

Serving The Robson Valley

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Sales Representative
McBride, BC



Shiver-me-Timber Construction

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- Framing using timbers and traditional joinery
- Face lifts with timber accents
- Timber frame additions
- Cabin packages

Anything you need done with Timbers we will do!

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or email waynefroese@hotmail.com

Advantage Insurance Services Ltd.
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Happy Thanksgiving!!!

CLOSED

Monday, October 11.

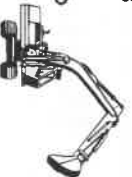
PEPSI 2 L ~ 2 for ~ \$4.00	
POWERADE 946 ml ~ 2 for ~ \$4.00	
PRINGLES 162-191 g ~ 2 for ~ \$6.00	Husky 569-22441

ROBSON VALLEY CONSTRUCTION REDI-MIX CONCRETE

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Fax (250) 569-0178



BEST PRICES



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|---|--|
| CONCRETE <ul style="list-style-type: none"> • Concrete Stamps • Driveways • Finish Concrete • Delivery Gravel, Sand & Dirt | EXCAVATION <ul style="list-style-type: none"> • Excavating Road • Excavation • Dozer Work • Ponds, Lagoons & Trenches • Haul Equipment |
|---|--|



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Tridem Tilt Deck -Tridem Drop Deck
Best Rates In Town

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- Commercial
- Install Septic Systems, Repair & Removal

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or
Mal @ 1-250-553-2336

Jerry Stanley 569-7012

5 ton Mini Excavator

- *12'4" dig depth - 12'8" loading height
- *3000 lb lift capacity
- *Bidle w/ float
- *High speed travel (8 km/h)
- *Zero tail swing

Bobcat S300

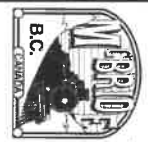
- *3000 lb lift capacity
- *727 bucket, 78" steelion bucket & pallet forks
- *High speed travel
- *Vertical lift path

Arctic Cat 650 4X4's with trailers

- *Independent suspension
- *1000 lb capacity trailers with electric brakes, dumps, winches, dual axles with high flotation tires and independent suspension

Competitive Rates!

FREE The Little FREE



McBride

Paper



*Serving BC's Friendliest Town and Area!!!
For the week of Wednesday, October 6th, 2010*

***HAPPY THANKSGIVING!!!** SCHOOL NEWS

If you can sing, dance, play an instrument etc. and are interested in participating in the Talent Night, please call the McBride Secondary school at 250-569-2295 for more details by Friday, October 22nd. Proceeds towards the McBride Secondary School Snowboard Team.

Grad 2011 students are taking orders for Christmas Poinsettias now. Don't miss out on these beautiful potted plants. Three colors to choose from! They will be ready for pick up on Nov. 26/10 or pick up at the High School Craft Fair on Nov. 27/10.

Halloween Dance at McBride Secondary. Friday, October 29

Graduation Dinner Caterer Needed! This year's graduation class will be holding their grad on Saturday, June 25th at the Robson Valley Recreation Centre. We are looking for a caterer for approx. 450-500 people. Bid to include menu plan, copy of Caterer's License and references to be submitted to the McBride Secondary School by Friday, December 10th. If you have any questions, please call the school at 250-569-2295.

McBride Secondary School Craft Fair - The Craft Fair will be held on Saturday, November 27th. Tables are \$10.00 each or 15% of profit whichever is greater. If you would like to reserve a table, please call the school at 250-569-2295. There is no guarantee that you will be able to have the same table as last year, so make sure you book your table early.

Ready, Set, Learn, a pre-literacy programme for 3 and 4 year olds, accompanied by a parent or a caregiver, will again be offered at McBride Centennial Elementary. The fall programme will run for 8 weeks on Tuesdays from October 5 - November 23 from 10:30 - 11:30 a.m. Please phone the school at 250-569-2721 if you have any questions and to register. Ready, Set, Learn will be hosted by McBride Centennial Elementary and the McBride and District Library. Hope you can make it.

Dry Grad Class of 2011 will now be doing fundraising for Grad Firewood orders or Odd Jobs please call Brian Taphorn 569-2406.

MOVIE NITE

McBride Secondary will be hosting **MOVIE NITE** on THURSDAY, October 21st! Tickets are \$5.00 at Steedman's, McBride Trading Company, or at McBride Secondary and \$6.00 at the door. A concession is available.

The 4:30 movie is **TOY STORY 3** by Pixar Animation and Walt Disney Pictures. Woody, Buzz and the whole gang are back. As their owner Andy prepares to depart for college, his loyal toys find themselves in daycare where untamed toys with their sticky little fingers do not play nice. So, it's all for one and one for all as they join Barbie's counterpart Ken, a thespian hedgehog named Mr. Prickepants and a pink, strawberry-scented teddy bear called Lots-o'-Huggin' Bear to plan their great escape. This movie is 103 minutes and rated PG.

The 7:00 movie is **KNIGHT AND DAY**. Tom Cruise and Cameron Diaz star in this action comedy, in which a chance encounter thrusts a woman and a charming but lethal operative into a series of adventures across the globe. As if dodging assassins and uncovering world-changing secrets weren't enough, she must now figure out if he is a good guy, a traitor - or just plain crazy. This movie is 130 min. and rated PG-13.

MINOR HOCKEY NEWS

Timekeepers Clinic - Wednesday, October 6, 3:30pm at the arena. This clinic is free and open to anyone turning 13 before December 31, 2010. In order to timekeep this year you MUST take this course. Sign up sheet at the McBride Secondary School.

Old Timers Hockey Meeting Thursday - October 7th at 7:30p.m. at the Curling Lounge.

Concession Workers - Anyone wanting to out their name on the pre-approved concession list for working can please call Nicole at 569-2310 or cell 569-7342. ***Must have Food Safe***

McBride Minor Hockey Association Referee Clinic-Saturday October 16, 10am at the Dunster Hall. In order to run our association we need certified referees 12 years of age and older. You MUST preregister for the clinic, and in order to ref this year you MUST take this clinic. Contact Jen Qnam at 250-569-0150 to learn how to register. Anyone 18 years of age and older must also complete a Criminal Record Check.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...1:48pm

Discounts for booking 1 or 3 days in advance (not counting travel day)
Kids' tickets \$10 ea. this summer. nationwide

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
School District 57		The Little McBride Paper	
1-800-256-7857			569-3110
Report Forest Fires - 1-800-663-5555			

Take a Break in McBride...B.G.'s Friendliest Town!!

Inquiry: B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.

McBride Trading Co. Ltd.

FRIDAY SPECIAL
Old Fashion Bread Pudding

Every Friday

Fresh Baked Garlic Bread

CLOSED MONDAY

HAPPY THANKSGIVING!!!

• OPEN Monday to Saturday 9am-5pm •

FOR SALE

2005 Ford F150 Supercab, Lariat, shortbox, 178000km, #6945, \$7995.00

2005 Ford F150 Supercab, XLT, shortbox, 120000km, #8554, \$9995.00

2003 Coachmen Mirada 30' Class A Motorhome... clean, reliable and ready to go with Queen island bed, generator, three burner stove, bunk seating, microwave, fridge/freezer, 19960km. \$37500.00.

For more information contact Dave or Wade at 250-569-8830 or stop by the shop at 923 Airport Road D1.1107.

NEIGHBOURHOOD PUB

250-569-0101
600 - 1st Ave.
11am-11pm
7 Days a Week!

Thanksgiving thoughts are the kind of thoughts that we should have all year long. May the blessings of this day that we would ask for you, now fill you with Thanksgiving Peace that lasts the whole year through!

HAPPY THANKSGIVING!

WE WILL BE CLOSED ON MONDAY, OCTOBER 11 FOR THE MONTH OF OCTOBER.

WINTER IS NEARING CLOSER WHICH MEANS THAT WE HAVE SOME BIG PLANS FOR SOME GREAT CHANGES. TO ALLOW FOR THESE CHANGES WE WILL BE CLOSED FROM OCTOBER 24 - 31.

WE ARE STILL ACCEPTING APPLICATIONS FOR KITCHEN STAFF!
RESUMES MAY BE FAXED TO 250-569-0101 OR EMAILED TO num269@telus.net

GIFT CERTIFICATES - WHAT A GREAT GIFT!

JOIN US FOR A GREAT TIME!

McBride Bottle Depot

552 Main Street Phone: 250 569 7760
Open Hours: Thursday, Friday, Saturday, 10 am - 5 pm

McBride AG Foods

FRESH FISH FRIDAY!!!

This Week

• Steelhead • Red Snapper

Friday & Saturday

"Dutchman Special"

14oz. "AAA" Rib Grilling Steak \$5.49 ea

569-0140

OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 7-5

GET READY FOR THE NEXT SEASON

Firewood For Sale

- Birch • Fir/Spruce • Fir Logs
 - Poplar • Cedar for sale
- Bucked/Spilt by the cord**
- Phone 250-569-7406**

MCBRIDE MOVIES & MORE

569-0123 **New Release Movies**

The Killer Inside Me -30 Days of Night -Brazz -The Karate Kid
Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00

•••**OPEN 7 DAY A WEEK!!!**•••
• Monday will be a 2 day Rental
• Thursday will be Rent 2 new Releases or 2 top 100 & get a Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00
•••We now have a small selection of video games•••

WATKIN'S PRODUCTS AVAILABLE
CALL FOR A CATALOGUE:
KATHY @ 250-569-0448

NEED MORE STORAGE?
Quantity of New cabinets for sale.
Various sizes and configurations.
Call to view: Linda Fry 250-569-0138

New Construction, Renovations
Additions, Framing, Finishing
Cabinetry, Wood Doors
Planning & Install Septic Systems

Skid Steer Bobcat
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Gerald Moore
Contractor



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Cell: 250.569.7147

www.mooreventures.ca

McBride, BC

Adam Roth Stonemasonry

Winters coming, and I'm moving in!

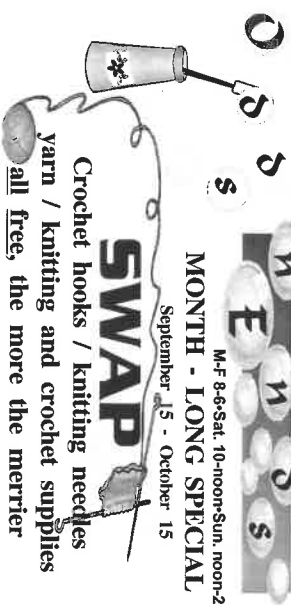
Did you know that for \$1000-\$5000, you could have the most gorgeous stone facing around your fireplace, complete with mantles and hearths?

Also making this winter - custom pillars and gates, flagstone floors, water features, rain catchers...You name it, I rock it! River rock, river flats, split face, ledgerstone, field stone - local, natural and durable, and even competitive in price to culture stone.

Inquire Soon

STONE MUST BE COLLECTED BEFORE SNOW FLIES!
-Also doing odd jobs, basic construction - Need a man?

569-2645



Crochet hooks / knitting needles
yarn / knitting and crochet supplies
all free, the more the merrier

MONTH - LONG SPECIAL

September 15 - October 15

SWAP

Bring this ad in to receive a free set of needles or a crochet hook (new & no purchase necessary!)

Employment Assistance Service
Robson Valley Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the
Province of British Columbia

**FOR RENT - 3 Bedroom Mobile in
Riverbend Mobile Home Park, F.S, W, D.
Recent Renovations..\$550.00.
250-569-8845 or 250-227-6920.**

JMS Mobile Welding Services

40 yrs experience
Big or small jobs
James Stoltz
250 553 6873

MARKETPLACE 233 Main Street
McBride, B.C.
Your Neighbourhood Food Store 569-2712

DELI Honey Maple Ham...\$1.29 / 100g
Sundried Tomato Turkey...\$2.89 / 100g

Frozen Young Turkeys \$1.48 / lb. under 7 kg
Schneiders Smoked Ham (semi-boneless) . \$2.99 / lb.
Canadian AAA Inside Round Roast \$2.99 / lb.
Schneiders Boneless/Skinless Chicken Breasts -
frozen - 3kg box \$25.99 each
McCain Hashbrowns - 1kg \$1.68 each
Dempster's Signature Bread - 100% Whole Wheat
or Seaside White - 600g - 2 for \$6.00
Royal City Pure Pumpkin - 398ml \$1.29 each
Kicking Horse - Fair Trade Certified Organic Coffee
- 454g \$11.49 each
Butter Lettuce \$1.69 / lb.
Manager's Pick-Organic Valencia Oranges..\$.49 / lb.

Professional Knife Sharpening
Household & Hunting Knives
\$2.00 each

BAKERY

Seasonal Cake - 8"....\$9.99
Cupcakes - Decorated - 6pk...\$4.49

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LYMPH DRAINAGE & BODYWORK
FOR APPOINTMENTS CALL 250 968-4509

Leigh CREATIVE Professional Graphic Design
Branding • Logos/Stationary • Brochures • Web Design & more
Serving McBride and Area – Leigh: 250-569-8807

For Sale

Reg. Bread Percheron Mares
Phone: 250-968-4544

GARAGE SALES

Garage Sale: 9 am - 3p.m. Oct. 9th and 10th, #4310 Hwy. 16 EAST (look for green sawblade): snowmobiles, 1951 M-37 PowerWagon, drum set, reno stuff - incl. interior doors, sinks, light fixtures.

CATERER NEEDED

The McBride & District Firefighter's Association is requesting quotes for our annual Emergency Services Christmas Dinner for Saturday November 20th 2010 at the Elks Hall for approximately 80-100 people. The quotes should include the menu being offered with a cost per plate based on ages grouping under 6; 7 to 12 and adults 13 and up. Please forward your bids c/o Allan Fredetick, Box 340, McBride prior to November 1st, 2010.

VABLEY MUSEUM & ARCHIVES SOCIETY

The Valley Museum & Archives Society Presents "The Jeck Family" - 2nd of the Pioneering Families Series. An exhibition of an archival & artifact display courtesy of the Jeck family. *On exhibit until October 27, 2010 at the Museum/Library Building at 241 Dominion Street, McBride.

AGMS

McBRIDE BIG COUNTRY SNOWMOBILE ASSOCIATION
Annual General Meeting and First Meeting of the Year - Wednesday, October 6th at 7:00 pm at the Heartland Restaurant Meeting Room. Everyone Welcome.

The Robson Valley Arts & Culture Council will be hosting their AGM on Wednesday, 13 October, at 7 p.m. at the McBride & District Public Library. Everyone welcome!

BIRTHDAY WISHES FOR OCTOBER 6 - 12

Doug Horinek, Heather Warner, Jean Moseley, Tonya Perkins, Danielle Smith, Deb Wilisic, Ian D Anderson-Kirk, Garth Goodkey, Keith Shawara, Lee Ann Marsh, Bronwyn Christison, Daniel Littlechild, Debra Chartier, Ashley Steenman, Joey Quam, Bob Sansom, Jonathan Mazereeuw, Andrea Jacques, Justin Engedahl, Myra Hooker, Wayne Lewis, and to anyone else we missed, Happy Birthday.

BUY, SELL, RENT & MISC.

Looking for heated/non-heated garage or shop to rent for the winter to store small car, motorcycle and possibly travel trailer. Enclosed building for vehicle preferred, roof only for travel trailer acceptable but enclosed preferred. Contact Chuck Rollinson @ 250-569-7695 or chuckrollinson@msn.com•**FOR SALE**-14 foot travelair camper trailer, it's about as small as you can get and still have an inside toilet. Do you need a bush truck? Why not get one that knows it's way around. 1990 Toyota pickup. Comes with V6, front mount winch, all steal box and a canopy. \$2000. 1991 nission pickup 4 cylinder comes with canopy. \$1750. Call Bryan 569 2279 or 569 7508.●**For Sale**- Matching washer and dryer, 8 years old in good working condition \$100 for the set phone 250-569-2359 can discuss delivery in town.●**Wanted:** large lightly used cat tree, for very active part Siamese cat. 569-8807.●**For Sale**-Electric Power Assisted Bicycle/ Scooter, No Licence, No Registration, Brand New \$800 Ph:250-968-4420.●**For Sale**-16' Carhailer trailer. Ph: 250 569-7378.●**For Rent**- Large room dwntwn McBride. \$400 plus shard util. Includes ADSL, TV, furnishings, private entrance, heat control. 569-8807.●**Wanted**-Reasonably priced Wood Stove in any condition. At 250-569-0191.●**For Sale**-2005 Dodge Caravan 167000 kms, pw.ac, pl, CD, tilt - \$5500. 2000 Dodge Grand Caravan 180000kms, pw.ac, pl, CD, \$3500. 2000 Gulfstream - Amerlight (bought new in 2003) 4 brand new tires, new 50 amp converter, new hot water heater, new battery, This 24' trailer has: one slide out (sofa), air conditioning, furnace, microwave, refrigerator/freezer, 3 burner stove/oven, am/fm cassette stereo (two speaker zones), shower and small tub, awning, full size queen bed over hitch, table and sofa covert to beds -\$9800. 968-4331.●**For Sale**-Angora Buck, 2 years old, ready to shear and ready to breed. \$150. Phone 569-7406.●**For Sale:** Size 6 mens Bauer Supreme 30 hockey skates. Used one season. Excellent condition. \$45.00 250.569.2269.●**For Sale**-GEO Metro 92, runs but has a shattered rear window. \$300 or best offer. Ph:250-569-2496.●**For sale** 18" interior door with frame \$10.00, 36" bi-fold door \$20.00, 78" vertical blinds (off white) \$10.00, 5 bulb white chandelier \$20.00. Call 569-0165.●**For Sale**-A recording quality George Benson Ibanez Hollow Body Electric Guitar & Case \$1000, we also have a variety of Acoustic & Electric Guitars & Amps. For more info call Deb Reimer 250-968-4335.●**For Sale**-1 VCR or DVD Cabinet - \$50.00 / 1 McClough - 14" Bar Chainsaw - \$80.00 / 1 Single Bed with Sears Opedic Box Spring & Mattress \$75.00 / All in Good Condition - Ph Linda:250-569-8852 o.b.o.●**For Sale**-Soo very cute Terrier X Puppies to good homes. Ready to go October 2nd Ph:(250)569-3287 OR 780-740-3125.●**For Rent**-2 bedroom commercially zoned basement suite on Main Street. \$500/mnth plus utilities. Lots of storage rooms. Heated by pellet or electricity. Shared laundry, single garage. Reside, have a business, or both. Phone 569-0370.●**For Sale**-1988 Ford Bronco II, 4 new tires and 3 spare tires. Runs well. Asking \$1750. Phone 569-0370.●**For Sale**-F250 Crewcab, 5.4L, automatic. 205,000km. Tilt, Cruise, Air, Stereo. Wood box liner. Gooseneck and 2" receiver w/ wiring @ brake controller. \$9,500 569-0130.●**For Rent**- 2 Bedroom Cottage Available September 1st- \$400 / month. Ph:250-569-0426 / Rabbits for meat or pets \$10 each. Phone Rosy Ph:250-569-0426.●**For Sale**-Infant car seat, rear facing, in excellent condition \$70. Fisher Price Jumperoo in excellent condition \$60. Bright Starts Mobile, remote control, play 20 min. of music or nature sounds with lights and movement, brand new condition \$4. Starchoice HD receiver with 2nd receiver \$125. Sirius satellite radio \$25. Phone 250-569-0345.●**For Sale**-Palamino QuarterHorse/Morgan gelding, 3 years old. Ready for training. Halter broke. \$400 OBO. Buckskin mare, 6 years old, halter broke, nice temperament \$500 OBO. 500 gal fuel tank with stand, hose and filter. Excellent condition. \$600 OBO. 569-7810.●**For Rent**-1 Bedroom Apartment, across from the Hospital, F/S, N/S \$500.00 Ph:569-0208.●**To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.**

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-11:15pm Daily • Valenmount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

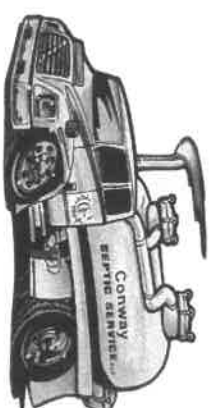
Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

Conway Carriage Septic Services

Member of the British Columbia Onsite Sewage Association

We're here to help you maintain and manage your septic system.



Call us at:
250-569-8880 or
250-569-7371

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Manicures, Pedicures, waxing, etc.

By Alicia Kelley

Call by appointment only 569-7160 • Gift Certificates Available!

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By Choice Carpet Care

Carpet & Upholstery Cleaning Service • Furnace Ducts
Emergency Clean Ups • Residential • Commercial • Vehicles

Blue River • Valemount • McBride **(250) 566-4578**

Alaina Chapman

Registered Massage Therapist

250 968 4300

Starting Oct. 6 in McBride

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NEW CONSTRUCTION, RENOS,
FARM BUILDINGS, SHOPS, DECKS,
WINDOW ORDERS & INSTALLATION,
BLUE PRINT & CUSTOM DESIGN,
JOURNEYMAN CARPENTER.

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Co-operative
Association

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where high level of customer service is Job One.

Delivering Fuel East to McBride

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Prince George, B.C. Fax 250-567-4490
Toll Free 1-866-309-2667
Home 250-963-9011 Cell 250-565-8436

Have A

Safe & Happy Thanksgiving!!!

CLOSED Sat., Sun. & Mon.

Mon-Fri 6:00a.m. - 5:00p.m. / Sat & Sun 9:00a.m. - 5:00p.m./ Patio Tables

Digital Designz

www.canadiandigitaldesignz.ca

Martina Wall Phone: 250-569-0118 1139 McBride Crescent

BLUE BOAT ANTIQUE / 2ND HAND SHOP
Inside Out House Painting Service
Phone 569-7473

Ravensnook Guesthouse & Vacation Rentals
Furnished Accommodations
for Discerning Travelers

421 Main St. McBride 1-250-569-7133
SCARE CROW FARM B&B ☎ 569 0351

Camper's Welcome Horses Welcome too!

It's beautiful and very peaceful here

email: scarecrow@mcbridebc.com 15km West on Highway 16

Robson Valley Pet Motel

Grooming & Boarding

Serving locally for 26 years

Ann Schwartz 569-3319 animal health technician

Wade's Auto Repair

• **complete automotive service**
and mechanical repair

A division of DNG Developments

923 Airport Road

Appointment: 250-569-8830

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782

FOR AN APPOINTMENT.

Glass Cutting, Picture Printing,

Mating and Framing

call Bill Arnold 569-3381

Sirens• Hair Cuts and Colors

located in the McBride Mountain Sports building,
entrance facing 5th Avenue.

Phone: 250-569-0131 OPEN Tues. to Sat.

YODA at 97.1
on FM dial

Christian Family Radio Network

569-2645
 'n' E 'n' E 'n' E
 M-F 8-6-Sat. 10-noon-Sun. noon-2



(Sign up at Odds 'n Ends)
 to make a Halloween Costume
 with Ms. Amber Hack 2:30 - 4p.m. October 13th
 first 10 names will enjoy the class

Join us in celebrating Small Business Week!!
 October 18th - 22nd

This year our theme is
 "MARKETING - promoting your business"

October 4-15th - All businesses serving our area are invited to drop off a business card (to the branch) AND a one page promotion of your business (one side printing only please). Who you are? What you do? Why you do it? Include a bit of history about your business and the services/products you provide. Think of this as your "one page commercial". The business cards and info pages will be on display in the branch during Small Business Week. Let the community know about the services you provide!

October 18th-22nd - Check out our display of business cards, local business promotions, Small Business information and reference material. Small Business owners, be sure to enter our draw for FANTASTIC prizes.

1st Prize is an HP OfficeJet Wireless All-In-One Printer (\$160 value)

2nd Prize is 1 month of business card size advertising in The Little McBride Paper (\$60 value)

(GENEROUSLY donated by Forever Printing & Signs)

October 22nd Small Business Customer Appreciation Day.



Scotiabank McBride 311 Main Street

EPICURE Products for sale

Serving McBride, Dunster and Valemount.

Please call Lorrie Bressette at 250-968-4491
 for a catalogue or if you wish to
 host a party in your home.

Watkins products and catalogues are also available

MANIACS NEWS

MANIACS FEMALE HOCKEY REGISTRATION!! *NEW PRACTISE TIMES!* (Sundays - 6:30-7:30pm). Ages 13+ (Must be 13 by Dec. 31, 2010). For more information call: Sarah Bressette@ 569-7348 (or) To register call: Tracy Yetter @ 569-2517/7066. See you on the ice!

COMMUNITY ANNOUNCEMENT

FOUND - iPod at the Dominion Creek Walking Trail. Phone 569-2330 to identify.

Robson Valley Book Swap Library is now set up at the Robson Valley Recreation Centre. Feel free to take a book, leave a book, or trade a book. Books for all ages are in the display and free to everyone. Any questions please contact Jen Quam at 569-2266.

Robson Valley Recreation Centre Spring/Summer Hours - Monday to Friday 6am to 8pm. Closed on stat holidays.

ELKS & ROYAL PURPLE NEWS

NEED MONEY? The Elks and Royal Purple are applying again this year for a new application for Lottery Funding. Over the past several years we have been able to donate over \$140,000.00 to various clubs and organizations. All you have to do is drop off a letter with Kathy Molendyk at the McBride Secondary School explaining what project your Club or Organization would like to do along with a break-down of costs. If we get the funding it will be available to use between January - December 2011. Letters of application must be received by October 15, 2010. For more information, please call Kathy Molendyk at 569-3239 after 5:00p.m. Monthly Garage Sale November 6, February 5 & March 5 (providing Hall isn't rented) 10am-2pm. Elks Hall. Soup & Sandwich Special will be available while you are shopping! Don't worry about rain! Start collecting up any items you would like to sell and book a table for \$10 each through Odds 'n Ends by calling 569-2645.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00 • Dorcas Lanning Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00 • Contact number for the Foodbank is 569-3186 • Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370 • Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445 • Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3330 • Anglican United Church-Reverend Susan Hutchinson. 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk 250-569-0082 • Evangelical Free Church-Worship Service at 10:30am. Ph:569-2378 or 569-8845 Pastor Dan Cartlaw • Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335 • St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Take a Break in McBride...B.G.s Friendliest Town!!

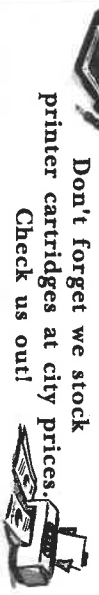
Heartland Restaurant

THANKSGIVING DINNER
 with all the Trimings
 \$13.95
 Oct. 11 at 5pm

Wahoo Enterprises

820-1st Ave., McBride Phone:569-0320
 Website: <http://www.wahoenterprises.ca>

2011 Planners/Diaries Now In Stock!
 Get them while they last! Limited Quantities!



Don't forget we stock
 printer cartridges at city prices!
 Check us out!

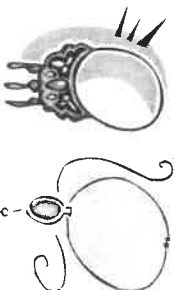
Attention All Crafters!

Design and make
 your own jewellery.
 Over 100 beads House of Jasper now sells
 to choose from! individual stones.

"House of Jasper"
 Jewellery Studio
 Make something
 for a friend.
 Holidays are just
 around the corner.

Open: Fri. Sat. Sun.
 11:00 AM - 3:00 PM

141 Dominion St,
 McBride



Tel: 250-569-0431



Victoria Banks

2010 CCM&A Female Entertainer of the Year

Live at the McBride Roundhouse Theater

Thursday, October 14th, 7:30pm

Tickets \$25.00 at Stedman's \$30.00 at the door.

Canoe Robson Valley
Community Futures
Community Futures

Would you like to explore the idea of starting your own business?

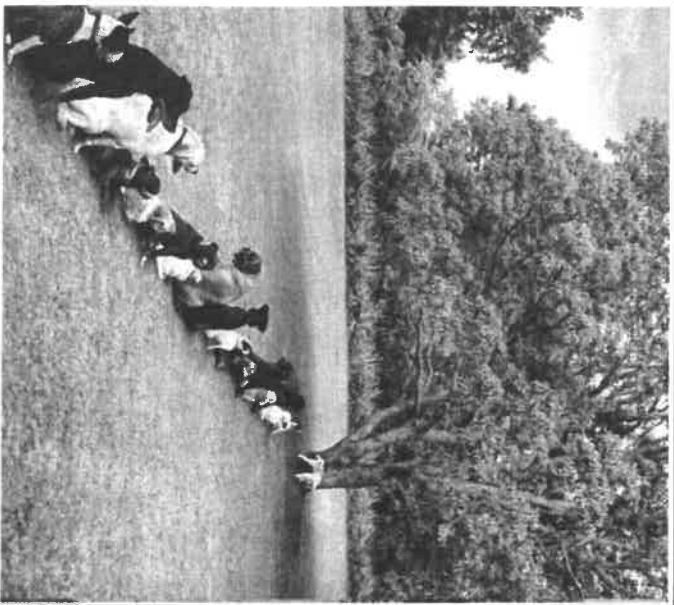
You may qualify for the SEB Program if you:

- Presently on E.I.
- Have been on E.I. in the last 3 years
- Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276
E-mail: futures3@telus.net

Canada



HEALTH NEWS

The next Diabetes Group Meeting will be held October 21st from 1 - 3 pm in the Education Room of the hospital. We will be reviewing Carbohydrate Counting and meal plans.

Prenatal Classes - Are you expecting? Are you interested in classes? Where: Public Health Unit. When: TBA. Please call the Health unit at 250 569-2251 ext. 226 for more information.

Get immunized! Influenza vaccine is free for:

- Adults 65 years and over
- Healthy children aged 6 to 23 months
- Adults and children with a chronic illness
- Adults who are very obese (BMI greater or equal to 40)
- People working with live poultry
- Household contacts of people at high risk for influenza
- Pregnant women in their third trimester during influenza season
- Household contacts and regular child care providers of children aged 0 to 23 months
- People providing service in potential outbreak settings housing high risk persons
- Health care workers
- First responders
- Corrections Officers
- Aboriginal peoples

McBride Health Unit
1126 - 5th Avenue
call 250-569-2251 ext. 226

Appointments only for the following days

October 19th, 21st, 26th 9:00am - 2:00pm.

October 22nd 1:30pm - 2:30pm

November 2nd 1:00pm - 4:30pm & 6:00pm - 7:30pm

November 9th - 1:15pm - 3:30pm (Beaverview Lodge residents Only)

Drop In - No appointments required
November 4th, 16th, 25th, 30th 9:00am - 11:30am

the northern way of caring

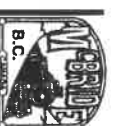
Influenza shots will be available throughout the flu season.

Contact your health unit, 8-1-1 or www.northernhealth.ca for more information.



Ain't I just
the cutest!

Take a Break in McBride...B.G.'s Friendliest Town!!



VILLAGE OF MCBRIDE

Invitation to Tender

Raven Road Visitor Stop

The Village of McBride invites tenders for the construction of the Raven Road Rest Stop, and associated site serving in McBride, BC. The major work components include:

- Installation of 990m of owner supplied 50mm dia water service.
- Installation of 813m of owner supplied 63mm dia sewer forcemain.
- Installation of owner supplied septic tanks and pump system.
- Construction of Insulated Concrete Form Washroom facilities including plumbing, HVAC, and electrical.
- Construction of 200m of gravel walking trails.
- Directional drilling.

Scaled tenders for "Village of McBride - Raven Road Rest Stop" will be received at the offices of the Village of McBride, 100 Robson Centre, McBride, BC, V0J 2E0 until **1:00 p.m. local time, October 12, 2010** at which time all tenders will be publicly opened.

Tender documents may be obtained from the office of the Village of McBride or from the office of R. Radloff & Associates Inc., 925 Vancouver Street, Prince George, BC, V2L 2P6, after **October 1, 2010** upon deposit of a certified cheque in the amount of **fifty (\$50.00) dollars** payable to the Village of McBride. The deposit will not be refunded.

Tenders must be submitted in accordance with the terms and conditions specified in the tender package. Tenders must be accompanied by:

- a) A Bid Bond, Certified Cheque or Irrevocable Letter of Credit in the amount of Ten (10%) percent of the tender price.
- b) A Consent of Surety relating to subsequent security arrangements for Performance and Labour and Materials payment guarantees.

Bidders must provide proof of satisfactory completion of previous work of like kind. The lowest priced or any tender will not necessarily be accepted.

A site visit will be held on **October 7, 2010** at 1:00 p.m. local time.

For inquiries please contact Chris Morgan, AS&T, R. Radloff & Associates at 250-562-6861 (fax 250-562-6826).

OCTOBER 2010 at Odds 'n Ends

"DROP IN OR COME EVERY TIME"

*Sat. 10:00am-noon *Sun. noon-2:00pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Month 50% OFF						
Mondays = Beads						
Wednesdays = Crafts						
Fridays = Cut Fabric						

3 USED BOOK SALE 2/\$1.00 no tax Many Canadian Titles	4 9:30-11am *Book Group 7pm Knitting (Birnie's) ORDER DATE	5 4-6pm *Beginning Quilting 6-8pm Beading	6 *Knit/Crochet 10:00-noon *Kids Krafts 2:30-4:00 *Sewing Trousers Workshop 6:30-8:30	7 4-6pm *Beginning Sewing	8 1-3pm *Holiday Crafts 3-4pm *Camera Club	9 Free use of Tools & Large Cutting Table
10 USED BOOK SALE Thanksgiving	11 CLOSED for Thanksgiving	12 4-6pm *Beginning Quilting 1-3pm *Knit Fingerless Gloves 6-8pm Beading	13 *Knit/Crochet 10:00-noon *Kids Krafts 2:30-4:00	14 4-6pm *Beginning Sewing	15 1-3pm *Holiday Crafts 3-4pm *Camera Club	16 Free use of Tools & Large Cutting Table
17 USED BOOK SALE Local Author	18 9:30-11am *Book Group 7pm Knitting (Birnie's)	19 4-6pm *Beginning Quilting 6-8pm Beading	20 *Knit/Crochet 10:00-noon *Kids Krafts 2:30-4:00 *Sewing Trousers Workshop 6:30-8:30	21 4-6pm *Beginning Sewing	22 1-3pm *Holiday Crafts 3-4pm *Camera Club	23 Free use of Tools & Large Cutting Table
24 USED BOOK SALE	25 9:30-11am *Book Group 7pm Knitting (Birnie's) ORDER DATE	26 4-6pm *Beginning Quilting 6-8pm Beading	27 *Knit/Crochet 10:00-noon *Kids Krafts 2:30-4:00	28 4-6pm *Beginning Sewing	29 1-3pm *Holiday Crafts 3-4pm *Camera Club	30 Free use of Tools & Large Cutting Table
31 Halloween						

Free Classes

Free Classes

*FREE

For info or to sign up for classes (250)569-2645