

What's for lunch on Thursday?
TACO-IN-A-BOX

CALL US OR CHECK OUR FB PAGE FOR OUR DAILY SPECIALS!



Monday - Saturday - 8:30am - 5 pm

Follow us on Facebook - fb.me/youarewelcomehome

Call us - 250-569-0215

Robson Valley Septic & Water Hauling

Right-to-your-RV Septic & Water
Bulk Water Delivery
Dome Creek, McBride, Valemount, Blue River
250-569-7812

"The Friendly Little Truck!!"

Looking to trade Beef or Dairy Cattle for custom field work on about 8 acres, Custom hay cutting, hay, Fire Wood, Lumber, good used quad or skidoo. Grass fed beef for sale or trade Hamburger \$5.90/Lb Other cuts available. call Melanie 250-793-4742

McBride AG Foods

250-569-0140

SENIOR'S DAY 65+
Every Wednesday - 10% Off
HOURS:
Monday to Saturday :
6:30am to 6:30pm
Sunday: 9:00am to 5:00pm
FRESH FISH FRIDAYS

HISTORIC MCKALE HOUSE

421 Main Street 250-569-7176

HOURS this week: WED-THURS 11-4; Closed FRI-SAT

All Little Golden Books Half-price
July 19 - Aug 5!
New First Nations Art Mugs!!

MAIN STREET PIZZA

265 MAIN STREET MCBRIDE, BC

PIZZA - CALZONE - GARLIC BREAD
CHICKEN - WINGS - GIFT CARDS

WEDNESDAY - SATURDAY 11AM-8PM
(778) 258-4991

Did you know you can request a doctor's appointment over Zoom?

Contact the McBride Health Centre to request a Zoom appointment with your family doctor

250-569-2251 ext. 2000

Not familiar with Zoom?

We can help, call 250-961-7650



FREE The little McBride Paper FREE



Serving BC's Friendliest Town and Area since 1996!!!

For the week of Wednesday, July 19th, 2023

COMMUNITY ANNOUNCEMENTS

Quiet space available. Our cedar log church building will be available to community members who are looking for a quiet, getaway space for a couple of hours. The building, which has wi-fi, is available for your use on Thursday evenings from 6:30 to 8:30pm. A host person will be on site. More info? Call Kim 250-968-4467.

McBride Community Market every Friday from 11:00am to 2:00pm until Sept. 1, 2023, in the pavilion at Steve Kolida Park. New vendors welcome. Make it, bake it, grow it or second hand sales. Tables \$10/week, children under 12 \$2.00, non-profits free. Provide your own table. There will be a concession every week. For further info or to book a space contact Jackie Edwards 250-569-7101 jackie.c.edwards@gmail.com

THE DUNSTER FARMERS MARKET from 11:00am to 1:00pm and run every Saturday until September 30th. No charge for vendors - everyone welcome! Our famous "Buy-Local Burgers" will be back again! Tell all your friends and bring them along! For more information call Pete at 250-968-4334.

A LITTLE THINKER...

I didn't think orthopedic shoes would help, but I stand corrected.

LIBRARY NEWS

Sunshine Stories - Every Thurs. 10:30-11:00am. For 0-5s and caregivers; song, stories and fun! In partnership with Decoda Literacy Solutions/Literacy Task Group.

BC Summer Reading Club - "Journey Through Time" reading logs, stickers and bookmarks available. End of summer medal ceremony and celebration for participants.

Photo Scavenger Hunts - We have 2 photo scavenger hunts for July aimed at children and teens - drop into the library to pick up the challenge sheets. In partnership with Decoda Literacy Solutions/Literacy Task Group.

Fun Fridays - There are still a few spaces left in the group for 5-8s (weekly on Fridays, 1-2pm). Activities, outdoor games, crafts, coding and fun. In partnership with the Whistle Stop Gallery and Info Centre.

Tuesday Chess Club - Every Tues. from 5-6pm. All ages and abilities welcome - Travis is happy to teach beginners and help improving players.

Summer Book Bingo - for adults. Pick up a "bingo card" from the library and play along as you complete your summer reading! Prize draw from completed entries.

Weekly Adults' Programs - Fibre Artists Knit & Crochet Group (Thurs., 10am) - beginners welcome: in the library, and on-line too. Writing Group (Fri., 1:30pm) - in the library. Call 250-569-2411 for details of either program.

Community Paramedicine - Community Paramedic Rodger Peterson can offer services within the library such as a blood pressure check, blood glucose monitoring, or provide help and advice on a range of healthcare topics, including nutrition and First Aid. If you see Rodger in the library, please feel free to approach him with your health questions.

Collection/Delivery Service - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 250-569-2411 or email library@mcbridebc.org to place your order.

Summer Library Hours - we are now on summer open hours. Tues. 10-8, Wed. and Thurs. 10-5, Fri. 12-8 and Sat. 12-5.

ANOTHER LITTLE THINKER...

The rotation of Earth really makes my day.

All our trains are back! Drop by McBride Station for more information! VIA Rail Schedule viarail.ca Phone: 1-888-842-7245
Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm
Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm
Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC .250-569-3760	
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Srv. 250-569-2266	
K to 7 School ..	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
The Little McBride Paper			
250-569-3110			

BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.C.'s Friendliest Town!!



250-569-2666

1021 SE Frontage Road

LICENSED
AUTOMOTIVE
& DIESEL MECHANIC
MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED



HORSESHOE LAKE VENTURES

377 Main Street McBride, B.C.

250-569-0075

Sale extended on select
Stihl trimmers!

Come check out these deals!

- Feed and Farm Supplies • Dog and Cat Food
- Full Hydraulic Hose and Fitting Supply
- Agricultural Parts/Repair • Automotive Parts/Accessories

WHISTLE STOP GALLERY



250-569-8891

Visit the Whistle Stop Gallery
Home of Robson Valley
artists and artisans
since 2002.

Open 9 to 5 daily in the train station

BRKH Custom Woodworks Ltd.

Quality Millwork. 894 1st Ave, McBride

Douglas Fir		V-Joint
Cedar		Flooring
Spruce		Decking
Birch		S4S
Pine		Shiplap
		Moulding
		Custom Work
		Channel Siding
admin@brkh.ca	250-569-3175	www.brkh.ca

Gigglin' Grizzly Pub

"We've got the pots, we've got the pans, but we need a cook"

Please contact 250-569-0101
or grizzlypub@telus.net

ROBSON VALLEY

DRY WALL SERVICES

call or text 7782017114

@robsonvalleydrywallservices



McBRIDE HOTEL

250-569-2277

100 First Ave.

COLD BEER & WINE OFFSALES 7 DAYS A WEEK

HELP WANTED - Reliable Server
Drop off resume at the Hotel

Mr. Roth's Famous Popcorn

Organic Dairy

Cream-On-Top
Milk
Quark
Cheese
Cream

Bulk Organics

Ancient Grains
Rice
Beans

Grassfed

Chem/Med-FREE

Beef
Sausage
& Smokies

HOMEMADE FROZEN MEALS
SOURDOUGH BAKING
CINNAMON BUNS



Homemade
Ice Cream
Sandwiches



Uncle Mark's
Tasty Food

926-1st Ave
McBride
(250) 569-3003
www.unclemarks.ca

OPEN... Monday - Friday 8-5

TGP McBride TGP
The Grocery People Grocery Store
211 Main Street 250-569-2525

July 20 - July 26

Kraft Dinner Original
4 Pack or Cups, 4x58g **2 for \$9.98**

Eggo Waffles
8's **2 for \$7.00**

Co-Op Centsibles Large Eggs
18 pack - LIMIT 2
\$4.99

Oasis or Arizona
960 ml - Selected Varieties **2 for \$9.00**
Plus Deposit, Levies or Enviro Charges Where Applicable

Co-Op Gold Bathroom Tissue
Triple 6's
\$4.99

OPEN 7 Days per week 8am-8pm

ROBSON VALLEY IDA TELEPHARMACY

We are open Monday-Friday 9-5
Closed Saturday & Sunday
www.robsonvalleyidapharmacy.com
250-569-8811
#3 - 411 Main Street, McBride

ROBSON VALLEY IDA IS HIRING PHARMACY ASSISTANT
FULL TIME (MONDAY-FRIDAY, AT LEAST 1 SATURDAY PER MONTH)
CUSTOMER SERVICE,
MEDICAL EXPERIENCE/KNOWLEDGE
AN ASSET
PLEASE SEND RESUME TO
ROBVALLEYIDA@OUTLOOK.COM

Delivering Fuel East to McBride & Valemount

CO-OP Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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VALLEY MUSEUM & ARCHIVES
Hey kids! Fossils & Forms at the museum!
All summer long!
Cool down with some colouring pages or try our geology themed scavenger hunt!
Search for fossils in the sand table or paint a pet rock!
See you soon!
SUMMER HOURS 10-5 Tuesday to Friday Ph.: 250-569-3000

Equipment for Hire M4 Construction

Gerald Moore
250-569-7147

Mini Excavator - Landing Clearing, Tight Spaces, Water Lines, Hydro Lines, Septic Lines, Trenches
Skid Steer - Landscaping Leveling, Debris Removal

House of Jasper Silver Studio

Studio Hours:
Sat. & Sun.
11:00-3:00

141 Dominion St. McBride
www.HouseOfJasper.com/contact

BIRTHDAY WISHES JULY 19-25
Scott Glines, Richard Hodgkin Jr., Makayla Cunningham, Maria Barone, Cassie Johnson, Doug Loyer, Mya Miskie, Rose Rhodes, Sandy Birnie, Judson Hodgkin, Eric Molendyk, Richard Dean Quam, Asher Feltham-Ondang, Ben Carter, Bob Mitchell, Dakota Miller, Eric Teering, Jacob Jones, Julie Berginc, and to any we have missed, Happy Birthday!

COMING EVENTS

Kids' Day Camp, July 17-21, 9am-3pm, at McBride Anglican United Church. Camp Spirit, a day camp for children 5-11 years of age, with fun, food, faith, friendship. Call Kim McNaughton at 250-968-4467.
Dome Creek Harvest Market "Fall into Christmas", September 16, 2023 from 10:00am - 2:00pm. Vendors welcome, no table charge. Contact Laura: latrimble@outlook.com or 778-349-5710.

RVCS NEWS
McBride RVCS: For more information call or email: 250-569-2266/events@rvcsbc.org. All events are located at 942 3rd Ave. McBride, and no registration is required, unless otherwise stated.

MONs Family Place Drop-In is on Mondays from 9am-noon at RVCS. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. For more information call 1-844-324-2004 or email: events@rvcsbc.org. July 24 - National vanilla ice cream day & Infant Massage Day 2. July 31-Water play day & Infant Massage Day 3.

MON through THURS, McBride RVCS has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use, this project is made possible thanks to grant funding from United Way of BC, and the residents of the Robson Valley! Contact RVCS at 844-324-2004 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

WED July 26th Seniors are invited for a Crafty Afternoon to come enjoy some social time with other seniors and express your inner child while you craft. From 1pm-3pm at the McBride Office (942-3rd Ave.) Refreshments provided. This program is funded by the New Horizons for Seniors Program. Registration is NOT required.

FRI's Starting July 21st Caregivers and children ages 0-5 years and their siblings are invited to join us for Mornings in the Park at the Steve Kolida Park in the mornings from 9am-12pm until August 25th. There will be games and activities to encourage healthy development and attachment with caregivers. Registration is NOT required. This program is facilitated by the Infant Development Program.

BUY, SELL, RENT & MISG.
FOR SALE-BLUE HEELER Puppies, now showing their stunning color patterns. Ready for their 'FUREVER' home, family or farm. 4 Males, 4 Females. The sire bloodline is from another area of BC. Must see! Phone Joy @ 250-569-4227 to view and or request pictures. •For Sale-48"x24" Basement Slider Window in frame and a 22"x36" window insert for a metal door, \$100 for the pair. Phone 250-569-3110 •For Sale-2 Storage Sheds - 10x16 - white metal exterior on 2 skids, 60" door. 4,500 each. Ph:780-903-9129 •For Sale-Raised Garden Beds, 10'x4'x2' with steel corners & 3" timbers. \$400 each. Phone 780-903-9129 •For Sale-Eggs \$5.00/dozen. Ph:250-569-7733 •For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS
McBride Evangelical Free Church on First Avenue at Lonsdale Street. Sunday worship at 10:30am. Phone 250-569-2378. •**Anglican United Church - Downtown Thrift Store** on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods •**Sunday worship services** at McBride Anglican United Church are held at 10am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientations, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467 •**Seventh-day Adventist Church** Ph: 250-569-3370, Pastor Ph: 1(250)-808-7399 •**Adventist Community Service (Dorcas)** Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. •**Foodbank** contact number is 250-569-3186. •**St. Patrick's Catholic Church** Ph: 250-569-2606. Call to Confirm. •**Mountain Chapel (POAC)** at Third and Main St. McBride Services Sundays at 11am. Everyone Welcome. Ministers phone 250-569-0291.

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.
Scott & Susan (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.
Take a Break in McBride...B.C.'s Friendliest Town!!

Integriss Insurance Services
Rosemary L. Hruby, CAIB
250-569-2264

REMEMBER
We're OPEN Saturdays
10:00am to 3:00pm

HIGH COUNTRY RENTAL & REPAIR



4700 HWY 16 WEST
MCBRIDE, BC V0J 2E0

TOLL FREE: 877.926.7099
LOCAL: 250.569.7099
SERVICE@HIGHCOUNTRYREPAIR.CA
ATV | DIRT BIKE | SNOWMOBILE | LAWN & GARDEN

WWW.HIGHCOUNTRYREPAIR.CA

Tuesday-Saturday OPEN 10 am - 6 pm
Sunday - CLOSED
Monday - CLOSED
For after hours text Elliott at 250-569-7099

Meraki Builders
Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)

How to be helpful to someone who is grieving: listen attentively, be prepared to continue support practically such as meals, shopping, mowing the lawn and sincere, heartfelt prayer for God to soothe and comfort them.
Contact Bible Truth. Phone 250-569-7077. Box 185, McBride, B.C.

FOREVER PRINTING & SIGNS
Home of The Little McBride Paper
Phone: 250-569-3110 Fax: 250-569-0220
email: contact@fpas.ca www.fpas.ca

Robson Valley Pet Hostel
Grooming & Boarding
Ann Schwartz - Animal Health Technician
250-569-3319 Website with information and galleries: www.pethostel.ca

Alaina Chapman RMT
Registered Massage Therapist
Monday, Wednesday & Thursday
Ph: 250-566-1040 To book an appointment

HORSESHOEING

Gary Schwartz
Farrier Service McBride, BC
250-569-3319

THE HAIR SHOPPE
803 3rd Ave.
side entrance **778-258-0343**


MONASHEE COMMUNICATIONS
1-877-295-0655
www.monasheecomcommunications.ca
accounts@monasheecomcommunications.ca
WIRELESS INTERNET
McBride / Dunster / Tete Jaune / Valemount

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

D & T INDUSTRIES
250-569-7758 / 7050



Before you go Play,
Start your Day,
Down at the Beanyery 2  **Beanyery 2 Bistro**

250-569-0133
Patio is Open!!
Mon.-Fri. 6am-5pm, Sat.&Sun. 9am-5pm Closed-Stat Holidays

Notice of Lien Sale – STORAGE LOCKER AUCTION

In Accordance with the Warehouse Lien Act, the contents of McBride Self Storage Unit 1 located at 927 Second Avenue, McBride, B.C. rented by CLIFFORD FERGUSON will be sold by auction at 10:00AM on Saturday, August 19, 2023. This will be a cash sale and all contents of the locker must be removed by the successful bidder immediately following the auction.

**Rick Thompson
McBride Self Storage
Box 954
McBride, BC V0J 2E0
250-569-7620**



- BIKE
- BOAT
- CAMP
- CANOE
- CLIMB
- FISH
- FRISBEE
- GARDEN
- GOLF
- HIKE
- KAYAK
- PADDLE
- PICNIC
- RAFT
- RIDE
- SPORTS
- SURF
- SWIM
- TENNIS
- TOUR
- TRAIL
- TRAVEL
- VISIT
- VOLLEYBALL
- WALK

SUMMER ACTIVITIES

R T L E V A R T I B F P R Y B
 Y R I H O S E O E S W I M R M
 B Z K W A N Z U T P K A Y A K
 K H X N N G A R D E N K C F C
 F H F I E D O C Y G M U L T R
 R C S H J P A D D L E O J A V
 U I V I S I T I J E G J J O W
 S Y D K F C P P F F U O L B I
 J A D E H N V A R Y C L I M B
 M P T T Y I F G I P E K A X B
 A B X X Y C Q K S Y E B R Z B
 I X J K O I W H B D I S T O Y
 K O D O Z R Q A E Q P Y Y A N
 U Q J J U B L R E H J R J K J
 Z K K R A L P Q D Y T E H Y B

Take a Break in McBride...B.C.s Friendliest Town!!