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x: 250-569-0220, email: contact@fpas.ca
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The Little FREE

McBride





For the week of Wednesday, November S^{nd} , 2021 ving BC's Friendliest Town and Area since

THANK YOU

Thank you to all family, friends, neighbours, medics and careworkers who helped my mother, Evelyn Jensen, to live at home on the farm for as long as possible and continue to help me also. I may never be able to repay you all adequately, so please accept this sincerest of Thank Yous.

-Terry Jensen the farm for as long as possible never be able to repay you a sincerest of Thank Yous.

GOMMUNITY ANNOUNCEMENTS

The McBride Elks and Royal Purple would gratefully like to acknowledge the Regional District of Fraser-Fort-George, through the facilitation of Area H Director Danielle Alan, for a generous grant enabling us to purchase a badly-needed new propane furnace for the Elks Hall. Similarly, we would like to thank lawyer Lorne Wellwood (whose family ran the Red & White store next to the Elks Hall in the early 1960's) for his assistance in our Land Owner Transparency Registration. Such community support is crucial to our survival as community service clubs.

Putting it into Perspective with Glen Frear: The Whistle Stop Gallery in partnership with the Valley Museum and Archives is hosting an art course instructed by local artist Glen Frear. Glen Frear has studied art in Italy as well as had his art showcased around the province of British Columbia. By the end of the course you will be able to draw three-dimensional models and environments on a two-dimensional surface. The program is limited to 6 participants and will run every Wednesday from November 3rd until December 8th, 1-3PM. Vaccination Passports are required for this program. Participant cost for the entire program will be \$20 and all supplies will be provided. Please contact the Whistle Stop Gallery at whistlestopallery@telus.net or call in at 250-569-8891 for sign-up or to ask any questions. Space is limited, call now!

McBride Health Unit Mom's N Tot's Group - Every Friday. 10-11a.m. in the lobby. 250-569-2251 ext. 2044. Or swing by, we would be happy to meet and see you! Pre-natal education, Post-natal education, and Breast-feeding support.

RVGS NEWS UPDATE

Family Place Drop In Program. If you have questions, are looking for parenting resources, or just need to chat, you can join us in person every Monday from 9am-noon. Check out our targeted programming each week! All programs are held at RVCS (942 3rd Ave.), unless otherwise stated. Mondays in McBride - Call Charlene 250-569-2266. November 8th: Remembrance Day Craft. November 15th: National Childs Rights Day. November 22nd: Baby Wearing. November 29th: Tumble Time.

Seniors Drop In Program. All seniors are invited to come by for both structured and unstructured recreational, educational and social activities. Come join Shae and Sandy for some socialization, get involved in the community and try new activities. Every Wednesday from 1 - 3 pm at the RVCS office in McBride (942 3rd Avenue). The first hour consists of games, puzzles, and resource sharing, followed by an hour of structured activities. McBride on Wednesdays - Call Sandy 250-569-2266. November 3rd: Fall Prevention Activities & Exercises. November 10th: Memory Games. November 17th: Community Member-Led Knitting Lesson. November 24th: Tech Café - Please bring your devices & questions for some one-on-one technology assistance. November 29th: No program - staff training

Tech Café - Call to book your spot with Sandy for our November Seniors Tech Café. This is a supportive space to ask basic tech related questions, such as how to use your device, learn about cyber security, how to use social media and more! McBride: Wednesday, November 24th from 1 to 3pm (942 3rd Ave.) Please call 250-569-2266 to book your spot!

Soup & Stitch. If you're a senior, or an adult looking to learn a new skill, join us for knitting fun and learn from the pros on Wednesday, November 17th from 1-3pm. Enjoy a bowl of hot soup and knit together! Bring your own stuff or use ours! *Supplies available. Call Sandy to join: 250-569-2266.

WorkBC Job Fair. WorkBC will be hosting a Job Fair for the local businesses in the community on November 25th from 1:00pm - 5:00pm in the Valemount RVCS Classroom (99 Gorse St.). If you're interested in setting up at the fair, please contact info@rvcsbc.org, otherwise, stop by the event to meet employers in the Valley.

*Masks required and please stay home if you're unwell.

OTHER HAPPENINGS: Are you in need of masks? We have a surplus at our office in McBride. If you would like one or a few, please call 250-569-2266. *Masks are NOT for resale purposes. Victim and Survivors of Crime Week Oct. 31-Nov. 6th: If you've been impacted by crime, please reach out to our Victim Service program staff by calling the office. 250-569-2266. 16 Days of Activism Against Gender-Based Violence runs from Nov. 25th-Dec. 10th as a call to action in ending and preventing violence against women and girls. Watch for upcoming awareness events and campaigns.

Via-Rail Schedule viarai
Going West Going East Discounts for 1 or 3 viarail.ca - Thursday. Phone 2:44₁ ...2:44pm12:18pm 1-888-842-7245

3 days

booking

NSULATION & DRYWALL 250-569. Reg'l Dist'...... 1-800-667-1959 RV Comm. Srv. 250-569-2266 Food Bank......... 250-569-2107 Forest Fires Fire Hall250-569-3117
ce The Little McBride Paper 1-800-663-5555 *vincial Numbers* ...

Take a Break in McBride...B.G.s Friendliest Town!!

250-569-0320

WHISTLE STOP GALLERY



Open 9-5 daily at the Train Station whistlestopgallery.ca Scarves and Wool too. From Wall-Art to Jewellery the Whistle Stop has it for you! **Pottery and Paintings**

Mr. Roth's Famous Popcorn **Bulk Organics**

Organic Dairy Cream-On-Top

Ancient Grains

Quark Cheese Sik

Beans

Homemade Frozen Meals
Schnamen Baking
Cinnamen Baking Chem/Med-FREE Grassfed

& Smokies

Sausage

Homemade Ice Cream

ncle Mark's Sandwiches

Tasty Food Wow.unclemarks.c

Open Weekdays 8:30 - 5:0 MECHANICAL

DOYZ

Rich Boyz has multiple openings for Tow Truck Operators. 2 openings in Valemount and 1 in McBride. All positions are On-Call but range from Casual/Part-time to Full-time. Class 1 preferred but will consider Class 3 (Class 5 may be considered with the expectation class 1 or 3 would be obtained ASAP). experience

Wage dependent on Drivers License Class
Must be competent, professional and
If you are interested in joining our team em
along with a recent drivers abstract to tany

McBride AG Foods

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DOLLAR DAYS until Nov. 6 6:30am to 6pm

Monday to Saturday - 6:30ar Sunday: CLOSED FRESH s are Required in the Store
FISH FRIDAYS

Advantage Insurance Services Ltd.
Rosemary L. Hruby, CAIB

250-569-2264

for an outstanding fireworks display Thanks to the Mc Bride Volunteer Fire Fighters Association on Halloween night.

jigglin' (prizzly du

Sunday

Thursday - Friday - Saturday - S 4:00 pm to 8:00 pm * dine in * patio * take out * 250-569-0101

Closed October 25 to November 17

Alaina Chapman RMT
Registered Massage Therapist

kegistered Massage Therapist Monday, Wednesday & Thursday Ph: 250-566-1040 To book an appointment

Do you think museums play an integral role preserving the history of our society? Are you looking for ways to feel more connected to your community?

Please consider joining the Valley Museum & Archives Board of Directors!

Call the museum at 250-569-3000 or drop by Tuesday - Friday between 11-4pm
WAHOO ENTERPRISES 820-1st Avc. 250-569-03

& Desk Pads Now In Stock! 2022 Planners, Diaries

For Outdoor Events...

We have Porta Potties

for your family Events and Gatherings!!

If you don't remember when your septic tank was last pumped out... it's time!! 3-5 years is safe!!

Don't wait for septic problems or damage!!
\$200 plus dumping fees covers most systems!!

Robson Valley Septic - 569-7812

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Robson Valley

Grooming & Boarding Ann Schwartz - Animal Health Technician

Construction and Renovations Meraki Builders

250-569-3319

Website with information and galleries www.pethostel.ca

The Robson Valley - 2022 Calendar by Local Photographer Sandra James - available NOW!

This Week's Lunch Specials d. 3rd—Thai Chicken Soup w Grilled Naa Thur. 4th—Loaded Baked Potato Soup Thai Chicken Soup w Grilled Naan
h—Loaded Baked Potato Soup
Chicken Noodle Soup with BLT

Chill & Cheesy Bun
Sted Poblano & Cheddar Soup/Cheese Quesadilla

We will be CLOSED Thursday, Nov. 11 for Remembrance Day.

ROBSON VALLEY LEDIAN TELE PHARMACY

250-569 1136 - 5th Ave. inside 9-8811
the McBride Hospital dapharmacy.com

Robson Valley IDA

Temporary Hour changes

Closed Between 12-1 For Lunch Monday-Friday 9-5,

Closed Saturdays and Sundays.

in Honour of Remembrance Day will be Closed November 11 Robson Valley IDA





McBride & District

V0J 2E0

Street McBride, BC FALL HOURS

Wednesday Tuesday and Thursday 10-6 10-5

Saturday 1-5 library@mcbridebc.org mcbride.t Friday 1-8

mcbride.bc.libraries.coop

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Valemount BC McBride BC

hoe Sure-Step LOCATION ZEV Repair

884

Resole, Zippers, Tarps

3rd Ave. 250-569-7822

BIRTHDAY WISHES NOV. 3-9

Oona MacMaster, Amelia Wolney, Gabby Godin, Javon Christensen, James Roth, Gray Poehnel, Angelina Ondang, Evan Carmont, Rose Anne Forster, Scarlett Sullivan, Alaina Chapman, Ingrid Stengler, Jordan Doherty, Teagan Trask, and to any we have missed, Happy Birth Javil

MGBRIDE HOSPITAL AUXILIARY NEWS

The McBride and District Hospital Auxiliary is busy organizing our fall and winter fund-raising. Our fabulous Rhu-Barb-B-Q sauce is still available at McKale House, \$10 each. Our newest item is a Rice Bag Heat Pad, made by members, also available at McKale House, \$20. And yes, Christmas is approaching, so our Christmas Hamper raffle has begun. Tickets are available at Advantage Insurance, McBride AG Foods, McKale House, the Valemount Health Clinic and from auxiliary members.

Engineers have successfully made that can run on parsley. car

They are that now attempting to man to make trains

SCHOOL NEWS

McBride Cer Strong Start, Strong Start, An early learning program, open to all children newborn - 5 years old (not yet in kindergarten) and their caregive Elementary

Our teacher is Mrs. Lotte. Program Times for this Fall: Fridays 8:45
- 11:45a.m. Dates: November 5, 12, 19, and 26; and December 3, 10, and 17. Please phone the school at 250-569-2721 to register your child/children and yourself. Adults are required to wear masks. We look forward to seeing you again or meeting you!

COVID-Conscious Kids' Christmas Shopping Day Sale - Early December - Donations Welcome: Think of McBride Centennial as you clean your house, sort through boxes, etc. We welcome any gently-used or never-before-used-and-want-to-find-a-good-home items for our sale. Please leave boxes on the benches outside the school's front doors. Call us at 250-569-2721 to let us know you are dropping items/boxes off. Items will be sanitized before the sale. All items must be dropped off by Monday, November 30 at 3p.m. The proceeds will go towards the grades 4/5/6 swim programme if we can have one in the spring. If not, the proceeds will go towards our Outdoor Learning Space. The smiles go to the students; and the gifts go to their loved ones. Thank you to all those parents and community members who have donated items thus far and those who will donate! Much appreciation!!

LIBRARY NEWS

de & District Public Library (521 Main)
HOURS - Tuesday 10-6, Wednesday and Thursday 10

5, Friday 1-8, Saturday 1-5.

New Creative Writing Program for Kids - In partnership with the Whistle Stop Gallery, we are offering a new program children in grades 5-12 who have an interest in creative writing Robson Valley Writers of Tomorrow. Join us in the library Thursdays from 4-5pm and learn to express yourself through writing: with n for

Fibre Artists are Back! It's getting chilly out, so learn to knit yourself a sweater with the Fibre Artists! On-line via Zoom on Thursdays from 10am-12pm. If you would like to participate, but don't have internet at home, we can set you up in the library. New

knit-along project coming soon!

Computer Lab Child - Friendly Times. We are happy to welcome children (ages 8+) into the computer lab again at the following times. Tues., Fri. and Sat. 3-5pm. Ages 15+ welcome any time the library

- Did you miss our outdoor book sale? Fear r not! We

have lots of fiction and non-fiction for sale still inside the library.

All sales are by donation. Pop in and pick up a bargain!

Children's Literacy Grab Bags - Back again each month, in partnership with Decoda Literacy. This month it's all about baking! Call in for your grab bag soon; first-come, first-served.

Collection/Delivery Service Still Running - We are still happy to prepare book orders for you to collect, or we can deliver your items to you. Please call 250-569-2411 for details.

BC libraries do not need to ask for proof of vaccination, so everyone is welcome to come in (the usual mask requirements are in place). We offer help to anyone who needs it to access their vaccination proof on-line.

BUY, SELL, RENT & MISG.

For Sale-Top Load GE Washer - Only used for one month. Phone: 250-569-7084••For Sale-Storage Shed- 10x18 white walls and roof, 3.4 inch ply wood floor on skids, front double doors. \$4,000 Phone: 780-903-9129••For Sale-2 Wooden Patio Chairs. \$30.00 each. Ph:778-878-8869••For Sale-2000 Ford Taurus, Asking \$1900. Please call Lisa. Phone 250-569-4043••For Sale-One Double Bed with headboard and bedding. 2 End Tables. Phone 250-569-2424••For Sale-2 female yorkshire pigs. Mother and daughter, Mom is 1.5 years old and kid is 8 months. Call Zach @ 250-569-7821••For Sale-Craftsman portable electric 1 hp 3 gal air compressor \$125. 250-569-3343••For Sale-Heavy Duty Log Splitter. Honda 9 HP GX270, 4" Ram 24" Stroke, Vertical or Horizontal, c/w Hitch on 13" Tires, 2" Hitch Ball. Phone 250-569-0226••For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

Please contact The Little McBride Paper with all coming enews, trivia, comments, anything!! 250-569-3110, Fax:250-569 email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2] drop off at 455 King St. If we don't know about it, we can't it the public about it! And check out our website www.fpas.ca.

Scott & Susan (Oscar & E s.ca. & Broom)

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CORPORATION OF THE VILLAGE OF MCBRIDE

McBride Downtown Revitalization Project

Community Engagement – Now Live!

The Village of McBride's Community Revitalization and Beautification Committee has been working closely with EcoPlan consultants on the development of a draft concept plan for downtown. The draft plan incorporates ideas and suggestions submitted by the public during the summer through IdeaShare.

Starting October 18, 2021, the Village will launch the Community Engagement portion of the project! You will be able to view design boards for three main focus areas in McBride and prioritize them for future grant funded projects. The design boards will be available for viewing online and at the McBride Library

You can see more information and click the link to the feedback survey on the Village's website at: https://www.mcbride.ca/village-office/mcbride-downtown

We welcome your input!



ROBSON VALLEY PHYSIOTHERAPY Phone 250-569-7995

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250-569-7308

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THE HAIR 778-258-0343 SHOPPE

Past & Present - Thank You Closed Nov. 11, 2021
(Open-M-F:6a.m.-5p.m. Sat.&Sun.:9a.m.-5p.) on those who worship it and receive it's m Contact Bible Truth. Phone 250-569-7077. Box 185, McBride. B.C. Honouring Vets Beanery 2



CORPORATION OF THE VILLAGE OF MCBRIDE

Asset Management Program Implementation Project Request for Quotes 1.2021

The Management Village of McBride is looking Program Implementation for Project. quotes to execute the Asset

Management Project encompasses Village of McBride community. Project Plan as key Asset Management Assessment and As steps to advance asset management for Asset Ħ

Project activities include:

- a Compiling base asset information
- system; excelbased system) b) Creating a dynamic componentbased drainage; 35 roads; for the year (updatable upon new asset information) and capital replacement plan (1 he following critical assets: community buildings (using water
- 2. Development component that includes tasl of assets for the following wastewater system; of, maintenance drainage; tasks critical roads; tracking system and l schedules to e al assets: water and community buildings by extend lives system; asset

See more details on the Village of McBride www.mcbride.ca/business/villageofmcbridetenders McBride website: https://

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Village

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McBride, McBride Email 4:00pm, s must be received n, Wedensday, Nove to cao@mcbride.ca, 5 BC V0J2E0. November Centre, or r mail/drop , 855 SW F 17, 2021 Frontage off at Rd., office: РО Village Box 519,

> The MCBRIDE TOURISM DEVELOPMENT FORUM You are invited to participate in the

residents in the Village of McBride is hosting its first ever Tourism Development Forum November 15th, 2021. All businesses, stakeholder organizations, and McBride region who have an interest in tourism are invited organizations,

What E C purpose of the Forum? The he purpose tourism sta of. Forum S <u>5</u>

- Encourage collaboration stakeholders
- Provide a Generate Tourism Master Plan. actionable knowledge on enthusiasm to continue relevant tourism topics implementation of the McBride

full more day information on activities will happen a sy of engaging activities, so and networking opportuninformation on the Forum activities opportunities. he Forum agen tunities. Please 38 agenda. the Forum? training s visit the The Forum sessions, guest speaker Village's website for will include

phone What format will be used to Ħ б the Forum cost through ಕ attend the will also deliver be provided. Forum? video the Forum? conferencing platform. No! The McBride Forum Options Tourism will इ क्ष

How g register to support of S. being or the Village the of McBride of charge ಕ participants link below

happy jister If to help for you have any trouble using the at Maxwell@expeditionconsulting.ca you register. attend The de deadline Forum? Follow the link ne to register is Monday, ç link, please contact or 780.267.7898. He November would Maxwell would be

RSVP Link: https://www.eventbrite.ca/e/mcbride-tourism-development-forum-tickets-191102060407

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Take a Break in McBride...B.G.s Friendliest Town!!

Ghurgh News N' Things

Store on Dominior from 1 to 3 pm. (McNaughton, smal smal y 2479•Foodbank c Patrick's Cart Patrick's Catholic Church Ph. 250-569-2606. Call to Confirm. Mountain Chapel (PAOC) at Third and Main Streets, McBride, is now free from all Covid restrictions. Services are held Sundays at 11:10am. Everyone is Welcome. Communion together, month. We welcome McNaughton, 250-569-3206 Dorcas Adventist Community Center (Dorcas) OPEN Tuesdays from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group). Contact # Terri 250-569at 10am (4th Sunday of the month ther safely in person, and reflection. A United inion Street is open Tuesdays m. Clothes and Household Goo ses at McBride Anglican Unit Sundays at 11:10 250-569-0291. contact of the month at 9am). We celebrate usually on the third Sunday of the you to join our community of faith Church number All on for a time of prayer, reall are welcome. Rev. Downtown 250-569-3186.•St yer, mus... Kim

EVENT HISTORY HEALTH FAMILY CHARITY CELEBRITIES CANCER ATHLETES GROWING DETECTION **AWARENESS** ANNUAL

TESTS **ISSUES** MALE WHISKERS TESTICULAR SUICIDE RAISE PROSTATE **PLEDGES** NOVEMBER MOUSTACHE MENTAL