



VALLEY MUSEUM & ARCHIVES
We are singing into spring at the Valley Museum!
 Everything Music Exhibit at the museum continues!
March 16- Emerging Performers 6:30pm
March 29- Vocal Development Playshop
 Pop in to see artifacts & archival images from throughout the Robson Valley!

Robson Valley Septic & Water Hauling
Right-to-your-RV Septic & Water
Bulk Water Delivery
 Dome Creek, McBride, Valemount, Blue River
250-569-7812
 "The Friendly Little Truck!!"

HORSESHOE LAKE VENTURES
 377 Main Street McBride, B.C.
250-569-0075

- Feed and Farm Supplies
- Dog and Cat Food
- Full Hydraulic Hose and Fitting Supply
- Agricultural Parts/Repair
- Automotive Parts/Accessories

WHISTLE STOP GALLERY
 250-569-8891

Visit the Whistle Stop Gallery Home of Robson Valley artists and artisans since 2002.
 Open 9 to 5 daily in the train station

Grass fed beef for sale or trade
 Lean Hamburger \$5.90/Lb
 Stew \$7.50/Lb Beef Ribs \$5.75/Lb
 Dog meat scraps \$4/Lb
 Other Beef cuts available.
Looking to trade our beef for grocery items.
The following available for sale or trade.
 Jersey milk cows,
 commercial cow/calf pairs and bulls;
 they are quiet, gentle and most are halter broke.
 Shop tools & Farm equipment for sale.
 Contact Melanie: 250-793-4742

McBride AG Foods
 250-569-0140

SENIOR'S DAY 65+
 Every Wednesday - 10% Off
March Super Saver
 March 5-April 1
Lots of GREAT SPECIALS
 HOURS
 Monday to Saturday - 6:30am to 6:30pm
 Sunday: 9:00am to 5:00pm
FRESH FISH FRIDAYS

HISTORIC MCKALE HOUSE
 421 Main Street 250-569-7176
Happy Spring to All!!
 We will be re-opening Thurs. March 23 (11:30)
 Get ready for Easter...cards, candy, and bunnies!
 (other fuzzy friends, too!)

Gigglin' Grizzly Pub
 The pub will close for spring muck break following our Sunday March 19th regular hours.
 Weather permitting, we plan to finish construction of the RV park to be open for the May long weekend. Staff permitting, the pub will open for the May long weekend.
 We have an opening for a line cook and possibly front staff - for more information or to submit a resume, please email grizzlypub@telus.net.

FREE The Little McBride Paper FREE
 Serving BC's Friendliest Town and Area since 1996!!!
 For the week of Wednesday, March 15th, 2023

THANK YOU
 Thank you for such an exciting day yesterday, overwhelming to say the least. To all the presenters, Thank you. Vendors, new and old, what a treat to see so many amazing talented artists, creative humans helping to make this Seedy Saturday a success. To all the community members that attended (head count was approx. 150 plus kiddies) from Blue River to Dome Creek and beyond, we appreciate you all for your interactions (Q & A). To the amazing volunteers (Team) from the Open Gate Community Garden, it takes countless hours to pull this off, and WE DID IT once again, so Thank You All. Thank you to Valemount Community Forest for the donation of the School Rental, and to all the business's and people that donated goodies and wares for the grab bags, we appreciate you all. Last but not least, to our child minder, she was fabulous, and wow she had her hands full. I hope I haven't forgotten anyone, take care and see you all next year. -Penny (coordinator)

COMING EVENTS
 McBride Farmers Institute Banquet - Everyone Welcome! Guest Speaker will be Vanessa Foord M.Sc., P.Ag. Research Climatologist. March 25, 2023 at the McBride Community Center - 441 Columbia St., McBride. At 2p.m. come check-out the product/display booths. 5p.m. Meet & Great. 6p.m. Dinner. Silent Auction, Door Prizes, Product Booths & Displays. Tickets are at Horseshoe Lake Ventures and Welcome Home: Adults \$25, Child (3-12) \$1 per year, Child (0-3) Free.

Hospital Auxiliary News
 The McBride and District Hospital Auxiliary is holding their AGM on March 20th at 7pm at 400 Shantz Place. All are welcome.

COMMUNITY ANNOUNCEMENTS
 Dunster Community Association Saturday Pot Luck Lunches. 1st and 3rd Saturday of the month until March 18th at the Dunster Community Hall 11:30am to 1:00pm. Lunch served at 12:00 noon sharp. Coffee, tea and juice provided. Donations to the Dunster Community Association gratefully accepted. Hope to see you there! All Welcome! Contact: Loretta (250-968-4453) or Pete (250-968-4334).
 Pioneer Days Silent Art Auction. Do you do arts or crafts? Would you be willing to donate something to a silent art action fundraiser of the Elks and Royal Purple for Pioneer Days? Please phone 250-569-2758 or email watercolours569@gmail.com. Thank you for considering a donation.

ELKS/ROYAL PURPLE NEWS
 Elks/Royal Purple Up-coming events. **Poker Nights** (19+) will begin at 7:00 p.m. on Friday, April 14th. Cash bar \$5.00/drink and snacks available. **Teen Nights** (open to all teens) will run 7:00 - 9:00p.m. on Friday, March 24th and Friday, April 21st will be the wind up until fall. Consists of games, movies, open mic, retro video games. Refreshments and snacks will be available. **Adult Game Night** (19+) will run 7:00 - 9:00p.m. on Thursday, March 16th and Thursday, April 20th will be the wind up until fall. Bring your own game or we will have crib boards, darts, chess, cards etc. Cash bar \$5.00/drink and snacks available.
Elks/Royal Purple Return It Program. If you have bottles etc. and would like to donate them to the Elks/Royal Purple, you can pick up labels from Robson Valley Harvest Company or Uncle Mark's. Just use PIN 377235. Thank you in advance for your donation.

BIRTHDAY WISHES MAR. 15-21
 Charles Simpson, Evelyn Roth, Lincoln Monroe, Quinn Barnes, Luella Long, Danielle Monroe, Emilia Roth, Aiden Jackson, Jamie Street, Jordan Forman, Patience Rhodes, Rex Hatchard, Rowan Lafleche, Ryan Vizza, Kaitylyn Cayne, LeeAnna Taphorn, Linda Hodgins, Nate Savarella, and to any we have missed, Happy Birthday!

SCHOOL NEWS
 McBRIDE SECONDARY SCHOOL REUNION 2023. Saturday, June 3rd, 2023 at the McBride Rec Centre. Tickets are available at Welcome Home, \$50/ticket for dinner & dance, by way of cash or cheque. Tickets will NOT be sold at the door, but are available until May 12th. The reunion is open to anyone who either attended or graduated, staff included, ALL YEARS up to and including 1990, and a guest. 19+ event, cash bar. For more information visit our Facebook group, McBride Secondary School Friends & Reunion, e-mail mcbrideschoolreunion2019@gmail.com or call/text Charlene at 250-614-4874. All proceeds to be donated to the Elks/Royal Purple.

All our trains are back! Drop by McBride Station for more information!
 VIA Rail Schedule viarail.ca Phone:1-888-842-7245
 Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm
 Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm
 Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

Important Phone Numbers
 EMERGENCY 9-1-1 Gov't Serv. BC .250-569-3760
 R.C.M.P. 250-569-2255 Village 250-569-2229
 Hospital 250-569-2251 Reg'l Dist' 1-800-667-1959
 Health Unit 250-569-2251 RV Comm. Srv. 250-569-2266
 K to 7 School .. 250-569-2721 Food Bank.....250-569-3186
 High School 250-569-2295 Fire Hall 250-569-3117
 Dental Office The Little McBride Paper
 250-569-3434 250-569-3110
 BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555
 Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
 Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.C.'s Friendliest Town!!

Mr. Roth's Famous Popcorn
Organic Dairy
 Cream-On-Top
 Milk
 Quark
 Cheese
 Cream
Bulk Organics
 Ancient Grains
 Rice
 Beans
Grassfed
Chem/Med-FREE
 Beef
 Sausage
 & Smokies
 Homemade Frozen Meals
 Sourdough Baking
 Cinnamon Buns
 Homemade Ice Cream
 Sandwiches
 Return-It
 Ticket Kiosk

Uncle Mark's Tasty Food
 926-1st Ave
 McBride
 (250) 569-3003
 www.unclemarks.ca
OPEN... Monday - Friday 8-5

JNR AUTO
250-569-2666
 1021 SE Frontage Road
LICENSED
AUTOMOTIVE
& DIESEL MECHANIC
 MONDAY to FRIDAY 8:30am - 4:30pm
 SATURDAY & SUNDAY - CLOSED

Robson Valley Home Hardware
 250-569-2284
CLEARANCE SALE
50% OFF
 on Select
Clothing, Underwear
& Footwear

D & T INDUSTRIES
 250-569-7758 / 7050

Me & Bobby McBee
 Personal Income Tax Services
 Starting March 1st, 10 am - 3 pm
 Call to book your appointment
 Bobby-Jo Carswell 250-569-7319 Linda Fry 250-569-0101

ROBSON VALLEY DRYWALL SERVICES
 call or text 7782017114
 @robsonvalleydrywallservices

MAIN STREET PIZZA
 265 MAIN STREET MCBRIDE, BC
 PIZZA - CALZONE - GARLIC BREAD
 CHICKEN - WINGS - GIFT CARDS
WEDNESDAY - SATURDAY 11AM-8PM
(778) 258-4991

McBride & District PUBLIC LIBRARY
 521 Main Street McBride, BC V0J 2E0
REGULAR HOURS
 Tuesday 10-6
 Wednesday and Thursday 10-5
 Friday 1-8
 Saturday 1-5
 library@mcbridebc.org mcbride.bc.libraries.coop

Hearfland 250-569-0032 RESTAURANT

HELP WANTED

Cooks Wanted

Full Time & Part Time

Please drop off resume to Lorna at the restaurant

Pizzas are Back - 10% Off

Sale Ends - April 11, 2023.

Advantage Insurance Services Ltd.
Rosemary L. Hruby, CAIB
250-569-2264

Even though the time has changed - our hours have not.

Monday - Friday 9 am to 5 pm
Saturday 10 am to 3 pm

TGP McBride TGP Grocery Store
The Grocery People
211 Main Street 250-569-2525



To help us all
HOP INTO SPRING
Enter our Free Draw
for a 6 lb.
Chocolate Easter Bunny
made by Purdys Chocolate
Valued at \$300.00
Draw date April 5th, 2023.
Limit one entry per person per day

OPEN 7 Days per week 8am-8pm

ROBSON VALLEY I.D.A. TELE PHARMACY

We are open Monday-Friday 9-5
Closed Saturday & Sunday
www.robsonvalleyidaharmacy.com
250-569-8811
#3 - 411 Main Street, McBride

TENA ADULT

UNDERWEAR

MEDIUM AND LARGE SIZES

30% OFF

Delivering Fuel **CO-OP** Four Rivers Co-operative
East to McBride & Valemount

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667
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WHAT'S FOR LUNCH?

WED-COCONUT CHICKEN SOUP / NAAN

THU- BEEF FAJITA WRAP & SOUP

FRI-EGG SALAD SANDWICH

MON - MEXICAN TORTILLA SOUP & QUESADILLA

TUES- TACO-IN-A-BOX

Welcome Home Happy St. Patrick's Day!

Follow us on Facebook - fb.me/youarewelcomehome
Monday - Saturday 8:30am to 4pm 250-569-0215

LIBRARY NEWS

We are Hiring! - We are looking for our next Community Literacy Outreach Coordinator. This is a contract position of 7 hours a week; days/times are flexible. Visit our website or speak to Abi if you would like to know more. Closing date is 4pm on Wednesday, 15th March.

Community Paramedicine - Community Paramedic Rodger Peterson can offer services within the library such as a blood pressure check, blood glucose monitoring, or provide help and advice on a range of healthcare topics, including nutrition and First Aid. If you see Rodger in the library, please feel free to approach him with your health questions.

Tuesday Chess Club - Every Tuesday, from 5-6pm. All ages and abilities welcome - Travis is happy to teach beginners and help improving players.

Youth Book Club - Wednesdays 3-4pm. Ages 10-13. A new weekly book club; discussion, games and snacks. Partnership with RVCS and Decoda Literacy. Register by calling RVCS at 250-569-2266 or emailing events@rvcsbc.org. Full for now, but sign up for the wait list.

Book Clubs for Adults - We now have two monthly book discussion clubs for adults - ask us for details!

Weekly Adults' Programs - Fibre Artists Knit & Crochet Group (Thurs., 10am) - beginners welcome: in the library, and on-line too. Writing Group (Fri., 1.30pm) - in the library. Call 250-569-2411 for details of either program.

Collection/Delivery Service - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 569 2411 or email library@mcbridebc.org to place your order.

RVCS NEWS

MONs Family Place Drop-In is on Mondays from 9am-noon at RVCS (942 3rd Ave.) and 1pm-4pm. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. Call 250-569-2266 for more info.

WEDs Seniors Drop-In Coffee House is every second Wednesday from 1-3pm with Sandy. All seniors are invited to come by for some social time, a warm beverage and snacks at RVCS (942 3rd Ave.). Next dates are: MAR. 15 & 29. Call 250-569-2266 for more info.

TUEs Seniors Physiotherapy Health Series with Vanessa McGibbon is a 3 part series starting Tuesdays MAR 21st & 28th fall prevention, strengthening and pelvic floor health, from 2:30-3:30pm. RVCS (942 3rd Ave.) Registration is not required.

TUESs MAR 14th Dance Exercise with Jodie at the Beaverview Lodge (1084 5th Ave.). Drop in and try out some seated dance moves and exercises each week. No registration required. In partnership with RVCS. Call Jodie for more info: 250-230-8035.

Wed MAR 15th Lego Play and Skating ages 7-10 years old come build cool structures using Lego and your own imagination! Along with skate time from 1-4pm. Registration is required 250-569-2266/ events@rvcsbc.org

TUE or WED MAR 21st or 22nd McBride's Great Big Scavenger Hunt Register for either date to take part in a community wide scavenger hunt 9:30-12:30pm. Registration is required 250-569-2266/ events@rvcsbc.org.

WED MAR 22nd Teen Anime Art Class 13-17 year olds are invited to learn the art of drawing anime at the McBride at RVCS (942 3rd Ave.) Registration is required 250-569-2266/ events@rvcsbc.org.

THUR MAR 23 from 4-5pm it's the next Men's Shed Meeting in McBride at 942 3rd Ave. Led by men for men! Let's discuss topics the group is interested in. Snacks provided. No registration required. 250-569-2266 for more info.

MON through THURs, McBride RVCS now has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. Contact RVCS at 250-569-2266 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

BUY, SELL, RENT & MISC.

For Sale-One pair New Ladies Size 10 black leather genuine Mukluk's with side Tassels. \$320 value, selling for \$200. Text 778-258-0045•For Sale-NAD T748 Receiver. \$200.00. Phone 250-569-3110•For Sale-Eggs \$5.00/dozen. Ph:250-569-7733•For Sale - 48"x24" Basement Slider Window and a 22"x36" window insert for a metal door. Phone 250-569-3110•For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•**Sunday worship services** at McBride Anglican United Church are held at 10 am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientations, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•**Seventh-day Adventist Church** Ph: 250-569-3370, Pastor Ph: 1(250)-808-7399•**Adventist Community Service (Dorcas)** Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther•**Foodbank** contact number is 250-569-3186•**St. Patrick's Catholic Church** Ph: 250-569-2606. Call to Confirm•**Mountain Chapel (PAOC)** at Third and Main Streets. Following Health rules as they are announced. Services are held Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-569-0291.

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.

Take a Break in McBride...B.C.s Friendliest Town!!



1-877-295-0655

www.monasheecomunications.ca
accounts@monasheecomunications.ca

WIRELESS INTERNET

McBride / Dunster / Tete Jaune / Valemount

INSULATION & DRYWALL

250-569-0320

THE HAIR SHOPPE
803 3rd Ave. side entrance
778-258-0343

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

HOUSEKEEPING

call Sarah 250 569 7505



McBRIDE HOTEL
Bar: 250-569-2277
or 250-569-7996

1st Annual

LADIES POOL TOURNAMENT

Sunday, March 19 - Sign up by Noon

Prizes, Drink & Shooter Specials

Lots of Snacks & Fun.

Remember, we are OPEN Wednesdays
now at 4pm - Free Pool.

HIGH COUNTRY RENTAL & REPAIR



4700 HWY 16 WEST
MCBRIDE, BC V0J 2E0

TOLL FREE: 877.926.7099

LOCAL: 250.569.7099

SERVICE@HIGHCOUNTRYREPAIR.CA

ATV | DIRT BIKE | SNOWMOBILE | LAWN & GARDEN

WWW.HIGHCOUNTRYREPAIR.CA

Monday 10am-9pm

Tuesday closed Wednesday closed

Thursday 10am-9pm Friday 10am-9pm

Saturday 10am-9pm Sunday 10am-9pm

After hours parts / service please text (250) 569-7099

Meraki Builders

Construction and Renovations

250 569 7885 (Mitch) 250 569 4109 (Brenden)

If you're wanting a life with more meaning and purpose, try spending a few minutes reading the gospels starting with John, and prayer, at the beginning of each day.

Contact Bible Truth. Phone 250-569-7077. Box 185, McBride, B.C.

Irish up your Coffee down at the Beanery 2  250-569-0133
Mon.-Fri. 6am-5pm, Sat. 9am-5pm Closed Sun. & Stat Holidays

Robson Valley Pet Hostel

Grooming & Boarding

Ann Schwartz - Animal Health Technician

250-569-3319 Website with information and galleries: www.pethostel.ca

Alaina Chapman RMT

Registered Massage Therapist

Monday, Wednesday & Thursday

Ph: 250-566-1040 To book an appointment

HORSESHOEING

Gary Schwartz Farrier Service McBride, BC
250-569-3319

UNCLE MARK'S CUSTOM MEAT CUTTING

Field to Plate Service, "Stress free animals make better meat"
humane harvest, custom sausage, \$5 bags of bones and bird suet Mark Roth 250-569-7805

WORLD SPARROW DAY

The
Goat Shed

S N O I T A L U P O P G J Q E
 W E A Y H D R J Z S F J I U G
 O V S B C N S S T R O T A P N
 P E B I R D S A G V R Q W Y A
 P N F Q A U E E Y S E A Y R H
 W T S O M R N D A T V K S K C
 D S R J H T E I T N E W T L X
 E B E T T E R I O R R I E M E
 U D O J I U A O U G U C C R G
 M W I K R O W T E N Y I N O B
 U A D V O C A C Y S A K E F S
 V I S I O N U X U K N N I T P
 D O E T A R O B A L L O C A G
 N O M M O C P R Z K R F S L A
 B X X X G Z Q S S E I C E P S

ADVOCACY
 AWARENESS
 BETTER
 BIRDS
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 PROVIDE
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 SOCIETY
 SPECIES
 THREATS
 TWENTIETH
 URBAN
 VISION

Take a Break in McBride...B.G.s Friendliest Town!!