

ROBSON VALLEY ESSENTIALS
250-569-2415 Mon.-Thurs. 9-5 Fri. & Sat. 9-5:30
THINKING ABOUT VALENTINE'S DAY ???
WE HAVE VALENTINE'S CARDS & GIFTS READY FOR YOU!!!
*****Kerli K Cup Destination .66¢ & .89¢ each*****
Check Out Our Facebook Page

Sue & Me Eatery
Best Home-Cooked Food in the Rockies & Caribooos.
Drop in and say Hi to Sue & Me
Now Hiring - All Positions

Open **250-569-0080**
Mon., Wed., Thurs., Fri., Sat., Sun. 7:00a.m. - 2:00p.m.
Friday & Saturday Evenings 5:00p.m. - 8:00p.m.



HORSESHOE LAKE VENTURES
 100 Mountain View Rd.
 McBride, B.C. V0J 2E0
250-569-0075
Do you know that we carry
LED FLOOD LIGHTS?
 We are the local Weldcor cylinder depot.
 Check out our selection of cylinders and welding supplies.
 Feed and Farm Supplies -Dog and Cat Food
 - Full Hydraulic Hose and Fitting Supply
 -Automotive Parts/Accessories

Husky
569-2441

MENTOS	37-38 g ~ 2 for ~ \$2.00
PRINGLES	67-68 g ~ 2 for ~ \$2.00
GATORADE	710 ml ~ 2 for ~ \$4.00



Falling Star Ranch
 Academy of Foundational Horsemanship
 is excited to offer a winter workshop series on Saturdays starting January 26, 1-2:30 p.m.
 Topics of the workshops include:
 • Introduction to equine body language and behaviour (January 26)
 • Connection and contact: hands-on exercises without horses (February 2)
 • In-hand leading versus loose leading (February 9)
 • Introduction to lunging (February 16)
 • Introduction to round penning (February 23)
 • Introduction to long-lining/ground-driving/ double lunging (March 2)
 • Riding part 1 theory and demo (March 9)
 • Riding part 2 theory and demo (March 16)
 Each workshop is approximately 1.5 hours long and includes theory, demo and hands-on exercises (except for riding part 1 and 2 workshops, which consist of theory and demo only). Falling Star Ranch horses will be provided.
 Maximum 10 people, minimum 4
 \$30 per workshop. Total cost for all 8 workshops: \$240.
 If signing up for all 8 workshops in advance: \$200.

Workshops will be held in indoor arena (unheated) at Falling Star Ranch in Dunster, so please dress warm. In very cold weather, workshop will be rescheduled or participants can get a refund. Some theory sessions may also be held at Birgit's house.
 For additional information, please check each individual workshop under the Events tab on our Facebook page at <http://www.facebook.com/FallingStarRanchDunster/>
 To register, contact Birgit at 250-968-6801 or by email at info@fallingstarranch.ca.
www.fallingstarranch.ca

FOREVER PRINTING & SIGNS

HOME OF THE LITTLE McBRIDE PAPER
 • Signs • Magnetics • Banners • Sandwich Boards
 • Vehicle Decals • Window Decals
 • Business Cards • Memorial Cards • Posters • Binding
 • Address Labels • Full Color Laser Photo Copies
 • Invitations • Brochures • Trophies • Engraving • T-shirts
 for more information please contact
 Scott or Susan at 250-569-9110,
 fax: 250-569-0220, email: sglness3@telus.net

BIRTHDAY WISHES JAN. 16-22

Mark Roth, Rosanna Kolida, Birgit Stutz, Cody Yetter, Doug McRae, Eva McNaughton, Jen Pelton, Kyra Littlechild, Mandi Kjos, Matthias Hulka, Tina Pepper, Caitlyn Dube, Gunnar Goodkey, Vanessa Hooper, Luke Basso, Monica Zieper, David Loyer, and to any we missed, Happy Birthday!

COMMUNITY ANNOUNCEMENTS

Are you looking for some fun? Are you looking for some exercise? Or are you looking to learn a new game? Community Volleyball is back starting Tuesday nights 630-830 grade 8 and up in the McBride Secondary gymnasium. So dust off your gym shoes and join us for some fun.

The McBride Curling Club welcomes anyone who would like to come out and curl. If we get enough people dropping in, we'll get a regular game going or if not, try the NEW game of Doubles curling. All you need is a clean pair of shoes to change into for on the ice. We have the rest of the equipment if you don't have any. All ages welcome. The bar will be open. Come out and meet new friends on any Friday night at 7:00 pm. McBride Curling Club, 461 Columbia Street, McBride, BC V0J 2E0.

Graduation Dinner Needed! This year's graduation class will be holding their grad on Saturday, June 22, 2019 at the Robson Valley Recreation Centre. We are looking for a caterer for approx. 300-350 people. Bid to include menu plan, (recommended to submit 2-3 menu options, hot or cold menus will be considered depending on cost) copy of Caterer's License and references to be submitted to the McBride Secondary School by January 31, 2019. If you have any questions, please call the school at 250-569-2295.
The McBride Community Calendar is available on line at the website <https://calendar.mcbride.ca/>

LIBRARY NEWS

Dont forget! We've got Tuesday Night Music Jam with David Marchant, 7-9pm. All welcome to bring an instrument or your singing voice. Also, Fibre Artists Meet, Thursdays at 10am. Bring your project and stitch with neighbours over coffee and tea.
Questions about anything at the library? Call us at 250-569-2411 or email Naomi at library@mcbridebc.org.

SGMOOL NEWS

DID YOU ATTEND or GRADUATE from McBRIDE SECONDARY SCHOOL DURING the YEARS of 1975-1990? McBride Secondary School Reunion 2019 will be held on May 31, June 1 & 2, 2019 at the McBride Community Hall. For more information, contact Charlene (Long) Dickson 250-614-4874 (text or call) or email mcbridesecsecondaryreunion2019@gmail.com. Visit the Facebook page McBride Secondary School Friends & Reunion.
STRONG START Fridays for the 2018-19 school year: newborn - 5 year olds + their caregivers; drop-in (except non-instructional-day weeks when the programme will be on Wednesdays) 8:45-11:45a.m.
BUY, SELL, RENT & MISC.

For Sale-Nintendo Switch with extra controllers and games. \$240. Phone 778-989-7649**Wanted to Buy-Good, used Pellet Stove- Ph: 250-569-4025**For Sale-4 Arctic Cat Studded Tires, M&S 195/65R15, Fits VW \$200.00 Ph:250-569-2234**For Sale-King size Bedframe, mattress, boxspring \$150.00-Jackson Ph:250-569-7972-U-Haul-**Wanted-ISO 24 ft. travel trailer sleeps 4+ or 15 ft. truck camper sleeps 2+ or 24 ft. RV sleeps 4+. Does not need to be road worthy or insurable but must be movable & the interior in mint condition. I have cash for the right deal. Contact: flathedadiycanada@gmail.com or Dave Ryckman on FB pm or 250-968-4340**For Sale-Acreage. Ph: 250-569-7518**For Sale-US 1000 watt Quartz infrared heater, continuous heat, remote. \$465. Phone 250-569-2466**For Sale: Used items from renovation - all in working condition water softener - offers: oil furnace - reconditioned - offers: furnace fuel tank - \$300; 2 toilets - good condition - \$35 each; double stainless steel sink - \$20; 150 gal. fuel tank - \$100. Call 250-968-4370**For Sale-2011 Ford Fiesta, loaded. 80000k. includes winter tires. \$7000. excellent on gas. Ph:250-569-8852**For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues: 1:00-3:00 & Fri: 1:00-3:00•Dorcas-Adventist Community Center. Open Tues. 1:00-3:00. Contact Number 250-569-2479. **Terr-Foodbank** contact number is 569-3186•**Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph: 569-3370•**Memonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:30pm Ph: 569-7297•**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350•**Anglican United Church**-441 Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206. •**Evangelical Free Church**-Worship Gathering at 10:30am. Ph:569-2378•**St. Patrick's Catholic Church**-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Via-Rail Schedule viarail.ca Phone 1-888-842-7245
 Going West - Sunday, Wednesday & Friday...2:44pm
 Going East - Monday, Thursday, Saturday...1:48pm
 Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY 9-1-1 Gov't Serv. BC. 250-569-3760
 R.C.M.P. 250-569-2255 Village 250-569-2229
 Hospital 250-569-2251 Reg'1 Dist' 1-800-667-1959
 Health Unit 250-569-2251 RV Comm. Serv. 250-569-2266
 K to 7 School. 250-569-2721 Fire Bank 250-569-3186
 High School 250-569-2295 Fire Hall 250-569-3117
 School District 57 Dental Office The Little McBride Paper
 1-800-256-7857 250-569-3434 250-569-3110
 Report Forest Fires - 1-800-663-5555
 Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to provincial departments
 Dial this Number 1st and ask operator to connect you to provincial department

Take a Break in McBride...B.G.s Friendliest Town!

Delivering Fuel East to McBride & Valemount
CO-OP Four Rivers Co-operative
 Commercial, Farm & Personal
 Visit our Gas Bar in Prince George!
 6749 Westgate Avenue - Tel: 250.964.2697

Prince George: 250.564.3488
 Tel: 250.564.3488
 TF: 866.309.2667
 Fax: 250.564.3433
 Valemount Cardlock: 2130 Zeitler Road
 1500 - 9th Avenue
 Valemount BC
 TF: 866.309.2667
 TF: 866.309.2667

rich boyz MECHANICAL AND TOWING
 250-569-2470
 Light & Heavy Duty Towing
 BCAA Provider
 Heavy Duty & Commercial Transport Mechanical
 CVSE Inspection Facility

McBride AG Foods
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FRESH HERIDAY!!!
 • Steelhead
 • Rockfish
 ALWAYS CANADIAN

CENTRAL REPAIRS
 Specializing in rebuilding & repairing older farm equipment
 Experience since 1995
 Custom no-till drilling
Tim Heatwole 250-569-7612

A LITTLE THINKER...
 Anyone who has never made a mistake has never tried anything new.
ROYAL LEPAGE
 ROYAL LEPAGE Prince George
Mike Moseley
 Mobile: 778-258-0064
 E-Mail: mmoseley@royallepage.ca
 Your Local Representative in the Robson Valley

JMR AUTO SERVICES
 250-569-2666
 After Hours call 250-569-2726 or 250-569-7016
 1021 SE Frontage Road
LICENSED AUTOMOTIVE & DIESEL MECHANICS
 MONDAY to FRIDAY 8:00am - 5:00pm
 SATURDAY 9:00am - 12:00pm

McBRIDE HOTEL
 569-2277
TRIATHALON PRESENTS...
 1st time ever! McBride Hotel Triathlon! Sat. Jan. 26th
 Pool, Shuffleboard, Darts! Played in pairs.
 \$5 per person, teams selected by blind draws.
 Makes it interesting! Beat the winter blues & blahs. Cash prizes, drinks specials, and some giggles & fun!

WHISTLE STOP GALLERY
 250-569-8891
 Have you been to the Whistle Stop lately?
 From "Dome Gnomes" and "Forest Fairies" to Dr. Tom's mountain wildflower honey.
 We have something new for you!
 Located in the Train Station
 WINTER HOURS OPEN 9-5 DAILY, CLOSED 12:30-1:30

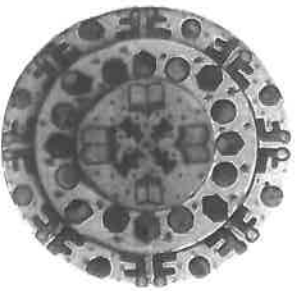
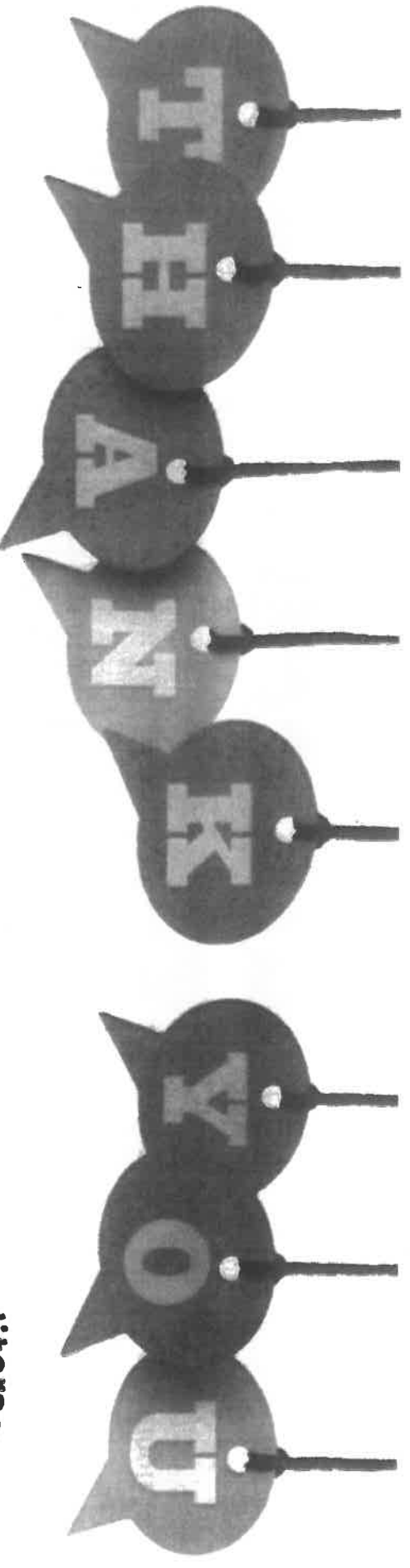
FAMILY LITERACY WEEK

This year's theme is
"Let's Make It!"

**January 20-27 - FREE events & activities
for all ages throughout the week!**

Tuesday	Music Jam @ McBride Library	7-9pm
Wednesday	Mother Goose @ McBride Library	11am-noon
Thursday	Fiber Arts Group @ McBride Library	10am-noon
	Arts Showcase @ McBride Secondary School	6pm
	Doors @ 5:45pm, admission & goodies by donation	
Friday	Strong Start @ McBride Centennial Elementary	8:45am-11:45am
	Open Mic Night @ McBride Library	7-9pm
Saturday	Family Literacy Day @ McBride Library	9am-noon
	Bannock breakfast @ 9, crafts, storytelling, music, and more	
Monday (28)	Dunster Playgroup @ The Dunster School	10am-noon

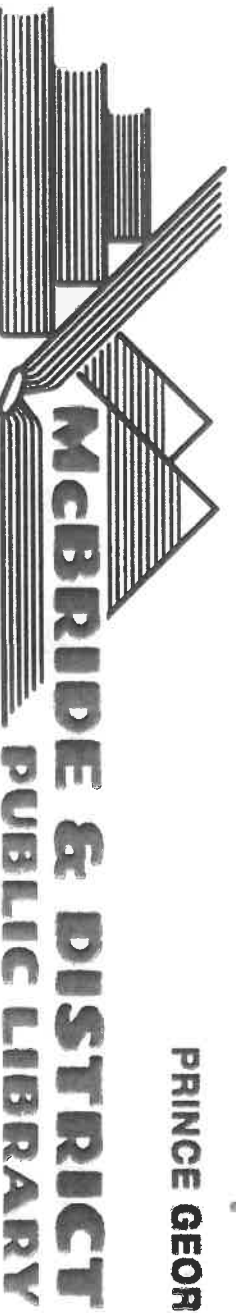
Please contact the McBride Library @ 950-560-9411 if you have questions about any of the events listed



Robson and Canoe Valleys

Early Years Table

PRINCE GEORGE



The valley Bat

