Just a nice place to stop a
OPEN 11am-8pm 7 Days a Week HOT DOGS . JAPA DOGS

SMOKIES . SUBS

SOFT ICE CREAM . MILKSHAKES 16 FLAVORS OF ICE CREAM

Serving The Robson Valley SCREAMERS . SUNDAES

Irene Berndsen





Prince George

hiver-me-limber

Framing using timbers and traditional joinery Face lifts with timber accents Timber Frame additions Cabin packages Anything you need done with Timbers we will do! - name Construction

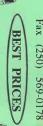
Advantage Insurance Rosemary L. Hruby, CAIB Services Ltd

250-569-2264

REMEMBER We're OPEN

Saturdays 10:00am to 3:00pm

ROBSON VALLEY CONSTRUCTION REDI-MIX CONCRETE



Finish ConcreteDelivery ConcreteDelivery Gravel,Sand & Dirt

HEAVY HAULING
Tilt Deck -Tridem Drop Deck

est Rates In Town

• General Construction • Residential
• New Construction • Commercial
• Remodeling • Install Septic Syste
• Drywall • Repair Are you having troubles with

Guide Outfitter pays good trophy fee if you permit hunting.

private property in McBride?

elk, deer or cougar on your

email:mmramosch@hotmail.com

or call (250)694-3719

MJS HOLDINGS

SKIDDER



DOZER

Land clearing / Landscaping
Site preparation / Road building
Certified tree faller / Dangerous tree removal
MARTY HICKERTY 250-569-3410 or 7343

FREE The Little FREE

GET READY FOR THE NEXT SEASON

MGBride Paper



· Poplar · Cedar

for sale

Bucked/Split by the Cord

·Birch ·Fir/Spruce ·Fir Logs

Firewood For Sale

Custom Hand Split CEDAR POST & RAIL

For the week of Wednesday, August 11th, 2010

618RARY NEWS

FOR

SALE

250-569-7286

gaming nights will likely continue to run through the rest and during the winter. If you have any questions related programs or other library operation feel free to contact

VAGATION BIBLE SCHOOL

2007 Ford F150 Supercrew, XLT, mid-length box, 48000kn #3448, \$16995.00

2005 Ford F150 Supercab, XLT, shortbox, 120000km, #8554, \$11995.00

For more information contact Dave or Wade at 250-569-8830 or stop by the shop at 923 Airport Road

McBride E-Free Church is hosting the 2010 Daily Vocation Bible School on August 9 thru to 13th. DVBS will be from 9 am to 11:45 daily for ages 4 to 14. The theme for this years DVBS is "Come to the Farm' Meet Farmer Al Falfa and the Gang and join in on the games, crafts, Bible stories, snacks, puppets and more. See you there. Parents and family are invited to join us at 11:00 am on Friday, Aug. 13 for our VBS wrap up and show and tell time. This is an opportunity for the kids to show Mom and Dad what they've been up to during the week. Hope to see you there!

GOMMUNITY ANNOUNCEMENT

you are making Cotton Wash Cloths for cleaning the birds of the spill in the Gulf of Mexico, please have them into Odds 'n Ends fore 5pm on Saturday, August 14. Thank you to everyone for

Mon. & Tues. 7am-3pm Wed. to Sat. 7am to 8pm Sunday CLOSED

OPEN

569-0321

Wednesday NITE SPECIALS
Wings
Garlic Buttered

.40¢ each

.30¢ each

participating.

The blood pressure monitor will be set up in Home Hardware this week. Look for it at the back of the store where it is quieter. This monitor is paid for with money from a grant from HEAL (Healthy Eating Active Living), Northern Health and the McBride Hospital

Auxiliary.

Grad Class of 2011 will now be doing fundraising for Grad. Firewood orders or Odd Jobs please call Brian Taphorn 569-2406.

McBride Adult Literacy - Book Swap Library is now set up at the Robson Valley Recreation Centre. Feel free to take a book, leave a book, or trade a book. Books for all ages are in the display and free to everyone. Any questions please contact Jen Quam at 569-2266.

Robson Valley Recreation Centre Spring/Summer Hours - Monday to Friday 6am to 8pm, Closed on stat holidays.

BIRTHDAY WISHES FOR AUGUST 11 - 17

Aurora Thiessen, Wesley Yungen, Les Savarella, Lucas Franke, Tasha MacMaster, Freda Murin, Rylan Moore, Theresa VanVlissingen, David Kraby, Michael Kolida, Nicole Beer, Pamela Balcaen, Sharlin Rowley, Glen Stanley, Sarah-Dakota Roth, Amy Quam, Dave L'Arrivee, Lisa Cowburn, and to anyone else we missed, Happy

OLD DUTCH CHIPS

Husky

569-2441

591 ml ~ 2 for \$2.50

COCA COLA

355 ml - 2 for \$6.00

RED BULL

235 g ~ 2 for ~ \$6.00

Employment Assistance Service Robson Valley Support Society

GOMMUNITY MARKETS

McBride & Area Community Market, Friday from noon to 3:00p.m at the Village Park until September 10th, 2010. For more information

THINK ABOUT IT...

A snail got mugged by two tortoises. When he went to the police, they questioned him as to what happened. He said, "I don't know, it all happened so quickly.

GHURGH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•Dorcas Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number for the Foodbank is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglican United Church-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk 250-569-0082•Evangelical Free Church-Worship Service at 10:30am, Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick*s Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.July 10th to Sept. 11th. Dunster Community Hall. Sellers Welcome!! Contact Pete at 250-968-4334.

Forest Fires - 1-800-663-5555 867 - For Toll Free Calling to Prov Home St Food Ba

McBride British Columbia AG Foods

Contact Bob Thompson 569-2266

WORKER?

nded by



50z-60z Loster Tail \$7.98 Friday & Saturday

"Dutchman Special"

z. "AAA" Canadian Striploin Steak
\$5.19

CARPENTRY WORK

All types undertaken. No job too small.

DOME CREEK BUILDERS \sim Also Bobcat for hire \$75 / hr. Ring 250-569-0334

CUSTOM CEDIAR

(20 Years Experience) Call: Kohl @ 1-250-553-6867 EXTERIOR FINISH

or Mal @ 1-250-553-2336

Take a Break in McBride...B.G.s Friendliest Town!!

Long length 18' / \$1.10 lin. ft. Moulded Cedar Decking Phone 250-569-0028

WATKIN'S PRODUCTS AVALIABLE

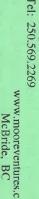
CALL FOR A CATALOGUE:

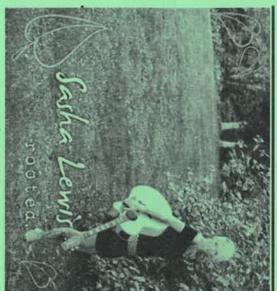
KATHY @ 250-569-0448

3 Bedroom Mobile in
Riverbend Mobile Home Park. F,S,W,D.
Recent Renovations. \$550.00.
250-569-8845 or 250-227-6920.

G &

A Moore Ventures Gerald Moore Contractor





sashalewis.com

or call 250-569-7590 for more information and to order her new album "Rooted."

THE HAIR SHOPPE

803 3rd Ave. - side entrance

JMS Mobile Welding Services 40 yrs experience Big or small jobs 250 553 6873 James Stoltz

Your Neighbourhood Food Store 569

DELL Pepper Ham...\$1.69 / 100g

Rosemary Ham...\$1.69 / 100g MARKETIPLACE 233 Main Stree
McBride, B.C.

Your Neighbourhood Food Store 569-2712

	Hamburger Buns - 12's\$2.28 each Coconuts\$1.99 each	Wonder Whole Wheat Hot Dog Buns or	Dairyland Cottage Cheese - 750g\$4.69 each		double roll 8's\$4.48 each Lays Potato Chips - 235g - 2 for \$5.00	Fillets	Whole Frying Chicken	Bulk Weiners - BBQ or Regular	
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9

BAKERY Rustic Garli Rustic Cheddar &

View at www.fsboc.com #1085 can't write about it! -Scott & Susan Glines - Oscar & Broom or call Alison, 250-569-7133 Take a Break in McBride...B.C.s Friendliest Town! Family Home and Acreage 10 Mins. West of UNBC Built in 1995, 2300 sq. ft, Reduced - \$276,000

McBride Gommunity Foundation!

announce its first Mini Grant Program. Thanks to a generous donation from the McBride Community Foundation and the Northern Development Initiative Trust, grants of up to \$250 are available for projects that assist the Foundation in achieving its mission: To improve the quality of life and benefit the residents of the Robson Valley through grants to Charitable organizations for projects that enhance the health; education; arts and culture; sports and recreation; environment; social services; youth and seniors. Until August 15th, 2010, the Foundation will be accepting grant applications. Information, the Granting Guidelines, Application, Project Description and Recognition Guidelines are available on the Foundation's section of the Village of McBride website. Visit the Community Foundation's at mebride.ca. A Committee of dedicated volunteers was established to set up granting and fund raising programs. Loranne Martin, Chair; Sheliagh Foster, Joe Kolida, Mike Moseley and Russ Purvis. The Endowment Fund was made possible and special thanks in given to: The Prince George Community Foundation and the Community Foundation. The Village of McBride and staff, for providing on-going support to the Foundation and its Committee members. The Office of the Economic Development for applying for the matching grant. The Whistle Stop Gallery for running the logo contest to create a Foundation logo that captures the essence of the work the Foundation does. Sheliagh Foster submitted the winning entry which highlights the rippling effect of the work the Foundation does with Mount Robson in the background. Matthew Wheeler was runner up. The Gigglin' Grizzly for supplying the prizes and sponsoring the Foundation set and discussed the Foundation's purpose and the up coming granting cycle with Committee members. Thank you, Joe and Rosanna Kolida.

For further information on the 2010 Mini Grant Program, visit the Village office, 100 Robson Centre in McBride. For contact by certain the foundation of the contact of the work the Foundation

Everyone Welcome

for Drenda Ruddick-Conrod at McBride gust 14th from 1:00 PM to 5:00 PM. Drop

BUY, SELL, RENT & MISG.

Farm Store 569-0425
, Jasper, Edmonton

2694. \$300.00 o.b.o.•For Rent-1 Bedroom Apartment, across from the Hospital, F/S. \$500.00 Ph:569-0208•To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

Greyhound Bus Schedule

Depart to East-12:15am Daily • Valemount, Jasper, Edmonton

Depart to West-6:10am Daily • Prince George

Please contact The Little McBride Paper with all coming events, news. trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:gglines3@telus.net, P.O. Box 441, McBride, B.C. VOJ 2E0

Conway Carriage Septic Services Member of the British Columbia Onsite Sewage Association

Spa Euphoria

Call by appointment only 569-7160 · Gift Certificates Available:

2 for | Hour "Try Me" Home Help Special

2 more By Choice Carpet Care

MCBRIDE MOVIES & MORE

••• • OPEN 7 DAY A WEEK!!!•••

•• Monday will be a 2 day Rental
•• Thursday will be Rent 2 new Releases or 2 top 100 & get a nildren's Movie Rental FREE or a Gallery Movie Rental for \$1.00
•• We now have a small selection of video games***

McBride Bottle Depot

552 Main Street Phone: 250 569 7760
Open Hours: Thursday, Friday, Saturday: 10 am - 5 pm 552 Main Street

CO-OP

DRIVER SALES REPRESENTATIVE
For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride Greg Belshaw 990 Railway Road Prince George, B.C. Toll Free 1-866-309-2667 Fax 250-567

1-866-309-2667 50-963-9011 Vanderhoof Head Office Phone 250-564-3488

BEAT THE HEAT

GRAB A SEAT

AT THE BEANERY 2

Mon-Fri 6:00a.m. - 5:00p.m. / Sat & Sun 9:00a.m. - 5:0

Beanety 2

Digital Designz

Blue Boat Antique / 2nd Hand Shop Inside Out House Painting Service Phone 569-7473

Vacation Rentals

Ravensnook Guesthouse & Vacation Rentals
Furnished Accomodations
for Discerning Travelers
421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B T 569 0351
Campers Welcome Horses Welcome tool
email: scarecrow@mcbridebc.com 15km West on Mighwy 16

Robson Valley Pet Hostel
Traveling locally for 26 years
Serving locally for 26 years

Ann Schwartz 569-3319 animal health technician

Wade's Auto Repair

Complete automotive ser
 and mechanical repair

A division of DNG Developments

923 Airport Road

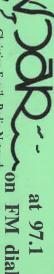
Appointment: 250-569-8830

MICAH YODER

REGISTERED ACUPUNCTURIST
CALL 250-566-1782
FOR AN APPOINTMENT.
Glass Cutting, Picture Printing, Matting and Framing call Bill Arnold 569-3381

-Sirens - Hair Cuts and Colors

OPEN Tues, to Sat.



Services provided to the Valley from





OPEN SEVEN DAYS A WEEK
-M-F 8-6 -Sat. 10-noon -Sun. noon-2

CLASSES - (Sept., Oct. & Nov. Calendars) Fabric Yarn Crafts ToysArt Supplies Scrapbooking

~Free WiFi, Shredding, Fax & Special Orders ~Free "Give Aways" and Draws

~Punch cards for frequent shoppers

~Dollar Bins <u>and</u> Grab Bags

∼5 for \$1.00 each "goodie bag" stuffers for kids' parties

~Fridays 3p.m. to Close, we help with digital cameras and computer training, FREE

~Postage stamps and a VARIETY of mailing envelopes & tubes

~Reasonable rates to print your photos

-Saturday YARD SALES

~Internet Searches

Good Quality used Canadian authored books

Comfortable shopping experience, fun for all ages

~MEN come in, we'll help you find the perfect gift

~Locally-made Treasures

~One-of-a-kind baby gifts

When possible, Canadian-sourced inventory Help with your projects and

serving our customers needs We don't just guess, we bring in what <u>you</u> ask for.

*50% discount on the things you buy.

*Wed. -- fabric 50% off - scapbooking *Fri. - p *Tues. - toys n games
Thurs. - school n office

OF THE WEEK THOUGHTS

Never under any circumstances take a sleeping pill and a laxative on the same night.

If you have to identify, in one word, the reason why the human race has not achieved, and never will achieve, its full potential, that word would be "meetings".

There is a very fine line between "hobby" and "mental illness".

No matter what happens...somebody will find a way to take it too recipely.

When trouble arises & things look bad, there is always one individual who perceives a solution & is willing to take command. Very often, that person is crazy.

Very often, that person is crazy.

Nobody cares if you can't dance well. Just get up and dance.

A person who is nice to you, but rude to the waiter, is not a nice

Never lick a steak knife.

Take out the fortune before you eat the cookie.

The one thing that unites all human beings, regardless of age, gender, religion, economic status or ethnic background, is that, deep down inside, we ALL believe that we are above average drivers.

Your REAL friends still love you anyway.

RVSS - Stepping Stones Summer of Fun! A School-Aged Summer Program Ages 6-12 *Weekdays from 10:00-3:00.

August 9-13: Giggling Girls: Get ready girls! This week will be packed with many fun activities such as baking, nails, facials, dress-up, and a sleepover at the daycare. Be prepared for the fear factor competition, Girls vs Staff! (boys welcome too!)

August 16-20: Bouncing Boys: Now it's your turn boys! Your days will be filled with bugs, cars, dinosaurs, crafts, and many games!

Get ready to compete against the staff in a fear factor competition.

We will also be having a camp-out at the daycare! (Girls welcome

or concerns.

Take a Break in McBride...B.G.s Friendliest Town!! August 23-27: Outstanding Outdoors: Lets end this summer with an awesome outdoor week! We will be going on a nature walk as well as learning to make fire safely and having a hot-dog roast. To end with a bang, we will be doing our own amazing race. See you there!

•Ages 6-12 •Time: 10:00-3:00 •Cost: \$17.50 per day, 5th day free if registering for a full week. *Please note, if there is a swimming trip to Jasper, there may be extra cost to cover expenses. •Robson Valley Support Society - 942 3rd Avenue, McBride BC - 250-569-8861 *Please do not hesitate to contact us if you have any questions or concerns.

Community Futures Total Control Canoe Robson Valley **Community Futures**

Would you like to explore the idea of starting your own business?

You may qualify for the SEB Program if you:
Presently on E.I.
Have been on E.I. in the last 3 years
Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick SEB Co-ordinator Phone: (250) 569-2229 Fax: (250) 569-3276

E-mail: futures3@telus.net

Canada

MOVING SAL

Saturday, August 14th

1097 - 5th Ave. (kitty corner to hospital) **Everything Goes** 8a.m. - 3p.m.

l arge Air Compressor	3 sets triples 2 sets singles	Tire Chains -	11x24.5 Truck Tire new recap	Whirlpool Washer & Dryer	Honda Grass/Weed Trimmer	Troy-Bilt Tuffy Tiller	5000watt Honda Generator	
\$150 OO	\$200 for a		\$150.00	\$450.00	\$100.00	\$350.00	\$850.00	

Large Air Compressor Small Air Compressor Wheel Barrow \$150.00 \$50.00 \$20.00

Various Household Items, etc

truck parts and tools.

Door Prizes!!!

ANOTHER THOUGHT

worship them In order to keep a true perspective of one's portance, everyone should have a dog that will vorship them and a cat that will ignore them.