



**Advantage Insurance Services Ltd.**  
Rosemary L. Hruby, CAIB  
250-569-2264

## Do You Have ROADSIDE PLUS

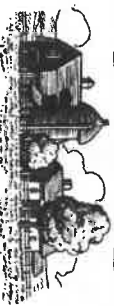


**HORSESHOE LAKE VENTURES**  
100 Mountain View Rd.  
McBride, B.C. V0J 2E0  
**250-569-0075**

We are now the local Weldcor cylinder depot. Check out our selection of cylinders and welding supplies.  
-Feed and Farm Supplies -Dog and Cat Food  
- Full Hydraulic Hose and Fitting Supply  
-Agricultural Parts and Repair  
-Automotive Parts and Accessories



**COCA COLA**  
310 ml ~ 2 for ~ **\$2.00**  
**JACK LINKS**  
JERKY 80g & NUGGETS 100g  
& SMALL BATCH 60g  
2 for ~ **\$9.99**  
**AQUAFINA & LIPTON BRISK**  
6x710 ml ~ 2 for ~ **\$5.50**  
*10x the Points*  
or Free with 400 Points  
**569-2441**



**The Farm Store**  
HOMEGROWN - FREE RANGE CHICKEN & PORK  
Pre-packaged and Frozen fresh.  
NOW AVAILABLE at The Farm Store  
(Healthy Pet Food Cuts also available)  
OPEN 10-5 Monday - Saturday.  
Phone: 250-569-0425

## D & T INDUSTRIES

GETTING FRUSTRATED WITH  
THAT CHORE LIST?



BRUSH MOW,  
DIG, LIFT, AUGER,  
TILL/CONDITION

TRYING TO ENJOY THE  
SUMMER DAYS



REMOVE, PLANT,  
CARRY, DELIVER,  
HAUL, SPREAD



Call Darvin 250-569-7758 or  
Tovi 250-569-7050



**250-569-2666**  
After Hours call  
250-569-2726  
or 250-569-7016  
1021 SE Frontage Road

## LICENSED AUTOMOTIVE & DIESEL MECHANICS

MONDAY to FRIDAY 8:00am - 5:00pm  
SATURDAY 9:00am - 12:00pm

## Antiques & Giftware WELCOME TO HOME

**20% OFF FABRIC & THREAD**

*Soup, & SANDWICHES SERVED DAILY  
TO STAY OR TAKE-OUT*

OPEN MONDAY-SATURDAY 10:00AM-5:00PM 250-569-0215

## Wireless Internet Service

**FOR SALE**  
**\$95,000**

200+ customers McBride to Valemount



Irene Berndsen  
cell (250) 569-7397  
ROYAL LEPAGE Prince George



**Serving BC's Friendliest Town and Area since 1996!!!**  
*For the week of Wednesday, August 16<sup>th</sup>, 2017*

## McBride Paper



### BETTER TO THE EDITOR

We wish you to know how wonderful your little town of McBride is. In our time of stress and uncertainty we were treated with kindness and gratitude that we will never forget. To all those who donated, worked and greeted, a special thank you.

-Blaine & Donna Flett,  
evacuees of "2017" Williams Lake!!

### REUNION

The Adventist Church is hosting a LAMMING MILLS REUNION August 18 - 20 at the church on Lanning Pit Rd. The weekend will begin with a CLASSIC CAR and VINTAGE VEHICLE SHOW AND SHINE on Friday, August 18, from 5:00 to 7:00. We will be delighted to enjoy your treasures, and visit with you. Supper is included from 6:00 - 7:00, and you are all welcome! We are inviting the community to visit, reminisce, eat and worship with us. For a schedule of meals and programs contact Elsie at 250-569-2596 or glen.elsie.stanley@gmail.com.

### DUNSTER MARKET

Dunster Market is every Saturday from 11:00 to 1:00 and due to demand and huge success we will continue with the Yard Sale / Flea Market along with the usual baking, vegetables and burgers for the rest of the summer. Last week we had everything from violin buskers to a trailer full of antiques, lemonade stand to quilt sales, so bring out your goods of any kind to sell. Tables are free and available in the hall. If it rains we'll just move inside. Come on out to Dunster and have some fun.

### DOWNTOWN THRIFT STORE

The store will be closed the week of August 14-19. We will be open again Tuesday, August 22. Hope to see you sometime on these days. Thanks again to everyone who helps out in many ways.  
-McBride Ang/United Church

### TERRY FOX RUN 2017

Terry Fox Run for Cancer Research, Sunday, September 17, 2017, 11:00am. (Registration at 10:30) at the McBride Secondary School. Bike, Board, Walk, or Run. TERRYFOX.ORG, 1-888-836-9786. Pledge Sheets Available at Robson Valley Essentials.

### LIBRARY NEWS

The Library is looking to have some shelving and window benches built this summer. If you're interested in submitting quotes, please email your contact info to Naomi at library@mcbridebc.org and we will email details. Thank you!

**Summer Storytimes, Tuesdays** at 10:30am. Join Rosina for stories, songs & rhymes. Preschoolers, bring your parents for summer fun!

**Fun Fridays**, from 2-4pm. Dust off your wings and lace up your hikers to explore our natural world. Join us for crafts, games, and crazy activities. Aimed at ages 5-12.

### BIRTHDAY WISHES - AUGUST 16 - 22

Amy Quam, Delylah Yetter, Krystal Cobb, Archer VanBergen, Lee Johnson, Jodi Littlechild, Paige Molendyk, Annie Han, Catherine Blouin, Jessica Aspeslet, McKimley Hicks, Lauren Scales, Raj Basran, Dylan Anderson, Everette Hooper, Susan Blouin, and to any we missed, Happy Birthday!

### COMMUNITY ANNOUNCEMENTS

**Weekly gathering, Thursdays** at 2pm for pregnant and new moms to share birth stories, answer questions related to pregnancy and birth, watch educational films and eat snacks. Huge lending library full of pregnancy, breast-feeding and parenting books, dvd's and resources. Newborns welcome. Contact me for more information 250-569-7657 or lonawas@gmail.com

**Dorcas - Community Center** will be closed for July & August. Will reopen September 5. If anyone is in need of assistance before September you can call Terri 250-569-2479 or Esther 250-569-2527. Thank you all for your support and donations over that past year. Have a great summer.

The **Regional District** is pleased to offer TEEN REC SPACE. Tuesdays from 3-4:30pm at the Rec Centre. Grades 7+. FREE! Convert-a-Court for basketball, volleyball, squash, racquetball, ping pong, Wii Bowling & dance. Parents welcome. Hosted by the McBride Youth Committee.

**Via-Rail Schedule** [viarail.ca](http://viarail.ca) Phone 1-888-842-7245  
Going West - Sunday, Wednesday & Friday...2:44pm  
Going East - Monday, Thursday, Saturday...1:48pm  
Discounts for 1 or 3 days advance booking.

### Important Phone Numbers

EMERGENCY .....	9-1-1	Gov't Serv. BC.	250-569-3760
R.C.M.P. ....	250-569-2255	Village .....	250-569-2229
Hospital .....	250-569-2251	Reg'l Dist' .....	1-800-667-1959
Health Unit .....	250-569-2251	RV Support Soc.	250-569-2266
K to 7 School .....	250-569-2721	Food Bank .....	250-569-3186
High School .....	250-569-2295	Fire Hall .....	250-569-3117
School District 57	Denial Office	The Little McBride Paper	
1-800-256-7857	250-569-3434	250-569-3110	

Report Forest Fires - 1-800-663-5555

*Inquiry B.C.: 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.*

**Take a Break to McBride...B.G.s Friendliest Town!!**

**Delivering Fuel**  
East to McBride &  
Valemount



**Four Rivers  
Co-operative**

**Commercial, Farm & Personal**

*Our equity allocation based on members' 2016 purchases totalled over \$6 million being returned to members in equity and cash back*

<b>Prince George:</b>	<b>Valemount Cardlock:</b>	<b>McBride Cardlock:</b>
Tel: 250.564.3488	1500 - 9th Avenue	2130 Zeldler Road
TF: 866.309.2667	Valemount BC	McBride BC
Fax: 250.564.3433	TF: 866.309.2667	TF: 866.309.2667

## LEVANT ELECTRIC

**Serving the Robson Valley**  
**250-569-7286**  
**Dome Creek, BC**

**Blair Levant FSR #106311**



**Robson Valley Logistics  
Quilting Supplies**  
9 will be closed from August 16 through to September 20th. Will be open Thursday, Sept. 21, 2017. However, 9 will be around for most of that time as if you need anything please feel free to give me a call. 250-569-7433.  
Thank you, George Kevge

### CLIFF'S BIKE SALES & REPAIR

905 - 3 AVENUE  
**250-569-7249**  
*Reasonable Rates.*

## McBride AG Foods

250-569-0140

**OPEN HOURS  
DURING SUMMER**  
Mon.-Fri. 6:30am-7:00pm  
Sat. 6:30am-6:00pm  
Sun. 9:00am-5:00pm  
**ALWAYS CANADIAN**

Mon.-Fri. 6:30am-7pm, Sat. 6:30am-6pm, Sun. 9am-5pm

Why does a moon rock taste better  
than an earth rock?  
Cuz it's a little meteor!

**Robson Valley Septic**  
(250) 669-7812  
*"Your business is our business!"*  
OPEN for 2017.  
Give us a shout, we'll come on out!

## SHOPS ON MAIN

246 Main Street (McBride Trading Co.)

Thursday 10-2 Friday 10-3

Tocara Jewelry joins us! Fashionable and affordable  
Jewelry for women AND men. Designed in Montreal!

*Special Saturday Opening!!  
Stop in to see your vendors  
and show your love for local!*

## WHISTLE STOP GALLERY



250-569-8891

**Friends and family visiting?**  
Bring them down to the gallery and share the stories of the Robson Valley told by the over 90 artists and crafters whose work is on display.

OPEN DAILY IN THE TRAIN STATION

## R.B. HATCHARD CONT.

3/4 Crush Gravel

2" Screened Gravel

1/4" Fines

Screened Pit Run Gravel

250-569-2493


**HEAVY HAULING**  
-Tridem Tilt Deck -Tridem Drop Deck  
Best Rates In Town



CONSTRUCTION

- General Construction
- New Construction
- Remodeling
- Drywall
- Residential
- Commercial
- Install Septic Systems, Repair & Removal

**BEST PRICES**



EXCAVATION

- Excavating Road
- Excavation
- Dozer Work
- Ponds, Lagoons & Trenches
- Haul Equipment

CONCRETE

- Concrete Slabs
- Driveways
- Finish Concrete
- Delivery Gravel, Sand & Dirt

**30 YEARS OF EXPERIENCE**

P.O. BOX 474  
Phone: (250)569-2593  
Fax: (250)569-0178

**ROBSON VALLEY CONSTRUCTION**  
**REDI-MIX CONCRETE**

**Visit**  
Award - Winning Silver Jewelry Studio

**House of Jasper Silver Studio**

Studio Hours:  
Fri. Sat. Sun. 11:00 - 3:00 PM

141 Dominion St. McBride

www.HouseOfJasper.com/directions/

**MCKALE HOUSE**

421 MAIN ST. 569-7176

Candy, Crayons, Puppets, Puzzles  
Tons of Books!!

WED-FRI 10-5, SAT 10-2

**ROOMS FOR RENT  
IN McBRIDE**

Shared access to kitchen, laundry, bath and livingroom.  
Phone Tim 1-780-728-1234 for more information.

**ROBSON VALLEY PHARMACY**

**IDA**

OPEN Mon.-Fri. 9-5, Sat. 9-3, Sun. Closed  
www.robsonvalleyidapharmacy.com  
250-569-8811  
1136 - 5th Ave. inside the McBride Hospital

**BUY ONE AND GET ONE FREE!!  
KNESIO TAPE!!**

**ROLLS OR STRIPS!**

**SUPPORTS MUSCLES IN MOVEMENT  
FOOT, KNEE, SHOULDER, BACK,  
NECK & WRIST.**

**100% LATEX FREE, DOES NOT  
LIMIT RANGE, WATER RESISTANT,  
LIGHT WEIGHT AND BREATHABLE.**

**SUITABLE FOR MULTIPLE DAY WEAR**  
*Coupon Good From*

**August 16, 2017 to August 22, 2017**

**ROBSON VALLEY ESSENTIALS**

250-569-2415 Mon.-Thurs. 9-5 Fri. & Sat. 9-5:30

**We have McBride Souvenirs!**

Back To School  
We Have School Supplies, Backpacks and Drop & Twist Food Storage Containers.  
\*\*\*\*Kerig K Cup Destination .66¢ & .89 each\*\*\*\*

**Check Out Our Facebook Page**

**A&L HANDYMAN SERVICES**

250-968-4370

- Quality Workmanship at a Low Price!
- Carpentry • Flooring • Painting • Roofing
- Plumbing • Specializing in Residential Fencing
- Cattle Fencing Repair • Chimney Cleaning

**COMMUNITY MARKET**

The Market is held every Friday from 11am to 2pm until September 1, in the Pavilion at Steve Kolida Park.

**COMING EVENTS**

The Fish & Wildlife Club meeting at the Beanery 2 Bistro on the 3rd Monday of every month. 7:00pm, everyone welcome!  
Summer Street Festival! Hosted by the McBride Youth Committee.  
Wednesday: August 9th & August 23rd from 6-8pm. Bring your lawn chairs and hockey sticks and come out for family fun! ParticipACTION events will be held in the park each time. Concession will be run by the Live Different group. Contact Jen at 250-569-2266 or Rick at 250-569-0165.

## Real lires from Actual Resumes

- I am very detail-oriented.
- My intensity and focus are at inordinately high levels, and my ability to complete projects on time is unspeakable.
- Enclosed is a ruff draft of my resume.
- I am sicking and entry-level position.
- It's best for employers that I not work with people.
- Here are my qualifications for you to overlook.
- If this resume doesn't blow your hat off, then please return it in the enclosed envelope.
- You hold in your hands the resume of a truly outstanding candidate!
- Insufficient writing skills, thought processes have slowed down some. If I am not one of the best, I will look for another opportunity.
- Please disregard the attached resume - it is terribly out of date.
- Seek challenges that test my mind and body, since the two are usually inseparable.
- Reason for leaving last job: The owner gave new meaning to the word paranoia. I prefer to elaborate privately.
- Previous experience: Self-employed - a fiasco.
- Experience: Watered, groomed, and fed the family dog for years.
- I am a rabid typist.
- Education: College, August 1880 - May 1984.
- I have a bachelorette degree in computers.
- Excellent memory; strong math aptitude; excellent memory; effective management skills; and very good at math.
- Graduated in the top 66% of my class.
- Accomplishments: Completed 11 years of high school.
- Strengths: Ability to meet deadlines while maintaining composer.
- Special skills: Experienced with numerous office machines and can make great lattes.
- I worked as a Corporate Lesion.
- Special Skills: Speak English.
- Served as assistant sore manager.
- Reason for leaving last job: Pushed aside so the vice president's girlfriend could steal my job.
- Married, eight children. Prefer frequent travel.
- Education: B.A. in Loberal Arts.
- Objective: To have my skills and ethics challenged on a daily basis.

## BUY, SELL, RENT & MISC.

Looking for a reliable truck in good condition, diesel or gas. Ph:250-569-4025•**For Sale-2** Bottom 3 Point Hitch Plow. \$300 obo. Phone 250-569-7084•**For Sale-5x5** Hay Bales, \$85.00 Bale. Time Heatwole Ph:250-569-0012•**For Sale-2** Burner BBQ with side burner, like new. \$130 Ph:250-569-8852•**For Sale-Small** garden tractor appliances. 2 plows, 1 disc, 1 harrow. Any offers OK, or you can have them for free. Phone Dwight 250-569-2466•**For Sale-Nextstone** Siding, approx. 130 sq. ft. Offers. 250-569-3110•**For Sale-Rhubarb** Ph:250-569-8852•**For Sale-2-Red** Angus Registered Bulls, Semen tested, \$3500.00 each. Flow through tailgait \$115.00. 4x6 Commercial Walk In cooler, asking \$2900.00 Ph:250-862-8340 or 250-566-1017•**For Sale-640** Universal Diesel Tractor, front wheel assist, Loader, 3 point hitch, 1004 hours, excellent condition, \$17,500.00. 3 point hitch Snowblower, \$1750.00. D7 Angle Dozer with winch, good condition, \$22,500.00 Ph:cell-250-862-8340 or 250-566-1017•**For Sale- 4** Summer tires, Momentum 215/65/R16, 75% tread, \$150 firm. Ph: 250-569-0221•**For Sale-Brand New** Galvanized Steel Chainlink Fence, 5ft tall, 250ft in length, includes everything you need for installation. Call 250-569-7821•**For Sale-Sihl** and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

## CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas opens Tues., Sept. 5, 1-3. Ph: 250-569-2479 Terrt, 250-569-2527 Esther•Foodbank contact number is 569-3186•**Seventh-day Adventist Church-Meet** Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph: 569-3370•**Mennonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph: 569-7297•**Mountain Chapel (PAOC)-Sunday School & Adult** Classes-10am, Services-11:10am. Ph:569-3350•**Anglican United Church-441** Dominion Street. Meet Sundays at 10:00 a.m. Phone 569-3206 or 569-3386•**Evangelical Free Church-Worship** Gathering at 10:30am. Ph:569-2378•**St. Patrick's Catholic Church-Meets** Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Greyhound Schedule (The Farm Store) (Closed Sun.) 250-569-0425  
Depart to East - 2:45am Daily (Valenmount, Jasper, Edmonton)  
Depart to West - 7:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.

**Take a Break in McBride...B.G.s Friendliest Town!!**

**Alaina Chapman RMT**  
*Registered Massage Therapist*  
Monday, Wednesday & Thursday  
Ph: 250-566-1040 To book an appointment

**THE RUSTY IRON**  
*Saloos & Boutiques*  
Tues. 10-6 Wed. 12-6 Thurs. 10-6 Fri. 10-5 Sat. 10-2  
411 Main Street 250-569-4203

**ROOFING**  
Phone- 250-569-7885

**Robson Valley Acupuncture**  
*Now Accepting Clients*

Acupuncture is used to treat pain, headaches, stress, fertility and many other health issues.

~~~~~

Chelsae Roth R. Ac.  
For more information visit  
robsonvalleyacupuncture.com  
Or call 250-569-7638



**Frankie and Sons Automotive Ltd.**  
*Repairs - Tires - Windshields*  
975 Airport Road - 250.569.8830

**UNCLE MARKS CUSTOM MEAT CUTTING**

*Field to Plate Service* ☺ "Stress free animals for domestic and Game make better meat"

Mark Roth 250-569-7805 "Serving the Robson Valley"

**DRYWALL SERVICES**  
250-569-0320

**REALLY NICE STONEMWORK!!!**  
*Style's Call Adam Roth Stonemasonry*  
250-569-6809 adamrothventures@gmail.com  
"Rocking the Robson Valley!"

Order & pre-pay by phone for pickup in McBride at Sars

**Infinity**

1 855 566 4225  
Vitamins, Specialty Foods & More  
info@infinitytelus.net

**Cougar Den Cabins**  
250-569-7308  
*Daily, Weekly & Monthly Rates*  
1800 samson rd. mcbride (bottom of lucille mountain)

**Glass Cutting, Picture Printing, Mating and Framing**  
call Bill Arnold 569-3381

**R3 ACRES**, Farm raised beef, naturally. Grain fed beef now available year round. Visit www.r3acres.com for a full list of packages. Call: 250-569-7203 Email: beef@r3acres.com

**THE HAIR SHOPPE**  
803 3rd Ave. 778-258-0343  
side entrance

**HORSESHOEING**



Gary Schwartz  
Farrier Service  
McBride, BC  
250-569-3319

It's HOT not COOL.  
Don't be a FOOL.



**Beauey's Plastico**

Hang out at the Beanery 2 PATIO OPEN 250-569-0133  
M-F:6am-5pm-Sat& Sun:9am-5pm-CLOSED Stats

**Robson Valley Pet Hostel**  
*Grooming & Boarding*  
Ann Schwartz - Animal Health Technician  
250-569-3319 Website with information and galleries: www.pethostel.ca

**PAINTING**  
Call Phil @ 250-569-0205

**ROBSON VALLEY PHYSIOTHERAPY**  
Phone 250-569-0053  
Serving McBride and Valenmount

Dog Bones & Bird Suet \$5.00/Bag.  
Now carrying Smoked Bones and Smoked Liver at Uncle Mark's Meat Shop

☺

**Meraki Builders**

**Construction and Renovations**  
250 569 7885 (Nitch) 250 569 4109 (Brenden)



# NOW HIRING!

North Country Lodge  
is looking for a  
part-time housekeeper.  
\$13/hr to start.

Please bring your resume  
to the front desk.

**Heartland** 250-569-0032  
**RESTAURANT**

Due to the increased Highway Traffic  
we are looking for  
**FULL TIME & PART TIME  
SERVERS.**

A great learning experience.

Open 6:00am-10:00pm Daily

**TEAM  
AUCTIONS**  
Sekura Auctions Bldg 1986

**BID ONLINE!**  
780-542-4337  
www.teamauctions.com

**McBride Consignment & Unreserved Auction**  
Now!

**Unreserved Auction for**  
Maurice and Isabelle Bonnevillie  
(Bonneville Holdings Ltd)  
**10 am Saturday September 16, 2017**  
McBride, BC  
Agriculture, Industrial, RV's, ATVs, and  
Shop Equipment.

**TUPPERWARE**  
**By Daylene**  
Call / Text 250-981-2045

## DISCOVERY DAY



N U D M X N M H B H K V N S R  
F M O Y H A V U C J J F O R I  
S O N S Q T O A C D I H S O V  
B I D I S C O B R W E R A R A C R  
T R X R N C B R X X I E P E D E N  
L W I T E E O R D B I E Q A S F S H  
D F E G E N R G T X U A S F S P L  
I N A N U E R T G H I N E B O P P  
S T A H T A N G H I N E B O P P  
S N U S T Y Q E R H M D V H P U  
D E R I U Q B R C E A U T O N  
L X O I L M O B G C E A U T O N  
W N C I T Y Q B G C E A U T O N  
A U G U S T W S N W O T Q F V  
Y L P U S W S N W O T Q F V

|             |            |
|-------------|------------|
| AUGUST      | REQUIRED   |
| BOOM        | RIVER      |
| CANADA      | SIXTEENTH  |
| CITY        | STAGECOACH |
| DAWSON      | SUPPLY     |
| DISCOVERY   | THOUSAND   |
| EQUIPMENT   | TON        |
| FIRST       | TOWNS      |
| FOOD        | TWENTY     |
| HUNDRED     | WESTERN    |
| MIGRATION   | YEAR       |
| NORTH       | YUKON      |
| PROSPECTORS |            |

Take a Break in McBride...B.G.s Friendliest Town!!

**SCOTT KEIM**  
*Red Seal Journeyman Carpenter*  
250-569-7120

**YRB Yellowhead**  
**Road & Bridge**

Slim Creek is accepting applications for plow truck  
operators for the 2017/2018 winter season.  
Applicants need minimum Class 3 with Air.

Wages and benefits as per  
B.C.G.E.U Collective Agreement.  
Send resume with driver's abstract to

Monte Shipmaker  
General Delivery, Dome Creek V0J 1H0 or  
montes@yrb.ca Cell: 250-981-3756 Ph: 250-999-1080

## NEW HOME ON AIRPORT ROAD

1250 square feet, three bedrooms,  
2 bathrooms, on four foot  
concrete crawl space, easy access,  
open floor plan, quiet area.  
**Asking \$249,000.00**

Call 250-569-0343 for more information.

**M4 CONSTRUCTION** EXCAVATOR  
Gerald Moore  
(250) 569-7147  
MINI

FOREVER PRINTING & SIGNS  
Home of The little McBride Paper  
Phone: 250-569-3110 fax: 250-569-0220  
email: sglines3@telus.net

## GLUCOSE MONITORING HEALTH AND WELLNESS CLINIC

SPONSORED BY BAYER

-FREE NEW ONE TOUCH VERIO FLEX METER – SAMPLE LANCETS – CASE-  
METER TRAINING – EDUCATION– COMPATIBLE WITH SMART PHONE

WEDNESDAY

AUGUST 30, 2017

TRAINING WITH  
MONICA ROHATYNCHUK



ROBSON VALLEY **I.D.A.**

1136-5<sup>TH</sup> AVE LOCATED:  
INSIDE THE HOSPITAL

10AM – 3PM

CONTACT:

MONICA 250-569-8811

BOOK YOUR APPOINTMENT TODAY

BRING IN YOUR OLD METER AND RECEIVE A BRAND NEW METER FOR FREE\*

\*WITH THE PURCHASE OF 100 STRIPS\* PROVINCIAL COVERAGE APPLIES

AND RECEIVE 10% OFF A BOX OF 100 LANCETS AND A FUN GOODIE BAG

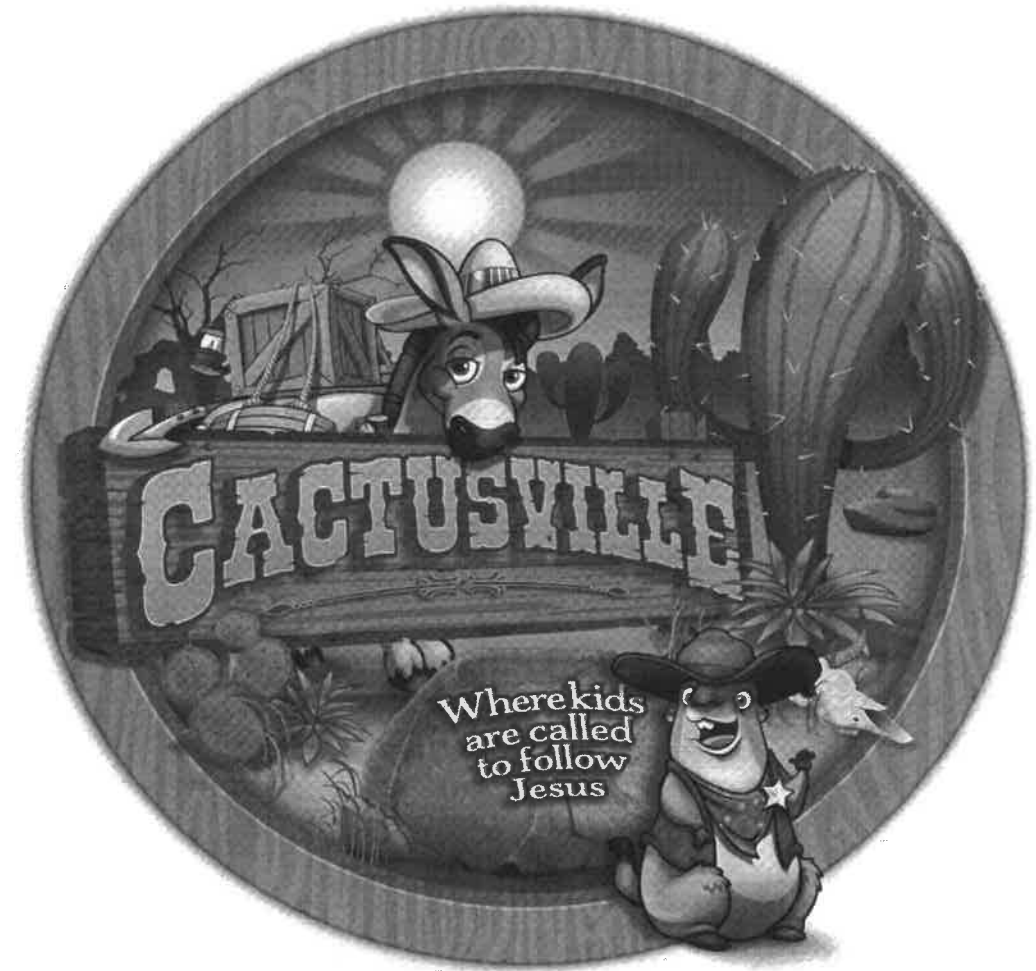
EACH PARTICIPANT WILL HAVE THEIR NAME ENTERED INTO A DRAW TO WIN A  
PRIZE AND A BOX OF 100 STRIPS



## VACATION BIBLE EXPERIENCE

*Grab y'er hat, pull on those dusty western boots, and sharpen y'er spurs!*

# *Come Join Us!*



**Where:** McBride Seventh-day Adventist Church

**Dates:** Monday, August 21<sup>st</sup> – Friday, August 25<sup>th</sup>

**Time:** 6:30 PM – 8:00 PM

**For Information & To Arrange Transportation Call 250-968-4493**