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MONDAY to FRIDAY 8:00am - 5:00pm
SATURDAY 9:00am - 12:00pm

**REGIONAL DISTRICT
of Fraser-Fort George**

ROBSON VALLEY RECREATION CENTRE
The Regional District of Fraser-Fort George is seeking experienced Caterers (who have a current catering permit issued by Northern Health) that would be interested in providing concession services at the Robson Valley Recreation Centre on an "As Required" basis.

Caterer would have full use of the concession area, appliances and equipment contained therein, owned by Regional District, for which they would be charged a rental rate.
Caterer would be required to:

- enter into a concession rental agreement with the Regional District;
 - meet all Northern Health food regulations;
 - provide proof of liability insurance in the amount of \$5,000,000 with the Regional District shown as an additional insured on the certificate;
 - meet all labour codes and provide WorksafeBC coverage for their employees.
- Caterers would supply food and labour to provide food services from the concession at dates and times as requested by the Regional District.
- Services would be required for events such as, but not limited to:
- * figure skating performances,
 - * hockey tournaments,
 - * bonspiels and
 - * special events.

Interested parties should send a letter outlining their catering credentials, previous experience and three references. The Regional District will review and contact short listed candidates for further discussions.

Please email your proposal to:
Cindy Paton
Community/Public Safety Assistant cpaton@rfdfg.bc.ca

**ROBSON VALLEY
ESSENTIALS**
IN STOCK
VALENTINE'S DAY
CARDS, CANDIES, CHOCOLATES
AND MUCH MORE
****Kerig K Cup Desination .66¢ & .89¢ each****
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Feed and Farm Supplies - Dog and Cat Food
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Paper

Serving BC's Friendliest Town and Area since 1996!!!
For the week of *Wednesday, February 6th, 2019*

ELKS & ROYAL PURPLE NEWS

WE NEED YOUR HELP - EASTER IS COMING. Over the past several years the McBride Elks and Royal Purple in conjunction with the Valley Museum and Archives have hosted the Annual Easter Egg Hunt for 0-9 year olds. They have sponsored and provided supplies, treats and prizes for approximately 40-60 children each year. The children look forward to making their basket, collecting the candy, getting their picture with the Easter Bunny and a chance to win 1 of many prizes. We do not want to see this annual event not happen, but due to the lack of member's, we would like to pass this event on to another individual or group to organize. The Elks and Royal Purple would continue to provide the funding up to \$500.00 and the Valley Museum and Archives are willing to help with crafts. If you or your club or organization would like to organize the Annual Easter Egg Hunt (doesn't have to be the same format), please contact Kathy Molendyk at 250-569-7201 as soon as possible as Easter will be here sooner than you think!

MGBRIDE HOTEL NEWS

Triathlon Results: 1st place - Penny Rivard & Wayne Ishister, 2nd place - Sharon Glover & Wes Chorney, 3rd place - Deb Kelly & Matt Slaney. It was a lot of fun! A huge thank you to Marty & Deb for helping organize this event, and to all that came out. Thank for your patience seeing as how this was a first time experiment. We will definitely do it again!!

Super Bowl/Pool Tournament Results: 1st place - Stacey Schock, 2nd place - Marty Kelly & 3rd place Howard Logan! It was a small crowd but thank you to all who braved the cold to play watch & have some chili. Thank to Howard & Val for their expert score keeping, Wes & Lanny for making popcorn. So very glad Sonnia & Hal could join us, we miss them!

DATE CHANGED

Fish and Wildlife Meeting will be Monday, February 25th in the Beanery 2 Bistro at 7:00p.m. for the Month of February due to Family Day Long Weekend on the 18th. Everyone Welcome.

BIRTHDAY WISNES FEB. 6-12

Adele Ford, Lorna Hallwas, Paula Taphorn, Karen Craigue, Roger Wiltsie, Rave Casutt, Mabel Wilcox, Brandon J Andrews, Dwayne Flynn, Georgie Blackburn, Kevin McCarty, Sara Olofsson, Walker Taphorn, Garry Moore, Lara Junek, Ron Westlund, Sabrina Lacombe, Sara Friesen, Wesley Andrews, and to any we missed. Happy Birthdays!

COMING EVENTS

Valley Piecemakers Quilt Guild next quilt weekend is February 8, 9, and 10. Guild meeting is at 12:00pm on the 9th for this month only.

Fabric and Sewing Notions Rummage Sale at the Elks Hall in McBride on Saturday, February 9th from 1pm to 4pm. Great deals to be had. Please no early birds.

Legion Bingo February 6, 2019 - Bingo will be the 1st Wednesday of the month only.

Community Futures - The Leadership Challenge A Wiley Brand - Leadership is Everyone's Business! Are you interested in developing your leadership skills? Or enhancing your team? If so the Leadership Challenge Workshop is for you! This FREE workshop has limited seating so register today! Pre-Registration is required, deadline February 11th. (Dinner will be provided, please notify us of any food allergies.) Valenmont: Wednesday, February 20, 2019. Evening Session: 3p.m.-9p.m. - Valenmont Learning Center. McBride: Thursday February 21, 2019. Evening Session: 3p.m.-9p.m. - McBride Library. For More information and to register: 250-562-9622 or www.cfdc.bc.ca/calendar/

Robson Valley Music Society Presents: KYM GOUCHE LIVE IN CONCERT!!!! Saturday, February 9th at the Dunster Schoolhouse. Doors @ 7:00pm. Music @ 7:30pm. Singer/Songwriter Kym Gouche is from the Lheidli T'enneh Nation in Prince George, B.C. Canada. One of Northern BC's fastest growing recognizable Indigenous Artists. Kym Gouche is fostering change through her music and art. Her voice can be heard around First Nations and woman's issues, the Highway of Tears, Red Dress Campaign, using her music for reconciliation, education and awareness. \$15 @ the door!!!
<https://www.kymgouche.com>

LEGION BINGO - Bingo has started, 6:30p.m. Early Bird. Bingo is the 1st Wednesday of the month until June 2019. Everyone Welcome - hope to see you there!!

Via-Rail Schedule vtrrail.ca Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:44pm
Going East - Monday, Thursday, Saturday...1:48pm
Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Serv. BC	250-569-3760
R.C.M.P.	250-569-2255	Village	250-569-2229
Hospital	250-569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	250-569-2251	RV Comm. SRV.	250-569-2266
K to 7 School ..	250-569-2721	Food Bank	250-569-3186
High School	250-569-2295	Fire Hall	250-569-3117
School District 57	Dental Office	The Little McBride Paper	250-569-3110
1-800-256-7857	250-569-3434		
Report Forest Fires - 1-800-663-5555			

Take a Break in McBride...B.G.'s Favouritest Town!!
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

**Apartment in
downtown McBride
for rent.**
Phone 250-885-6917 for details
A BITTLE THINKER...
Efficiency is a highly developed form of laziness.

SHOPS ON MAIN

246 Main Street (McBride Trading Co.)
Thursdays and Fridays 10-2
Grand Re-opening of SHOPS
on February 7th and 8th.
Welcome back to all our vendors and community.
Come on in and have a look at the renovations!
Show your I love for local!!!
250-569-2411

PUBLIC LIBRARY
McBride & District
521 Main Street McBride, BC V0J 2E0

Fines Free February

Bring in items for the Food Bank and we'll clear your fines!
All non-perishable items welcome, especially beverages.
library@mcbridebc.org mcbride.bc.libraries.coop

RAY LOVELL ART STUDIO
CUSTOM PICTURE FRAMING
& ART APPRAISALS
PLEASE CALL 1-250-569-0113

WHISTLE STOP GALLERY
250-569-8891

Have you been to the Whistle Stop lately?
From "Dome Gnomes" and "Forest Fairies" to
Dr. Tom's mountain wildflower honey.
We have something new for you!
Located in the Train Station
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TF: 866.309.2667	Valenmont BC	McBride BC
Fax: 250.564.3433	TF: 866.309.2667	TF: 866.309.2667

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FRESH FISH EVERY DAY!!!
• Cod
• Rockfish
• Steelhead
ALWAYS CANADIAN

OPEN Mon.-Thurs. 6:30am-9pm, Fri. 6:30am-7pm,
Sat. 6:30am-6pm, Sun. 9am-5pm

Robson Valley Caregiver Support Group
 Where: Community Health Building, McBride
 When: February 19, 2019 from 2-3 pm

For those caring for someone with dementia - spouses, family or friends - a caregiver support group offers the chance to:

- Exchange information and friendship with others affected by dementia.
- Access the most current information.
- Learn and share practical tips for coping with change.
- Decrease feelings of loneliness and isolation
- Express feelings and be reassured that these feelings are normal.
- Find a sense of hope

Supporting a person with dementia, can be incredibly demanding.

People in this situation experience a variety of feelings. The demands of the disease can make it difficult to stay in touch with friends and family, and can lead to loneliness and isolation. Come and join us!

Contact for more information:
 250.569.2018

Susan Umstol, Primary Care Nurse, McBride

Advantage Insurance Services Ltd.
 Rosemary L. Hruby, CMB
 250-569-2264

**HAVE A GREAT TIME
 CURLERS, OLD TIMERS
 & BASKETBALL PLAYERS**

ROBSON VALLEY PHARMACY



OPEN Mon.-Fri. 9-5, Sat. 9-3, Sun. Closed
 www.robsonvalleypharmacy.com
 250-569-8811
 1136 - 5th Ave. inside the McBride Hospital

**GOOD LUCK
 AND HAVE FUN
 TO ALL THE
 LADIES CURLING
 AND TO ALL THE
 OLD TIMER
 HOCKEY PLAYERS**

Help us celebrate our
1 YEAR ANNIVERSARY!

Welcome Home
 GIFTS & MORE
 JOIN US FOR - LIVE MUSIC,
 FREE REGULAR COFFEE
 AND TREATS AND ENTER
 OUR DOOR PRIZE DRAW!
 Saturday, Feb. 16th
 1-3 pm

Follow us on Facebook - fb.me/youarewelcomehome
 Tuesday - Saturday 8:30am to 5:00pm 250-569-0215

The Farm Store
 Great Specials
 Every Week!



WEEKLY SPECIAL
RODGER CHOCOLATES
 for Valentines

Open Mon.-Fri. 10am-5pm Sat. 10am-3pm
 1011 Frontage Road 250-569-0425

LAUNDROMAT NOW OPEN

I had a hen who could
 count her own eggs.

She was a mathematchicken.

Robson Valley Septic

"Your business is our business!"

COMMUNITY ANNOUNCEMENTS

Wondering just how cold it is outside? Thanks to Prof. Peter Jackson at UNBC's Environmental Sciences Department, we've got a weather station at 521 Main Street. Check out the link via the library website at mcbride.bc.libraries.coop or directly at: <http://weather.uncbc.ca/weather/canos-mcbride/>

John Dunn: Ellesmere Light Expedition. Lecture & multimedia presentation on a summer crossing of Canada's northernmost island, Monday, February 11th at 7pm at the Roundhouse Theatre. By donation. Dunn is a National Geographic published photographer. Join us for an adventure of 750km in 50 days, as Dunn brings Ellesmere Island to life with stories and images from his 2010 expedition. For more information, check out www.arcticlight.com. **Are you looking for some fun?** Are you looking for some exercise? Or are you looking to learn a new game? Community Volleyball is back on Tuesday nights, 6:30-8:30, grade 8 and up in the McBride Secondary gymnasium. So dust off your gym shoes and join us for some fun.

The McBride Curling Club welcomes anyone who would like to come out and curl. If we get enough people dropping in, we'll get a regular game going or if not, try the NEW game of Doubles curling. All you need is a clean pair of shoes to change into for on the ice. We have the rest of the equipment if you don't have any. All ages welcome. The bar will be open. Come out and meet new friends on any Friday night at 7:00 pm. McBride Curling Club, 461 Columbia Street, McBride, BC V0J 2E0.

The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca/>

OPEN GATE GARDEN NEWS

Open Gate Garden Annual Seedy Saturday, February 23, 2019. More information will follow. Thank you, OGG.

LIBRARY NEWS

Ukulele Jam with Melissa is back! Fridays at 2pm. All interests welcome. Bring your Uke and we'll have a few. **Mother Goose** in McBride is back. Wednesdays at 11am at the Library. Join Lotte (RVCS) and Naomi (Library) for songs, rhymes and stories! Aimed at ages 0-3 but all welcome! **Don't forget! We've got Tuesday Night Music Jam** with David Marchant, 7-9pm. All welcome to bring an instrument or your singing voice. Also, Fibre Artists Meet, Thursdays at 10am. Bring your project and stitch with neighbours over coffee and tea. **Questions about anything at the library?** Call us at 250-569-2411 or email Naomi at library@mcbridebc.org.

SCHOOL NEWS

McBride Basketball - Colin Axelsen Classic. February 8 & 9, 2019 at the McBride Highschool Gym. McBride Sr. Boys play on Friday, 2:00pm, and Saturday, TBA. Full Concession. **MCBRIDE SECONDARY SCHOOL REUNION** is quickly approaching. The event will be held on Saturday, June 1st at the McBride Community Hall. Tickets are available to purchase directly from Robson Valley Essentials, \$50/ticket, cash or cheque. E-transfers are also accepted to mcbrideschoolreunion2019@gmail.com, use password REUNION. Tickets will not be sold at the door and can not be guaranteed after April 30th. The reunion is open to anyone who either attended or graduated, staff included, during the years 1975-1990, and a guest. This is a 19+, non-formal attire, event. For more information, contact Charlene at mcbrideschoolreunion2019@gmail.com or 250-614-4874 (call or text). **STRONG START Fridays** for the 2018-19 school year: newborn - 5 year olds + their caregivers; drop-in (except non-instructional-day weeks when the programme will be on Wednesdays) 8:45-11:45a.m.

BUY, SELL, RENT & MISC.

For Sale-Nintendo Switch with extra controllers and games. \$240. Phone 778-989-7649**For Sale-4 Arctic Cat Studded Tires, M&S 195/65R15. Fits VW \$200.00 Ph:250-569-2234**For Sale-Acraeger. Ph: 250-569-7518**For Sale-US 1000 watt Quartz infrared heater, continuous heat, remote. \$465. Phone 250-569-2466**For Sale: Used items from renovation - all in working condition water softener - offers: oil furnace - reconditioned - offers; furnace fuel tank - \$300; 2 toilets - good condition - \$35 each; double stainless steel sink - \$20; 150 gal. fuel tank - \$100. Call 250-968-4370**For Sale-2011 Ford Fiesta, loaded, 80000k, includes winter tires. \$7000, excellent on gas. Ph:250-569-8852**For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas-Adventist Community Center. Open Tues. 1:00-3:00. Contact Number 250-569-2479 **TerraFoodbank** contact number is 569-3186•**Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph: 569-3370•**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:30pm Ph: 569-7297•**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350•**Anglican United Church**-441 Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206. •**Evangelical Free Church**-Worship Gathering at 10:30am. Ph:569-2378•St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

 Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything! 250-569-3110, Fax:250-569-0220, email:sjines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2B0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Gines (Oscar & Broome)
 All articles and ads are not the expressed opinion of this paper or its owners.

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HORSES BOEING

 Gary Schwartz
 Farrier Service
250-569-3319
 McBride, BC

Waco's Your Sweetheart **at the Bearery 2**
 250-569-0133
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Robson Valley Pet Hostel
Grooming & Boarding
 Ann Schwartz - Animal Health Technician
 250-569-3319
 Website with information and galleries: www.pethostel.ca

Cougar Den Cabins
 250-569-7308
Daily, Weekly & Monthly Rates
 1800 samson rd. mcbride (bottom of lucille mountain)

Dog Bones & Bird Suet \$5.00/Bag
 Now carrying Smoked Bones and Smoked Liver at Uncle Mark's Meat Shop

Meraki Builders
 Construction and Renovations
 250 569 7885 (Mitch) 250 569 4109 (Brenden)

Fourth & Main Hair Studio
 Open Monday's call or text
 Thursday-Saturday by appointment
 780-236-4222

Alaina Chapman RMT
 Registered Massage Therapist
 Monday, Wednesday & Thursday
 Ph: 250-566-1040 To book an appointment

Repairs - Tires - Windshields
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UNCLE MARK'S CUSTOM MEAT CUTTING
 Field to Plate Service "Stress free animals for domestic and Game make better meat"
 Mark Roth 250-569-7805 "Serving the Robson Valley"

Robson Valley Doghouse Quilting Supplies
 Thursdays and Fridays
 Now open 11am to 5pm
 3709 Hinkelmore Rd, McBride
 All other days and times please call on text Georgia at 250-569-7433

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250-569-0320

Glass Cutting, Picture Printing, Matting and Framing
 call Bill Arnold 569-3381

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 D & T INDUSTRIES
 *BLADE *BUCKET *BLOWER *DUMP BOX TRAILER *SKIDDER NOW AVAILABLE

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R3 ACRES, Farm raised beef, naturally. Grain fed beef available year-round.
 Call/text: 250-569-7203 Mon-Fri 9-4.
 Email: beef@r3acres.com Find us on Facebook.

THE HAIR SHOPPE
 803 3rd Ave. 778-258-0343
 side entrance

Painting
 The Colour Garden
 Call Phil 250-569-0205 or 7731

McBRIDE CURLING CLUB
 461 Columbia Street
 The McBride curling club welcomes anyone who would like to come out and curl. If we get enough people dropping in, we'll get a regular game going or if not, try the NEW game of Doubles curling. All you need is a clean pair of shoes to change into for on the ice. We have the rest of the equipment if you don't have any. All ages welcome. The bar will be open. Come out and meet new friends on any Friday night at 7:00 pm.



**MID-WINTERS
DREAM**

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- MEXICO
- PARASAILING
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- SAND
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- SHARKS
- SNORKEL
- SNOWBIRDS
- SUNBURN
- SUNGLASSES
- SUNHAT
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I N S U R A N C E S Y E R V R
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K W K E A Y D C R V O O E E A
S E H S K R A Y D H S L M K M O L

Take a Break in McBride...B.G.'s Friendliest Town!!