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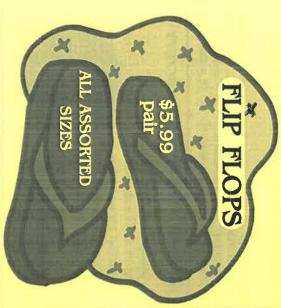
part-time housekeeper. **North Country Lodge** is looking for a

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TRIVIA NIGHT © DOOR OPENS AT 6:30PN 180n = half to winning team-half to RV Spay & Neuter.



CONGRATULATIONS 2018 GRADS you can accomplish when you There are no limits to what

Welcome Home know who you are and
GIFTS & MORE home faith in what you can have faith in what you can do."

Follow us on Facebook - fb.me/youarewelcomehome Tuesday - Saturday 8:30am to 5:00pm 250-569-0215 289 Main Street

ROBSON VALUES ESSENTIALS 569-2415 Mon.-Thurs. 9-5 Fri. & Sat. 9-5:30 Price Souvenirs VALLEY

Graduation Cards In Stoc

2018. o Comell

heck Out Our facebook Page

### FREE The Little FREE







For the week of Wednesday, June 20th, 2018

# Galling all HOBBY BAKERS!

Create a Canada Day Cake for submission for our "Canada Day Cake Off". Cakes can be dropped off at the pavilion on July 1st between 11-1pm for judging by members of the OAPO. Cakes will be served to the public at 2pm. For information contact 250-569-7299.

#### YARD SALE

Yard Sale Saturday, 9:00am-12:00pm

### LIBRARY NEWS

Library and Museum Community Picnic. Friday, July 6th from 5pm on at 521 Main Street. Burgers, salads and dessert are free, as a big community thank you! Join us as we celebrate our new space. Music starts at 5pm. Bring your lawn chair or picnic blanket. Tables and chairs available for seniors. Questions call Heather at 250-569-3000 or Naomi at 250-569-2411.

Don't forget, we've got: Tuesday Night Music Jam, 7-9pm, and Fibre Artists Meet Thursdays at 10am.

Monthly Book Discussion meets Thursday, June 28th at 1:30pm. All welcome to bring a title or check one out from the library, and join the conversation over coffee and tea.

# GARDEN OF MEMORIES

We invite you to participate in the official opening of the Garden of Memories with Liz Haan at the McBride and District Hospital. Saturday, June 23, 2018 at 1:00p.m. in the Hospital Gardens. Light refreshments hosted by Robson Valley Arts & Culture Council as part of the 2017 Mandala Art Project and Robson Health Association. Please follow signs to enter through the garden back gate so as not to disturb the privacy of the patients, residents or staff.

## IGE GREAM SOCIAL

The 41st Annual Dunster Ice Cream Social - at the Dunster Hall on Saturday, June 30th, 7:00p.m. Dance at 9:00p.m. Potluck Cakes, Pies, Cookies, Squares, Brownies and lots more. Not to mention the Ice Cream in the dozen of flavors. Dance all night to the Roadside Splinter. Adult-\$8.00, Kids 6-10 \$6.00, 5 and under Free. Everyone

# **GOMMUNITY ANNOUNCEMENTS**

Community Literacy Task Group Meeting on Wednesday, June 27th, 4:30 to 5:30 at the Library - 521 Main St. Conversations about literacy, learning and community. Contact Nancy 250-968-4358 for details.

A Community Calendar is available on line at the website https://www.mcbride.ca/residents/services/community-calendar-2. To have your event listed contact: mcbrideanddistrictcommunitycal@gmail.com PHYSIOTHERAPY AT THE GYM: Northern Health, Healthier Communities and Robson Valley Physiotherapy have launched a FREE program. For anyone with a disability, joint replacement, arthritis, and other physical conditions. Open to those who do not have extended medical coverage. Sessions are Thursdays at the Fit Pit, 9:00 to 11:00 am, and at the Valemount Rec Centre on Wednesdays from 9:00 to 11:00 am. Please call Michelle Read at 250-569-0053 for more details and to see if you qualify, or ask your doctor about the program.

# BIRTHDAY WISHES JUNE 20 - 26

Happy Birthday! Jaxsyn Reiter, Lloyd Sansom, Bob Elliott, Stephan Kalnin, Carter Daykin, Reed Scales-Ford, Doug Loyer, Mark Monroe, Matthew Vogel, Hailey-Rae McCaw, Marie Forman, Niklas Roth, Michael McInychuk, Owen Williamson, Rita Shawara, and to any we missed.

# Sko-Tai Returning in September

Evan Dougherty, Class 2 Sho-Tai Practitioner, will be resuming visits to McBride & Valemount in September. Sho-Tai utilizes examination of color changes & markings on the eyes, tongue & teeth to determine health changes in the body. Muscle testing (Kinesiology) is utilized to determine the weakest & most damaged organs & glands which are causing health issues. For instance, the thyroid is often the weakest gland & the pancreas is often the most damaged gland. Kinesiology is also applied to determine which foods are negatively impacting the body & which herbs will aid the body in healing. We are all unique, like a snowflake, so a food that may be healthy for one person, may actually be detrimental to another, because of our genetic make-up & other causal factors throughout our lifetime. Terry likens eating a non-beneficial food, to a cow eating meat. It is recommended to make the dietary & supplement changes for a 'season', or 3 months & then reassess. The system follows the principles of Cleanse, Repair & Maintain to achieve optimum health. If you are a client of Sho-Tai or would like to be, & have a preference of dates in September that would work for you, please contact Kelly or leave a message at 250-968-4400, as she is currently initiating planning of this visit, in mid to later

news, trivia, comments, an email:sglines3@telus.net, P.C drop off at 455 King St. If the public about it! Scott All articles and ads are not the The Little The Little McBride Paper with all coming events, omments, anything!! 250-569-3110, Fax:250-569-0220, ielus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or King St. If we don't know about it, we can't inform it it! Scott & Susan Glines (Oscar & Broom)

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#### Glass Cutting, Picture Printing, Matting and Framing call Bill Arnold 569-3381

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Congratulations to all the Grads

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Best Wishes in the future.

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Robson Valley

Robson Valley

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Schwartz - Animal Health Technician

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Salon & Boutique
will be closed temporarily
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Daily, Weekly & Monthly Rates
800 samson rd. mcbride (bottom of lucille mountain)

Congratulations to McBride Secondary

Grad Class 2018! 421 Main Street 250-569-7176

And congratulations to the teachers and parents who helped you along the way!

Closed this week. Open again June 27

**Light & Heavy Duty Towing** MECHANICAL boyz TOWING 250-569-2470

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www.HouseOfJasper.com/directions/ 141 Dominion St. McBride Sun. 11:00 - 3:00

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**GOMING EVENTS** 

NOTICE OF ROBSON VALLEY COMMUNITY SERVICES SOCIETY ANNUAL GENERAL MEETING to be held at 1:00pm, June 21, 2018, 99 Gorse Street, Valemount, BC. New Board members are always welcome - please submit resumes via email to jackie.c.edwards@gmail.com before the date of the AGM.

McBride Secondary School Reunion tickets will be on sale as of June 15, 2018 for the formal high school reunion for anyone who either attended or graduated during the years 1975-1990. Hosted over the Pioneer Days weekend (May 31-June 2, 2019), the formal event will take place on Saturday, June 1, 2019 at the Robson Valley Community Centre. This is a 19+ event. Tickets are \$50/person - includes appetizers, dinner & desserts, dance to live music, door prizes & much more! Cash bar by the Elk's. Tickets will not be guaranteed after April 30, 2019. To purchase tickets, contact Charlene at mcbrideschoolreunion2019@gmail.com. Tickets can either be mailed, picked up the day before/day of the reunion if pre-purchased before April 30th, or can be purchased directly at Robson Valley Essentials. E-transfers can be sent to mcbrideschoolreunion2019@gmail.com, please use password "REUNION". Cheques can be made payable to McBride School Reunion. Mailing address: 2625 Bowron Rd., Prince George, BC V2N 6E2. Respond to the e-mail address above to be added to our list, or check out the Facebook group "McBride Secondary School Friends & Reunion".

# BUY, SELL, RENT & MISG.

For Sale-Red Angus Cross Cow/calf pairs for sale - \$2300.00. Phone 250-968-4453--For Sale-Hose Reel Cart \$30.00, Metal Tool Box with tray. 32"X8 112" x9 112" \$10.00, Black & Decker Sand Storm 3-in-1 Sander \$15.00, Side Table, oak finish, one shelf 19"x19"x22" \$30.00 Ph:250-569-2485--For Sale-2008 Honda Civic DXG, 4 door, 170k kms, original owner, purchased and driven in Okanagan, fabric interior-mint, winters and summer tires both on rims, Sirius radio, command start. All maintenance and upkeep done. No accidents. New battery car jack, and starter. \$6000. Call Jana 569-4233--For Sale-221 inch family sized Waitmaster Propane bdq. \$75. Call 250-569-3254 for details or to view-•For Sale-3.5 hp Outboard Engine, 2 stroke, integral fuel tank, as new, \$1000. Phone Justin/Verlyn 250-569-0075-•For Sale-1989 GMC pick up, 1500, 268-4370.•For Sale-Price reduced: \$1650. 1980 Ford 351M, 1 ton, 12 ft, deck with box closed in, 4 speed, motor & transmission in good condition, no rust. Phone: 250-968-4370-•For Sale-Solid Oak Typewriter Desk, 6 drawers, very unique. Ph:250-569-7024--Wanted: 5-10 acres of land in Dunster area with water access. Willing to make \$500/month payments. Please call 250-968-4370-•For Sale-Smaller Mobility Scooter, \$300.00 o.bo. Phone 250-569-0278-•For Sale-White Maytag dryer works really really well, only \$50.00. Ducks Unlimited Joe Bucher Duck Caller, 24 caret gold blue wing teal, Canada, new in box, hand carved and painted - \$80.00 obo. Vegetable grinder, six steel blades, wooden handle, works like new - \$45.00. 250-569-7493-•Fquipment for Sale-1976- 950 Cat Loader-\$25,000.00 obo. obo. (has 4 new tires). Particular of the particular pa

Congratulations

2018

### GHURGH NEWS N. THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00 Dorcas open Tues. 1-3. Ph: 250-569-2479 Terri, 250-569-2527 Esther-Foodbank contact number is 569-3186-Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph: 569-3370-Memonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph: 569-7297-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350-Anglican United Church-441 Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206. Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378-St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Via-Rail Schedule viarail.ca Phone 1-888-842-7245 Going West - Sunday, Thursday, Saturday...1:48pm Discounts for 1 or 3 days advance booking.

st Fires - 1-800-663-For Toll Free Calling to

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Come try some acupuncture to put that spring back in your step!

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McBride

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FRESH FISH FRIDAY!!! Congratulation to the Grads of 2018!!! • STEELHEAD • ROCK FISH

OPEN Mon. Thurs. 6:30am-6pm, Frl. 6:30am-7pn Sat. 6:30am-6pm, Sun. 9am-5pm

### VILLAGE OF MCBRIDE

Notice of Annual Meeting (part of the Regular Council meeting)

As per Section 98 of the Community Charter, consideration of the Village of McBride 2017 Annual Municipal Report and submissions and questions from the public will be held;

**Cold Beer and Wine Off Sales** 

Open 7 Days a Week till 11:00p.m.

Happy Hours 4p.m.-6p.m.

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Tuesday, Ju-7:00 June 26, 2018

PM

#### 100 Council McBride BC Robson Chambers Centre

available for public inspection on June 2018 on the Village of McBride website at the Village office: Annual Village Municipal Report will be made ne 11,

http://www.mcbride.ca/village-office/annual-reports



## CLIFF'S BIKE SALES & REPAIR

905 - 3 AVENUE 250-569-7249

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Appointments available this week - 21st, 25th, 26th text 780.236.4222 to book

Fallow Fourth & Main on

Facebook to keep up to date on openings or Located at 411 Main Street (side entrance)

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### NATIONAL INDIGENOUS PEOPLES DAY



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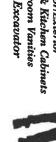
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Tuesdays: 10-5pm, 7-9pm Wednesdays and Thursdays: 10-5pm Fridays: 2-9pm Saturday: 2-5pm

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