

ROBSON VALLEY IDDA TELEPHARMACY

OPEN Mon.-Fri. 9-5, Sat. & Sun. Closed
www.robsonvalleyidapharmacy.com
250-569-8811
1136 - 5th Ave. inside the McBride Hospital

Robson Valley IDA will be opening Saturdays starting June 6, 9-3

Avoid waiting for your prescriptions by calling them in at 250-569-8811

OR Take advantage of our online Refill Request option on our website
www.robsonvalleyidapharmacy.com/rx-refills

Flyers are now available online only at www.guardian-ida-pharmacies.ca/en/flyer

Sure - Step
Shoe Repair

FULL SERVICE
Insoles Galore - Shoe Care Products
Stretching - Resoling

Mon.-Fri 9-6 Sat. 9-5 Sun. 12-5

Ryan Vale
780-264-6568

ryanvale@yahoo.ca

Located in the McBride Hotel



Four Rivers Co-operative

Delivering Fuel East to McBride & Valemount

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
6749 Westgate Avenue - Tel: 250.964.2697

Prince George:	Valemount Cardlock:	McBride Cardlock:
Tel: 250.564.3488	1500 - 9th Avenue	2130 Zeidler Road
TF: 866.309.2667	Valemount BC	McBride BC
Fax: 250.564.3433	TF: 866.309.2667	TF: 866.309.2667

Seven Sisters Farm Grass Fed Beef
Cut, wrap & frozen, by the Quarter - \$6.50/lb.
Contact Joanne Pelton - 250-553-2365

Take a ride with

Ryder's Detailing and Auto Care
washing waxing interior cleaning and much more.
First time 10% off. Call 778-675-1420/250-569-7954

FOREVER PRINTING & SIGNS
Home of The Little McBride Paper
Phone: 250-569-3110 Fax: 250-569-0220
www.fpas.ca email: contact@fpas.ca

Uncle Mark's Tasty Food



Open Weekdays!!

www.unclemarks.ca

1st Ave - Ph: 569-3003 to order!!



www.monasheecomunications.ca
accounts@monasheecomunications.ca

WIRELESS INTERNET

McBride / Dunster / Tete Jaune / Valemount

INSULATION & DRYWALL

250-569-0320

They have not flesh, nor feathers, nor scales, nor bone. Yet they have fingers and thumbs of their own. What are they?

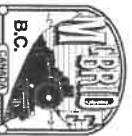
Robson Valley Septic

Check out septic tips and info at robsonvalleyseptic.ca
(250) 569-7812

save19

Your business is our business! ☺

FREE The little McBride Paper FREE



McBride Paper



Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, June 3rd, 2020

IN LOVING MEMORY

John Miles passed away March 22, 2020. We would like to thank all friends and family who have helped in this most difficult time. John has joined his son Bill, who was also born on the day March 22. The two are now together, forever in our hearts.
-Sincerely, Donna, and John's sons, Robert, Jacob, and Joseph.

DORCAS NEWS

Adventist Community Center (Dorcass) will reopen Tuesday, June 9 from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group).

PIONEER DAYS POSTPONED

Due to COVID-19, Pioneer Days will not be scheduled for June 5-7th this year. We are hoping that when everything gets back to some kind of normalcy, we will be able to have it September 11-13th. It may not be as many events etc. but still hoping to have the ball tournament and parade and hopefully dance and pancake breakfast.
-McBride Elks/Royal Purple

RVCS NEWS UPDATE

"Get the Community Chalking" For the month of June, lets show our support for all our local businesses, to those who have remained open, and those who have had to close their doors, we appreciate, miss and support you from line workers!! Let's show our appreciation to local businesses with caring chalk messages in front of their establishments. Send us your photos of you getting the Community Chalking! Email media@rvcsbc.org. This idea has been identified by a local McBride resident, Edna Partridge. Edna wanted to expand upon acknowledging the Health Care workers for their services, to include the local businesses, recognizing that there are many who have stayed open to serve us, and also to those who have had to close their doors and taken a loss. This campaign is to say Thank you, give support and encouragement and acknowledgment for our Health Care Workers, businesses and services in the Robson Valley.
World Elder Abuse Awareness Day (WEAAD) June 15th 2020
WEAAD activities are intended to bring greater recognition of abuse and neglect of older adults in British Columbia or wherever they live, and to highlight the need for prevention and community involvement in a response to the issue. Locally, we will be recognizing this day by distributing "Swag Bags" filled with useful goodies and information at local Farmer's Markets in McBride, Dunster, and Valemount. Dates will be announced soon.
Senior's First BC Workshop on Government Benefits via ZOOM June 17 from 1:30pm-3:00pm In recognition of World Elder Abuse Awareness Day, join us live via ZOOM with a Legal Advocate from Seniors First BC, who will discuss government benefits for 65+ people, how and when to apply, and any other questions you may have related to this topic. Contact Jana at 778-764-0245, or jana@rvcsbc.org for more information, and to obtain the Zoom link and password.
Little Bakers Series June 20 & 27 @ 11am Food skills need to be taught, developed and nurtured at a young age, similar to reading and writing. Cooking with kids is a fun hands-on, learning by doing activity to build food literate generations to come. Join us in a hands on interactive workshop from the comfort of your own home. Our food literacy coordinator will bake alongside you and your kids in this fun, interactive workshop! We will be making naan pizza. In the second series we will be making home made chicken fingers. Both workshops are approximately 45 minutes each. Recipe Kits with all the ingredients are available by donation. Email amy@rvcsbc.org or call 1-844-324-2004 to sign up for this event!

Indigenous Resource Guide. If you would like a copy of a useful guide of local and regional resources, links, and useful information pertaining to your Health & Wellness, Advocacy, Supports, then please contact Charlene Jones at 250-569-2266 or email charlene@rvcsbc.org to obtain a copy.
For the programs below, please email events@rvcsbc.org to obtain the Zoom link and password.
Kids Yoga - Join us on Wednesdays and Fridays from 10:30 - 11am for Kids' Yoga with Anita Kelder. Anita has lots of experience as a yoga instructor, and she's excited to share her love of mindful meditation with everyone.
Parenting Wellness Chat receive resources, learn about mental health related tips and support, Mondays from 1:30-2:30
Youth Drop In On-line get together with other kids, talk about concerns and participate in fun activities, Wednesdays from 2pm-3pm (ages 7-12) and 3pm-4pm (ages 13-18).
Nobody's Perfect Parenting Class Contact programs@rvcsbc.org to sign up for this free parenting class. Tuesdays from 1:30pm-3:30pm.

A LITTLE THINKER...

You know what I saw today? Everything I looked at.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email: contact@fpas.ca, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! And check out our website www.fpas.ca.
Scott & Susan (Oscar & Brown)

Take a Break in McBride...B.C.'s Friendliest Town!!

THE HAIR SHOPPE
803 3rd Ave. 778-258-0343
side entrance

Gigglin' Grizzly Pub
TEMPORARILY CLOSED
We'll be back!

BORSESHOEING

Gary Schwartz
Farrier Service
McBride, BC
250-569-3319

WE ARE BACK!!!
Opening June 7th

Patio Open 250-569-0133
(Open-M-F:6a.m.-5p.m. Sat.&Sun.:9a.m.-5p.m. Stats:Closed)

Robson Valley Pet Hostel
Grooming & Boarding
Ann Schwartz - Animal Health Technician
250-569-3319
Website with information and galleries: www.pethostel.ca

Cougar Den Cabins
250-569-7308
Daily, Weekly & Monthly Rates
1800 Samson Rd. McBride (bottom of Lucille mountain)
Hot Iron Forge & Anvil
Custom Blacksmithing, Rails, Gates, Curved Rods, Towel Holders, Etc.
Items can be viewed at the FARM STORE
Tim Heatwole - 250-569-7612
Meraki Builders

Construction and Renovations
250 569 7885 (Mitch) 250 569 4109 (Brenden)
Fourth & Main Hair Studio
Open Monday's - call or text
Thursday-Saturday 780-236-4222
by appointment

Robson Valley Livestock Quilting Supplies

While my store door is closed, if you need any sewing, quilting or handlung hardware, please call or text me at 250-569-7493
or email: rvlivestock@tiscali.com
for orders and deliveries

9 have a drop box where I cut please your items so you can securely pick up items and drop off cheque or cash.
Thank you for your continued support!!
Stay Apart to Stay Together - Geotique Kenye

DNG Developments Vehicles for Sale
2014 Suzuki S40 Motorcycle, 2800km, Lot #0789, \$3500.00
2017 Ford Escape Titanium AWD 2.0L automatic, 45000km, Lot #4710, \$17500.00
2018 Ford F150 Limited, 4x4, shortbox, 3.5L, mtrho, 36000km, Lot #3232, \$35000.00
Contact us at 250-569-0343 for information
Price indicated does not include applicable taxes
Dealer #31296

Alaina Chapman RMT
Registered Massage Therapist
Monday, Wednesday & Thursday
Ph: 250-566-1040 To book an appointment
Frank and sons Automotive Ltd.
Repairs - Tires - Windshields
975 Airport Road - 250.569.8830

UNCLE MARK'S CUSTOM MEAT CUTTING
Field to Plate Service, © "Stress free animals make better meat"
humane harvest, custom sausage, \$5 bags of bones and bird suet Mark Roth 250-569-7805
Glass Cutting, Picture Framing, Matting and Framing
call Bill Arnold 569-3381

Double Czech Carpentry
Pavel Bendl • 250-617-0263
• Renovations, new construction
• Exterior and interior finishing
• Cabinetry, kitchen remodeling
Call or email pavel.bendl@gmail.com

Sue & Me Eatery

News from Sue & Me on Main Street

*Dining in is back on the menu!
Soo & me are looking forward
to seeing old friends and making new ones.*

Monday Closed Tuesday Closed
Wednesday 11 - 9 Thursday 11 - 9 Friday 11 - 9
Saturday 11 - 9 Sunday 11 - 5
Take Out & Delivery Available

(Tap at The Door or Cash is Still King!)

Main St., McBride

250-569-0080

Sue & Me B&B coming soon!

LEVANT ELECTRIC

Serving the Robson Valley
250-569-7286

Dome Creek, BC

Blair Levant

FSR #106311



MIKE MOSELEY REALTOR

dl_jumiere@yahoo.ca

Buying or Selling in the Robson Valley?
Helpful, Friendly, Professional Advice.

CALL/TEXT

778-258-0064



HORSESHOE LAKE VENTURES

100 Mountain View Rd.
McBride, B.C. V0J 2E0

250-569-0075

We are the local Weldcor Cylinder Depot.
Check out our selection of cylinders and welding supplies.

• Feed and Farm Supplies • Dog and Cat Food
• Full Hydraulic Hose and Fitting Supply
• Agricultural Parts/Repair • Automotive Parts/Accessories



Serving the Robson Valley for over 10 years!

Darvin 250-569-7758
250-569-7050 Tovi



ALL YEAR ROUND MOBILE EQUIPMENT SERVICES

The Farm Store

250-569-0425

Great Specials

Every Week!



New Selection of
BEDDING PLANTS,
CHICK SUPPLIES & R3 BEEF

Monday to Friday 10am-5pm

Saturday 10am-4pm Sunday Closed

"The Feed Store With Bulk Prices In A Bag"



250-569-2666
1021 SE Frontage Road

LICENSED AUTOMOTIVE
& DIESEL MECHANICS

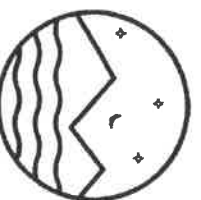
MONDAY to FRIDAY 8:30am - 4:00pm
SATURDAY - CLOSED Due to Covid-19

Robson Valley Business Services

Offering Bookkeeping,

Income Tax,

and Computer Services.



Lori Gane 250-569-7941

Jim Chicago 250-569-7942

Or check us out at www.rvbs.ca and on
Facebook at fb.me/RobsonValley.BusinessServices

521 NEWS

McBride and District Public Library is now offering a takeout service! Items can be ordered in advance for collection on Tuesdays or Fridays. Call 250-569-2411 or email library@mcbridebc.org for more details.

The McBride and District Public Library will be closed until further notice, in line with current guidance that social distancing is vital in reducing the spread of COVID-19. We apologize for any inconvenience this may incur, but the well-being of our patrons and library staff is our main concern. Please do not try to return any library materials (including inter-library loans) until the library reopens; all late charges will be forgiven when we reopen. You are reminded that books can be downloaded and read, or even listened to, using the program OverDrive, via this website.

HOSPITAL AUXILIARY NEWS

Our Make a May Donation campaign has come to a successful end. Over \$1,500 was raised in honour of our health care workers and to support the auxiliary purchases. At present the auxiliary is sponsoring beds, one of which is a bariatric bed. We want to thank all those individuals who made donations to this campaign. The generosity of this community is heart-warming! Donations can be made at any time or for any reason such as honoring a family member or remembering a loved one. Send cheques to McBride and District Hospital, Box 669, McBride, BC, V0J 2E0. Cash donations can be dropped with Pat Elliot at McBride AG Foods. E-transfers can be sent to hospaux2020@gmail.com. Please include your name and address in the message (Receipts will be issued for donations of \$20 and over). Thanks again for your generosity!

Special thank you to Robert Johnson of Real Tree Wood Products, our usual sponsor of the strawberries for the Strawberry Social, for making a generous donation in lieu.

COMMUNITY ANNOUNCEMENTS

Dunster Community Association Meeting on Tuesday, June 9 from 7:00pm-8:30pm at the Dunster Hall. Outside if the weather is good, 6 feet apart inside if it's not.

Message from McBride Medical Clinic - If you are needing a doctor's appointment, we are still here. Call our clinic at 250-569-2251 Ext. 2000 and we would be happy to book an appointment for you. Initially, our physicians can speak to you by phone or video conference. If the appointment requires an in-person visit, the physician or clerk will ask you to come into the clinic for a face-to-face appointment. Physical distancing requirements will be in place. We hope you are all happy and healthy and our physicians and staff want to keep you that way.

Sincerely, McBride Medical Clinic
McBride District Volunteer Fire Dept. is placing a 'Last Call' plaque in memory of past members on the outside of our Fire Hall. If you had family or friends that served on the McBride District Volunteer Fire Dept. from September 1985 to present for at least one year please submit to McBride Volunteer Fire Fighters Association P.O. Box 428, McBride, BC, V0J 2E0. Please submit for the first round by June 30th. Any questions please contact Christine 250-569-0090.

The Little McBride Paper is now On-Line at our new website www.fpas.ca. Plus check out all the past issues of The Little McBride Paper in the Archives section.

The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca>

BIRTHDAY WISHTES JUNE 3-9

Ayla Smith, Dennis Shawara, Gage Lewis, Kristy Warner, Matthew Roth, Chris Chapman, Jessica Kraby, Julian Ambrose-Greene, Adren Hooper, Bety Jean Molenkyk, Bonnie Cole, Brian Engelhardt, Dave Shantz, Marie Houlden, Marvin Sarasin, Nathaniel Kremic, Jarin Davison, Kyle Wilson, Lenae Wilstie, Sadie Pryor, Sharla Miller, Brady Donley, Danny Smith, Kelly Vizza, and to any we have missed. Happy Birthday!

BUY, SELL, RENT & MISC.

For Sale-Four 17" Rims with summer tires to fit GM Pickup. \$600.00 O.B.O.. Phone 250-569-7707. For Sale-2005 Ram 2500 (gas) 4x4 crewcab longbox. 192,000 km. Needs transmission. \$1500 obo. Call/text Wes @ 250-569-7417. For Sale-Single Mattress with Box Spring. In good condition. \$50.00 Ph:778-878-8869. For Sale-Jersey hand milk cow - 2 calves in 3 weeks, 3,000. For more information ph:250-569-7612. For Sale-Four Studded Tires On Rims (5 lug holes), from Ford F150. Four Studded Tires On Rims (6 lug holes) from Chev Uplander. Phone 250-569-3254. For Sale-40 ft. 5th wheel trailer, new wiring harness & deck, good brakes, rated 12-14,000 lbs, needs front jack. Price reduced to \$3850. Phone 250-968-4370. For Sale-Sihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. CLOSED until further notice. Dorcas-Adventist Community Center (Dorcas) will reopen Tuesday, June 9 from 1-3pm. Due to small space we will limit guest to 4 at a time (unless family group). Contact # Terri 250-569-2479. Foodbank contact number is 250-569-3186.

Via-Rail Schedule	viarail.ca	Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday	2:44pm	
Going East - Monday, Thursday, Saturday	1:48pm	
Discounts for 1 or 3 days advance booking.		

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'l Dist	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Serv.	250-569-2266
K to 7 School	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
School District 57	Dental Office	The Little McBride Paper	250-569-3110
1-800-256-7857	250-569-3434		
BC BUS...844-564-7494	Report Forest Fires - 1-800-663-5555		

Inquiring B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers...
Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B-G's Friendliest Town!;

WE WILL REOPEN TUES, JUNE 9TH! ;

We've missed you.

WE HAVE IMPLEMENTED A PLAN THAT DOES OUR VERY BEST TO KEEP OUR CUSTOMERS, STAFF AND FAMILIES SAFE. YOU WILL NOTICE A NEW LAYOUT, REDUCED SEATS AND TABLES, PLENGLASS AT OUR SERVICE COUNTERS, AND THERE WILL BE TIMES WHEN WE WILL WEAR MASKS AND/OR GLOVES. WE ASK THAT YOU ARE PATIENT WITH US AS WE DO THINGS DIFFERENTLY. THIS IS NEW FOR ALL OF US.

WE WHOLEHEARTEDLY WELCOME YOU INTO THE SHOP BUT REMIND YOU THAT, IF YOU PREFER, YOU CAN STILL ORDER BY PHONE AND PICK UP AT YOUR CONVENIENCE.



PLEASE CHECK OUR FACEBOOK PAGE FOR OUR ENTIRE COVID-19 SAFETY PLAN.

Follow us on Facebook - fb.me/youarewelcomehome

Tuesday - Saturday 8:30am to 5:00pm 250-569-0215

rich boyz MECHANICAL AND TOWING

250-569-2470

Light & Heavy Duty Towing
BCAA Provider

Heavy Duty & Commercial Transport Mechanical

CVSE Inspection Facility

McBride AG Foods

250-569-0140

OPEN

Mon, Wed, Thurs & Sat 9:00am-5pm
Tue & Fri 1-6p.m.
Sunday CLOSED

FRESH FISH ALWAYS CANADIAN ON FRIDAYS

Advantage Insurance

Services Ltd.

Rosemary L. Hruby, cins
250-569-2264



CLIFF'S BIKE SALES & REPAIR

905 - 3rd AVENUE

Reasonable Rates.

HISTORIC MCKALE HOUSE

421 Main St. 250-569-7176

Our new Hours: Thurs to Sat 11-2
We're a small space so we will limit customers to 2 at a time (unless family group).
Questions or requests: 250-569-7176
Check us out on FBI!

ROBSON VALLEY ESSENTIALS

250-569-2415

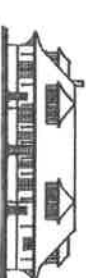
Kids Swimming Pools & Adirondack chairs
(Assorted Colours)

K-Pods -sold by the box

Check out our facebook Page

WHISTLESTOP GALLERY

250-569-7825



Your Valley Artists and Artisans have been busy during the shutdown.

From new Mountain Pottery to hand dyed yarn, our shelves are sparkling clean and full. We are open 9-5 daily and while some things have changed, the talent in the Robson Valley has only gotten better. Drop by and see for yourself.
whistlestopgallery.ca

WORLD OCEANS DAY

The
Goat Shed

I S P E C I A L I D G G D V
 N E R T N E C H O N E R T G S
 I H O T S L A V I T S E F M T
 T O A C T I O N T E E I L X N
 I S U S N O I T A R O L P X E
 A M P T R V C O V N C A H E V
 T A T U D E H T R A E Q C T E
 I R E I N O C E F E T A U A U R
 V G J U M A O M S I N A E T E
 E O J J N M E R N O D R B I I
 S R E A Q N U L O N D I Z T G
 D P D Z O O S S C A J U R S H
 C A M P A I G N S S L M O N T
 L A N O I T A C U D E S R I H
 H U Z K D E V E L O P M E N T
 ACTION CONSERVATION EXPLORATIONS OCEAN
 AQUARIUMS DEVELOPMENT FESTIVALS OUTDOOR
 BEACH EARTH INITIATIVES PROGRAMS
 CAMPAIGNS EDUCATIONAL INSTITUTE SPECIAL
 CANADA EIGHTH INTERNATIONAL SUMMIT
 CENTRE EVENTS JUNE ZOOS
 CLEANUPS

Take a Break in McBride...B.C.'s Finest Festival Town!!



Corporation of the
Village of McBride

Reminder:

Mandatory Boil Water Notice



Effective until Further Notice

View the Boil Water Advisory:

www.mcbride.ca/news



Corporation of the
Village of McBride

2020 Business Façade Improvement Program
Launched

The Village of McBride is launching the **2020 Business Façade Improvement Program**. The Program is designed to foster collaboration between the municipality and local business owners/tenants to improve the character and physical appearance of their commercial buildings.

Funding for the Village of McBride Business Façade Improvement Program is provided by Northern Development Initiative Trust.

Grants of up to \$5,000 for façade improvement and \$500 for way-finding signage for home-based businesses are available on a first-come-first-served basis.

NEW for 2020 – no matching funds required!

Program guide and application forms are available on the Village of McBride website at:

<https://www.mcbride.ca/business/village-of-mcbride-business-facade-improvement-program>

Contact Karen Dubé at edo@mcbride.ca or 250-569-2229.