

Start the NEW YEAR right - The Organika Way!

BEEF BONE, CHICKEN BONE & VEGETABLE BROTH POWDERS
ENHANCED COLLAGEN - ORIGINAL, VITALITY & RELAX.
MARINE VEGETARIAN & BIOCELL COLLAGEN
ELECTROLYTE POWDERS, MAG, QUERCETIN WITH BROMELAIN,
INSTANT C, D & ZINC TABLETS & MORE!

CALL OR CHECK FACEBOOK
FOR OUR DAILY LUNCH SPECIALS!



Girls & Moms

Follow us on Facebook - fb.me/yournameandhome

Monday - Saturday 8:30am to 4:00pm 250-569-0215

Wishing everyone in the Valley a Happy New Year!

There are a few remaining Calendars of the Robson Valley Nature & Wildlife left and they are now on sale while stock lasts!

Get yours at Welcome Home or email
 sand@jamesphotography@gmail.com
 sand@jamesphotography.com & Instagram

New Year, New products on the way! Thank you for all your support.



DRYWALL! Paint and Reno

778-201-7114

**ROBSON VALLEY
 TELEPHARMACY**

OPEN Mon.-Fri. 9-5 Sat. & Sun. Closed
 www.robsonvalleyidapharmacy.com
 250-569-8811
 1136 - 5th Ave. inside the McBride Hospital

HIRING NOW

Please send resume to
robvalleyida@outlook.com



MAIN STREET PIZZA 265 MAIN STREET MCBRIDE, BC

PIZZA - CALZONE - GARLIC BREAD
 CHICKEN - WINGS - GIFT CARDS

WEDNESDAY - SATURDAY
 11AM-8PM - (778) 258-4991

Delivering Fuel Four Rivers
 East to McBride & Co-operative
 Valemount



Co-operative

Visit our Gas Bar in Prince George!
 6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Valemount Cardlock: McBride Cardlock:
 Tel: 250.564.3488 1500 - 9th Avenue 2130 Zeidler Road
 TF: 866.309.2667 Valemount BC McBride BC
 Fax: 250.564.3433 TF: 866.309.2667 TF: 866.309.2667



**Robson Valley
 Pet Hostel**

Grooming & Boarding

Ann Schwartz - Animal Health Technician
 Website with information and galleries:
 250-569-3319 www.pethostel.ca

Meraki Builders

Construction and Renovations
 250 569 7885 (Nitch) 250 569 4109 (Brenden)

FREE The Bible FREE

McBride

Paper



Serving BC's Friendliest Town and Area since 1996!!!
 For the week of *Wednesday, January 5th, 2022*

HOSPITAL AUXILIARY NEWS

The McBride Hospital Auxiliary had a successful fund-raising season and we wish to thank all who were responsible including businesses and community members. This community so generously supports us with time, purchases and donations. As president of the Auxiliary I would particularly like to thank our dedicated members who start organizing in early fall and who are still tidying up the loose ends. Thank you to Joanne Bedell, Barb Brabant, Pat Elliot, Beth Frederick, Mary Hooker, Sandra James, Eleanor Johnson, Elaine Robson!!!

The Auxiliary is happy to welcome new members and I encourage you to talk to a member to find out about what the Auxiliary does or attend our next meeting by Zoom, Monday, January 10 @ 7pm. (Please contact Beth Frederick @ befridre@telus.net re:Zoom) Enjoy the snow!

-Carol Hammar

LIBRARY NEWS

Are Your Kids Up for the Reading Challenge? The New Year is a great time to create some new good habits (or encourage old ones!) - if you have kids under 12, our New Year Kids' Reading Challenge is perfect for them! Call in at the library to collect a reading log for January. For each day your child reads, they colour in a book on the log sheet. If they read every day, bring back the log and we'll enter them into a prize draw for a fun pack of kids' literary prizes! There will be one draw each month from January to April, so there's plenty of time for them to be involved and enjoy some daily reading.

Ask us about the Writing Group! Fridays, from 1:30pm. On-line or in person. Call 250-569-2411 or email library@mcbridebc.org for details.

Fibre Artists are Back! It's getting chilly out, so learn to knit yourself a sweater with the Fibre Artists! On-line via Zoom on Thursdays from 10am-12pm. If you would like to participate, but don't have internet at home, we can set you up in the library.

Computer Lab Child-Friendly Times. We are happy to welcome children (ages 8+) into the computer lab again at the following times: Tues., Fri. and Sat. 3-5pm. Ages 15+ welcome any time the library is open.

Collection/Delivery Service Still Running. We are still happy to prepare book orders for you to collect, or we can deliver your items to you. Please call 250-569-2411 for details.

BC libraries do not need to ask for proof of vaccination, so everyone is welcome to come in (the usual mask requirements are in place). We offer help to anyone who needs it to access their vaccination proof on-line.

COMMUNITY ANNOUNCEMENTS

McBride Health Unit Mom's N Tot's Group - Every Friday, 10-11am. in the lobby. 250-569-2251 ext. 2044. Or swing by, we would be happy to meet and see you! Pre-natal education, Post-natal education, and Breast-feeding support.

BIRTHDAY WISHES JAN. 5-11

Daniel Roussel, Jonah McKenna, Melvin Taphorn, Parker McCrea, Adaleena Mercuri, Nicole Keim, Anne Engelhardt, Brian Engelhardt, Jayden Rhodes, Al Birnie, Shannon Skinner, Tracy MacMaster, Ewan Smith, Lincoln McCann, Lorraine McKae, Rachel Ondang, and to any we have missed. Happy Birthdays!

Covid Vaccination Clinic Dates:

January 10-14, 2022 8:00am-5:30pm McBride Community Hall. Please book your appointment either through the ImmunizeBC website, by calling 1-833-838-2323, or by calling the local McBride Community Services Building at 250-569-2251. Walk-In's welcomed at all of the above noted clinic dates.

BUY, SELL, RENT & MISC.

For Sale-Kent Guitar \$50. Crestview CVACR160 table lamp, \$90.00. Brown swirl table lamp \$50.00. Phone 250-569-3110**For Sale-3000 watt 24V global LF series inverter/charger. Has all the features, can be used for off grid set ups as well. Asking \$1000. 2007 Suzuki DR 650 on/off road motorcycle for sale, excellent condition, new tires - asking \$3500. Filson Canvas miners tent, has ground cloth, sleeps 2-4 people. \$450. Text/call Tyler 778-989-7649.**For Sale-2002 Dodge Durango, dependable. \$4500. Phone 250-253-7702.**For Sale-Pulleys most laying \$25.00 each. FREE - 2 Male Bann Cats, 1/2 grown, 1 Bantam Rooster and 2 Bantam Hens. Phone 250-569-7733**For Sale-2 Wooden Patio Chairs. \$30.00 each. Ph: 778-878-8869**For Sale-2000 Ford Taurus. Asking \$1900. Please call Lisa. Phone 250-569-4043**For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

 Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything! Phone: 250-569-3110, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.
 Scott & Susan (Oscar & Brown)

Take a Break in McBride...B.G.'s Friendliest Town!!
 All articles and ads are not the expressed opinion of this paper or it's owners.

Robson Valley Business Services

Offering Bookkeeping and Computer Services.



Lori Gane 250-569-7941

RVBS

Jim Chicago 250-569-7942

Or check us out at www.rvbs.ca and on Facebook at fb.me/RobsonValley.BusinessServices

McBride & District 250-569-2411
PUBLIC LIBRARY

521 Main Street McBride, BC V0J 2E0
WINTER HOURS
 Tuesday 10-6
 Wednesday and Thursday 10-5
 Friday 1-8
 Saturday 1-5
 library@mcbridebc.org mcbride.bc.libraries.coop

HORSESHOEING
 Gary Schwartz
 Farrier Service
 250-569-3319
 McBride, BC

WAHOO ENTERPRISES 820-1st Ave. 250-569-0320
 Do you need to keep track of important meetings, appointments, or just your thoughts?
 We have 2022 planners & diaries in stock.

UNCLE MARKS CUSTOM MEAT CUTTING
 Field to Plate Service, © "Stress free animals humane harvest, custom sausage, \$5 bags of bones and bird suet. Mark Roth 250-569-7805

1-877-295-0655

MONASHEE COMMUNICATIONS
 WIRELESS INTERNET

McBride / Dunster / Tete Jaune / Valemount

INSULATION & DRYWALL

250-569-0320

HISTORIC MCKALE HOUSE

421 Main St. 250-569-7176 Check our FB page "I wonder if the snow loves the trees and fields, that it kisses them so gently? And then it covers them up snug, you know, with a white quilt; and perhaps it says, "Go to sleep, darlings, till the summer comes again." - Lewis Carroll

HORSESHOE LAKE VENTURES
 377 Main Street McBride, B.C.
 250-569-0075

WINTER GEAR!

GLOVES, DE-ICERS, ICE-MELT SALT, DE-GEL, ETC.

• Feed and Farm Supplies • Dog and Cat Food
 • Full Hydraulic Hose and Fitting Supply
 • Agricultural Parts/Repair • Automotive Parts/Accessories

ROBSON VALLEY PHYSIOTHERAPY
 Phone 250-569-7995
 robsonvalleyphysio@gmail.com

Frankie and Sons Automotive Ltd.
 Repairs - Tires - Windshields
 975 Airport Road - 250.569.8830

Cougar Den Cabins
 250-569-7308

Daily, Weekly & Monthly Rates
 1800 Samson Rd. McBride (bottom of Lucille mountain)

THE HAIR SHOPPE

803 3rd Ave. 778-258-0343
 side entrance
 Science claims to draw its conclusions from evidence. Could the amazing human body, the beauty and fragrance of flowers, rich short term harvest from a tiny seed be scientific evidence for a creator? Contact Bible Truth, Phone 250-569-7077. Box 185, McBride, B.C.

WINTER STORMS ARE A BLOWING
HASN'T STOP SNOWING
HANGOUT AT THE BEAVER 2
 Open-M-F:6a.m.-5p.m. Sat. 9a.m.-5p.m. Sun & Stats: Closed
 250-569-0133
Beauty 2 Biko

JMR 250-569-2666
 AUTO SERVICES 1021 SE Frontage Road

**LICENSED AUTOMOTIVE
 & DIESEL MECHANICS**

MONDAY to FRIDAY 8:30am - 4:30pm
 SATURDAY & SUNDAY - CLOSED

Robson Valley Septic & Water Hauling
 Right-to-your-RV Septic & Water - Bulk Water Delivery
 Dome Creek, McBride, Valenmount, Blue River - 250-569-7812



**Robson Valley
 Home Hardware**

BUSINESS

FOR SALE

250-569-7769 250-569-7084

**FOREVER PRINTING
 & SIGNS**

Home of THE LITTLE McBRIDE PAPER

- Signs • Magnetics • Sandwich Boards
 - Vehicle Decals • Window Decals
 - Business Cards • Memorial Cards • Posters • Binding
 - Address Labels • Full Color Laser Photo Copies
 - Invitations • Brochures • T-shirts • Engraving • T-shirts
- for more information please contact
 Scott or Susan at 250-569-3110,
 email: contact@fpas.ca
 website: www.fpas.ca

RVCS NEWS UPDATE

Family Place Drop-In is now on Mondays from 9am-noon for connection with other families, parenting resources and fun for you and your 0-6 year old children! Call Charlene 250-569-2266 to join. All events are held at RVCS unless otherwise stated below. Jan. 10 Skating at the Crescent Jan. 17 Tobogganing at Johnsons Pit and Winnie the Pooh day Activity book. Jan. 24 Skating at the Crescent and Family Literacy Day Activity Book. Jan. 31 Tobogganing and snowshoeing at Johnsons Pit.

Seniors Drop-In is now on Wednesdays from 1-3pm. All seniors are invited to come by for recreational, educational and social activities. Please call Sandy 250-569-2266 to join. All sessions are held at RVCS unless otherwise stated below (942 3rd Ave.), January 5th: Trip Around the World with Photos. Bring photos of your past travels or experiences to share and tell stories. January 12th: Pet Therapy with dogs. January 19th: Painting with Jessica. January 26th: Soup & Bun.

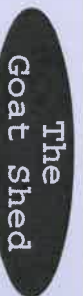
Tech Cafe Call to book your spot with Sandy for our January session of Seniors Tech Cafe on Tuesday, January 25th from 2pm-4pm. This is a supportive space to ask basic tech related questions, such as how to use your device, learn about cyber security, how to use social media and more! Please call Sandy 250-569-2266 to join. **Blue Bottle Program:** Be prepared for an emergency. Participate in the Blue Bottle Program and increase first responders' response effectiveness in the event that you're experiencing a medical emergency. How does it work? We supply you with the FREE Blue Bottle kit, you fill out your medical information, roll up the form inside the bottle and store it inside your freezer. You're also provided with decals to indicate you're a participant in the program and to alert medical personnel of its location. Time is of the essence when facing medical distress. If you'd like to know more or you're interested in receiving your own kit, please reach out to our Seniors Services Team at 250-569-2266 or 1-844-324-2004 (toll-free).

Snow Angels for snow removal. We are looking for volunteers to assist seniors in need with basic snow removal this winter season. If you see a sign posted in a yard asking for help, consider shovelling enough so they can safely move about and exit their home. For more information, or to request assistance for a senior in need, please contact our Seniors Services Team at 250-569-2266 or 1-844-324-2004 (toll-free).

Artist Callout. We are looking to display art from our youth, budding creatives or established artists!! Are you interested in showcasing your art for a set term in our McBride office to inspire clients through art therapy and the healing benefits that artistic interpretation and appreciation can instill! If you answered YES to this question and you want to be a part of this project, please reach out to Sara by calling 250-569-2266.

A LITTLE THINKER...

I asked my date to meet me at the gym today.
 She didn't show up.
 That's when I knew we weren't going to work out.



The Goat Shed

E Z V M N T T E I C I S M D S
 M A R Y H E M Y A P L A O R Q
 J U L G J M L R L R Q M O O U
 V L I S Y T O C I E G A R W A
 L N B B P L J G E J R M E S R
 K A H O L L Y W O O D T Y S E
 U O D S Q H L P I K I E A A S
 U G B Y W S R Y B N A L D P X
 E M A G I O L G F E W E R G Z
 R X T T P I H O E D A V U W M
 O D C O M K I S S L R I T V Y
 S O S A H C T A M O D S A R S
 M A F D H C D A Q G S I S J T
 L S T T E N R U B X Y O P K Z
 F I R S T L I V E C C N S D F

- AWARDS
- BURNETT
- CAROL
- EMMY
- FAMILY
- FIRST
- GAME
- GIRLS
- GOLDEN
- HOLLYWOOD
- LADY
- LIVE
- MAMAS
- MARY
- MATCH
- MOORE
- NIGHT
- PASSWORD
- PROPOSAL
- SATURDAY
- SHOWS
- SITCOM
- SQUARES
- TELEVISION
- TYLER

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3pm. Clothes and Household Goods • Sunday worship services at McBride Anglican United Church at 10am (4th Sunday of the month at 9am). We celebrate Communion together, usually on the third Sunday of the month. We welcome you to join our community of faith as we gather safely in person for a time of prayer, music, readings, and reflection. All are welcome. Rev. Kim McNaughton, 250-569-3206 • Dorcas - Adventist Community Center (Dorcas) OPEN Tuesdays from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group). Contact # Terri 250-569-2479 • Foodbank contact number is 250-569-3186 • St. Patrick's Catholic Church Ph: 250-569-2606. Call to Confirm • Mountain Chapel (PAOC) at Third and Main Streets. Following Health rules as they are announced. Services are held Sundays at 11:10am. Everyone is Welcome. Minister's phone 250-569-0291.

Via-Rail Schedule		
Going West	-	Sunday...2:44pm
Going East	-	Thursday...12:18pm
Discounts for 1 or 3 days advance booking.		

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'1 Dist	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Serv.	250-569-2266
K to 7 School	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
School District 57	Dental Office	The Little McBride Paper	250-569-3110
1-800-256-7857	250-569-3434		
BC BUS	844-564-7494	Report Forest Fires	1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.			

Take a Break in McBride...B.G.'s Friendliest Town!!

Mr. Roth's Famous Popcorn

Organic Dairy

- Cream-On-Top
- Milk
- Quark
- Cheese
- Cream

Bulk Organics

- Ancient Grains
- Rice
- Beans

Homemade Frozen Meals
 Sourdough Baking
 Cinnamon Buns



Uncle Marks' Fast Food

Open Weekdays 8:30 - 5:00
 926-1st Ave
 McBride
 (250) 569-3003
www.unclemarks.ca

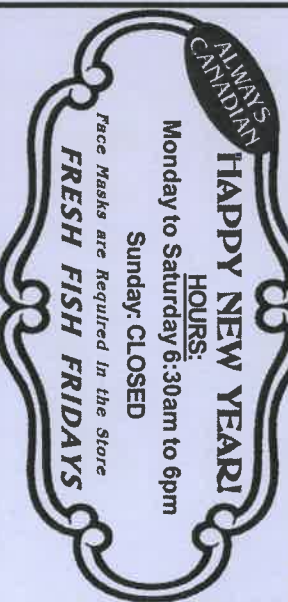
Rich boyz MECHANICAL TOWING

We have been busy renovating and are now stocking snowmobile parts, oils and gear!
 New items arriving regularly.

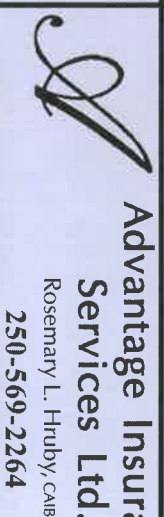
Now open 7 days per week!

McBride AG Foods

250-569-0140



Advantage Insurance Services Ltd.



Rosemary L. Hruby, CAIB
 250-569-2264

DON'T FORGET TO CHECK YOUR CHIMNEYS AND KEEP THEM CLEAN

Gigglin' Grizzly Pub

Thursday - Friday - Saturday - Sunday
 4:00 pm to 8:00 pm
 * dine in * patio * take out *
 250-569-0101

Alaina Chapman RMT

Registered Massage Therapist
 Monday, Wednesday & Thursday
 Ph: 250-566-1040 To book an appointment



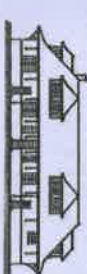
Red Seal Journeyman Carpenter
 For all your carpentry needs
 250-569-7120
 To see my work scan above, or go to
<http://www.instagram.com/s.heim>

ANOTHER LITTLE THINKER...

Nostalgia isn't what it used to be.

WHISTLE STOP GALLERY

250-569-7825



Pottery and Paintings
 Scarves and Wool too.
 From Wall-Art to Jewellery
 the Whistle Stop has it for you!
 Open 9-5 daily at the Train Station
 whistlestoppallery.ca