Thurs. y-

SUMMER HATS SUN GLASSES P

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Daily Lunch Specials iday-Saturday-Su nday Open 250.569.0101 at llam

Thursdays - 5pm to 8pm
Burger & Beer \$20

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One Pizza with two drinks





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246 Main Street (McBride Trading Co.) Thursdays and Fridays 10-2 Vendors welcome.

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SCOTT KEIM

Red Seal Journeyman Carpenter

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SUE News from Sue & Me on Main Street B Me Eater

OPPORTUNITY AVAILABLE!

Sue and Me are looking to hire a kitchen Apprentice. Professional cooking experience is not necessary. are the most important requirements. A hard-working and positive attitude

Drop by with a resume. No phone calls or emails please Tues Closed

Sun, Mon & Wed 9am - 3pm Thurs., Fri., Sat. 9am - 9 250-569-0080 Main 1 – 9pm Main St., McBride

MCKALE **HOUSE**

20% off July 3 - July 13!!!
Check out our fun toys and puppets, too!
Hours: Wed- Fri 10-5, Closed Sat July 6 **Books about Cowboys, Horses, Ranches** 421 Main St. 250-569-7176

FREE The Little

McBride

Paper



Serving BC's Friendliest Town and Area since 1996:::

For the week of Wednesday, July 3rd, 2019 For the week of Wednesday. July

IN LOVING MEMORY

Джаупс July Miss (De cwey) 2017.

No words I write can ever say,
How much I miss you every day.
As time goes by, the loneliness grows,
How I miss you, nobody knows!
I think of you in silence,
I often speak your name.

All I have are I often speak your name.

are memories and your picture in a frame.

No one knows my sorrow,
sees me weep, but the love I have for you is in my heart to keep.

I've never stopped loving you,
I'm sure I never will,

No once sees I've never

Deep inside my heart,
You are with me still.
Heartaches in this world are many,
But mine is worse than any.
My heart still aches as I whisper low,
"I need you and miss you so".
Love always, Kathy

BIRTHDAY WISHES JULY 3-9

Irene Rejman, Dennis Rejman, Bo Greer, Diane Will, Mike Morad, Jayson Desfosses, Jenny Divleli, Brock Wallis, Everlee Anderson, Hertha Manton, Tina Carter, Adam Morad, Elizabeth Friesen, Michelle Gredling, Ryland DeRose, Gill Ferster, Wayne McClinton, Fran Chiupka, Marion Cousineau, Wade Franke, and to any we missed, Happy Birthday

GARAGE SALE

GARAGE SALE - Saturday, July 6 from 9am-4pm at 790 Barnes Road, McBride. Something for everyone! Tools, parts/accessories, household, craft/fabrics. Almost 30 years of 'collecting'! NO EARLY BIRDS.

2019 ROBSON VALLEY MUSIG FESTIVAL

August 16 & 18, Dunster. B.C. 60+ Artists from all over B.C., Canada, and the World! DJ Shub •Redpath Dancers •Namgar •Jim & Penny Malmberg •The Dirrty Show •Cocojafro •My Son The Hurricane •MNGWA •Dodgy Mountain Men •The Giving Shapes •Naomi Shore •Jody Peck •Sarah Burton •Electric Audrey 2 •Meiwa •Mamaguroove •This Way North •Logan & Nathan •Annie Sumi •Interstellar Jays •The New Customs •Under The Rocks •Simbiyez Wilson •Zonnis •Foxxie Follies •The Green Fools •Jesaja •Tullara •Nice Verdes •Saltwater Hank •Navaz •Sarah Wheeler •Party on High Street •Athabasca Barnburner •Stephen Lewis & The Big Band Of Fun •Danny Bell & His Disappointments.... and many more!! On Site Camping! Workshops! Vendor Village! Kids Zone! ~Sorry NO High Street •Athabasca Barnburner •Stephen Lewis of Fun •Danny Bell & His Disappointments.... and i Site Camping! Workshops! Vendor Village! Kids Z Dogs~. For Tickets and all other info RVMF.CA.

SHO-TAI

Sho-Tai is returning on July 8. Evan Dougherty, Class 2 Sho-Tai Practitioner, will be resuming his practice in McBride on Monday, July 8. Evan has travelled & practised with Terry Bell, the founder of Sho-Tai, for more than a decade. Sho-Tai utilizes examination of color changes & markings on the eyes, tongue & teeth to determine health changes in the body, past & present. Muscle testing (Kinesiology) is utilized to determine the weakest & most damaged organs & glands which are causing health issues. Kinesiology is also applied to determine which foods are negatively impacting the body & which herbs will aid the body in healing. We are all unique, like a snowflake, so a food that may be healthy for one person, may actually be detrimental to another, because of our genetic make-up & other causal factors throughout our lifetime. Even if a person is taking a herb or vitamin recommended for a particular condition, if it is not what their particular system needs, then the body must cleanse that item out, rather than utilizing it. The system follows the principles of Cleanse, Repair & Maintain to achieve optimum health. If you are a client of Sho-Tai or would like to be, please contact Kelly or leave a message at 250-968-4400. Kelly also maintains a total condition is been been achieved the principles of the Tai berks for clients. leave a message at 2 pply of Sho-Tai herbs

Via-Rail Schedule Going West - St Going East - N Discounts for Ile viarail.ca Ph
- Sunday, Wednesday of
- Monday, Thursday,
for 1 or 3 days ad Phone 1-888-842-7245
lay & Friday...2:44pm
lay, Saturday...1:48pm
advance booking.

Phone Numbers
-1 Gov't Serv. BC .250-569-3760

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Valemount Cardlock: McBride Cardlock:
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Valemount BC McBride BC

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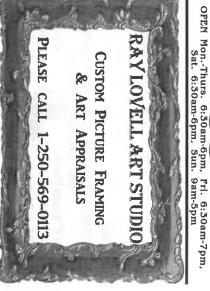
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8



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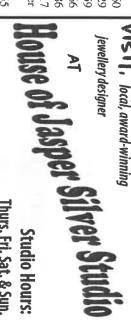
MONDAY to FRIDAY 8:00am - 5:00pm SATURDAY 9:00am - 12:00pm



WHISTLE STOP GALLERY
250-569-8891

Bring your visiting friends and family down to the Whistle Stop to share the amazing talent of There is alway something amazing to see!
OPEN 9-5 DAILY IN THE TRAIN STATION from the Robson/Canoe Valley. the 100+ artists and crafters

VISIT, local, award-winning



Thurs. Fri. Sat. & Sun.

141 Dominion St. McBride

ROBSON VALLEY HOXES

OPEN Mon.-Fri www.robson www.robsonvalleyidapharmacy.com
250-569-8811
1136 - 5th Ave. inside the McBride Hospital

LET'S TALK ABOUT FOOT CARE

Athletes aren't the only ones who get athlete's foot. In fact, this infection caused by a fungus is quite common.

Fortunately, it can be treated by products you will find at your pharmacy.

chance to WIN a \$49 Gift Certificate! It's MY birthday! I'm giving YOU a

Phone #:



Fill in this drop it off at the shop. ballot and

Follow us on Facebook - fb.me/youarewelcomehome Tuesday - Saturday 8:30am to 5:00pm 250-569-0215

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930H CAT WHEELED LOADER

** 78" BRUSH MOWER

**84" BRUSH GRAPPLE

**84" SOIL CONDITIONER

**84" SOIL CONDITIONER

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McBride / Dunster / Tete Jaune / Valemount WIRELESS INTERNET

INSULATION & DRYWALL 50-569-0320



Advantage Insurance Services Ltd. Rosemary L. Hruby, call 250-569-2264

Drivers Licence Number and Birthdate Autoplan coverage after September 1 of anyone who drives your vehicle. you will be asked for the Name, When you renew your

Robson Valley Septic Someone stole my toilet. nothing to go on. The police have

(250) 569-7812

business!" ©

AARON PRITGHETT

Aaron Pritchett - Out on the Town Tour 2019 with very special guest Kira Isabella and featuring David James. Sunday, October 6, 2019 in McBride, BC at the Roundhouse Theatre. A presentation by the McBride Roundhouse Theatre Society. Tickets \$45.00, on sale now at Advantage Insurance, 433 Main Street, McBride, BC.

LIBRARY NEWS

Robson Valley Kids! Drop by the library the week of July 1st to register for Summer Reading Club, Kids Food Camp, and pick up your July Explorer Map. Details of our fun summer plans coming soon!

Fibre Artists Meet. Thursdays at 10am. All welcome to bring your stitch project and visit. We'll have the coffee

Tuesday Night Music Jam, 7-9pm. Want to learn new music? Enjoy playing with others? Just want to sing along? All welcome. Call David Marchant with questions at 250-569-2569.

A LITTLE THINKER...

Progress is made by lazy people looking for an easier way to do things.

GOMMUNITY MARKET

June 21 to August 30 The McBride Community Market will be open every Friday, from 11am to 2pm at the Pavilion on Main Street, with goods grown, made or assembled in the Valley. Vendors from Dome Creek to Valemount are welcome to display wares that meet these criteria, and will pay a nominal \$5 per week per table. Please bring your own table and chair. For further information on selling at the Market call D. Simpson at 250-569-3343.

GOMMUNITY ANNOUNCEMENTS

The the McBride Community Calendar is available on line he website https://calendar.mcbride.ca/

BUY, SELL, RENT & MISG.

Three point hitch post hole auger... new condition.

Three point hitch rotary cutter, used but in good condition.

Ph:250-569-2334••FSBO Updated home in friendly

McBride, B.C. One level living with 3 bdrm, 1 bth. Go to

www.Sign2Web.com & call up 956 4th Avenue for details.

Phone 250-921-4342 for appt to view.•For Sale-1 BBQ,

\$100 o.b.o. Great condition. 905 3rd Ave... McBride,

B.C.•WANTED-to rent pasture. Will fix fence if needed.

Stan 250-569 7575•For Sale-6000 gallon potable Water

Tank. \$5000 obo. Phone 250-569-7024••For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250
Total Condition. For Sale-Makita LXT Blower. Comes with 2 - 18V 3ah batteries and a dual charger. Only used a handful of times. Phone 250-569-3110••For Sale-FS36 Stihl Grass Whip. Like New. \$75.00. Phone Wayne Zimmerman 250-569-2521 or Cell: 569-7763. 5125 Mtn. View Rd.••Piano For Sale-(Best Offer). The McBride Elks are selling their early 1900's Kingsbury Piano. Make us an offer by calling Len Downing at 250-569-2630. Located in McBride Elks Hall for viewing- arrangements made through Len.••For Sale-RIGID 12" Sliding Compound Mitre Saw plus mitre saw wheeled utility vehicle. Very good condition. \$500.00. Ph:778-258-0064 or dl_lumiere@yahoo.ca.••For Sale-3-4 Feeders Pigs \$100.00 Ph:569-7733••For Sale-50 inch, heavy duty rote tiller three point bitch. heavy duty roto tiller, three point hitch. Good condition. Panel dry wall hoist. Has done only one ceiling since only one ceiling since

GHURGH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00 Dorcas-Adventist Community Center. Open Tues. 1:00-3:00. Contact Number 250-569-2479 Terri*Foodbank contact number is 569-3186*Seventh-day Adventist Church meets on Saturday for Sabbath School at 9:30am and Worship Service at 11:00am, and meets on Wednesday for Prayer Meeting at 7:00pm.*Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:30pm Ph: 569-7297*Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350*Anglican United Church-Patrick's Ca Ph:569-2606. 441 Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206. Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378-St. orship Gathering at 10 Catholic Church-Meets Call to Confirm. Sundays

Please contact The Little McBride Paper with all connews, trivia, comments, anything!! 250-569-3110, Fax:25 email:sglines3@telus.net, P.O. Box 441, McBride, B.C. 1 drop off at 455 King St. If we don't know about it, we the public about it! Scott & Susan Glines (Oscar & Bruthe Public about it) Scott and the conressed opinion of this paper of the public about it. ith all coming events, 110, Fax:250-569-0220, ride, B.C. V0J 2E0 or bout it, we can't inform Oscar & Broom)

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Robson Valley

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McBride, BC

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Fourth & Main ∜ Hair Studio at Uncle Mark's Meat Shop

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UNCLE MARK'S CUSTOM MEAT CUTTING Field to Plate Service "Stress free animals

'eld to Plate Service make better meat' make better meat' make better meat' when the Robson Valley'' 250-569-2411

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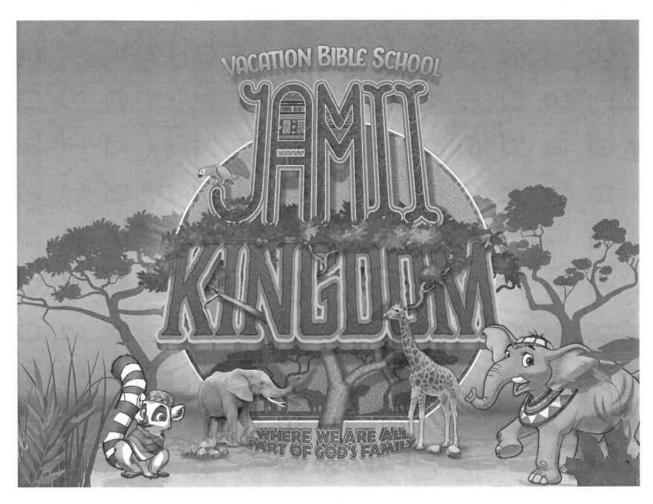
Children's Programs and Casual Clerk Hiring: Summer Clerk McBride, BC V0J 2E0 (open until filled)

Clerk (deadline oui

Please send your resume to library@mcbridebc.org. More info on website at mcbride.bc.libraries.coop

Come Join Us For

Vacation Bible School



Songs + Bible Stories + Crafts + Games + Snacks

Where: McBride Seventh-day Adventist Church

1075 Lamming Pit Road, McBride, BC

Dates: Monday, July 8 – Friday, July 12, 2019

Times: 6:30 pm – 8:30 pm

For information and to arrange transportation phone 250-968-4493

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