

Rats, it's income tax time.

Call Linda Fry

Feb. 26th - April 30th
9 am-noon & 1pm-4pm
Tuesday to Friday
and by appointment



532 Main Street,
McBride BC V0J 2E0. Tel 250-569-0138

A LITTLE THINKER...

It's easier to get older than it is to get wiser.



461
Columbia Street

McBRIDE CURLING CLUB

Year - end Mixed Bonspiel

March 6 & 7 @ 20:00

Cash Prizes & Free Entry Fee \$160

Skip & Partner must be opposite sex.

Please register with Pat Elliott at McBride AG Foods
at 250-569-2284 before Wednesday, March 4th, 2020

Costume Theme: Letter E

Sat. Evening Entertainment in Curling Club Lounge



250-569-2666
1021 SE Frontage Road

NAPA Performer Tractor

Trans Hydraulic Oil - 19L pail \$59.95

Hydraulic AW32 - \$49.95 per pail

Hydraulic AW46 - \$49.95 per pail

MONDAY to FRIDAY 8:00am - 5:00pm

SATURDAY 9:00am - 12:00pm

New to the Valley!

Robson Valley Business Services

Offering Bookkeeping,

Income Tax,

and Computer Services.



Lori Gane 250-569-7941

Jim Chicago 250-569-7942

RVBS

Or check us out at www.rvbs.ca and on
Facebook at [fb.me/RobsonValley.BusinessServices](https://www.facebook.com/RobsonValleyBusinessServices)

Sue & Me Eatery

News from Sue & Me on Main Street

Fresh baking, homemade food

and coffee with a friend...

Life doesn't get any better!

Sun, Mon & Wed 9am - 3pm

Tues Closed

Thurs., Fri., Sat 9am - 9pm

Main St., McBride

250-569-0080

ROBSON VALLEY ESSENTIALS

250-569-2415 Mon.-Thurs. 9-5 Fri. & Sat. 9-5:30

MUCK BOOTS IN STOCK

Keurig Pods (by box) NOW AVAILABLE

Check out our Facebook Page

Gigglin' Grizzly Pub

Thursday-Friday-Saturday-Sunday

OPEN at 11am,
Family Service to 10pm

Lunch & Dinner
Specials



250-569-0101

HORSESHOE LAKE VENTURES

Horseshoe Lake
Ventures

100 Mountain View Rd.
McBride, B.C. V0J 2E0

250-569-0075

We are the local WeldCor Cylinder Depot.

Check out our selection of cylinders and welding supplies.

• Feed and Farm Supplies • Dog and Cat Food

• Full Hydraulic Hose and Fitting Supply

• Agricultural Parts/Repair • Automotive Parts/Accessories

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area since 1996!!!

For the week of *Wednesday, March 4th, 2020*

THANK YOU!

Thank You - A Special thank-you to everyone that has helped us out in so many ways from Valemount to Dome Creek and beyond. A big thank-you to everyone that helped out with the fundraiser. food, silent auction, setting up, cleaning up, music and all that attended to support us. We have really appreciated all of the good meals, baking, soups and desserts that have been brought to the house. All of the get well wishes from phone calls, texts, cards and visits from so many has been awesome. Coffee and tea kettle are always on. We will forever cherish each and every one of you. We wish you all good health and happiness.

-Love & hugs Garry and Mabel
It sure pays off to shop Local. I would like to say a big thank you to McBride AG Foods owners Jay and Liz for picking my ballot for the Shopping Spree. I can't forget the awesome employees that helped cheer with my cheering crowd and the videos that were taken in that short of time. I was able to send them to friends and family to enjoy, and to let them all know why we chose to live in McBride.... Thank You.... Penny Rivard

On behalf of the Open Gate Community Garden, we would like to Say Thank You to the Dunster Community Forest for their generous donation (grant) for our 7th Annual Seedy Saturday held on February 29. We saw more than 90 residents of the valley and beyond brave the winter road conditions early morning. Thank you to all the amazing presenters, valley member vendors and the volunteers for all their hard work and for baking and supplying all the goodies. To the McBride Library, huge thanks for a partnership that we have had since the beginning. The Farm Store and Robson Valley Home Hardware for their generous donations. See you all next year. -Penny Rivard (Open Gate Community Garden President)

COMING EVENTS

McBride and District Hospital Auxiliary AGM will be held on March 9th in the Education room at the hospital at 7pm. Everyone welcome to attend. New members encouraged to come!

Annual General Meeting of the McBride Figure Skating Club will be held on March 11th, 2020 in the Robson Valley Recreation Centre (461 Columbia St., McBride, BC) at 3:40pm. All welcome. Contact Sarah Onischak at 250 569 8845 for inquiries.

St. Patrick's Day Dance. Friday, March 13. McBride Elks Hall. Music by the Irish Howlers. Traditional Irish tunes and other dance music. Doors open 8:30, music 9. Ages 19 & older. \$15 advance tickets (\$20 at door) available now at Welcome Home and the Whistle Stop Gallery. Get your tickets soon to avoid disappointment.

Robson Valley Caregiver Support Group - at the Community Health Building, McBride. On Wednesday, March 18 from 2-3p.m. For those caring for someone with dementia - spouses, family or friends - a caregiver support group offers the chance to: •Exchange information and friendship with others affected by dementia. •Access the most current information. •Learn and share practical tips for coping with change. •Decrease feelings of loneliness and isolation. •Express feelings and be reassured that these feelings are normal. •Find a sense of hope. Supporting a person with dementia, can be incredibly demanding. People in this situation experience a variety of feelings. The demands of the disease can make it difficult to stay in touch with friends and family, and can lead to loneliness and isolation. Come and Join us! Contact for more information: 250-569-2251 ext. 2044. Sophia Ounzli, Social Worker.
Save the Date. April 18. McBride Ducks Unlimited Dinner and auction. Tickets will be available in the next few days. Contact any committee member.

COMMUNITY ANNOUNCEMENTS

Bingo-McBride Legion: Early Bird 6:30p.m. is every 1st Wednesday of the month, until June. Everyone Welcome!!!

The Valley Piecemakers Quilt group meets for fun and quilting every third weekend (Friday, Saturday and Sunday) between Sept. and April, at the Elks Hall in McBride. New members and beginner quilters welcome. Please contact Georgie Kenzie by phone or text at 250-569-7433. or rvlongarm@gmail.com for more information.

McBride Community Health Services offers: Prenatal Education, Immunizations, Mental Health and Addictions Counseling, STI Testing, Well Women's Clinic, Social Work Services, and Home Support. Call 250-569-2026 to book an appointment. All Services are free and confidential.

The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca>

Via-Rail Schedule	viarail.ca	Phone 1-888-842-7245
Going West	Sunday, Wednesday & Friday...2:44pm	
Going East	Monday, Thursday, Saturday...1:48pm	
Discounts for 1 or 3 days advance booking.		

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'1 Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. Serv.	250-569-2266
K to 7 School	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
School District 57	Dental Office	The Little McBride Paper	250-569-3110
1-800-256-7857	250-569-3434		
BC BUS, 844-564-7494	Report Forest Fires - 1-800-663-5555		
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Departments... Dial this Number 1st and ask operator to connect you to provincial numbers...			

Take a Break in McBride...B.G.'s Friendliest Town!!

McBride AG Foods

250-569-0140

FRESH FISHS
on FRIDAYS

March Super Saver

March 1st to 28th 2020



OPEN Mon.-Thurs. 6:30am-6pm, Fri. 6:30am-7pm,
Sat. 6:30am-6pm, Sun. 9am-5pm



Robson Valley
Home Hardware

250-569-2284

Open Mon-Fri 8-5:30 Sat 8:30-5:30

Springwall Davis Eurotop Queen Mattress Sets

Reg. \$1199.00

SALE

\$599.00

While quantities last

Friday March 13

There will be

SHENNIGANS

With



Doors open at 8:30 - Music at 9:00

St. Patrick's Day Dance!

McBride Elks Hall

\$15 in advance or \$20 at the door

Cash Bar - No Minors

Tickets on sale now at:

The Whistle Stop Gallery and Welcome Home
Don't be disappointed! Purchase your tickets before March 6!

WHISTLE STOP GALLERY

250-569-8891



When was the last time you were at the Whistle Stop? We have over 100 artists and artisans who put their work in the gallery and make up the non profits society that runs it. Browsers are always welcome, the passenger train stops daily and there is always something new and interesting to see. Take a break from your busy day and treat yourself to the creativity and artistry of our friends and neighbors in the Robson Valley

OPEN DAILY AT THE TRAIN STATION
FROM 9AM-5PM (CLOSED 12-1)

IT'S ALMOST SPRING!

STAY TUNED FOR NEW GIFTWARE
ARRIVING SOON.



Follow us on Facebook - [fb.me/yourwelcomehome](https://www.facebook.com/fb.me/yourwelcomehome)
Tuesday - Saturday 8:30am to 5:00pm 250-569-0215

SCOTT KEIM

Red Seal Journeyman Carpenter

250-569-7120



MECHANICAL
AND
TOWING

250-569-2470

Light & Heavy Duty Towing

BCAA Provider

Heavy Duty & Commercial Transport Mechanical

CVSE Inspection Facility

D & T INDUSTRIES
SNOW REMOVAL
...serving the Robson Valley for over 10 years!
REMOVAL
 Darwin 250-569-7758
 250-569-7050 Tovi

WE CAN'T STOP IT FROM COMING, BUT WE CAN KEEP IT OUT OF YOUR WAY!
 BLADE BLOWER BUCKET SANDING DUMP BOX

Jessico's Artisan Breads and Treats
Open Friday's 12:30 to 3:30pm
411 Main Street (side door entrance)
Breads-Croissants-Cookies-Biscotts-Cakes

Advantage Insurance Services Ltd.
 Rosemary L. Hruby, CIBC
 250-569-2264

ICBC and law enforcement will be starting their spring Distracted Driving Campaign.
Remember to "Leave your phone alone!"

MONASHEE COMMUNICATIONS
 www.monasheecomunications.ca
 accounts@monasheecomunications.ca
WIRELESS INTERNET
 McBride / Dunster / Tete Jaune / Valemount

INSULATION & DRYWALL
250-569-0320

Birthdays are good for you...
 People who have the most live the longest.
Robson Valley Septic
 Check out septic tips and info at robsonvalleyseptic.ca
(250) 569-7812
"Your business is our business!"

ROBSON VALLEY IDA TELEPHARMACY
 OPEN Mon.-Fri. 9-5, Sat. 9-3, Sun. Closed
 www.robsonvalleyidaharmacy.com
 250-569-8811
 1136 - 5th Ave. inside the McBride Hospital

atoma Cold Assist Capsules 60's
\$17.99

atoma **atoma**

24hr Nasal Allergy Relief Sprays
120's
\$13.99

Delivering Fuel
 East to McBride & Valemount

CO-OP
 Four Rivers Co-operative

Commercial, Farm & Personal

Visit our Gas Bar in Prince George!
 6749 Westgate Avenue - Tel: 250.964.2697

Prince George: Tel: 250.564.3488 TF: 866.309.2667
 Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667

McBride Cardlock: 2130 Zeidler Road McBride BC TF: 866.309.2667

INTRODUCTION TO BEEKEEPING COURSE
 Presented by the Robson Valley Beekeepers Association Saturday, March 14 & Sunday, March 15 in the Dunster School from 10am to 2pm. Cost: \$50 for both days (bring your own lunch). To register contact: Lyn Smyth 778-258-0158 lyn3jnts@hotmail.com OR Glenda Tompson 250-968-4319 mountaincottage@telus.net.
REGISTRATION DEADLINE - MARCH 7th. COURSE CONTENT: Saturday - 1. Presenters: Bob Gray/Deb Reimer Hive Types and Construction, Gadgets of the Trade. 2. Presenter: Monica Zieper Anatomy, Lifecycle, and Hive Duties of the Various Honeybees, Pollinators-Mason Bees and Others. LUNCH BREAK. 3. Presenter: Deb Reimer Salves. 4. Open Discussion with Presenters. Sunday 1. Presenter: Glenda Tompson Forage and Gardens for Honeybees. 2. Presenter: Marion Cousineau Pests and Diseases of the Hive. 3. Presenter: Barb Marier Swarms. LUNCH BREAK. 4. Lyn Smith Value Added Products.

BIRTHDAY WISHES MARCH 4-10

Ari Goodkey, Caleb Reimer, Rick Thompson, Amanda Christensen, Christopher Rejman, Susannah Krinke, Mathue Miskie, Molly Chambers, Chantelle Jackson, Lacey Blouin, Michael Savarella, Ann Schwarz, Betsy Baer, Alyssa Doherty, Kevin Chitipka, Amy Hodgin, Hazel Sprecher, and to any we have missed, Happy Birthday!

GRANT APPLICATIONS

The McBride Community Foundation Committee will be accepting grant applications of up to \$1,000 from registered charities for projects that benefit Robson Valley Community. Applications are available at the Village of McBride office, 100 Robson Centre from March 2nd to March 20th.

521 NEWS

On-line Gale Courses. Free with your library card! Access hundreds of engaging, instructor-led on-line courses focused on professional development, technology skills, and personal enrichment. Offered together with RVCS's Adult Literacy Program. Contact either of us with questions! <https://education.gale.com/1-mcbridedp/>
Scrabbles' On! The first Tuesday of the month at 2pm. All welcome for a game or two on February 4th.

Tuesday Night Music Jam. 7-9pm (Tuesdays). Tired of playing alone? Come on out for some fun! Rock, folk, country, more. Questions? Contact David Marchant at 250-569-2569.
Mother Goose in McBride Wednesdays, from 10:30-11:30am at Family Place (RVCS). Join Lotte for songs, rhymes, stories and a snack. Aimed at children ages 0-3 and their caregivers but all are welcome!

Fibre Artists Meet Thursdays from 10-12pm. Bring your project and enjoy great company while you work! There will be knowledgeable folk around if you need help with a project.
Monthly Book Discussion meets the fourth Thursday at 1:30pm. February's topic is "Best of 2019". Drop by to choose from our display or bring your own to join the conversation on February 27th!

Snowshoes available at the library! Looking to try snowshoeing this holiday season? Have guests visiting and need an extra pair? Stop by 521 to sign some out with your library card. Borrow for up to three weeks.

BUY, SELL, RENT & MISC.

For Sale-Medium Size Freezer, 34"H 22"W 50"L Ph:250-569-7255•For Sale-Analogue TV, 24" screen. Works fine. Excellent picture. Takes added components. Big unit. Offers: 250-569-3343•For Sale-16 Aluminum River Boat with 25hp Mercury motor. Excellent Condition. \$3500. Phone 250-566-1017•For Sale-Good Hay, 900 lb. Round Bales. Ph:250-569-2314•For Sale-Stationary Bicycle-Good Quality \$500.00 Ph:250-961-4930•For Sale-Four Studded Tires On Rims (5 lug holes), from Ford F150. Four Studded Tires On Rims (6 lug holes) from Chev Uplander. Phone 250-569-3254•For Sale-40 ft. 5th wheel trailer, new wiring harness & deck, good brakes, rated 12-14,000 lbs. needs front jack. Price reduced to \$3850. Phone 250-968-4370•For Sale-1969 Ford 2 Ton flat deck truck, 330, 2 spd rear end, not running, no papers, as is, asking \$500. Call 250-968-4370•For Sale-4 Arche Claw Studded Winter Tires. M&S 195/65R15. \$200.00 Ph:250-569-2234•For Sale-River Front Acreage Stick Home. Walk out Basement. Ph:250-569-7518•For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas-Adventist Community Center. Open Tues. 1:00-3:00. Contact Number 250-569-2479
Terrifoodbank contact number is 569-3186•**Seventh-day Adventist Church** meets on Saturday for Sabbath School at 9:30am and Worship Service at 11:00am, and meets on Wednesday for Prayer Meeting at 7:00pm.
Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:30pm Ph: 569-7297•**Mountain Chapel (PAOC)-** Sunday School & Adult Classes-10am, Services-11:10am. Ph:250-569-0291•**Anglican United Church-441** Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206. •**Evangelical Free Church-** Worship Gathering at 10:30am. Ph:569-2378•**St. Patrick's Catholic Church-Meets** Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything! 250-569-3110, Fax:250-569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broome)
 All articles and ads are not the expressed opinion of this paper or its owners.

Take a Break in McBride...B.G.'s Friendliest Town!!

Hot Iron Forge & Anvil
 Custom Blacksmithing,
 Rails, Gates, Currain Rods, Towel Holders, Etc.
 Tim Hartwale - 250-569-7612

Meraki Builders
Construction and Renovations
 250 569 7885 (Mitch) 250 569 4109 (Brenden)

SHOPS ON MAIN
 246 Main Street (McBride Trading Co.)
SHOPS ON MAIN
 ReOpening! March 12th, 10-2
 Hope you've missed us because we've sure missed you!
 Watch for updates on our Facebook page!
 Show your I♥ve for local!!

Fourth & Main X Hair Studio
 Open Monday's, call or text
 Thursday-Saturday 780-236-4222
 by appointment

Robson Valley Quilting Supplies
 Hubbellman Road
 New hours of Business
 Now Open Wednesdays and Thursdays
 11:00am to 4:00pm
 Other times or days please call or text
 Geowgie at 250-569-7433

Alaina Chapman RMT
 Registered Massage Therapist
 Monday, Wednesday & Thursday
 Ph: 250-566-1040 To book an appointment

Frankie and sons Automotive Ltd.
Repairs - Tires - Windshields
 975 Airport Road - 250.569.8830

UNCLE MARKS CUSTOMMEATCUTTING
 Field to Plate Service, ☺
 humane harvest, custom sausage,
 \$5 bags of bones and bird suet Mark Roth,250-569-7805

Glass Cutting, Picture Printing, Matting and Framing
 call Bill Arnold 569-3381

Double Czech Carpentry
 Pavel Bendl • 250-617-0263

- Renovations, new construction
- Exterior and interior finishing
- Cabinetry, kitchen remodeling

Call or email pavel.bendl@gmail.com

THE HAIR SHOPPE
 803 3rd Ave. side entrance
778-258-0343

Painting
 The Colour Garden
 Call Phil 250-569-0205 or 7731

For Sale
Good Hay, 900 lb. Round Bales.
Ph:250-569-2314

BORSESBOEING

 Gary Schwartz
 Parrier Service
 McBride, BC
250-569-3319

Pati O'Bearnery says
"Tish up your coffee while you wait for spring..."
 (Open-M-F:6a.m.-5p.m. Sat.:9a.m.-5p.m. Sun.&Stats:Closed)
 250-569-0133

Robson Valley Pet Hostel
Grooming & Boarding
 Ann Schwartz - Animal Health Technician
 Website with information and galleries:
www.pethostel.ca
250-569-3319

Cougar Den Cabins
 250-569-7308
Daily, Weekly & Monthly Rates
 1800 Samson Rd. McBride (bottom of Lucille mountain)



521 Main Street McBride, BC V0J 2E0

HOURS

Tuesdays: 10-5pm, 7-9pm

Wednesdays and Thursdays: 10-5pm

Fridays: 1-8pm Saturdays: 2-5pm

library@mcbridebc.org mcbride.bc.libraries.coop

OPEN GATE GARDEN NEWS

The Open Gate Community Garden Society held a very successful Seedy Saturday at the Dunster Fine Arts School on Saturday, February 29. Ninety people enjoyed full presentations on Wild Foraging, BioChar and Garden Art. Fifteen minute "Tip Tables" on Raising Celery, Making Apple Juice, Creating Soups and Raised Beds rounded out the day. A free lunch of soup and buns and a table of sweets and beverages were provided and door prizes drawn. The Garden thanks all the presenters, cooks and servers and those volunteers who helped set up and clean up, for their dedication and hard work. Special thanks to those who donated generously to help with the expenses. All open plots in the Open Gate Garden in McBride are now available for renting. Come and enjoy the healthful benefits of tending a garden. Plot rentals remain at a modest \$20 per year. Those who would like to rent plots please contact Dorothy Simpson at 250-569-3343.

RVCS NEWS

Family Place Drop-in Wednesdays from 9:00-12:00. Free snacks, free play, themed activities, crafts, and great resources for parents and caregivers. Come, drop in and see what's going on!

Mother Goose: Every Wednesday @ 10:30-11:30 at Family Place Drop In. (RVCS McBride) Come sing and play with us!

ELKS AND ROYAL PURPLE

PIONEER DAYS NEEDS YOUR HELP! This year's annual Elks and Royal Purple Pioneer Days will be held June 5-7th. Already we have a few events that are scheduled and confirmed. It would be wonderful if we could have some different activities throughout the weekend. We have one new exciting event happening this year and we are definitely looking for more. We are also looking for adults/children that would like to perform for 1/2 hour or more on either the Saturday or Sunday. If you would like to host an event or participate, please call Kathy Molendyck at 250-569-7201.

INTERNATIONAL WOMEN'S DAY



C S R E T H G U A D Q H T E S
P E N S T R I K E O O Y W N C
M C L U T W Y I S N T O O S O
I A A E G H G L O J R I W D L
E U R S B H G R L L T Y O N L
G M J C T R E I D A Y C M E E
A E G H H D A W R T U K E I A
R E C O G N I T I O N N N R G
F T P X T D S L E S B H N F U
F I W R E N A Y L S G P K A E
U N I Y O U G N I K R O W F S
S G V M Q M O T H E R S Q Y T
V S S E J E Y V O S R Y T R A M U
X D S J T A C T I O N S V N V
O F F I C I A L E Y A D N U S

ACTIONS
ANNUALLY
CELEBRATES
COLLEAGUES
DAUGHTERS
DEMONSTRATIONS
EIGHTH
EQUALITY
FRIENDS
HONORED
MARCH
MARTYRS
MEETINGS
MOTHERS
OFFICIAL
PROMOTE
RECOGNITION
RIGHTS
STRIKE
SUFFRAGE
SUNDAY
WIVES
WOMEN
WORKING
WORLDWIDE

Take a Break in McBride...B.G.s Friendliest Town!!