

SNOW REMOVAL
D & T INDUSTRIES
 BLADEBLOWER***DUMP BOX TRAILER***
 SANDING NOW AVAILABLE
 WE CAN'T STOP IT FROM COMING, BUT WE CAN
 KEEP IT OUT OF YOUR WAY!
DAVIN 250-569-7758 or TONI 7050

JNR
250-569-2666
 After Hours call
250-569-2726
 or **250-569-7016**
AUTO SERVICES
1021 SE Frontage Road
Lots of WINTER TIRES in stock
Book a time for your
VEHICLE WINTER CHECK UP
 Closed Saturday & Monday - Normal hours Tuesday
 Open MONDAY to FRIDAY 8:00am - 5:00pm
 SATURDAY 9:00am - 12:00pm

Antiques & Giftware
WELCOME HOME
CLOSED SATURDAY!
TAKE TIME TO REMEMBER.
SOUP, & SANDWICHES SERVED DAILY
TO STAY OR TAKE-OUT
 OPEN MONDAY-SATURDAY 10:00AM-5:00PM 250-569-0215

Wireless Internet Service
FOR SALE
\$95,000
 200+ customers McBride to Valemount
 Irene Berendsen
 cell (250) 569-7397
 ROYAL LEPAGE Prince George

Advantage Insurance Services Ltd.
 Rosemary L. Hruby, CMB
250-569-2264
 Closed Saturday, November 11
 for
Remembrance Day

HORSESHOE LAKE VENTURES
 100 Mountain View Rd.
 McBride, B.C. V0J 2E0
250-569-0075
 We are the local WeldCor cylinder depot. Check out
 our selection of cylinders and welding supplies.
 -Feed and Farm Supplies -Dog and Cat Food
 - Full Hydraulic Hose and Fitting Supply
 -Agricultural Parts and Accessories

Husky
569-2441
MARS SINGLES 37-57 g
 Buy 1 Get 1 for ~ **\$1.00**
DUTCH CRUNCH 200g,
ARRIBA 245g & PARTY MIX 280g
2 for ~ \$7.00
3x the Points
CLIFF BARS 50-68 g
 Buy 1 Get 1 for ~ **\$1.00**

MCBRIDE LEGION
 The McBride Royal Canadian Legion Branch #75 has
 no set hours of operation. We do however rent the hall for
 small functions. The Contact persons are Dennis Rejman at
 250-569-2692 and Brad Kope at 250-569-8800 or Work
 250-569-3784. We have a Legion Meeting on the first
 Tuesday of each month (except July and August). Meetings
 start at 7:00 pm. Please contact us if you would like to be
 a member. We also have Bingo on the First, Third and
 Fifth Wednesday of each month except July and August.
 Early Bird starts at 630 p.m.

FREE The little FREE
McBride
Paper
 Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, November 8th, 2017

REMEMBRANCE DAY
 The Royal Canadian Legion Branch #75 Invites you to Remembrance
 Day in the spirit of Remembrance and march in the Parade with us
 from Legion Hall at 10:30 a.m.. Service at 11:00 a.m. at Cenotaph,
 Steve Kohida Park. Roast Beef Dinner 12:30 p.m. at Legion Hall,
 805 - 4th Avenue. Dinner is by donation, prepared by Beantry 2
 Bistro. Socialize for the afternoon with old friends and make new
 ones. Everyone Welcome.
COMMUNITY ANNOUNCEMENTS
PHYSIOTHERAPY AT THE GYM: Northern Health, Healthier
 Communities and Robson Valley Physiotherapy have launched a
 FREE program. For anyone with a disability, joint replacement,
 arthritis, and other physical conditions. Open to those who do not
 have extended medical coverage. Sessions are Thursdays at the Fit
 Pit, 9:00 to 10:00 am, and at the Valemount Rec Centre on
 Wednesdays from 9:00 to 10:00 am. Please call Michelle Read at
 250-569-0053 for more details and to see if you qualify, or ask your
 doctor about the program.

Sho-Tai in McBride & Valemount
 The healing art, Sho-Tai, with Class 2 Practitioner, Eyan Dougherty,
 is returning to McBride, & Valemount November 14 & 15. He will
 be in McBride for a day & a half, & in Valemount on the afternoon
 of the 15th. Sho-Tai is known for a number of techniques, including
 muscle testing (Kinesiology), which determines the electrical flow
 throughout the body - it can identify where the body has gone weak
 or is not functioning at full capacity. Terry Bell, the founder of Sho-
 Tai, went on his own health trek, in his 20's, due to his own health
 issues. He began studying various techniques, including electric
 acupuncture, & iridology. Terry noted similarities in color changes
 & markings with the eyes, tongue & teeth, which related to health
 issues in various parts of the body. After many years, these
 assessments became part of Sho-Tai. The assessment also looks at
 what foods are interfering with the healthy functioning of the body.
 We are each unique, like a snowflake, based on our upbringing,
 family history, etc. Recommendations are made, to try to avoid the
 foods that are disrupting the body's healing process. Two or three
 herbs, which can aide the body in recovering healthy function are
 also recommended. Terry recommends making changes for a 'season',
 or 3 months, in a process of healing that flows from cleansing, to
 repairing, to maintaining health. Eyan has traveled & worked with
 Terry for more than 10 years & is now bringing this unique health
 assessment to the Valley, every 3 months. If you have any questions,
 you may refer to the Sho-Tai website, or contact Kelly McNaughton
 with questions or to book an appointment at 250-968-4400.

COMING EVENTS
Robson Valley Fish & Wildlife Club meeting at The Beanery 2,
 November, 13, at 7:00p.m. Every Welcome.
McBride Christmas Craft Fair - Attention Craft Fair Vendors:
 McBride Secondary School PAC is gearing up for the Christmas
 Craft Fair - Saturday, November 18. New this year - the Craft Fair
 will be held at the Robson Valley Community Centre. Open to the
 public 10am-2pm (open to vendors at 8am). \$25/vendor. Free coffee/
 tea service to vendors. We will also host a concession. Book now
 to secure a table! Call Kathy at the school at 250-569-2295.
Talent Show coming November 23... Seeking talent in our community,
 All Ages: skit, song, dance, comedy, magic, pet tricks, music, art,
 poetry, story telling, athleticism, juggling, theatrics, and anything else
 you can imagine. There is lots of time to think of your idea and
 practice before the show! (Please keep your talent limited to 4.5
 minutes or under). This event will be a fund-raising event for the
 Live Different Trip to Mexico with the High School students. The
 event will be held at the Roundhouse Theatre at 6:30pm. Tickets will
 be available early November and concession will be available during
 a break the night of the event. Contact Lonnie Gustafson through
 lonnawas@gmail.com or phone/text 250-569-7657 with your enthusiastic
 ideas!!!!

The Valley Museum and Archives is pleased to present: **Felting:**
 An Advanced class with Forest Felters. November 25-26 at 521
 Main Street, McBride. Limited seats - \$30/person. Kathy Juncker
 and Hugh Perkins will teach you to: produce relief work and
 incorporate organic material, Create a wall hanging, table runner or
 a piece to sew into clothing, Market your own work. To book your
 spot, call 250-569-3000 or email valleymuseumarchives@gmail.com.
Save The Date - McBride E-Free Church Annual Ladies Christmas
 Tea December 7, 2017. More details to follow.
Via-Rail Schedule viarail.ca Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:44pm
Going East - Monday, Thursday, Saturday...1:48pm
 Discounts for 1 or 3 days advance booking.

Important Phone Numbers
 EMERGENCY 9-1-1 Gov't Serv. BC. 250-569-3760
 R.C.M.P. 250-569-2255 Village.....250-569-2229
 Hospital..... 250-569-2251 Reg'1 Dist' 1-800-667-1959
 Health Unit..... 250-569-2251 RV Support Soc. 250-569-2266
 K to 7 School .. 250-569-2721 Food Bank.....250-569-3186
 High School 250-569-2295 Fire Hall250-569-3117
 School District 57 Dental Office The Little McBride Paper
 1-800-256-7857 250-569-3434 250-569-3110
 Report Forest Fires - 1-800-663-5555
 Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.C.'s Friendliest Town!!

What do you call a watch on a belt?
 A waist of time!
Robson Valley Septic
 (250) 569-7812
 Proudly serving the Robson Valley Since October 2012!
 For emergencies call 250-569-7706
"Your business is our business!" ©
NOW CLOSED FOR THE SEASON.
 Thanks for your business!

SCOTT KEIM
Red Seal Journeyman Carpenter
250-569-7120

SHOPS ON MAIN
246 Main Street (McBride Trading Co.)
 Open Thursdays and Fridays from 10-2
Special Dates!
 November late night shopping! November 24
 Open House- December 7 and 8
 Starting November 16th - The Twelve Days of Christmas!
 Details coming soon!

WHISTLE STOP GALLERY
250-569-8891
Friends and family visiting?
 Bring them down to the gallery and
 share the stories of the Robson Valley
 told by the over 90 artists and crafters
 whose work is on display.
OPEN DAILY IN THE TRAIN STATION

Delivering Fuel
 East to McBride &
 Valemount
CO-OP
 Four Rivers
 Co-operative
Commercial, Farm & Personal
 Our equity allocation based on members' 2016 purchases totalled
 over \$6 million being returned to members in equity and cash back
Price George: Valemount Cardlock: McBride Cardlock:
 Tel: 250.564.3488 1500 - 9th Avenue 2130 Zeldler Road
 TF: 866.309.2667 Valemount BC McBride BC
 Fax: 250.564.3433 TF: 866.309.2667 TF: 866.309.2667

Robson Valley Acupuncture
Now Accepting Clients
 Acupuncture is used to treat pain,
 headaches, stress, fertility and many
 other health issues.
 ~~~~~  
**Chelsa Roth R. Ac.**  
 For more information visit  
[robsonvalleyacupuncture.com](http://robsonvalleyacupuncture.com)  
 Or call 250-569-7638

**Robson Valley Luggage**  
**Quilting Supplies**  
*Featuring Wide Binding and Binding Jobsites*  
*Assorted 45" fabrics and Bobbins*  
*Large assortment of cotton thread*  
*Quilt Patterns and books*  
 Call or text Georgie at 250-569-7493  
 or email [whdougsmw@gmail.com](mailto:whdougsmw@gmail.com)

**A LITTLE THINKER...**  
 What's a pirates favorite letter?  
 You think it's R but it be the C.  
**McBride AG Foods**  
 250-569-0140  
**FRESH FISH FRIDAY!!!**  
 • Cod  
 • Steelhead  
 ALWAYS CANADIAN  
 OPEN Mon.-Thurs. 6:30am-6pm, Fri. 6:30am-7pm,  
 Sat. 6:30am-9pm, Sun. 9am-5pm

ROBSON VALLEY PHARMACY



OPEN Mon.-Fri. 9-5, Sat. 9-3, Sun. Closed  
www.robsonvalleyidapharmacy.com  
250-569-8811

1136 - 5th Ave. inside the McBride Hospital

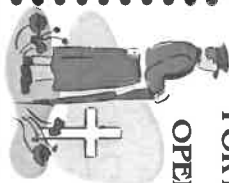
NEW NEXIUM 24HR

NOW AVAILABLE WITHOUT A PRESCRIPTION

WE WILL BE CLOSED

SATURDAY, NOVEMBER 11 FOR REMEMBRANCE DAY

OPEN MONDAY, NOVEMBER 13 9 AM TO 5PM



"LEST WE FORGET"

ROBSON VALLEY ESSENTIALS

250-569-2415 Mon.-Thurs. 9-5 Fri. & Sat. 9-5:30

We have McBride Souvenirs



Closed Saturday, November 11 for Remembrance Day.  
"Lest We Forget"

\*\*\*\*Kerig K Cup Destination .66¢ & .89 each\*\*\*\*

Check Out Our Facebook Page

Visit our shop

10th ANNIVERSARY - CELEBRATE WITH US!

Enter a DRAW for 14K Gold & Diamonds Heart Pendant & Chain

(no purchase necessary to enter draw)

House of Jasper Silver Studio

Studio Hours:

Fri. Sat. Sun. 11:00 - 3:00 PM

141 Dominion St. McBride



www.HouseOfJasper.com/directions/

NEIGHBOURHOOD PUB

250-569-0101

600 - 1st Ave.

Monday to Saturday 12noon to 10pm



November 11th, Remembrance Day

We honour those who have given their lives serving Canadians and helping people of other nations. May we continue to observe a moment of silence to mark the sacrifice of the many who have fallen and acknowledge the courage of those who still serve.

We will be Closed from Saturday, November 11th through to Wednesday, November 15th in order to prepare for the up-coming winter season. We will be doing some general maintenance and creating a new winter menu. We look forward to seeing everyone on Thursday, November 16th.

Thank you for your continued support.

Stock up on BIRD Suet for the winter!!

\$5.00 Bags at Uncle Mark's Meat Shop on 1st Ave, McBride



MCKALE HOUSE

421 Main St. 569-7176

Gifts Ideas for the Whole Family  
Books! Puzzles! Toys! Books!  
Ornaments! Giftware! Prints!

Open Wed-Fri 10-5  
Closed Sat. Nov. 11



241 Dominion Street McBride, BC V0J 2E0  
Phone: 250-569-2411

REGULAR HOURS

Tuesdays: 10-5pm, 7-9pm  
Wednesdays and Thursdays: 10-5pm  
Fridays: 2-9pm Saturday: 2-5pm

library@mcbridebc.org www.mcbride.bclibrary.ca

COMMUNITY CHRISTMAS

Community Christmas Day Dinner...Please join us on December 25 at 4p.m. in the Evangelical Free Church for a FREE Turkey Dinner. No reservations necessary. Volunteer help and cooks needed (call Betty 250-569-3386). ~Sponsored by Community members and Churches of McBride.

BIRTHDAY WISHES NOVEMBER 8-14

Evan Cammont, Rose Anne Forster, Trevor Jones, Fred Wall, Ingrid Stengler, Jordan Doherty, Randy Harstad, Teagan Trask, Conner Forman, Cara Yungen, Robert Collins, Arlene Haugen, John Traquair, Jonathan Goodkey, Kathy Smith, Melissa Ford, Susan Agostino, Destiny Desfosses, Dorothy Stewart, and to any we missed, Happy Birthday!

SOUP AND BUN IS BACK!!

McBride Community Literacy Task Group & Better at Home will be hosting, 12-1pm @ Beaverview Lodge on Wednesday, November 8 & 22. Pay what you can - and bring a friend!

LIBRARY NEWS

Scrabble's On! Tuesday, November 14th at 7pm. All welcome for a game or two!

Ready, Set, Lean program. Tuesdays at 10:15am (new time!) at the Elementary School. We're calling all 3-5 year olds and their caregivers to join us for songs, stories, snacks and a craft. This program is 8 weeks long and is hosted together with McBride Centennial Elementary School.

It's Small Business Month! Missed our Coffee Break Demos of the library's free resources for small businesses? Call 250-569-2411 to book a time and we'll go over some of the online and in-person tools that we have available, including free online courses on business development, accounting & finance, technical skills, and much more.

Tuesday Night Music Jam. 7pm in the Annex. Want to learn new music? Tired of playing alone? All welcome. Contact David Marchant with questions.

Fibre Artists Gather. Thursdays at 10am. Bring your knitting/ crocheted/quilt/craft & stitch project to work on with neighbours. We'll have the coffee on! All welcome.

BUY, SELL, RENT & MISC.

For Sale-Blaze King stove, very good condition, limited use 1,900.00. 3 Western saddles including high end Wade from Cactus Saddlery, Remington Pump 30-06 carbine, synthetic stock, trigger fix kit, Limb Saver recoil pad, excellent condition, 575.00. Leopold Delia Pro red dot sight, the new model, as new, 375.00. Phone 250-569-3423 or 250-569-7575•For Rent-Large 4 bedroom house on 3 lots for rent, \$900 plus utilities. Large kitchen and balcony! Ph:403-952-8224•For Sale-CCM Exercise Bike, 27" Portable Organ, Bag of Antique Knitting & Craft Books (10/\$5.00). Phone 250-569-2234•Wanted-Optically Damaged Binoculars. Cheap. Call Andrew Ph:250-569-7336•For Sale-Whirlpool 24" Electric Built-In Oven, \$1000, o.b.o. Ph:250-569-2420 or 560-7470•For Sale-4 Winter Tires with studs on rims for 6 Bolt GMC. \$200.00. Phone 250-569-7333•For Sale-Student Desk-4 drawer 16x36 \$30.00, Rowing Exercise Machine \$20.00, Upholstered Recliner \$100, 18" drafting lamp \$25.00 Ph:250-569-2234•Goats For Sale-Four Does, Alpine Saanan cross, one and one half years old, all dehorned. All kidded this spring. Great milk potential. Phone 250-569-0426•For Sale-4 Studded Hercules X-Treme Avalanche Winter Tires. 205/65R16 M&S rated. Bought new last winter, less than 1000km on them. \$350. Phone: 250-569-2772•For Sale-Brand new Mastercraft 10" Tablesaw, 15A. \$150.00. Phone 250-566-1517•For Sale-8 Dining Room Chairs. Best cash offer. Ph:250-569-8879•Hay For Sale \$45, 4x5, 807lb, mixed grass, twine, no rain, shed, loading available. - Aaron Ford 250-569-7817•For Sale-30 Red Clover Bales 5x5 - \$40 each. 25 mixed Hay plus Clover 1100 lbs - 5x5 - \$60 each. Phone 250-569-7733•For Sale-2008 Honda Civic DXG, city driven, original owner, auto start, Sirius, winter/summer tires, 170k kms, \$6900 OBO. 778-214-3971•For sale-Square Hay Bales. \$3.00 each. Ph: 250-553-6890•For Sale-5x5 Hay Bales, \$55.00 Bale. Time Heatwole Ph:250-569-0012•For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas open Tues. 1-3. Ph: 250-569-2479 Terri, 250-569-2527 Esther•Foodbank contact number is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am, and Wednesdays at 7p.m. Phone: Ph: 569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph: 569-7297•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglican United Church-441 Dominion Street. 1st and 2nd Sundays in the month - Worship 9:00 am, 3rd and 4th Sundays Worship 11:30 am. Youth Group Wednesdays 3:00 to 4:30 pm. Contact Student Minister Kim McNaughton, phone 250-968-4467 or leave message at 250-569-3206•Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378•St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Greyhound Schedule (The Farm Store) (Closed Sun.) 250-569-0425 Depart to East - 2:45am Daily (Valemount, Jasper, Edmonton) Depart to West - 7:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email:sjlines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or its owners.

Take a Break in McBride...B.G.'s Friendliest Town!!

Glass Cutting, Picture Printing, Matting and Framing  
call Bill Arnold 569-3381



R3 ACRES, Farm raised beef, naturally. Grain fed beef now available year round. Visit www.r3acres.com for a full list of packages. Call: 250-569-7203 Email: beef@r3acres.com

THE HAIR SHOPPE

803 3rd Ave.

778-258-0343

side entrance

HORSESHOEING



Gary Schwartz Farrier Service  
250-569-3319  
McBride, BC

REMEMBER!



Closed Saturday, November 11, 2017

M-F:9am-5pm. Sat:9am-5pm. Sun. & Stats:Closed 250-569-0133

Robson Valley Pet Hostel  
Grooming & Boarding



Ann Schwartz - Animal Health Technician

250-569-3319

Website with information and galleries: www.pethostel.ca

PAINTING

Call Phil @ 250-569-0205



ROBSON VALLEY PHYSIOTHERAPY  
Phone 250-569-0053

Serving McBride and Valemount

Dog Bones & Bird Suet \$5.00/Bag

Now carrying Smoked Bones and Smoked Liver at Uncle Mark's Meat Shop

Meraki Builders

Construction and Renovations  
250 569 7885 (Mitch) 250 569 4109 (Brenden)

Alaina Chapman RMT

Registered Massage Therapist  
Monday, Wednesday & Thursday  
Ph: 250-566-1040 To book an appointment

THE RUSTY IRON

Salon & Boutique  
Tues. 10-6 Wed. 12-6 Thurs. 10-5 Fri. 10-5  
471 Main Street 250-569-4203  
Saturdays by Special Appointment Only  
Call or Text for appointment

Gerald Moore (250) 569-7147

M4 CONSTRUCTION EXCAVATOR

FOREVER PRINTING & SIGNS

- Signs •Magnetics •Banners •Sandwich Boards
- Vehicle Decals •Window Decals
- Binding •Posters •Business Cards •Address Labels
- Full Color Laser Photo Copies •Invitations
- Brochures •Trophies •Engraving •T-shirts & more

22 years experience

for more information please contact

Scott or Susan at 250-569-3110,

fax: 250-569-0220, email: sgliness3@telus.net

Franke and Sons Automotive Ltd.

Repairs - Tires - Windshields

975 Airport Road - 250.569.8830

UNCLE MARK'S CUSTOM MEAT CUTTING

Field to Plate Service ☺ "Stress free animals for domestic and Game make better meat"

Mark Roth 250-569-7805 "Serving the Robson Valley"

DRYWALL SERVICES

250-569-0320

REALLY NICE STONEMWORK!!!

Call Adam Roth Stonemasonry  
250-569-6809 adamrothventures@gmail.com  
"Rocking the Robson Valley!"

Order & pre-pay by phone for pickup in McBride at Sears

Infinity

1 855 566 4225  
Specialty Foods & More  
office@telus.net

Cougar Den cabins

250-569-7308

Daily, Weekly & Monthly Rates  
1800 samson rd. mcbride (bottom of lucille mountain)



FUNDRAISER

**Firewood Fundraiser - Support the McBride Secondary School Basketball Teams.** \$150 per pickup load. Dry Hemlock. Delivery included. Stacking negotiable. Call Jody Keim 250-569-7764.

CHRISTMAS CRAFT FAIR

**November 18. Get ready for the biggest shopping event of the season, the McBride Secondary School PAC's Christmas Craft Fair!** When: Saturday, November 18, 10am-2pm. Where: **NEW VENUE** - Robson Valley Community Centre, 441 Columbia St. (beside the Arena). Admission: \$1 or by donation with all proceeds supporting extra-curricular programs and events for students at McBride Secondary. 40+ tables that include: baked goods, arts and crafts, home-based business sales, gift wrapping, a concession and much more!

COMMUNITY SERVICES

**McBride Community Services - Flu Season is coming upon us and here are the times and dates for the month of November.** All of November will be drop in only. December and into the New Year will be by appointments which can be made at 250-569-2026. Dates - November 8 and 22, Time 8:30 to 11:30, closed for lunch from 12-1, 1:00 to 3:30p.m. You may be eligible for **FREE** Influenza Immunization.. Influenza vaccine is recommended for everybody greater than 6 month of age. In BC, the influenza vaccine is provided free to the following of people: **•**People 65 years and older and their caregivers/household contacts. **•**People of any age in residential care facilities. **•**Children and adults with chronic health conditions and their household contacts. **•**Children & adolescents (6 months to 18 years) with conditions treated for long periods of time with Acetylsalicylic Acid (ASA) and their household contacts. **•**Children & Adults who are morbidly obese (adult BMI>40; child BMI assessed as >95th percentile adjusted for age and sex. **•**Aboriginal people (on and off reserve). **•**All healthy children 6-59 months of age. **•**Household contacts and caregivers of infants and children 0-59 months of age. **•**Pregnant women at any stage of pregnancy during the influenza season and their household contacts. **•**Inmates or provincial correctional institutions. **•**People who work with live poultry. **•**Health care and other care providers in facilities and community settings who are capable of transmitting influenza disease to those at high risk of influenza complications. **•**Visitors to health care facilities and other patient care locations. **•**Individuals who provide care or service in potential outbreak settings housing high risk persons (e.g., crew on ships). **•**People who provide

essential community services (first responders, corrections officers). If you do not meet any of the criteria for publicly funded vaccine, the vaccine can be purchased through some community vaccine providers such as physicians and pharmacists. For more information visit: [http://www.northernhealth.ca/YourHealth/Public Health/InfluenzaInformation.aspx](http://www.northernhealth.ca/YourHealth/PublicHealth/InfluenzaInformation.aspx) <http://www.bccdc.ca/imm-vac/VaccinesBC/Influenza/default.htm> [www.immunizebc.ca](http://www.immunizebc.ca)

REMEMBER



V R M E M O R I A L H E K S W  
R E E C N E L I S H C D W R P  
Z M Y B E T S W B N Q A E E T  
C E O C S N O H A O S R T D X  
F M F O O R O T T A N X A P N N  
I B P I L M I T A A T P A A A  
R R H D E O M R A N E R M L J  
S A B T N L E O E P M R I F P  
T N G S N T D M N I H W I F O  
E C Y I E E O R S W B T A I P  
P E H V S M V T U E E S A R P  
H O N O U R I E K O D A Y M I  
V U O C C A C G B L X H L L X E  
R E B M E V O N A E Y E R T S  
E I U T G F C H T N O M E E H

Take a Break in McBride...B.G.s Friendliest Town!!

- ARMISTICE  
CENOTAPH  
COMMONWEALTH  
DAY  
ELEVENTH  
FIELD  
FIRST  
FLANDERS  
HONOUR  
HOUR  
LAST  
MEMORIAL  
MOMENT
- MONTH  
NATIONS  
NOVEMBER  
PARADE  
POPIES  
POST  
REMEMBRANCE  
SILENCE  
VETERANS  
WAR  
WORLD  
WREATHS