact@fpas.ca  
website: www.fpas.ca





**Terrance McNally**  
**250-569-7945**  
robsonvalleyventures@gmail.com

**Now Certified For  
PORTABLE  
FIRE EXTINGUISHERS**

**HVAC SERVICES**  
**INSTALLATION / REPAIR / MAINTENANCE**  
•Furnaces  
•Air Conditioning  
•Ventilation  
•Wood & Pellet Stoves

**Gigglin' Grizzly Pub**  
OPEN from 5pm to 9pm, Thursday,  
Friday, Saturday and Sundays  
for dine in, patio and take out.  
250-569-0101.

Grizzly RV Park - 24 fully serviced sites  
(water, sewer, 30/50 amp).  
Call 250-569-0128 or drop into the pub  
during business hours for more information.

Delivering Fuel  
East to McBride &  
Valemount



Four Rivers  
Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!  
6749 Westgate Avenue - Tel: 250.964.2697

<b>Prince George:</b> Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	<b>Valemount Cardlock:</b> 1500 - 9th Avenue Valemount BC TF: 866.309.2667	<b>McBride Cardlock:</b> 2130 Zeidler Road McBride BC TF: 866.309.2667
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**THE HAIR SHOPPE**  
803 3rd Ave.  
side entrance **778-258-0343**

**Meraki Builders**  
**Construction and Renovations**  
250 569 7885 (Mitch) 250 569 4109 (Brenden)

**Alaina Chapman RMT**  
*Registered Massage Therapist*  
Monday, Wednesday & Thursday  
**Ph: 250-566-1040 To book an appointment**



**McBRIDE  
HOTEL**  
250-569-2277  
100 First Ave.

**OFFSALES 7 DAYS A WEEK 11am-11pm**

**HOURS**  
**Mon. & Tues. CLOSED**  
**Wed., Thurs., Fri., Sat. 3pm - ? 2am**  
**Sun. 1pm-6pm**

**McBride AG Foods**  
250-569-0140



**For All Your  
FIREWOOD NEEDS**  
Serving Valemount to McBride  
**\$250 round - \$300 split Full Cord**  
Discounts Available  
Terrance Pallagi 250-569-4280

## COMING EVENTS

**McVALE CAMP SPIRIT 2024!** Camp Spirit comes to the Robson Valley yet again! Camp Spirit provides equipped leaders to nurture the spirit of each child, in order to support children and families to live lives of faith, hope, and compassion in the world. July 8 to 12, 2024 at the McBride Anglican United Church with busing for campers from Valemount! We welcome your children to "McVale Camp Spirit 2024!" Bursaries available. Call Kim with any questions: 250-968-4467. Website: www.campspirit.ca  
**THRIFT STORE CLOSED** for 1 Friday. We are excited to have Camp Spirit and Texas 4,000 the week of July 8-12! One Friday, July 12, we will be closed but will be open as usual for the remainder of the month. Thanks for your understanding.

## COMMUNITY MARKET

The Community Market will be running every Friday from 11:00am to 2:00pm in the pavilion at Steve Kolida Park until August 30th. Make it, Bake it Grow it, or gently used items. Table \$10 for adult and \$2.00 for children under 12 per week. For further information contact Jackie Edwards 250-569-7101.

## RVCS NEWS

**MONs Family Place Drop-In** is on Mondays from 9am-noon at RVCS (942 3rd Ave., McBride) unless otherwise stated. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. Registration is not required unless otherwise stated. For more information call 250-569-2266 or email: events@rvcsbc.org. July 15 Making ice cream sundaes for National Ice Cream Month. July 22 Bouncy castle fun. July 29 Painting with marbles and salad spinners.

**THURS., JULY 11** from 1-3pm at 942 3rd Ave., RVCS, join us for an afternoon to socialize and play a fun outdoor game of Cornhole. Make sure you come prepared to be outside. Refreshments provided. Drop in event, no registration required. Adults and seniors welcome. Contact 250-569-2266 / events@rvcsbc.org for more info.

**FRI., JULY 12** from 11am-2pm the WorkBC team will be at the McBride Farmer's Market each month to talk about the way we can support you with your employment needs, either as an employer or a job seeker. Aug. 9 as well. 250-566-9107 for more info.

**MON. - THURS. JULY 15-18** join RVCS Staff for this years Mindfulness Camp for 5-10 year olds! This camp includes, snacks, mental health education on topics such as big emotions and senses, games and crafts, story telling, walks, and more! Children will receive a take home goody bag with information and tools on the topics we have explored! Registration is required and spaces are limited. July 15-18 9:00am-12:00pm at Steve Kolida Park. 250-569-2266 / events@rvcsbc.org to register.

**MON., JULY 22** 12-3pm let's get creative and learn about nature at RVCS 942 3rd Avenue! Come out and enjoy an afternoon of traditional teachings on the birch tree and its uses. We will also make a craft from the bark. Adults and seniors are welcome. Registration is required: 250-569-2266 / events@rvcsbc.org.

**TUES., JULY 30** and other Tuesdays throughout the summer, come join us for a Walking Group! Whether you're a seasoned walker or just starting out, our group welcomes everyone. Walking is not only great for your physical health but also fantastic way to meet others. This group runs July 30, and again August 6, 13, 20 & 27 from 2-3pm beginning from 942 3rd Avenue, McBride. Adults and seniors welcome. Contact 250-569-2266 / events@rvcsbc.org for more details.

**THURS. - every first** Thursday of each month join members for another Men's Shed McBride meeting at 942 3rd Ave. at 3pm. Men's Shed aims to improve members' physical and mental health through a safe and friendly environment where men can work on meaningful projects, at their own pace and in the company of other men. We welcome a diverse and inclusive community! Email mcbridemenshed@gmail.com for more info.

**MON through THURSs**, McBride RVCS (942 3rd Ave.) has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, Family Place Drop In program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use, this project is made possible thanks to grant funding from United Way of BC, and the residents of the Robson Valley! Contact RVCS at 1-844-324-2004 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

## BUY, SELL, RENT & MISC.

**FOR SALE**-One queen size, like new, memory foam mattress. Includes: wooden base and new in the package sheet set, \$425.00 obo. 40 inch Hisense smart TV complete with speaker system and remote \$80 obo. Electric BBQ, in good condition, \$150 obo. Phone 250-569-7504. **Wanted:** One gas powered weed wacker or combination brush saw - weed wacker. Phone John 250-852-3824. **For Sale**-1997 Cadillac Deville - \$2290. 2003 Ford Explorer, Eddie Bauer - \$9000. Tons of new parts on both, good running condition. Call for details. Schwinn 470 Elliptical, practically new. Has been in storage. \$600. Nate 250-569-7814. **For sale:** B&D 7" 30 amp angle grinder \$100. Craftsman 10" 10 amp table saw \$200. Craftsman 10" radial arm saw \$350. Router table \$150. Bits also available. Half inch corded hammer drill \$75. 6" bench grinder \$75. 6" puller \$40. Ben 250-569-7481. **For Sale**-Lengths of new, dark green soffit, j-trim, fascia cladding and drip edge. Call for amounts and pricing. 1 steel, black painted headache rack for early model ford. 4x8 box. Good shape well built. \$350. 250-569-7504. **For Sale**-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

All our trains are back! Drop by McBride Station for more information!  
VIA Rail Schedule viarail.ca Phone: 1-888-842-7245  
Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm  
Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm  
Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

## Important Phone Numbers

EMERGENCY .....	9-1-1	Gov't Serv. BC .	250-569-3760
R.C.M.P. ....	250-569-2255	Village .....	250-569-2229
Hospital .....	250-569-2251	Reg'l Dist' .....	1-800-667-1959
Health Unit .....	250-569-2251	RV Comm. Srv.	250-569-2266
K to 7 School ..	250-569-2721	Food Bank .....	250-569-3186
High School .....	250-569-2295	Fire Hall .....	250-569-3117
The Little McBride Paper 250-569-3110			
BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555			
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...			
Dial this Number 1st and ask operator to connect you to provincial department.			

**Take a Break in McBride...B.G.s Friendliest Town!!**

## WHISTLE STOP GALLERY



250-569-8891

Did you know that most of the public art you see in McBride has been sponsored and created by Whistle Stop Gallery artists?  
We have over 100 local artists and crafters showing their work in the Gallery and working to make the Robson Valley beautiful.  
Visit the Gallery and see how our artists and artisans are helping build community through culture!  
**Open 10am to 5pm daily in the train station**

**BRKH Custom Woodworks Ltd.**  
Quality Millwork. 894 1st Ave, McBride

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admin@brkh.ca 250-569-3175 www.brkh.ca

**ROBSON VALLEY**  
**DRY WALL SERVICES**  
Board and Tape 778-201-7114  
@robsonvalleydrywallservices

Back at Creation, in the garden of Eden, God told Eve she would surely die if she ate of the forbidden tree. Satan told her she wouldn't surely die. Why do most of the Christian world believe Satan's lie for it gives masquerading demons access to them?  
**Contact Bible Truth. Phone 250-569-7077. Box 185, McBride. B.C.**

**RICH BOYZ**  
**MECHANICAL LTD.**  
JTR 2012-2021

**Heavy Duty/Commercial Transport Repairs**  
**CVSE Inspection Facility Commercial Truck Parts**  
**Monday-Friday 9-5 250-569-2470**

**FUN FRIDAYS**  
July 12th - 10am to 7pm  
Fresh Cinnamon Buns & FREE Frog Coffee all day!!  
Friday, July 12th  
**FREE SAMPLES All Day to 7pm!!**  
Nature's Path organic breakfast cereal!!  
with Grass Root Cream-on-top Grass-fed A-2 milk!!

**Wed to Fri**  
**20% OFF**  
**Nature's Path Breakfast Cereal**  
**30% OFF**  
**Organic Chocolate Fig Truffles**

**Open Late Fridays Until 7:00**  
**Uncle Mark's Specialty Market**  
A Local & Organic Grocery Store & More!!  
Jerky, Sausage, Produce, Baking, Dairy, Bulk Goods  
926 - 1st Ave, McBride (250) 569-3003  
eat@unclemarks.ca www.unclemarks.ca

**Open Mon to Thursday 10 - 5 & Fri to 7pm**

Check out... www.unclemarks.ca every week!!

**250-569-2666**  
1021 SE Frontage Road

**LICENSED  
AUTOMOTIVE  
& DIESEL MECHANIC**  
MONDAY to FRIDAY 8:30am - 4:30pm  
SATURDAY & SUNDAY - CLOSED

**HORSESHOE LAKE VENTURES**  
377 Main Street McBride, B.C.  
**250-569-0075**

**STIHL Spring Sale on Now!**  
•Feed and Farm Supplies •Dog and Cat Food  
•Full Hydraulic Hose and Fitting Supply  
•Agricultural Parts/Repair •Automotive Parts/Accessories

# SUMMER ACTIVITIES

The  
Goat Shed

R	T	L	E	V	A	R	T	I	B	F	P	R	Y	B
Y	R	I	H	O	S	E	O	E	S	W	I	M	R	M
B	Z	K	W	A	N	Z	U	T	P	K	A	Y	A	K
K	H	X	N	N	G	A	R	D	E	N	K	C	F	C
F	H	F	I	E	D	O	C	Y	G	M	U	L	T	R
R	C	S	H	J	P	A	D	D	L	E	O	J	A	V
U	I	V	I	S	I	T	I	J	E	G	J	J	O	W
S	Y	D	K	F	C	P	P	F	F	U	O	L	B	I
J	A	D	E	H	N	V	A	R	Y	C	L	I	M	B
M	P	T	T	Y	I	F	G	I	P	E	K	A	X	B
A	B	X	X	Y	C	Q	K	S	Y	E	B	R	Z	B
I	X	J	K	O	I	W	H	B	D	I	S	T	O	Y
K	O	D	O	Z	R	Q	A	E	Q	P	Y	Y	A	N
U	Q	J	J	U	B	L	R	E	H	J	R	J	K	J
Z	K	K	R	A	L	P	Q	D	Y	T	E	H	Y	B

BIKE  
BOAT  
CAMP  
CANOE  
CLIMB  
FISH  
FRISBEE  
GARDEN  
GOLF  
HIKE  
KAYAK  
PADDLE  
PICNIC  
RAFT  
RIDE  
SPORTS  
SURF  
SWIM  
TENNIS  
TOUR  
TRAIL  
TRAVEL  
VISIT  
VOLLEYBALL  
WALK

Take a Break in McBride...B.G.s Friendliest Town!!