


McBride Employment Services Centre
JULY WORKSHOP
 Thursday, July 28th 10-12 noon
Building a Business
Finding your niche.

Robson Valley Support Society - Everyone welcome!
 Just follow us on Facebook @ rvsstmcbridevalemount



RED BULL
355 ml ~ 2 for ~ \$6.00

GATORADE
950 ml ~ 2 for ~ \$5.00

AQUAFINA & BRISK
6 x 710 ml ~ \$2.99 each
or 2 for ~ \$5.50

569-2441

RICH BOYZ
Mechanical Ltd.
 Fully licensed Automotive, Heavy Duty and Welding Repairs.
 Need a recharge?
 Mobile Air Conditioning Service
 All makes n' models - Automotive/HD
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HEAVY HAULING
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 Best Rates In Town

CONSTRUCTION

- General Construction
- New Construction
- Remodeling
- Drywall
- Residential
- Commercial
- Install Septic Systems, Repair & Removal

EXCAVATION

- Excavating Road
- Excavation
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- Haul Equipment

30 YEARS OF EXPERIENCE

P.O. BOX 474
Phone: (250)569-2593
Fax: (250)569-0178

ROBSON VALLEY CONSTRUCTION
RED-MIX CONCRETE
Antiques & Giftware
WELCOME TO HOME
SOUP, SANDWICHES & WRAPS DAILY
TO STAY OR TAKE-OUT

OPEN MONDAY-SATURDAY 10:00AM-5:00PM 250-569-0215

Wireless Internet Service
FOR SALE
\$175,000
 200+ customers McBride to Valenmount

Irene Berndsen
 cell (250) 569-7397
 ROYAL LEPAGE Prince George

Advantage Insurance Services Ltd.
 Rosemary L. Hruby, CAIB
 250-569-2264

REMEMBER
We're OPEN
Saturdays 10:00am to 3:00pm

FREE The Little FREE
McBride
Paper
 Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, July 20th, 2016

LIBRARY NEWS

Outdoor Play & Learn, Tuesdays at 10:30am. Ages 2-5, bring your adult and join us for yoga, crafts & outdoor exploration. Indoors weather-dependent.

Minecraft/Lego/Wii/Pokemon, Wednesdays at 3pm starting July 13th.

Fun Fridays, Friday 2-4pm. Themed activities aimed at ages 6-12. Join us for games, crafts, experiments and fun! "Book a trip" with us, read often, and earn your SRC medal!

Robson Valley Explorers, pick up your map from the library! Participate in fun activities, earn badges and see all the cool places in our Valley. Master Mowers, drop by Spindrift during open hours. If not open you can tell Martha at the Market about the mowers you know to pick up your badge. Bonus badge: "Game Slayer". More info at the library.

Teen Look In: Nerf Night, Friday, July 22nd at 9pm. 13+.

Scrabbles On! Tuesday, July 26th at 7pm. All welcome to drop by for a game or two!

Monthly Book Discussion, Thursday, July 28th at 1:30pm. This month's theme is "summer reads surprise". Stop by, pick a book wrapped in newspaper, and enjoy the hot summer read. Join us on the 28th to tell us what you think over coffee and tea.

Free Legal Advice via Skype, Tuesday, August 2nd at 7:30pm. Legal questions? Talk to Barrister Jesse Stamm on-line. Free, private 15 minute sessions available on first-come, first-served basis. Hosted together with RVSS's Stopping the Violence Outreach program.

Cozy by the Campfire, Friday, August 5th @ 7:30pm. Join us for stories, poetry and music. Bring your instruments and your words to share!

Drop by the library to learn about our teen and adult reading contests! Read around the world this summer and enter a draw for great gadgets!

Ozalerka Alpine Club

Seventeen serious stalwarts & Scout stomped south Sunday, eagerly entering Eagle Valley. 12 made it to the cabin! Scout chomped a porky. Luckily Dr. Martin was along for surgery. Somewhat easier awesome Ozalerka this Sunday (July 24). Meet at Koesteman Park at 8 a.m., with lunch. For more information contact Al Birnie at 569-4101.

A LITTLE MEDICAL THINKER...
 Doctor my wife is pregnant. She is having pain right now.
 Doctor: Is this her first child?
 No this is her husband speaking!!!

COMMUNITY ANNOUNCEMENTS

"Better at Home" is looking for VOLUNTEERS AND CONTRACTORS who are looking for a special rewarding time connecting with seniors and spending time with the elderly in our community.
 "Unless someone like you cares a whole awful lot, nothing is going to get better its not." -Lorax-
 Opportunities Include:
 • Driving / Friendly Visits
 • Light Housekeeping / Cleaning
 • Home Repairs / Maintenance
 Please contact: Jody Keim 250-569-2266 (McBride), Marion Farguhanson 250-566-9107 (Valenmount).

The Grad Class of 2017 will be doing a bottle drive in September to fundraise for our Dry Grad trip to Alaska. If you have bottles you would like picked up before then, call or text Aurora Uhl at 250-569-7347 or Rylan Moore at 250-569-7290

The grads of 2017 are selling firewood this year to raise money for their dry grad trip to Alaska. \$125 a cord of mixed wood. Bucked and split (will stack for a donation). Delivery 5km radius of McBride. Additional charge for delivery past the 5km radius. Call Amanda 250-569-7557.

The Grads of 2017 have decided to go on the dry Alaska Cruise for their grad trip. If you have any odd jobs you want done give Christine Monroe a call at 250-569-0090 and she will take care of the details. Thank you from the GRADS OF 2017!

Country Chic Beauty Salon will be closing it's doors at the END of JULY. I would like to thank all of my dedicated clients for all of your support over the past 4 years!

SECOND HELPINGS is offering home cooked meals for seniors in our community two days a week. If you'd like more information please contact Jody Keim at RVSS 250-569-2266.

Via-Rail Schedule **via-rail.ca** Phone 1-888-842-7245
 Going West - Sunday, Wednesday & Friday...2:44pm
 Going East - Monday, Thursday, Saturday...1:48pm
 Discounts for 1 or 3 days, advance booking.

Important Phone Numbers

EMERGENCY 9-1-1
 R.C.M.P. 250-569-2255
 Hospital 250-569-2251
 Health Unit 250-569-2251
 K to 7 School .. 250-569-2721
 High School 250-569-2295
 School District 57 .. 1-800-256-7857

Gov't Serv. BC. 250-569-3760
 Village 250-569-2229
 Reg'l Dist' 1-800-667-1959
 Home Support... 250-569-2266
 Food Bank 250-569-3186
 Fire Hall 250-569-3117
 Dental Office The Little McBride Paper 250-569-3434

Report Forest Fires - 1-800-663-5555
 Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
 Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Friendliest Town!!!

Three Ranges
The Valley's
 Locally Brewed Beer!!
 Open Wednesday - Saturday 3-8pm
 and Sunday 12-6pm
 Downtown Valenmount across from the IDA
250-566-0024
<https://www.facebook.com/ThreeRangesBrewingCompany>

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SMALL ENGINE REPAIR
 Lawn & Garden • Chainsaws
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 McBride, B.C.
 VOJ 2E0
250-569-2901

McBride AG Foods
FRESH FISH FRIDAY!!!
 • Cod • Steelhead
 • Atlantic Salmon

ALWAYS CANADIAN

OPEN Mon.-Thurs. 6:30am-6pm, Fri. 6:30am-7pm,
 Sat. 6:30am-6pm, Sun. 9am-5pm

D & T INDUSTRIES
 GETTING FRUSTRATED WITH THAT CHORE LIST?
 TRYING TO ENJOY THE SUMMER DAYS?

BRUSH/MOW,
 DIG, LIFT, AUGER,
 TILL/CONDITION

REMOVE, PLANT,
 CARRY, DELIVER,
 HAUL, SPREAD

CALL DARVIN
 250-569-7758 or 7050

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Quality Workmanship at a Low Price!

- Carpentry • Flooring • Painting
- Roofing • Specializing in Residential Fencing

We also have backhoe service to do septic tanks, ditch digging, etc. Rate: \$75/hr. with operator.

Scarecrow Farm
 Small Engine Parts & Service
 Lawn Mowers - Garden Tractors -
 Generators - Pumps - ATVs and more!
 Brigs and Stratton Dealership
 with access to a wide range of replacement parts.
 We are located 8 min west of McBride just off HWY 16.
250-569-0351

Country Chic Beauty Salon
 The last day of operation will be on Friday, July 29th
250-569-2344

NOW HIRING!
 North Country Lodge
 is looking for a
 part-time housekeeper.
\$13/hr to start.
Please bring your resume to the front desk.

Delivering Fuel
 East to McBride & Valenmount

co-op Vanderhoof and Districts
 Co-operative Association
 Commercial, Farm & Personal

Our equity allocation based on members' 2015 purchases totalled over \$6.2 million being returned to members in equity and cash back

Prince George: Tel: 250-564-3488
 Tel: 866-309-2657
 Fax: 250-564-3493

Valenmount Cardick: 1500- 9th Avenue
 Valenmount BC
 Tel: 866-309-2657

McBride Cardick: 2130 Zedler Road
 McBride BC
 Tel: 866-309-2657

Vanderhoof: Tel: 250-567-4488
 Tel: 888-345-2667
 Fax: 250-567-4490



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- and more

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WE ARE A NAPA AUTOCARE STORE

AUTHORIZED

VEHICLE INSPECTION FACILITY

• Propane Sales

Ask us about our

PREVENTATIVE MAINTENANCE PROGRAM

OPEN

MONDAY to FRIDAY 8:00am - 5:00pm

SATURDAY 9:00am - 12:00pm

ALBERTA EDWARD ISLAND
BRITISH ISLAND
BRUNSWICK LABRADOR
COAST MANITOBA
COLUMBIA MOUNTAINS
COUNTRY NEWFOUNDLAND
DESERT



NEIGHBOURHOOD PUB

250-569-0101

600 - 1st Ave.

11:30am - 11:30pm

Monday - Saturday

Enjoy items from our

SUMMER FEATURES MENU.

Try our new Pizdinns - Italian Flatbread.

WE'RE HIRING - Join our Team!



CANADA

S D N G N S R E E H N T X C J S
E N N B O I O S C E N L V O J C E I
I U O A P R I D E N L U A O U I
R N K Z L T T O H M R B T P U A M O R
I A U X I D O F N O U R F A U S O T
A V Y R R I D O B W T B A U P U N I R
R U B A N O I U R E P A U L D A R
P T W I D A N Y O F A S D L A T R
S D A L B E R T A F O S E T D A R
E R A B O T I N A M F A W E Z I N T E
B R U N C S W T I C K R S S E Z N T
A I T O C S X I C K R S S E Z N T
I S L A N D P I C F T C A A S S T
A R D N U T F T C A U T C C J X
C X N A W E H C T A K S A S O

Take a Break in McBride...B.G.'s Friendliest Town!:

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Blair Levant FSR #106311

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PRINCE YUKON