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10-5

Friday 1-8

Saturday library@mcbridebc.org mc y 1-5 mcbride.bc.libraries.coop

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LITTLE ACT OF KINDNESS!

On the morning of February 4, while shopping in the AG Foods in McBride, I got quite a surprise! A nice young gentleman insisted I go ahead of him in the cashier lineup - and then proceeded to pay for my groceries! Not only my groceries, but another customer's also. It is so nice to know that with all the trouble and division in the world these days, some people still take the time to be thoughtful and do incredibly nice things for others. I don't know this special young man - whether he is a snowmobiler visiting McBride or perhaps a pipeline worker staying here for a while - but Thank You, you made my day! In December, on two separate occasions, my lunch was paid for, anonymously, by kind hearted gentlemen at the Beanery. And, at Christmas, I was the recipient of gift certificates from the Adopt A Senior project from business owners in McBride. What an amazing, thoughtful and kind place we live in! Now I have to pay it forward!!

-Eva Westlund, McBride

ATTENTION GARDENERS

Robson Valley Arts and Culture Council is looking for volunteers to show off what they've been growing as part of a Garden Tour in McBride and Dunster. Would you be willing to host a tour of your garden in late August 2022? Do you know of others who might help showcase our Robson Valley gardens? Hope to hear from you! Please message Chelsie directly here, or email chelsiestubbs01@gmail.com for additional details.

OPEN GATE GARDEN

If you are feeling the itch to start planning your spring garden, remember the Open Gate Garden has a Seed Bank in the McBride and District Library. Many popular and open pollinated seeds are disappearing from catalogues. The Seed Bank has seeds harvested here in the Valley as well as commercial breeds donated last year. Seeds are free and we only ask you mature some of the crop and return seeds to the Bank for future use. A sign up list will be available Please note the kind, variety, your name and contact information. Current gardeners must reserve the plots they had last summer. If you want to keep the same bed please advise D. Simpson at 250-569-3343 or djoker@telus.net by February 25. When and where to fill in paperwork and pay rental will be announced at a later date.

GOVID-19 NEWS

Would you like your COVID-19 vaccination? FIRST DOSE SECOND DOSE BOOSTER DOSE. KIDS WELCOME! Stop by the McBride Community Health Services Building at 1126-5th Ave. on any of the following dates. Vaccination Clinics - FEBRUARY 9-WALK IN ALL DAY. FEBRUARY 11-KIDS 2:30-4PM. FEBRUARY 16-WALK IN ALL DAY. FEBRUARY 18-KIDS 2:30-4PM. FEBRUARY 23-WALK IN ALL DAY. FEBRUARY 25-KIDS 2:30-4PM. To make an appointment call: 1-833-838-2323 (7am-7pm, 7 days a week) OR 250-569-2026 (8:30am-3:30pm M-

LIBRARY NEWS

Kids Reading Challenge - completed reading logs for Jan. need to be in by Feb. 11 to be entered into the prize draw. Drop them back at the library, or email pictures of the completed logs to library@mcbridebc.org. Reading logs for Feb. are available now, and another prize draw will be held in March, with another goody bag of books, games and other literary prizes to be won. There will be a prize draw in Feb./March/Apr. and May, so keep on reading!

Kids' Grab Bags - February grab bags are available now, with a book, colouring-in fun, and cross stitch and card-making crafts.

One per family, while supplies last. In partnership with Decoda Literacy/Community Literacy Task Group.

Weekly Adults' Programs - Fibre Artists (Thurs., 10am online), Writing Group (Fri., 1.30pm, in person). Call 250-569-2411

Workshops for Adults - Thanks to Sheilagh Foster for another wonderful sourdough workshop! Next adult workshops are beginner macrame (10 Feb.), and beeswax food wraps (24 Feb.). Both classes are held in person and again on-line - call 250-569-2411 or email library@mcbridebc.org for details.

Collection/Delivery Service - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 250-569-2411 or email library@mcbridebc.org to place your order. BC Libraries do not ask for proof of vaccination, though masks are still required. We offer help to anyone who needs to access or print thair vaccination proof

Via-Rail Schedule Going West - Sunday...
Going East - Thursday... Phone 1-888-842-7245 day...2:44pm day...12:18pm

Thursday...

Take a Break in McBride...B.G.s Friendliest Town!

FREE Jigglin' (Jrizzly

Thursday - Friday - Saturday - S 4:00 pm to 8:00 pm * dine in * patio * take out * 250-569-0101 Sunday

Alaina Chapman RMT

Monday, Wednesday & Thursday

Ph: 250-566-1040 To book an appointment

Mountain View Boutique

265 Main St., McBride, C

Feb. 12 - Robin from Epicure will be here I I am til 3pm Apparel, Housewares and more!
Featuring local artisans.

Tues. 10 am to 5pm
Wed. to Sat. 10am to 8p

Robson Valley Entertainment Association Annual General Meeting February 28. 2022 • VIA ZOOM - 7:00 p.m

Please

Please e-mail:
rosemary@advantageinsuranceservices.com
for a link to the meeting

MONS CLEAN-UP

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5:00

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are now stocking snowmobile parts, We have been busy renovating and oils and gear!

New items arriving regularly.

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Have a Happy



Join us Saturday, Feb. 12th for our 4th Anniversary!

While le we can't celebrate the way we would like to, we invite you to pop in for a free cupcake & coffee!

Codcome Home SWEETHEART OR ... YOURSELF!

Follow us on Facebook - fb.me/youarewelcomehome Monday - Saturday 8:30am to 4:00pm 250-569-0215

Epicure Valentine's

New Catalogue Event.
February 12 from 11am-3pm
at Mountainview Boutique, Main St.
Stop by for a complimentary Catalogue
and Gluten free Chocolate cupcake.
Products for sale too.
Everyone Welcome.
For more info. call Robin Levant 250-809-8575.



McBride & District 250-569-2411

PUBLIC LIBRARY

21 Main Street McBride, BC V0J 2E0

Invitation McBride, bc
to Quote:

McBride and District Public Library Garden McBride and District Public Library is seeking quotations from qualified tradespeople for the creation of an outdoor meeting space with pole building and fenced children's play area. Interested parties can visit the Library to collect the full Invitation to Quote package, including plans. Deadline for quotations: Friday, March 11.

For questions, or to request details via email. please contact Abi Ward, Library Director: library@mcbridebc.org or 250-569-2411.

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Scott or Susan at 250-569-3110,
email: contact@fpas.ca
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Robson Valley IDA **Temporary Hours**

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The Pharmacy will be closed on Monday, February 21 for Family Day.



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Ann Schwartz - Animal Health Technician

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BIRTHDAY WISHES FEB. 9-15

Mabel Wilcox, Dwayne Flynn, Kevin McCarty, Sara Olofsson, Garry Moore, Tim Yang, Lynn Lee-Ran, Ron Westlund, Sabrina Lacombe, Ellie Shantz, Ryan Birky, Brooklyn Basran, Joyce Rolston, Krystal Sarasin, Marnie Maronets, and to any we have missed. Happy Birthday!

GOMMUNITY ANNOUNCEMENTS

McBride Health Unit Mom's N Tot's Group - Every Friday. 10-11a.m. in the lobby. 250-569-2251 ext. 2044. Or swing by, we would be happy to meet and see you! Pre-natal education, Post-natal education, and Breast-feeding support.

RVGS NEWS UPDATE

MONs Family Place Drop-In is now on Mondays from 9amnoon with Charlene. Join for connection with other families, parenting
resources and fun for you and your 0-6 year old children at RVCS
unless otherwise stated below (942 3rd Ave.). Call 250-569-2266 to
join. Feb. 14 Valentines Day make a fruit loop birdfeeder. Feb. 21
closed for Family Day. Feb. 28 Skating on the Crescent (weather
permitting) or tumble time at RVCS.

WEDs Seniors Drop-In is now on Wednesdays from 1-3pm with
Sandy. All seniors are invited to come by for both structured and
unstructured recreational, educational and social activities at RVCS
unless otherwise stated below (942 3rd Ave.). Call 250-569-2266 to
join. Feb. 9 Visit to museum & library. Feb. 16 V Day Tea Party
& Craft. Feb. 23 Soup & Bun.

TUEs FEB. 15, 22, MAR 1 & 8 from 3:30-4:45pm join us for
My Self Portrait: An Art Workshop for Kids ages 7-12 years where
we will explore different art techniques with Jessica and create our
own, unique artwork. Please call 250-569-2266 or email

events@rvcsbc.org to join.

TUES, FEB. 15 from lpm - 3pm join us for Seniors Tech Café, where you will receive one-on-one support with your basic technological needs. Bring your devices for assistance from Sandy! Please call 250-569-2266 to join or email events@rvcsbc.org.

TUEs - Join us for Seniors Walking & Wheeling Group every week at 2pm for a 30-45 minute stroll or roll around town with Sandy. All fitness abilities welcome. Call 250-569-2266 to join or email events@rvcsbc.org.

WED FEB. 16 from 2pm-3pm Choose to Move Info & Registration Session - RVCS is looking for seniors to join us in our new partnership with Choose to Move, a free and flexible 12 week program set to begin in March that provides you with the motivation and support to become active; great for anyone age 65 and older who wants to become active; great for anyone age 65 and older who

RVCS is looking for local artists who would be interested in displaying their artwork in our client therapeutic room for a set term, as a means of inspiring healing through artistic interpretation and appreciation. For more information, please contact Sara at 250-569-2266 or email events@rvcsbc.org.

BUY, SELL, RENT & MISG.

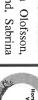
For Sale-Crestview CVACR160 table lamp, \$90.00. Brown swirl metal table lamp \$50.00. Phone 250-569-3110••For Sale-3000 watt 24V global LF series inverter/charger. Has all the features, can be used for off grid set ups as well. Asking \$1000. 2007 Suzuki DR 650 on/off road motorcycle for sale, excellent condition, new tires - asking \$3500. Filson Canvas miners tent, has ground cloth, sleeps 2-4 people. \$450. Text/call Tyler 778-989-7649.••For Sale-2002 Dodge Durango, dependable. \$4500. Phone 250-253-7702••For Sale-7' Cedar Post Large. \$12 each. Phone 250-569-7733••For Sale-2000 Ford Taurus, Asking \$1900. Please call Lisa. Phone 250-569-4043••For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

GHURGH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods•Sunday worship services at McBride Anglican United Church at 10am (4th Sunday of the month at 9am). We celebrate Communion together, usually on the third Sunday of the month. We welcome you to join our community of faith as we gather safely in person for a time of prayer, music, readings, and reflection. All are welcome. Rev. Kim McNaughton, 250-569-3206•Seventh-day Adventist Church Ph: 250-569-370, Pastor Ph: 1(250)-808-7399•Adventist Community Service (Dorcas) Open Tuesdays 1-3pm. contact numbers 250-569-2479 Terri, 250-569-2527 Esther. MASKS MANDATORY.•Foodbank contact number is 250-569-3186.•St. Patrick's Catholic Church Ph: 250-569-2606. Call to Confirm.•Mountain Chapel (PAOC) at Third and Main Streets. Following Health rules as they are amounced. Services are held Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-569-0291.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & Broom) & Broom)



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