



McBride & District 250-569-2411

521 Main Street
McBride, BC V0J 2E0
Invitation to Quote:

McBride and District Public Library Garden
McBride and District Public Library is seeking quotations from qualified tradespeople for the creation of an outdoor meeting space with pole building and fenced children's play area. Interested parties can visit the Library to collect the full Invitation to Quote package, including plans.

Deadline for quotations: Friday, March 11.
For questions, or to request details via email, please contact Abi Ward, Library Director:
library@mcbridebc.org or 250-569-2411.

Red Seal Journeyman Carpenter
For all your carpentry needs
250-569-7720
@redsealcarpenter



To see my work scan above, or go to
http://www.redsealcarpenter.com

MAIN STREET PIZZA

265 MAIN STREET MCBRIDE, BC

PIZZA – CALZONE – GARLIC BREAD

CHICKEN – WINGS – GIFT CARDS

WEDNESDAY – SATURDAY

11AM-8PM – (778) 258-4991

ROBSON VALLEY IDA TELEPHARMACY

OPEN Mon.-Fri. 9-4 Closed 12-1 for lunch
www.robsonvalleyidaharmacy.com
250-569-8811
1136 - 5th Ave. inside the McBride Hospital

Robson Valley IDA

Temporary Hours

Monday-Friday 9am-12pm

Closed 12pm-1pm For Lunch

1pm-4pm

The Pharmacy will be closed on Monday, February 21 for Family Day.



Four Rivers
Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Valenmount Cardlock: McBride Cardlock:
Tel: 250.564.3488 1500 - 9th Avenue 2130 Zeldler Road
TF: 866.309.2667 Valenmount BC McBride BC
Fax: 250.564.3433 TF: 866.309.2667 TF: 866.309.2667



Robson Valley

Pet Hostel

Grooming & Boarding

Ann Schwartz - Animal Health Technician
250-569-3319 Website with information and galleries:
www.pethostel.ca

Meraki Builders

Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)

**Giftware & Greetings,
Health Food & Organics,
Supplements, Snacks & Treats,
Breakfast, Lunch & Café.**

**WE WILL BE CLOSED MONDAY,
FEB. 21ST FOR FAMILY DAY.
HAVE A SAFE & HAPPY LONG WEEKEND!**

Call us or check our FB page for our daily lunch specials!

Follow us on Facebook - fb.me/youarewelcometohome
Monday - Saturday 8:30am to 4:00pm 250-569-0215

FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area since 1996!!!
For the week of *Wednesday, February 16th, 2022*

HOSPITAL AUXILIARY NEWS

McBride and District Hospital Auxiliary will be holding their AGM March 7th @ 7pm via Zoom. Would you like to become a member? Join us at our AGM to see what we have in the works for future fund-raising events. Everyone is welcome to attend. For further details email Beth at bethfred@telus.net. For the Zoom invitation or for more information call Carol at 250-569-7176.

ATTENTION GARDENERS

Robson Valley Arts and Culture Council is looking for volunteers to show off what they've been growing as part of a Garden Tour in McBride and Dunster. Would you be willing to host a tour of your garden in late August 2022? Do you know of others who might help showcase our Robson Valley gardens? Hope to hear from you! Please message Chelsie directly here, or email chelsiestubs01@gmail.com for additional details.

BIRTHDAY WISHES FEB. 16-22

Norma Wheeler, Sheila Baran, Matt Elliott, Rayann Flynn, Pat Cousineau, Helgi Remnelg, Tony Vizza, Alex Mercuri, Travis McRae, Janice Mercuri, Keith Berg, Lina Roth, Emmalee Chinpka, and to any we have missed, Happy Birthday!

A LITTLE THINKER...

OPEN GATE GARDEN

Never test the depth of the water with both feet.
If you are feeling the itch to start planning your spring garden, remember the Open Gate Garden has a Seed Bank in the McBride and District Library. Many popular and open pollinated seeds are disappearing from catalogues. The Seed Bank has seeds harvested here in the Valley as well as commercial breeds donated last year. Seeds are free and we only ask you mature some of the crop and return seeds to the Bank for future use. A sign up list will be available. Please note the kind, variety, your name and contact information. Current gardeners must reserve the plots they had last summer. If you want to keep the same bed please advise D. Simpson at 250-569-3343 or djoker@telus.net by February 25. When and where to fill in paperwork and pay rental will be announced at a later date.

ANOTHER LITTLE THINKER...

What happened when a faucet, a tomato, and some lettuce ran a race together?
The lettuce was ahead, the faucet was running, and the tomato was trying to ketchup.

COVID-19 NEWS

Would you like your COVID-19 vaccination? FIRST DOSE SECOND DOSE BOOSTER DOSE. KIDS WELCOME! Stop by the McBride Community Health Services Building at 1126-5th Ave. on any of the following dates. Vaccination Clinics - FEBRUARY 16-WALK IN ALL DAY. FEBRUARY 18-KIDS 2:30-4PM. FEBRUARY 23-WALK IN ALL DAY. FEBRUARY 25-KIDS 2:30-4PM. To make an appointment call: 1-833-838-2323 (7am-7pm, 7 days a week) OR 250-569-2026 (8:30am-3:30pm M-F).

LIBRARY NEWS

Weekly Adults' Programs - Fibre Artists (Thurs., 10am on-line), Writing Group (Fri., 1.30pm, in person). Call 250-569-2411 for details.
Workshops for Adults - Next adult workshop is beeswax food wraps (Feb. 24). Classes are held in person and again on-line. Call 250-569-2411 or email library@mcbridebc.org for details.

Collection/Delivery Service - We are still happy to prepare book/DVD/puzzle orders for you, and deliver to your doorstep. Call 250-569-2411 or email library@mcbridebc.org to place your order.

BC Libraries do not ask for proof of vaccination, though masks are still required. We offer help to anyone who needs to access or print their vaccination proof.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.
Scott & Susan (Oscar & Brown)

Take a Break in McBride...B.C.'s Friendliest Town!!



ROBSON VALLEY
PHYSIOTHERAPY
Phone 250-569-7995
robsonvalleyphysio@gmail.com

Frank and Sons Automotive Ltd.

Repairs - Tires - Windshields
975 Airport Road - 250.569.8830

Cougar Den Cabins

250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)

THE HAIR SHOPPE

803 3rd Ave.
778-258-0343

How can something come from nothing
out of nowhere?
Contact Bible Truth. Phone 250-569-7077.
Box 185, McBride, B.C.

Closed Sun., February 20
& Mon., February 21
Have a Great Long Weekend!
250-569-0133
Open M-F: 6am-5pm. Sat. 9am-5pm. Sun & Stats: Closed

Robson Valley Business Services

Offering Bookkeeping
and Computer Services.



Lori Gane 250-569-7941
RVBS

Jim Chicago 250-569-7942
Or check us out at www.rvbs.ca and on
Facebook at [fb.me/RobsonValley.BusinessServices](https://www.facebook.com/RobsonValleyBusinessServices)

All In The Details Carpentry

Matthew Fletcher
• Licensed Red Seal Carpenter
• Complete interior and exterior finishing
• Quality Craftsmanship

fletchermatthew14@gmail.com
Call Fletcher @ 250-569-7647

Snow Removal

BORSES HOEING



Gary Schwartz
Farrier Service
McBride, BC
250-569-3319

SNOW CLEAN-UP
300' to the house from the road. - \$250.00
7 Days a week - 250-968-4370

UNCLE MARK'S CUSTOM MEAT CUTTING
Field to Plate Service, © "Stress free animals
humane harvest, custom sausage,
\$5 bags of bones and bird suet Mart Roth 250-569-7805
"make better meat"

1-877-295-0655

MONASHEE COMMUNICATIONS
www.monasheecomunications.ca
accounts@monasheecomunications.ca

WIRELESS INTERNET

McBride / Dunster / Tete Jaune / Valenmount

INSULATION & DRYWALL

250-569-0320

HISTORIC MCKALE HOUSE

421 Main Street 250-569-7176

Hours: Thurs, Fri 11-4, Sat, 10-2

GoodLuck Socks....

Buy one pair, get second pair at half price.
Check out our huge selection of kids' books!!

HORSESHOE LAKE VENTURES

377 Main Street McBride, B.C.
250-569-0075



WINTER GEAR!

GLOVES, DEICERS,

ICE-MELT SALT, DE-GEL, ETC.

• Feed and Farm Supplies • Dog and Cat Food
• Full Hydraulic Hose and Fitting Supply
• Agricultural Parts/Repair • Automotive Parts/Accessories

WHISTLE STOP GALLERY

250-569-8891



Welcome to the Whistle Stop

Home of Robson Valley artists and artisans since 2002. As we head into 2022 our artists have been working hard to refill the shelves with new creations and old favorites. This year marks the 20th year the Whistle Stop has been supporting our local artists and our community. Visit us in the train station and see what we have been up to! Come and visit - we are open daily and our winter hours are 9-4-30. whistlestopgallery.ca

JMR 250-569-2666

AUTO SERVICES 1021 SE Frontage Road

LICENSED AUTOMOTIVE & DIESEL MECHANICS

We will be CLOSED on Monday, February 21 for Family Day

MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED

Robson Valley Septic & Water Hauling

Right-to-you- RV Septic & Water · Bulk Water Delivery
Dome Creek, McBride, Valemount, Blue River - 250-569-7812

D & T INDUSTRIES

250-569-7758 / 7050



Robson Valley Home Hardware

BUSINESS FOR SALE

250-569-7769 250-569-7084



VALLEY MUSEUM & ARCHIVES

Current Exhibit: Perception & Discovery

The photography of Matthew Wheeler

Renew your museum membership & ENTER TO WIN \$20 Museum Bucks! Your membership ensures an accessible & inclusive public space for all to enjoy.

Tuesday - Friday 11am to 4pm FREE ADMISSION!

HIGH COUNTRY RENTAL & REPAIR



4700 HWY 16 WEST
MCBRIDE, BC V0J 2E0

TOLL FREE: 877.926.7090
LOCAL: 250.569.7099

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Open 9am-9pm 7 days a week
After hours Parts and Repair available

LINDA FRY
INCOME TAX PREP

PREPARING YOUR PERSONAL
INCOME TAX RETURNS SINCE 1981.
THIS YEAR I WILL BE WORKING FROM
THE GRIZZLY PUB (250-569-0101)

STARTING MARCH 1
BETWEEN THE HOURS OF 10AM AND 3PM
PLEASE CALL AHEAD.

OTHER CONTACTS 250-569-0138
(RESIDENCE) OR LINDAFRY@TELUS.NET

COMMUNITY ANNOUNCEMENTS

McBride Health Unit Mom's N Tot's Group - Every Friday, 10-11am, in the lobby. 250-569-2251 ext. 2044. Or swing by, we would be happy to meet and see you! Pre-natal education. Post-natal education, and Breast-feeding support.

RVCS NEWS UPDATE

McBride: MONs Family Place Drop-In is now on Mondays from 9am-noon with Charlene. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS unless otherwise stated below (942 3rd Ave.). Call 250-569-2266 to join. Feb. 21 closed for Family Day. Feb. 28 Skating on the Crescent (weather permitting) or tumble time at RVCS. **WEDs Seniors Drop-In** is now on Wednesdays from 1-3pm with Sandy. All seniors are invited to come by for both structured and unstructured recreational, educational and social activities at RVCS unless otherwise stated below (942 3rd Ave.). Call 250-569-2266 to join. Feb. 16 V Day Tea Party & Craft. Feb. 23 Soup & Bun. **TUES FEB. 15 & 22, MAR. 1 & 8** from 3:30-4:45pm join us for My Self Portrait: An Art Workshop for Kids ages 7-12 years where we will explore different art techniques with Jessica and create our own, unique artwork. Please call 250-569-2266 or email events@rvcsbc.org to join. **TUES Join us for Seniors Walking & Wheeling Group** every week at 2pm for a 30-45 minute stroll or roll around town with Sandy. All fitness abilities welcome. Call 250-569-2266 to join or email events@rvcsbc.org.

RVCS is looking for residents who are interested in sharing their skills or talents with others in exchange for learning something new from them! Some ideas are: art, movement, cooking, woodworking, gardening, technology, writing, language, sewing, nutrition, meditation, budgeting and more! If you're interested in participating in this Intergenerational Skills Exchange program, please call Shae at 250-566-9107 or 1-844-324-2004 (toll-free). We encourage intergenerational knowledge sharing. **WED., FEB. 23** is Pink Shirt Day! Look for activities happening at RVCS (942 3rd Ave.) highlighting this year's theme: "Lift Each Other Up." We hope to spread joy, awareness and show our support for anti-bullying initiatives. More event details to come!

BUY, SELLS, RENT & MISC.

For Sale-Crestview CVACR160 table lamp, \$90.00. Brown swirl metal table lamp \$50.00. Phone 250-569-3110. **For Sale-3000** watt 24V global LF series inverter/charger. Has all the features, can be used for off grid set ups as well. Asking \$1000. 2007 Suzuki DR 650 on/off road motorcycle for sale, excellent condition, new tires - asking \$3500. Filson Canvas miners tent, has ground cloth, sleeps 2-4 people. \$450. Text/call Tyler 778-989-7649. **For Sale-2002 Dodge Durango**, dependable. \$4500. Phone 250-253-7702. **For Sale-7'** Cedar Post Large, \$12 each. Phone 250-569-7733. **For Sale-2** Wooden Patio Chairs, \$30.00 each. Ph: 778-878-8869. **For Sale-2000 Ford Taurus**. Asking \$1900. Please call Lisa. Phone 250-569-4043. **For Sale-Stihl** and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods. **Sunday worship services** at McBride Anglican United Church at 10am (4th Sunday of the month at 9am). We celebrate Communion together, usually on the third Sunday of the month. We welcome you to join our community of faith as we gather safely in person for a time of prayer, music, readings, and reflection. All are welcome. Rev. Kim McNaughton, 250-569-3206. **Seventh-day Adventist Church** Ph: 250-569-3370. Pastor Ph: 1(250)-808-7399. **Adventist Community Service (Dorcas)** Open Tuesdays 1-3pm, contact numbers 250-569-2479 Terri, 250-569-2527 Esther. **MASKS MANDATORY.** **Foodbank** contact number is 250-569-3186. **St. Patrick's Catholic Church** Ph: 250-569-2606. Call to Confirm. **Mountain Chapel (PAOC)** at Third and Main Streets. Following Health rules as they are announced. Services are held Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-569-0291.

Via-Rail Schedule viarail.ca Phone 1-888-842-7245
Going West - Sunday...2:44pm
Going East - Thursday...12:18pm
Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY 9-1-1 Gov't Serv. BC. 250-569-3760
R.C.M.P. 250-569-2255 Village 250-569-2229
Hospital 250-569-2251 Reg'l Dist' 1-800-667-1959
Health Unit 250-569-2251 RV Comm. Srv. 250-569-2266
K to 7 School .. 250-569-2721 Food Bank 250-569-3186
High School 250-569-2295 Fire Hall 250-569-3117
School District 57 Dental Office The Little McBride Paper School District 57 250-569-3434 250-569-3110
1-800-256-7857 250-569-3434
BC BUS, 844-564-7494 Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - for Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.'s Frieddlest Town!!



McBride & District 250-569-2411

521 Main Street McBride, BC V0J 2E0

WINTER HOURS

Tuesday 10-6

Wednesday and Thursday 10-5

Friday 1-8

Saturday 1-5

library@mcbridebc.org mcbride.bc.libraries.coop

Robson Valley Entertainment Association
Annual General Meeting

February 28, 2022 - 7:00 p.m.

VIA ZOOM

Please e-mail:

rosemary@advantageinsuranceservices.com

for a link to the meeting

WAHOO ENTERPRISES 820-1st Ave. 250-569-0320

Yellow dot sale!

60% off items with a yellow dot on the price sticker!
See our Facebook page for pics.

Mr. Roth's Famous Popcorn

Organic Dairy Bulk Organics

Ancient Grains

Cream-On-Top

Milk

Quark

Cheese

Cream

Homemade Frozen Meals

Soft dough Baking

Cinnamon Buns

Grassfed

Chem/Med-FREE

Beef

Sausage

& Smokies

Homemade

Ice Cream

Sandwiches

Uncle Marks

Tasty Food

Open Weekdays 8:30 - 5:00

926-1st Ave
McBride
(250) 569-3003
www.unclemarks.ca

Rich boyz MECHANICAL AND TOWING

250-569-2470

Light & Heavy Duty Towing

BCAA Provider

Heavy Duty & Commercial Transport Mechanical

CVSE Inspection Facility

McBride AG Foods

250-569-0140

ALWAYS CANADIAN
CASE LOT NEXT WEEK
HOURS:
Monday to Saturday 6:30am to 6pm Sunday: CLOSED
Trace Masks are Required in the Store
FRESH FISH FRIDAYS

Advantage Insurance Services Ltd.

Rosemary L. Hruby, CMB

250-569-2264

We will be closed

Monday, February 21

for Family Day

Giggin' Grizzly Pub

Thursday - Friday - Saturday - Sunday

4:00 pm to 8:00 pm

dine in * patio * take out *

250-569-0101

Alaina Chapman RMT

Registered Massage Therapist

Monday, Wednesday & Thursday
Ph: 250-566-1040 To book an appointment

INTERNATIONAL MOTHER LANGUAGE DAY

C R A B A N G L A N G U A G E
U A E U M Z S P E P H N U I O
L M G T X A W A R E N E S S T
T I E L U N A T I O N S N T A
U A W I A B L L U P M C O C S
R D O F P R I V N L P O I E S
E F L B F H E R I E B C T L E
Y E I R M M L N T S Y G C E M
D B B R O U T K E V X N E B B
Y R B B N S W V R D G H I T R L
W U D O E T V J V H O V O A Y
R A N N U A L T J L X A R T K
Y R T C C N Y U X O A D S P E T
R Y S C I T T S I U G N I L J G
U E E V I T A I T I N I A C Q

Take a Break in McBride...B.G.s. Friendliest Town!!

ANNUAL
ASSEMBLY
AWARENESS
BANGLA
BROAD
CELEBRATE
CULTURAL
FEBRUARY
FIRST
GENERAL
INITIATIVE
LANGUAGE
LINGUISTICS
MONDAY
NATIONS
OBSERVANCE
PEOPLES
PROMOTE
PROTECTION
SAVINGS
TRIBUTE
TWENTY
UNESCO
UNITED
WORLD