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for 17 years



Gerald Moore
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250.569.7147C

Employment Assistance Service Robson Valley Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the
Province of British Columbia

Robson Valley Dental

Thank you for your patience & understanding while we have undergone major repairs to our office following extensive water damage. Unfortunately there have been numerous delays and the restoration process has taken for longer than planned. Now the good news! We will re-open for business as usual on Monday, April 26th. In the meantime, please feel free to leave a message at the office 250-569-3434 or call me at home 250-569-2335. Again my sincere apologies for any hardship this may have caused my patients.

Mike Moseley & Staff

King Creek Property Management

Repairs • Painting • Remodeling • Junk Haulaway,
Equipment & Tool Rentals

ALL PROPERTY SERVICES YEAR ROUND
SERVICES YOU CAN AFFORD
Al Moir 250-569-0191/0184

MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI

Blue Ribbon Bologna...\$1.99 / 100g
Dijon Turkey Breast...\$2.89 / 100g

Bulk Weiners - reg or BBQ\$1.99 / lb.
Pork Shoulder Blade Steaks - family pack..\$2.69 / lb.
Boneless Skinless Chicken Breasts.....\$5.49 / lb.
Fast-Fry Pork Sirloin Steaks (Boneless).....\$3.19 / lb.
Coca-Cola or Sprite Products -
12x355ml or 10x355ml.....\$4.79 + dep. & recy. fee
IGA Hot Dog or Hamburger Buns - 12's..\$1.98 each
Lays Potato Chips - 235g - 2 for\$5.00
McCain Old South Orange Juice or
McCain Frozen Concentrate - 300ml\$4.99 each
Kellogg's Raisin Bran - 675g\$2.98 each
Danone Activia Yogurt - 8's\$4.99 each
McCain Pizza - 465g-900g - 2 for\$9.98
Dempster's Signature Bread - 100% whole wheat
or sesame white - 680g - 2 for\$6.00
Breyers Classic Frozen Dessert -
1.66-1.89 litres\$5.79 each
Compliments Pasta Sauce - 700ml\$2.98 each
Compliments Tortilla Chips - 310g\$2.28 each
Organic Celery Hearts - 545g\$2.99 each
Bagged Avocados - 4's\$5.19 each

BAKERY

Rustic Flax Rolls - 6 pk...\$2.49
Multi-grain Bread - 450g...\$2.29

FOR SALE

2006 Ford F250 XL/T, 4x4, diesel, excab, shortbox,
box liner, hidden hitch, new tires, 140000km, \$16995.00

2005 Chev Equinox, automatic, power mirrors, locks,
windows, a/c, cruise, AWD, 122000km, \$8995.00

2001 Ford F150 XL/T, supercrew, automatic, 125000km,
\$7995.00

For more information contact Dave or Wade at
250-569-8830 or stop by the shop at 923 Airport Road
DL11107.

THE MAIN STREET GRILL

Wednesday NITE SPECIALS

Wings
Garlic Buttered Prawns
.35¢ each
.25¢ each

Friday NITE SPECIAL

Veal Parmesan

569-0321

YARD SALES

MOVING SALE: Bowflex PowerPro with squat attachment - \$500.00. Computer Desk with hutch - \$50.00. 2 Corner shelf units - \$25.00 each or \$40.00 for both. Entranceway free standing storage unit (pine) - \$150.00. Technics Stereo system (am/fm, cd and cassette decks) with speakers and cabinet - \$150.00. StarChoice HD DSR505 receiver - \$100.00. StarChoice DSR317 receivers (2) - \$25.00 each. Nexess Roof Cargo Carrier (used once) - \$200.00. Outdoor rink kit - \$50.00. Petmate Dog House - \$50.00. Michelin Ice X 225/60/R16 (set of 4) - \$350.00. Yokohama LT 235/8R/R16 studded (set of four) - \$50.00. If interested call 569-8898, we'll also be selling A LOT more at the Garage Sale on April 24th at the Elks Hall.
Garage Sale - April 24th - Elks Hall - If you are wanting to clean-out that shed or basement make sure you book a table through Odds & Ends (250-569-2645). Tables are \$10.00 each. Soup and Sandwiches will be available while people are shopping.

ACM

YELLOWHEAD SKI CLUB ANNUAL GENERAL MEETING
APRIL 27TH, 6:00 PM, 1025 - FIFTH AVE. (KJELL.S).
Annual General Meeting of the FHA will be Saturday April 24 at 10 am at the Dunster Hall. Bring your canoe as the short meeting will be followed by a paddle (weather permitting) from the Dunster Bridge to Brown Road (approx. two hours).

COMMUNITY ANNOUNCEMENT

Village of McBride Annual Residential Clean-Up, Sunday, May 2nd, 1:00 p.m. Meet at the Village Park. Take Pride in your community. Come help us clean up! Free BBQ for participants.
BASBALL Start Up Meeting on May 4th, 7:00pm at the Firehall in McBride.

The next Diabetes Group Meeting will be held on Wednesday, April 21, 2010 from 1 - 3 pm in the Education room at the hospital. All people with diabetes welcome!

The Public Health Unit will be hosting a 3 yr. old Fair April 27, 2010 from 10:00 am to 3:00 pm. If you child is born between May 1, 2006 to April 31, 2007 please give us a call at 569-2251 ext. 226 and we will gladly book you an appointment. Our theme will be based on Health and Safety with the emphasis on the Provincial Vision Screening for this age group and much more. There will be prizes and refreshments along with lots of fun events.

HOMESCHOOL INFORMATION MEETING - Did your school close down? Are you looking for another schooling option? Do you think you might like to homeschool? Or are you just curious about how homeschooling works? There will be a Heritage Christian On-line School (HCOS) information meeting along with a several information seminars about the grad program, on-line schooling questions, and how to manage a good home education at the Evangelical Free Church in McBride on April 16 from 9-12 AM. Everyone is invited. For further information contact Wendy Lowe 250-569-7810.

Downtown Thrift Store - Don't forget about Dollar Bag Days., Tues., April 13 & Fri., April 16. Hope to see you there.

GARAGE SALE - Anglican United Church Women will hold a Garage Sale April 30, 2010. Donations of good used items appreciated. Drop off at Molendyk's - 1125 McBride Cres. after April 15. Thanks for all donations.

FORM FOR LIFE "BOOTCAMP" Come and do a one week workout booster with me for only \$70 for 7 days! You can also do drop in for \$15. Starting May 3 - May 9/10, Mon-Fri. 6pm-7pm and Sat. and Sun. 10am-11 am. It will be outside rain or shine at the highschool top field. With summer around the corner this is a great way to get yourselves back into shape! All you need is proper workout clothing, water bottle and lots of energy! Please call Jenny to sign up @ 569-8853 or 7053.

Robson Valley Recreation Centre Spring/Summer Hours - Monday to Friday 6am to 8pm, Closed on stat holidays.

BUY, SELL, RENT & MISC.

For Sale-2 SHARP Cash Registers model ER-A440. Includes till paper. \$300 / pair. Phone 569-2284.
For Rent in McBride-Furnished 3 bdrm Country House - 10 min. walk to town. Utilities - T.V. incl.. Short term O.K. N/S, N/P. \$700/month. 250-569-2561. Unfurnished negotiable.
For Sale - Free Spirit Treadmill, paid over \$1100, sell for \$450.00 obo. 569-0078.
For Sale-rocking chair \$30.00 and Form for Life Aerobics punch card value \$20.00. Call Ria 569-0402.
For Free-Milking goat, two perfect girl goats and house plants, also piano music: Call Regina Timmins 569-4007 or come to West Twin to pick up.
For Rent-2 Bedroom House East of McBride. Private, good water, good hydro. Phone 569-2628.
For Sale-2008 X MOTOS 150 Dirt Bike, New, 50km. 4 stroke. Fun for Anyone to 5 foot 6. \$850 obo. 1965 Dodge Polara all original, running and registered, 313 Wedge Very Rare Motor. \$3200 obo. 569-0191.
House for rent-Three bedrooms. Newly renovated. Call 569-7378.
For sale-50+ lbs. square bales, \$5 per bale, no rain, in shed. Round bales, price varies. D. Trask 569-3201.
For Sale-Left-handed compound bow - includes quiver, arrows, release and hard bow case \$500.00 / Aluminum checkplate locking dry box for full size pick-up. \$300.00 / Stihl Chainsaw MS 460 Magnum 77cc 25" bar \$600.00 PH:569-0107.
Wanted-Looking to buy sturdy bunk bed set, in g/c. call (250)261-0422.
Bunnies-6 weeks old , ready to go to a good home. Please contact me for more info or leave a message and we will return your call. 569-8809.
For Sale-New 32" x 80" fir exterior door. 22" x 36" glass insert. Ready for installation. Pre-stained natural. \$950.00. Call Gerald Moore 250.569.2269.
For Rent-Two bedroom basement suite. Lots of light, clean. N/S. \$500 per/mo. Contact Ria at (250) 569-0402.
For Rent-1 bedroom Apartment across from hospital. F/S \$500.00 Ph:569-0208.
To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valenmount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

FOR SALE

•1992 Chev Passenger Van \$400.00 •2 155x13 Winter Tires like new, on 4 stud wheels \$10 each •Car Batteries wanted - \$1 each Call Del at 250-569-7070

Glass Cutting, Picture Printing,
Mating and Framing
call Bill Arnold 569-3381

•Sirens • Hair Cuts and Colors
located in the McBride Mountain Sports building,
entrance facing 5th Avenue.
Phone: 250-569-0131
OPEN Tues. to Sat.

Conway Carriage Septic Services
Member of the British Columbia Onsite Sewage Association

We're here to help you maintain and manage your septic system.



Call us at:
250-569-8880 or
250-569-7371

The Willow Heart

Stop by & check out our shop,
by chance or
pls. phone 250-569-3310
1630 Koeneman Rd. McBride

Spa Euphoria

Manicures, Pedicures, waxing, etc.
by Alicia Kelley

MCBRIDE MOVIES & MORE New Release Movies

•Pirate Radio •Trucker •Dora
•Red Cliff •Ice Twisters •Tenderness

•The Stannin Salmon

••• OPEN 7 DAY A WEEK!!! •••

• Monday will be a 2 day Rental

•• Thursday will be Rent 2 new Releases or 2 top 100 & get a Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00

••• We now have a small selection of video games •••



Vanderhoof & Districts
Co-operative
Association

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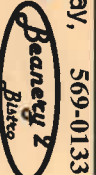
THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

CANADIAN Digital Designz

Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

Should April showers come your way, 569-0133
at the Beanery 2
you can stay all day.



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Serving locally for 24 years
Ann Schwartz 569-3319 animal health technician

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Complete automotive servicing,
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accessories sales and installation.

923 Airport Road

Appointment: 250-569-8830

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782
FOR AN APPOINTMENT.

FOR SALE

**culverts 10,16,24 inch new plastic x 20ft
16 & 20 in banged steel pipe for culverts
42 in short chunks of pipe for firepits
some rolls of erosion control geocloth
new 4,6,8 in x 30ft pipe
excavator swamp mats
12 in H beam x 16ft or so
250 968 4419 norm or mike**

Canoe Robson Valley Community Futures Community Futures

Would you like to explore the idea of starting your own business?

You may qualify for the SEB Program if you:

- Presently on E.I.
- Have been on E.I. in the last 3 years
- Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276
E-mail: futures3@telus.net

McBride Bottle Depot
552 Main Street Phone: 250 569 7760
Open Hours: Thursday, Friday, Saturday: 10 am - 5 pm



Who says truck driver training has gone down hill?

Take a Break in McBride...B.G.s Friendliest Town!!

PREVENTION OF VIOLENCE AGAINST WOMEN WEEK

APRIL 18th - APRIL 24th, 2010. Come and join us at our Annual Awareness Walk, for Prevention of Violence Against Women Week. WHEN: THURSDAY APRIL 22, 2010. WHERE: LEAVING ROBSON VALLEY SUPPORT SOCIETY 942-3rd AVE. McBRIDE. TIME: 12:00 P.M. RAIN OR SHINE... EVERYONE WELCOME. LIGHT REFRESHMENTS PROVIDED. For more information, please call Elizabeth or Penny at 250-569-2266.

WOMEN'S FAIR

hosted by Robson Valley Support Society, Saturday, April 17, McBride. Registration forms now available at Robson Valley Support Society, 942 - 3rd Ave. Deadline to register is Friday, April 9. Participants must pre register, open to all women 14 years of age and older. Sign up early as spots fill up quickly. Fair and lunch all provided free. Contact Jen Quan at 569-2266 for info.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00 • **Doreas Lanning Pit Rd.** (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00 • Contact number for the **Foodbank** is 569-3186 • **Seventh-day Adventist Church** - Meet Saturdays at 9:30 & 11 a.m. and Wednesdays at 7 p.m. Phone: Ph: 569-3370 • **Mennonite Church** - Meet Sundays 11 a.m. and 7:30 p.m. & Wednesdays at 7:45 p.m. Ph: 569-0445 • **Mountain Chapel (PAOC)** - Sunday School & Adult Classes - 10 a.m., Services - 11:10 a.m. Ph: 569-3350 • **Anglican United Church** - Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk-250-569-0082 • **Evangelical Free Church** - Sunday School at 9:45 a.m., Worship Service at 11:00 a.m. Ph: 569-2378 or 569-8845 Pastor Dan Carlaw • **Robson Valley Christian Centre** - Meets in home Sundays 11 a.m., Dunster Ph: 968-4335 • St. Patrick's Catholic Church - Meets Sundays at 11:00 a.m. Ph: 569-2606. Call to Confirm.

LOGO CONTEST

McBride Community Foundation Logo Contest. McBride Community Foundation Mission Statement: Dedicated to enhancing the quality of life in the Robson Valley through grants to charitable organizations. The foundation is a permanent endowment fund, initially capitalized by the Village of McBride through the McBride Community Forest Corporation & the Northern Development Initiatives Trust. It is an independent organization free from influence by government: municipal, provincial or federal, as well as corporations, associations and their members, or individuals.

To Enter the Contest What we need from you: A logo that will reflect the inclusive and charitable nature of the foundation. We want you to come up with a logo - and we are offering as a prize to the selected submission a \$100 Gift Certificate generously donated by the Gigglin' Grizzly and public recognition of your contribution. Runner up prizes will also be awarded! We are teaming up with the Whistle Stop Gallery who will run the contest and we have come up with some guidelines that we will be using to help us through the selection process.

Guidelines for the Logo Contest: Reflects the entire Valley, Reflects the mission statement, Images should have a strong visual component, Must be no larger than 8 1/2" by 11", May be coloured or black and white. The Contest is open to all ages and anyone can apply. The contest will run from March 31st through April 30th and all entries must be submitted to the Whistle Stop Gallery no later than April 30th 2010. Images may be submitted digitally or on a physical medium (i.e. paper, canvass, etc.). Artists will retain all rights to the images not selected for the logo and the winning submission will become the legal property of the McBride Community Foundation. The announcement of the winning entry will be made on May 13th, 2010. For more information contact the Whistle Stop Gallery - 1000 1st Avenue, 250-569-8891 or email: whistlestopgallery@telus.net. Applications can be picked up at the Whistle Stop Gallery or the Village office and are to be returned to the Whistle Stop Gallery only.



Village of McBride Information Release

April 7, 2010

Over the past few months there have been some issues brought forward regarding the structure of the McBride Community Forest Corporation (MCFC) and the roles of the Directors.

It was brought to light that there appeared to be confusion over the roles of directors, confidentiality requirements and which act governed the board. MCFC Directors requested the Village of McBride Council (Council) provide clarification to the directors. Council retained a lawyer to prepare policies and procedures to supply further explanation for the directors. Directors were provided with an opportunity to review, accept and sign the documents; any director not wishing to sign the forms would no longer meet the requirements to act as a Director for the MCFC. These policies and procedures were brought forward to protect the MCFC Directors and the MCFC.

As a result, four Directors acknowledged the requirements and Council by way of special resolution of the Shareholder of the MCFC has reduced the members of the Board from seven to four.

Council is committed to reviewing the structure of the MCFC Board of Directors and is currently pursuing an open and inclusive process to gather information. Council envisions this being done by a third party consultant/facilitator.

In the meantime, we have confidence in the MCFC General Manager, staff and the current board of directors to move forward and carry on with the MCFC business.

Village of McBride Mayor and Council

Village of McBride
100 Robson Centre – 855 SW Frontage Road
Box 519
McBride, BC V0J 2E0

**McBRIDE & DISTRICT
PUBLIC LIBRARY**
241 Dominion Street McBride, BC V0J 2E0
Phone/Fax: 250-569-2411

Library Hours:
Tuesday 10-5 & 7-9 Wednesday 10-2
Friday 2-9 Saturday 2-5

library@mcbridebc.org www.mcbridebc.org/library
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