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CLOSED Monday, August 6th OPEN Saturday, August 4th We will be 杨

VE WILL BE CLOSING AT 3PM SATURDAY, AUG 4T HAVE A SAVE & HAPPY BC DAY LONG WEEKEND! NEW GIFTWARE



NEW LATTÉ/LATTÉ FRIO NEW ITALIAN SODA THIS WEEK!

Follow us on Facebook - fb.me/youarewelcomehome Tuesday - Saturday 8:30am to 5:00pm 250-569-0215 289 Main Street

FREE The Little FREE

McBride





For the week of Wednesday. August 1st. 2018

HANK YOU

Thank you to everyone who joined the Museum and Library for our community appreciation barbecue earlier in July! Special thanks to the Village of McBride for your grant in support of our opening event, to MLA Shirley Bond for her ongoing support, to the Regional District Board and Staff for their hard work and support, to Linda Fry and Pete Amyoony for the tents, to Craig Arnold and the E-Free Church for the chairs and drying space, to the Roth Family for their kitchen space, to Dale Stephens for the music setup, and to everyone that shared their musical or cooking talents. Thank you, too, to everyone who braved the storm to celebrate with

GOMMUNITY ANNOUNCEMENTS

McBride Minor Hockey AGM, Tuesday, August 28 at 7pm in the McBride Fire Hall - Upstairs. *All positions are open. Without participants willing to take an active role in the association, McBride

Minor Hockey will no longer operate. Please plan to attend if you would like to see Minor Hockey continue in McBride* Contact Lisa Franke @ 250-569-0345 with any questions.

A Community Calendar is available on line at the website https://www.mcbride.ca/residents/services/community-calendar-2. To have your event listed contact: mcbrideanddistrictcommunitycal@gmail.com PHYSIOTHERAPY AT THE GYM: Northern Health, Healthier Communities and Robson Valley Physiotherapy have launched a FREE program. For anyone with a disability, joint replacement, arthritis, and other physical conditions. Open to those who do not have extended medical coverage. Sessions are Thursdays at the Fit Pit, 9:00 to 11:00 am, and at the Valemount Rec Centre on Wednesdays from 9:00 to 11:00 am. Please call Michelle Read at 250-569-0053 for more details and to see if you qualify, or ask your doctor about the program.

BIRTHDAY WISHES AUGUST 1-7

Matt Barnes, Matt Kallin, Shawn Molendyk, Gordon Molendyk, Georgie Kenzie, Kaylee Beer, Samantha Phillips, Tovi Thiel, Laurent Roussel, Cassandra Molendyk, Gabriella Yetter, and to any we missed, Happy Birthday!

LIBRARY NEWS

Kid's Reading Zone! Wednesdays in August, from 2-3pm. Aimed at ages 5-12 but all readers welcome. Come read alone or with help, we've got a welcoming spot with pillows, snacks, and helpers. Fill out your summer reading log, check out our new books, or bring your latest from home. Get in the zone and read on!

Adult & Teen Summer Reading Contest: Read Through the Genres. Pick up your reading log at the library today, and read from each of our 7 fiction genres (mystery, romance, western, general fiction, Sci-Fi, Christian, and Young Adult) before the end of September to enter our prize draw (and win our admiration for your reading adventure!)

Monthly Book Discussion will meet August 23rd at 1:30pm. This month's topic is "fiction about writers". All welcome to pick up a title or bring your own to share over coffee & tea.

Summer Reading Club. Kids, how is it going? Are you reading up a storm? You've got 4 weeks left to fill out your Reading Records and earn a medal at our End of Summer Party on August 24th. We hope to see you there!

Fun Fridays, 2-4pm. Aimed at ages 5-12, our fun Fridays are based on the BC Summer Reading Club theme of "Motion Commotion" and include crafts, games and fun activities. All welcome! Free!

Lego Creative Camp runs Tuesday - Thursday this week! 10am - 12pm creative play, 12m - 1pm LEGO Sumo wrestling. All welcome! Grown ups and Lego Geeks welcome, under 5 with a caretaker please. Build an amazing Lego Landscape, City or Fantasy Creature! Team up with friends to build the giant 3922 piece Lego Technic Bucket Wheel Excavator. Join a Sumo team and program your own Lego Sumo Robot and let it wrestle the other robots. Call 2411 with questions.

Don't forcet we've care Traceday. Nicht Music Team 70cm.

forget, we've got: Tuesday Night Music Jam, 7-9pm, Artists Meet Thursdays at 10am.

Ozalenka Alpine Glub

The club will once again be offering regular Sunday hikes on a wide variety of local trails and mountains. We rendezvous at Koeneman Park at 9 a.m.; bring lunch and water, and carpool from there. July hikes will go up Bell Mountain, Lucille and McBride Peak. Hikes will be regularly posted in the local media. Nonmembers are welcome (you will be encouraged to join the club, annual dues \$20); and everyone must sign a Standard Liability Waiver. Co-ordinators are Al Birnie (250-569-4101), Tanya Rich (250-569-7299) and Leah Redmond (780-955-3088).

GOMMUNITY MARKET

Until September 7. 11a.m. to 2p.m. every Friday in the Pavilion on Main Street. Vendors Welcome with Products Grown, Made or Assembled in the Valley. Tables \$5.00 per week. Contact D.

Assembled in the Valley. Tables \$5.00 per week. Contact D. Simpson 569-3343 or Joyce Godfrey 569-2427.

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broom) All articles and ads are not the expressed opinion of this paper or it's owners.

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Couga 250-569-7308 Daily, Weekly & Monthly Rates 1800 samson rd. mcbride (bottom of lucille mountain)

MCKALE HOUSE

New arrivals in fiction and non fiction! Sales continue indoors and out! **421 Main Street**

Special Hours this week: Wed-10-5, Sat 10-2

Due to Football commitment (2) W MECHANICAL boyz 250-569-2470

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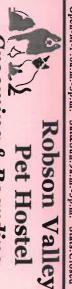
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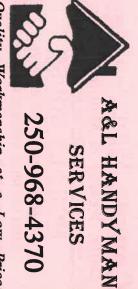
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AQUAFINA & LIPTON BRISH $35-40~\mathrm{g}\sim\mathrm{BOGO}$ or Combo with MoJo Cafe

Sho-Tai Dates in September

Evan Dougherty, Class 2 Sho-Tai Practitioner, will be resuming visits to McBride & Valemount in September. He will be in McBride on Monday, September 17 & in Valemount on Tuesday, September 18. Sho-Tai utilizes examination of color changes & markings on the eyes, tongue & teeth to determine health changes in the body. Muscle testing (Kinesiology) is utilized to determine the weakest & most damaged organs & glands which are causing health issues. Kinesiology is also applied to determine which foods are negatively impacting the body & which herbs will aid the body in healing. We are all unique, like a snowflake, so a food that may be healthy for one person, may actually be detrimental to another, because of our genetic make-up & other causal factors throughout our lifetime. The system follows the principles of Cleanse, Repair & Maintain to achieve optimum health. If you are a client of Sho-Tai or would like to be, please contact Kelly or leave a message at 250-968-4400. Kelly also maintains a local supply of herbs for Evan's

GOMING EVENTS

Kids Food Camp Open Gate Community Garden - McBride, August 13th to 17th. For Children Ages 5 to 12. Under age 5 must be accompanied by a parent. Planting, Growing, Cooking, Eating, Wildcrafting, Songs, Stories. Register at the McBride Library. Questions? Nancy Taylor 250-968-4358 or nancy@dunsternancy.ca. Brought to you by the Community Literacy Task Group and The Open Gate

OPEN Mon.-Thurs. 6:30am-6pm, Fri. 6:30am-7pm Sat. 6:30am-6pm, Sun. 9am-5pm

FRESH FISHES FRIDAY!!!

8

BUY, SELL, RENT & MISG.

For Sale-Honda 5000 watt Power Chief Generator. Call 250-569-3254 for details or to view-Start your registered herd now!

CAA Registered Red Angus cow/calf pair for sale, \$3200, three years old, excellent conformation, good udder, good feet, quiet temperament. We have a small herd and sell one or two animals per year. We also have a registered buil calf who will be for sale next spring. References on our previous bulls available. Call Michelle Read, 250-569-0053.*For Sale-Ised RSF Model 101 Wood furnace. Develops 76,000 BTUs with 38 KW Ellectric Back-up with Forced Air Fan. Will sell separately or both for \$500.00 o.b.o. Call or contact Wayne Zimmerman. Ph:250-569-2521*For Sale-Hand made rubber tires one horse buggy. Can be changed to team. Reasonable offers. Ph:250-569-7124*-Lots of Beautiful Kittens, Persian/Cross. Greggo & Illona up the Beaver*-For Sale-Blue flagstone and landscape rock. Call David 250-569-7327*-For Sale-Blue flagstone and landscape rock. Call David 250-569-7327*-For Sale-Blue flagstone and landscape rock. Call David 250-569-7377*-For Sale-Blue regard fuel tank, as new, \$1000. Phone 19719**22" \$30.00 Ph:250-569-2485*-For Sale-3.5 hp Outboard Engine, 2 stroke, integral fuel tank, as new, \$1000. Phone shelf 19719**22" \$30.00 Ph:250-569-7024*-Wanted: 5-10 acres of land in Dunster area with water access. Willing to make \$500/month payments. Please call 250-968-4370*-For Sale-White Maytag dryer works really really well, only \$50.00. Ducks Unlimited Joe Bucher Duck Caller, 24 carat gold blue wing teal, Canada, new in box, hand carved and painted - \$80.00 ob. Vegetable grinder, six steel blades, wooden handle, works like new - \$45.00. 250-569-7493**Equipment for Sale-1976- 930 Cat Loader-\$25,00.00 ob. (has 4 new tires), 1980 Freightliner Truck (5th wheel) with Frue hanf lowbed, (35-40 Ton), Best Offer. If interested please call Harley Bratton 250-569-2447**For Sale-1000 gallon fuel tank with stand. \$550.00 ob. Phone 780-689-1197*-For Sale-Villaga Western saddles inclutting high end of the proper sa

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Sat., Aug. 4 and Mon., Aug.
MONDAY to FRIDAY 8:00am - 5:00pm
SATURDAY 9:00am - 12:00pm

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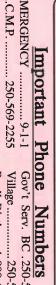
1021 SE Frontage Road

250-569-2666

GHURGH NEWS N. THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas will be closed for July & August. Will reopen Sept. 4. 250-569-2479 Terri, 250-569-2527 Esther.•Foodbank contact number is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph: 569-3370•Memonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:30pm Ph: 569-7297•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph::569-3350•Anglican United Church-441 Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206.•Evangelical Free Church-Worship Gathering at 10:30am. Ph::569-2378•St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph::569-2606. Call to Confirm.

Via-Rail Schedule viarail.ca Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:44pm
Going East - Monday, Thursday, Saturday...1:48pm
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Community Garden Society.

McBride & District Hospital Auxiliary Raffle: Prize - Autumn Coloured Quilt. Ticket Price 3 for \$5. Draw is at 2:30p.m. October 14th, 2018 at the McBride & District Hospital. Tickets available with Auxiliary members, McKale House and Shops on Main.

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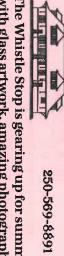
Have a safe and happy long weekend!

Watch for our August Updates!

10 happy vendors!

Main Street (McBride Trading Co.)

OPEN THURSDAYS AND FRIDAYS 10-2



The Whistle Stop is gearing up for summer with glass artwork, amazing photography, local authors and much more. There is always something new at the Gallery Bring your visiting friends and family in to share our Robson Valley talent!

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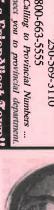
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WEDNESDAY & THURSDAY

IN MCBRIDE

Chelsea Roth R.Ac. robsonvalleyacupuncture.cc 250-569-7638 FRIDAY'S IN VALEMOUNT







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