

The McBride Big Country Snowmobile Association is now accepting bids on the snowmobile trails grooming contract.
 Email, call or message the MBCSA for a Bid Information Package.
 Email: sledmcbride@outlook.com
 Call or Message: Dave Mcleod
 1-403-998-9643 President MBCSA

ROBSON VALLEY IDA TELEPHARMACY

OPEN Mon.-Fri. 9-4 Closed 12-1 for lunch
 www.robsonvalleyidapharmacy.com
 250-569-8811
 1136 - 5th Ave. inside the McBride Hospital

Rapid antigen tests for Seniors 70+
 Last week, it was announced that Rapid Antigen Test Kits would be available for free in local pharmacies to seniors 70+. Each Test Kit includes 5 tests, and will be available after March 4th for those seniors who suspect they may have been exposed to COVID-19.
 or believe they may have COVID-19.
 One Test Kit will be available per individual every 28 days.
 The tests will only be available to BC residents who actively have Pharmacare.

Please feel free to call Taylor at the Pharmacy with any questions you may have.

CO-OP Co-operative

Four Rivers Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
 6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Valermount Cardlock: McBride Cardlock:
 Tel: 250.564.3488 1500 - 9th Avenue 2130 Zaidler Road
 TF: 866.309.2667 Valermount BC McBride BC
 Fax: 250.564.3433 TF: 866.309.2667 TF: 866.309.2667

Robson Valley Pet Hostel
Grooming & Boarding
 Ann Schwartz - Animal Health Technician
 Website with information and galleries:
 250-569-3319 www.pethostel.ca

Meraki Builders

Construction and Renovations
 250 569 7885 (Mitch) 250 569 4109 (Brenden)

This Week's Lunch Specials

Wed. 2nd—Tomato Soup & Cheese Quesadilla
 Thur. 3rd—Pulled Pork Sandwich
 Fri. 4th—French Onion Soup/Roast Beef Baguette
 Mon. 7th—Pesto Chicken Mel/Lesky Potato Soup
 Tues. 8th—Roasted Poblano Soup/Cheesy Bun

ORGANIKA RESTOCK!
 NEW! ENHANCED COLLAGEN - SLEEP,
 NEW! ZESTY LEMON BERRY FLAVOUR
 ELECTROLYTE COLLAGEN & MORE!

Follow us on Facebook - fb.me/youarewelcomehome
 Monday - Saturday 8:30am to 4:00pm 250-569-0215

McBride & District PUBLIC LIBRARY 250-569-2411

Invitation to Quote:

McBride and District Public Library is seeking quotations from qualified tradespeople for the creation of an outdoor meeting space with pole building and fenced children's play area. Interested parties can visit the Library to collect the full Invitation to Quote package, including plans.
 Deadline for quotations: Friday, March 11.
 For questions, or to request details via email, please contact Abi Ward, Library Director:
 library@mcbridebc.org or 250-569-2411.

FOREVER PRINTING & SIGNS

Home of THE LITTLE MCBRIDE PAPER
 for more information please contact Scott or Susan at 250-569-3110,
 fax: 250-569-0220, email: contact@fpas.ca
 website: www.fpas.ca

FREE The Little McBride Paper FREE

Serving BC's Friendliest Town and Area since 1996!!!
 For the week of Wednesday, March 2nd, 2022

IN LOVING MEMORY

Hazle Muriel Heppel
 1928 - 2022
 Born 10 April, 1928 in Vancouver, BC Muriel passed away peacefully on Wednesday, 23 February, 2022 at the McBride Hospital.
 She served the McBride/Amnning Mills area from 1959-1964 as a primary grades school teacher and continued her teaching career in Canada, the United States & the Philippines for nearly 35 years in both public and parochial schools.
 Muriel will be missed by her many students & friends around the world. She leaves to mourn her passing - son Mark & step son Graham (Jr.).
 In lieu of flowers, donations may be made to A.W.R. (Adventist World Radio) c/o McBride SDA Church or c/o Armstrong SDA Church.
 A memorial service was held at the McBride SDA Church on Sunday, 27 February, 2022 at 11am.
 A memorial service in Armstrong, BC will take place at the SDA Church, Armstrong on Sunday, 6 March, 2022 at 11am.
 Rest in peace Momi!



50 YEARS

A man goes to Warren Jones to buy a chainsaw. Warren sells him the top-of-the-line model, saying that it will cut through over 100 trees in one day. The man takes the chainsaw home and begins working on the trees but after working for hours he only cuts down two trees. "How can I cut for hours and hours and only finish two trees?" he asks himself. The next day the man brings the chainsaw back to Warren and says it doesn't work properly. "Hmm, it looks okay," says Warren, and starts the chainsaw. The man jumps back in shock and cries, "What's that noise?"
 Here's celebrating 50 Years of Warren helping out the people of the Robson Valley keeping us all equipped with great running saws and well shod horses!

SCHOOL NEWS

Grades 5/6/7 Land Acknowledgement and Stewardship Art Project. Project Rationale: Canada is a nation of diversity - socially, culturally and ecologically. Ecologically, Canada is blessed with unique and distinct landscape regions. Each has its own unique natural features and climate; and each supports its own distinct species of animals and plants. As the journey towards reconciliation continues, and we strive to fulfill the Truth and Reconciliation Commission's (TRC) calls to action, it is important that we continue to build relationships and engage in ongoing education. Reconciliation and allyship is a continuous process and one that we all need to engage in fully. With this in mind, we must take every appropriate opportunity to acknowledge the traditional territory on which we reside. Acknowledging the traditional territory expresses respect, gratitude and appreciation of the Indigenous peoples who have inhabited and continue to live on the land. It is recognition of their presence both in the past and the present. Recognition helps to create a welcome and safe environment for all. Stewardship is the recognition of our collective responsibility to retain the quality and abundance of our land, air, water, and biodiversity, and to manage this natural capital in a way that conserves all of its values, be they environmental, economic, social or cultural. Project: The students were grouped together to come up with what they imagine a sustainable environment to look like. They could choose any environment - a close up or a wider lens of a home/ecosystem for a stained-glass art project. Please show your support by dropping into the Valley Museum and Archives next to the McBride and District Library to check out the creative pieces of the 5/6/7 class. If interested in an art piece there will be a silent auction open to the public until March 30. Funds raised will go towards cultural performances and school art projects.
McBride Secondary Community School Use. Community Use of SD57 Indoor Facilities will resume Monday, March 28th. All participants will be required to sign-in and show organizer proof of vaccination. All spectators will be required to wear masks. If you are interested in organizing a Community Activity e.g. Pickleball, Basketball, Badminton etc., please come into the school and fill out a "Use of School Facility" form. If you have any questions, please call 250-569-2295. Thank you to the McBride Community Forest for covering the necessary liability insurance.

COMMUNITY ANNOUNCEMENTS

McBride & District Chamber of Commerce AGM on Wednesday, March 9th, 2022 at 6pm in the Grizzly Pub on 1st Avenue. We invite all business and community members to attend in person or via zoom. Please email come2mcbride@cltus.net for the Zoom link.
 McBride Health Unit Moms N Tots Group - Every Friday, 10-11am, in the lobby. 250-569-2251 ext. 2044. Or swing by, we would be happy to meet and see you! Pre-natal education. Post-natal education, and Breast-feeding support.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.
 Scott & Susan (Oscar & Broom)

Take a Break in McBride...B.C.'s Friendliest Town!:

Robson Valley Business Services

Offering Bookkeeping and Computer Services.



Lori Gane 250-569-7941
 Jim Chicago 250-569-7942

Or check us out at www.rvbs.ca and on Facebook at fb.me/RobsonValley.BusinessServices

All In The Details Carpentry

Matthew Fletcher
 • Licensed Red Seal Carpenter
 • Complete interior and exterior finishing
 • Quality Craftsmanship

fletchermathew14@gmail.com
 Call Fletcher @ 250-569-7647



Snow Removal

BORSESHOEING
 Gary Schwartz
 Farrier Service
 250-569-3319
 McBride, BC

A BITTLE THINKER...

Some of us learn from the mistakes of others; the rest of us have to be the others.

UNCLE MARKS CUSTOM MEAT CUTTING
 Field to Plate Service, © "Stress free animals humane harvest, custom sausage, \$5 bags of bones and bird suet Mark Roth 250-569-7805

1-877-295-0655

MONASHEE WIRELESS INTERNET
 www.monasheecomunications.ca
 accounts@monasheecomunications.ca

INSULATION & DRYWALL

250-569-0320

HISTORIC MCKALE HOUSE

421 Main Street 250-569-7176

We're Spring Breaking early!

Closed March 2 - March 16

Open again Thursday, March 17

Spring Hours: Thursday & Friday 11-4 Saturday 10-2

HORSESHOE LAKE VENTURES
 377 Main Street McBride, B.C.
 250-569-0075

DON'T FORGET TO CHECK US OUT!

WE STOCK A LOT!

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 • Feed and Farm Supplies • Dog and Cat Food
 • Full Hydraulic Hose and Fitting Supply
 • Agricultural Parts/Repair • Automotive Parts/Accessories

ROBSON VALLEY PHYSIOTHERAPY
 Phone 250-569-7995
 robsonvalleyphysto@gmail.com

Robson Valley Shoe Repair 250-569-2225
 884-3rd Ave.

Cougar Den Cabins 250-569-7308

Daily, Weekly & Monthly Rates
 1800 Samson Rd. McBride (bottom of Latelle mountain)

THE HAIR SHOPPE 778-258-0343
 803 3rd Ave. side entrance

How can something come from nothing out of nowhere?
 Contact Bible Truth. Phone 250-569-7077.
 Box 185, McBride, B.C.

Irish Up Your Coffee at The Beanery 2
 250-569-0133
 Open-M-F:6am-5pm. Sat. 9am-5pm. Sun & Stats: Closed

Robson Valley Septic & Water Hauling

Right-to-you-RV Septic & Water • Bulk Water Delivery
Dome Creek, McBride, Valemount, Blue River - 250-569-7812

D & T INDUSTRIES

250-569-7758 / 7050



Robson Valley Home Hardware



BUSINESS FOR SALE

250-569-7769 250-569-7084

MAIN STREET PIZZA
265 MAIN STREET MCBRIDE, BC

PIZZA – CALZONE – GARLIC BREAD
CHICKEN – WINGS – GIFT CARDS

WEDNESDAY – SATURDAY

11AM-8PM – (778) 258-4991

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LOCAL: 250.569.7099

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After hours Parts and Repair available

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THIS YEAR I WILL BE WORKING FROM
THE GRIZZLY PUB (250-569-0101)

STARTING MARCH 1
BETWEEN THE HOURS OF 10AM AND 3PM
PLEASE CALL AHEAD.

OTHER CONTACTS 250-569-0138
(RESIDENCE) OR LINDAFRY@TELLUS.NET

WHISTLE STOP GALLERY

250-569-8891



Welcome to the Whistle Stop

Home of Robson Valley artists and artisans since 2002.
As we head into 2022 our artists have been working hard to refill

the shelves with new creations and old favorites.
This year marks the 20th year the Whistle Stop has been

supporting our local artists and our community.
Visit us in the main station and see what we have been up to!

Come and visit - we are open daily
and our winter hours are 9-4:30.

whistlestopgallery.ca



250-569-2666

1021 SE Frontage Road

AUTO SERVICES

LICENSED

AUTOMOTIVE

& DIESEL MECHANICS

MONDAY to FRIDAY 8:30am - 4:30pm

SATURDAY & SUNDAY - CLOSED

LIBRARY NEWS

Weekly Adults' Programs - Fibre Artists (Thurs., 10am on-line),
Writing Group (Fri., 1:30pm. in person). Call 250-569-2411 for
details.

Collection/Delivery Service - We are still happy to prepare
book/DVD/puzzle orders for you, and deliver to your doorstep. Call
250-569-2411 or email library@mcbridebc.org to place your order.
BC Libraries do not ask for proof of vaccination, though masks are
still required. We offer help to anyone who needs to access or print
their vaccination proof.

RVCS NEWS UPDATE

MON's Family Place Drop-In is now on Mondays from 9am-
noon with Charlene. Join for connection with other families, parenting
resources and fun for you and your 0-6 year old children at RVCS
unless otherwise stated below (942 3rd Ave.). Call 250-569-2266 to
join. March 7 Paper plate sundials. March 14 Rainbow twirlers and
Pi Day bracelets. March 21 Planting sunflowers seeds at the park.
March 28 Make an April Fool's Day gift.

WEDs Seniors Drop-In is now on Wednesdays from 1-3pm with
Sandy. All seniors are invited to come by for both structured and
unstructured recreational, educational and social activities at RVCS
unless otherwise stated below (942 3rd Ave.). Call 250-569-2266 to
join. March 2: Music/Jam Group. March 9: Games Day. March 16:
Visit to Recreation Centre. March 23: Tech Café. March 30: Soup
& Bun.

TUES Join us for Seniors Walking & Wheeling Group every
week on Tuesdays at 2pm for a 30-45 minute stroll or roll around
town with Sandy. All fitness abilities welcome. Meet at RVCS (942
3rd Ave.). Call 250-569-2266 to join or email events@rvcsbc.org.
RVCS is looking for residents who are interested in sharing their
skills or talents with others in exchange for learning something new
from them! Some ideas are: art, movement, cooking, woodworking,
gardening, technology, writing, language, sewing, nutrition, meditation,
budgeting and more! If you're interested in participating in this
Intergenerational Skills Exchange program, please call Shae at 250-
566-9107 or 1-844-324-2004 (toll-free). We encourage intergenerational
knowledge sharing.

TUES MAR 15 & WED MAR 16 from 10am-1pm join us for
Kids Outdoor Camp 2022 during Spring Break. All registered
participants meet us a Koocheman Park for fun in nature with many
different activities for kids ages 5-9 years. Call 250-569-2266 to join
or email events@rvcsbc.org.

The Men's Shed Meeting is on March 17 from 4-6pm. This
project is for men who wish to start a local Shed! Come with your
ideas and have input on how to make this men-led program happen
in our communities. Join virtually or in-person!
Community Volunteer Income Tax Program: RVCS has registered
with the Canada Revenue Agency to host Free Tax clinics where
trained volunteers file tax returns for eligible people. If you have a
simple tax situation and a modest income, you may qualify to have
your taxes filed for free! Ask for more details from Sandy. Call 250-
569-2266.

BUY, SEEL, RENT & MISC.

Free-2 Fax Machines. 1 Minoltafax 1700 and 1 Brother MFC-
1625DW. Phone 250-569-3110**For Sale-Crestview CVACR160
table lamp, \$90.00. Brown swirl metal table lamp \$50.00. Phone
250-569-3110**For Sale-3000 watt 24V global LP series inverter/
charger. Has all the features, can be used for off grid set ups as
well. Asking \$1000. 2007 Suzuki DR 650 on/off road motorcycle
for sale, excellent condition, new tires - asking \$3500. Filson Canvas
miners tent, has ground cloth, sleeps 2-4 people. \$450. Text/call
Tyler 778-989-7649.**For Sale-2002 Dodge Durango, dependable,
\$4500. Phone 250-253-7702**For Sale-7 Cedar Post Large. \$12
each. Phone 250-569-7733**For Sale-2 Wooden Patio Chairs.
\$30.00 each. Ph: 778-878-8869**For Sale-Sihl and Husky chain
saws, a good selection of bars and chains to get ready for firewood
season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on
Dominion Street is open Tuesdays & Fridays from 1 to 3pm.
Clothes and Household Goods*Sunday worship services at
McBride Anglican United Church at 10am. We celebrate Communion
together, usually on the third Sunday of the month. We welcome you
to join our community of faith as we gather safely in person for a
time of prayer, music, readings, and reflection. All are welcome to
attend in person, masked and vaccinated, and worship is available
online at Robson Valley Anglican United Churches Facebook page.
Rev. Kim McNaughton, 250-569-3206*Seventh-day Adventist
Church Ph: 250-569-3370. Pastor Ph: 1(250)-808-7399*Adventist
Community Service (Dorcas) Open Tuesdays 1-3pm, contact
numbers 250-569-2479 Terri. 250-569-2527 Esther. MASKS
MANDATORY.*Foodbank contact number is 250-569-3186.*St.
Patrick's Catholic Church Ph: 250-569-2606. Call to
Confirm.*Mountain Chapel (PAOC) at Third and Main Streets.
Following Health rules as they are announced. Services are held
Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-
569-0291.

Via-Rail Schedule Viarail.ca Phone 1-888-842-7245

Going West - Sunday...:2:44pm
Going East - Thursday...:12:18pm

Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC.	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg 1 Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Serv.	250-569-2266
K to 7 School ..	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
School District 57	Dental Office	The Little McBride Paper	
	250-569-3434	250-569-3110	
1-800-256-7857	Report Forest Fires -	1-800-663-5555	
BC BUS, 844-564-7494			

*Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.*

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DON'T FORGET TO

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AND KEEP THEM CLEAN

Gigglin' Grizzly Pub

Thursday - Friday - Saturday - Sunday

4:00 pm to 8:00 pm

* dine in * patio * take out *
250-569-0101

Alaina Chapman RMT

Registered Massage Therapist
Monday, Wednesday & Thursday

Ph: 250-566-1040 To book an appointment

BIRTHDAY WISHES MARGH 2-8

Iola Franke, Carol Hammar, Rose Lucius, Rick Thompson,
Renley Bedell, Ari Goodkey, Amanda Christensen, Susannah
Krinke, Christopher Rejman, LaRose Birby, Josie MacMaster,
Mathie Miskie, Lacey Blount, Chantelle Jackson, Mike
Savarella, Betty Baer, Ann Schwartz, and to any we have
missed. Happy Birthday!

ATTENTION GARDENERS

Robson Valley Arts and Culture Council is looking for
volunteers to show off what they've been growing as part
of a Garden Tour in McBride and Dunster. Would you be
willing to host a tour of your garden in late August 2022?
Do you know of others who might help showcase our
Robson Valley gardens? Hope to hear from you! Please
message Chelise directly here, or email
cheliststubs01@gmail.com for additional details.

HOSPITAL AUXILIARY NEWS

McBride and District Hospital Auxiliary will be holding
their AGM March 14th @ 7pm via Zoom. Would you like
to become a member? Join us at our AGM to see what we
have in the works for future fund-raising events. Everyone
is welcome to attend. For further details email Beth at
bethfed@telus.net. For the Zoom invitation or for more
information call Carol at 250-569-7176.

