

## ROBSON VALLEY PHARMACY



OPEN Mon.-Fri. 9-5, Sat. 9-3, Sun. Closed  
www.robsonvalleyidapharmacy.com  
250-569-8811

1136 - 5th Ave. inside the McBride Hospital

### atoma ANNIVERSARY SALE



Switch and Save vs.  
leading national brands

TYLENOL ARTHRITIS \$13.99 ea.

Switch and Save \$6

atoma ARTHRITIS \$7.99 ea.

ASPIRIN \$10.99 ea.

Switch and Save \$3

atoma ENTERCIS COATED ASA \$7.99 ea.

ZzzPOLL \$6.99 ea.

Switch and Save \$2

atoma SLEEP AID \$4.99 ea.

SEND US YOUR NEW RX OR REFILL REQUEST  
USING OUR NEW APP AND BE ENTERED IN A

MONTHLY DRAW FOR A \$25 GIFT CERTIFICATE.  
.....

## ROBSON VALLEY ESSENTIALS

250-569-2415 Mon.-Thurs. 9-5 Fri. & Sat. 9-5:30

We have McBride Souvenirs

Easter Chocolates Now in Stock

Girls Snow Suits - Assorted sizes - 20% Off - In Stock Only  
\*\*\*\*\*Kerlig K Cup Destination .66¢ each\*\*\*\*\*

Check Out Our Facebook Page



A&B HANDYMAN  
SERVICES

250-968-4370

Quality Workmanship at a Low Price!

• Carpentry • Flooring • Painting • Roofing  
• Plumbing • Specializing in Residential Fencing  
• Cattle Fencing Repair • Chimney Cleaning



250-569-8891

## WHISTLE STOP GALLERY

Just in at the gallery:

new pysanka by Heather Zahn,  
Stefi McLean pottery and  
artwork from Glen Stanley.

Come on down and see all of the amazing artwork  
from our local artists and crafters.

OPEN 9-5 DAILY AT THE TRAIN STATION

## BUFFET BREAKFAST

Sat. & Sun. 6-10am

Toast, Cereal, Porridge, Baked Brekkie Spuds, Pancakes, French Toast,  
Whipped Cream, Raspberries & Apricot Toppings, Scrambled Eggs,  
Baked Beans, Bacon, Ham, and Sausage!!

All for \$15 or \$1/yr for kids!!  
Includes Coffee, Tea and Juice!! ☺

## at The FARMER's KITCHEN

the RED BUILDING on 1st Ave., McBride Ph: 250-569-3003



The Valley's  
Locally  
Brewed Beer!!

3 Ranges  
BREWING  
CO. Initial release

Open Wednesday - Saturday 3-8pm  
and Sunday 12-6pm

Downtown Valenmount across from the IDA

250-566-0024

https://www.facebook.com/ThreeRangesBrewingCompany

## MCKALE HOUSE

421 MAIN ST.

Our Easter chocolate supply has arrived!!  
Spring and Easter gifts for young and old!  
Great books for anytime of the year!!

WED-FRI 10-5, SAT 10-4

569-7176

FOREVER PRINTING & SIGNS  
Home of The Little McBride Paper  
Phone: 250-569-3110 Fax: 250-569-0220  
email: sgliness3@telus.net

## FREE The Little FREE

# McBride



## Paper

Serving BC's Friendliest Town and Area since 1996!!!

For the week of Wednesday, March 22nd, 2017

## TRAIL BUILDERS WANTED

The Robson Valley Mountain Bike Association is hiring 3-4 Trail Builders for the 2017 building season (approximately four months, full time, \$20/hour). Duties include mountain bike trail construction using hand tools as well as construction of dirt trail features and wooden structures. All work is outdoors, physical stamina is required. Training will be provided. Please send a resume and references to ride.in.mcbride@gmail.com.

## THANK YOU

A huge Thank You to all the Businesses and Home Based Businesses for their generous contributions to the Ladies Bonspiel goodie bags. The ladies loved everything.

## BIRTHDAY WISHES MARCH 22-28

Dave Doerksen, Karen Ingles, Rachel Kent, Hans Remmels, Hailey Savarella, Kaycee McLennan, Alice Martin, Carsten Hooker, Kierstan Jackman, Naomi Hooks, Shawn Desfosses, Amanda Mercer, Elizabeth Trask, Elysha Aspestel, Peter Gredling, Roger Lirette, Warren Jones, Dian Monroe, Natalie Marsh, Phil Boulianne, Alison Moore, Brenda Monroe, Emmitt Baumbach, and to anyone else we missed, Happy Birthday!

## SOFTBALL

Is your son or daughter interested in playing Youth Softball? We are hoping to have 3 age groups (depending on #'s and coaches). The Youth Slo-Pitch this year is by grade so we can have possible games against Valenmount. They are grades 1-3, 4-6 and 7-10. Robson Valley Youth Softball Registration. The cost is being waived for this year. If there is enough interest we would like to start end April and run Grades 1-3 Mondays 5-6 p.m., Grades 4-6 Wednesday's 4:30 - 6:00p.m. and Grades 7 - 10 Wednesday's 6:00 - 7:30p.m. until the end of June. To have these groups run we need coaches and parent support. If you can help, please let Kathy know when you pre-register. You can pre-register your child by dropping off your registration to the McBride Secondary School before Friday, March 30th before 3:30p.m. Reminder school is closed until March 27th for Spring Break. Any questions, please call Kathy Molendyk @ 250-569-7201.

## COMING EVENTS

**NEW DATE:** Celebrate World Storytelling Day with us a little later. Friday, March 24th at 7pm. Bring a story to share - true, local, fairy or fiction - or come for a good listen.  
**March 29, Wednesday.** 7pm. Annual General Meeting of Mountain Chapel. Members and adherents are encouraged to attend.  
**McBride Figure Skating Club AGM** will be Thursday, March 30, 2017 at 4:30 in the curling club lounge. We encourage all parents to attend if your child has skated or is wanting to skate in the 2017/2018 season.  
**March 31, Friday.** 3pm. The Public is invited to join in World Day of Prayer. A unified appeal for peace and brotherhood. Everyone is welcome, whether churchgoers or not. Hosted by Mountain Chapel, Third Avenue and Main Street, McBride. Service programmed by the church of the Philippines.  
"Save this Date - May 13, 2017".  
**Dome Creek** is celebrating its centennial this year with a Heritage Days Event on July 22 and 23, 2017. We would like to invite vendors, buskers and local artists to help us make this a memorable event. If interested please call Laura @778-349-5710 or send an email to domecreek100years@gmail.com.

## LIBRARY NEWS

**Monthly Book Discussion.** Thursday, March 23rd at 1:30pm. This month's theme is "biographies". All welcome to stop by the library to pick up a title or bring your own. Come chat with us over coffee and tea (4th Thursday of every month).  
**Scrabbles On! Saturday,** March 25th at 2:30pm. All welcome to stop by for a game or two!  
**Free Legal Advice.** Tuesday, March 28th at 7:30pm. Legal questions? Come chat with Barrister Jesse Stamm via Skype. Free, private 15 minute sessions available on first-come, first-served basis. Hosted together with Penny, Stopping the Violence Outreach Program at RVSS. Contact her at 250-569-2266 or the library at 250-569-2411 with questions about the program.  
**Greek Squad.** Mondays at 3pm. Aimed at ages 9-13. Limited spots, so please let us know you're coming. We'll be programming using Scratch, and delving into robotics.  
**Fibre Artists Gather.** Thursdays at 10am. Everyone welcome to bring your knitting/crocheting/stitch project and work away while visiting over coffee and tea!

**Music Jam.** Tuesdays at 7pm. Want to learn new music? Tired of playing alone? Bring your instrument and join neighbours for blue grass, blues, rock, & country. All welcome!

**Greyhound Schedule** (The Farm Store) (Closed Sun.) 250-569-0425  
Depart to East - 2:45am Daily (Valenmount, Jasper, Edmonton)  
Depart to West - 7:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email:sgliness3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.  
Take a Break in McBride...B.C.'s Friendliest Town!!

## REALLY NICE STONEMWORK!!!

519's Call Adam Roth Stonemasonry  
250-569-6809 adamrothventures@gmail.com  
"Rocking the Robson Valley!"

Order & pre-pay by phone for pickup in McBride at Sears  
**Infinity**  
Valenmount  
1 855 566 4225  
Vitamins, Specialty Foods & More  
office@telus.net

## Cougar Den Cabins

250-569-7308

Daily, Weekly & Monthly Rates

1800 samson rd., mcbride (bottom of lucille mountain)

Glass Cutting, Picture Printing,

Matting and Framing

call Bill Arnold 569-3381



R3 ACRES, Farm raised beef, naturally.

Grain fed beef now available year round.  
Visit www.r3acres.com for a full list of packages.  
Call: 250-569-7203 Email: beef@r3acres.com

THE HAIR SHOPPE  
803 3rd Ave.  
778-258-0343  
side entrance



Gary Schwartz  
Farrier Service  
McBride, BC

250-569-3319

Irish Up Your Coffee  
M-F:6a.m.-5p.m. - Sat.:9a.m.-5p.m. Sun.-CLOSED 250-569-0133  
Beanery & Bistro



HELICOPTERS LTD.

250-793-8911

## PAINTING

Call Phil @ 250-569-0205



Robson Valley  
Pet Hostel

Grooming & Boarding

Ann Schwartz - Animal Health Technician

250-569-3319 Website with information and galleries:  
www.pethostel.ca



ROBSON VALLEY  
PHYSIOTHERAPY  
Phone 250-569-0053

Serving McBride and Valenmount

Dog Bones & Bird Suet \$5.00 Bags

☺ at Upcle Mark's Meat Shop



## Meraki Builders

Construction and Renovations

250 569 7885 (Mitch) 250 569 4109 (Branden)

Alaina Chapman RMT

Registered Massage Therapist

Ph: 250-566-1040 To book an appointment  
Monday

## RICH BOYZ

Mechanical Ltd.

Fully licensed Automotive, Heavy Duty  
and Welding Repairs.

Mobile and Shop Appointments

Sewing the Robson Valley

250-569-7298

Frankie and Sons Automotive Ltd.  
Repairs - Tires - Windshields

975 Airport Road - 250.569.8830

## UNCLE MARKS CUSTOM MEAT CUTTING

Field to Plate Service ☺ "Stress free animals  
for domestic and Game make better meat"  
Mark Roth 250-569-7805 "Serving the Robson Valley"

## A LITTLE THINKER...

Finally, the spring is here!  
I'm so thrilled I wet my plants.



## The Farm Store



HOMEGROWN - FREE RANGE CHICKEN & PORK  
Pre-packaged and Frozen fresh.

NOW AVAILABLE at The Farm Store  
(Healthy Pet Food Cuts also available)  
OPEN 10-5 Monday - Saturday.  
Phone: 250-569-0425



**\* SNOW REMOVAL \***  
**\* D & T INDUSTRIES \***  
\* BLADE \* BUCKET \* BLOWER \* DUMP BOX TRAILER \*  
WE CAN'T STOP IT FROM COMING,  
BUT WE CAN KEEP IT OUT OF YOUR WAY!

**\* DARVIN OR TOWI 569-7758 OR 7050 \***



**250-569-2666**  
After Hours call  
250-569-2726  
or 250-569-7016  
1021 SE Frontage Road

**LICENSED AUTOMOTIVE  
& DIESEL MECHANICS**

MONDAY to FRIDAY 8:00am - 5:00pm  
SATURDAY 9:00am - 12:00pm

**Antiques & Giftware  
WELCOME  
TO HOME**

**NEW PURSES HAVE ARRIVED**

**SOUP, SANDWICHES & WRAPS DAILY  
TO STAY OR TAKE-OUT**

OPEN MONDAY-SATURDAY 10:00AM-5:00PM 250-569-0215

**Wireless Internet Service  
FOR SALE  
\$175,000**

200+ customers McBride to Valemount



Irene Berndsen  
cell (250) 569-7397  
ROYAL LEPAGE Prince George



**Advantage Insurance  
Services Ltd.**  
Rosemary L. Hruby, CMB  
250-569-2264



**McBride Employment Services Centre  
MARCH WORKSHOP**

**Thursday, March 23<sup>rd</sup> 10-12 noon  
Understanding the  
Labour Market**

Robson Valley Support Society - Everyone welcome!  
Just follow us on Facebook @ rvsmbcbride-valemount



**Husky**  
569-2441

BRISK 591 ml & 710 ml can  
Mix or Match ~ 2 for ~ **\$3.50**  
POWERADE ION 4  
710 ml & 946 ml ~ 2 for ~ **\$3.50**  
CADBURY  
REGULAR BARS ~ 33-60 g  
DENTYNEICE GUM  
Buy One Get One for ~ **\$1.00**

## TOASTMASTERS

Looking for like minded people to start a Toastmasters Group in McBride. Toastmasters International has a proven system for boosting confidence and developing communication skills. If you have a desire to learn in a fun positive environment please call Loretta Simpson at 250 968 4453 or email at loreta@valemount.com or call Tanya Rich at 250 569 0105 or email at jui\_rich@hotmail.com

## SCOTIABANK NEWS

We are busy once again planning our annual B.C. Children's Hospital Silent Auction. We are asking for donations of items for the auction table. Whether you are a crafter, home-based business, store-front business or an individual, every donation will be truly appreciated. We are now collecting items for the auction, and we will be collecting items until April 28, 2017. Silent auction will be from April 3rd to April 28. For more information please stop by the Scotiabank McBride Branch, or call 250-569-0135. Ext.: 4300. Thank you in advance for your generosity and support.  
- Your Scotiabank Staff.

## DOWNTOWN THRIFT STORE

We will be having Dollar Bag Days again: •Friday, March 24, •Tuesday, March 28, •Friday, March 31. Time 1-3. We will be closed April 3 - 8, to put out our summer stock. We will be Open again Tuesday, April 11. Hope to see you there. "Thank You" everyone for your support. - McBride Ang./United Church.

## COMMUNITY ANNOUNCEMENTS

Found - iPhone, has small crack in one corner of the screen. Go to Home Hardware with your pass code to claim.

Old Time Music Gathering. A family event at Dunster Schoolhouse First and Third Friday of Each Month from 7:00pm to 10pm. Bring your fiddles, guitars, mandolins, keyboards, accordions, dancing shoes, etc. Bring a snack of some finger food for a short break at 9pm - coffee, tea and juice will be supplied. An evening of Old Time Music playing and dancing! (learning new music, learning how to play together, learning the old-time dances, just having fun, etc.) Admission by donation to pay for the school rental. Please bring inside shoes for dancing in the gym. Any questions - contact Pete Amyony at 250-968-4334.

To all an invite to Living Water Fellowship @ Jim & Cheryl Boos Place in Dunster. For more info contact us jimcherylboos@yahoo.ca or 250-968-4321. Service starts 10am Sunday's.

The Regional District is pleased to offer TEEN REC SPACE. Tuesdays from 3-4:30pm (starting February 21st) at the Rec Centre, Grades 7+. FREE! Public skate, skate rental, Convert-a-Court for basketball, volleyball, squash, racquetball, ping pong, Wii Bowling & dance. Parents welcome. Hosted by the McBride Youth Committee. Community basketball season continuing every Thursday unless notified. 6-8pm. Ages 12+.

## BUY, SELL, RENT & MISC.

Guinea fowl for sale. Hatched summer 2016. Pearl, white, and pied. \$15 each. 250-569-7019 Monica••For Sale•Purchased Red Angus yearling bull. \$2200. Purched Red Angus yearling heifer \$1500. Hand raised. Excellent conformation and quiet personalities. Call 250-569-0053. ••For Sale-640 Universal Diesel Tractor, front wheel assist. Loader, 3 point hitch, 1004 hours, excellent condition, \$17,500.00. 3 point hitch Snowblower, \$1750.00. D7 Angle Dozer with winch, good condition, \$22,500.00 Ph:cell-250-862-8340 or 250-566-1017••For Sale-HD Motorcycle coat-Men's Medium FXRG Nylon jacket - removable liner. Chest 38" - 41", Kevlar reflective material, slightly used.. 4 Drawer Locking File cabinet with keys, DU Print "A day to Remember" by Peter Corbin (1987) 4318/4500. Ph:250-569-3188••For Sale-1 BF Goodrich Radial Long Trail, brand new, 100% tread, on 5 bolt rim. R255/70R16. \$80 firm. 47 inch Toshiba Flatscreen TV, beautiful picture. \$500 obo. 4 Summer tires. Momentum 215/65/R16. 75% tread. \$150 firm. Ph: 250-569-0221••Wanted To Buy - Acreage with or without a house. Ph:250-569-4025••For Sale-Approx. 42 of 5' Green Chain Link mesh with privacy slats and most parts to install. Offers: Call 250-569-3110••For Sale-Brand New Galvanized Steel Chainlink Fence, 5ft tall, 250ft in length, includes everything you need for installation. Call 250-569-7812••For Sale-13" open side thickness Sander. Floor model, power feed. 220 volt single phase. Includes spare sanding belts. \$950 firm. Call Jim Manton 250-569-2334••For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469.

## CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas reopens Tues., Sept. 6, 1-3. Ph: 569-2479 Terr. 569-2527 Esther-Foodbank contact number is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph: 569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph: 569-7297•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 10:00 a.m. Phone 569-3206 or 569-3386•Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378•St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Via-Rail Schedule via rail.ca Phone 1-888-842-7245  
Going West - Sunday, Wednesday & Friday...2:44pm  
Going East - Monday, Thursday, Saturday...1:48pm  
Discounts for 1 or 3 days advance booking.

## Important Phone Numbers

EMERGENCY ..... 9-1-1 Gov't Serv. BC. 250-569-3760  
R.C.M.P. .... 250-569-2255 Village ..... 250-569-2229  
Hospital..... 250-569-2251 Reg'l Dist' ..... 1-800-667-1959  
Health Unit..... 250-569-2251 RV Support Soc. 250-569-2266  
K to 7 School. 250-569-2721 Food Bank ..... 250-569-3186  
High School ..... 250-569-2295 Fire Hall ..... 250-569-3117  
School District 57 Denial Office The Little McBride Paper  
1-800-256-7857 250-569-3434 250-569-3110  
Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.  
**Take a Break in McBride...B.G.s Frieddriest Town!!**

**McBride AG Foods**  
250-569-0140

**FRESH FISH FRIDAY!!!**  
• Arctic Char  
• Steelhead  
ALWAYS CANADIAN

OPEN Mon.-Thurs. 6:30am-6pm, Fri. 6:30am-7pm,  
Sat. 6:30am-6pm, Sun. 9am-5pm

## INCOME TAX PREPARATION

LINDA FRY  
250-569-0138

532 Main Street, McBride BC



EFFIE - Basic Personal Returns \$65

Remember to set up for direct deposit

How did the Scarecrow become famous?  
He was outstanding in his field!

**Robson Valley Septic**

(250) 569-7812  
"Your business is our business!" ©  
Now Closed for the season.  
Emergency calls only until May.

## SHOPS ON MAIN

246 Main Street (McBride Trading Co.)

8 vendors on Thursday and 9 vendors on Friday!

Come out and meet our two monthly vendors!

- Robson Valley Custom Meals  
- Pops Tops on Main

Visit our facebook page SHOPS ON MAIN for more details!  
10-2 Thursdays and Fridays

Bring your own lunch & picnic indoors!  
Enjoy a Goosey Cinnamon Bun & Coffee for \$5  
at The FARMER'S KITCHEN

Real GREEN Sausage and Jerky  
at Uncle Mark's MEAT SHOP

Hours - Tuesday to Friday 8:30am-6pm

Also... Breakfast Buffets Sat. & Sun. 6am-10am  
926 - 1st Ave - McBride 250-569-3003



Vanderhoof and Districts  
Co-operative Association

Delivering Fuel  
East to McBride &  
Valemount

Commercial, Farm & Personal

Our equity allocation based on members' 2015 purchases totalled over  
\$6.2 million being returned to members in equity and cash back

Prince George: Tel: 250.564.3488 TF: 866.309.2667 Fax: 250.564.3433	Valemount Cardlock: 1500 - 9th Avenue Valemount BC TF: 866.309.2667	McBride Cardlock: 2130 Zaidler Road McBride BC TF: 866.309.2667	Vanderhoof: Tel: 250.567.4488 TF: 888.545.2667 Fax: 250.567.4490
--	--	--	---

**LEVANT  
ELECTRIC**  
Serving the Robson Valley  
250-569-7286

Dome Creek, BC

Blair Levant FSR #106311

## WANTED

Small Acreage or House around or in McBride  
to rent or lease with option to purchase.  
Please Contact Dustin or Quinn 250-793-4002.



Robson Valley Quilting  
Quilting Supplies  
Weekly Specials  
Open Thursdays and Fridays 10am to 4pm  
Other times on days please call  
250-569-7433  
Georgie Kenzie





**EARTH HOUR MARCH 25<sup>th</sup>**

**Sandman**

**Heartland** 250-569-0032

**RESTAURANT**

**HELP WANTED**

*We are getting ready for Summer and are looking for*

**\*Part Time: Servers**

**\*Dishwasher/ Prep**

*Please apply with Resume*

*Tuesday - Friday Mornings*

***NO Phone Calls Please.***

**Open 6:00am-10:00pm Daily**

Regional District's Invitation to Tender  
for renovations to the  
**Robson Valley  
Exploration and Learning Centre**  
at 521 Main Street.

Tender packages are available at the  
Library during regular business hours,  
or via the RDFFG website at  
<http://rdffg.bc.ca/services/financial/purchasing>.

Deadline for applications is  
2:00pm on Friday, April 7th, 2017.  
There is also a mandatory site meeting  
on Wednesday, March 29th, 2017.

S	L	I	V	T	W	E	Y	Y	E	S	S	C	A	L
T	D	U	N	H	H	Q	L	R	J	I	F	O	U	T
K	Q	L	C	D	B	I	U	S	G	K	F	M	C	L
D	L	R	O	W	I	T	R	N	A	B	A	M	H	K
N	A	D	W	H	A	V	I	T	R	F	E	U	B	Q
M	S	S	B	N	E	F	I	I	Y	U	D	N	Y	Z
T	R	U	O	H	I	S	G	D	F	N	I	I	P	P
W	O	N	E	G	A	H	U	F	U	D	C	T	P	R
E	V	W	A	N	T	X	O	F	B	A	E	I	T	T
N	N	N	F	E	I	F	T	H	I	H	W	L	E	E
T	T	I	R	N	S	E	S	I	H	N	I	S	U	B
Y	H	O	N	E	O	L	I	G	H	T	S	D	T	M
G	G	T	N	V	W	U	H	Y	Q	F	J	U	E	L
A	I	O	H	E	E	O	T	O	Z	Z	R	M	Z	A
G	E	U	T	V	W	A	P	B	G	N	P	Y	F	B
BRIGHT				HOURL										
BUSINESSES				HOUSEHOLDS				NATURE				SIGNIFICANT		
COMMUNITIES				IDEA				NINE				THIRTY		
EIGHT				INDIVIDUALS				OFF				TURN		
EVENING				LIGHTS				ONE				TWENTY		
FIFTH				MARCH				OUT				WIDE		
FUND								POWER				WORLD		

**Take a Break in McBride...B.G.s Friendliest Town!!**