July 27 - August 2 Blueberries \$4.99

Montana's BBQ Pork Back Ribs \$11.99

The Little Potato Company Potatoes \$3.99 Produce of USA, No.1 Grade - Selected Varieties 1.5 lb, 680g

> **Mott's Clamato Cocktail** 1.89 L - Selected Varieties 2 for \$7.00

Co-Op Gold Juice Boxes 5 x 200 ml - Selected Varieties 4 for \$7.00

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Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433 Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667

McBride Cardlock 2130 Zeidler Road McBride BC TF: 866.309.2667



Hev kids! Fossils & Forms at the museum! All summer long!

Cool down with some colouring pages or try our geology themed scavenger hunt!

Search for fossils in the sand table or paint a pet rock!

See you soon!

SUMMER HOURS 10-5 Tuesday to Friday Ph.: 250-569-3000

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McBride



Paper



Serving BC's Friendliest Town and Area since 1996!!! For the week of Wednesday, July 26th, 2023

In Loving Memory of

Mary Alice Kohn June 3, 1934 - July 31, 2018 Mom in Heaven

Since you went to heaven, I've never heard a laugh like yours and I've never seen a smile like yours and I miss hearing and seeing them. I miss you so very much. My beautiful mom. Jim & Wendy

THANK YOU

My Heartfelt Thank You to the crew who moved me, my piano and all, on July 12th. To Craig, Stewart, Andriy, Ethan, Shirley and Barb, you are great friends. To Roger and Amber, who came from Calgary through smoke and dust, to finish the grand exodus from 532 Main to 814 3rd Ave., you truly did a great job! Also to Tony, Eleanor, Rick and Carol for support, food, and friendship. I am so fortunate to live in McBride, 53 years and counting!

-Joyce Godfrey

MUSIG FESTIVAL

The 16th Robson Valley Music Festival will be taking place August 11-13th. Over 35 artists from all over B.C., Canada and the World will be performing throughout our 3-day family oriented celebration of music, art and community! WEEKEND PASSES are available ON-LINE ONLY and NO GATE SALES. The only exception is Sunday, where locals who aren't planning for the full weekend, are invited to come for the day by donation and enjoy headlining music, workshops, kids activities and performances and all the vendors. Beer Gardens also on site sponsored by Valemount's own Three Ranges Brewery! We are still looking for a few volunteers in all areas. 12 hours gets you a weekend pass and one meal. 30 hours gets you a weekend pass and meals all weekend. See you there!! All information festival can be found here: www.rvmf.ca

GOMMUNITY ANNOUNGEMENTS

Quiet space available. Our cedar log church building will be available to community members who are looking for a quiet, getaway space for a couple of hours. The building, which has wifi, is available for your use on Thursday evenings from 6:30 to 8:30pm. A host person will be on site. More info? Call Kim 250-968-4467.

McBride Community Market every Friday from 11:00am to 2:00pm until Sept. 1, 2023, in the pavilion at Steve Kolida Park. New vendors welcome. Make it, bake it, grow it or second hand sales. Tables \$10/week, children under 12 \$2.00, non-profits free. Provide your own table. There will be a concession every week. For further info or to book a space contact Jackie Edwards 250-569-7101 jackie.c.edwards@gmail.com

THE DUNSTER FARMERS MARKET from 11:00am to 1:00pm and run every Saturday until September 30th. No charge for vendors - everyone welcome! Our famous "Buy-Local Burgers" will be back again! Tell all your friends and bring them along! For more information call Pete at 250-968-4334.

LIBRARY NEWS

Sunshine Stories - Every Thurs. 10:30-11:00am. For 0-5s and caregivers; song, stories and fun! In partnership with Decoda Literacy Solutions/Literacy Task Group.

BC Summer Reading Club - "Journey Through Time" reading logs, stickers and bookmarks available. End of summer medal ceremony and celebration for participants.

Photo Scavenger Hunts - We have 2 photo scavenger hunts for July aimed at children and teens - drop into the library to pick up the challenge sheets. In partnership with Decoda Literacy Solutions/ Literacy Task Group.

Fun Fridays - There are still a few spaces left in the group for 5-8s (weekly on Fridays, 1-2pm). Activities, outdoor games, crafts, coding and fun. In partnership with the Whistle Stop Gallery and Info Centre.

Tuesday Chess Club - Every Tues. from 5-6pm. All ages and abilities welcome - Travis is happy to teach beginners and help improving players.

Summer Book Bingo - for adults. Pick up a "bingo card" from the library and play along as you complete your summer reading! Prize draw from completed entries.

Weekly Adults' Programs - Fibre Artists Knit & Crochet Group (Thurs., 10am) - beginners welcome: in the library, and online too. Writing Group (Fri., 1:30pm) - in the library. Call 250-569-2411 for details of either program.

Community Paramedicine - Community Paramedic Rodger Peterson can offer services within the library such as a blood pressure check, blood glucose monitoring, or provide help and advice on a range of healthcare topics, including nutrition and First Aid. If you see Rodger in the library, please feel free to approach him with your health questions.

Collection/Delivery Service - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 250-569-2411 or email library@mcbridebc.org to place your order. Summer Library Hours - we are now on summer open hours. Tues. 10-8, Wed. and Thurs. 10-5, Fri. 12-8 and Sat. 12-5.

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Please contact The Little McBride Paper with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom) All articles and ads are not the expressed opinion of this paper or it's owners.

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Tuesday-Saturday OPEN 10 am - 6 pm Sunday - CLOSED Monday - CLOSED

For after hours text Elliott at 250-569-7099

Meraki Builders Construction and Renovations

250 569 7885 (Mitch) 250 569 4109 (Brenden)

How to be helpful to someone who is grieving: listen attentively, be prepared to continue support practically such as meals. shopping, mowing the lawn and sincere, heartfelt prayer for God to soothe and comfort them. Contact Bible Truth. Phone 250-569-7077. Box 185, McBride. B.C.

WANTED TO BUY

High Grade Binoculars 8x60 or higher. Top Price Paid. Call 250-569-0311



Robson Valley Pet Hostel

www.pethostel.ca

Grooming & Boarding Ann Schwartz - Animal Health Technician Website with information and galleries: 250-569-3319

Alaina Chapman RMT

Registered Massage Therapist Monday, Wednesday & Thursday Ph: 250-566-1040 To book an appointment



THE HAIR SHOPPE 803 3rd Ave. 778-258-0343 side entrance



1-877-295-0655

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Mon.-Fri. 6am-5pm.

Integris Insurance Services Rosemary L. Hruby, CAIB

250-569-2264

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Stop in if you would like to compare Private own damage with ICBC

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Looking to trade Beef or Dairy Cattle for custom field work on about 8 acres. Custom hay cutting, hay. Fire Wood, Lumber. good used quad or skidoo. Grass fed beef for sale or trade Hamburger \$5.90/Lb Other cuts available. call Melanie 250-793-4742

McBride AG Foods



HISTORIC MCKALE HOUSE

421 Main Street 250-569-7176 HOURS: WED.-FRI. 11-4; SAT. 10-2 Relax and read in a shady spot! Find a great book or 2 or more © in our comfortably cool store!!

Mountain View Boutique

265 Main St., McBride, BC



Apparel, Housewares and more! Featuring local artisans.

HOURS

Tues. 10 am to 5pm and Wed. to Sat. 10am to 8pn

Vacation Bible School



Monday, August 14 – Friday, August 18

6:30 PM - 8:30 PM

at the

McBride Seventh-day Adventist Church

1075 Lamming Pit Road, McBride BC

Registration from 5:30 PM - 6:30 PM on Monday, August 14

Phone 250-968-4493

What's for lunch on Thursday? STEAK & MUSHROOM PIE

CALL US OR CHECK OUR FB PAGE FOR OUR DAILY SPECIALS!



Monday - Saturday - 8:30am - 5 pm Follow us on Facebook - fb.me/vouarewelcomehome Call us - 250-569-0215

LEGION NEWS

Bingo - Wednesday, August 2nd, 2023 on Main Street McBride between 1st and 2nd Avenue. 6:00pm Games Start at 6:30.

BIRTHDAY WISHES JULY 26-AUG. 1

Allysa Gredling, Luc Levesque, Pierce Kerr, Rick Hallwas, Audrey Gredling, Rebecca Wilcox, Sawyer Trask, Bev McLennan, Heather Simpson, Becky Wallis, Brianna Kent, Cecile Kraby, Donna Perkins, Levi Littlechild, Matt Barnes, Mykayla Penner, and to any we have missed, Happy Birthday!

GOMING EVENTS

Dome Creek Harvest Market "Fall into Christmas", September 16, 2023 from 10:00am - 2:00pm. Event to be held at: Dome Creek Recreation Center and the Heritage Hall, Dome Creek. Vendors welcome, no table charge. Contact Laura: latrimble@outlook.com or 778-349-5710.

A LITTLE THINKER...

A termite walks into the bar and asks, 'Is the bar tender here?'

RVGS NEWS

McBride RVCS: For more information call or email: 250-569-2266/events@rvcsbc.org. All events are located at 942 3rd Ave. McBride, and no registration is required, unless otherwise stated. MONs Family Place Drop-In is on Mondays from 9am-noon at RVCS. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. For more information call 1-844-324-2004 or email: events@rvcsbc.org. July 24 - National vanilla ice cream day & Infant Massage Day 2. July 31 - Water play day & Infant Massage Day 3. August 7 - STAT No FPDI. August 14 - Face Painting.

TUES through FRI Come join RVCS staff for Mindfulness Camp! For kids ages 6-10 years! Enjoy things like yoga, senses exploration, crafts, and a nature walk! August 8th-11th From 9am-12pm at Steve Kolida Park. Registration is required contact the office 1-844-324-2004 or email events@rvcsbc.org for more information. MON through THURs, McBride RVCS has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use, this project is made possible thanks to grant funding from United Way of BC, and the residents of the Robson Valley! Contact RVCS at 844-324-2004 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

WED July 26th Seniors are invited for a Crafty Afternoon to come enjoy some social time with other seniors and express your inner child while you craft. From 1pm-3pm at the McBride Office. Refreshments provided. Registration is NOT required.

FRI's Starting July 21st Caregivers and children ages 0-5 years and their siblings are invited to join us for Mornings in the Park at the Steve Kolida Park in the mornings from 9am-12pm until August 25th. There will be games and activities to encourage healthy development and attachment with caregivers. Registration is NOT required. This program is facilitated by the Infant Development

BUY, SELL, RENT & MISG.

For Sale-2009 Toyota Matrix, 327000km, needs new engine, still runs on 2 cylinders, \$800, call 250-569-3488 or text 250-569-7212. •• FOR SALE-BLUE HEELER Puppies, now showing their stunning color patterns. Ready for their 'FUREVER" home, family or farm. 4 Males, 4 Females. The sire bloodline is from another area of BC. Must see! Phone Joy @ 250-569-4227 to view and or request pictures. •• For Sale-2 Storage Sheds - 10x16 - white metal exterior on 2 skids, 60" door. 4,500 each. Ph:780-903-9129 •• For Sale-Raised Garden Beds, 10'x4'x2' with steel corners & 3" timbers. \$400 each. Phone 780-903-9129 •• For Sale-Eggs \$5.00/dozen. Ph:250-569-7733 • For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

GHURGH NEWS N' THINGS

McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Phone 250-569-2378. •Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods Sunday worship services at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and cual orientations, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•Seventh-day Adventist Church Ph: 250-569-3370, Pastor Ph: 1(250)-808-7399•Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. • Foodbank contact number is 250-569-3186. • St. Patrick's Catholic Church Ph: 250-569-2606. Call to Confirm. • Mountain Chapel (POAC) at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

All our trains are back! Drop by McBride Station for more information?

VIA Rail Schedule viarail.ca Phone:1-888-842-7245

Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm

Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm

Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

Important Phone Numbers

Gov't Serv. BC .250-569-3760									
Village250-569-2229									
Reg'l Dist' 1-800-667-1959									
RV Comm. Srv. 250-569-2266									
Food Bank250-569-3186									
Fire Hall250-569-3117									
The Little McBride Paper									

250-569-3110

BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555 Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department

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Open 9 to 5 daily in the train station



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(iii) @robsonvalleydrywallservices



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NEPAL NINTH	K	S	N	Т	Α	Т	Υ	Α	Н	С	R	Α	Ε	S	0
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