

MORELS

Due to your support and patronage we have increased our hours.

Tuesday to Sunday 8am to 8pm
 Thank you for your patience.

Wishing everyone a Happy New Year from the staff at MORELS

NOTICE OF AGM

McBride and District Chamber of Commerce
 Annual General Meeting
 January 22, 2014, McBride E-Free Church, 135 Lonsdale
 Doors open at 6:30pm, AGM at 7:00 pm
 Memberships can be paid up until the start of the meeting, you must be a member in good standing in order to vote at the AGM.
 For a complete agenda package, log in to your account at www.mcbridechamber.ca
 Refreshments, great information and good company - we look forward to your participation!

REALLY NICE STONEMORK!!!

Call Adam Robb Stonehewer
 250-569-6809 adamrobbs@stonehewer.com
 "Rocking the Robson Valley!"

Stone Pillars! Firepits! Birdbaths! Fountains!
 Get it made in my shop this winter and start Spring in Style!
 No mess on your lawn! Discounted prices! Call now!

NEEDAMAN?

Adam's also looking for any odd job this winter. Handy-man extraordinaire but also great at dumb labor! Give me a call at 569-68809. Thank you!

Infinity

Toll Free 1 855 566 4225
 info@telus.net

- Shop for Vitamins, Foods, Gluten Free Products, Gifts & more
- Pickup prepaid orders on any of our Valermount stock delivered 3 days a week.
- Special order Vitamins, Bulk Food Bags / Cases, Computer Inks & Accessories and more ...

PAUL HEIGHT CHARTERED ACCOUNTANT

In Jasper and serving the Robson Valley

Telephone 1-780-852-4000

Fax 1-780-852-5762

Email height@incentre.net

McBride Employment Services Centre
JANUARY WORKSHOPS
January 9th Work Maintenance

Holding on to the job once you have found it.

January 23rd Invincible Interviews

Acing the job interview.

Robson Valley Support Society Everyone welcome!



Vanderhoof & Districts
 Co-operative
 Association

DRIVERS SALES REPRESENTATIVE
 For Commercial and Farm Personal Contact where high level of customer service is Job One.
Delivering Fuel East to McBride

Greg Belshaw
 990 Railway Road
 Prince George, B.C.
 Toll Free 1-866-309-2667
 Home 250-963-9011

Vanderhoof Head Office
 Phone 250-564-3488
 Fax 250-567-4490
 Cell 250-565-8436

COPPERSTONE HOMES LTD.

Licensed Residential Home Builders and Renovators

NEW HOME WARRANTY

Dwayne 250-569-7040
 dwayne@copperstonehomesltd.com
 Cody 250-569-4489
 cody@copperstonehomesltd.com



FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!
 For the week of *Wednesday, January 8th, 2014*

THANK YOU

I would like to thank Dr. Cunningham and the nurses and staff of the McBride Hospital. Plus friends and neighbours for helping me during my recent injury.
 Thanks so much, Warren.
 I would like to give a huge thank you to the community of McBride as I have been extremely sick in the Hospital for 3 months where the Drs. in Vancouver and PG wanted to put me into a hospice. During this time the people in the community, including the elementary school, Royal Purple and Elks Club, food bank and many other family's have helped support my family in my extended absence in the Hospital. They have helped support us in the ways of groceries, Christmas presents for Nicholas, and even school pictures! We would like to thank you for all your help in our time of need, and all the prayers and thoughts that have brought me this far in my journey of recovery as I'm still in the Hospital and will be for a while. God Bless - Mellisa Luff, Eugene, Maude and Nicholas Luff.

SENIOR MENS HOCKEY

Over 40's vs Valermount on Saturday, January 11 at 6:00 p.m. Concession will be Open.

SCHOOL NEWS

The students & staff participated in the annual Food Bank drive throughout December and did an outstanding job contributing to the communities Food Bank. Thank you to the Elks & Royal Purple for picking up & distributing the food & toys.

THANK YOU to parents/grandparents & staff for helping with the Christmas Formal Dance. Without the help of everyone the dances would not be possible.

THANK YOU to Community Forest members along with Mrs. Vizza & Mrs. Krenzler for making a fabulous Christmas Breakfast during the last week of classes in December. Everyone appreciated the effort!

Upcoming: Community Calendars will be delivered by Feb. 1. If you do not receive your calendar, please call Christine Monroe 250-569-0090.

Exam Schedule will be posted shortly.

COMING EVENTS

"Community Potluck" Starting January 16 every Thursday. When: 5 - 7p.m. eat 5:30 - 6pm. Where: RVM, 488 Main St. Info: call (250)569-2645. All welcome, bring food to share, drinks, dishes, cutlery provided FREE.

MARK YOUR CALENDARS!!! Robson Valley Support Society presents: Nobody's Perfect Parenting Program beginning January 21. Join us for this 6 week parent led parenting program running from January 21-February 25 at RVSS. Work with other parents and guardians in conversation regarding all things kid and share experiences. Happening every Tuesday (starting January 21) in McBride 10am-noon. FREE CHILDCARE PROVIDED **PRE REGISTRATION IS REQUIRED FOR CHILDCARE** Contact Facilitators Jen or Bob at 250-569-2266 to register.

NOTICE OF AGM - The Whistle Stop Gallery society AGM will be held on January 16th, 7:00PM in the Legion Hall. All members are welcome to attend.

Amplify! A group for girls ages 11-14. This six week workshop will provide girls a space to engage in meaningful activity and conversation. Meeting dates are Jan. 17, Feb. 7, Mar. 14, Apr. 18, May 16, & June 13 from 3:15-4:15 at Robson Valley Support Society in McBride. Please call to sign up! 250-569-2266.

The January meeting of the McBride Snowmobile Club has been cancelled. Next meeting will be held Wednesday, February 6th. Dunster Community Association Annual General Meeting, Tuesday, January 21, 7:00-9:00pm. Dunster Community Hall. Please call DCA President, Lelani Arris at 968-4401 with agenda items. Everyone Welcome!

MARK YOUR CALENDARS - Nobody's Perfect Parenting Program. Join us for this 6 week parent led parenting program running from January 21 - February 25 at RVSS. Join other parents and guardians in conversation regarding all things 'kid' and share experiences. Happening every Tuesday (starting January 21) in McBride 10am-noon. FREE CHILDCARE PROVIDED. Contact Facilitators Jen or Bob at 250-569-2266 to register.

Country Turners Square Dancing -Thursdays 7-9p.m. -McBride Centennial Elementary School Gym -New Dancers Welcome, No Experience Necessary, No Cost.

Via-Rail Schedule	varrail.ca	Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday		2:44pm
Going East - Monday, Thursday, Saturday		1:48pm
Discounts for 1 or 3 days advance booking.		

Important Phone Numbers

EMERGENCY	9-1-1	Gov't Services BC	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg 1 Dist	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
School District 57	Dental Office	The Little McBride Paper	569-3110
1-800-256-7857	(250) 569-3434		
Report Forest Fires	1-800-663-5555		

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.'s Friendliest Town!!

Advantage Insurance Services Ltd.
 Rosemary L. Hruby, CAIB
 250-569-2264

REMEMBER

We're OPEN

Saturdays 10:00am to 3:00pm

FIREWOOD FOR SALE

\$140 a cord, split 100 round.
 Discounts on multi cord order of 3 or more cord.
 Senior Discount - 20%

Terry Pallagi - 778-258-0063
 McBride to Valermount.



BLADE BUCKET BLOWER DUMP BOX TRAILER

We can't stop it from coming, but we can keep it out of your way!

DAWN 250-569-7758 or 7050

Country Chic Beauty Salon

Beat the winter blues with these hot savings!
 -Buy 40 tanning minutes for only \$40! A savings of \$20!
 And receive 10% off any tanning lotion.

-15% off LANZA keratin healing oil

NEW this year! Receive a discount on services and product for your birthday!
 (valid the week of your bday)

Open Monday-Friday (unless otherwise posted).
 250-569-2344
 Follow us on facebook!
www.countrychicbeautysalon.com

DNG Developments

For Sale

- 2010, Chev Malibu,
- 2.4 litre, leather, 90,000km,
- #0430, \$9,995.00.

Call 250-569-0343 for more information.

Rent - a - Chef



GOLDEN PALATE LTD.,
 Chef Valerie Marcoff

marcoff1@telus.net
 250-569-0113

RED BULL	250 ml ~ 2 for ~ \$4.00
	or 4 pack for ~ \$7.79
DORITOS	245-260 g ~ 2 for ~ \$6.00



AVAILANCHE PACK RENTALS Available
Husky 569-2441

McBride AG Foods

569-0140

OPEN DAILY 6:15am to 6:15pm
FRESH FISH FRIDAY!!!

- This Week
- Steelhead
- Cod

ALWAYS CANADIAN

EARLY RISERS? We are OPEN at 6:15am Daily
 OPEN Mon.-Thurs. 6:15-6, Fri. 6:15-7, Sat. 6:15-6, Sun. 6:15-5

NEW TO McBRIDE 250-569-7023

Davis Plumbing & Heating

in association with

Caputo & Sons Contracting

We take care of all your plumbing needs.
10% Discount to all senior citizens.

Only 1/2 hr. minimum charge.

**Hot Water Tank - 44 US Gallon
includes Basic Installation
\$550.00**



GIGGIN' GRIZZLY PUB

250-569-0101

600 - 1st Avenue McBride, BC V0J 2E0

FAMILY BREAKFAST BUFFET

SATURDAY 7AM - 10AM

The perfect weekend hang-out spot for family, friends, and tourists.

Everyone can enjoy the Giggin' Grizzly's one-of-a-kind breakfast buffet
located in our banquet facility.

Buffet Features:

fresh fruits ~ bagels ~ muffins ~ breakfast scrambles breakfast wraps
scrambled eggs ~ eggs benedict ~ bacon ~ sausage ~ ham
country style potatoes waffles ~ french toast ~ pancakes ~ yogurt
oatmeal ~ cereals ~ juices ~ coffee ~ tea ~ hot chocolate

DIFFERENT VARIETY OF FOOD EACH TIME

**\$ 15.00 Adults (taxes included)
\$ 7.00 Children (taxes included)**

-WALK-INS WELCOME-

RESERVATIONS SUGGESTED FOR LARGE GROUPS.

**How do you talk to a fish?
Drop them a line!**

Got Problems? We'll take the bait!

Robson Valley Septic

(250) 569-7812

"Your business is our business!"

Closed till May,
but always available for emergencies!

COMMUNITY ANNOUNCEMENTS

Anyone interested in Yoga, aerobics, weights, balance ball, etc. using DVD's and VHS?? Times to suit your schedule. M-Sat Free. Call Barb (250)569-2645 or 0344, January & February ONLY. Don't Miss Out!

Well, it is truly hard to believe that it's been 10 years...what could be better for 2014 than a 10th Anniversary Edition of the "Tastes of Home - Recipes from the Robson Valley"? This project, once again, will be to raise funds for our (local Scotiabank McBride Branch) fundraising efforts for the B.C. Children's Hospital. We will have recipe sheets available in branch, so feel free to pick up a hand-full and fill them in with your favourite recipes handed down from generations or delicious concoctions you've thrown together on a whim; then drop them off for inclusion in the cookbook. (Please make sure the forms are legible and that you've included all the important stuff like measurements, ingredients, temperatures and times, etc.) We are able to sell ad space this time, so any businesses that would like to support the project by purchasing space your contributions will be greatly appreciated. A business card sized ad is \$30, half page is \$50 and a full page is \$100. All ads MUST be in a ready-to-print format (sent to us via email). We will also be accepting donations from "Supporters" who don't necessarily have anything to advertise but would like their name printed on a special acknowledgement page. Our first edition was very popular and is a go-to in many households, your contribution via recipes and/or advertising will be greatly appreciated and will help to form another fantastic cookbook. Recipes from McBride, Dunster, Dome Creek, Crescent Spur, Valemount and Prince George and all the households in between will make this a grand gem to be cherished for another 10 years (probably longer!) Recipe collection starts immediately and will continue for a couple of months so there's lots of time to dig out your recipes and contribute. We hope to have the book available for sale in May. If you have any questions feel free to contact the branch. Thank you in advance for your generosity in recipes and support! Scotiabank McBride Branch.

The Dry Grad Trip 2014 is going to Alaska! If you have any odd jobs to help with fundraising please contact Christine Monroe at (250)569 0090. We appreciate the support of our community!!

BIRTHDAY WISHES JANUARY 8 - 14

Mick Callas, Tracy MacMaster, Mark Frissen, Roy Howard, Lili Wagner, Ryan Vaughan, Sherry Wiltsie, Asiya Divleli, Colton Moore, Jemette Chinpka, Justin Starlund, Marc von der Gonna, and to any one else we missed, Happy Birthday.

LIBRARY NEWS

McBride Parent-Child Group, Mondays at 10am in the Annex. Open to all caregivers and their kids. Drop by for play time and to meet with other families!

French Conversation Club, Tuesdays at 12pm in the Annex. Bonjour! Bring your lunch and join Carol Hammar for some French fun. All interests welcome!

Music Jam, Tuesdays at 7pm in the Annex. Tired of playing alone? Want to learn new music? Come out for bluegrass, folk, country, and rock. Call David Marchant at 569-2569 for more info. Mother Goose and her Goslings, Wednesdays at 10:30am. Robson Valley Support Society and the Library bring you an hour of songs, stories, and fingerplay fun! Aimed at children ages 0-3. German Conversation Club, Wednesdays at 3:30pm. Join Lisann to learn a little German. All interests welcome! Teen Games Zone, Fridays at 7pm. Board games, Xbox, tournaments and fun! Ages 13+.

TIMBER SUPPLY REVIEW

The Ministry of Forests, Lands and Natural Resource Operations released a public discussion paper as part of a comprehensive timber supply review for the Robson Valley timber supply area. The public discussion paper, along with relevant input received from the public, stakeholders and First Nations, will support the Chief Forester's decision on a new allowable annual cut for the timber supply area. The Public Discussion Paper is available online at: <http://www.for.gov.bc.ca/hts/sas/sa17/index.htm> from the district office: from Norma Stromberg-Jones (address, phone and email noted below). You are invited to review the document and provide comments by February 3, 2014. By email: Norma.StrombergJones@gov.bc.ca By mail: Ministry of Forests, Lands and Natural Resource Operations, McBride Field Office, 300 Robson Centre, Box 40, McBride, BC V0J 2E0. Attention: Norma Stromberg-Jones.

BUY, SELL, RENT & MISC.

For Sale-Flat deck trailer double axle 20' with hitch, plates expired December 2013. 750.00. Trailer base good tires 10' plus hitch excellent for hauling a water tank etc. 300.00. Fuel tank 80"x36" diameter 100.00. Tidy tank 22"x28"x50" 200.00. Fuel tank can be used for propane as well 2'x3' 100.00. Old side cupboard 100 yrs plus 100.00. Scale, used for train baggage, three extra weights 100.00. Countertop, has place for double sink 10' pink/mauve no marks 10.00. Vanity/sink/drawers/cupboards cream 10.00. Phone 250-569-7635**For Sale-Yellow older stove, works OK. \$50. 2 seat love couch & chair, fair shape, \$50. 4 Yokohama winter tires on Sunfire rims, used 2 winters, good tread, \$100. Phone Perry 569-0403**For Sale-Fresh farm eggs (\$3.25) 569-7764 Noah and Ezra**For Sale-2002 RM 80 jr Suzuki \$150; 14" studded winter tires \$100. 569-7764**For Sale-11 boxes of Cedar laminate flooring with underlay. 226 sq. ft. please Ph. 569-2672**For Sale-Kennmore dishwasher \$100, in good shape. Ph:569-0395**For Sale-1999 Chevy Blazer LS, 186,250 km. Good condition inside and out. Well maintained. Full power accessories, Light Force spots. Asking \$5,000 open to reasonable offers. Ph:250-569-3343**For Sale-350 Honda 4x4 2002 Deluxe Model electric hand warmers. Lift kit, one size bigger tires & rims, winch, excellent condition, asking \$3500.00 o.b.o. Ph:250-569-0260**For Sale-Locally, naturally grown Red hard spring wheat (no chemical) for baking nutritious bread, etc. Also feed wheat available for your pigs, chickens, etc. Will grind feed upon request. Contact Tim @ 569-0012, cell 569-7638**For Sale- Round Hay, under cover. Call Vince at 250-961-9156**For Sale-2006 Ford F250 4x4 Crew Cab Short Box, 184k \$6000. Ph: Les 778-258-0034**For Sale-APEX Catalytic Combustor Wood Furnace, exc. cond., like new, \$2300 obo. Phone or Text 250-569-7112**For Sale-4 Chevy pick-up 16 inch - 6 bolt alloy rims. Nice shape, \$200. Call Chuck 968-4400**For Sale-Clothes Dryer \$100 Ph:569-2672**For Sale-2004 Toyota Echo - 5-speed manual, 5-door hatchback in excellent shape inside and out. 145000km. Silver exterior, grey interior. 2nd owner, never smoked in, no pets. Oil changed every 5000km, all service records/receipts. Amazing mileage - 5,11/100km (48mpg). Includes 2nd set of 4 Toyota rims. Upgraded JVC stereo with mp3, aux input jack CD player, remote control. Rubber floor mats, block heater. \$5800. Call or text 250-569-7685**For sale-White 1998 GMC 3500 crewcab 4x4 V8 auto with 6'x8' steel deck for parts only near Dunster for \$500 + GST call Paul at 1-780-852-4000**Mobile home for sale - REDUCED - #22 Mountainview Trailer Park, \$18,000, all offers considered. Call Adam Roth 250-569-6809**For Sale-14x70 Mobile Home, small addition, 2 out buildings, 2 bedroom and office/storage room, propane furnace & radiant heater, bay window & appliances. \$18,000 obo. Phone 569-7487**To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00-3:00 & Fri. 1:00-3:00**Dorcas Closed until Jan. 7. Open on Tuesdays 1-3p.m. If you have any needs call Terry 569-2479 or Carol 569-4031. Foodbank contact number is 569-3186**Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370**Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-7297**Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350**Anglican United Church-441 Dominion Street. Meet Sundays at 10:00 a.m. Phone 569-3206 or 569-3386. Evangelical Free Church-Worship Gathering at 10:30am. Ph:569-2378**Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Greyhound Bus Schedule The Farm Store (Closed Sun), 569-0425 Depart to East - 11:45pm Daily (Valemount, Jasper, Edmonton) Depart to West - 5:40am Daily (Prince George)

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom All articles and ads are not the expressed opinion of this paper.

Take a Break in McBride...B.C.'s Friendliest Town!!

Registered Massage Therapist

Alaina Chapman

McBride Mon/Wed 250 566-1040

Chimney Cleaning Services

call or txt 569-7885 or

email at littlezcontracting@hotmail.ca

250-569-0320

Wahoo Enterprises

HOUSEKEEPER NEEDED

BEAVER CREEK LODGE

PLEASE PHONE 250-569-0057 OR STOP BY

Do you want to know the truth about God and the future?

Contact 250-569-2471

Glass Cutting, Picture Printing,

Matting and Framing

call Bill Arnold 569-3381

FIREWOOD FOR SALE

CALL DAVID 569-0028

COUNTRY ROAD

REPAIR SERVICE LTD.

399 Main St.

250-569-3292

Congratulations to Jeremiah Alspaugh for winning our Free Oil Change coloring contest. We hope you enjoy the basket.

SNOW REMOVAL

ph: 250-569-0448 or 250-569-3310



Would you believe the Grinch tried to take our tree and I stopped him before he could get it up the chimney?

OFFICE SPACE FOR RENT

Located at 852, 2nd Ave., McBride, BC

Heat & light included with paved parking.

\$350 - \$450 per month.

Contact Judy at 250-569-7717

Cougar Den Cabins

250-569-7308

Daily, Weekly & Monthly Rates

1800 samson rd. mcbride (bottom of lucelle mountain)

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

Robson Valley Pet Grooming & Boarding

Serving locally for 29 years - animal health technician

•Did your pet come in to the new year market? •Let us help? Gentle care for every animal.

•Call 250-569-3319 for an appointment. Ann Schwartz

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782 FOR AN APPOINTMENT.

-IN McBRIDE EVERY THURSDAY-

SCARE CROW FARM B&B ☎ 569 0351

Snowmobilers welcome. Safe parking

Hot tub - Drying room - Heated shop

email: scarecrow@mcbridebc.com 15km West on Highway 16



15km West on Highway 16

It PAYS to Recycle

Your Beverage & Milk Containers

McBride Bottle Depot: 552 Main St. • 569-7760

Open: Thur, Fri, Sat, 10am - 5pm (Closed for noon hrs)

Make your



New Years Resolution

coffee at the Beanery 2!!!

Open M-F:6-5p.m. Sat.:9-5p.m. Sun. & Stats:Closed

250-569-0133

Frank and Sons Automotive Ltd.

Mechanical Repairs ~ Windshields ~ Tires

Thank you to all our loyal customers.

Happy New Year!

Regular Hours: M-F 9-5

975 Airport Road ~ 250.569.8830

SHOP SMALL

Local businesses give you best service and prices.

They are here in person to stand behind their products.

They depend on you....you can depend on them.