

McBride Employment Services Centre
OCTOBER WORKSHOP
 Thursday, October 29th
 10-12 noon

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while looking for employment.

Robson Valley Support Society - Everyone welcome,
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WHAT TO DO IN MCBRIDE...

How many times have you been asked, "What is there to do in McBride anyway?" Robson Valley Tourism, a committee of the McBride and District Chamber of Commerce, invites you to join us for an informative fun filled evening and find out some of what the Robson Valley has to offer! We will have presentations from several recreation tourism groups as well as several community service groups and clubs on hand to help enhance your knowledge of what we have! Wednesday, November 4th 7-9pm at the Robson Valley Community Centre. Any questions, or to add your group to the event e-mail manager@mcbridechamber.ca

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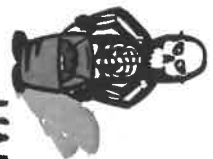
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FREE The little McBride FREE


McBride Paper


Serving BC's Friendliest Town and Area since 1996!!!
For the week of Wednesday, October 28th, 2015

HAPPY HALLOWEEN!!! MOVIE NIGHT

Please come out on November 6th and support the LIVE DIFFERENT students that are traveling to Mexico in March to build a house for a family in need. The proceeds are used toward airfare for the trip. Our appreciation goes out to Diversified Transportation for the donation of a bus for the ground transportation portion of the trip!

4:30 - **The Mignon Movie**...The story of Universal Pictures and Illumination Entertainment's Minions begins at the dawn of time. Starting as single-celled yellow organisms, Minions evolve through the ages, perpetually serving the most despicable of masters. Continuously unsuccessful at keeping these masters - from T. Rex to Napoleon - the Minions find themselves without someone to serve and fall into a deep depression. But one Minion named Kevin has a plan, and he - alongside teen-age rebel Stuart and lovable little Bob - ventures out into the world to find a new evil boss for his brethren to follow. The trio embarks upon a thrilling journey that ultimately leads them to their next potential master, Scarlet Overkill (Academy Award winner Sandra Bullock), the world's first supervillainess ever. They travel from frigid Antarctica to 1960s New York City, ending in modern London, where they must face their biggest challenge to date: saving all of Mimonkind...from annihilation.

7:00 - **Mission: Impossible** - Rogue Nation...CIA chief Hunley (Baldwin) convinces a Senate committee to disband the IMF (Impossible Mission Force), of which Ethan Hunt (Cruise) is a key member. Hunley argues that the IMF is too reckless. Now on his own, Hunt goes after a shadowy and deadly rogue organization called the Syndicate.

THANK YOU

A sincere thank you to all who supported the Open Gate Garden Potato Harvest and Market on October 10th. We still have some available for sale at the McBride Library or from Pete Amyony's root cellar (250-968-4334). Thank you to the community of McBride for loving local potatoes! The funds we raised will go towards the 2016 Open Gate Garden season.

Community Coordination for Women's Safety Program would like to express a sincere thank-you to the local businesses of Advantage Insurance, Home Hardware, and Scotia Bank for their generous donations supporting our Trauma Informed Training held October 22 and October 23. We had approximate 83 attendees over the two day workshop which included Robson Valley Support Society Staff, Faith Based leaders, MCPFD, Ambulance, Mental Health and Addictions, Educators, various community services agencies, foster parents, and interested community members across the Robson Valley. Attendees joined us all the way from Clearwater/Barrier and Prince George. Thank-you everyone!

Sincerely, Donald Beeson and Penny Rivard
THANK YOU - The McBride & District Hospital would like to say a big thank you to the ladies Auxiliary for once again giving their time to volunteer at the recent Mammography Clinic. This is a very valuable service to our community and we very much appreciate their involvement which helps these programs to continue.

McBride Secondary News

McBride Secondary's Live Different Group is having a Bottle Drive on Sunday, November 8th. We will be coming around your neighborhood asking for any recyclable cans or bottles for donation or you may drop off your recyclables at the High School at the back beside the shop between 10 to 2pm. All proceeds go towards the travel expenses of the group's trip to Mexico to help build a home for a family in need this coming March 2016.

Attention Crafters...it's time to book your table for the Christmas Craft Fair at McBride Secondary School - an important fund raiser to support students at the school! Where: In the gym at McBride Secondary School. Date: Saturday, November 21 - 11:00-3:00. Time: 11:00AM - 3:00PM (doors open at 9:00AM for vendors). Costs: \$25 per table (flat fee). Booking: call Kathy at the high school at 250-569-2295. Reminder: No food prep on site and all baked goods must be wrapped.

BIRTHDAY WISHES OCTOBER 28-NOVEMBER 5

Justin Waits, Lenord McClinton, Rory Krenzler, Bonnie Barnett, Brian Taphorn, Michelle Rejman, Leslie Shawara, Alyssa Wingie, Brenda Molendyk, Gail Shantz, Wayne Froese, Ezra Keim, and to anyone else we missed, Happy Birthday!

Via-Rail Schedule viarail.ca Phone 1-888-842-7245
 Going West - Sunday, Wednesday & Friday...2:44pm
 Going East - Monday, Thursday, Saturday...1:48pm
 Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY 9-1-1 Gov't Serv. BC. 250-569-3760
 R.C.M.P. 250-569-2255 Village..... 250-569-2229
 Hospital 250-569-2251 Reg'l Dist' 1-800-667-1959
 Health Unit 250-569-2251 Home Support..... 250-569-2266
 K to 7 School .. 250-569-2721 Food Bank 250-569-3186
 High School 250-569-2295 Fire Hall 250-569-3117
 School District 57 Dental Office The Little McBride Paper
 1-800-256-7857 250-569-3434 250-569-3110
 Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
 Dial this Number 1st and ask operator to connect you to provincial department.
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COMMUNITY ANNOUNCEMENTS

ELKS/CANADIAN PURPLE COMMUNITY GAMING GRANT APPLICATIONS ARE DUE! If your Club or Organization is in need of funding for the 2016 year, please submit your letter of application to McBride Elks #247 Box 65, McBride, BC V0J 2E0 or Canadian Purple, Box 336, McBride, BC V0J 2E0, NO LATER THAN FRIDAY, NOVEMBER 6TH. Letters must include: What funding will be used for, cost, how many people it will benefit, how long your club or organization has been established. For more info, call either Al Birnie at 250-569-4101 or Kathy Molendyk at 250-569-3239.

Royal Purple will be ordering Purdy's Chocolates as a fundraiser this season. Orders must be in by November 18th. You can order on our Web page customer number 32441 - web page www.purdysggp.com or you can pick up a brochure from Florence Myrio 250-569-3254 or Dawna Hickery 250-569-3210. There is a 25% discount on the chocolates. Orders will be delivered December 1, 2015. Thank you for helping us help our Community Children. Ever wondered how you would respond if your child were choking? How to treat a burn? What to do if your little one stepped on a nail? Saturday, November 7th, 10:00 a.m. to noon, Kid's First Aid Q and A at the Dunster Schoolhouse. Join nurses and doctor to answer your questions regarding children's first aid. General and preventative health questions will be covered also. Something specific you're wondering about? E-mail your questions ahead of time to sunstud@gmail.com. Free on-site child care and refreshments provided care of the Dunster playground and Success by Six. Questions contact Nancy Taylor 250-986-4358 or Susan Urnsot 250-569-4033.

In partnership with the McBride Youth Committee Join CCCR (Child Care Resource and Referral) and Northern Health Licensing from 11:00am-1:00pm October 29, 2015 at the McBride Health Unit to learn all about child care in your neighborhood. They will be on site to answer questions and hand out materials to assist you to start your own day care. If you are already caring for children, come and learn about the additional support or funding you might be eligible for. Everyone Welcome!

McBride District Volunteer Fire Fighter Association is seeking a Caterer for their Annual Emergency Service Dinner on November 28th, for approximately 75-100 people. Please submit your bid & menu choices by October 30. For more information contact Tracy at 250-569-0421 or 250-569-7092 or e-mail: jingle2@telus.net.

McBride Pickleball - McBride High School gym at 7:00pm and continue every Wednesday that the school is open. For information about Pickleball contact Sharon Schiefelbein 250-569-2583.

BUY, SELL, RENT & MISC.

Found: black cat, very friendly and litter trained. Walked into our yard. Needs a home as we have sold. Fattening up nicely! 250-569-0351 • **Moving Sale:** 28" flat screen tv Sony Bravia, works fine. \$150 obo. Fine wolf skin with mask \$1400 obo. Single axle trailer Ubilt roadworthy, \$600 obo 250-569-0351 • **For Rent:** 3 Bedroom House on 4th Ave. \$500/month plus utilities. Phone 250-569-3374 or 250-569-7310 • **For Sale:** 2003 Chev Cavalier 4 dr sedan. Price slashed to \$300.00. Call 250-968-4474. • **For Sale:** 4 Hankook I-Pike 235/70/16 studded winter tires on winter rims for sale. Wheel-lug pattern is 5x114. Tires have the snowflake and have lots of tread left. \$240.00. 250-569-0078 • **Wanted:** 2 double or larger beds, microwave, dressers and utensils. Phone 250-569-2266 • **For Sale:** Duramax vinyl weatherproof storage shed 8' x 10.5'. New condition on heavy pallet base. \$1000. Phone 778-258-0353 • **For Sale:** 4-Goodyear Wrangler AT/S LT1275-65R18, studded, 80 percent left. \$400 Ph.569-7769 • **For Sale:** 5 young goats, 3 doelings and 2 bucklings. \$2.25/lb live weight with a package deal available. Also one 3 yr. old Alpine cross doe and 1-1/2 yr. old proven Oberhasli billy for sale. 250-569-7800 • **For Sale:** 2003 Toyota Tacoma. Green, extended cab, 4 cyl auto, 165k, clean, new battery & exhaust system, extra set of tires on rims. Winch, locking canopy, boat rack, electric boat loader, 10' boat. #13,000 OBO. Contact Mick @ 250-968-4332. • **For Sale:** 2007 Pontiac Vibe, 230,000 kms. Comes with summer & winter studded tires. Very good condition and ready for winter. \$4000 OBO. Call Sharon Stearns 250-968-4544 • **For Sale:** Push type lawn mower, 15" cut, \$10. Wheeled garbage can. \$4. Older orange secretary's chair. \$4. Contact D. Simpson 250-569-3343. • **For Sale:** 08 Skidoo Summit 800, \$5800 o.b.o. Call Mark Ph.250-569-7811 • **For Sale:** 13 Lambs, males & females. 5-7 months old, ready to go any time. Please call Lisa 1-250-553-2365 • **Wanted:** Chest Freezer, leave message at 569-0311 • **For Sale:** RSF Wood Furnace, good for garage or green house \$200, Propane cook stove with oven, needs no electric \$200 Ph.250-569-2488 • **For Sale:** Used older BodyBreak 218 Elliptical Trainer. \$50. Phone 250-569-3110 • **For Sale:** Sickle mower, restored. \$600 obo. Ph# 250-569-0351 • **For Rent:** 1 or 2 bedroom apartment across from hospital. \$550 & \$600 a month. N/S, N/P, Fridge/stove included. Call 250-569-0208 • **For Sale:** 13 Young Muscovy Ducks, \$15 each. 10 Berkshire/Yorkshire cross Weiner Pigs - 8 weeks old, \$100 each. 20 New Zealand/Flemish giant cross meat Rabbits, 8-12 weeks old, \$20 each. Phone Sarah 250-569-7427 • **For Sale:** Jackson Figure Skates Size 5 (\$50.00) worn twice. Call 250-569-3210 or text 250-569-7484 • **For Sale:** Hella Rallye 3000HF driving lights, new, asking \$200 for pair. 100 ft x 3/8" capacity hand crank air hose reel, new, asking \$50. Phone 250-569-3380 • **Commercial Space** for Rent: 411 Main. St., 420 sq. feet. Please call Nathaniel Daniels at 250-569-7852 • **For Sale:** 1-1/2 Fire Hoses, 100', \$15 each. Pedestal Tables Various sizes \$10 and up, steno chairs \$5 and up. 3 point hitch farm attachments. Ph:569-7469 • **For Sale:** 4 Acre Property on Dore River Road with renovated 14 wide Mobile & Shop. Gravity water. Price: 137,000.00 Ph.250-569-2471 • **To place an ad** call 569-3110, Fax 569-0220 or drop info at 455 King St.

Greyhound Schedule (The Farm Store) (Closed Sun.) 250-569-0425
Depart to East - 2:45am Daily (Valenmount, Jasper, Edmonton)
Depart to West - 7:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! 250-569-3110, Fax:250-569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't inform the public about it! Scott & Susan Glines (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper or its owners.
Take a Break in McBride...B.G.s Friendliest Town!:

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Valenmount - Wednesday
Phone 250-569-0053

Robson Valley Pet Hostel

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Ann Schwartz - Animal Health Technician

250-569-3319 Website with information and galleries:
www.pethostel.ca

PAINTING

Call Phil @ 250-569-0205

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McBride Bottle Depot: 569-7760
HOURS: Thursday, Friday, and Saturday
10 am - 12 pm and 1 pm - 4 pm
It's Worth It.

Railway Crossing/Road Closure

The railway crossing roughly 1 km on Rausch Valley Road in Dunster will be closed for maintenance from 9:00am to approximately 1:00pm on Thursday, October 29th.

COMING EVENTS

Fish & Wildlife Meeting-October 28th at 7:00pm. at the Beanyry 2.

McBride Elementary School PAC AGM will be held Thursday, October 29 at 6:30 pm at the Robson Valley Rec Centre. Please consider attending if you have a child/grandchild at MCES. Questions? Call Lisa Franke at 250-569-0345.

HALLOWEEN FIREWORKS!!! Hosted by McBride District Volunteer Fire Department Saturday, October 31 at 8pm at the ball diamond on Main Street!

Day of the Dead/All Saint's Day. Sunday, November 1st, 10 to 11 am at McBride Anglican United Church. We will take time to celebrate and remember those who have passed on from our lives. The Day of the Dead is a Mexican tradition, a day of intentionally remembering loved ones - sharing stories or sitting in silence with lit candles. All are invited.

Prenatal Classes - Are you expecting? Are you interested in classes? Start: November 2, 2015 Where: Public Health Unit, McBride. Time: 6 p.m. Instructor: Jackie Edwards. For more information or to register, please call the health unit at (250)569-2251 ext. 2026.

McBride Big Country Snow Mobile Club meeting will be held on Tuesday, November 3, 7:00pm at the Gigglin' Grizzly Pub.

Birthday Party-Come out on November 11 and help Niah Scarlett celebrate her first birthday at the Riverbend Trailer Park, 2-3p.m. RSVP by November 8 at 778-258-0314.

Bingo Wednesday, 1st, 3rd & 5th Wednesdays of the month at the Legion Hall. Early Bird 6:30p.m. Everyone Welcome!

SCHOOL NEWS

Graduation Dinner Caterer Needed! This year's graduation class will be holding their Grad on Saturday, June 25, 2016 at the Robson Valley Recreation Centre. We are looking for a caterer for approx. 350-450 people. Bid to include menu plan, (recommended to submit 2 - 3 menu options, hot or cold menus will be considered depending on cost) copy of Caterer's License and references to be submitted to the McBride Secondary School by Friday, February 12, 2016. If you have any questions, please call 2 the school at 250-569-2295.

RVSS NEWS

The Robson Valley Support Society Book Club: ~Monthly meetings ~A New book each month ~Discuss characters, plots, innuendos, etc. ~Choose books in turns. Call Stacey at RVSS, Thursdays and Fridays: 250-569-2266. Let's Make It Happen!!
The Robson Valley Support Society Adult Literacy Games Day! Join us at RVSS, 942 3rd Ave. - Thursdays at 1:00pm. Brings Your Friends! ~18 and older please. Light refreshments provided. - Chess -Clue -Backgammon -Yahtzee -Chb -Card Games and more...
The Robson Valley Support Society Craft Club: Come on Out and Create! ~New projects each week. Quick, fun creations. Join us and free your inner artist! Fridays from 1:00 - 3:00pm., 18 and older. Contact Stacey at RVSS for more information, 250-569-2266.

LEGION NEWS

The McBride Royal Canadian Legion Branch #75 has no hours of operation. We do however rent the hall for small functions. The Contact persons are Dennis Rejman at 250-569-2692 and Brad Kope at 250-569-8800 or Work 250-569-3784. We have Legion Meeting on the first Tuesday of each month (except July and August). Meetings start at 7:00 pm. We also have Bingo on the First, Third and Fifth Wednesday of each month except July and August. Early Bird starts at 630 p.m.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00 • Dorcas is OPEN Tuesdays 1pm-3pm. Contact number 569-2479 Terri or 569-4031 Carol • Foodbank contact number is 569-3186 • Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph: 569-3370 • Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph: 569-7297 • Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350 • Anglican United Church-441 Dominion Street. Meet Sundays at 10:00 a.m. Phone 569-3206 or 569-3386. • Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378 • Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335 • St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

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Various common sizes in stock,
free mount and balance with purchase.

LIBRARY NEWS

Lego/Minecraft Club. Ages 5+. Wednesdays at 3:00pm. Lego, Minecraft, Crafts & Games.
Tuesday Night Jam. 7pm in the Annex. Like to play rock, bluegrass, folk and more? Come meet with local musicians and learn new music. Contact Dave Marchant at 569-2569 with questions.
Fibre Arts Group. Thursdays at 10am. The group that previously met at Odds & Ends is now meeting in the Annex. Bring your knitting, crochet or needlework project and come hang out!



241 Dominion Street
McBride, BC V0J 2E0
Phone: 250-569-2411
REGULAR HOURS
Tuesdays: 10-5pm, 7-9pm
Wednesdays and Thursdays: 10-5pm
Fridays: 2-9pm Saturday: 2-5pm
library@mcbridebc.org www.mcbridebelibrary.ca

You Are Invited to Attend

"Foods for Thought"

When: November 10, 17, 24, and December 1, 2015

Where: McBride Seventh-day Adventist Church

Time: 6:30 pm

Did you know that:

- Dietary choices can affect the brain's ability to produce important mood-regulating hormones.
- A healthful diet can improve your mood, help you think better, and lower your risk for dementia.
- Powerful food cravings and addictions can be overcome with simple dietary changes.
- Lifestyle disorders such as diabetes, heart disease, obesity, high blood pressure, and elevated cholesterol are linked to an increased risk for dementia.
- Low levels of certain nutrients are linked to depression, fatigue, slower thinking, and poor mental processing.
- FAT is not spelled BAD; certain fats are essential for optimum mood and brain function.

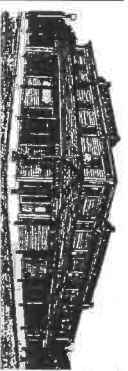
"Foods for Thought" is your guide to understanding how to grow and keep a healthy brain, with plenty of practical tips, helpful charts, and lots of delicious recipes to help your mental engine purr... instead of ping!

Contact Phyllis Krueger 250-968-4493 for more information, and to arrange transportation. \$20 per family. Sponsorships available. Plan to come now!

ALL HALLOWSEVE

D F F R E S A P W S C K N K G
 A O A A C C G U F R S O C I C H
 S E O A C C M N E C D S A E A O
 F E R H P E T A E S T L J U
 T E I K R C P T R C U B S S L
 S A I T A U N A A O M O N E S
 E N E R R U O N I Z E B E H E
 S G A R R A A D B S N S B K C C
 I H J H T Y P L H W T I N T N
 C S N R E T N A A L G Z N A I A
 M A S Q U E R A D E I G R R W D
 D R A C C U L A H J J M E F G K
 F E E T F I B M O Z H S N X V
 K C I R T E I P P L E S M C V L
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DRINK SPECIALS**

Music by the

**DRUNKIN MIDNIGHT HOWLERS
Halloween Party 9:00pm**

FRI., OCT. 30, 2015

**Will be a SPOOKTACULAR NIGHT,
don't miss out!!!**

- | | |
|--------------|---------------|
| APPLES | HOUSE |
| BLACK | JACK |
| BOBBING | LANTERNS |
| CANDY | MASKS |
| CHARACTERS | MASQUERADE |
| COSTUMES | NEIGHBOURHOOD |
| DANCES | ORANGE |
| DRACULA | PARTIES |
| FACEPAINT | PUMPKINS |
| FEAR | SCARES |
| FEET | SMELL |
| FRANKENSTEIN | TREAT |
| GHOST | TRICK |
| GHOULS | WITCHES |
| HAUNTED | ZOMBIE |