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ROBSON VALLEY CONSTRUCTION REDI-MIX CONCRETE

Upcoming Events at
Falling Star Ranch
in Dunster:

FALLING STAR RANCH
Saturday, May 31, ground manners clinic with
Birgit Stutz, Chris Irwin Gold Certified Trainer and
Coach

Saturday, June 14, 1-4 p.m., open house and
official grand opening of Falling Star Ranch's new
indoor riding arena. Come and meet our horses!
Watch exciting demos! Check out our new indoor
riding arena! And enjoy a burger and pop, with
half the profits going to the Back Country
Horsemen of BC Robson Valley Chapter and the
other half going to the Robson Valley Spay Neuter
Society. There will also be lots of time to chat with
Birgit and the Falling Star Ranch team.

Visit www.fallingstarranch.ca for more
upcoming events at Falling Star Ranch or follow
us on Facebook ([https://www.facebook.com/
pages/Falling-Star-Ranch/176137116425](https://www.facebook.com/pages/Falling-Star-Ranch/176137116425)) or
Twitter (@stranch).

**MCBRIDE & DISTRICT
PUBLIC LIBRARY**
241 Dominion Street McBride, BC V0J 2B0
Phone: 250-569-2411

Tuesdays: 10-5pm & 7-9pm
Wednesdays & Thursdays: 10am-5pm
Fridays: 2pm-9pm Saturdays: 2pm-5pm
Library@mcbridebc.org www.mcbridebc.library.ca
Free Internet Access
"Join our Facebook group"

FOREVER PRINTING & SIGNS

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for more information please contact
Scott or Susan at 250-569-3110,
fax: 250-569-0220, email: sglines3@telus.net

R. B. HATCHARD CONT.
3/4 Crush Gravel
1-1/2" Screened Gravel
1/4" Fines
Screened Pit Run Gravel
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FREE The little FREE McBride Paper

Serving BC's Friendliest Town and Area!!!
For the week of *Wednesday, May 21st, 2014*

COMING EVENTS

Robson Valley Fish and Wildlife Club meeting is postponed to
Wednesday, May 28 at 7pm in the Beantry 2. Everyone welcome.
Don't Stress OVER Stress Management. Hosted by: Mental
Health & Addictions. Where: Community Health Building, 1126 5th
Ave. McBride. When: May 22, 2014. Time: 6:00 p.m. Refreshments
will be provided.

100 Year Birthday this May! Our church hall building (now the
home of The Thrift Store and our youth group, Youth Quest) is 100
years old this month and we invite the community to come help
celebrate with us. On Sunday, May 25, after church, we will supply
the burgers and ask you to bring a potluck salad or dessert. The
party to celebrate the oldest building still in use in McBride will be
held at the Hall, 441 Dominion Street, McBride and starts at
11:30am. For more info, call Kim 250-968-4467. Yay for Spring
and celebrations!!

Strawberry Tea: McBride & District Hospital Auxiliary are
hosting their Annual Strawberry Tea May 30, 11-2, Beaverview
Lodge. Cost \$5.00. Preorder from Eleanor 569-2459 or Diane 569-
0103.

YELLOWHEAD SKI CLUB AGM will be held on Thursday,
May 29th, 5:00pm at the Library Annex. New Members Welcome.

Scotiabank Events!

Scotiabank McBride Branch Annual B.C. Children's Hospital
BBQ, Pie Sale and Raffle - I don't know where to begin....the
weather was AMAZING! Blue skies and sunshine! So many
volunteers to thank - David Appleby for his grillmanship and the use
of his Chuck Wagon, Irene Rejman, Ker-Lynn Parlette, Lauren
Monroe, Doug Monroe, Erich Monroe, Marc von der Gonna, Hans
Dewitt, Kevin Taphorn, Rico Vizza, Kevin Chitpka, Greg Fotos,
Stacey Kendall and all the Scotiabankers who came in on their day
off to help - Christine, Susan, Julie. The lovely Rose & Linda for
being our ticket sellers. Dine & Dash - Doug, Christine, Erich,
Lauren for delicious ice cream! Thanks to McBride AG Foods.
Thanks to the Husky and the Robson Valley Rec Centre. (REALLY
hoping I haven't forgotten anyone, but my brain is a little mushy at
the moment) Thanks to McBride Community Forest Corporation for
their generosity which allowed us to purchase our first raffle prize.
Hill Philpott for the donation of the wonderful coffee beans. Tania
Gaiesky-Blixrud for the coffee grinder and mugs. Congratulations to
Trisha Tomson for winning the deck chairs and accessories and to
Sarah Taylor for winning the coffee collection! Thanks to everyone
who came out, especially those who stood in line patiently while we
grilled burgers and to those who understood when we ran out of
pie. We were far busier than we had anticipated! Thank you to all
the Scotiabankers who spent the day in the heat and sun, running
around picking up and dropping off, yelling out orders and making
sure we had everything under control. You guys are bright red and
awesome! Also thanks to the staff that had to stay inside to make
sure we were still open for business. We are so thankful for
everyone's support. We are still selling our cookbooks, so if you
haven't already purchased a copy (or two) there's time! Thank you,
thank you, thank you!

PIONEER DAYS NEWS

It's approaching fast! The full schedule of events and times will
be in the May 28th issue of The Little McBride Paper. Look for
posters in various business and locations for more details. For more
info on events call: Deb Traquair 250-569-8825 for information on
entering a float etc. in the parade. Hal Carnont 250-569-8887
Norman Lanning Memorial Horseshoe Tournament. Linda Fry 250-
569-0138 Show and Shine. Deb Kelly 250-569-0342 Slo-Pitch
Tournament. Matt Rempel 250-569-8856 Mission Impossible. Gene
Runtz 250-569-2635 Fire Wood Tickets. Kevin Taphorn 250-569-
0019 Rock, Paper, Scissors. Dutch Molendyk 250-569-0140/3113
Logger's Events.

Tickets for the Dance - live band "Denuce's Wild" - are available
at RV Home Housewares, The Farm Store and the Whistle Stop
Gallery. They are \$15.00/person and you must be 19 or older.
Volunteers are always appreciated! If you would like to volunteer,
please call Kathy Molendyk 250-569-3239 or Angela Traquair 250-
569-0211. Looking forward to a great weekend!

Pioneer Days Parade - June 7, 10:00am. This years theme is:
100 years Heritage. Start planning your floats. Kids come up with
some ideas to decorate your bikes. There will be prize money. For
more information call Debbie @ 569-8825.

Via-Rail Schedule viarail.ca Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:44pm
Going East - Monday, Thursday, Saturday...1:48pm
Discounts for 1 or 3 days advance booking.

Important Phone Numbers

EMERGENCY 9-1-1 Gov't Services BC ... 569-3760
R.C.M.P. 569-2255 Village 569-2229
Hospital 569-2251 Reg'1 Dist' 1-800-667-1959
Health Unit 569-2251 Home Support 569-2266
K to 7 School 569-2721 Fire Bank 569-3186
High School 569-2295 Fire Hall 569-3117
School District 57 569-3117 The Little McBride Paper
1-800-256-7857 (250) 569-3434 569-3110
Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department
Take a Break in McBride...B.C.'s Friendliest Town!!

DNG Developments For Sale

- 2010 Ford F150, Supercrew, 4x4, #9618, \$15500.00
- 2011 Ford F150, Supercrew, 4x4, #6097, \$17500.00
- 2013 Chev Equinox, AWD, #1869, \$20,000.00

Coming Soon:
2010 Kia Soul, 2004 F350 King Ranch
Plus! Call 250-569-0343 for more information.



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AQUAFINA or BRISK 6 x 710 ml - \$2.99	DORITOS 245-260 g ~ 2 for ~ \$6.00
COCA COLA 414 ml ~ 2 for ~ \$2.22	Husky 569-2441

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569-0140

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This Week
• Halibut • Arctic Char • Red Snapper
Friday & Saturday
"Dutchman Special"
14 oz. Striploin Steak
\$7.98 each

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OPEN Mon.-Thurs. 6:15-6, Fri. 6:15-7, Sat. 6:15-6, Sun. 6:15-5

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YOUR SPRING!**

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REMOVE, PLANT,
CARRY

Call Darvin 250-569-7758 or 7050

THE HISTORIC MCKALE HOUSE
421 MAIN STREET 569-7176
NEW STOCK...

**FUN FIGURINES FOR FATHER
AND TONS OF CANDY!!!**
CHECK OUT THE \$2 BOOK BIN
OPEN WED-SAT 10 A.M. - 5 P.M.

****Accepting Application****
for Summer Student
Employment.



250-569-0133

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Apply with Resume at the Beanery 2
Open M-F: 6-5p.m. Sat. & Sun.: 9-5p.m.

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References Available

Ph: 250-569-0221 Cell: 250-569-7154

Gary Schwartz
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250-569-3319

250-569-0101
600 - 1st Ave.
Monday - Saturday!
11am - 11pm

The Giggin' Gristly Pub is always looking for great people who want to work with other great people in a super environment.

Whatever you're looking for, there's a pretty good chance The Giggin' Gristly Pub has a position that fits. We offer a competitive wage and enjoy ourselves in a friendly, supportive environment. We currently have positions open for serving staff and kitchen line positions. Please feel free to email or drop off resumes.

Email: num269@telus.net

Robson Valley

Pet



Hostel

Grooming & Boarding

Ann Schwartz
Animal Health Technician

* 250-569-3319
New Website with information
and galleries: www.pethostel.ca

What do you call a cow that always drops things? Butterfingers!
Give us a shout, we'll come on out!

Robson Valley Septic
"Your business is our business!"
(250) 569-7812
NOW OPEN FOR THE SEASON! ©

northern health

The northern way of caring

THE PUBLIC HEALTH UNIT WILL BE HOSTING THERE 5 YEAR OLD HEALTH FAIR JUNE 3, 2014 FROM 9:30AM TO 3:00PM.

IF YOUR CHILD WAS BORN

JANUARY 1 TO DECEMBER 31, 2009 PLEASE CALL 569-2251

EXT. 2026 TO ATTEND THIS EVENT.

OUR THEME WILL BE BASED ON HEALTH AND SAFETY WITH THE EMPHASIS ON

VISION & HEARING SCREENING, DENTAL, AND IMMUNIZATION FOR THIS AGE GROUP. THERE WILL BE A PRIZE AND REFRESHMENTS ALONG WITH LOTS OF FUN EVENTS.

COMMUNITY ANNOUNCEMENTS

27th Annual Ducks Unlimited Event: McBride Ducks Unlimited Dinner and Auction, May 31st, 6:00pm at the Robson Valley Community Centre. Call Allan Federick at 250-569-8866 for tickets. County Turners Square Dancing Thursdays 7-9p.m. in the McBride Centennial Elementary School Gym. New Dancers Welcome. No Experience Necessary. No Cost. We will be ending May 29 and resume again in the fall. Interested? Visit our demos June 6, 2-3pm & June 7 10am at Steve Koldia Park.

LIBRARY NEWS

Norden the Magician will be coming to the Elementary School as a library guest. Thursday, May 22nd at 1:00pm. All young people welcome! Join us for lots of laughs and other "funny business"! May's Book Club Theme: World War One Fiction and Nonfiction, 1914-2014. Anne Perry, Joseph Boyden, Ken Follet, Kate Morton, Adriana Trigiani, Paul Cross, and more. Come check out a title and join us on May 22nd, 2:30pm!

Ready, Set, Learn at the Elementary School. Tuesdays, 10:30 - 11:30am. Caregivers and their 3-5 year olds, join Martina for stories, crafts and play-based learning. Call 569-2721 to register or for more information.

Free Legal Advice via Skype at the Library. Tuesday, May 27th at 7:30pm. Legal questions? Come chat with Barrister Jesse Stamm via the internet. Free, private, 15 minute sessions available on first-come, first-serve basis.

Perennial Sale! Saturday, May 31st, from 10:00 am to 2:00 pm, beside the Indoor Market in McBride. If you have plants to donate, please bring them by the Market before 10am on the 31st. Questions? Call Heather Zahn at 569-8876. Thank you in advance for supporting this fundraiser for the Library and Museum.

May 31st at 2:30pm. Scrabble's On! at the McBride Library. All Scrabblers (or wannabes) welcome!

BUY, SELL, RENT & MISC.

For Sale-New stained wooden 6' hexagon picnic table, seats 6 adults, \$175. Free, 7 large used sealed fixed pane windows, misc. sizes, wood jambs. Older metal 34" exterior door with window. 8'x16" concrete hollow blocks at discount price, 96 pcs. Phone 250-968-4322. For Rent-One bedroom main floor house close to hospital. Non smoking. Available July 1. \$575/month + utilities. Phone 250-566-1427 for inquiries. For Sale-300 gallon oil tank for furnace. Excellent shape, kept in the house. Comes with galvanized fittings and venting. \$150. Phone 250-569-7769. For Sale-23" Insignia flat screen tv hardly used, blue ray disc player used once, dvd player, shaw satellite receiver and dish. 300.00 obo. Heimiger electric hand sheep shears used once, 250.00. 569-7635. For Sale-SITF Aluminum sided deck (approx. 7 ft. long) for short box full sized pick-up. Has extendable sides, LED lights, & 2 piece ramp. Excellent condition. \$1400.00, includes two 'Super Clamps', (\$1300 without clamps). View in Dunster. Call 403-828-7725. For Sale-11HP Briggs&Straton 5500 watt generator. Run time 5-1/2 hrs. Priced at \$1350, new price \$2200. Roxton Glider Rocker & Footstool, asking \$150. TV Cabinet w/storage and sliding shelf, asking \$35. Fig Tree 8' tall, \$20. Ping Pong Table \$25. Phone 569-2444. For Sale-3 Cow Calf Pairs \$1600 a pair. Birch Firewood - Palletized + or - 1/2 Cord \$75.00. Come and get it while it lasts. Ph:250-553-2365. For Sale-Beautiful Yamaha gloss black upright Piano with bench. \$3400.00. Phone 250-569-2625. FOR RENT- 816A, 4th Ave., 3 br, 1.5 bath. No smoking, utilities incl. \$650, 826A, 4th Ave., 3 br, 1.5 bath full basement, utilities not incl. \$650. ph 250-569-2596. For Sale-2007 Can Am Outlander new winch. Moose Plow Snow Plow 88 hrs. 90 km, like new \$7200 firm, with tire chains, 24x12 Wall Tent. 2 rooms one detachable, tubing frame, new wood stove, like new, \$3200.00. New \$5200.00 used once. Call Roger 780-303-0022, McBride. For Sale-12" Bench Drill Press with laser line \$150, Bosch 12" dual bevel mitre saw \$250, 1951 CJ3 Willys Jeep \$3000. Phone 569-7635. For Sale-1999 Blazer, low miles, good condition, \$5000, Complete Darkroom Equipment with Enlarger \$200. Ph:250-569-3343. For Sale-Mobile Home with all appliances and shop on 2 acres. Located on Dore River Road, McBride. Gravity spring water, access to 3 snowmobile areas. \$139,000. Phone 250-569-2471. For Sale-Insulated Safety Coversalls, 12 chain saws, 5 large Husky brushsaws, will buy or take non running saws on trade. Phone Warren. Ph:569-7469. For Sale-2001 Excursion Limited 230,000 \$7500 o.b.o., 10' Tandem Utility Trailer 7000 lb. capacity \$1500, 8 BC Hydr Built Commercial Camper-Back used for construction. \$500. Ph:250-569-7504. Mobile home for sale - REDUCED - #22 Mountainview Trailer Park, \$18,000, all offers considered. Call Adam Roth 250-569-6809. To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00. DORCAS Open on Tuesdays 1-3p.m. If you have any needs call Terry 569-2479 or Carol 569-4031. Foodbank contact number is 569-3186. Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am, and Wednesdays at 7p.m. Phone: Ph:569-3370. Memorial Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-7297. Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350. Anglican United Church-441 Dominion Street. Meet Sundays at 10:00 a.m. Phone 569-3206 or 569-3386. Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378. Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335. St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Greyhound Bus Schedule The Farm Store (Closed Sun.) 569-0425 Depart to East - 11:45pm Daily (Valemount, Jasper, Edmonton) Depart to West - 5:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:eglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines (Oscar & Broom)

All articles and ads are not the expressed opinion of this paper.

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It PAYS to Recycle
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McBride Bottle Depot: 552 Main St. 569-7760

OPEN: Thur, Fri, Sat, 10am - 5pm (closed for noon hrs)

Lot For Sale

70x120 Located next to 1138 McBride Cres. \$45,000. Call 250-569-7133.

Country Chic Beauty Salon

We are proud to announce that we are now a certified greencircle salon! This means we can recycle everything from spa waste, foils and hair, to chemicals and much more!

For the month of May when you bring in ANY used product bottles/aerosols (with or without product left inside) you will receive 10% off any in-store product. Thank you for supporting us being GREEN!

Open Monday-Friday (unless otherwise posted).
250-569-2344 Follow us on facebook!
www.countrychicbeautysalon.com

McBride Employment Services Centre

MAY WORKSHOP

Friday, May 30th

10am to 12 noon

Introduction to

9 Essential Employment Skills

Robson Valley Support Society

Everyone welcome!

Alaina Chapman

250 566-1040

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or was his law nailed to the cross?

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To see what's 'new' visit our Facebook page:

http://facebook.com/houseofjasper or,

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HOW'S BONNIE

Dave and Carol would like this loving, caring, praying, supporting community to know how Bonnie is doing. She had a 13-1/2 hour surgery to remove this tumour in her face. They took parts from her shoulder and side to reconstruct the floor of her eye, root of her mouth and some of her right upper gum. Surgery went well removing all the tumour. She improved daily, with swelling there were bumps along the way. Bonnie needing blood transfusions, fevers twice, and throwing up with a trach. The doctors and nurses were quick on things and improvement came quite fast on issues. Bonnie was not allowed anything in mouth for seven days. For all the things she went through the prayers and encouraging words gave her strength. The end of June she starts 6 weeks radiation treatments in Prince George. Bonnie still has a lot of recovery but every day there is a bit. We the family of Bonnie Barnett thank you for the continued prayers and encouraging words. Love from us all.

YARD SALES

YARD SALE - 3275 Jeck Road, McBride on Saturday, May 24 from 9am to 2pm. We just moved and have lots of stuff for sale.

Indoor Yard Sale at the park side of the McBride Hotel (in the old restaurant) on Saturday, May 24 and Sunday, May 25 from 10am to 5pm.

Multi-Family Yard sale, in DUNSTER, May 31, 10:00AM - 2:00PM. Cuipts: 6161 Dunster Station Rd., McNaughtons: 6445 Pepper Pit Rd., Craigues: 7000 Channel Rd. And probably more families in the same area come May 31. Maps will be provided. Come and see what you might have missed on Mother's Day, plus LOTS MORE. Call Karen Craigue with questions 250-968-4461.

BIRTHDAY WISHES MAY 21-27

Gail MacDonald, Christina Hughes, Kolby Reichert, Kristin Carmont, Leonard McCarty, Eric Klaubauf, John Proulx, Maie Remmele, Nana Diane, Sharon Perkins, Thomas Carlson-Bressette, Delaney MacKinnon, Gina Kersewell, Parker Hodgins, Travis Franke, Ashley Chupka, Gary Schwartz, Debbie Traquanir, Margaret Franke, Marian McNaughton, Rico Vizza, and to any one else we missed, Happy Birthday!

SOCIAL MEDIA SAFETY AND

AWARENESS PRESENTATION

Jesse Miller is an international public speaker on the topic of Social Media Safety and Awareness.

Some people feel they have missed the boat when it comes to social media while others have jumped into the pool without the knowledge or skill to swim with the big fish. Parents upload content on a daily basis to social media websites thinking that information is shared solely with friends and family unaware of the numerous avenues personal information travels once on the Internet.

If you are a parent or a professional group and have a desire to learn more about social networking, positive social media interaction with friends and family, or you just want to learn more about what the kids are really doing on-line come out and meet Jesse Miller at the McBride Secondary School on Tuesday, May 27th at 6:30 p.m. in the auditorium. The presentation is open to anyone who wishes to attend.

MCBRIDE SCHOOL NEWS

MCBRIDE SECONDARY VOLUNTEER/SPONSOR APPRECIATION BBQ. In appreciation, the staff and students of the McBride Secondary School would like to host a barbecue at the school 11:00 - 12:30 p.m. on Wednesday, June 11th. We would like to thank all those who have volunteered, coached, or sponsored one of our school teams, or school organized trips or purchased a 2014-15 Community calendar or Yearbook ad. If you will be attending please contact the school by Friday, May 30th at 250-569-2295.

PRESENTATION

Must hear - Presentation by Dr. Brian Manounous entitled **Glacier Change In Western Canada. Where? The Roundhouse Theatre** in the McBride Secondary School. May 22, 2014 at 7:00pm. Dr. Manounous is an associate professor of Earth Sciences and Canada Research Chair in Glacier Change Geography Program and Natural Resources and Environmental Studies Institute at UNBC. Dr. Manounous says 'Glaciers are an important natural resource in the mountains of western Canada; they are also sensitive indicators of climate change. The response of glaciers to past and present climate change depends on many factors, many of which are indirectly related to climate. My presentation will discuss our current understanding of past and present glacier change in western Canada. I consider some of the important challenges that must be addressed to better understand the fate of mountain glaciers in a warmer world. Dr. Manounous has a keen interest in studying the glaciers in the Robson Valley and those in the Dore river Drainage in particular. Dr. Manounous has just returned from giving a presentation on this subject to a gathering of glaciologists in Vienna Austria. This presentation is sponsored by the McBride and District Chamber of Commerce.

Take a Break in McBride...B.G.'s Friendfest Town?!

SEED SECURITY

Invitation to Join an Important Regional and Canadian Seed Security Initiative. Wendy and I want to express our deep joy for the growing number of certified organic farmers in our Region. Just two years ago, there were only four of us and today there are ten in various transitional efforts - evidence of the growing need and interest in organic and sustainable living. We have been working with Rupert Adams and Seeds of Diversity Canada regarding the need for developing more regionally adapted plants and seeds, and are planning a gathering at our farm to begin a Prince George/Robson Valley Regional Initiative. Wendy and I would like to invite each of our organic farmer community friends to come to our farm on Sunday, May 25th for a discussion around this important subject - and begin to build a community around regional food security. We know this is a very busy time of the year for all of us, however, we look forward to spending a few hours together starting at 1:00PM on Sunday, May 25th. Rupert Adams will be visiting Wendy and me for a few days from May 22nd thru May 26th. Rupert has been growing food, medicinal herbs and seeds for around 13 years, through intentional communities, organic and bio-dynamic farms. He has spent the past eight years working with Salt Spring Seeds, Dan Jason, and the Salt Spring Seed Sanctuary. During his time he has been working alongside many seed growers to actively increase the production and availability of ecologically grown seed, to meet an ever-increasing demand. Participating and teaching at various Seed Saving and Community Seed Bank workshops he is a passionate "seedy". Continuing to grow food and medicinal herb seeds, Rupert is now also working with the Bauta Family Initiative on Canadian Seed Security, an initiative whose focus is to increase the availability of ecologically grown seed in Canada. Rupert is committed to working with farmers and growers to facilitate the move towards seed and hence food security in Canada. Our road is finally dried out - so you will have no problems coming in to the farm even in a small car. We would ask that everyone bring a lawn chair, and any snacks or drinks to add to our refreshments. We are looking forward to this gathering, even in this very busy part of our season. Our local food security and building community around this important subject warrants all of us to make a few hours for coming together. Invite any of your friends who may also be interested in joining this community effort. With Kindness and Gratitude, Garry & Wendy Lowe.