

4700 HWY 16 WEST MCBRIDE, BC VOJ 2E0

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#### WWW.HIGHCOUNTRYREPAIR.CA

**Closed Sunday and Monday** Open 10-6 Tuesday to Saturday For after hours parts and repair please text 250-569-7099

## WHISTLE STOP GALLERY



250-569-8891

Are you an artist or a crafter? Head down to the Whistle Stop Gallery, we are always looking for

new artists and new ideas! Open 9-4:30 daily.



Two Rivers Gallery Regional Outreach Exhibition -Immigration: A Conversation

SHOWING IN McBRIDE September 8 - October 4 521 Main St. at the VALLEY MUSEUM & ARCHIVES DO YOU HAVE A LOCAL STORY OR PHOTO OR ARTWORK TO ADD TO THE CONVERSATION? Share a local immigration story by email: curator@valleymuseumarchives.ca or call BRIDGET 250-569-3000



#### **CORPORATION OF THE** VILLAGE OF MCBRIDE

#### **New Tippable Garbage Containers** rolling out in September

The Village will issue each owner or occupier of residential or commercial property in the Village of McBride, one 65-gallon tippable garbage container during the week of September 6, 2022 (except those commercial properties using commercial bins). The tippable garbage container has wheels and a handle for ease of placement at the curb for pick up. Please go to www.mcbride.ca/residents/public-works for more information.

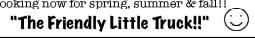
#### Robson Valley Septic & Water Hauling

Right-to-your-RV Septic & Water Bulk Water Delivery Dome Creek, McBride, Valemount, Blue River - 569-7812

#### It's Septic Tank Time!!

If you don't remember when it was last pumped It's time!! 2 - 5 years depending on usage. One year if you run a B&B!! Don't wait for winter!!

Don't let solids plug up your drain field!! Booking now for spring, summer & fall!!





#### **Meraki Builders** Construction and Renovations

250 569 7885 (Mitch)

250 569 4109 (Brenden)



Robson Valley Home Hardware

# **BUSINESS** FOR SALE

250-569-7769

# HIGH COUNTRY RENTAL & REPAIR FREE TRE LITTLE FREE MCBride AG Foods

# McBride



# Paper



Serving BC's Friendliest Town and Area since 1996!!!

For the week of Wednesday, September 7th, 2022

#### Royal Garadian Legion Branch #75 (McBride)

presents another summer of MAIN STREET 'In Car' BINGO (Rain or Shine). Wednesday September 7th. Drive in between 1st and 2nd Avenues on MAIN ST., McBRIDE. Parking and Bingo Card sales start at 6:00pm Bingo Games start at 6:30pm sharp. 10 Regular Games and 1 Jackpot - Cash Prizes. CASH ONLY - NO CHEQUES - NO CREDIT. Bring your own Bingo supplies, Dabbers, clip and or lap boards to hold your cards. (You'll be playing in the comfort of your vehicle). Have fun!! Thank you for supporting Your local McBride Legion Branch #75.

#### GHAMBER NEWS

Join the Chamber of Commerce on Saturday, October 1 from 10am til 3pm for the McBride Harvest Fun Fair and Open House at Steve Kolida Park. Lots of family games, contests, Elks Chili Fundraiser, meet your local organizations at the Open House. Watch the community announcement section of the Little McBride Paper each week leading up to the day as events will be posted and show how you can participate. McBride Harvest Agricultural Fair part of the Fun Fair will be the Agricultural Fair. The categories for this year are as follows: Crops and Flowers - 2 categories - Squash and Dried Flowers. Kids Crops - 2 categories - Pumpkin and Sunflower. Photography - 3 categories - Nature, kids and their pets, Celebrate McBride. Home Arts - 2 categories - fibre arts and painting. For more information call Gina at 778-258-4998.

#### OPEN GATE GARDEN NEWS

Attention seed savers. Persons who took advantage of our free Seed Library in the spring of this year should be choosing their best plant of each species and letting it go to seed. Once the seeds are mature and dried, please seal them securely in an envelope marked with type and variety, and return the fresh seed to the Seed Library for use next growing season. Thank you for being part of our plans to preserve seeds naturalized our Valley.

-D. Simpson, Open Gate Garden

#### **POKER RUN**

The Robson Valley Chapter of the Backcountry Horsemen of BC will be holding their annual poker ride on September 17 at the new MacIntosh Equine Camp (located at 3km im on MacIntosh Logging Road). Registration 10am and Riders head out on the trail between 11am and Noon - All riders return by 2:30. Dinner and door prizes. All participating riders including youth must have current Horse Council BC Membership. See detailed information on posters displayed around town. Further questions: contact Eileen at (250) 253-4193 or ejmacdy@gmail.com

#### **LIBRARY NEWS**

Armchair Traveller Program is back! Join us on Friday, 16th September, from 6:30-7:30pm, to hear Birgit Stutz talk about her travels in Switzerland with Skidboot the Service Dog. Tea and coffee provided. This program will run monthly, on the third Friday of each month. We are looking for our next presenters - please get in touch if you have some holiday snaps to share!

Book Discussion Group - Meets next on Thursday, 29th September, at 1:30pm. Theme is "Biographies of Well-known People". All welcome.

Weekly Adults' Programs - Fibre Artists (Thurs., time varies), Writing Group (Fri., 1:30pm). Call 250-569-2411 for details.

Summer Reading Club Medal Ceremony for kids - coming soon - watch this space!

Collection/Delivery Service - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 250-569-2411 or email library@mcbridebc.org to place your order. Regular Library Hours - From 1 September, we return to our regular open hours. The library will be open Tuesday 10-6, Wednesday and Thursday 10-5, Friday 1-8 and Saturday 1-5.

#### BIRTHDAY WISHES SEPT. 7-13

Dannielle Mainman, Brian Wallace, Autumn Smathers, Wyatt Blouin, Neil Wilson, Wes Keim, Sarah Melvin, Gerald Moore, Michelle Wolney, Kenton Bressette, Sylvia Melnychuk, and to any we have missed, Happy Birthday!

All our trains are back! Drop by McBride Station for more information!
VIA Rail Schedule viarail.ca Phone:1-888-842-7245
Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm
Going East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm
Dome car included! Baggage car - bikes, caged pets, kayaks (fees apply).

#### Important Phone Numbers

<u>important i</u>	HOHE HUHIDEIS
EMERGENCY 9-1-1	Gov't Serv. BC .250-569-3760
R.C.M.P 250-569-2255	Village250-569-2229
Hospital 250-569-2251	Reg'l Dist' 1-800-667-1959
Health Unit 250-569-2251	RV Comm. Srv. 250-569-2266
K to 7 School 250-569-2721	Food Bank 250-569-3186
High School 250-569-2295	Fire Hall250-569-3117
School District 57 Dental	Office The Little McBride Paper
1-800-256-7857 250-569	9-3434 250-569-3110
	eport Forest Fires - 1-800-663-5555
Inquiry B.C1-800-663-7867 - For T	Toll Free Calling to Provincial Numbers

250-569-7084 Take a Break in McBride...B.G.s Friendliest Town!!

Dial this Number 1st and ask operator to connect you to provincial department



# Gigglin' Grizzly Pub

Open Thursday, Friday, Saturday and Sunday from 4:00pm - dine in, patio and take out. 250-569-0101

### Double Czech Carpentry



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Satan's business is tempting us to sin. Can God's grace keep us from sinning? Who is more powerful? Contact Bible Truth. Phone 250-569-7077. Box 185, McBride. B.C.



250-569-2666

1021 SE Frontage Road

#### **LICENSED AUTOMOTIVE**

#### & DIESEL MECHANIC

MONDAY to FRIDAY 8:30am - 4:30pm SATURDAY & SUNDAY - CLOSED

### Mr. Roth's Famous Popcorn

<u>Organic Dairy</u>

Cream-On-Top Milk

Quark

**Bulk Organics** 

**Ancient Grains** Rice

**Beans** 

Howemane Frozen Weals Rontgondy Baking Cinnamon Buns





**Homemade Ice Cream** Sandwiches



Uncle Mark's Tasty Food OPEN... Monday - Friday 8-5

926-1st Ave (250) 569-3003 www.unclemarks.ca



and short notice scheduled work. Class 1 or 3 Preferred. McBride - 1 on call position, Valemount - 1 on call position. Hours strictly dependent on availability of the driver. Extended health and dental

for Full Time employees after 6 months. Email Resume and Drivers Abstract to tanya@richboyz.ca



Advantage Insurance Services Ltd. Rosemary L. Hruby, CAIB

250-569-2264

Kids are back in school so driver carefully and watch for munchkins.

#### ROBSON VALLEY LEDELS **TELE PHARMACY**

OPEN Mon.-Fri. 9-5 Closed 12-1 for lunch www.robsonvalleyidapharmacy.com 250-569-8811 #3 - 411 Main Street, McBride

#### NOW OPEN TILL 5PM Monday to Friday

(closed 12-1 for lunch)

30% OFF

CENTRUM, FLINTSTONE, or MATERNA

• select Vitamins, Minerals & Supplements•



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Visit our Gas Bar in Prince George! 6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866,309,2667 Fax: 250.564.3433

Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667

McBride Cardlock 2130 Zeidler Road McBride BC TF: 866.309.2667



## What's for Lunch!

Wed. - Tortellini Pasta Salad Thurs. - BBQ Pork Riblette Sandwich Fri. - Chicken Donairs Mon. - Naan Pizza-Vegetarian or Pepperoni Tues. - Turkey & Swiss BLT

#### It's Pumpkin Spice Season! **Hot or Iced**

Follow us on Facebook - fb.me/youarewelcomehome Monday - Saturday 8:30am to 5pm 250-569-0215

**GRAVEL TRUCK AND EXCAVATOR SERVICES.** 

Phone 778-258-0093 or 250-569-7885

RV or MOBILE HOME PAD for Rent in

Riverbend Mobile Home Park.

- 587 - 6340

RICHANICAL TOWNS **DOYZ** 250-569-2470

RICH BOYZ is in search of Admin/Clerical staff. 10-20 hours per week during the summer increasing in the winter as work load increases. Summer hours are scheduled Mon-Fri. Winter hours are 7 scheduled 7 days per week.

Send resume to tanya@richboyz.ca

## **McBride TGP Grocery Store**

211 Main Street 250-569-2525

Check out our new SCRATCH SNAP & WIN CONTEST

Sept. 8 to Sept. 14

3 Days Only Sept. 12, 13 & 14 Co-Op Gold Pure Apple Juice 1 L 5 for

**FOLGERS** COFFEE 750 - 975 gram <u>\$8.99</u>

each

\$5.00 McBride and area Everyday Best Values

~Local Savings Program Now In Effect~ OPEN 7 Days per week 8am-8pm

#### **GOMING EVENTS**

Two Rivers Gallery Regional Outreach Exhibition - Immigration: A Conversation. SHOWING IN McBRIDE September 8 - October 4. 521 Main St. at the VALLEY MUSEUM & ARCHIVES. Immigration is a complex and redefining process that represents many different things to many different people. It may mean the anticipation of a new life, and it may bring a deep sense of loss. New systems and languages, discrimination and dismissal, separation from family and friends, and new cultural identities only begin to scratch the surface of the challenges that immigrants might face. Artists from across BC explore the challenges, accomplishments, and aspirations related to immigration and its impact individually, culturally, and nationally. DO YOU HAVE SOMETHING TO ADD TO THE CONVERSATION? Share a local immigration story or photo: curator@valleymuseumarchives.ca or call BRIDGET 250-569-3000.

#### RVGS NEWS UPDATE

MONs Family Place Drop-In is now on Mondays from 9amnoon. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS unless otherwise stated below (942 3rd Ave.). No registration required. Call 250-569-2266 for more info.

Sept. 12: National Play-Doh Day at the park.

Sept. 19: Train safety day and Info session with Stacey for WorkBC

Sept. 26: Truth and Reconciliation & Orange shirt Day at the park. WEDs Seniors Drop-In is on Wednesdays from 1-3pm with Sandy. All seniors are invited to come by for both structured and unstructured recreational, educational and social activities at RVCS (942 3rd Ave.), unless the location is stated elsewhere. Call 250-569-2266 for more information.

Sept. 7 - Scrabble!

Sept. 14 - puzzles.

Sept. 21 - Arts & Craft Day!

Sept. 28 - Donkey & Donuts n Goats n Grandparents!

\*11am-1pm, NOT 1 to 3 pm.

THUR., SEPT. 15 from 4-6pm, join the next Men's Shed meeting at RVCS McBride (942 3rd Ave.). Have questions about home improvement projects? Want to know more about car repair work? Come with your ideas and partake in the group discussion! WED., SEPT. 28 from 11am-1pm, get ready for a whole lot of fun at Goats & Grandparents (+Donkeys & Donuts)!! All ages are welcome, but we encourage participants to bring grandma/grandpa along to meet some furry friends! Registration is not required. Call 250-569-2266 or email events@rvcsbc.org for more info. This event is held at RVCS (942 3rd Ave.) and includes goat & donkey visits,

#### BUY, SELL, RENT & MISG.

For Sale-1 Table Top Bladeless Fan, 10", \$50.00. 2 Table Top Fans 8", never used, \$20.00 each. 48"x24" Basement Slider Window and a 22"x36" window insert for a metal door. Phone 250-569-3110 •• For sale: New Storage Shed, 10' x 16'. White metal exterior walls and white roof. \$4000.00. Phone 780-903-9129 •• For Sale-Miscellaneous Personal Safety Items - Hearing Protection, Safety Glasses, Gloves, Clothing. GE Cube DeepFreeze - 41"WX36"H very clean c/w 2 baskets - \$250. GE 4.9 cu. ft. Washing Machine - Top Load - 3 years young - \$300. Cuisinart Convection Breadmaker - \$100. Paderno Convection Toaster Oven - SS - \$200. CrockPot - 7 Qt - SS - \$50. 250-569-0226 •• For Sale-Hay-103-4x5 No Rain, stored in a shed \$60/bale Phone Margaret 250-569-7328 •• For Sale-Schwinn 470 Elliptical. Brand New, Bluetooth Screen for live Treks. \$900.00 o.b.o., 1997 Cadillac Deville, Great comfortable ride, leather seats, wood grain \$2800.00 o.b.o. Located in Crescent Spur. Ph:250-569-7814 •• For Sale-Puppies: \$500.00. Half Golden Retriever, Quarter Lab, Quarter Border Collie. 1st Shots - Ready to go. Call Rosy at 250-569-7386 •• For Sale-Coleman 10HP Powermate 5000 watt Generator. 220/120 Gas fuel. \$250. Call 778-258-3766 •• For Sale-Large 48 inch ceiling fan with lights and mounting hardware. Green marble finish and brass accents. \$50.00. Call 250 569-4080 •• For Sale-Tenco 16 ft. dump box/sand spreader combo with liquid tank and spray system. \$3000, 250-968-4419 •• For Sale-Honda Lawn Mower, Runs Great, \$100 Phone: 250-569-7822 •• For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

#### **GHURGH NEWS N' THINGS**

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods. Sunday worship services at McBride Anglican United Church are held at 10 am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientations, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•Seventh-day Adventist Church Ph: 250-569-3370, Pastor Ph: 1(250)-808-7399•Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther.•Foodbank contact number is 250-569-3186.•St. Patrick's Catholic Church Ph: 250-569-2606. Call to Confirm. • Mountain Chapel (PAOC) at Third and Main Streets. Following Health rules as they are announced. Services are held Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-569-0291.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom) All articles and ads are not the expressed opinion of this paper or it's owners.

Take a Break in McBride...B.G.s Friendliest Town!!

**CLOSED** Sept. 20 - Oct. 3





Sorry for any inconvenience Mon.-Fri. 6am-5pm, Sat. & Sun. 9am-5pm Closed Stat Holidays **Robson Valley** 



Ann Schwartz - Animal Health Technician Website with information and galleries: 250-569-3319



#### Alaina Chapman RMT

Registered Massage Therapist Monday, Wednesday & Thursday Ph: 250-566-1040 To book an appointment

#### UNCLE MARK'S CUSTOM MEAT CUTTING

Field to Plate Service, © "Stress free animals make better meat" humane harvest, custom sausage, \$5 bags of bones and bird suet Mark Roth 250-569-7805



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#### THE LITTLE MCBRIDE PAPER

for more information please contact Scott or Susan at 250-569-3110, fax: 250-569-0220, email: contact@fpas.ca website: www.fpas.ca



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McBride, BC V0J 2E0 521 Main Street REGULAR HOURS

Tuesday 10-6 Wednesday and Thursday 10-5

Friday 1-8

Saturday 1-5 library@mcbridebc.org mcbride.bc.libraries.coop

# LEAP CONFERENCE FOR WOMEN

OCT. 25 - 27, 2022



Dr. Nadine Caron - Renowned Health Leader, Surgeon, Researcher, Educator, Order of BC Recipient

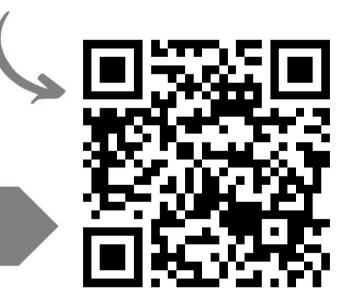
Attend In-Person or Virtually

SCAN WITH YOUR PHONE CAMERA!

Samra Zafar - Bestselling Author of "A Good Wife," Social Entrepreneur, Human Rights Activist



<u> Leapconferenceforwomen.com</u>





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#### **WORLD SUICIDE PREVENTION DAY**

The Goat Shed

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Take a Break in McBride...B.G.s Friendliest Town!!

**ACTION ATTEMPT AWARENESS BEHAVIOURS** COMMITMENT **CRISIS DISCUSS DISORDERS EMPLOYMENT** HELP LOSS LOVE **MENTAL POVERTY PRESSURES PREVENT PROBLEMS** SEEK **SEPTEMBER** SOCIAL **STIGMA STRATEGY TABOO** TENTH **WORK**