

Equipment for Hire M4 Construction



Gerald Moore
250-569-7147



Mini Excavator – Landing Clearing, Tight Spaces,
Water Lines, Hydro Lines, Septic Lines, Trenches

Skid Steer – Landscaping Leveling, Debris Removal

WE WILL BE CLOSED
SAT. SEPT. 2ND THRU MON. SEPT. 4TH

WHO LET THE DOGS OUT? WE DID. (AGAIN!)
THIS THURSDAY!

CHOOSE FROM OUR CHILI CHEESE, REUBEN OR BACON CHEDDAR DOG.

Call the shop or visit our facebook page for daily specials.

Starting Sept. 5th our hours will change to Mon. - Sat. 8:30am-4pm.



Monday - Saturday - 8:30am - 5 pm
Follow us on Facebook - fb.me/youarewelcomehome
Call us - 250-569-0215



Position available for
Heavy Wrecker Operator/Class I Driver
Please email thunderv@telus.net
with qualifications and experience

Robson Valley Septic & Water Hauling

Right-to-your-RV Septic & Water
Bulk Water Delivery
Dome Creek, McBride, Valemount, Blue River
250-569-7812

"The Friendly Little Truck!!"

McBride AG Foods

250-569-0140

ALWAYS CANADIAN

Have a GREAT Long Weekend

BACK TO SCHOOL Savings Booklet
Aug. 27 - Sept. 23

SENIOR'S DAY 65+ Every Wednesday - 10% Off

HOURS:
Monday to Saturday: 6:30am to 6:30pm
Sunday: 9:00am to 5:00pm

FRESH FISH FRIDAYS

HISTORIC MCKALE HOUSE

421 Main Street 250-569-7176

HOURS: WED-FRI 11-4; SAT 10-2

Last day of our summer season

is Sat., Sept. 2. (Open again Oct. 19)

Stop by this week, say hello and stock up on
cards, gummies, and of course, books!



McBRIDE HOTEL
250-569-2277
100 First Ave.

COLD BEER & WINE OFFSALES 7 DAYS A WEEK

HELP WANTED - Reliable Server

Drop off resume at the Hotel

Annual Howard Logan Pool Tournament
September 10, 2023. \$10.00 Entry Fee.
Noon: Sign Up, 1:00 tournament starts.
Everyone Welcome!!

MAIN STREET PIZZA

265 MAIN STREET McBRIDE, BC

PIZZA - CALZONE - GARLIC BREAD
CHICKEN - WINGS - GIFT CARDS

WEDNESDAY - SATURDAY 11AM-8PM
(778) 258-4991

FREE The Little FREE McBride Paper



Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, August 30th, 2023

HAPPY LONG WEEKEND! LEGION NEWS

Bingo - Wednesday, September 6th, 2023 on Main Street
between 1st and 2nd Avenue. 6:00pm. Games Start at 6:30pm. This
will be our last Street Bingo.

The McBride Royal Canadian Legion Branch #75 has no set
hours of operation. We do however rent the hall for small functions.
The Contact person is Dennis Rejman at 250-569-2692. We have a
Legion Meeting on the first Tuesday of each month (except July and
August). Meetings start at 7:00 pm. Please contact us if you would
like to be a member.

THANK YOU

On behalf of THE COUNTRY GIRLS KITCHEN we would like
to extend a hearty thank you to our valued customers from Valemount,
McBride, and Dunster for making this a great market season. To
show our appreciation for your business, support and patience in our
new business venture we invite you to the last McBride market on
September 1 to check out our vendor friends and for a couple fun
things at our food trailer. We will give every 10th person one free
meal, there will be a discount on coffee and donuts while supplies
last. There will be prizes and more... We look forward to seeing you
Friday and hope to continue serving the community at Markets and
special events in the coming years.

THANK YOU... Linton and Barb

THRIFT STORE

We "Thank You" everyone for donations and support every
week. "Thank You" to our Volunteers for their help and support.
We will be closed the last week of August to put in our fall clothes
and replenish stock. Open again on Tuesday, September 5th.

COMING EVENTS

**Uncomfortable Conversations: How to Navigate Uncomfortable
Conversations.** The first of four sessions facilitated by Susan Umstot
and Rev. Kim McNaughton will take place on Friday, September 8
at 5pm in the McBride Library. All are welcome. Questions? Call
Kim at 250-968-4467.

2nd Annual Tour de Read Road - Family Bicycle Rally. SAT.,
SEPT. 9, 8AM, FREE, DUNSTER HALL. 4km, 10km or 20km
options. Ice Cream, Fresh Drinks and Door Prizes. Family: \$25,
Adult: \$15, Youth: \$5. Dunster Farmers Market to follow with
Local Burgers! T-Shirt pre-ordering: dunsterfass@gmail

Dome Creek Harvest Market "Fall into Christmas", September
16, 2023 from 10:00am - 2:00pm. Event to be held at Dome Creek
Recreation Center and the Heritage Hall, Dome Creek. Vendors
welcome, no table charge. Contact Laura: latrimble@outlook.com or
778-349-5710.

LIBRARY NEWS

Tuesday Chess Club - Taking a break until the Fall.

D&D for Teens - Tues. 6-7pm. Ages 12-18. Group is currently
full, but please call if interested.

Sunshine Stories - Every Thurs. 10:30-11:00am. For 0-5s and
caregivers; songs, stories and fun! In partnership with Decoda
Literacy Solutions/Literacy Task Group.

Summer Book Bingo - for adults. Pick up a "bingo card" from
the library and play along as you complete your summer reading!
Get your entries in before Monday, 11th September to be in for a
chance of winning the bag of prizes!

Free Legal Advice - Free, confidential 15-minute appointments
with solicitor and barrister Jesse Stamm in the library, via Skype.
Next session: Tues., 5th Sept., 6pm. No need to register, but please
arrive promptly at 6pm.

Weekly Adults' Programs - Fibre Artists Knit & Crochet Group
(Thurs., 10am) - beginners welcome: in the library, and on-line too.
Writing Group (Fri., 1:30pm) - in the library. Call 250-569-2411 for
details of either program.

Collection/Delivery Service - We are still happy to prepare
book/DVD/puzzle orders for you, and deliver to your doorstep. Call
250-569-2411 or email library@mcbridebc.org to place your order.

Summer Library Hours - Tues. 10-8, Wed. and Thurs. 10-5, Fri.
12-8, and Sat. 12-5.

All our trains are back! Drop by McBride Station for more information!
VIA Rail Schedule viarail.ca Phone:1-888-842-7245
Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm
Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm
Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Srv.	250-569-2266
K to 7 School ..	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
		The Little McBride Paper	
		250-569-3110	

BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.C.'s Friendliest Town!!

Mr. Roth's Famous Popcorn

Organic Dairy

Cream-On-Top
Milk
Quark
Cheese
Cream

Bulk Organics

Ancient Grains
Rice
Beans

Homemade Frozen Meals
Sourdough Baking
Cinnamon Buns

Grassfed Chem/Med-FREE

Beef
Sausage
& Smokies



Homemade
Ice Cream
Sandwiches



Uncle Mark's
Tasty Food

926-1st Ave
McBride
(250) 569-3003
www.unclemarks.ca

OPEN... Monday - Friday 8-5



250-569-2666

1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANIC

We will be CLOSED on
Monday, September 4th for the
Holiday

MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED



HORSESHOE LAKE VENTURES
377 Main Street McBride, B.C.
250-569-0075

Check out Stihl's selection of cordless tools!

•Feed and Farm Supplies •Dog and Cat Food
•Full Hydraulic Hose and Fitting Supply
•Agricultural Parts/Repair •Automotive Parts/Accessories

WHISTLE STOP GALLERY



250-569-8891

Visit the Whistle Stop Gallery

Home of Robson Valley
artists and artisans

since 2002.

Open 9 to 5 daily in the train station

BRKH Custom Woodworks Ltd.

Quality Millwork. 894 1st Ave, McBride

Douglas Fir
Cedar
Spruce
Birch
Pine

Quality Millwork

BRKH

Custom Woodworks Ltd.



V-Joint
Flooring
Decking
S4S
Shiplap
Moulding
Custom
Work
Channel
Siding

admin@brkh.ca

250-569-3175

www.brkh.ca

Gigglin' Grizzly Pub OPENING

Thursday, September 14th, 2023
at 4pm
Open Thursday, Friday, Saturday
and Sunday from 4:00pm
- dine in or take out.
250-569-0101

ROBSON VALLEY

DRYWALL SERVICES

call or text 7782017114

@robsonvalleydrywallservices

A LITTLE THINKER...

6:30 is the best time on a clock, hands down.

Did you know you can request a doctor's appointment over Zoom?

Contact the McBride Health Centre to request a Zoom appointment with your family doctor

250-569-2251 ext. 2000

Not familiar with Zoom?

We can help, call 250-961-7650



TGP McBride TGP Grocery Store
The Grocery People 211 Main Street 250-569-2525

BACK TO SCHOOL - School Lunch Is On Us!
Enter to Win in Store FREE School Lunch For A Week!
TGP Gift Card worth \$50!
Happy Longweekend from our Family to yours!!

August 31 - Sept. 6

Co-op GOLD NATURAL SPRING WATER
24x 500 ml Limit 2 2 for **5.00**
Plus Deposit, Levies or Enviro Charges Where Applicable

Pepsi Products
6 x 710 ml or 6 x 222 ml 2 for **9.00**
Plus Deposit, Levies or Enviro Charges Where Applicable

Pepsi Products
2 L 2 for **5.00**
Plus Deposit, Levies or Enviro Charges Where Applicable

CO-OP Gold Smokies
Assorted - 1 kg **12.99**

Co-op Gold Beef Burgers
907 g - 1 kg **13.99**

OPEN 7 Days per week 8am-8pm

ROBSON VALLEY IDA TELE PHARMACY

We are open Monday-Friday 9-5
Closed Saturday & Sunday
www.robsonvalleyidapharmacy.com
250-569-8811
#3 - 411 Main Street, McBride

ON SALE
SELECT
ENSURE
PACKS OF 6
\$10.99

WILL BE CLOSED
MONDAY, SEPTEMBER 4
FOR LABOUR DAY

Delivering Fuel East to McBride & Valemount

CO-OP Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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VALLEY MUSEUM & ARCHIVES

Thank you to everyone who participated in our summer speaker series!

One more Geology themed event SEPT. 15 at 7pm
UNBC Researchers present,
"Mountain Geohazards & Climate Change in the Robson Valley"
Fossils & Forms:
Frames of Reference is a rockin' GEOLOGY EXHIBIT
that rolls on until the end of Sept., Tuesday to Friday 11am - 4pm

BIRTHDAY WISHES AUG. 30-SEPT. 5

Aeron Williamson, Jaymes Hutchison, Oliver Jackson, Nina Sokolova, Cannon Molendyk, Jason Jackman, Doug Bend, Amanda Rich, Billie Littlechild, Brody MacMaster, Laurena Rhodes, and to any we have missed, Happy Birthday!

COMMUNITY ANNOUNCEMENTS

Quiet space available. Our cedar log church building will be available to community members who are looking for a quiet, getaway space for a couple of hours. The building, which has wi-fi, is available for your use on Thursday evenings from 6:30 to 8:30pm. A host person will be on site. More info? Call Kim 250-968-4467.

McBride Community Market every Friday from 11:00am to 2:00pm until Sept. 1, 2023, in the pavilion at Steve Kolida Park. New vendors welcome. Make it, bake it, grow it or second hand sales. Tables \$10/week, children under 12 \$2.00, non-profits free. Provide your own table. There will be a concession every week. For further info or to book a space contact Jackie Edwards 250-569-7101 jackie.c.edwards@gmail.com

THE DUNSTER FARMERS MARKET from 11:00am to 1:00pm and run every Saturday until September 30th. No charge for vendors - everyone welcome! Our famous "Buy-Local Burgers" will be back again! Tell all your friends and bring them along! For more information call Pete at 250-968-4334.

McBride Community Health Services offers: Prenatal Education, Immunizations, Mental Health and Addictions Counselling, STI Testing, Well Women's Clinic, Social Work Services, and Home Support. Call 250-569-2026 to book an appointment. All Services are free and confidential.

RVCS NEWS

McBride RVCS: For more information call or email: 250-569-2266/events@rvcsbc.org. All events are located at 942 3rd Ave. McBride, and no registration is required, unless otherwise stated.

MONs Family Place Drop-In is on Mondays from 9am-noon at RVCS. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. For more information call 1-844-324-2004 or email: events@rvcsbc.org. September - 4 STAT holiday no FPDI. September - 11 National Play-Doh Day. September - 18 Train Safety Awareness Week. September - 25 Truth and Reconciliation Awareness day in honour of National day for Truth and Reconciliation September 30. **WED., September 6th** Potluck at Beaver River Camp Ground All adults and seniors are invited to enjoy a lovely afternoon with friends in the great outdoors! Bring an appetizer to share. No registration required. Meet at RVCS office in McBride (942 3rd Ave.) arrange carpooling and drive from there. This program is funded by CALP and brought to you by McBride Adult Literacy Program. Contact the office for more information 1-844-324-2004 or email events@rvcsbc.org

WED., September 20th All adults and seniors is invited to Drop-In Coffee House from 1-3pm at RVCS office in McBride. Come socialize, meet new people and enjoy a warm drink and snacks. No Registration required. Funded by CALP, brought to you by McBride Adult Literacy Program. Contact the office for more information 1-844-324-2004 or email events@rvcsbc.org

MON through THURS, McBride RVCS has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use, this project is made possible thanks to grant funding from United Way of BC, and the residents of the Robson Valley! Contact RVCS at 844-324-2004 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

BUY, SELB, RENT & MISG.

For Sale-Frigidaire CFEF3054UWK Range (white) and a NuTone Allure Range Hood. \$400 for the pair. Phone 250-569-3110•**For Sale-100 thousand BTU "Lowboy"** diesel oil furnace and tank (hook-up etc.) Best offer/you haul, contact Betty Long 778-258-3804 or Terrence McNally (250)569-7945•**For Sale-2 Storage Sheds** - 10x16 - white metal exterior on 2 skids, 60" door. 4,500 each. Ph:780-903-9129•**For Sale-Raised Garden Beds,** 10'x4'x2' with steel corners & 3" timbers. \$400 each. Phone 780-903-9129•**For Sale-Stihl and Husky chain saws,** a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

GHURGH NEWS N' THINGS

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Phone 250-569-2378. •**Anglican United Church - Downtown Thrift Store** on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•**Sunday worship services** at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientations, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•**Seventh-day Adventist Church** Ph: 250-569-3370, Pastor Ph: 1(250)-808-7399•**Adventist Community Service (Dorcas)** Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther•**Foodbank** contact number is 250-569-3186•**St. Patrick's Catholic Church** Ph: 250-569-2606. Call to Confirm•**Mountain Chapel (POAC)** at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.

Take a Break in McBride...B.C.s Friendliest Town!!

MONASHEE COMMUNICATIONS

1-877-295-0655
www.monasheecommunications.ca
accounts@monasheecommunications.ca

WIRELESS INTERNET
McBride / Dunster / Tete Jaune / Valemount

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

D & T INDUSTRIES
250-569-7758 / 7050

We will be CLOSED
Sept. 4 & 5
Happy Labour Day

Beanery 2 Bistro
Patio is Open!! 250-569-0133
Mon.-Fri. 6am-5pm, Sat.&Sun. 9am-5pm Closed-Stat Holidays

Integrins Insurance Services
Rosemary L. Hruby, CAIB
250-569-2264

We will be closed
September 2, 3, 4
for the Labor Day Weekend.

HIGH COUNTRY RENTAL & REPAIR

4700 HWY 16 WEST
MCBRIDE, BC V0J 2E0

TOLL FREE: 877.926.7099
LOCAL: 250.569.7099
SERVICE@HIGHCOUNTRYREPAIR.CA

ATV | DIRT BIKE | SNOWMOBILE | LAWN & GARDEN

WWW.HIGHCOUNTRYREPAIR.CA

Tuesday-Saturday OPEN 10 am - 6 pm
Sunday - CLOSED
Monday - CLOSED

For after hours text Elliott at 250-569-7099

Meraki Builders
Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)

Unprecedented world wide natural disasters are caused by climate change, says science and the media. The Bible tells of a great time of trouble caused by God withdrawing His protection just before Christ returns.
Contact Bible Truth. Phone 250-569-7077. Box 185, McBride, B.C.

FOREVER PRINTING & SIGNS
Home of The Little McBride Paper
Phone: 250-569-3110 Fax: 250-569-0220
email: contact@fpas.ca www.fpas.ca

Robson Valley Pet Hostel
Grooming & Boarding
Ann Schwartz - Animal Health Technician
250-569-3319 Website with information and galleries: www.pethostel.ca

Alaina Chapman RMT
Registered Massage Therapist
Monday, Wednesday & Thursday
Ph: 250-566-1040 To book an appointment

HORSESHOEING

Gary Schwartz
Farrier Service McBride, BC
250-569-3319

THE HAIR SHOPPE
803 3rd Ave. side entrance
778-258-0343

**SAVE THE
DATE**

**ROBSON
VALLEY**



Economic & Community Development Forum

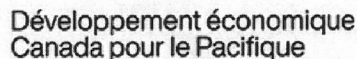


Discover programs, training, services, funding, and supports to help your business or not-for-profit.



Spend valuable 1-on-1 time with economic & community development professionals to discuss your business needs, hear presentations, ask questions, network, and learn!

Featuring presentations from:



Information:



Thursday,
Sept. 14th



9am - 5pm



Dunster
Community
School



Village of McBride - Economic Development

250-569-2229 | edo@mcbride.ca

Learn More:



mcbride.ca/business/economic-and-community-development-forum

FORUM

SCHEDULE

ROBSON
VALLEY



Economic & Community Development Forum

» Thursday, September 14, 2023 - 9am-5pm

» Dunster Fine Arts School
8252 Dunster-Croyden Rd, Dunster

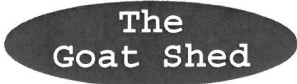
9:00-9:15am	Welcome and Opening Remarks
9:15-10:00am	PacifiCan
10:15-11:00am	Northern BC Tourism
11:15-12:00pm	Community Futures Fraser Fort George
12:00-1:00pm	Lunch
1:00-1:45pm	Northern Development Initiative Trust
2:00-2:45pm	Forestry Panel
3:00-3:45pm	Regional Economic Operations Branch
4:00-4:45pm	Agriculture Panel
4:45-5:00pm	Closing

» REGISTRATION for this FREE event is required due to limited seating.

REGISTER

Go to: <https://www.mcbride.ca/business/economic-and-community-development-forum>

Or email edo@mcbride.ca or call 250-569-2229



NATIONAL SUICIDE PREVENTION MONTH

ACTION
 ADVOCATES
 ALLIES
 AWARENESS
 CARING
 COMMUNITY
 GIVE
 HEALING
 HEALTH
 HELP
 HOPE
 MEMBERS
 MENTAL
 ORGANIZATIONS
 PREVENTION
 PROMOTE
 RELIEF
 RESOURCES
 SEPTEMBER
 SPREAD
 STORIES
 SURVIVORS
 TALKING
 UNITE
 WORD

R E L I E F V X M M P Y N X G
 G N I L A E H E N L S A H S N
 N L A W A R E N E S S M E N I
 I Y V A L T A H C V E P A O K
 R M P S L J N X O S T D L I L
 A G S R I V N E M E A G T T A
 C O E O E D T E M I C V H A T
 U Y C V S V M B U R O P L Z U
 X P R I X B E Q N O V U V I D
 W B U V E R U N I T D C G N A
 Y W O R D T O E T S A H M A E
 V E S U J I I K Y I Y H X G R
 B Z E S T K S N E T O M O R P
 B R R C X L C U U P Z N U O S
 F X A Y U G I V E W W L S J M

Take a Break in McBride...B.G.s Friendliest Town!!