Four Rivers
Co-operative

McBride

aper

For the week of Wednesday, July 20th, 2022



OMMUNICATION

1-877-295-0655

Mark Roth 250-569-7805

WIRELESS INTERNET

McBride / Dunster / Tete Jaune / Valemount

INSULATION & DRYWALL 250-569-0320

HISTORIC MCKALE HOUSE Books, Candy, Puppets and More! 421 Main Street 250-569-7176

CLOSED both SAT., July 23 & 30 Hours: WED.-FRI. 10-4,

HORSESHOE LAKE VENTURES 377 Main Street McBride, B.C. 250-569-0075

APPRECIATION DAY!! SEE YOU THERE! CUSTOMER AUGUST 12

• Phone 250-569-7995

McBride Community Market - Do you "make it, bake it, grow it"? Do you live between Dome Creek and Albreda? Then think about joining us as a vendor at the McBride Community Market every Friday from 11:00 to 2:00 until Sept. 2, 2022. Adults \$10/ space per week Children under 12 \$2.00. For further information contact Jackie Edwards jackie.c.edwards@gmail 250-569-7101.

McBride Community Market Concession will operate from the Royal Purple's food booth with your favourite menu of hamburgers, hot dogs, fries and the ever popular taco in a bag. Every Friday through to September 2nd from 11:00 a.m. to 2:00 p.m. For more information contact Fred and Kat at 778-254-4393 or fandkat@yahoo.com. See you there! THE HAIR SHOPPE 778-258-0343

250-569-7308

Daily, Weekly & Monthly Rates
300 Samson Rd. McBride (bottom of Lucille mountain Cabins

Robson Valley Septic & Mater Hauling Right-to-your-RV Septic & Water - Bulk Water Delivery Donne Creek, McBride, Valemount, Blue River - 569-7812

It's Septic Tank Time!!

If you don't remember when to was a remember when the stime!! 2 - 8 years depending on usage.

One year if you run a B&B!! pon't wait for winter the stime of the Don't let solids plug up your drain field!!

Booking now for spring, summer & fall!!

"The Friendly Little Truck!!"

Summer Fun!!
Your on the Run

Come to the Beanry 2

PATIO NOW OPEN 250-560

Pati 6am-5pm, Sat. & Sun. 9am-5

Construction and Renovations 6am-5pm, Sat. & Sun. 9am-5pm Closed Sta

Meraki Builders

250 569 7885 (Mitch) 250 569 4109 (Brenden)

CRAYEL TRUCK AND EXCAVATOR SERVICES.

Phone 778-258-0093 or 250-569-7885

All In The Details Carpentry

trails. Thank you!

Camp Spirit Summer 2022 - Day Camp for Children 5-11 years at The McBride Anglican United Church. Leadership in training for 11 to 14 year olds. Our Camp Dates are: Monday, July 25 to Friday, July 29 9a.m. to 3p.m. (camp ends at noon on Friday). Register On-line: CAMPSPIRIT.CA email us CAMPSPIRIT@UNITED-CHURCH.CA or call 1-800-934-0434 (toll free in BC) ext.6487. Camp Free \$135 - All included: Lunch @ Snacks, Camp Spirit, T-Shirt, Program and Supply costs! ~ We offer financial assistance! Request a bursary during the on-line registration process for an immediate fee discount.

ROBSON VALLEY MUSIC FESTIVAL 2022 on AUGUST 12TH-14TH, DUNSTER, B.C. NO GATE SALES. ON-LINE TICKETS ONLY! 35 ARTISTS, WORKSHOPS, KIDS ZONE. BEER GARDENS, WARES VENDORS & FOOD VENDORS! We are nearly sold out!! If you miss out on weekend passes but still want to check out the festival, SUNDAY IS LOCALS DAY. Admission is by donation, and Seniors are FREE!! (Sunday only) More info: www.rymf.ca BIRTHDAY WISHES JULY 20-26

Matthew Fletcher
Licensed Red Seal Carpenter
Complete interior and exterior finis
Quality Craftsmanship DATE IN

fletchermatthew14@gmail.com Call Fletch @ 250-569-7647

SKID STEER for hire

available every Wednesday (see times below). You can only get your second booster if you meet the following current eligibility:
70 years and older or 55 years and older and indigenous. • and it's been 6 months since your first booster. Location: McBride Community Health Services, 1126 - 5th Avenue. Please call 250-569-2026 or 1-833-838-2323 to book an appointment *Also accepting walk-ins* Date/Time: WEDNESDAYS - 9:00AM TO 12:00PM.

BORSESHOEING

Alaina Chapman RMT

Check out all our IN-STORE SPECIALS In Effect

OPEN 7 Days per week 8am-8pm

ROBSON VALLEY DESCRIPTION OF THE PHARMACY

Sherri Flynn, Richard Hodgin Jr., Alisha Rubadeau, Matilde Barone, Makayla Cunningham, Mya Miskie, Rose Rhodes, Doug Loyer, Sandy Birnie, Judson Hodgin, Eric Molendyk, Richard Dean Quam, Asher Feltham-Ondang, Sharon Mortensen, Julie Berginc, Bob Mitchell, Jacob Jones, Ben Carter, Luc Levesque, Allysa Gredling, Pierce Kerr, and to any we have missed, Happy Birthday!

GOVID VAGGINATIONS & BOOSTERS

We will be

CLOSED

BC Day













Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667

What's for lunch?

Mon. - Beefy Quesadilla
s. - Cowboy Caviar Pasta Salad
you tried our Strawberry Rose Lemonade?

Wed. - Beef Dip - Egg Salad Sandwiches ri. - Tortellini Salad

IN LOVING MEMORY

The Keim family would like to say a huge thank you to the community for all your assistance, food gifts, cards, hugs and kind words during the loss of mom Keim. Your love and generosity is very much appreciated and helped to ease our sorrow. A special thank you to the location

McBride Cardlock 2130 Zeidler Road

le're hiring! Looking to fill a casual (opportunity for part-time) position. Drop off your resume!

MECHANICAL OYZ 250-569-2470

THRIFT STORE

thank you to the loving and capable hospital staff at the McBride Hospital for the excellent care they gave mom in her last days. We feel so fortunate to be part of such a supportive and caring community.

10-20 hours per week during the summer increasing in the winter as work load increases of Admin/Clerical staff.

McBride Anglican United Church Thrift Store: First off we want to give Thank Yous all for the beautiful donations you have given us for our store. We will be having 1/2 price sale this month on Friday, July 22. We will be Closed on the last week of July 25-29 for our clean-up, and to change over to our fall clothing. We will be open again on Tuesday, August 2. And again everyone "Thank You" for your support, and to our volunteers who help by giving up their time to help us serve our community.

-Anglican United Church.

Summer hours are scheduled Mon-Fri.
Winter hours are 7 scheduled 7 days per w Send resume to tanya@richboy:

265 MAIN STREET MCBRIDE, BC MAIN STREET PIZZA

GOMMUNITY ANNOUNCEMENTS

I took the shell off of my racing snail, thinking it would make him faster. But if anything, it made him more sluggish.

A LITTLE THINKER...

PIZZA - CALZONE -CHICKEN - WINGS GARLIC BREAD GIFT CARDS

11AM-8PM - (778) 258-4991 WEDNESDAY -SATURDAY

5 211 Main Street Grocery Store
Main Street 250-569-2525

McBride TGP

McBride and area
Everyday Best Values

Please join us for the Yellowhead Ski Club AGM on Wednesday, July 20, 2022. Where: Dunster Community Hall. When: 4:00pm to 5:30pm on Wednesday, July 20. We welcome new and old members, ideas, and volunteers who are interested in helping on our ski

GOMING EVENTS

Top Dogs Maple Leaf 375g

\$5.99 ce Cream Co-Op GOLD 4 Litre

Monday, August 1st



Take a Break in McBride...B.G.s Friendliest Town!! Pater Annex.

Place Contact The Little McBride Paper with all coming events, rivia, comments, etc!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. Vol 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public at 455 King St. If we don't know about it, we can't inform the public at 455 King St. If we don't know about it. Susan (Oscar & Broom) Scott & Susan (Oscar & Broom)



FREE

UNCLE MARK'S CUSTOM MEAT CUTTING



Registered Massage Therapist
Monday, Wednesday & Thursday
Ph: 250-566-1040 To book an appointment



Visit our Gas Bar in Prince George! 6749 Westgate Avenue - Tel: 250.964.2697







HIGH COUNTRY RENTAL & REPAIR



MCBRIDE, BC VOJ 2E0 4700 HWY 16 WEST

TOLL FREE: 877.926.7099 LOCAL: 250.569.7099

ATV | DIRT BIKE | SNOWMOBILE | LAWN & GARDEN SERVICE@HIGHCOUNTRYREPAIR.CA

Closed Sunday and Monday

WWW.HIGHCOUNTRYREPAIR.CA

Open 10-6 Tuesday to Saturday For after hours parts and repair please text 250-569-7099

WHISTLE STOP GALLERY



250-569-8891

Are you an artist or a crafter? Whistle Stop Gallery, we are always looking for new artists and new ideas! Head down to the 9-4:30 daily



featuring local artist Glen Frear OPEN Tuesday to Saturday 10am-5pm Stories from Highway 16



Pet Hostel
Grooming & Boarding
Ann Schwartz - Animal Health Technician Robson Valley

50-569-3319 Website with information and gallerie www.pethostel.ca



amily Scavengen Hunt Bike Ride & Walk

- 10 am, Saturday, July 23rd Steve Kolida Park

• Free basic bike tune-up
(adjust brakes & shifting,
lube cables & chain, patch tire)
• Free pizza lunch
• Bring your ideas on how to get
more people walking, biking &
rolling around McBride!
This is part of McBride's
Active Transportation Network Planning
which is a strategy to improve
human powered movement
opportunities in the community.
Questions?

Contact Jared @ 250.566.4022

Robson Valley Home Hardware

OR SINESS SAL

250-569-7084

250-569-7769

rvgs news update

MONs Family Place Drop-In is now on Mondays from 9amnoon. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS unless otherwise stated below (942 3rd Ave.). No registration required. Call 250-569-2266 for more info. July 25: Let's make spiders and butterflies at RVCS. Aug. 1: BC Day-Office Closed. Aug. 8: Constructing with Styrofoam in Village Park. Aug. 15: Face painting at the Village Park. Aug. 22: Water Day at RVCS. Aug. 29: Edible

week on Tuesdays at 2pm for a 30-45 minute stroll or roll around town with Sandy beginning at PAY. 20 from 1-3pm, let's talk about Death Midwife Judith McGill (who will be joining virtually). Judith excels at bringing comfort to this often taboo and alarming for the end of life. We will discuss our dying times, our wishes, legacy and the role our loved ones play during this time. Registration required beginning a Mindfulness Camp for kids ages 6-10 years at Koeneman Park. Come and meet Skidboot the dog and build strategies that help with emotional regulation. Registration is required: 250-569-2266 for more info.

WED., JULY 20 from 1-3pm, let's talk about death. Join us for a 2 hour discussion called Let's Talk About Death with Death Midwife Judith McGill (who will be joining virtually). Judith excels at bringing comfort to this often taboo and alarming topic, and planning for the end of life. We will discuss our dying times, our wishes, legacy and the role our loved ones play during this time. Registration required by calling 250-569-9107 or email and McBride offices, or residents may join virtually if preferred. MON., AUG. 15, 16, 17 & 18 from 9am-12pm we are hosting a Mindfulness Camp for kids ages 6-10 years at Koeneman Park. Come and meet Skidboot the dog and enjoy some yoga, nature walks, crafts, play, sensory exploration and build strategies that help with emotional regulation. Registration is required: 250-569-2266/

LIBRARY NEWS

Summer Reading Club - The BC Summer Reading Club for kids is back! Collect reading logs, bookmarks and stickers for your children from the library now, or join on-line at besrc.ca. On-line activities start 1 July. We will have a medal presentation ceremony and prize draw at the library at the end of the summer. Ages 5-12 from 2-3pm. Games, stories, crafts, coding and more! Call 250-569-2411 to register your child or email library@mcbridebc.org. Spaces are limited, so sign up soon!

Library Super-Sleuth Scavenger Hunt - test your problem-solving skills with a fun scavenger hunt inside the library. Two versions available: one for 8s or younger, one for 9+. Available whenever the library is open.

Weckly Adults' Programs - Fibre Artists (Thurs., time varies), Writing Group (Fri., 1:30pm). Call 250-569-2411 for details.

Book Discussion Group - next one is Thursday, 28 July at 1:30pm. Theme this month is "Historical Fiction set in the Deep South". Call for more info.

Kids' Tea Party - at the Open Gate Garden. Friday, 22 July, from 11 am-2pm. Ages 4-7. In partnership with Decoda Literacy and the Open Gate Garden. Call the library to register.

Outdoor Garden Space - Thanks to grant funding from NDIT and Healthy Communities Canada, our outdoor space next to the library is taking shape! The first stage involves adding a shelter for programming/meetings/book sales, accessible walkways, picnic tables, benches, and a fenced-in children's reading/play area. Stop in at the library if you want to know more about our plans for this space.

Main Street Search - Pop onto the library's facebook page or stop by for a paper copy of a Main Street scavenger hunt. Fun for kids of all ages! In partnership with Decoda Literacy.

Summer Library Hours - Tues. 10-6, Wed. and Thurs. 10-5, Fri. 12-8 and Sat. 12-5.

Collection/Delivery Service - We are still happy to prepare bookby-D/pazzle orders for you, and deliver to your doorstep. Call 250-569-2411 or enail library@mcbridebc.org to place your order.

GHURGH NEWS N. THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•Sunday worship services at McBride Anglican United Church are held at 10 am for in-person worship (vaccinations not required.) All are welcome; we welcome all ages, all genders and sexual orientations, all races, all abilities, all are beloved members of God's family. We usually celebrate Communion the 3rd Sunday of each month. Minister Kim's phone 250-968-4467•Seventh-day Adventist Church Ph: 250-569-3370, Pastor Ph: 1(250)-808-7399•Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther:•Foodbank contact number is 250-569-3186.•St. Patrick's Catholic Church Ph: 250-569-2606. Call to Confirm.•Mountain Chapel (PAOC) at Third and Main Streets. Following Health rules as they are announced. Services are held Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-569-0291.

our trains are back! Drop by McBride Station for more information. VIA Rail Schedule viarail.ca Phone:1.88.8.42.7.7245

Going West, Train #5 - Sundays, Wednesdays, Fridays...2:44pm

12 East, Train #6 - Mondays, Thursdays, Saturdays...12:18pm

13 car included! Baggage car - bikes, caged pets, kayaks (fees apply).

Take a Break in McBride...B.G.s Friendliest Town!!

McBride AG

Foods 250-569-0140

Monday to Saturday 6:00am to 7:00pm Sunday: 9:00am to 5:00pm

SENIOR'S DAY 65+ Every Wednesday - 10% (

Off

SUMMER HOURS:

FRESH FISH FRIDAYS

Open Thursday, Friday, Saturand Sunday from 4:00pm - dine in, patio and take out. Jigglin'

Chrizzly

du

Saturday

Double Czech Carpentry

250-569-0101



Pavel Bendl • 250-617-0263

Renovations, new construction

Exterior and interior finishing

Cabinetry, kitchen remodeling

Call or email pavel.bendl@gmail.com
Can we keep Christ apart from our lives here
and yet be fitted for His companionship in heaven?
Contact Bible Truth. Phone 250-569-7077.
Box 185, McBride. B.C.



250-569-2666

ICENSED AUTOMOTIVE & DIESEL MECHANICS **AUTO SERVICES**

We are looking for a front counter person.
Please apply with resume in person
or email to wiltsie33@yahoo.ca

MONDAY to FRIDAY 8:30am - 4:30pm SATURDAY & SUNDAY - CLOSED

Mr. Roth's Famous Popcorn **Bulk Organics**

Organic Dairy

Ancient Grains

Cream-On-Top Milk

Quark Cheese

Grassfed

Beans Rice









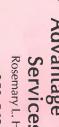
ncle Mark's lasty Food Monday www.unclemarks.ca
- Friday 8-5 926-1st Ave McBrīde (250) 569-3003 ww.unclemarks.c

OPEN...



250-569-2470

Rich Boyz has openings for Drivers for Emergency and short notice scheduled work.
Class 1 or 3 Preferred.
McBride - 1 on call position,
Valemount - 1 on call position.
Hours strictly dependent on availability of the driver.
Extended health and dental for Full Time employees after 6 months.
Email Resume and Drivers Abstract to tanya@richboyz.ca



Advantage Insurance Services Ltd.

250-569-2264

Impaired Driving Campaign months. July and August are the official If you are planning to enjoy

to plan for a safe ride home first an alcoholic beverage be sure

NATIONAL BAHA'I DAY

Go

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Take a Break in McBride...B.G.s Friendliest Town!!

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EQUALITY FAITH BAHA **EDUCATION** DOCTOR DIVINE **ASSEMBLY**

FREEDOM GREATER HEAD FIFTH

RELIGION SPIRITUAL TABLETS TWENTY KING PLAN LOCAL AJULY MONDAY MALCOLM KINGSTON **JAMAICA**

BUY, SELL. RENT & MISG.

For Sale-1 Table Top Bladeless Fan, 10", \$50.00. 2 Table Top Fans 8", never used, \$20.00 each. 48"x24" Basement Slider Window and a 22"x36" metal door window insert. Phone 250-569-3110•• For Sale-20' Seacan 1170 cu. ft. Has only been shipped twice. Like new. Comes with welded storage hooks inside. \$6000. Coleman 10HP Powermate 5000watt Generator. 220/120 Gas fuel. \$250. Call 778-258-3766••For Sale-Large 48 inch ceiling fan with lights and mounting hardware. Green marble finish and brass accents. \$50.00. Call 250 569-4080••For Sale-Tenco 16 ft. dump box/sand spreader combo with liquid tank and spray system. \$3000, 250-968-4419••Apartment for rent in McBride. The Historic McKale House (421 Main Street, McBride, BC) is accepting applications to rent the 2 bedroom walk up apartment located above of the bookstore. The unit is fully furnished (everything but linens) and includes fridge, stove, dishwasher, washer and dryer. The unit, available July 1, rents for \$1000.00/month plus hydro. Satellite TV and Internet available. This is a NO SMOKING and a NO PETS accommodation. Off street parking is provided for one vehicle. Additional information available by phone or text to Rick at 250-569-7620.••For Sale-Honda Lawn Mower, Runs Great, \$100 Phone: 569-7822••Wanted-Good electric cook stove. Please call 250-569-8860 any time after 10a.m.••For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood selection of bars and chains to get ready for firewood adeless Fan, 10°, 1, \$20.00 each. 48"x " metal door !