

# Sue & Me Eatery

News from Sue & Me on Main Street

Monday Closed Tuesday Closed  
 Wednesday 11 - 9 Thursday 11 - 9 Friday 11 - 9  
 Saturday 11 - 9 Sunday 11 - 5

Take Out & Delivery Available (Tip of The Door or Cash is Still King!)  
**BBB is now open and waiting for reunions, weddings or just great family fun.**

250-569-0080

Main St, W33side



**ROBSON VALLEY  
 PHYSIOTHERAPY**  
 Phone 250-569-7995  
 robsonvalleyphysio@gmail.com

**A BITTLE THINKER...**  
 I once saw two people wrapped in a barcode and had to ask, are you an item?

**HAY FOR SALE**

20 4X5 800 LB. PH:250-569-2314

**SCOTT KEIM**  
*Red Seal Journeyman Carpenter*  
 250-569-7120

**HORSESHOE LAKE VENTURES**



100 Mountain View Rd.  
 McBride, B.C. V0J 9E0  
 250-569-0075

We are the local Weldcor Cylinder Depot. We have CLOVES! Leather Workwear, Poly/Cotton, Rubber, and Nitrile Gloves. Lots of variety!

- Feed and Farm Supplies • Dog and Cat Food
- Full Hydraulic Hose and Fitting Supply
- Agricultural Parts/Repair • Automotive Parts/Accessories

**D & T INDUSTRIES**

Serving the Robson Valley for over 10 years!

Darvin 250-569-7758  
 250-569-7050 Tovi

ALL YEAR ROUND MOBILE EQUIPMENT SERVICES

**Uncle Mark's Fasty Food**



Open Weekdays!!  
 www.unclemarks.ca  
 1st Ave - Ph: 569-3003 to order!!

**JMR AUTO SERVICES**  
 1021 SE Frontage Road  
 250-569-2666

LICENSED AUTOMOTIVE & DIESEL MECHANICS  
 We will be CLOSED on Wednesdays, November 11 for Remembrance Day

WE have SHELL Conventional and Synthetic Diesel Engine Oil in stock and SHELL Grease

MONDAY to FRIDAY 8:30am - 4:30pm  
 SATURDAY & SUNDAY - CLOSED

**Robson Valley Business Services**

Offering Bookkeeping,  
 Income Tax,  
 and Computer Services.



Lori Gane 250-569-7941  
 Jim Chicago 250-569-7942

Or check us out at www.rvbs.ca and on Facebook at fb.me/RobsonValley.BusinessServices

**FREE The Bittle FREE**

# McBride

**Paper**



Serving BC's Friendliest Town and Area since 1996!!!  
 For the week of Wednesday, November 11th, 2020

## IN LOVING MEMORY

Mike Myrno  
 April 24, 1936 - October 28, 2020  
 It is with heavy hearts that we announce the passing of our beloved husband, father, father-in-law, grandfather, uncle and dear friend, Mike passed away peacefully at the age of 84 with Flo by his side. Mike will be missed by his wife Flo, daughter Joyce Myrno (Harten), son Dan Myrno (Jody), grandchildren Logan and Sawyer, sisters, brother, nephews, nieces and friends. Celebration of Life date will be announced in early Spring of 2021.

## LEGION NEWS

Due to on-going COVID-19 restrictions, the McBride Branch will not have an official Remembrance Day service this year. Members of the Branch will raise the flags at the Cenotaph at approximately 10:45 am November 11, 2020. If members of the public wish to show their respect and lay a wreath at the Cenotaph, they may do so individually throughout the day. If you need a wreath please contact Dennis Rejman at 250-569-2692. The flags and wreaths will be collected up at approximately 5:00 pm. The McBride Branch would like to Thank everyone for their understanding and support. The Branch would also like to acknowledge the support of the Regional District of Fraser-Fort George for their Community Grant-In-Aid.

## ROYAL PURPLE/ELKS NEWS

McBride Royal Purple and Elks - X-Mas Food Hampers. The Royal Purple and Elks will be distributing Christmas Food Hampers to families and individuals in need again this year. The Royal Purple and Elks' mission as a national, charitable fraternal organization is to support and promote community needs through the volunteer efforts of local Lodges like providing Christmas Food Hampers. This year due to COVID, Christmas Hampers will consist of gift cards to AG Foods and local businesses so families can purchase food items and gifts to help them celebrate Christmas. It would be greatly appreciated if you would like to donate in the form of local business gift cards e.g. McBride AG Foods, Robson Valley Home Hardware, Esso, Petro-Can, etc. or money to purchase gift cards. If you know of a family or individual in need, or have anything you would like to donate, please contact Tanya Phillips at 250-569-7788 by December 11th.

In addition, we are always looking for new members to help provide these services for the community. If you are interested, please call Kathy Molendyk at 250-569-3239 (evenings). Reminder that there is no longer a membership fee.

Elks & Royal Purple Hospital Bed Available - The Elks and Royal Purple have purchased a hospital bed to be made available to community member's in need. We do require a \$50.00 refundable damage deposit. For more information and/or to book bed, call Flo Myrno at 250-569-3254.

## THANK YOU

The MBCSA would like to thank all the volunteers who helped get the Renshaw trail and bridge repairs completed. We would like to send a special thanks to Norm Lorenz, Mac Cochrane, Jeff McNaughton, Barry Bedell, Barry Walline and Rod Whelpin, without their expertise and contributions this wouldn't have been possible. Another person to say a special thank you to is Sam Jones, donated his time on all 3 cabins, up keeping on shrubs, levelling cabins and decor of cabins.

## COMMUNITY CHRISTMAS DINNER

Due to COVID-19 restrictions, the Community Christmas Dinner on December 25 will look very different this year. There will be two options: Option 1. Pick Up & Option 2. Delivery Service. This will mean that EVERYONE will need to pre-register. We will need your name, address and number of people. Please Call KIM at 250-968-4467 or PETTE at 250-968-4334 before December 1. 2020 to ensure that you will enjoy a turkey dinner on Christmas Day.  
 Thank You - Community Christmas Dinner Committee

## OAPD NEWS

As many members know, our Treasurer Dawna Hickery has moved away. We need a volunteer to take over the bookkeeping. Please come forward and offer to take this position. New membership cards for 2021 will be available shortly. The OAPD continues to work for elders despite not having a place for our meetings. Your executive continues to look for a meeting place. However, Birthday Teas and Luncheons will not likely be available for some time.  
 Contact D. Simpson 250-569-3343.

Via-Rail Schedule Viarail.ca Phone 1-888-842-7245  
 Going West - Sunday...2:44pm  
 Going East - Thursday...12:18pm  
 Discounts for 1 or 3 days advance booking.

## Important Phone Numbers

EMERGENCY ..... 9-1-1 Gov't Serv. BC. 250-569-3760  
 R.C.M.P. .... 250-569-2255 Village ..... 250-569-2229  
 Hospital ..... 250-569-2251 Reg'1 Dist' ..... 1-800-667-1959  
 Health Unit ..... 250-569-2251 RV Comm. SRV. 250-569-2266  
 K to 7 School .. 250-569-2721 Food Bank ..... 250-569-3186  
 High School ..... 250-569-2295 Fire Hall ..... 250-569-3117  
 School District 57 Dental Office The Little McBride Paper  
 1-800-256-7857 250-569-3434 250-569-3110  
 BC BUS...844-564-7494 Report Forest Fires - 1-800-663-5555  
 Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers...  
 Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Friendliest Town!!

Vehicles for Sale

## DNG Developments

Certified Salvage Rebuilds

- 2014 Ford Edge Sport Limited, awd, 76000km, #5295, \$16900.00
- 2015 Chevrolet Trax AWD, air and cruise, back up camera, 99000km, #5669, \$9000.00

For more information contact 250-569-0343  
 \*Price indicated does not include applicable taxes. BCL #31296

## ROBSON VALLEY ESSENTIALS

250-569-2415  
 Closed November 11, for Remembrance Day  
 Lest We Forget.  
 K-Pods sold by the box  
 Check out our Facebook Page

## WHISTLE STOP GALLERY

250-569-7825  
 We have received a flood of new artwork and crafts at the Gallery. Dave Marchant has the 2021 calendars in, which means that 2020 is almost over - yay!  
 We have new cozy felt art from the Forest Felters, and we have been invaded by Dome Gnomes! Drop by for a visit, you are always welcome.  
 Open Daily 9-5 whistlestopgallery.ca

In memory of many, in honour of all.  
 Thank you.

WE WILL BE CLOSED  
 WEDNESDAY, NOVEMBER 11  
 FOR REMEMBRANCE DAY.  
 Follow us on Facebook - fb.me/youarewelcomehome  
 Tuesday-Saturday 8:30am-5pm 250-569-0215

## Rich boyz MECHANICAL AND TOWING

250-569-2470  
 Light & Heavy Duty Towing  
 BCAA Provider  
 Heavy Duty & Commercial Transport Mechanical  
 CVSE Inspection Facility

## LOCAL DAILY FREIGHT SERVICE McBride AG Foods

250-569-0140

**FRESH FISH ON FRIDAYS**  
 LEST WE FORGET  
 CHECK OUT OUR NEW TIMES  
 (NOW CLOSING AT 6:00P.M.)  
 Mon.: 7-6 Tues.: 12-6  
 Wed.: 7-6 Thurs.: 7-6  
 Fri.: 12-6 Sat.: 7-6  
 Sunday: CLOSED  
 ALWAYS CANADIAN

Advantage Insurance Services Ltd.  
 Rosemary L. Hruby, cve  
 250-569-2264

Thank you to all the Vets for your service.

## The Farm Store

250-569-0425  
 Great Specials Every Week!  
**WEEKLY SPECIAL**

Get ready for winter - Great Prices  
 Pre-Order COBALT & TRACE MINERAL BLOCKS  
 We will be CLOSED for Remembrance Day  
 STORE HOURS  
 Monday to Friday 10am-5pm Saturday 10am-2pm Sunday Closed  
 \*Now selling locally raised, pork, chicken & beef!





# McBride Tourism Master Plan

## We need your input!

**expedition**  
MANAGEMENT CONSULTING

In the spring of 2020, the Village of McBride began a process to develop a Tourism Master Plan for the McBride region. Over the past 9 months, we have worked closely with the community to develop a **Draft Tourism Master Plan**. *Many of you filled out a Tourism Master Plan survey!* We would now like to present the draft plan to the community and collect your feedback on the proposed direction.

We hope you will join us to discuss the draft plan at a **Public/Stakeholder Feedback Opportunity**. The Zoom session will begin with a brief presentation of the draft plan by Expedition Management Consulting followed by a group discussion to collect your feedback.

**When:** Wednesday, November 12, 2020 - 5:30-7pm (Zoom)

**How to sign up:** visit [www.mcbride.ca/village-office/tourism-master-plan](http://www.mcbride.ca/village-office/tourism-master-plan) to register.

**View the plan:** download from Village website:

[www.mcbride.ca/village-office/tourism-master-plan](http://www.mcbride.ca/village-office/tourism-master-plan).

We recommend reviewing the plan prior to attending the session.

Questions or comments can be directed to the Village Office

Karen Dubé, [karen@mcbride.ca](mailto:karen@mcbride.ca), 250-569-2229



# Is the Village of McBride Age-Friendly?

## WE WANT TO HEAR FROM YOU!

**WHAT'S HAPPENING?** Between October 2020 and February 2021, the Village of McBride is carrying out an Age-Friendly Assessment and Action Plan to identify ways to make McBride a more age-friendly community.

### WHAT IS AN AGE-FRIENDLY COMMUNITY?

- supports people of all ages actively participate in the community
- treats everyone with respect, regardless of age
- makes it easier for older people to stay connected to the community
- focuses on 50+ while benefiting all

### YOUR INPUT IS NEEDED!

Visit the website <http://www.mcbride.ca/village-office/age-friendly> to:

- Get involved and learn more about the age-friendly assessment and action plan
- Take the Age-Friendly McBride Survey (coming soon)
- Participate online or in an organized event (within health and safety guidelines)
- Find out how you can join the age-friendly working group.

Contact us with any questions or comments!

Hudson McLellan, Age-Friendly Project Consultant – EcoPlan

[HUDSON@ecoplan.ca](mailto:HUDSON@ecoplan.ca), 1.604.228.1855 x4



# Corporation of the Village of McBride

## McBride Train Station Improvements



## Request for Quotes - 1.2020

The Village of McBride is looking for contractors to provide a quote for the following work at the McBride Train Station:

1. First-floor washroom upgrades to highest national accessibility standards as well as BC Building Code compliance.
2. Installation of commercial rated hood, ventilation, fire suppression equipment in first-floor kitchen area and necessary renovations to kitchen space (including plumbing and wiring) to accommodate new equipment.

Contractors should contact the Building Inspector prior to submitting a quote to ensure they understand Building Code and Fire Code requirements. Building permits and other necessary permits and approvals are the responsibility of the contractor.

Contractors are required to have a valid Village of McBride Business License and provide proof of insurance and WCB coverage.

Questions should be directed to Karen Dubé at [edo@mcbride.ca](mailto:edo@mcbride.ca) or 250-569-2229. To view the site, contact Karen.

Quotes and design concepts must be received at the Village office no later than 4:00pm Thursday November 19, 2020. Email to [edo@mcbride.ca](mailto:edo@mcbride.ca), or mail/drop off at office:

Village of McBride, 100 Robson Centre, 855 SW Frontage Rd., PO Box 519, McBride BC V0J2E0.

### RVGS NEWS UPDATE

**National Seniors Safety Week** Nov. 6-12. Visit [www.canadasafetycouncil.org](http://www.canadasafetycouncil.org) for more information on safety recommendations for seniors. The Better at Home Program through RVCS can provide non-medical support for seniors to safely age in place. Call Sheri for more information: 250-566-9107. We are offering another co-hosted ZOOM Webinar: "Bullying between older adults in communal settings" ZOOM Webinar hosted by Senior's First BC & RVCS-Tuesday November 17th from 1pm to 2pm. Email [events@rvcsbc.org](mailto:events@rvcsbc.org) for the ZOOM link to register. Contact Jill if you have any questions or would like to view this webinar in person instead of from your home computer. **"Soup and Bun TO-GO"** Wednesday, November 18th from 12-1PM ... Join us at the McBride Library, in the meeting room off 5th Ave, outside entrance. Come pick up a cuppa soup, bun and dessert for FREE (donation's accepted) Physical Distancing measures in place. Brought to you by the McBride Library, RVCS-Better at Home Program, and the Community Literacy Task Force. For Questions, call Jana at 250-569-2266 or Abi at 250-569-2411. Deliveries available, call Abi to set up. **Tech Café-Tech Café** provides residents with the opportunity to have their technology-related concerns addressed, along with assistance in navigating platforms on their devices. Clients are urged to bring in their own devices. Call Char at 250-569-2266 to pre-book your 1:1 appointment. Next McBride Tech café is: Nov. 23rd 10AM-12PM at RVCS. COVID safety

measures in place, face masks are mandatory. **Nov. 25th - 16 days of Activism:** The 16 Days of Activism against Gender-Based Violence is an international campaign that runs annually from November 25 (International Day for the Elimination of Violence against Women) to December 10 (World Human Rights Day). The 16 Days are an opportunity to unite with partners around the world and reflect on what we can each do in our own communities and in our own lives to eliminate the disproportionate violence faced by women, girls and LGBTQ2 individuals. Starting November 25th to December 10th, show your solidarity by displaying purple décor, lights, hearts, etc. on you, your home or business. Post a picture of you wearing purple, or your decorated house/business, tag us, and use the hashtag #OurActionsMatter to commemorate The 16 Days of Activism Against Gender-Based Violence. **BCAPOP-RVCS** has paired up with the BC Association of Pregnancy Outreach Programs (BCAPOP) to provide pregnancy outreach programs, resources and supports. We are currently developing programs that aim to support women through many aspects of prenatal, perinatal and postpartum care, including infant loss supports. Call Sharon Darragh at 250-566-9107 or email [sharon.darragh@rvcsbc.org](mailto:sharon.darragh@rvcsbc.org) for more information on BCAPOP. **Family Place Drop in Program** - We are Indoors again! Please call Char in McBride: 250-569-2266 and Sharon D in Valemount: 250-566-9107, to reserve a spot, as we are

able to safely accommodate small groups at this time. Valemount Friday Dates: Nov. 13, 20, 27. McBride Wednesday Dates: Nov. 18, 25. (Stat holiday on Nov. 11th) Call for more information! **YES: Youth Empowerment Speakers Program** - From the First People's Cultural Council, this program is for BC First Nations youth between the ages of 18-30 who want to become fluent in their language while pursuing a career in language revitalization. For more information, contact our Indigenous Literacy Coordinators: Sheri or Charlene. **CYMH Virtual Youth Drop In Program** from 3-4PM: Nov. 17 - Where to Turn when you need help - This is a virtual youth drop in (ages 13-17) to support youth mental health. This is a bi-weekly program that will be happening until December. This will be an interactive, safe space to talk about mental health, including things like stress, managing anxiety, healthy relationships and coping skills. Contact Jessica or Laura at: 1-844-324-2004, or email: [events@rvcsbc.org](mailto:events@rvcsbc.org) to request the ZOOM link and password. **COMING SOON...** **Paint Night and Open Mic** - Standing up to Gender-Based Violence. A gathering of like-minded individuals, sharing stories through art and standing up against gender-based violence. Come sing a song, share a story, read a poem, or share your art. This event is in coordination with RVCS's 16 Days of Activism Against Gender-Based Violence and the Paint the Robson Valley Purple campaign. **Youth Programming** on November 20th **Circle of Security...**Dates to be announced!

**Take a Break in McBride...B.G.s Friendliest Town!!**

**REMEMBRANCE DAY**

The  
Goat Shed

**BIRTHDAY WISHES NOV. 11-17**  
Ray Miller, Robert Collins, Boston Littlechild, John Traquair,  
Jon Goodkey, J Couillard, Jean-Luc Lacombe, Saeeda Rose,  
Adelynn Molendyk, Josh Gane, Michael Hutchison, Wendy  
Miske, Colan Ryan, Larry MacMaster, and to any we have  
missed, Happy Birthday!

E F E R L O M C R I C H F T W  
O F Y I Z R U V X L O D O S I  
B X N W A R U H O S L W R R D  
R E B M E V O N T R A E C I L  
Y D R C O T B I O N B T F F A  
T P A U W J L W V M E G S H I  
S L P O O I B T F E O V V F R  
L I L O T H S M V U I N E K O  
E G L I P O F E T U N I M T L M  
D U E E P R M E M B E R S H E  
I S E X N D A R M E D Y T U D M  
E K N N D C L T E A P A P O Z  
D P D N D O E S Q Y Y M Y V L  
B C Z K G X Y A O P H N B B N  
M O M O I C Z L D T U C J S F

Take a Break in McBride...B.G.s Friendliest Town!:

ARMED  
DAY  
DIED  
DUTY  
ELEVENTH  
END  
FIRST  
FORCES  
HOSTILITIES  
HOUR  
LAST  
LINE  
MEMBERS  
MEMORIAL  
MINUTE  
MONTH  
NOVEMBER  
POPPY  
POST  
RECALL  
REMEMBER  
SILENCE  
TWO  
WAR  
WORLD