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 2 for \$5**



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Prince George: Tel: 250.564.3488	Valemount Cardlock: 1500 - 9th Avenue	McBride Cardlock: 2130 Zeldler Road
TF: 866.309.2867	Valemount BC	McBride BC
Fax: 250.564.3433	TF: 866.309.2867	TF: 866.309.2867

What sits at the bottom of the sea and twitches?

Robson Valley Septic

(250) 569-7812

"Your business is our business!"



Robson Valley Pet Hostel

Grooming & Boarding

Ann Schwartz - Animal Health Technician
 250-569-3319 Website with information and galleries: www.pethostel.ca

Meraki Builders Construction and Renovations

250 569 7885 (Milich) 250 569 4109 (Brenden)

This Week's Lunch Specials

Tues. 16th - Tomato Zucchini Soup & Turkey/Cran. Panini
 Wed. 17th - Mushroom Soup & Sautéed Pepper/Onion Panini
 Thurs. 18th - Butter Chicken over Rice & Grilled Naan
 Fri. 19th - Chili & Brioche Bun
 Tues. 23rd - Loaded Potato Soup & Ham & Cheese Panini
 (Don't be disappointed - call ahead to pre-order.)



Starting March 23rd
 Icy, blended, tart, refreshing and delicious.
 Blended Lemonade.
 Follow us on Facebook - fb.com/yoursawalmonade
 Open with a gift store. Tuesday - Saturday 8:30am to 4:00pm. 250-569-0215

INSULATION & DRYWALL
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McBride & District 521 Main Street
 PUBLIC LIBRARY McBride, BC V0J 2E0

WINTER HOURS

Tuesday 10-6
 Wednesday and Thursday 10-5
 Friday 1-8 Saturday 1-5
 mcbride.bc.libraries.coop
 library@mcbridebc.org

Cougar Den Cabins

250-569-7308
 Daily, Weekly & Monthly Rates
 1800 Sanson Rd. McBride (bottom of Lucille mountain)



Robson Valley Quilting
 All your Quilting and Bag Making Supplies
 Open Tuesdays and Fridays
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FREE The Little McBride FREE

McBride Paper



IN LOVING MEMORY

Serving BC's Friendliest Town and Area since 1996!!!
 For the week of *Wednesday, March 17th, 2021*

Bonnie Eva Barnett

(our Bon Bon)



October 29, 1993 - February 23, 2021
 A heart of gold, a smile that changed only because of your battle. It was there, just looked different, but it showed your strength. A love that touched many lives.

Bonnie was diagnosed with Myoepithelial Carcinoma, a very rare cancer, at the age of 20 years. She battled through multiple risky surgeries and treatments for 7 years. Her strength always amazed us! The miracle of her daughter through it all gave Bonnie more hope and strength! We are thankful for the 27 years we had with you, we wished there were more.
 Our family is so thankful of the staff at the McBride hospital and our community for all the love, support and prayers.
 Love the families of Bonnie

OPEN GATE GARDEN NEWS

Growing plants is a healthy, outdoor recreation and there is enough room at the Open Gate Community Garden to maintain personal distancing. Contact has now been made to confirm garden beds for all the people who gardened with us last summer. There are now beds available for new bookings. The cost is \$20 for the season and some volunteer garden work will be required as part of the contract. To book your bed contact only D. Simpson 250-569-3343 or djoker@telus.net directly. Watch for the upcoming free seed giveaway being planned for later in March.

RVCS NEWS UPDATE

Family Place Drop In - Family Place Drop In Program Wednesdays from 9:00-12:00. If you have questions, are looking for parenting resources, or just need to chat, you can join us virtually or in person.
 March 24th - plant a seed and make a paper plate sundial at RVCS.
 March 31st-Decorate Eggs with washable markers at the park.
 Contact Charlene 250-569-2266 for more info!

Easter Goodie Bags - Available for all families with children ages 0-12. Call RVCS at 250-569-2266 or email events@rvcsbc.org to sign up to receive an Easter Goodie Bag, and indicate how many children are in your family and their ages. Please sign up by March 24th. Pick up of Goodie Bags at RVCS March 29th-April 1st, from 10-12 AM. Contactless pick up outside in our carport at 942 3rd Ave. AND THEN.... Send us a picture of you and your family enjoying the Goodie Bag, or participating in the Family Community Scavenger Hunt, and we will enter your name for 1 of 3 Prize packs which include: A Family Portrait, Gift Certificate for Pizza and Candy! 1 Entry per family, and can be sent to events@rvcsbc.org. Please submit your picture by April 6th at noon. 3 names will be randomly drawn. Winners will be contacted later that day, and with permission, we will post the winners on our Facebook page and The Little McBride Paper. Brought to you by McBride Royal Purple & RVCS.

Free Tax Clinic - Community Volunteer Income Tax Program is a collaboration between community organizations and the Canada Revenue Agency. RVCS has registered with the Canada Revenue Agency to host Free Tax clinics this year where trained volunteers file tax returns for eligible people. In response to the covid-19 pandemic volunteers may be able to complete your return by videoconference, by phone, or by document drop off service. If you have a simple tax situation, a modest income, you may qualify to have your taxes filed for free! Call today to discuss your tax situation or to set up an appointment with one of our trained volunteers: Call 1-844-324-2004 and talk to Charlene for McBride or Sheri for Valemount.
McBride Soup & Bun To-Go On March 24th, 12-1pm at RVCS Carport entrance, 942 3rd Ave. LAST ONE!! Come pick up a cuppa soup, bun and dessert for FREE (donation's accepted J) Physical Distancing measures in place. For Questions, or if you would like to volunteer to make a soup or do deliveries, please call Jana at 250-569-2266

Macramé earring making class for adults March 18th from 4-5PM. Rescheduled. Stay tuned for future dates.
Theatre & Craft Workshops - McBride: March 29th & 30th Ages 5-10 from 9:30-noon. Join us at RVCS in McBride In person, for this fun interactive 2 day kids camp for school kids ages 5-10. COVID measures in place. During the first crafty hour of the workshop we will each be making our own theatre masks, and then we will use our masks for the second part of the workshop. character creation through different theater games and storytelling. It's all about creativity, imagination, self-expression and finding confidence. Contact Pepita to sign up, call 1-844-324-2004. Limited space available in each workshop.
British Columbia Community Response Network (BCCRN) Presentation March 25th 4-5PM- In this presentation, led by Tim Rowe, Northern BC's Regional Mentor, we will discuss an overview of the role and purpose of the BCCRN and Community Response Networks, and will highlight the many resources that are available to CRNs to support promoting awareness of abuse, neglect and self neglect of adults. This is an opportunity to learn more about the BCCRN, give input, ask questions, and hear about some local future initiatives and projects. Offered via ZOOM. Email jana@rvcsbc.org or call 1-844-324-2004 for the ZOOM link information.

 Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email: contact@fps.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fps.ca
 Scott & Susan (Oscar & Brom) All articles and ads are not the expressed opinion of this paper or it's owners.
Take a Break in McBride...B.G.s Friendliest Town!!

Gigglin' Grizzly Pub

Open Thurs, Fri, Sat and Sun
 from 4pm
 dine in & take out
 to book your table, tomahawk,
 special event, call 250-569-0101

Our Creator Redeemer God offers meaning, fulfillment, peace & joy now and a future bright with eternal health and never ending delight. What does Darwinian Evolution offer? Contact Bible Truth, Phone 250-569-7077, Box 185, McBride, B.C.



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 \$5 bags of bones and bird suet Mart:Roth 250-569-7805

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 accounts@monasheecomunications.ca
WIRELESS INTERNET
 McBride / Dunster / Tete Jaune / Valemount

Closed
 Monday, March 22
 Sorry for any inconvenience!!
 250-569-0133
 (Open M-F: 6a.m.-5p.m. Sat: 9a.m.-5p.m. Sun Closed Status: Closed)

Alaina Chapman RMT
 Registered Massage Therapist
 Monday, Wednesday & Thursday
 Ph: 250-566-1040 To book an appointment



February, March and April 2021
 9am - 12 noon, Monday to Friday
 250-569-0138
 LINDA FRY
 522 Main Street, McBride BC V0J 2E0
 account from the office or the business handles my former office
 your local income tax preparation service since 1983

HISTORIC MCKALE HOUSE

421 Main St. 250-569-7176
 Kids' Spring and Easter books now available!
 Check out our sale table for non-book items!
 50% off BIG BOOKS!!
 Thurs-Fri 11-3, Sat 10-2

THE HAIR SHOPPE

803 3rd Ave.
 side entrance
 778-258-0343

FRASER
HEADWATERS
ALLIANCE



5605 Brown Road
Parksville, BC V8L 1J0
Ph: (250) 966-4480
roy@fraserheadwaters.org

FHA is developing a list of interested potential employees to do work on the Goat River Trail this summer and next. Dates and length of employment currently unknown. This is made possible by a generous grant from the Government of BC through the Community Economic Recovery Infrastructure Program (CERIP). To be considered, individuals must be physically fit, willing to camp, hike and work long hours, and be comfortable in the wilderness. Brushaw and chainsaw operation capability will be viewed positively, as will carpentry and building skills. Resumes can be emailed to roy@fraserheadwaters.org, with the subject, "Trail Crew." Only successful applicants will be notified.

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- BLOWER
- BUCKET
- SANDING
- DUMP BOX

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Reasonable Rates.

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Robson Valley Business Services

Offering Bookkeeping,
Income Tax,
and Computer Services.



Lori Game 250-569-7941

Jim Chicago 250-569-7942

Or check us out at www.rvbs.ca and on
Facebook at fb.me/RobsonValley.BusinessServices

JNR 250-569-2666
1021 SE Frontage Road
LICENSED AUTOMOTIVE
& DIESEL MECHANICS

Napa 46 Hydraulic oil 52.00 a pail
Napa 32 Hydraulic oil 54.00 a pail
Napa Tractor Hydraulic oil 72.00 a pail
MONDAY to FRIDAY 8:30am - 4:30pm
SATURDAY & SUNDAY - CLOSED

Sue & Me Eatery

News from Sue & Me on Main Street

It's Belly Warner Week on the Board! Try our Gumbo or Spaghetti.
And Back for its Command Performance...Sue's Korean Rib Stew!
Monday Closed Tuesday Closed Wednesday 11-9 Thursday 11-9
Friday 11-9 Saturday 11-9 Sunday 11-5
Take Out & Delivery Available (Tip at The Door or Cash is Still King!)
B&B is now open and waiting for reunions,
weddings or just great family fun.
250-569-0080 Main St., McBride



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PHYSIOTHERAPY
Phone 250-569-7995

robsonvalleyphysio@gmail.com

CERTIFIED ORGANIC

POTATOES in stock

Yellow and Red Varieties

FARM FRESH EGGS \$5/Dozen

Tim Heatwole 250-569-7612

OAPO NEWS

The OAPO McBride has been asked to submit resolutions for this year's Conference. If members have any strong concerns they feel should be brought to the Government's attention, please advise Dorothy Simpson at 250-569-3343 or djoker@telus.net well before the May 15 deadline and I will submit them to the BC OAPO board. Membership cards are available from Thelma Molendyk.

BIRTHDAY WISHES MARCH 17-23

Luella Long, Emilia Roth, Kayden Bassani, Aiden Jackson, Dawn Phillips, Jamie Street, Jordan Forman, Patience Rhodes, Ryan Vizza, Ashley Ramsay, Kaiylyn Cayne, Linda Hodgein, Bob Skinner, Justine Thiel, Rachel Kent, Shalynn Lerat, Hans Remmele, Mark Ondang, and to any we have missed, Happy Birthday!

SCHOOL NEWS

McBride Centennial Elementary School: Up-coming Strong Start Times:
Friday, March 19 @ 8:45 - 10:45 a.m.
March 22 - April 5 - Spring Break. School resumes Tuesday, April 6. Please call the school at 250-569-2721 to register as there are limited spaces.

COMMUNITY ANNOUNCEMENTS

The Little McBride Paper is On-Line at www.fpas.ca and now includes a wordsearch that you can do on-line. Plus check out all the past issues of The Little McBride Paper in the Archives section. The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca>

LIBRARY NEWS

Updated Library Open Hours: Tues. 10-6, Wed. and Thurs. 10-5, Fri. 1-8, Sat. 1-5.
Weekly Programs by Zoom - Wednesdays: 9:30-10am with RVCS and Valmont Library; Mother Goose is back! Contact Charlene at RVCS: charlene@rvcsbc.org.
Join us on Thursdays from 10am-12pm for the Fibre Artists' knit along of the "Newson Pullover" pattern. Free pattern available at the library. Beginner knitters also welcome!
Fridays 12-1:30pm Writing Group. End the procrastination; start writing with us!
Call 250-569-2411 or email library@mcbridebc.org for details on any of these programs.

Valentine's Story Walk - Come enjoy a valentine story walk along Main Street, starting at the library. The book pages appear in the windows of local businesses. We will be reading David Petersen's children's book "Snowy Valentine".
April is National Poetry Month - Would you be willing to read a poem for national poetry month? Call 250-569-2411 for details.

Collection/Delivery Service Still Running. We are still happy to prepare book order for you to collect, or we can deliver your items to you. Please call 250-569-2411 for details. **If you are not feeling well, please don't visit the library, but call us instead. Thank you.**
BUY, SELL, RENT & MISC.

For Sale-32 inch Phillips TV, newer, nice shape, \$90.00, Nosler partition 30 caliber and 35 caliber bullets, 200, 220, and 225 grain. Sweet X4 4 blade broadheads, 3 - 3 packs (9 broadheads), very good mechanical head, \$60.00, 30 calibre bullets, 90 Sierra Game King 165 grain boat tails, 50 180 Nosler Partitions, new bow unopened, \$80.00 for both. Sell together only. 35 caliber bullets, 80 Hornady 200 grain interlocks, 30 round nose 200 grain Hornady, 28 180 grain Barnes X. Sell together only, \$80.00 RCBS die set for 300 Short Magnum. Brand new, \$80.00, 46 new 30-06 brass, \$35.00. Phone 250-569-7575**For Sale-Hay and haylage, 4x5, 868lb, mixed grass, net, no rain, shedded, loading available - Aaron Ford 250-569-7517**For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3 pm. Clothes and Household Goods-Sunday worship services at McBride Anglican United Church at 10am (4th Sunday of the month at 9am). We celebrate Communion together, usually on the third Sunday of the month. We welcome you to join our community of faith as we gather safely in person for a time of prayer, music, readings, and reflection. All are welcome. Rev. Kim McNaughton, 250-569-3206•Dorcas-Adventist Community Center (Dorcas) OPEN Tuesdays from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group). Contact # Terri 250-569-2479•Foodbank contact number is 250-569-3186. •St. Patrick's Catholic Church-Ph:250-569-2606. Call to Confirm. •Mountain Chapel at Third and Main streets. McBride, is suspending further Sunday services through December until the Covid-19 situation in the Valley is clarified. Members and adherents are urged to worship at home.

Via-Rail Schedule Viarail.ca Phone 1-888-842-7245
Going West - Sunday...2:44pm
Going East - Thursday...12:18pm
Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY 9-1-1 Gov't Serv. BC 250-569-3760
R.C.M.P. 250-569-2255 Village..... 250-569-2229
Hospital 250-569-2251 Reg 1 Dist 1-800-667-1959
Health Unit 250-569-2251 RV Comm. Serv. 250-569-2266
K to 7 School .. 250-569-2721 Food Bank 250-569-3186
High School 250-569-2295 Fire Hall 250-569-3117
School District 57 Denial Office The Little McBride Paper
1-800-256-7857 250-569-3434 250-569-3110

BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555
Inquiry BC-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.
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WHISTLE STOP GALLERY

250-569-7825



Warm up to Winter with Cozy Quilts from the Gallery
A great gift idea or keep it and keep yourself toasty on these frosty winter nights. We also have hats, sweaters, scarves and fleecy footwear - warmth is waiting at the Whistle Stop Gallery
Open daily at the Train Station
Open Daily 9-5 whistlestopgallery.ca

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Wed.: 7-6 Thurs.: 7-6
Fri.: 11-6 Sat.: 7-6
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on FRIDAYS

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250-569-2264

Winter hasn't left
the territory yet.
PLEASE
DRIVE CAREFULLY



CORPORATION OF
THE VILLAGE OF MCBRIDE

Public Notice

The following load restrictions will be imposed on the following Municipal Highways and Roads until further notice:

- LOAD RESTRICTIONS within the Municipal Boundaries Effective 12:01 PM Tuesday March 9, 2021
- The following Municipal Roads are 100% Legal Axle Load
 - NE, NW, SE, SW Frontage Roads
 - 1st Ave Trucking Route
- The following Municipal Roads are 50% Legal Axle Load
 - Main Street

All other municipal streets Please note that the emergency & delivery vehicles are exempt from the 50% weight restrictions.
If you have any questions or require more information, please call Public Works at 250-569-7743.

Issued by: Chris Tupy, Chief Administrative Officer
The applicable tolerances provided under 7.26 of the regulations pursuant to the Commercial Transportation Act shall apply. Violators of the regulations and restrictions will be prosecuted. The public, and trucking and transportation companies should govern themselves accordingly to this.

ROBSON VALLEY
ESSENTIALS

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& Chocolates
K-PODS SOLD BY THE BOX

Check Out Our Facebook Page

READY, SET, LAUNCH!

A business incubator program for women

**WANT TO EXPLORE YOUR BUSINESS IDEA
OR TAKE YOUR SIDE HUSTLE FULL TIME?**

Join Us For An Intro Session:



TUES,
APRIL 6TH
5 - 7PM



SAT,
APRIL 10TH
9 - 11AM

THE INTRO SESSIONS WILL EXPLORE:

- The steps needed for a successful business launch.
- Business structures (sole proprietorships, partnerships & corporations).
- Program topics (business model development, mentorship, networking, consulting and business plan development).

Community Futures
LEAP | FOR WOMEN IN BUSINESS

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WORLD SPARROW DAY



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I A V E I R S W A K V A Z M R
F N M C T Y N E M H R S M D K N E
H A D Z I U A A U G N E W T P C A
W U Y A U A A U G N E W T P C A
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Take a Break in McBride...B.G.s Friendliest Town!!

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We accept cash, cheques, most major credit cards, and e-transfers.

Please call for an appointment, and/or quote! We look forward to seeing you!



ELKS/ROYAL PURPLE NEWS

McBride Elks/Royal Purple Successful in 2021 Gaming Application. Congratulations to the clubs and organizations that will be receiving the 2020 Community Gaming Funds that the McBride Elks and Royal Purple apply for each year. This year, between both the McBride Elks and Royal Purple, we will be able to provide Community Gaming Funds of \$23,000, which will be disbursed between the following clubs and organizations that applied:
McBride Secondary PAC, McBride Centennial PAC, McBride Figure Skating Club, McBride Seventh Day Adventist Food Bank, Dunster Station Museum and the Valley Piecemakers Quilters.

If you are a club or non-profit organization in need of funding we are taking applications until August 31, 2021, for the 2022 Community Gaming Funds. Please submit to McBride Royal Purple, Box 336, McBride, BC V0J 2E0 or McBride Elks, Box 65, McBride, BC V0J 2E0
The Elks and Royal Purple are very much in need of new members to maintain the service we provide to our community. If interested, please contact Kathy Molendyk at 250-569-3239 for more info.