

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

JMS Mobile Welding Services

40 yrs experience
Big or small jobs
James Stoltz
250 553 6873

MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI

Chicken Loaf...\$1.79 / 100g
Turkey Beer Sausage...\$1.29 / 100g

Fresh Wild Pacific Sockeye Salmon - head removed \$4.99 / lb.
Pork Side Ribs - breast bone removed - family pack (min 2kg) \$2.29 / lb.
Chicken Legs - back attached family pack (min 2 kg) \$1.69 / lb.
Boneless Chicken Breast Halves - family pack (min 1.5kg) \$4.99 / lb.
Rogers Fine Granulated Sugar - 4kg \$5.49 each
Yoplait Yogurt - 659g - 2 for \$5.00
Kingsford Charcoal Briquets - 3.76kg-4.08kg \$7.98 each
Pepsi or 7-Up Products - 12x355ml - 2 for \$9.00 dept + msc. fee
Peaches \$1.49 / lb.
Fresh Carrots by the Bunch \$1.89 each

BAKERY

Danish Twist - 4 pk...\$2.69
Garlic Bread - 450g...\$2.59 each

The McBride Trading Co.

*Antiques, Bulk Foods,
Gifts & Health Products*

check out our...
SIDEWALK SALE

Additional Lowest
25% OFF Price
select items

Essential Oils - 1/2 PRICE 50%
while quantities last...

250-569-2559 246 Main Street McBride, B.C.

250-569-2559

BLACKWOOD GARDENS
PERENNIALS / TREES & SHRUBS
FOR SALE

Come by Chance or Phone Ahead

ANN 569-3319 (Robson Valley Pet Hostel)
4.5 km East of McBride on Highway 16.

New Construction, Renovations Skid Steer Bobcat
Additions, Framing, Finishing Rubber Tracks
Cabinetry, Wood Doors Bucket, Forks, Backhoe
Planning & Install Septic Post Hole Auger 6" & 12" Systems

G & A Moore Ventures

Gerald Moore
Contractor



Tel: 250.569.2269

www.mooreventures.ca
McBride, BC

Cell: 250.569.7147

McBRIDE & DISTRICT PUBLIC LIBRARY

241 Dominion Street McBride, BC V0J 2E0

Phone / Fax: 250-569-2411

SUMMER HOURS

Visit our website at:
mcbridebelibrary.ca

Tues. 10a.m.-5p.m.
Mon. 10a.m.-5p.m.
Wed. 10a.m.-5p.m.
Thur. 10a.m.-5p.m.
Fri. 10a.m.-9p.m.
Sat. 10a.m.-5p.m.

-Search through our catalogue
-Log in and check your account
-Look up other resources available to
you online through the website like
requesting ILL's
-Look for upcoming events at the
library

Sun. *Closed*
Come use our new HUB for Skype, sending photos
to London Drugs, charging your ipod (or other USB
devices), printing off a USB key.

Come use our other 10+ stations for Internet, word
processing and more.

Come in to the library to learn how to access your
account online, use library to go, request Inter
Library Loans (ILL's) and more.

If you are interested in various computer and
Internet related workshops let us know or check our
website to see when they will be held and what they
will be on.

FREE The little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!
For the week of Wednesday, July 14th, 2010

THANK YOU

Thank you for taking the time to Judge on the Lilith Fair
competition. I placed 81st out of almost 300 competitors. It was a
great experience I will not forget. This has opened up new opportunities
for my music and has given me excellent exposure to perform on
radio and more music festivals all over the country. -Sasha Lewis

YARD SALE

Yard Sale - Sunday, July 18th at the Seventh Day Adventist
Church, on Lanning Pit Road, 10-4p.m.
Garage Sale 10 a.m. - 2:00 p.m., Saturday, July 17th at 2996
Dorval Rd. (Mike Molendyk's home). Furniture, kitchen supplies,
kids stuff and many other items. Please no early birds.

McBride Community Foundation!

The McBride Community Foundation Committee is pleased to
announce its first Mini Grant Program. Thanks to a generous
donation from the McBride Community Forest Corporation and the
Northern Development Initiative Trust, grants of up to \$250 are
available for projects that assist the Foundation in achieving its
mission: To improve the quality of life and benefit the residents of
the Robson Valley through grants to Charitable organizations for
projects that *enhance the health; education; arts and culture;
sports and recreation; environment; social services; youth and
seniors*. Starting July 15th, 2010 through to August 15th, 2010, the
Foundation will be accepting grant applications. Information, the
Granting Guidelines, Application, Project Description and Recognition
Guidelines are available on the Foundation's section of the Village
of McBride website. Visit the Community Foundation's at mcbride.ca.
A Committee of dedicated volunteers was established to set up
granting and fund raising programs. Loranne Martin, Chair; Sheliaugh
Foster, Joe Koldia, Mike Moseley and Russ Purvis. **The Endowment
Fund was made possible and special thanks in given to:** The
Prince George Community Foundation and the Community Foundations
of Canada for their support and expertise in setting up the Foundation.
The Village of McBride and staff, for providing on-going support
to the Foundation and its Committee members. The Office of the
Economic Development for applying for the matching grant. The
Whistle Stop Gallery for running the logo contest to create a
Foundation logo that captures the essence of the work the Foundation
does. Sheliaugh Foster submitted the winning entry which highlights
the rippling effect of the work the Foundation does with Mount
Robson in the background. Matthew Wheeler was runner up. The
Giggin' Grizzly for supplying the prizes and sponsoring the
Foundation's Introduction Meet and Greet in which local registered
charities met and discussed the Foundation's purpose and the up
coming granting cycle with Committee members. Thank you, Joe
and Rosanna Koldia.
For further information on the 2010 Mini Grant Program, visit the
Village website at mcbride.ca. Applications may be dropped off at
the Village Office, 100 Robson Centre in McBride. For contact by
email at mcbridecommunityfoundation@mcbride.ca.

STEPPING STONES

RVSS - Stepping Stones Summer of Fun! A School-Aged Summer
Program Ages 6-12 *Weekdays from 10:00-3:00.

July 12-16: Petit Pirates / Arrrr! Come all ye young fellows that
follow the seal. This week will be filled with tons of pirate activities
including making boats and sword games.

July 19-23: Silly Scientists / This week will be filled with tons of
wacky experiments! We will also be doing many "green" crafts and
planting our own seeds. If you enjoy science then this is the week
for you!

July 26-30: Great Games and Stupendous Sports / During this fun-
filled week we will be playing many sports including: bike riding,
soccer, baseball, and more. We will also be doing several silly
relays. Get ready to wiggle and let loose!

*Ages 6-12 *Time: 10:00-3:00 *Cost:\$17.50 per day, 5th day free if
registering for a full week. *Please note, if there is a swimming trip
to Jasper, there may be extra cost to cover expenses. *Robson Valley
Support Society - 942 3rd Avenue, McBride BC - 250-569-8861
*Please do not hesitate to contact us if you have any questions or
concerns.

COMMUNITY MARKETS

McBride & Area Community Market, Friday from noon to 3:00p.m.
at the Village Park until September 10th, 2010. For more information
contact Joyce at 250-569-2427 or Dorothy at 250-569-2436.

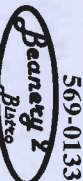
DUNSTER FARMERS MARKET Saturdays, 10am to Noon,
July 10th to Sept. 11th. Dunster Community Hall. Sellers Welcome!!
Contact Pete at 250-968-4334.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valemount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact The Little McBride Paper with all coming events,
news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220,
email:sgines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0
or drop off at 455 King St. If we don't know about it, we
can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.C.'s Friendliest Town!!

Summer so nice
try Coffee 'N' Ice
A day that Not
Our Coffee is Hot...
Mon-Fri 6:00a.m. - 5:00p.m. / Sat & Sun 9:00a.m. - 5:00p.m. / Patio Tables



Digital Designz

Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadigitaldesignz.ca

Antique and Second Hand Shop

940 - 2nd Ave. (Ride And Hide)
Will sell good used items on commission.
Phone 569-7473

Ravensnook Guesthouse & Vacation Rentals

Furnished Accommodations for Discerning Travelers
421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B

569 0351
Campers Welcome Horses Welcome too!
It's beautiful and very peaceful here
email: scarecrow@mcbridebc.com 15km West on Highway 16

Rabson Valley Pet Hostel

Grooming & Boarding
Serving locally for 26 years
569-3319 animal health technician

Wade's Auto Repair

complete automotive servicing,
parts sales and custom car/truck
accessories sales and installation.

923 Airport Road

Appointment: 250-569-8830

MICAH YODER

REGISTERED ACUPUNCTURIST
CALL 250-566-1782
FOR AN APPOINTMENT.

Glass Cutting, Picture Printing,
Matting and Framing

call Bill Arnold 569-3381

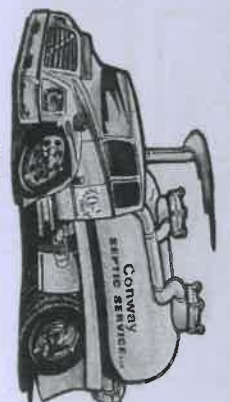
Sirens. Hair Cuts and Colors

located in the McBride Mountain Sports building,
entrance facing 5th Avenue.
Phone: 250-569-0131 OPEN Tues. to Sat.

YODER on FM dial

Christian Family Radio Network
Conway Carriage Septic Services
Member of the British Columbia Onsite Sewage Association

We're here to help you maintain and manage your septic system.



Call us at:
250-568-8860 or
250-568-7371

Spa Euphoria

Manicures, Pedicures, waxing, etc.

by Alestra Kelley

Call by appointment only 569-7160 • Gift Certificates Available!
2 for 1 Hair "Try Me" Home Help Special
cleaning • laundry • linens • meal prep • gardening & more
Regular \$15/hour including cleaning supplies/equipment.
Serving McBride (area travel extra) - Leigh: 250-569-8807

By Choice Carpet Care

Carpet & Upholstery Cleaning Service • Furnace Ducts
Emergency Clean Ups • Residential • Commercial • Vehicles
Blue River • Valemount • McBride (250) 566-4578

McBRIDE MOVIES & MORE

569-0123 New Release Movies

• The Bounty Hunter • The Greatest • Chloe

• How to Make Love to a Woman • Our Family Wedding

• • • • • OPEN 7 DAY A WEEK!!! • • • • •

• Thursday will be a 2 day Rental
Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00
We now have a small selection of video games

McBride Bottle Depot

552 Main Street Phone: 250 569 7760
Open Hours: Thursday, Friday, Saturday: 10 am - 5 pm



Vanderhoof & Districts
Co-operative
Association

DRIVERS SALES REPRESENTATIVE
For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride

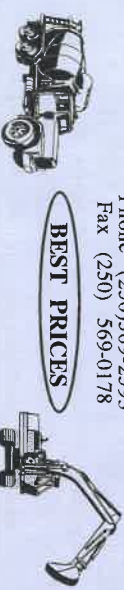
Greg Belshaw
990 Railway Road
Prinze George, B.C.
Toll Free 1-866-309-2667
Home 250-963-9011
Vanderhoof Head Office
Phone 250-564-3488
Fax 250-567-4490
Cell 250-565-8436

Advantage Insurance Services Ltd. Rosemary L. Hruby, CAIB 250-569-2264

Your Local Advantage **For ALL Your Insurance Needs.**

ROBSON VALLEY CONSTRUCTION **REDI-MIX CONCRETE**

PO BOX 474
 Phone (250)569-2593
 Fax (250) 569-0178



- | | |
|---|---|
| BEST PRICES
CONCRETE
• Concrete Stamps
• Driveways
• Finish Concrete
• Delivery Concrete
• Delivery Gravel,
Sand & Dirt | EXCAVATION
• Excavating Road
• Excavation
• Dozer Work
• Ponds, Lagoons & Trenches
• Haul Equipment |
|---|---|



- HEAVY HAULING**
 -Tridem Tilt Deck -Tridem Drop Deck
 Best Rates In Town
- | | |
|--|--|
| CONSTRUCTION
• General Construction
• New Construction
• Remodeling
• Drywall | • Residential
• Commercial
• Install Septic Systems,
Repair & Removal |
|--|--|
- 30 YEARS OF EXPERIENCE**

NORTH COUNTRY LODGE & RESTAURANT

WE ARE NOW HIRING

For Restaurant - Waitresses / Cooks.
 Motel is Hiring for Chambermaids.
 ~~~~~  
 Great summer job for students !!!

Thank You In Advance.

## **SPIN DRIFT POWER SPORTS** **NEW TO YOU**

- All Clothing like New Condition**  
 ~ Various Sizes ~  
 ~ Ladies, Mens & Childrens Fashions ~

**Come check us out**

**OPEN Tues.- Sat. 9:00 - 5:00**

**569-0070**

## **CRAZY CONES**

- Just a nice place to stop  
**OPEN 11am-8pm 7 Days a Week**  
**HOT DOGS • SMOKIES • SUBS**  
**16 FLAVORS OF ICE CREAM**  
**SOFT ICE CREAM • MILKSHAKES**  
**SCREAMERS • SUNDAYS**

## **Serving The Robson Valley**



**Irene Bernsden**  
**250-569-7397**  
 Toll Free: 1-888-563-7397  
 Email: ireneb@royallepage.ca  
 www.mountainviewrealty.ca

Sales Representative  
 McBride, BC



## **LIBRARY NEWS**

Our summer programs have started and will continue throughout the summer. Check our website, phone or come into the library to get more information on each program.  
 •Mother Goose ages 0-2 Tuesday and Thursday 10:30-12:00.  
 •PreKinder Program: ages 3-5 Monday and Wednesday 10:30-12:00.  
 •Family Games Night: Tuesday 7-9pm.  
 •Adult computer workshop: Tuesday 5-6pm and Wednesday 1-2pm.  
 •Young Teen computer help & games: Thursday and Saturday 1-2pm.  
 •Social Computer Gaming: Tuesday & Friday 5-9pm and Saturday 2-5pm.

## **COMMUNITY ANNOUNCEMENT**

Grad Class of 2011 will now be doing fundraising for Grad. Firewood orders or Odd Jobs please call Brian Taphorn 569-2406.  
**McBride Adult Literacy** - Book Swap Library is now set up at the Robson Valley Recreation Centre. Feel free to take a book, leave a book, or trade a book. Books for all ages are in the display and free to everyone. Any questions please contact Jen Quam at 569-2266.  
**Robson Valley Recreation Centre** Spring/Summer Hours - Monday to Friday 6am to 8pm, Closed on stat holidays.

## **HOSPITAL NEWS**

The next Diabetes Self Management Group Meeting will be Thursday, July 22nd. This is the last meeting Dr. Jackson's will attend for a long while. All people with diabetes welcome. The blood pressure machine will be in Home Hardware soon. We are just awaiting some items needed to set it up securely.

### **BIRTHDAY WISHES FOR JULY 14 - 20**

Brooklyn Howard, Michael Balcaen, Scott Keim, Christine Molendyk, Kim Elliott, Stephen Harstad, Barry Kohn, Jon Littlechild, Norma Stromberg-Jones, Paul Wildeman, Ben Zummack, Jane Blouin, Kroy Christison, Kara Silva, Clay Cardinal, Scott Glines, Jaron Hickerty, Jessica Buck, Lillian Mackinnon, Richard Hodgein Jr., Ron Franke, Sherri Flynn, and to anyone else we missed, Happy Birthday.

## **MAKES YOU GO**

### **Hireme...!**

Stock up and save. Limit: one.

## **BUY, SEEL, RENT & MISG.**

For Sale-Set of Men's right hand Golf Clubs \$275. Set of Men's right hand Golf Clubs \$50. Little Chief Home Electric Smoker. Never used. \$70. Phone 569-2485•For Sale-Curved Sofa and Ottoman. Sec at Odds 'n Ends. \$350 firm. 569-2645•For Sale-Pug cross puppies, 2 female & 1 male. Born May 22. \$200 each. Phone 569-7406•Clean house for rent on McBride Crescent. Call 250 569-7378•For Sale: Electric Bike, Great Shape, New Batteries & Charger. \$550 OBO 569-3101•For Sale '03 F150 4X4 Supercrew, shortbox w/ tauneau cover, 4.6L V8, 151,000kms. \$13,000. Call 569-6803•For Sale-Seniors large Riding Cart in excellent condition. For more information call Betty 569-0370•For Sale-1984 Chrysler Fifth Ave. \$100.00. Will tow to location. Ph:569-2340 or 569-7431•For Rent-5 bedroom, close to town. Pasture available. \$750/month. Call Rosy 569-0426•For Sale-3 Morgan cross horses. Well broke. \$200-\$1000. Call Rosy 569-0426•For Rent: shrd accom 1 blk to Main St. Incl: lge bdrm, priv ent, 1a, TV. Suit resp F or cple. NS, ND/A, NP, NW. \$450 incl: utl, ADSL, Skype, smrt ring line - 569-8807•For Sale-2001 Ford Windstar, 3 lt. V6, 108,000km, in excellent shape \$3500.00 Ph:250-569-2303•For Sale-Older Mobile Home on wheels, 10'x34', no wiring, some plumbing, wood heater. \$1000 obo. Please phone 569-7193•For Sale-2005 Chev Impala 3.4L V-6, 143,000 km, exceptionally maintained w/records to view, 6 seats, On-star capability, huge trunk w/back seat access, dual-passenger climate control, extra set rims, pw, pl, tilt, cruise, cd, air. Would keep but family is growing. \$6500. Call 569-8845••Wanted- Riding Lawn Mower, newer in good working condition. Ph:569-8885•For Sale-Fuel Tank with stand, 300 gallon with hose filter nozzle ph:250-569-2694 \$450.00 o.b.o.•FOR SALE-1987 Grand Am 2dr hard top. All new electronics before it was parked. Like new summer and studded winter tires, all on rims (4 brand new tires). Paid over \$900.00 for tires and rims and \$1,500.00 for electronics. Needs fuel pump and exhaust system to run. Needs a bit of T.I.C., great starter car for learner....auto, cruise, tilt, power windows and door locks, great on fuel! \$750.00 firm, need to clear out of the yard. 250-569-7695 (if no answer on 7695, call 7890) Chuck•For Sale-300 Gallon Fuel Tank with stand, hose with filter & nozzle. \$350 obo. Phone 569-2694•For Rent-Mobile Home on Dor-Vai Trailer Park. Wood & electric heat. Two bedrooms. \$300 plus paid rent per month. Phone 569-0334•For Rent-2 Bedroom Apartment, across from the Hospital. F/S, \$525.00 Ph:569-0208•For Rent in McBride-Furnished 3 bdrm Country House - 10 min. walk to town. Utilities - T.V. incl. Short term O.K. NS, N/P. \$700/month. 250-569-2561. Unfurnished negotiable•To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

Via-Rail Schedule  
 Going West - Sunday, Wednesday & Friday...2:40pm  
 Going East - Monday, Thursday, Saturday...1:48pm  
 Discounts for booking 1 or 3 days in advance (not counting travel day)  
 Kids' tickets \$10 ea. this summer, nationwide

## **Important Phone Numbers**

|                       |                |                          |                |
|-----------------------|----------------|--------------------------|----------------|
| EMERGENCY .....       | 9-1-1          | Forestry .....           | 569-3760       |
| R.C.M.P. ....         | 569-2255       | Village .....            | 569-2229       |
| Hospital .....        | 569-2251       | Reg'l Dist' .....        | 1-800-667-1959 |
| Health Unit .....     | 569-2251       | Home Support .....       | 569-2266       |
| K to 7 School .....   | 569-2721       | Food Bank .....          | 569-3186       |
| High School .....     | 569-2295       | Fire Hall .....          | 569-3117       |
| Dunster School .....  | 968-4414       |                          |                |
| School District 57    |                | The Little McBride Paper |                |
| 1-800-256-7857        |                | 569-3110                 |                |
| Report Forest Fires - | 1-800-663-5555 |                          |                |

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
 Dial this Number 1st and ask operator to connect you to provincial department.  
**Take a Break in McBride...B.C.'s Friendliest Town!!**

## **Employment Assistance Service** **Robson Valley Support Society**

# **NEED A JOB?**

## **NEED A WORKER?**

**Contact Bob Thompson 569-2266**

Funded by the  
 Province of British Columbia

## **McBride AG Foods**

**FRESH FISH FRIDAY!!!**

**This Week**

**•Steelhead**

OPEN DAILY  
at 7am

569-0140



## **Canoe Robson Valley** **Community Futures**

Would you like to explore the idea of starting your own business?

- You may qualify for the SEB Program if you:
- Presently on E.I.
  - Have been on E.I. in the last 3 years
  - Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit Program (SEB), please contact:

**Allan Frederick** Phone: (250) 569-2229  
**SEB Co-ordinator** Fax: (250) 569-3276  
 E-mail: futures3@telus.net

Robson Valley  
 COMMUNITY  
 FUTURES  
 The best place to start  
 Canada

## **DOME CREEK BUILDERS** **WE BUILD THE BEST**

## **RENOVATE THE BEST**

*(20 Years Experience)*

Call: Kohl @ 1-250-553-6867

or

Mal @ 1-250-553-2336

## **Custom Hand Split CEDAR POST & RAIL** **250-569-7286**

## **FOR SALE**

- 2007 Chev Equinox AWD, leather, "like new", 48000km, #7716, \$16000.00  
 2005 Chev Cobalt, 2 door, 5 speed, air, 96000km, #3476, \$4400.00  
 2007 Yamaha WaveRunner GPI300R with EZ load trailer, E707, \$6750.00  
 2008 Suzuki 800cc motorcycle, 4300km, #0912, \$4200.00

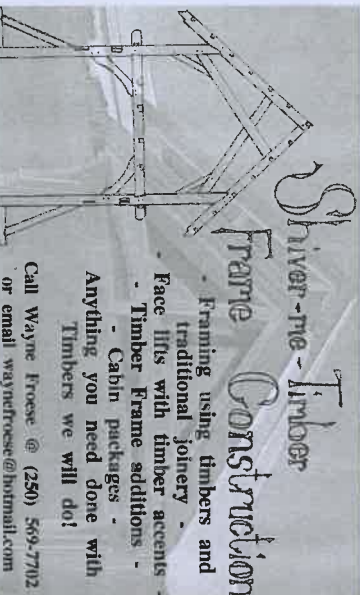
For more information contact Dave or Wade at 250-569-8830 or stop by the shop at 923 Airport Road D11107.



'come in, find holiday craft projects, gifts, scrapbook stickers, fabrics or decor at 50% off

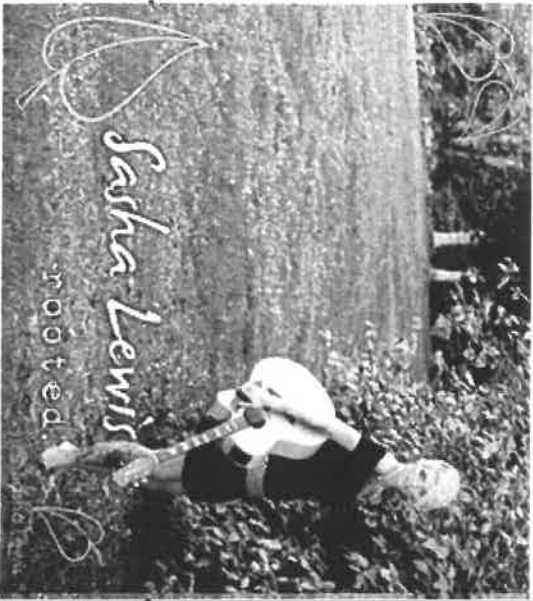
(250) 569-2645 • M-F 8-6 • Sat. 10-noon • Sun. noon-2

|                                                                                             |                                              |
|---------------------------------------------------------------------------------------------|----------------------------------------------|
| NESTLE DRUMSTICKS 140 ml,<br>OREO SANDWICHES &<br>SUPER SANDWICHES<br>2 for ~ <b>\$4.00</b> | NESTLE REGULAR BARS<br>3 for ~ <b>\$3.00</b> |
| CADBURY FAMILY BARS &<br>MAYNARDS LARGE BAG<br>CANDIES<br>2 for ~ <b>\$4.49</b>             |                                              |



**Shiver-me-Timber Framing Construction**  
 • Framing using timbers and traditional joinery  
 • Face lifts with timber accents  
 • Timber frame additions  
 • Cabin packages  
 • Anything you need done with Timbers we will do!  
 Call Wayne Froese @ (250) 569-7702  
 or email waynefroese@hotmail.com





Check out  
**sashalewis.com**  
for more information  
and to order her new album  
**"Rooted."**  
which will be available to purchase  
July 30th, 2010

**For Rent**  
Three Bedroom Mobile in Riverbend Park.  
Available Aug. 1st. \$550./month  
250-569-8845 or 250-227-6920.



**A new  
take on  
a  
weave!**

## TEXAS 4000

On July 16th 2010, 23 cyclists from Austin Texas will arrive at the Anglican United Church, and through our outreach programme we serve them dinner, see that they can shower, do laundry and visit, we listen to their interesting life stories, by the same token they are indeed interested in our lives as well..Breakfast is also provided Saturday morning, then we are most fortunate to be included in their dedication ceremony, as they dedicate the day's ride to some one special in their lives. These University students raise funds to be able to 'do' this ride, and the money goes to the University of Texas' Cancer research lab. The riders will be arriving approx.. 3:30 Friday, it would be so nice to see a crowd on the corner of 5th and Main at that time to welcome them into town, a good time to visit would be after they have dinner ..about 6:30-7:00.

## ADS THAT MAKE YOU GO Mmmmm...

Man wanted to work in dynamite factory.  
Must be willing to travel.

Semi-Annual after Christmas Sale.

Mixing bowl set designed to please a cook with  
round bottom for efficient beating.

Girl wanted to assist magician in cutting off  
head illusion. Blue Cross and salary.

## CHURCH NEWS N' THINGS

**Anglican United Church** - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•**Dorcas** Lanning Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number for the **Foodbank** is 569-3186•**Seventh-day Adventist Church**- Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•**Mountain Chapel (PAOC)**- Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•**Anglican United Church**-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk 250-569-0082•**Evangelical Free Church**-Worship Service at 10:30am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•**Robson Valley Christian Centre**-Meets in home Sundays 11am, Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

**Take a Break in McBride...B.G.s Friendliest Town!!**

*Please drop by for cake and coffee  
Friday, July 23<sup>rd</sup>, 2010  
2:00-4:00 pm*

*at 532 Main Street, McBride  
celebrating the 10<sup>th</sup> anniversary  
of Linda's Notary Office  
and (husb) Del's 65<sup>th</sup> birthday*

## Robson Valley Support Society

942 3rd Ave McBride 250-569-2266

- Adult Literacy
- Police Based Victim Services
- Supported Child Development
- Employment Assistance Service
- Women's Outreach
- Safe Shelter
- Respectful Relationships
- Stopping the Violence Counselling
- Child and Youth Mental Health Counselling
- Children Who Witness Abuse Counselling
- Infant Development Consultant
- Stepping Stones Children's Centre
- Handyman Program
- Family Support

## FOREVER PRINTING & SIGNS

14 years experience

- Signs •Magnetics •Banners
- Sandwich Boards •Weld Decals •Window Decals
- Brushing •Posters •Business Cards •Address Labels
- Letter Printing •Colour Photo Copies •Invitations
- Brochures •Trophies •Engraving •T-Shirts

For more information please contact Scott or Susan at  
569-3410 or fax 569-0220



No, really  
it was the  
cat?