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Robson Valley Support Society

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Contact Bob Thompson 569-2266
Funded by the
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FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!
For the week of Wednesday, February 9th, 2011

HAPPY VALENTINE'S DAY!!!

DON'T FORGET LADIES CURLING / ODDTIMERS HOCKEY ~ COME OUT AND SUPPORT YOUR TOWN! ODDTIMERS HOCKEY

McBride Old Timer's Tournament is February 11, 12 & 13. Friday Night is Food Bank Night. Please support our local Food Bank by bringing a Canned or Non-perishable food item to the Game and come cheer us on.

COMING EVENTS

A Mid-Winter Tea - An Evening of Music and Verse. Hosted by Fatton, Faythe and Connor Wildeman •Featuring Various Local Talent *Sumptuous Cream Tea. Decadent Desserts *Door Prizes.
Date: Thursday, February 10 **Time:** 7:00 p.m. **Location:** Evangelical Free Church Lounge. *Admission by donation with all proceeds Supporting Siyabonga African Children. •R.S.V.P. - 569-0252/7775 if possible. If not, come anyway.
You and your family are invited to a series of Gospel Services every Friday from Feb. 4 to Feb. 25 from 7:30-8:30pm at the Legion Hall. Money Wood, Dwayne Powell.

"Local Art & Artisans" This is a show of counted cross stitch, pottery, quilting, weaving and zipper art. On exhibit until Feb. 28 at the Museum/Library Building at 241 Dominion Street, McBride.
MOVIE NITE

McBride Secondary will be hosting **MOVIE NITE** at the Roundhouse Theatre on Friday, February 18th. Tickets are \$5.00 at Steedman's, McBride Trading Company, or at McBride Secondary and \$6.00 at the door. A concession is available.
The 4:30 movie is Walt Disney's TANGLED.
The 7:00 movie is BURLESQUE.

GRAFTS FOR WEE ONES

An event bringing together families with 2 year olds for crafts, snacks and activities. **McBRIDE** Start Date: February 22, 2011. **VALEMOUNT** February 24, 2011. Place: *Health Unit*. Times: Choose from 9-10am, 11-12pm, or 2-3pm. For more information or to call and book a time Call the McBride Health Unit (250) 569-2251 ext. 226 or the Valemount Health Unit (250) 566-9138 ext. 228. 1 hour of fun with your 2 year old (must be 2 by Feb. 28). Small group craft activities to promote fine motor and speech development. Free bag of exciting craft supplies to take home. Siblings welcome. Provided by your Public Health Nurse. Infant Development Consultant. Speech and Language Pathologist. 4 weeks of craft fun to follow up on Thursdays. Follow ups are drop in only. Funds Provided by: Children First Community Grant.

THANK YOU!!!

Thank You to McBride Bottle Depot for your Community Support! The McBride Centennial elementary grade 4 & 5 classes are accepting bottle donations, at the depot. All Bottles donated helps to pay for the Swim Program Lessons and Transportation cost to Jasper. Please continue to help support our swim program.

Robson Valley Support Society would like to thank everyone who made the Pass It On Girls weekend retreat a huge success! The event saw girls from grades 7 through 12 from all ends of the valley come together. We would like to specially thank the Regional District of Fraser Fort George. The Village of McBride, the Village of Valemount, the Valemount Community Forest, The McBride E-Free Church, Vanessa Byron-Stanely, Leah Painter, Detrick Shaw and the McBride Secondary School, and SWOVA (Salt Spring Women Abused to Violence and Abuse).

CAPO NEWS

Our next Birthday Tea is February 9. The February meeting is on the 23rd with a potluck at noon and meeting to follow. Our new slate of officers for the 2011 year are Phyllis Toews - President, Dawna Hickerty - Secretary, Thelma Molendyk - Treasurer and Al Birnie - Vice President. Much discussion was held on the comfort of Seniors and that we no longer need to put up with abuse or bullying of any kind whether it be physical or verbal - it just will not be tolerated & needs to be reported and dealt with. Members who attended the Dunster Fine Arts School Christmas Party and Concert enjoyed themselves and we thank Dunster for having us. Your 2011 memberships are due - see Thelma Molendyk to pay them or better yet come out to the next Birthday Tea or Luncheon.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...1:48pm
Ride the Dome Car in Economy Class!

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
School District 57		The Little McBride Paper	569-3110
1-800-256-7857		Report Forest Fires - 1-800-663-5555	

Inventory B.C.-1-800-663-7867 - For Toll Free Calling to Provincial departments ...
Dial this Number 1st and ask operator to connect you to provincial department
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McBride AG Foods

FRESH FISH FRIDAY!!!
This Week
• Arctic Char • Cod

OPEN DAILY
at all 615am
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"Dutchman Specials"
16oz. Striploin Steak \$4.99 each
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OPEN Mon.-Thurs. 6:15-6, Fri. 6:15-7, Sat. 6:15-6, Sun. 6:15-5

Heartland Restaurant

Happy Valentine's Day

All specials include Soup or Salad to START
AND ARE FOLLOWED BY STRAWBERRY CHEESECAKE

T-BONE STEAK

Seafood Fettucini

Chicken Souvlaki

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Someone you know has a stone
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- and it's **GORGEOUS!!**

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and let me craft your own
local, natural unique and durable!

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BREAKFAST SPECIAL
MON.-THURS.
2 EGGS, HASHBROWNS
& TOAST
\$3.99

Valentine's Day

JOIN US ON
MONDAY, FEBRUARY 14TH
FOR VALENTINE'S DAY.
~COME CHECK OUT OUR
GREAT DINNER SPECIALS~
GREAT ATMOSPHERE

FOR THE
PERFECT DINNER
WITH YOUR LOVED ONE!!!

WEDNESDAY
BUY A 12" PIZZA
AND RECEIVE A SECOND
PIZZA HALF PRICE

- "Thank You" to all my friends who have made 2010 such a successful year!
- "Thank You" to my loyal customers who continue to support locally-made and Canadian-sourced items.
- You are making 2011 a year to remember!!! With Mike gone, it is such a pleasure to see each and every one of you who drop in to chat!
- Now, for a real **"Thank You"!**
- Bring this coupon in to Odds 'n Ends (no purchase necessary) and enter a draw for the gift basket of your choice (6 lucky people will win value packed gift baskets) Win it for yourself or for someone you love.
- The draw will be on Feb. 10 - in time for **Valentine's Day**. I look forward to seeing you, showing you the great items in the baskets, and having a chat.
- Barbara
- NAME _____

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CAPE JUNCTION

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VALENTINE'S DAY

fast approaching.
 Gifts for **HIM** and **HER**
 and Customized Gift Baskets
 for that someone Special
 ~ Chocolate Roses and
 Monogrammed Sugar Cookies ~

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 "McBride's Little Oasis"

MARKETPLACE 233 Main Street
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Don't forget Valentines Day is on Monday, February 14

We will have lots of flowers for your Sweetheart
DOZEN LONG STEM ROSES \$29.99 EACH

MarketPlace Classic 'NEW YORK' STRIPLOIN STEAK
 boneless, Big 9 oz. cut, AAA Canadian Beef marbled to perfection, aged minimum 21 days
\$ 4.99 EACH

NEIGHBOURHOOD PUB
 250-569-0101
 600 - 1st Ave.
 11am-11pm 7 Days a Week!

Welcome Curlers and Hockey Players

Join us at the Giggin' Grizzly this weekend for a Fantastic Time with Friends!

Friday Night Special Lasagna
Saturday Night Special Prime Rib Dinner
FABULOUS DRINK AND DINNER SPECIALS EVERY DAY!

MCBRIDE FAMILY FUN DAY

AT LUCILLE MOUNTAIN. Sponsored by McBride Big Country Snowmobile Club. Sunday, February 20, 2011. FROM 11:00 AM TO 3:00 PM AT LUCILLE CABIN. ***Trail Fees will be waived after 10:30am. SLEDDING, TOBOGGANING, HOT DOGS, BURGERS, HOT CHOCOLATE, POP, Kids Eat Free. Adults by Donation. EVERYONE WELCOME!!!!

BIRTHDAY WISHES Feb. 9 - 15

Les Styles, Kody Littlechild, Quinto Vizza Sr., Sara Olofsson, Bobbi-Ann Hicks, Brody Vizza, Garry Moore, Jim Chupka, Kelli Valstrand, Ron Shawara, Ron Westlund, Chelsea Johnson, Sigvald Harsrud, Jordy Eychen, Arlene Littlechild, Bob Craigue, Brooklyn Basran, Carrie Vandermey, Jynte Zwilling, Norm Lorenz, Alannah Rollinson, Marnie Molendyk, Sylvia Arnold, and to anyone else we missed. Happy Birthday.

COMMUNITY ANNOUNCEMENT

Coming to Steedmans and a Restaurant near you...Roses for Valentine's Day (a PeeWee Minor Hockey fundraiser to go to a Vancouver Canucks game, 2&0 Showdown).
McBride & District Public Library AGM: The McBride & District Public Library Annual General Meeting will be held on Tuesday, February 22, 2011 at 7:30 p.m. in the Library. Everyone is welcome to attend. There are four trustee positions available.
LIBRARY FINE-FREE FEBRUARY - Support the McBride SDA Food Bank your local library! Bring non-perishable food items (or monetary donations) and your overdue library materials to the McBride Public Library or the Lena Schultz Reading Room. Fines will be forgiven on all library materials returned during the month of February. This is your opportunity to contribute to the Food-Bank, assist your library with the return of overdue materials, and receive forgiveness for your February overdue fines. We encourage everyone to contribute to the Food-Bank drive at the McBride Public Library.

AA - Faced with a Drinking Problem? Perhaps Alcohol Anonymous Can Help - Weekly Meetings open for the Public. Every Tuesday at 8:45pm. at the Health Unit. Call 250-569-2586 for more information.

ELKS ROYAL PURPLE NEWS

Karina Molendyk will be holding Yoga classes at the Elk's Hall Thursday Nights, 5:30-6:30 p.m. Please bring your own mat. Katrina's training is in the "Kripalu" Style of teaching. Kripalu literally means "compassionate". It is yoga that is suitable to all levels and works to balance strength and flexibility in the body while showing compassion for what your body allows you to do.
FREE DANCE LESSONS Sponsored by the Elks & Royal Purple every Thursday from 7p.m. to 9p.m. at the Elk Hall. Learn to Foxtrot, Box Waltz, Old Time Waltz, Jive, Polka and Various novelty dances. Come out to learn, practice, or just for the fun of it!!! Bring the Whole family!!! See you There!!!!

BUY, SELL, RENT & MISC.

For Sale-Weslo Treadmill, hardly used. \$200 obo. Phone 569-0112****For Sale**-18" Fluorescent Drafting Lamp \$40. 2 size M Snowmobile Suits \$20 each. Mens Winter Jacket w/fur collar, size L \$40. Phone 569-2234****For Sale**-Husqvarna 394, good shape, comes with 28" bar and an extra new chain. \$500. Phone 569-2618****For Sale**-2008 5th Wheel 34.5 Citation Platinum, 3 large slides, totally loaded, has everything. Excellent condition \$65,000.00 o.b.o. Ph:250-569-8825****House For Rent**-\$4000 worth of recent upgrades. 917 - 3rd Ave. Phone 569-2793 **Rodger******For Sale**-Farm Fresh Eggs \$3.50/ doz. Can bring to town on certain days. Ph:250-569-0252****Rooms for Rent:** Downtwn McBride \$20/night/person. Includes use of kitchen, living room, internet. NS. 569-8807 Sun.-Wed. / 569-0005 Thurs.-Sat.****For Sale**-14 yr. old thoroughbred/warmblood mare. 16.1 Dark Bay, beautiful mover trained in dressage and jumping. \$1500.00. Ph:569-7406****For Sale**- 1 Norton 20 KWT Electric Furnace. New \$1,100.00. Ph:569-2350****For Sale**-1998 F-150 4x4, ext. cab, long box. Auto, spray in box liner, canopy, brand new 32" tires, 166K, trailer hitch receiver, power windows, mirrors and doors. No rust, excellent interior \$6500 o.b.o. Ph:250-569-0339****Wanted:** Double snowmobile trailer - 250-569-7685****For Sale**-Aluminum Sled or Quad deck for shortbox pickup. Bulldog brand. \$2500.00 OBO. Phone 250-960-8038 or 250-569-3380****For Rent**-1 Bedroom Apartment, across from the Hospital, F/S, N/S \$500.00 Ph:569-0208****To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.**

CHURGH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00****Dorcas** Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00>Contact number for the **Foodbank** is 569-3186****Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-3370****Memonte Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445****Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350****Anglican United Church**-Reverend Susan Hutchinson. 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk 250-569-0082****Evangelical Free Church**-Sunday School at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 **Pastor Dan Carlaw-Robson Valley Christian Centre**-Meets in home Sundays 11am. Dunster Ph:968-4335****St. Patrick's Catholic Church**-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Greyhound Bus Schedule The Farm Store 569-0425
 Depart to East-1:15pm Daily • Valemount, Jasper, Edmonton
 Depart to West-6:10am Daily • Prince George

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

STR8 UP Renovations

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•1991 Chevrolet 1/2 ton pickup, new tires, alternator...\$1500.00
 •2006 Gooseneck trailer, 36 foot deck, triple axle, 20000lb GVW, \$6900.00

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 in McBride



**G.R. NEIGHBOURHOOD
PUB**

250-569-0101
600 - 1st Ave.
11am-11pm
7 Days a Week!

St. Valentine's Day at the GISSLIN' GRIZZLY PUB

Monday, February 14

JOIN US FOR A

CELEBRATION OF FOOD FOR LOVE!

STARTERS

•Lobster Bisque.

•Lovers Lettuce.

Iceberg and leaf lettuce tossed in an Italian vinaigrette with thinly sliced red onions, carrots, croutons, kalamata olives and freshly grated parmesan cheese

MAIN ENTREES

•Love Me Tenderloin.

Juicy beef tenderloin and a medley of asparagus, button mushrooms and roasted baby potatoes.

•Baked Cannelloni.

stuffed with ricotta, spinach, chicken and prosciutto. Served in a rose sauce.

DESSERTS

an assortment of sinfully delicious cheesecakes served with seasonal berries and a caramel sauce.

'Love is in the air at the GISSLIN' GRIZZLY PUB' Make your reservations today! 250-569-0101 Enter our DRAW to win a Dinner for TWO

WHISTLE STOP GALLERY

There is something special for your someone special at the Whistle Stop

Come and see an all new jewelry line from House of Jasper as well as new offerings from PK Designs and M&EM Beadworks.

Valentine's Day is coming soon – don't miss out, visit the Gallery today!



OPEN DAILY AT THE TRAIN STATION

CHAMBER NEWS

Chamber of Commerce fun facts: Did you know? POSTAL CODES Canada's postal code is made up of six characters. The first three denote FAS (forward sort area) with the first letter indicating postal district. The second character, if a zero is a rural area, any other digit indicates urban. The third character defines the specific area or section of the postal district. The last three characters refer to the LDU (local delivery unit) specifying a single address or range of addresses. LDU's ending in zero indicate postal boxes.

SCHOOL NEWS

McBride Secondary will be hosting the Senior Boys North Central Basketball Zones Feb. 24-26. Come and watch as your Mustangs make a run for provincials! If there is anyone who would like to help with this tournament (hosting a team, food preparation, score table, concession, donations, etc...) please call Stan/Joey 569-7553. Local Scholarships & Bursaries - Community members and local organizations are strong supporters of the scholarship and bursary program at McBride Secondary School. Each spring, the grade 12's pursuing post secondary education apply for these awards and thousands of dollars go out to benefit students' future educational plans. If your family or organization would like to consider providing a scholarship or bursary for the up coming year, please contact the school at 250-569-2295 by March 1.

Dry Grad Class 2011 will be fundraising for the Dry Grad Trip, need an odd job done, please contact Brian Taphorn 569-2406.

McBride Community Foundation

The McBride Community Foundation Committee is pleased to announce its 2011 Grant Program. Grants of up to \$500 are available for projects that assist the Foundation in achieving its mission: To improve the quality of life and benefit the residents of the Robson Valley through grants to Charitable organizations for projects that enhance the health; education; arts and culture; sports and recreation; environment; social services; youth and seniors. Starting February 1st, 2011 through to March 15th, 2011, the Foundation will be accepting grant applications. Information, the Granting Guidelines, Application, Project Description and Budget; and Recognition Guidelines are available on the Foundation's section of the Village of McBride website. For further information on the 2011 Grant Program, visit the Village website at mcbride.ca/VillageOffice/Community Foundation. Applications may be dropped off at the Village Office, 100 Robson Centre in McBride. For contact by email at mcbridecommunityfoundation@mcbride.ca.

Take a Break in McBride...B.G.s Fiercestest Town!!

**Heartland Restaurant
PERMANENT JOB POSITION**

SERVER/KITCHEN Helper

Looking for reliable, mature and trustworthy person. Duties include serving the public, handling cash, and to help in the kitchen area when needed.

Must have Food Safe and Serving It Right.

Wage \$11.00 - \$13.00 depending on experience.

Please Apply in person to the Heartland Restaurant or fax resume Attn: Kelly 250-569-2440.

ROMANCING THE ROBSON

Our show, Romancing the Robson is a cabaret about love. Written by Sharon Stearns in collaboration with the Robson Valley Theatre Collective - the same folks who brought you the plays with music: "Valley Comfort" in 2008 and "The Small Town Project" in 2009. Romancing the Robson will be in cabaret format, with music, skits and a medley of characters all exploring the theme of Love.

Thanks to the Robson Valley Arts Society for supporting this project through a Spirit of B.C. grant.

Show runs Sunday, February 27 and Monday, February 28th at the McBride Roundhouse Theatre @ 7:30 p.m.

Tickets are \$ 15 and \$ 12 @ Steadmans and at the door.

Group Rates are available.

Come out and celebrate the last gasps of winter with a show that will entertain, delight and put a smile on your face!



Definitely not smarter than the average thief. (Who says zap straps aren't the handiest thing?)