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250 569 7885 (Mitch) 250 569 4109 (Brenden)

This Week's Lunch Specials
Tues. 26th—Ham & Pineapple Jam Panini & Tomato Soup
Wed. 27th—Mushroom, Onion & Wild Rice Soup & Cheese Panini
Thurs. 28th—Taco-in-a-Bagel & Creamy Veg. Soup
Fri. 29th—Ancho Black Bean Soup & Cheese Quesadilla
Tues. 2nd—Cheesy Broccoli Soup & Cheese Panini
Not interested in these specials? No problem, our regular menu is always available—even Breakfast!
Save time & call ahead!
Follow us on Facebook - <https://www.facebook.com/yourmerakibuilders>
Monday - Saturday 8:30am to 4:00pm 250-569-0215

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accounts@monasheecomcommunications.ca
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FREE The Little FREE
McBride Paper
Serving BC's Friendliest Town and Area since 1996!!!
For the week of *Wednesday, January 27th, 2021*

OAPO NEWS
While Beaver View Lodge is unavailable for our lunches, meetings and Birthday Teas, your executive assures you we are still working on your behalf locally and Provincially. Your membership in McBride #118 will continue to add weight to our efforts, and Thelma Molendyk currently has 2021 membership cards. Please contact Thelma directly. We have endorsed the Robson Valley Community Society application to offer computer training to seniors who wish to learn, and we are currently renewing the Regional Recreating Centre membership so members can use the Fit Pit, Bowling and other activities, subject to Rec Centre guidelines. A letter of support is being sent to school district 74 and the Ashcroft-HUB group supporting the HUB bid to purchase their school building which they have leased and maintained it as a community resource for many years, much as our local Dunster Fine Arts Society has done for Dunster. The School District intends to dispose of the property. Group and individual letters to District@sd74.bc.ca urging the sale to the HUB group will be helpful.
D. Simpson, Secretary, OAPO

MCBRIDE TV NEWS
January 19, 2021 - McBride TV: Update. On January 14, the underground power cable which brings power from the end of the Hydro line to the Telus facility on Lucille Min. was damaged, and power has been interrupted. The TV and radio transmitters get their power from the Telus site. A stand-by generator, which automatically engaged at the Telus site, cannot power the transmitter site as well. Both Telus and Hydro are working on a solution, but there is no firm repair date yet. -Tony Rykes

A BITTLE THINKER... LIBRARY NEWS
At what age is it appropriate to tell my dog that he's adopted?
McBride library is now on winter opening hours: Tues. 10:30-5:7-9. Wed. and Thurs. 10:30-5. Fri. 1:30-8. Sat. 2:30-5.
Library AGM - We will be holding our Annual General Meeting at 6pm on Wednesday, February 3, 2021 via Zoom. Please email library@mcbridebc.org or call 250-569-2411 for the Zoom meeting details. All welcome!

Soup & Bun - Wednesday, Jan. 27th, 12-1pm at the library meeting room door, by donation. With RVCS, Decoda Literacy and Community Literacy Task Group.
Weekly Programs by Zoom
Wednesdays: 9:30-10am with RVCS and Valemount Library: Mother Goose is back!
Join us on Thursdays from 10am-12pm for the Fibre Artists' knit along of the "Newsom Pullover" pattern. Free pattern available at the library. Beginner knitters also welcome!
Fridays 12-1:30pm Writing Group. Find the procrastination; start writing with us! Call 250-569-2411 or email library@mcbridebc.org for details on any of these programs.

Family Literacy Week - Family Literacy Week is January 25-31! Stay tuned for a photo contest, literacy resources, activities, and more! Keep an eye on our Facebook page in the coming weeks.
Collection/Delivery Service Still Running - We are still happy to prepare book order for you to collect, or we can deliver your items to you. Please call 250-569-2411 for details.
****If you are not feeling well, please don't visit the library, but call us instead. Thank you.****

SCHOOL NEWS
Graduation Dinner Caterer Needed! This year's McBride Secondary graduation class will be holding their Grad on Saturday, June 19, 2021 at the McBride Secondary School. We are looking for a caterer for approx. 55 people. Bid to include menu plan, (recommended to submit 2 - 3 menu options, hot or cold menus will be considered depending on cost) copy of Caterer's License and references to be submitted to the McBride Secondary School by February 28, 2021. If you have any questions, please call the school at 250-569-2295.
Strong Start - For children 0-5 years of age and their caregivers. Our Strong Start teacher is Mrs. Lotte Rauter-Driessen. Please phone ahead and register for the morning group or the afternoon group. Parents are required to wear masks at this time. Wednesday, Jan. 13 4:15 - 6:15p.m. Friday, Jan. 22 8:45 - 10:45a.m. Wednesday, Jan. 27 4:15 - 6:15 p.m. To ask questions and to register, please call the school at 250-569-2721.
Fund-raising - If you have items for the Kids' Christmas Shopping Day Sale now, and would rather we store them, please call the school at 250-569-2721.

BIRTHDAY WISHES JAN. 27-FEB. 2
Laine Molendyk, Sue Morrison, Lorne Sprecher, Brett Jones, Shea Krenzler, Kathleen Elliott, Emilie Kaic Rhodes, Morgan Littlechild, Cliff Wooke, and to any we have missed, Happy Birthdays! Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.
Scott & Susan (Oscar & Broom)

HORSESHOEING
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McBride, BC

Beaver Valley Back Country Horsemen of BC
Treat your Sweetie to a Treatie at the Beavery 2
250-569-0133
(Open-M-F:6a.m.-5p.m. Sat:9a.m.-5p.m. Sun.Closed Stats:Closed)

Don't forget to register for your 2021 Robson Valley Back Country Horsemen of BC membership before midnight January 30. New and existing members who register before this date will have their name entered into two early bird draws.
Contact Gary Schwartz (250-569-3319) for registration forms or register online at www.bchorsemen.com.
Thank you for your continued support.
Registration money goes toward Robson Valley trails.

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Contact Bible Truth, Phone 250-569-7077, Box 185, McBride, B.C.

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McBride & District PUBLIC LIBRARY

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WINTER HOURS

Tuesday 10:30-5 & 7-9

Wednesday and Thursday 10:30-5

Friday 1:30-8

Saturday 2:30-5

library@mcbridebc.org mcbride.bc.libraries.coop



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BUY, SELL, RENT & MISC.

For Sale-Hay and haylage, 4x5, 868lb, mixed grass, net, no rain, shedded, loading available - Aaron Ford 250-569-7517•For Sale- 2010 Flex, seats 7, 241,000km, runs good but needs some work. Open to offers. Pat Powell 250-968-4474•**For Sale-2015 Ford Fiesta SE-4 door Sedan. Non Smoker owner, very low mileage, Ruby clearcoat metallic colour. A/C, Sirius Radio, drip rails. Ford Maintenance Program until Nov. 2022. Low Mileage, 65000km. Mounted Snowtires, 6 speed auto transmission, excellent condition. Call/Text 778-258-0064. Asking \$13,500**•**For Sale-Sihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.**

RVGS NEWS UPDATE

Menstrual Product Drive - Date: Jan. 23th-29th. Drop off location McBride: AG Foods, RVCS Office, IDA Pharmacy. Imagine having to choose between your next meal, and essential period products. Menstruation products are essential to the health and wellness of those who use these products. A new study by Plan International Canada found that one in three of those who menstruate in Canada struggle to afford menstrual products. 70% of people miss work, school, or social gatherings when they are on their period. Those who menstruate in rural communities can pay up to double the amount for period products compared to those products found in the city. In 2015, Canada eliminated taxes on menstrual products, however the high cost still causes these products to be out of reach for homeless, low-income, and marginalized Canadians. To many, menstruation is seen as unclean, embarrassing or taboo. This perpetuates a painful and stifling stigma that is also linked to the barriers of accessing menstrual products. Let's start a broader discussion of menstruation. Together, we can end period poverty in the Robson Valley, because You Matter. Period. The Safe Home program is graciously accepting donations of pads, tampons, new underwear, sport bras, menstrual cups and sanitary wipes at any of our bin drop-off locations in both Valemount and McBride. Thank you for your support!

Soup and Bun-McBride: 27th from 12pm-1pm. Join us at the McBride Library, in the meeting room off 5th Ave, outside entrance. Come pick up a cuppa soup, bun and dessert for FREE (donation's accepted J) Physical Distancing measures in place. Brought to you by the McBride Library, RVCS-Better at Home Program, and the Community Literacy Task Force. For Questions, or if you would like to volunteer to make a soup or do deliveries, please call Jana at 250-569-2266 or Chelsie at 250-569-2411.

Come FLOW AWAY with me - Rescheduled for 2 weeks. Contact Pepita for new dates and times: pepita@rvcsbc.org or call 250-566-9107.

Virtual Mother Goose-January 6th-March 10th. Join us on Wednesdays during Family Place Drop In from 9:30-10:00 via ZOOM. In partnership with the McBride and Valemount Public Libraries, we will sing and read together! To receive the ZOOM link please contact: charlene@rvcsbc.org or call McBride: 250-569-2266 or Valemount: 566-9107.

Moe the Mouse January 20th-March 10th, 9:00-9:30AM. Moe the Mouse@ is from an island on the West Coast of British Columbia, the home of the Nun-Chah-Nulth First Nations People. Moe the Mouse@ is an innovative early speech and language resource that uses Indigenous toys and stories to enhance language development in children ages 3-5. Activities and materials in the curriculum box help parents and educators provide opportunities for children to practise language skills in a natural setting. Doing these activities helps children develop: Social language use, Comprehension of spoken words, Vocabulary, Discrimination of speech sounds, Ability to pronounce speech sounds, Knowledge of preposition words, Ability to express feelings and ideas. Starting later this month via ZOOM and offered during Family Place Drop In Program. Call Charlene at 250-569-2266 for more information.

Family Place Drop In Program Wednesdays from 9:00-12:00-If you have questions, are looking for parenting resources, or just need to chat, you can join us virtually or in person. Join us for Mother Goose Virtually from 9:30-10:00 available throughout the Robson Valley. Here is the schedule for specific activities in each community, contact numbers provided for ZOOM links or questions about programming: McBride-Charlene 250-569-2266; Jan. 27 - Family Literacy Day Packages available. Valemount-Sharon D 250-566-9107; Jan. 27- Family Literacy Day Packages available.

Pandemic Parenting - Parenting can be challenging at the best of times, let alone during a pandemic. Learn about ways to cope, and how to survive and thrive through Pandemic Parenting Workshops. Visit www.pandemic-parent.org to sign up!
Community Coffee Chat and Tech Café. Join us in person on Wednesday, January 27th from 1:00-3:00 PM in both McBride and Valemount, for assistance and 1:1 support with your devices. 15 minute time slots available, and you can book in for more than one! Contact Charlene in McBride, and Jill in Valemount. Also, if you are just interested in joining us via ZOOM to chat virtually and try out ZOOM for fun, join us! Contact Charlene or Jill to obtain the ZOOM link. charlene@rvcsbc.org or jill@rvcsbc.org

COMING SOON... Virtual Family Dinner Book Club - Works to encourage togetherness within families, implement healthy eating habits, and increase self-efficacy of the parents to create home-made meals. More details to come!
Soak it to Literacy! Blue Sky Socks available through our offices, coming soon...

Via-Rail Schedule	viarail.ca	Phone 1-888-842-7245
Going West	Sunday...2:44pm	
Going East	Thursday...12:18pm	
Discounts for 1 or 3 days advance booking.		

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Serv.	250-569-2266
K to 7 School	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
School District 57	Dental Office	The Little McBride Paper	250-569-3110
1-800-256-7857	250-569-3434		
BC BUS, 844-564-7494	Report Forest Fires -	1-800-663-5555	
Inquiry B.C.-1-800-663-7867	For Toll Free Calling to Provincial Numbers...		

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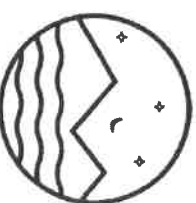
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Do you have children under 13 years old?



The Village of McBride is working to assess the need for **CHILD CARE** in our community.

The information you share will help the Village develop a **Child Care Action Plan**.

We'd like to hear from you!

Please complete our **electronic survey** by February 1, 2021.

https://ca.research.net/r/mcbride_childcare



Paper copies are available at the Village of McBride office.

If you have any questions, please contact Karen Dube at karen@mcbride.ca.

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cfdc.bc.ca/covid-19-information

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Take a Break in McBride...B.G.s Friendliest Town!!

COMMUNITY ANNOUNCEMENTS

The Little McBride Paper is On-Line at www.fpas.ca and now includes a wordsearch that you can do on-line. Plus check out all the past issues of The Little McBride Paper in the Archives section.

The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca>

GHURGH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3 pm. Clothes and Household Goods. **Sunday worship services** at McBride Anglican United Church at 10am (4th Sunday of the month at 9am). We celebrate Communion together, usually on the third Sunday of the month. We welcome you to join our community of faith as we gather safely in person for a time of prayer, music, readings, and reflection. All are welcome. Rev. Kim McNaughton, 250-569-3206. **Dorcas-Adventist Community Center** (Dorcas) OPEN Tuesdays from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group). Contact # Terri 250-569-2479. **Foodbank** contact number is 250-569-3186. **St. Patrick's Catholic Church-Meets** Sundays at 11:00am. Ph:250-569-2606. Call to Confirm. **Mountain Chapel** at Third and Main streets, McBride, is suspending further Sunday services through December until the Covid-19 situation in the Valley is clarified. Members and adherents are urged to worship at home.

ARRIVE	MORE
BADGER	PENNSYLVANIA
BURROW	RETREAT
CLEAR	SECOND
CLOUDY	SHADOW
DACHSTAG	SIX
DEN	SPRING
DUTCH	SUPERSTITION
EARLY	TUESDAY
EMERGING	WEATHER
FEBRUARY	WEEKS
GROUNDHOG	WINTER
MARMOT	

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