
**McBride & District PUBLIC LIBRARY**  
 250-569-2411  
 521 Main Street McBride, BC V0J 2E0  
**WINTER HOURS**  
 Tuesday 10-6  
 Wednesday and Thursday 10-5  
 Friday 1-8  
 Saturday 1-5  
 library@mcbridebc.org mcbride.bc.libraries.coop

## McBride AG Foods

250-569-0140  

**Great Grocery Giveaway Savings Booklet**  
 January 7 to February 24  
**SENIOR'S DAY 65+** Every Wednesday - 10% Off  
**HOURS:** Monday to Saturday: 6:30am to 6:30pm  
 Sunday: 9:00am to 5:00pm  
**FRESH FISH FRIDAYS**

**Alaina Chapman RMT**  
 Registered Massage Therapist  
 Monday, Wednesday & Thursday  
 Ph: 250-566-1040 To book an appointment

**THE HAIR SHOPPE**  
 803 3rd Ave. side entrance  
**778-258-0343**

Delivering Fuel  
 East to McBride & Valemount  

**Four Rivers Co-operative**

Commercial, Farm & Personal  
 Visit our Gas Bar in Prince George!  
 6749 Westgate Avenue - Tel: 250.964.2697

<b>Prince George:</b> Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	<b>Valemount Cardlock:</b> 1500 - 9th Avenue Valemount BC TF: 866.309.2667	<b>McBride Cardlock:</b> 2130 Zeidler Road McBride BC TF: 866.309.2667
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**McBRIDE HOTEL**  
 250-569-2277  
 100 First Ave.

**COLD BEER & WINE OFFSALES 7 DAYS A WEEK**  
**SUPER BOWL LVIII & Pool Tournament**  
**Sunday, February 11**  
**Sign in 12 noon - 1pm Tournament Starts**  
**HELP WANTED - Bar Maid**  
 (with or willing to get Serving It Right)  
 Phone Matt 250-569-7996

## THANK YOU



A few more thank yous from the McBride and District Hospital Auxiliary. Thanks to Joek and Rico for taking down our Christmas card signs. Thank you also to Susan and Scott from Forever Printing & Signs for making the signs for our community Christmas card, for engraving the in memoriam plaques and posting our updates in The Little McBride Paper, all at no cost to the Auxiliary! The next Aux. meeting will be held Feb. 5 at 7pm. @ 821 2nd Ave. Our AGM will be held Mon., March 4 @ 7pm.. Location to be announced soon. Please consider joining us as we are a small group which is in need of members in order to continue our successful fundraising. Bring your ideas, energy, and skills! For more info contact Pat @250-569-7521 or Mary Hooker @ 250-569-7164.

## GURLING GLUB NEWS

**McBride Curling Club** is hosting Ladies Bonspiel February 2-4, currently looking for volunteers to attend bar, sell 50/50 ticket and raffle tickets. Contact Brenda 403-968-4330 for details. Mixed Loggers Bonspiel March 22-24, details will be announced soon. Curling Lanes and Lounge are opened Friday and Saturday's at 7pm located inside recreation center. Our drop in fee to curl is 5.00. Our Lounge is cash only. Ladies that are in Bonspiel come practice or just socialize in the lounge, bring a friend or two. Excited for everyone to come and see us Friday and Saturday's!!

## HOSPITAL AUXILIARY NEWS

**Did you know** the McBride and District Auxiliary gratefully accept donations in memory of a loved one? The name of the loved one is added to our in memoriam plaque found in the hallway just outside the lab at the hospital. The next Aux. meeting will be held Feb. 5 at 7pm. @ 821 2nd Ave. We are a small group which is in need of members in order to continue our successful fund-raising. Bring your ideas, energy, and skills! For more info contact Carol @ 250-569-7176, Pat @ 250-569-7521 or Mary Hooker @ 250-569-7164.

**FREE The Little FREE**  
**McBride Paper**  

  
 Serving BC's Friendliest Town and Area since 1996!!!  
 For the week of Wednesday, January 24<sup>th</sup>, 2024

## GOMING EVENTS

**Mark your Calendar** and come watch great entertainment at the Ladies Curling Bonspiel and Old Timers Hockey Weekend on February 2, 3, & 4 down at the Rec Centre.  
**McBride Big Country** Snowmobile Association club meeting Wednesday, February 7th @ 6:30pm at Welcome Home. Everyone welcome!!  
**The Open Gate** Community Garden invites you to the Dunster School on Saturday, March 9th, from 10am - 3pm, for our very own Annual Seedy Saturday to exchange seeds and share knowledge. Vendors will be selling seeds, plants, garden decoration and all sorts of prepared products made from our local agricultural bounty. There will also be informative presentations throughout the day. Be sure to start looking through your seed boxes and cupboards to see if you have anything you'd like to share with others as part of our big seed swap table. If you or someone you know would be interested in being a vendor or presenter please reach out by email to pggardens@hotmail.com

## O.A.P.O. NEWS

**Date Correction - 1. Wednesday, January 31, 2024** - AGM will be held following a pizza lunch and potluck small desserts. 12 noon at The Beaverview Lodge. 2. We have 47 registered members and if your lives are not too busy would you consider volunteering for a position, we need a president, a treasurer, also a few minor positions. 3. AND We are looking for carpet bowlers (a fun and easy sport). We meet at the Recreation Centre Tuesday & Fridays 10 - 12 p.m.

## LIBRARY NEWS

**Puzzle/Game Swap** - Bring along up to 5 gently used puzzles/games and take away some new (to you) ones! Fri., 26 Jan., 1-4pm. You may also drop off your games/puzzles the day before, if easier. In partnership with Decoda Literacy.  
**Library Annual AGM** - Our AGM will be on Wed., 7 Feb. at 5:30pm in the library and also on-line via Zoom. If possible, please let Abi know if you intend to come along, for planning purposes: library@mcbridebc.org or 250-569-2411. We are looking for new volunteers to join the Library Board of Trustees - if you can spare roughly 30 minutes each month to attend a Board meeting and are interested in finding out more, please chat to Abi!  
**Miniatures Painting Workshop** - Join us for a free workshop for ages 10-adult on Sat., 27 Jan., 1:30-3:30pm. Learn techniques for painting your own miniature figures. All supplies provided. Spaces limited, so register by calling 250-569-2411 or emailing library@mcbridebc.org.  
**D&D for Teens** - Tues., 3:30-5pm. Ages 12-18. Please call for details.  
**Tuesday Chess Club** - from 5-6pm. All ages and levels of ability welcome.  
**Sunshine Stories** - Every Thurs. 10:30-11:00am. For 0-5s and caregivers; songs, stories and fun! In partnership with Decoda Literacy Solutions/Literacy Task Group.  
**Board Teens** - Thurs. 3-5pm. A drop-in session for those ages 12-18 to enjoy some of the library's many board games. Have a favourite game you like to play? Bring it along!  
**Book Clubs for Adults** - We now have two monthly book discussion clubs for adults. The next Book Club is on Thurs., 18 Jan., 1:30-2:30pm, reading "Yellowface" by R.F. Kuang. Call for details! 250-569-2411.  
**Weekly Adults' Programs** - Fibre Artists Knit & Crochet Group (Wed., 10am) - beginners welcome: in the library, and on-line too. Writing Group (Fri., 1:30pm) - in the library. Call 250-569-2411 for details of either program.  
**Fibromyalgia/Chronic Pain Support Group** - next meetings are as follows: Wed., 17 Jan. 10am-11am, Fri., 19 Jan. 7:15-8pm, Wed., 31 Jan. 10-11am, Fri., 2 Feb. 7:15-8pm.  
**Collection/Delivery Service** - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 250-569-2411 or email library@mcbridebc.org to place your order.  
**Winter Hours** - Tues. 10-6, Wed. and Thurs. 10-5, Fri. 1-8 and Sat. 1-5.

All our trains are back! Drop by McBride Station for more information!  
 VIA Rail Schedule viarail.ca Phone:1-888-842-7245  
 Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm  
 Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm  
 Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

## Important Phone Numbers

EMERGENCY .....	9-1-1	Gov't Serv. BC .....	250-569-3760
R.C.M.P. ....	250-569-2255	Village .....	250-569-2229
Hospital .....	250-569-2251	Reg'l Dist' .....	1-800-667-1959
Health Unit .....	250-569-2251	RV Comm. Srv. ....	250-569-2266
K to 7 School ..	250-569-2721	Food Bank .....	250-569-3186
High School .....	250-569-2295	Fire Hall .....	250-569-3117
The Little McBride Paper		250-569-3110	
BC BUS...844-564-7494	Report Forest Fires -	1-800-663-5555	
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...			
Dial this Number 1st and ask operator to connect you to provincial department.			

**Take a Break in McBride...B.C.'s Friendliest Town!!**

**BRKH Custom Woodworks Ltd.**  
 Quality Millwork. 894 1st Ave, McBride  
  
 Douglas Fir  
 Cedar  
 Spruce  
 Birch  
 Pine  
 V-Joint  
 Flooring  
 Decking  
 S4S  
 Shiplap  
 Moulding  
 Custom  
 Work  
 Channel  
 Siding  
 admin@brkh.ca 250-569-3175 www.brkh.ca

**Gigglin' Grizzly Pub**  
 Open Thursday, Friday, Saturday  
 and Sunday from 4:00pm.  
 Dine in or take out.  
 250-569-0101

**Meraki Builders**  
**Construction and Renovations**  
 250 569 7885 (Mitch) 250 569 4109 (Brenden)

  
**ROBSON VALLEY DRYWALL SERVICES**  
 Board and Tape 778-201-7114  
 @robsonvalleydrywallservices

Does God burn sinners in hell forever or is it a false teaching satan has invented to turn people away from God?  
 Contact Bible Truth.  
 Phone 250-569-7077. Box 185, McBride. B.C.

**CHIMNEY CLEANING plus Full Service on Pipe & Stove. \$100 + \$20 travel fee.**  
**250-968-4370**

**FOREVER PRINTING & SIGNS**  
**Home of THE LITTLE McBRIDE PAPER**  
 for more information please contact Scott or Susan at 250-569-3110 or email: contact@fpas.ca website: www.fpas.ca

**Uncle Mark's**  
**Open Weekdays 10 - 5**  
 926-1st Ave, McBride (250) 569-3003  
  
 Unpasteurized Honey  
 Organic Dairy  
 Non-homogenized Milk  
 Homemade Frozen Meals  
 Organic & Non-GMO Snacks  
 Organic Ancient Grains, Rice & Beans  
 Local & Organic Produce  
 Organic Baking Ingredients  
 Organic Spices  
 Grass-fed Chem/Med Free Meat  
**AWESOME Home-made Ice Cream SANDWICHES & Mr Roth's Famous Popcorn**  
 & Lots of Other Stuff!!

  
**250-569-2666**  
 1021 SE Frontage Road  
**LICENSED AUTOMOTIVE & DIESEL MECHANIC**  
 MONDAY to FRIDAY 8:30am - 4:30pm  
 SATURDAY & SUNDAY - CLOSED

  
**HORSESHOE LAKE VENTURES**  
 377 Main Street McBride, B.C.  
 250-569-0075

**Check out our winter glove options!**  
 •Feed and Farm Supplies •Dog and Cat Food  
 •Full Hydraulic Hose and Fitting Supply  
 •Agricultural Parts/Repair •Automotive Parts/Accessories

**WHISTLE STOP GALLERY**  
  
 250-569-8891  
 Did you know that most of the public art you see in McBride has been sponsored and created by Whistle Stop Gallery artists? We have over 100 local artists and crafters showing their work in the Gallery and working to make the Robson Valley beautiful. Visit the Gallery and see how our artists and artisans are helping build community through culture!  
**Open 10am to 5pm daily in the train station**



**ROBSON VALLEY I.D.A. TELEPHARMACY**

We are open Monday-Friday 9-5  
Closed Saturday & Sunday  
www.robsonvalleyidapharmacy.com  
250-569-8811  
#3 - 411 Main Street, McBride

Select Christmas & Halloween Stock  
UP TO 30% OFF

plus

Come check out our In Store Sales  
and Save up to 30% OFF

Assorted Pads and Tampons 20% OFF

Select Clairol and Revlon Hair Dye 20% OFF

All items in Front Sale Bin 30% OFF

**What's for lunch?**

THURS. - THAI CHICKEN OVER RICE W NAAN  
FRI. - TUNA SALAD SANDWICHES

CALL US OR CHECK OUR FB PAGE FOR OUR DAILY SPECIALS

NEW GIFTABLES (AND KEEPABLES) ARRIVING  
Monday - Saturday - 8:30am - 4 pm  
Follow us on Facebook - fb.me/youarewelcomehome  
Call us - 250-569-0215



**"The Friendly Little Truck!!"**  
We rent nice Porta Potties too! : )

**Robson Valley Septic**

Dome Creek, McBride, Valemount, Blue River - 250-569-7812

**BIRTHDAY WISHES JAN. 24-30**

Aliana Arteago-Pacheco, Bob Collins, Jamie Lamming, Tiara Reiter, Curtis Reiter, Leonard Dovich, Laine Molendyk, Alyssa Peterson, Amber Milligan, Jessica Peterson, Cassidy Jackson, Joey Rich, Leo Jackson, Shea Krenzler, and to any we have missed, Happy Birthday! Happy belated Birthday - Desiree Michaels.

**FAMILY LITERACY DAY**

G S H L O P J Z P R R Y R M Y  
V U C T P A R E N T S C U B S  
R P Y T N E W T O U A U K H E  
R P E U N E K A O O A J F S C  
H O A H T K V V R O G Y K C R  
C R I I S T S E T E L G I H U  
Y T I V I T C A S I N S R O O  
E C N A T R O P M I M E S O S  
V H W E K X U A G T A I S L E  
I I A S V O F A X D C R K S R  
T L T M R O C N I N R A E L G  
I D P G K N R N B S D R P N B  
S R H D E X G P L K S B I M H  
O E W D X C O M M U N I T Y I  
P N W S R N J S K I L L S D X

**The Goat Shed**

ACTIVITY AWARENESS CHILDREN COMMUNITY ENGAGING FAMILY GROUPS IMPACT IMPORTANCE

IMPROVE JANUARY LEARNING LIBRARIES PARENTS POSITIVE RAISE READING RESOURCES

SCHOOLS SEVENTH SKILLS SUPPORT TESTS TOOLS TWENTY

**A LITTLE THINKER...**

Winter: the season when we try to keep the house as hot as it was in the summer, when we complained about the heat.

**RVCS NEWS**

**McBride RVCS:** For more information call or email: 250-569-2266/events@rvcsbc.org. All events are located at 942 3rd Ave. McBride, and no registration is required, unless otherwise stated.

**MON's Family Place Drop-In** is on Mondays from 9am-noon at RVCS. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. Registration required for swimming in Valemount due to limited spaces. For more information call 1-844-324-2004 or email: events@rvcsbc.org. January 29 Tumble time. February 5 Valentine Craft. February 12 Swimming in Valemount (Registration required). February 19 Stat Holiday no FPDI. February 26 Swimming in Valemount (registration required).

**TUE's Come and join us in McBride for ASL Sign Language** 12pm-1pm at RVCS office in McBride. Drop in for beginners to advanced. Learning a second language improves cognitive and literacy skills for all ages. Plus it is lots of fun! Brought to you by McBride Family Literacy Program For more information call 1-844-324-2004 or email: events@rvcsbc.org.

**MON's January 22/29, Feb. 5/12/26 and March 4, 2024** from 3-4pm. RVCS offers The Circle; a group for girls ages 9-12 years. Hosted by the Child & Youth Mental Health and PEACE Program, girls will be part of a group that brings them together through art, conversation and activities, to explore topics such as our values, stressors, affirmations, wellness, and connection. RVCS office in McBride. A small snack will be provided. Registration is required. Please call 1-844-324-2004 or email events@rvcsbc.org

**WED., Jan. 24th** Join us for Drop-In Tech Café our staff provide FREE assistance and 1:1 support with your devices and basic tech questions. At the McBride office starting at 1pm-3pm. Brought to you by McBride Ault Literacy Program. For more information call 1-844-324-2004 or email: events@rvcsbc.org.

**MON., Jan. 29th** Seniors are invited to come and pick up a paint brush and let Jessica Arnold lead you through Paint Afternoon at the McBride office for an afternoon of painting! This runs from 1-3 pm. Supplies and refreshments provided. This program is brought to you by the RVCS McBride Seniors Program. For more information and to register call 1-844-324-2004 or email: events@rvcsbc.org.

**MON through THURs.** McBride RVCS has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use, this project is made possible thanks to grant funding from United Way of BC, and the residents of the Robson Valley! Contact RVCS at 1-844-324-2004 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

**COMMUNITY ANNOUNCEMENTS**

The Little McBride Paper is On-Line at www.fpas.ca and includes a word-search that you can do on-line. Plus check out all the past issues of The Little McBride Paper in the Archives section.

**BUY, SELL, RENT & MISG.**

**FOR SALE:** Ikea Norddal bunkbeds w foam mattresses, fitted sheets, pillows & cases \$250; Cuisinart AirFryer Toaster Oven \$50. Call Katharine 250-569-7364. **For sale:** Two bedroom, two bath home with shop and firewood storage shed. Basement. Across from the elementary school in McBride. Call 250-569-7504. **For Sale:** Dining room cabinet with glass shelves and doors. Asking \$395.00. Contact 250-569-4094. **For Sale-Frigidaire CFEF3054UWK Range** (white) and a NuTone Allure Range Hood. \$350 for the pair. Phone 250-569-3110. **For Sale-2 Storage Sheds** 10x16 white metal exterior on 2 skids, 60" door. \$4,500 each. Ph: 780-903-9129. **Wanted:** Fridge, good condition, contact Lee Ph:778-258-7800. **For Sale-**Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

**GHURGH NEWS N' THINGS**

**McBride Evangelical Free Church** on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Phone 250-569-2378. **Anglican United Church - Downtown Thrift Store** on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods. **Sunday worship services** at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientation, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467. **Seventh-day Adventist Church,** Lamming Pit Rd. Saturday mornings. Sabbath School 9:20 to 10:45 Music, Mission and Small-group Bible Study, 6 age groups Cradle Roll to Senior. Worship Service 10:45 to 12:15. Everyone welcome. **Adventist Community Service (Dorcas)** Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. **Foodbank** contact number is 250-569-3186. **St. Patrick's Catholic Church** 2nd & 4th Sunday - Mass 11:00. All other Sundays - layled Celebration of the Word. Ph: 250-569-2606. **Mountain Chapel (POAC)** at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.  
Scott & Susan (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.  
**Take a Break in McBride...B.C.s Friendliest Town!!**

**HIGH COUNTRY RENTAL & REPAIR**



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MCBRIDE, BC V0J 2E0

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WWW.HIGHCOUNTRYREPAIR.CA

Sunday & Monday - 10 am - 9 pm  
Tuesday - CLOSED Wednesday - CLOSED  
Thursday, Friday & Saturday - 10 am - 9 pm  
For after hours text Elliott at 250-569-7099

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M4 Construction**



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Skid Steer - Landscaping Leveling, Debris Removal



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accounts@monasheecomunications.ca

WIRELESS INTERNET

McBride / Dunster / Tete Jaune / Valemount

**Cougar Den Cabins**

250-569-7308

Daily, Weekly & Monthly Rates

1800 Samson Rd. McBride (bottom of Lucille mountain)

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2024  
MOCHAS, LATTES, TREATS & MORE.  
JUST OPEN UP THE BEANERY DOOR

**Beanery 2 Bistto**  
250-569-0133  
Mon.-Fri. 6am-5pm, Sat.&Sun. 9am-5pm Closed-Stat Holidays

**TGP McBride TGP Grocery Store**  
The Grocery People  
211 Main Street 250-569-2525

Jan. 25 - Jan. 31

**Campbell's Soup**  
Select Varieties 12x284 ml  
**11.99**

**Co-op Gold Cereal**  
Assorted Varieties  
750 - 907 g  
**\$5.99**

**Dairyland Cottage Cheese**  
500 g  
2 for **\$8.00**

OPEN 7 Days per week 8am-8pm

**Integris Insurance Services**  
Rosemary L. Hrubby, CAIB  
250-569-2264

**REMEMBER**

**We're OPEN Saturdays**  
10:00am to 3:00pm