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Valemont BC
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Check out septic tips and info at robsonvalleyseptic.ca



**Robson Valley
Pet Hostel**
Grooming & Boarding

Ann Schwartz - Animal Health Technician

250-569-3319

Website with information and galleries:
www.pethostel.ca

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250 569 7885 (Milich) 250 569 4109 (Brenden)

This Week's Lunch Specials

Tues. 19th - Pizza Panini & Zannato Soup
Wed. 20th - Beef Stew & Cheese Panini
Thurs. 21st - Turkey & Cran. Sauce Panini & Soup o' the Day
Fri. 22nd - Thai Chicken Soup/Rice & Cheese Panini
Tues. 26th - Ham & Pineapple Jan Panini & Soup o' the Day.



Not interested in these specials? No problem, our regular menu is always available—even Breakfast!

Follow us on Facebook - @.com/youarewelcomehome

Tuesday - Saturday 8:30am to 4:00pm 250-569-0215



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FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area since 1996!!!
For the week of *Wednesday, January 20th, 2021*

MCBRIDE TV NEWS

January 19, 2021 - McBride TV: Update. On January 14, the underground power cable which brings power from the end of the Hydro line to the Telus facility on Lucille Mtn. was damaged, and power has been interrupted. The TV and radio transmitters get their power from the Telus site. A stand-by generator, which automatically engaged at the Telus site, cannot power the transmitter site as well. Both Telus and Hydro are working on a solution, but there is no firm repair date yet.
-Tony Rykes

LIBRARY NEWS

McBride library is now on winter opening hours: Tues. 10:30-5. 7-9. Wed. and Thurs. 10:30-5. Fri. 1:30-8. Sat. 2:30-5.
Library AGM - We will be holding our Annual General Meeting at 6pm on Wednesday, February 3, 2021 via Zoom. Please email library@mcbridebc.org or call 250-569-2411 for the Zoom meeting details. All welcome!

Soup & Bun - Wednesday, Jan. 27th, 12-1pm at the library meeting room door, by donation. With RVCS, Decoda Literacy and Community Literacy Task Group.

Weekly Programs by Zoom

Wednesdays: 9:30-10am with RVCS and Valemont Library. Mother Goose is back!

Join us on Thursdays from 10am-12pm for the Fibre Artists' knit along of the "Newsom Pullover" pattern. Free pattern available at the library. Beginner knitters also welcome!

Fridays 12-1.30pm Writing Group. End the procrastination: start writing with us! Call 250-569-2411 or email library@mcbridebc.org for details on any of these programs.

Family Literacy Week - Family Literacy Week is January 25-31! Stay tuned for a photo contest, literacy resources, activities, and more! Keep an eye on our Facebook page in the coming weeks.

Collection/Delivery Service Still Running - We are still happy to prepare book order for you to collect, or we can deliver your items to you. Please call 250-569-2411 for details.

If you are not feeling well, please don't visit the library, but call us instead. Thank you!

THANK YOU!

The McBride Centennial School PAC would like to acknowledge McBride Elks Lodge #247 for their ongoing support of the programs and events at McBride Centennial. In 2020, they enabled us to buy sports equipment, kitchen equipment and to fund the performance, the Amazing Christmas Rescue. In 2021, we will be using Elks funding for a new Outdoor Learning Space! Thank you to all Elks members for their time and dedication to the community!

Food Bank Update - Thank you to all the generous and caring people who live in this valley, and wishing Gods blessings on both those who gave and received in 2020. In October, our annual Thanksgiving Food Collection brought in 1431 food items and \$95.00. Food items / funds have also been collected by or donated by: McBride AG Foods, The Beannery 2 Bistro, Canada Post, Cliff Bars & Alterra Mountain Co., CMH Heli Skiing & Summer Adventures, Forever Printing and Signs, The Hystad & Craig Legacy Project, The McBride Anglican United Church, McBride & District Public Library, McBride Old Timers Hockey, Robson Valley Home Hardware, Valemont Old Timers Hockey, The Village of McBride (for informational support), Salvation Army - Prince George, The United Way, Vikings Hockey Team and everyone else not mentioned who have contributed in one way or another - your contributions are deeply appreciated. We also wish to acknowledge the receipt of funding this past year from: The BC Conference of the SDA Church - Reach BC & Yukon, Brookfield Renewable, the Community Foundations of Canada - in the form of the Emergency Community Support Fund Grant, the Elks & Royal Purple (for apples and funds) and the McBride Community Endowment Fund. All to be used towards our food bank program! Thank you to all!

Because of you we were able to distribute 186 hampers in 2020, which helped 88 adults and 22 children living in the Robson Valley. If you or someone you know could use some help please give us a call to arrange for a private appointment. If you would like to make a monetary donation to the food bank, cheques **MUST** be made payable to: **The McBride Seventh Day Adventist Church**. Please send donations along with name, address and phone number to Box 603 McBride BC V0J 2E0. Donations can now be made on-line at mcbrideadventist.ca, under the menu tab - On-line giving - Community Service (Food Bank). If you would like to donate food items there are collection boxes located at McBride AG Foods and Canada Post. The contact number for the food bank is Julie 569-3186 or 569-7436 and Cheryl 250-569-3225. We are located at 852 2nd Ave (Basement entrance at left of building).

Because of your amazing support we are able to start the new-year with our shelves well stocked, ready for whatever this year may bring.

Wishing you all a Happy New Year!

The McBride Seventh Day Adventist Church Food Bank
Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email: contact@fras.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fras.ca.
Scott & Susan (Oscar & Broom)

Take a Break in McBride...B.G.'s Friendliest Town!!

Gigglin' Grizzly Pub
Open Thurs, Fri, Sat and Sun

From 4pm
dine in & take out
to book your table, tomahawk,
special event, call 250-569-0101

If God's Ten Commandment law
was nailed to the cross,

there is then no sin or need of a saviour.
Contact Bible Truth, Phone 250-569-7077, Box 185, McBride, B.C.

HORSESHOEING



Gary Schwartz
Farrier Service

McBride, BC

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It's been quite the Year!
But we are still here!
Come have a latte
at the Beannery 2
250-569-0133



(Open M-F:6a.m.-5p.m., Sat:9a.m.-5p.m., Sun.Closed. Starts/Closed)



Don't forget to register for your 2021 Robson Valley Back Country Horsemen of BC membership before midnight January 30. New and existing members who register before this date will have their name entered into two early bird draws.
Contact Gary Schwartz (250-569-3319) for registration forms or register online at www.bchorsemen.com.
Thank you for your continued support.
Registration money goes toward Robson Valley trails.

A LITTLE THINKER...

I just found out I'm colorblind.
The diagnosis came completely out of the purple.

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SGMOOL NEWS

Graduation Dinner Caterer Needed! This year's McBride Secondary graduation class will be holding their Grad on Saturday, June 19, 2021 at the McBride Secondary School. We are looking for a caterer for approx. 55 people. Bid to include menu plan, (recommended to submit 2 - 3 menu options, hot or cold menus will be considered depending on cost) copy of Caterer's License and references to be submitted to the McBride Secondary School by February 28, 2021. If you have any questions, please call the school at 250-569-2295.

Strong Start - For children 0-5 years of age and their caregivers. Our Strong Start teacher is Mrs. Lotte Rauter-Driessen. Please phone ahead and register for the morning group or the afternoon group. Parents are required to wear masks at this time. Wednesday, Jan. 13 4:15 - 6:15p.m. Friday, Jan. 22 8:45 - 10:45a.m. Wednesday, Jan. 27 4:15 - 6:15 p.m. To ask questions and to register, please call the school at 250-569-2721.

Fund-raising - If you have items for the Kids' Christmas Shopping Day Sale now, and would rather we store them, please call the school at 250-569-2721.

SCOTT KEIM
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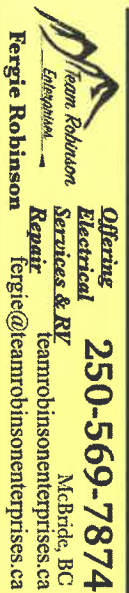


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WINTER HOURS

Tuesday 10:30-5 & 7-9
 Wednesday and Thursday 10:30-5

Friday 1:30-8
 Saturday 2:30-5

library@mcbridebc.org mcbride.bc.libraries.coop

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Monday Closed Tuesday Closed
 Wednesday 11 - 9 Thursday 11 - 9 Friday 11 - 9
 Saturday 11 - 9 Sunday 11 - 5

Take Out & Delivery Available (Tap at The Door or Cash is Still King!)
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250-569-0080 Main St., McBride



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 robsonvalleyphysio@gmail.com

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BIRTHDAY WISHES JAN. 20-26

Byron Murin, Clint Collins, Luke Basso, Elaine Kuit, David Loyer, Loui Joseph, Caressa Hulka, Cooper Trask, Gerald Portier, Karin Melnychuk, Kimme Yungen, Aliana Arteago-Pacheco, Andrew Keim, Bob Collins, Mateo Benuik, Lorna Folland, Mary Belkus, Phyllis Toews, Tom Vogel, Lenard Dovich, and to any we have missed, Happy Birthday!

RVCS NEWS UPDATE

Menstrual Product Drive - Date: Jan. 25th-29th. Drop off location McBride: AG Foods; RVCS Office, IDA Pharmacy. Imagine having to choose between your next meal, and essential period products. Menstruation products are essential to the health and wellness of those who use these products. A new study by Plan International Canada found that one in three of those who menstruate in Canada struggle to afford menstrual products. 70% of people miss work, school, or social gatherings when they are on their period. Those who menstruate in rural communities can pay up to double the amount for period products compared to those products found in the city. In 2015, Canada eliminated taxes on menstrual products, however the high cost still causes these products to be out of reach for homeless, low-income, and marginalized Canadians. To many, menstruation is seen as unclear, embarrassing or taboo. This perpetuates a painful and stifling stigma that is also linked to the barriers of accessing menstrual products. Let's start a broader discussion of menstruation. Together, we can end period poverty in the Robson Valley, because You Matter. Period. The Safe Home program is graciously accepting donations of pads, tampons, new underwear, sport bras, menstrual cups and sanitary wipes at any of our bin drop-off locations in both Valemount and McBride. Thank you for your support!

Soup and Bun-McBride: 27th from 12pm-1pm. Join us at the McBride Library, in the meeting room off 5th Ave., outside entrance. Come pick up a cuppa soup, bun and dessert for FREE (donation's accepted.) Physical Distancing measures in place. Brought to you by the McBride Library, RVCS-Better at Home Program, and the Community Literacy Task Force. For Questions, or if you would like to volunteer to make a soup or do deliveries, please call Jana at 250-569-2266 or Chelsie at 250-569-2411.

Come FLOW AWAY with me - Rescheduled for 2 weeks. Contact Pepita for new dates and times: pepita@rvcsbc.org or call 250-566-9107.

Virtual Mother Goose-January 6th-March 10th. Join us on Wednesdays during Family Place Drop In from 9:30-10:00 via ZOOM. In partnership with the McBride and Valemount Public Libraries, we will sing and read together! To receive the ZOOM link please contact: charlene@rvcsbc.org or call McBride: 250-569-2266 or Valemount: 566-9107.

Moe the Mouse January 20th-March 10th, 9:00-9:30AM. Moe the Mouse® is from an island on the West Coast of British Columbia, the home of the Nuu-Chah-Nulth First Nations People. Moe the Mouse® is an innovative early speech and language resource that uses Indigenous toys and stories to enhance language development in children ages 3-5. Activities and materials in the curriculum box help parents and educators provide opportunities for children to practise language skills in a natural setting. Doing these activities helps children develop: Social language use, Comprehension of spoken words, Vocabulary, Discrimination of speech sounds, Ability to pronounce speech sounds, Knowledge of preposition words, Ability to express feelings and ideas. Starting later this month via ZOOM and offered during Family Place Drop In Program. Call Charlene at 250-569-2266 for more information.

Family Place Drop In Program Wednesdays from 9:00-12:00. If you have questions, are looking for parenting resources, or just need to chat, you can join us virtually or in person. Join us for Mother Goose Virtually from 9:30-10:00 available throughout the Robson Valley. Here is the schedule for specific activities in each community, contact numbers provided for ZOOM links or questions about programming: McBride-Charlene 250-569-2266; Jan. 27 - Family Literacy Day Packages available. Valemount-Sharon D 250-566-9107; Jan. 27. Family Literacy Day Packages available.

Pandemic Parenting - Parenting can be challenging at the best of times; let alone during a pandemic. Learn about ways to cope, and how to survive and thrive through Pandemic Parenting Workshops. Visit www.pandemic-parent.org to sign up!

Community Coffee Chat and Tech Café. Join us in person on Wednesday, January 27th from 1:00-3:00 PM in both McBride and Valemount, for assistance and 1:1 support with your devices. 15 minute time slots available, and you can book in for more than one! Contact Charlene in McBride, and Jill in Valemount. Also, if you are just interested in joining us via ZOOM to chat virtually and try out ZOOM for fun, join us! Contact Charlene or Jill to obtain the ZOOM link. charlene@rvcsbc.org or jill@rvcsbc.org

COMING SOON... Virtual Family Dinner Book Club - Works to encourage togetherness within families, implement healthy eating habits, and increase self-efficiency of the parents to create home-made meals. More details to come!
Sock it to Literacy! Blue Sky Socks available through our offices, coming soon...

Via-Rail Schedule	viarail.ca	Phone 1-888-842-7245
Going West	- Sunday...2:44pm	
Going East	- Thursday...12:18pm	
Discounts for 1 or 3 days advance booking.		

Important Phone Numbers

EMERGENCY9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.250-569-2255	Village250-569-2229
Hospital250-569-2251	Reg'l Dist'1-800-667-1959
Health Unit250-569-2251	RV Comm. Serv.	250-569-2266
K to 7 School	..250-569-2721	Food Bank250-569-3186
High School250-569-2295	Fire Hall250-569-3117
School District 57	Dental Office	The Little McBride Paper	
1-800-256-7857	250-569-3434	250-569-3110	
BC BUS...844-564-7494	Report Forest Fires -	1-800-663-5555	

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 Dial this Number 1st and ask operator to connect you to provincial department

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	Wed: 7-6	Thurs: 7-6
	Fri: 11-6	Sat: 7-6
	Sunday: CLOSED	

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 Rosemary L. Hrubby, CMAF
 250-569-2264

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RVBS

Lori Gane 250-569-7941
 Jim Chicago 250-569-7942
 Or check us out at www.rvbs.ca and on Facebook at fb.me/RobsonValley.BusinessServices



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saritap@cfdc.bc.ca - Sarita Parmar, Business Coach



cfdc.bc.ca/covid-19-information

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Do you have children under 13 years old?



The Village of McBride is working to assess the need for **CHILD CARE** in our community.

The information you share will help the Village develop a **Child Care Action Plan**.

We'd like to hear from you!

Please complete our **electronic survey** by February 1, 2021.

https://ca.research.net/r/mcbride_childcare



Paper copies are available at the Village of McBride office.

If you have any questions, please contact Karen Dube at karen@mcbride.ca.

BURNS NIGHT

The
Goat Shed

H S I T T O C S J G O P U C Y
T T D H U L S P P J I A E S R
B M W A T I I P O E T R Y P A
I E Q E G F T F L O E F M E U
R J P G N O I S E M N C P E N
T A A I A T E F O O L E H N A
H H E S P I Y N I G U E R E J
D J T L T G Y T A D D R E S S
A S D T O H A E U H D W P W C
Y E A S N R U B I A X O P H O
L T V H B W I U N B O R U I T
J M F E R M Y C S B B H S S C
E K L R E C I T A T I O N K H
U E U U G N I G N I S I R E H
C T N O G M S M U S I C L Y M

ADDRESS	FIFTH	POETRY	SPEECHES
BAGPIPE	HAGGIS	RECITATION	SUPPER
BIRTHDAY	JANUARY	ROBBIE	TATTIES
BURNS	LIFE	SCOTCH	TOASTS
CELEBRATION	MUSIC	SCOTTISH	TWENTY
CEREMONY	NEEPS	SINGING	WHISKEY
DANCING			

Take a Break in McBride...B.G.s Friendliest Town!*

COMMUNITY ANNOUNCEMENTS

The Little McBride Paper is On-Line at www.fpas.ca and now includes a wordsearch that you can do on-line. Plus check out all the past issues of The Little McBride Paper in the Archives section.

The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca>

BUY, SELL, RENT & MISC.

For Sale-Hay and haylage, 4x5, 868lb, mixed grass, net, no rain, shedded, loading available - Aaron Ford 250-569-7517••**For Sale-2010 Flex, seats 7, 241,000km, runs good but needs some work. Open to offers. Pat Powell 250-968-4474**••**For Sale-2015 Ford Fiesta SE-4 door Sedan. Non Smoker owner, very low mileage, Ruby clearcoat metallic colour. A/C, Sirius Radio, drip rails. Ford Maintenance Program until Nov. 2022. Low Mileage, 6500km. Mounted Snowtires, 6 speed auto transmission, excellent condition. Call/Text 778-258-0064, Asking \$13,500**••**For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.**

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street is open Tuesdays & Fridays from 1 to 3 pm. Clothes and Household Goods•**Sunday worship services at McBride Anglican United Church at 10am (4th Sunday of the month at 9am).** We celebrate Communion together, usually on the third Sunday of the month. We welcome you to join our community of faith as we gather safely in person for a time of prayer, music, readings, and reflection. All are welcome. Rev. Kim McNaughton, 250-569-3206•**Dorcas-Adventist Community Center (Dorcas)** OPEN Tuesdays from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group). Contact # Terri 250-569-2479•**Foodbank** contact number is 250-569-3186•**St. Patrick's Catholic Church-Meets** Sundays at 11:00am. Ph.250-569-2606. Call to Confirm. •**Mountain Chapel** at Third and Main streets, McBride, is suspending further Sunday services through December until the Covid-19 situation in the Valley is clarified. Members and adherents are urged to worship at home.