

Advantage Insurance Services Ltd. Rosemary L. Hruby, CAIB

250-569-226

DRIVE CAREFULLY PLEASE

Respect the

Winter Road Conditions

McBride Employment Services Centre

JANUARY WORKSHOPS

Thursday, January 12th 10-12 noon Centre

Carpe Diem (Seize the day) eating Employment Opportunities

Thursday, January 26th 10-12 noon

Feam Work

The power of collaboration

Robson Valley Support Society - Everyone welconust follow us on Facebook @ ryssmcbridewalemou



RED BULL

473 ml ~ 2 for ~ \$2.50 PEPSI KING CAN

250 ml ~ 2 for ~ \$4.44

DORITOS 230-255 g SMARTFOOD 150-220 g 2 for ~ \$7.00



NEIGHBOURHOOD PUB

250-569-0101 600 - 1st Ave. 4:00pm - 11:30pm Monday - Saturday!

HAPPY NEW YEAR!



ENGINEERING & WELDING

Aluminum Stainless Steel Cast Iron

Dave Rykman www.flatheadcity.ca n Dunster, B.C. Ph. 250-968-4340



250-569-2666

1021

LICENSED AUTOMOTIVE SE Frontage Road

& DIESEL MECHANICS

MONDAY to FRIDAY 8:00am - 5:00pm SATURDAY 9:00am - 12:00pm

Antiques & Giftware

CHRISTMAS STOCK 50% OFF

Days are getting Longer - Yaaaa!!!
SOUP, SANDWICHES & WRAPS DAILY
TO STAY OR TAKE-OUT
DPEN MONDAY-SATURDAY 10:000AM-5:00PM 250-569-021

Wireless Internet Service FOR SALE \$175,000

200+ customers McBride to Valemount



Irene Berndsen cell (250) 569-7397 ROYAL LePAGE Prince George

FREE The Little Delivering Fuel East to McBride & Valemount

MGBride



Paper

ving BC's Friendliest Town and Area since 1996!!! the week of Wednesday. January 4th, 201 2017

BABY SHOWER

Meet and greet/baby shower for Emberly Cobb at the Elks Hall on Saturday, January 7 from 1pm-3pm. We hope to see you there.

ROUNDHOUSE THEATRE

NEWS

McBride Roundhouse Theatre Society will be meeting Thursday, January 12, 7pm at the McBride Secondary School. The society has been booking high quality musical acts as well as other types of entertainment for more than 20 years. We are looking for people who want to continue to offer this wide range of performances to the citizens of the valley. We need people interested in taking on leadership roles such as booking acts, fundraising, promotions, etc. Come out and share your ideas and learn how you can be part of this wonderful community group. See you Thursday, January 12! For further information, please call Carol @ 250-569-7176.

GHAMBER NEWS

Once again it is time to join or rejoin the McBride and District Chamber of Commerce. With your support, we continue working to improve the future for your business and for our community.

Membership in the McBride & District Chamber of Commerce is a nominal benefit for small business owners and operators. Your membership investment fee is tax deductible and you are eligible for the direct, tangible, economic benefits like credit card, accommodation and fuel discounts which can start immediately. Other benefits may include group insurance for extended health benefits and/or dental care at rates that are normally not available to small companies and

The McBride & District Chamber of Commerce is very fortunate to have willing volunteers who contribute to make our community stronger, more vibrant and establish us firmly as a community that is 'open for business'. Working closely with Council, community organizations and all levels of government, Chamber volunteers help ensure positive, progressive action in the Robson Valley. Join with us and help to make a difference in our community today. For more information, please visit our website www.mcbridechamber.ca. You are invited to attend the Chamber AGM on January 18th, 2017 at 7:00 pm and regular Chamber meetings on the third Wednesday of each month also at 7:00 pm at 532 Main Street, McBride. Our volunteers continue to do behind-the-scenes work for our members! Your chamber is available to hear your ideas, concerns and requests. You can fill out your membership information and become a voting member either by return mail or just prior to the AGM. Just a friendly reminder, only paid members have a vote!

All member businesses are featured (at no charge) on our Chamber business directory and our visitor site, www.visitmcbride.ca.

Thank you, from the McBride & District Chamber of Commerce.

0.A.P.O. NEWS

before going into the living room at Beaver View Lodge. A new floor has been laid and needs protection from the lava rock and grit spread around outside on icy surfaces.

Thelma Molendyk has obtained new Christmas songbooks for us. Please do not take these books home, they are for the enjoyment of all club members for years to come

The January Birthday Tea will be on January 11. Members and the public are invited to celebrate Senior's Birthdays in January. Only \$2 for a sing-along, cake and beverage.

Memberships for the 2017 year are available now from Thelma Molendyk. The cost is \$10 for the year. Seven dollars of that goes to the BC OAPO to support their lobbying and other work to improve the lives of Seniors in B.C.

Our Annual Elections will take place at the dinner/meeting on January 25. Please seriously consider taking an office. The positions of President, Second Vice President, Secretary and one Director are to be filled. Like all clubs, the OAPO depends on each member taking responsibility and doing some of the work.

-D. Simpson, Secretary, OAPO

A LITTLE THINKER...

am nobody. Nobody is perfect. I am perfect.

Via-Rail Schedule Going West - S Going East - N Discounts for fule viarail.ca Phone 1-888-842-7245

- Sunday, Wednesday & Friday...2:44pm

- Monday, Thursday, Saturday...1:48pm
for 1 or 3 days advance booking.

Fires - 1-800-663-5555 or Toll Free Calling to Provi

Take a Break in McBride...B.G.s Friendliest Town!!

r equity allocation based on members' 2015 pu \$6.2 million being returned to members in equ

Serving the Robson Valley Dome Creek, BC 250-569-7286

Blair Levant FSR #106311

SMALL ENGINE REPAIR S.NMVHS

Clawn & Garden • Chainsaws

Quads • Snowmobiles

Dirt Bikes • Boats

Sales-New & Used
1098 NE Front

250-569-2901

McBride 1098 NE Frontage Road McBride, B.C. VOJ ZEO Foods

FRESH FISH FRIDAY!!! Steelhead • Cod HAPPY NEW YEAR!!! 8

OPEN Mon.-Thurs. 6:30am-6pm, Fri. 6:30am-7pm, Sat. 6:30am-6pm, Sun. 9am-5pm

* BLADE * BUCKET * BLOWER * DUMP BOX TRAILER * WE CAN'T STOP IT FROM COMING, BUT WE CAN KEEP IT OUT OF YOUR WAY! SNOW REMOVAL * D & T INDUSTREES

¥0¥ S

DARVIN OR TOVI 569-7758 OR 7050

part-time housekeeper. **North Country Lodge** is looking for a

Please bring your resume to the front desk.

\$13/hr to start.

IOPS (

246 Main Street (McBride Trading Co.)

Returns in January!

Starting up again January 5, 2017 Thursdays and Fridays from 10-2

WHISTLE STOP GALLERY

人工一門 面面面面面 250-569-8891

New at the Gallery:
Robson Valley Vintage Machines Calendar by Glen Frear.
Amazing sweaters and hats from Ann Shepherd.
New pottery from Stefi McLean. Leather creations by Tom Pittman.
Glassworks from Yvonne Thurman, and much much more...
Skip the driving, long lines
and crowds, find *wow* at the Whistle Stop!

OPEN 9-5 DAILY AT THE TRAIN STATION

ROBSON **ESSENTIALS** VALLEY

Souvenirs 25% OFF

Boxed Christmas Cards - 25% OFF Selected Candy & Boxed Chocolates - 30 Christmas Ornaments - 30% OFF 30% OFF

Kerig K Cup Destination .66¢ each each**

(C)

for the long weekend of New Years at The FARMER'S KITCHEN Eatery Market ... We finally opened up... a least offered our 1st Buffet Bre . a little!! Breakfasts

Thanks to those who came out to see what we were up to!!:)

to see what we were up to!!:)
We appreciate your input!! We will be improving and refining our recipes all the time!! For those who paid extra for sausages, ham and bacon be sure to come back for a discount on your next purchase... we are including everything in the price now.

Breakfast BUFFET
Saturdays, Sundays & holidays - 6am to 10an 10am

\$15(+gst) or \$1/yr for kids

at The FARMER'S KITCHEN Eatery Market in the bright red building on 1st Ave., McBride.

Eating solutions for the Robson Valley... and Beyond!! or just stop in for a toast and coffee cafeteria style!!

Once "Sledder Season" is over we will quit the weekend buffets and continue to develop frozen and fresh meals to go using as many local ingredients as possible at the *ROBSON VALLEY HARVEST COMPANY!!*Very shortly we will be offering local naturally-raised meats of most kinds at *UNCLE MARK's Meat Shop.*We will be making our own smokies, jerky, ham and bacon once we get all of our equipment.

Canning and custom processing are also on the way!!

Stop in and see what we're up to regularly... We are changing all the time!!

Check out our Breakfast, Lunch and Take-Out Stuffer Free Wi Fi (250) 569-3003

ROBSON VALLEY PHARMACY

Bride Hospital 9-3, Sun. Closed

250-569-8811 DOLLAR \$ DAYS

ARE BACK FOR THE MONTH OF JANUARY

WOWII
GAVISCON \$11 ea
FoamTabs 60's - 100's
or Fruit or Mint Liquid 600mL

WOW!!
BENYLIN \$5 ea
Cough Syrup 100mL
Cold & Sinus Plus Tablets 24's

WOWII
TYLENOL \$5 ea
Cold, Flu or Sinus
Tablets or Caplets 20's
Selected Types

BY DOWNLOADING THE IDA APP AND SENDING
US YOUR NEW RX OR AN RX REFILL FROM YOUR
SMARTPHONE YOU WILL BE ENTERED IN A
\$25 GIFT CERTIFCATE MONTHLY DRAW

What does a Thesaurus eat A synonym roll!!! for breakfast?

Robson Valley Septic

(250) 569-7812

Tour business is our business! ©

Now Closed for the season.

HORSESHOE VENTURES LAKE

orseshoelakeventures@hotmail.com Stop by and check out our line of Aurora tools.

Agricultural Parts & Service Call 250-569-0075

DOA SINFIEL

Thank You-Thank you to the McBride Home Hardware staff for all there help over 2016/2017 Curling Season. We really appreciate your expertise.

-The McBride Curling Club!!!

LIBRARY NEWS

Fibre Artists Gather. Thursdays at 10am. Everyone welcome to bring your knitting/crocheting/stitch project and work away while visiting over coffee and tea!

Music Jam. Tuesdays at 7pm. Want to learn new music? Tired of playing alone? Bring your instrument and join neighbours for blue grass, blues, rock, & country. All welcome!

GOMMUNITY ANNOUNGEMENTS

RICH

tt

Mechanical

Graduation Dinner Caterer Needed! This year's graduation class will be holding their grad on Saturday, June 24, 2017 at the Robson Valley Recreation Centre. We are looking for a caterer for approx. 300-500 people. Bid to include menu plan, (recommended to submit 2 - 3 menu options, either a hot or cold menu will be considered depending on cost) copy of Caterer's License and references to be submitted to the McBride Secondary School by Friday, February 1, 2017. If you have any questions, please call the school at 250-569-

Community Volleyball Mondays from 7-9 at McBride Secondary School, grade 8 and up. It will be a drop in for now but if we get enough interest we would like to go back to making teams! Any questions or think you have enough people to make a team let me know. Jodi Littlechild 250-569-7899.

Community basketball season continuing every Thursday unless notified. 6-8pm. Ages 12+.

SECOND HELPINGS is offering home cooked meals for seniors in our community two days a week. If you'd like more information please contact RVSS 250-569-2266.

The McBride Royal Canadian Legion Branch #75 has no set hours of operation. We do however rent the hall for small functions.
The Contact persons are Dennis Rejman at 250-569-2692 and Brad Kope at 250-569-8800 or Work 250-569-3784. We have a Legion Meeting on the first Tuesday of each month (except July and August). Meetings start at 7:00 pm. Please contact us if you would like to be a member. We also have Bingo on the First, Third and Fifth Wednesday of each month except July and August. Early Bird efforts at 630 pm.

Franke and Sons Automotive Ltd.
Repairs - Tires - Windshields
975 Airport Road - 250.569.8830

REALLY
1005 Call A

Y NICE STONEWORK!!!
Adam Roth Stonemasoury

Registered Massage Therapist
Monday
Ph: 250-566-1040 To book an appointment

Alex Rollinson, Andy Werner, Greg Clements, Hayley Taylor, Kody Pepper, Brad Callaghan, Daniel Roussel, Jonah Perkins McKenna, Parker McCrea, Adaleena Mercuri, Nicole Keim, Patrick Andrews, Ron Stone, Steven Horinek, Ashley Cloarec, Curtis Culp, Jayden Rhodes, Mick Callas, Tracy MacMaster, Lincoln Doherty, Lorraine McRae, Mark Friesen, Brian Wiltsie, and to anyone else we missed, Honey, Birth Jan. Happy Birthday!

GOMING EVENTS

For Sale-1 Weatherby Vanguard Rifle, chambered in .270 Weatherby wood stock. 3 Boxes of Federal factory Ammunition. 1 Box of brass and 1 set of RCBS reloading dies. Contact Tedd at Ph:250-569-7703, Evenings Sunday-Thursday. PAL Required.••Wanted to Buy - Acreage with or without a house. Ph:250-569-4025••For Sale-Approx. 42' of 5' Green Chain Link mesh with privacy slats and most parts to install. Offers. Call 250-569-3110••For Rent-1 Bedroom Apartment across from Hospital, n/s, n/p, fridge/stove included. Ph:250-569-7041••For Sale-Brand New Galvanized Steel Chainlink Fence, 5ft tall, 250ft in length, includes everything you need for installation. Call 250-320-2207 or 250-320-1807••For Sale-13" open side thickness Sander. Floor model, power feed, 220 volt single phase. Includes spare sanding belts. \$950 firm. Call Jim Manton 250-569-2334••For Sale-1990 Toyota Tercel Sports Edition, in good condition. \$1000.00. Phone Kyle-Ph:778-878-8869••For Sale: Craftsman 10/32 Snowblower. (10 inch auger, 32 inch path) 8 hp Tecumsch engine. \$500. In fine running condition. Phone 778-258-0353••For Sale-Stihl and Husky chain saws, a good selection of bars and chains to get ready for firewood season. Phone Warren Ph: 250-569-7469••For Sale-Air Hockey Table \$100.00. 3 piece 4x8 pool table \$500.00. Ph:250-553-2300•For Sale-1999 Ford Escort, needs work on motor. \$800 o.b.o., Ph:250-569-4334.

GHURGH NEWS N. THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00•Dorcas reopens Tues., Sept. 6, 1-3. Ph: 569-2479 Terri, 569-2527 Esther•Foodbank contact number is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph: 569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph: 569-7297•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 10:00 a.m. Phone 569-3206 or 569-3386.•Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to

Greyhound Schedule (The Farm Store) (Closed Sun.) 250-569-0425

Depart to East - 2:45am Daily (Valemount, Jasper, Edmonton)

Depart to West - 7:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or it's owners.

250-569-3319

Website with

Take a Break in McBride...B.G.s Friendliest Town!!

MCKALE HOUSE
THIS WEEK: THURS /FRI 10-2
REDUCED PRICES- CANDY AND MOREIT
CHECK US OUT ON FB FOR UPDATES

Meraki Builders R3 ACRES, Farm raised beef, naturally Grain fed beef now available year round.
Visit www.r3acres.com for a full line -

Construction and Renovations

MOBILE MEAT PROCESSING
Field to Plate Service "Stress free animals

domestic and Game make better make better

Alaina Chapman RMT

Fully licensed Automotive, Heavy Duty and Welding Repairs.

Mobile and Shop Appointments

Serving the Robson Valley

BIRTHDAY WISHES JANUARY 4-10

Order & pre-pay by Pitamins, phone for pickup in McBride at Sears Valemount iofficc@telus.net

"Rocking the Robson Valley!

Bingo Wednesday, 1st, 3rd & 5th Wednesdays of the month the Legion Hall. Early Bird 6:30p.m. Everyone Welcome!

BUY, SELL, RENT & MISG. Cougar Den Cabins
Daily, Weekly & Monthly Rates
1800 samson rd. mcbride (bottom of lucille mountain)
Glass Cutting, Picture Printing,
Matting and Framing
call Bill Arnold 569-3381

M4 CONSTRUCTION (250) 569-7147

THE

HAIR SHOPPE

803 3rd Ave. - side entrance 778-258-0343 Gary Schwartz Farrier Service HORSESHOEING

250-569-3319

McBride, BC





250-793-8911

HELICOPTERS LTD

Call Phil @ 250-569-0205 Robson Valley **Pet Hostel**

Grooming & Boarding
Ann Schwartz - Animal Health Technician

PHYSIOTHERAPY
Phone 250-569-0053
g McBride and Valemount

Things To Do In McBride To Beat The Winter Blues

Zumba Fitness Monday and Thursday 6:30PM – 7:30PM Robson Valley Community Centre	Drop in fee
Yoga Wednesday 4:30PM – 5:30PM McBride and District Fire Hall	Drop in fee
Pickle Ball Wednesday 7:00PM McBride Secondary School	Free
Community Volleyball Monday 7:00PM McBride Secondary School	Free
Community Basketball Thursday 6:00PM McBride Secondary School	Free
Free Public Skating Tuesday 3:00PM – 6:00PM Robson Valley Recreation Centre	1100

Free Stick Time Monday 7:30PM - 9:00PM Robson Valley Recreation Centre

Winter Walking Monday through Friday 8:00AM - NOON Robson Valley Community Centre

10:00AM Tuesday & Friday Robson Valley Community Centre **Curling contact Monica Rohatynchuk**

Robson Valley Recreation Centre Annual Fee Minor Hockey contact Jen Quam

Old Timers Hockey contact Les Barlow Sunday and Thursday 8:00PM - 9:30PM Robson Valley Recreation Centre

Centurion Hockey Tuesday 8:00PM - 9:00PM and Friday 8:30PM - 9:30PM Robson Valley Recreation Centre

Figure Skating contact Liz Trask Robson Valley Recreation Centre

Robson Valley Recreation Centre

Carpet Bowling

Annual Fee

Annual Fee

OAPO Membership

Fit Pit/Convert-a-Court Daily 6:00AM - 9:00PM Robson Valley Recreation Centre

Drop in Fee

Events and activities to keep you active during the winter months may be hosted by other organizations

Yellowhead Cross Country Ski Club **McBride Big Country Snowmobile Club McBride and District Public Library McBride Youth Committee Various church organizations**

We are sorry if you have an active winter group that was missed from this list Compiled by the McBride Healthy Communities Committee Find us on Facebook





又 \square $\mathcal{P} + \mathcal{Q} \circ$ V

KKMIXHODOO

 \circ

HHO

 \leq

工

C

П

the be

Z

 \leq

community

Take a Break in McBride...B.G.s Friendliest Town!!

