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GIGGLIN' GRIZZLY NEIGHBOURHOOD PUB

SPRING HAS SPRUNG!

Easter Holiday Hours:
Friday & Saturday OPEN 11am-11pm,
Sunday CLOSED (Happy Easter),
Monday OPEN 11am-11pm.

The Gigglin' Grizzly wants to be your everyday escape!
Wednesday Lunch Special-BLT Chicken Salad
Wednesday Dinner Special-Salmon with Hoison,
Orange and Bok Choy

Thursday Lunch Special-Steak and Mushroom Ruebens
Thursday Dinner Special-Penne Carbonara with Chicken
Friday Lunch Special-Chipotle Cheeseburger
Friday Dinner Special-Steak Nephune

Saturday Lunch Special-Peach Lacquered Chicken Wings
& Potato Wedges
Saturday Dinner Special-Prime Rib Dinner with
all of the Trimmings

Join Us For A Great Time!
Happy Easter To Everyone!



Advantage Insurance Services Ltd.

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Closed on Good Friday
Have a

Happy Easter

McBride AG Foods

FRESH FISH FRIDAY!!!

This Week
Arctic Char,
Halibut &
Steelhead

OPEN DAILY
at 7am

569-0140

OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 7-5

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T-Shirts / Hoodies

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- • • • • END OF WINTER SALE • • • • •

Authorized Kim Dealer

Open 7 Days a Week 569-0070
Located Beside the Police Station

FREE The little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!

For the week of *Wednesday, March 31st, 2010*

HAPPY EASTER!!!

CHURCH NEWS

ST. PATRICK'S CHURCH-Everyone is invited to prepare for the great Feast of Easter by celebrating the Holy Triduum (The Three Days) at St. Patrick's Church. *Holy Thursday (April 1) at 7p.m. - Vigil of the Passion, Washing of Feet *Good Friday (April 2) at 3p.m. - The Passion of Christ, Veneration of the Cross *Easter Vigil (April 3) at 8:30p.m. - The Celebration of Light, Thanksgiving for Baptism *Easter Sunday (April 4) at 11am - The Resurrection of the Lord (We are fortunate to have Bishop Gerald Wiesner omi celebrate Mass with us on Easter Sunday.)

McBride Mennonite Church Bible Conference - April 3 & 4: *Saturday Evening - 7:00p.m. *Sunday Morning - 10:00a.m. *Sunday Evening - 7:00p.m. *Visiting Speakers: Henry Enns & Brad Tortelison. McBride Anglican United Church Services: 10AM Good Friday Walk of Sorrow from the church. 9AM Easter Sunday Service.

HST NEWS

The McBride & District Chamber of Commerce Presents a Free Information Seminar: The Proposed Transition to Harmonized Sales Tax Information for Businesses. The Province of British Columbia, administered by the Canada Revenue Agency, will implement the Harmonized Sales Tax (HST) beginning July 1, 2010. The Canada Revenue Agency is offering an informative seminar to help ensure that businesses receive the information they need for the transition. This seminar is recommended for anyone that already files GST returns, is a bookkeeper or runs a retail outlet. A seminar will be held Thursday, April 8, 2010 at the E-Free Church, 135 Lonsdale, McBride BC. Doors open 12:30pm, seminar 1pm-3pm. For those unable to attend, please note this is the same seminar, being held in Prince George. There is no charge for any of these seminars.

WOMEN'S FAIR

hosted by Robson Valley Support Society, Saturday, April 17, McBride. Registration forms now available at Robson Valley Support Society, 942 - 3rd Ave. Deadline to register is Friday, April 9. Participants must pre register, open to all women 14 years of age and older. Sign up early as spots fill up quickly. Fair and lunch all provided free. Contact Jen Quam at 569-2266 for info.

THANK YOUS

Thank You to everyone for the cards, prayers & kind words after the loss of my brother Richard. - Kathy & Barry Shawara
Downtown Thrift Store: We would like to "Thank Everyone" who has donated to our store. It not only helps us to meet our needs in the church, but it helps lots of people in our community. When you bring clothing could you please have it washed, before you bring it, as we don't have a washer & dryer at the hall. Again "Thank You Everyone". - From the Anglican United Church.

GARAGE SALE

For March 31, April 7, April 14, Anglican United Church Women will hold a Garage Sale April 30, 2010. Donations of good used items appreciated. Drop off at Molendyk's - 1125 McBride Cres. after April 15. Thanks for all donations.

SCHOOL NEWS

Ready, Set, Learn!, a pre-literacy programme for 3 and 4 year olds, accompanied by a parent or a caregiver, will again be offered at McBride Centennial Elementary. The spring programme will run for 8 weeks on Tuesdays from April 13 - June 1 from 10:30 - 11:30 a.m. Please phone the school sy 250-569-2721 if you have any questions and to register. Ready, Set, Learn will be hosted by McBride Centennial Elementary, Dunster Fine Arts School, and the McBride and District Public Library.

MINOR HOCKEY NEWS

McBride Minor Hockey Association Year End Wind Up and Annual General Meeting will be held on Thursday, April 8, at 6pm in the McBride Elks Hall. This event is for all players, parents, coaches, managers, concession managers, and executive. Please plan to stay for the AGM for a chance for you child to win a week long summer hockey school package.

BIRTHDAY WISHES FOR MARCH 30 - APRIL 6

Iael Reimer, Norman Seales, Tanya Gainer, Clifford Hooker, Kyle Bekkus, Walter Martens, Becca Thompson, Rick Engertahl, Dale Stephens, Derek McLean, Ian Monroce, Brogen Taphorn, Dale Mason, Dan Spangler, Ralph Saher, Sage Pavlovich, Betty Bartlett, Stephanie Stapley, and to anyone else we missed, Happy Birthday.

Via-Rail Schedule

Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...2:18pm

Discounts for booking 1 or 3 days in advance (not counting travel day)

Important Phone Numbers

EMERGENCY9-1-1 Forestry569-3760
R.C.M.P.569-2255 Village.....569-2229
Hospital569-2251 Reg'l Dist'1-800-667-1959
Health Unit.....569-2251 Home Support.....569-2266
K to 7 School569-2721 Food Bank.....569-3186
High School569-2295 Fire Hall569-3117
Dunster School.....968-4414 The Little McBride Paper
School District 57 569-3110
1-800-256-7857
Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Friendliest Town!!!

The McBride Trading Co.

*Antiques, Raffle Goods,
Gifts & Health Products.*

EASTER CLOSURE

Wed., March 31 - Mon., April 5

...enjoy the Easter Egg Hunt...

Now Open Every Day 9-5 Except Sundays.

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Own Massage, Miss Ashley Beer.
Come Relax In The Hot Tub
Before Your Massage.
Call To Schedule An Appointment
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MONSTER

FULL THROTTLE

473 ml ~ 2 for ~ \$4.49

COCA COLA

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569-2441

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Amy Vause
569-0171

Income Tax Returns
Personal & Small Business
Complimentary E-File for quick refunds
Ask about Instant Refund!!!

SUN



VALLEY

RESTAURANT

Seniors \$13.95
EASTER BRUNCH
April 4 10am-1pm
~ Baked Easter Ham
~ Alberta Top Round Roast Beef
with all the fixins
~ (3) Special Salads
~ (5) Breakfast Items
Children 5 &
under \$4.95

250-569-0007

Watch for our New Restaurant Name,
Come and join us where the Food is Great
and the Service is with a Smile!

Heartland Restaurant HAPPY EASTER



Open 6am Daily

Good Friday -

~Halibut Fish & Chips with coleslaw
All Day (Beer Battered right here!)
~T-Bone Steak Special

Easter Sunday Specials -

~Champagne Breakfast 7am-11am
Choice of Eggs Benedict or
Pancakes & Strawberries with Whip Cream
Dinner Special - 5pm
~Turkey Dinner with all the trimmings
Dessert included.

FOR SALE

2006 Ford F250 XLT, 4x4, diesel, excab, shortbox, box liner, hidden hitch, new tires, 140000km, \$16995.00

2005 Chev Equinox, automatic, power mirrors, locks, windows, a/c, cruise, AWD, 122000km, \$8995.00

2001 Ford F150 XLT, supercrew, automatic, 125000km, \$7995.00

For more information contact Dave or Wade at 250-569-8830 or stop by the shop at 923 Airport Road DL11107.



March 24-31 ONLY
M-F 8-6 Sat. 10-noon-Sun. noon-2
Spring - Lovers
fabric selection
..Up to 75% off some bolts..

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Employment Assistance Service
Robson Valley Support Society

NEED A JOB?

Contact Bob Thompson 569-2266

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THE MAIN STREET GRILL

Wednesday NITE SPECIALS
Wings
Garlic Buttered
Prawns
.35¢ each
.25¢ each

Friday NITE SPECIALS

•Prawn Fettuccini
•Butter Chicken

569-0321



Golf Course Open April 2
Winter Rules \$10
Save The HST Buy a Membership on
10 game Pass before May 1
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250-569-0191

MARKETPLACE 233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI •Montreal Smoked Brisket...\$1.19 / 100g
•Salami w/ Proscuitto...\$1.99 / 100g

•Classic Ham...\$1.59 / 100g •Rosemary Ham...\$1.59 / 100g

CLOSED EASTER SUNDAY

Whole Toupie Ham.....\$2.29 / lb.
Pork Sirloin Roast.....\$2.49 / lb.
Grade A Turkeys.....\$1.69 / lb.
Whole Smoked 2kg Boneless Hams.....\$6.57 each
Coca-Cola or Sprite Products -
12x355ml or 10x355ml.....\$4.79 + dep. & recy. fee
Molli's Clamato Cocktail -
1.89 litres - 2 for.....\$7.00 + dep. & recy. fee

Old Dutch Potato Chips - 235g - 2 for.....\$5.00
Green Giant Canned Vegetables -
341ml-398ml - 4 for.....\$5.00

Cheemo Perogies - 907g - 2 for.....\$4.98
Rogers Flour - 10kg.....\$8.98 each
Breyers Classic Frozen Dessert -

1.66-1.89 litres.....\$3.99 each
Rogers Icing Sugar - 1kg.....\$2.88 each
Dempster's Whole Grains Bread - 680g.....\$2.98 each
Royale Bathroom Tissue - Supreme 3 ply 9's,
2 ply 24's or double roll 12's.....\$7.48 each

New: Rhubarb.....\$2.99 / lb.
New: MarketPlace Beef Steak Tomatos - 3's.....\$3.49

BAKERY

Pumpkin Pie - 8" - \$5.99

COMMUNITY ANNOUNCEMENT

Bingo, Bingo Tonight, March 31, Legion Hall. Start time 6:30. Bring a friend.

Baby Shower - Come out and meet the newest "Littlest Molendyk" Paylyn Jamie Molendyk on Saturday, April 10th at 1:00 p.m. downstairs at the "Gieglin Grizzly". For more info call Nicole or Kathy Molendyk.

Downtown Thrift Store will be closed Good Friday, April 1st. See you on April 6th for Dollar Bag Day.

Anyone interested in looking after McBride Youth Softball contact 569-0342. If no one comes forward there will be no softball for children ages 8-11 and 11-14. Thank you.

Final Dunster Winter Market. Come celebrate with a potluck lunch, Saturday, April 3 from 11:00a.m-1:00p.m. Please bring a \$5.00 donation for the Food Bank.

Aerobic Classes - Mon. & Wed. 6:00p.m. Located at the elementary school. Please bring a mat & a set of weights. Any questions call Jenny 569-8853.

Robson Valley Recreation Centre Spring/Summer Hours - Monday to Friday 6am to 8pm. Closed on stat. holidays.

VALLEY MUSEUM & ARCHIVES SOCIETY
"1st of the Pioneering Family Series" - "Everett Monroe" The Legend and the Life: An exhibition of Shielagh Foster's paintings & an archival & artifact display courtesy of the Monroe and Foster families at the Museum/Library Building until April 6, 2010.

ELKS/ROYAL PURPLE NEWS

FREE Dance Lessons, Practice & Social for the whole Family by novice instructors Darrell & Diane Roth and hosted by the Elks & Royal Purple are every **WEDNESDAY** at the Elks Hall from 7:00 - 9:00p.m. Everyone Welcome!! Children under 12 must be accompanied by parents. Phone 250-569-2377 for more information.

BUY, SELL, RENT & MISC.

For Rent-2 Bedroom House East of McBride. Private, good water, good hydro. Phone 569-2628•**For Sale-2008** XMOTOS 150 Dirt Bike, New, 50Kkm. 4 stroke. Fun for Anyone to 5 foot 6. \$850 obo. 1965 Dodge Polara all original, running and registered, 313 Wedge Very Rare Motor. \$3200 obo. 569-0191•**House for rent-Three** bedrooms. Newly renovated. Call 569-7378•**For sale-50+** lbs. square bales, \$5 per bale, no rain, in shed. Round bales, price varies. D. Trask 569-3201. •**For Sale-Left-handed** compound bow - includes quiver, arrows, release and hard bow case \$500.00 / Aluminum chequerplate locking dry box for full size pick-up. \$300.00 / Stihl Chainsaw MS 460 Magnum 77cc 25" bar \$600.00 PH:569-0107•**Wanted:** Looking to buy sturdy bunk bed set, in g/c. call (250)261-0422•**Bunnies**, in time for Easter or just to have for any occasion! 6 weeks old , ready to go to a good home. Please contact me for more info or leave a message and we will return your call. 569-8809•**For Sale-Wood** Pellets for pellet stove \$120.00 36 bags total, Moving Sale: large fish tank, two rocking arm chairs, and couch. Need to give away two goldfish comes with food. Please contact Ria at 569-0402. •**For Rent-3** bedroom House in the County, 10 min. walk to town. Fully furnished. Short term O.K. Non smokers, no animals in house. \$750/month. •**For Sale-1990** 29' Wilderness Travel Trailer. Sleeps 6, loaded, 2 doors, rear island queen bed, storm windows, tinted windows, air, clean and roomy, well maintained. 2900kg. Hitch & equalizer bars incl. \$7500 obo. Phone 569-2471 or 569-7077•**For Sale-New** 32" x 80" fir exterior door. 22" x 36" glass insert. Ready for installation. Pre-stained natural. \$950.00. Call Gerald Moore 250.569.2269•**For Sale-235/75R15** Winter Tires. Phone 569-8828•**For Sale:**1995 Ford Windstar LX. 7 passenger mini van. Remote start, power windows, power seats, power locks, power mirrors, cruise, air, winter tires. \$1450.00 obo Call 250.569.2269•**For Sale-Olson** 94,000 BTU Oil Furnace with chimney, blower & plenum. \$150.00. Phone 569-2284•**For Sale-2001** Pontiac Aztek. C/W winter tires. \$4500.00. Phone Kevin 569-7434•**For Sale-Entertainment** Stand 48.5" w x 72" h x 15" d. \$30.00. Phone 569-3110•**For Rent:**Attractive 14ft. wide mobile in quiet family park. Large lot, 2 bedrooms, modern appliances, propane heat, nicely renovated. \$500 per month. For appointment to view 250-569-3343•**For Sale-**Inglis Super Capacity Plus Heavy Duty Dryer. Less than 2 yr. old, excellent working condition. \$450 new, asking \$225. Call 569-0130. •**For Rent-Two** bedroom basement suite. Lots of light, clean. N/S. \$500 per/mo. Contact Ria at (250) 569-0402•**For Rent:**1 bedroom Apartment across from hospital. F/S \$500.00 Ph:569-0208••**For Rent-2** bdrm newly renod house on 3rd Ave. Looking for reliable, long-term tenants, avail. innmed. \$950/month. ph: 604-848-8460••**To place an ad call 569-3110.** Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•**Dorcas** Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number for the Foodbank is 569-3186•**Seventh-day Adventist Church-** Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•**Memonite Church-**Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•**Mountain Chapel (PAOC)-** Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350•**Anglican United Church-**Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk-250-569-0082•**Evangelical Free Church-**Sunday School at 9:45am. Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•**Robson Valley Christian Centre-**Meets in home Sundays 11am, Dunster Ph:968-4335•**St. Patrick's Catholic Church-**Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valemount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

Ravensnook Guesthouse & Vacation Rentals

Furnished Accomodations for Discerning Travelers

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FOR AN APPOINTMENT.

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Call Del at 250-569-7070

Glass Cutting, Picture Framing,
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call Bill Arnold 569-3381

McBride Mountain Sports Ltd.
ALL SEASON EQUIPMENT RENTALS
RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL • APPARELS
250-569-2354

We will be **CLOSED**
Good Friday & Easter Sunday

•ALL Sled Rentals
\$300.00 a day!!
Avalanche Gear for Rent

Authorized KLIM Dealer

SPRING SALE NOW ON!!!

BCA Air Bags For Rent

•Tracker Beacons \$310.00

Spring Hours - starting Wednesday March 24
Open Thur. Fri. Sat. Sun. 8am-6pm. Mon. Tue. Wed. on call. 569-7594

•Sirens. Hair Cuts and Colors
located in the McBride Mountain Sports building,
entrance facing 5th Avenue.
Phone: 250-569-0131

Odds 'n Ends 569-2645

Pay for your items with cash during this week and enter a free draw for the best gift basket we've given, yet! You'd have to be an April Fool to pass this one up!!! (double punches Mondays)

Spa Euphoria

Manicures, Pedicures, waxing, etc.

By Alicia Kelley

Call by appointment only 569-7160 • Gift Certificates Available!

MCBRIDE MOVIES & MORE
569-0123 **New Release Movies**

- Sherlock Holmes
- Alvin & the Chipmunks
- An Education
- Petropolis
- Under the Sea

•• OPEN 7 DAY A WEEK!!! •••

•• Monday will be a 2 day Rental!

•• Thursday will be Rent 2 new Releases or 2 top 100 & get a Children's Movie Rental FREE at a Gallery Movie Rental for \$1.00

•• We now have a small selection of video games •••

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Cell 250-565-8436

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

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Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canaddigitaldesignz.ca

Hippy Hop to the Bearnery 2 Shop 569-0133
CLOSED ON EASTER SUNDAY!!!

HAPPY EASTER

Open Mon.-Fri. 6am-5pm • Sat. 9am-5pm • Sun. & Holidays CLOSED

Bearnery 2
Barnes



VILLAGE OF MCBRIDE

NOTICE

March 30, 2010

We would like to advise the community that we will soon be starting construction along Columbia Street (Storm Sewer Improvements). Within the next couple of weeks the contractor will be moving in some materials and equipment, with construction commencing shortly after. There will be periodic road closures during the construction period, please be cognizant of equipment working in the area and if at all possible it would be appreciated if alternate routes could be used during the duration of construction.

We appreciate your cooperation and patience during this period of improvements, if you have any questions or would like any further information you may contact the Village Office at (250)569-2229.



VILLAGE OF MCBRIDE

MEETING CHANGE

The Village of McBride Regular Council Meeting scheduled for April 13, 2010 has been changed to:
April 6, 2010 - 7:30p.m.
at the McBride Council Chambers

CHAMBER NEWS

Logger's Bonspiei Winners: A Event: 1st - Raj Basran; 2nd - Kevin Norrish, 3rd - Andy Kimpton. Winners of the B Event: 1st - Kevin Taphorn, 2nd - Fernando Vecchio, 3rd - Sheldon Brown. Winners of the C Event: 1st - Matt Slaney, 2nd - Ralph Bezanson, 3rd - Len Downing.

The McBride and District Chamber of Commerce would like to thank the following for their generosity. They were major contributors to the success of the Logger's Bonspiei. Please remember to support the businesses who support our businesses! Adrenaline Tours, Advantage Insurance Services Ltd., Alpineview B&B, Aspen Trailer Company, Asman's Funeral Chapel Ltd., Babine Mack Sales & Services, Balcaen Electronics, Bandstra Transportation Systems, Beamey 2 Bistro, Beaver Creek Lodge, Brookfield Power (Valmont Power), Canadian Cylinder and Gas Ltd., Canadian Digital Design, Canadian Mountain Holidays, Centrefire Holdings, Chieftain Auto Parts, CGL Contracting, CIBC Valmont, Coast Powertrain, Crescent Spur Heli-Skiing, Dutchman Holdings (AG Foods), Mountain Pottery, Forest Felters, Forever Printing and Signs, Finning, G&M Moore Trucking, Glen Frear-Fine Art, Gieglin' Grizzly, Inland Kenworth, James Western Star Ltd., JNR Auto Services, Kimpton Contracting Ltd., Linda Fry, Lorraine Martin, Makeplace IGA, McBride Community Development, McBride Cutting Club, McBride Hotel, McBride Mountain Sports, Northern Hardware, Peterbilt Pacific Inc., PG Lite Express Ltd., Radloff and Associates, Robson Valley Hardware Corp., Robson Valley Pharmacy, Sands Bulk Sales, SeareCrow Farm, Schultz Pontiac Buick GMC, Scotiabank, Schmitz and DeGrace Accounting, Spindrift Motor Sports, Sternwheeler Press, Stehman's V&S, Synera Wood Products, The Farm Store, Union Tractor Ltd., Vanderhoof and District Co-op, Village of McBride, Whistle Stop Gallery, Ye Olde Broom Factory, Yellowhead Helicopters, and the Wonderful Anonymous donor.

MCBRIDE ROUNDHOUSE NEWS

Watch for posters and tickets for our next concert, *The Gruff*, April 7th.

DR. NEWS

I need to go. **I shall return.** McBride has become home and I expect to become a Canadian citizen in the next six months. Still, I have to go. In August, 2010, I will start a "leave of absence" that will last about a year. I need to go back to Kansas to support my elderly mother. She lives alone, in the house where we moved when I was five years old. She hopes to stay in that home until her last day. I have always promised her that I would do whatever is necessary to let that happen. In recent years, my son has provided much of my mother's in-home care and support. However, Mathew needs to move on in his life. His schooling will leave no one to carry on with what he has been doing. Now, this becomes my job. I have been working with the Northern Health Authority (NHA) to do what I can to see that health care in this end of the Robson Valley continues. If I resign, quit, or retire, then it becomes more difficult to obtain coverage from the Rural Locum Service of BC. There is no precedent for such a leave, but I am confident that we can make it happen. While I am in Kansas, I will be able to pursue a program of support for Robson Valley health care that I have dreamed of for sometime. The local university in Topeka, Kansas offers a one year course in Cardiac Ultrasound. On my return here, I can complete the remaining training required to become an ultrasound technician. I hope that then the NHA will see fit to support an ultrasound clinic in McBride. This would provide a valuable, often necessary, service that has required travel to Prince George, Hinton, or further. I need to go. **I shall return.** McBride has become home. Still, I have to go to complete this training.

-Michael H. Jackson MD

Take a Break in McBride...B.G.'s Friendliest Town!!!



VILLAGE OF MCBRIDE

You are invited and encouraged to attend our monthly public forum held at the

Sun Valley Restaurant on

Thursday, April 1st 2010 between 7-8p.m.
This is your opportunity to provide your opinions and comments to the Village of McBride staff and Council about the future of your Community.

Everyone is Welcome!!!

LOGO CONTEST

McBride Community Foundation Logo Contest: McBride Community Foundation Mission Statement: Dedicated to enhancing the quality of life in the Robson Valley through grants to charitable organizations. The foundation is a permanent endowment fund, initially capitalized by the Village of McBride through the McBride Community Forest Corporation & the Northern Development Initiatives Trust. It is an independent organization free from influence by government: municipal, provincial or federal, as well as corporations, associations and their members, or individuals.

To Enter the Contest What we need from you: A logo that will reflect the inclusive and charitable nature of the foundation. We want you to come up with a logo - and we are offering as a prize to the selected submission a \$100 Gift Certificate generously donated by the Gieglin' Grizzly and public recognition of your contribution. Runner up prizes will also be awarded! We are teaming up with the Whistle Stop Gallery who will run the contest and we have come up with some guidelines that we will be using to help us through the selection process.

Guidelines for the Logo Contest: Reflects the entire Valley. Reflects the mission statement. Images should have a strong visual component. Must be no larger than 8 1/2" by 11", May be coloured or black and white. The Contest is open to all ages and anyone can apply. The contest will run from March 31st through April 30th and all entries must be submitted to the Whistle Stop Gallery no later than April 30th 2010. Images may be submitted digitally or on a physical medium (i.e. paper, canvass, etc.). Artists will retain all rights to the images not selected for the logo and the winning submission will become the legal property of the McBride Community Foundation. The announcement of the winning entry will be made on May 13th, 2010. For more information contact the Whistle Stop Gallery - 1000 1st Avenue, 250-569-8891 or email: whistlestopgallery@telus.net. Applications can be picked up at the Whistle Stop Gallery or the Village office and are to be returned to the Whistle Stop Gallery only.

Community Calendar sponsored by the Village of McBride and the McBride and District Chamber of Commerce

McBride & District

April 2010

Community Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Put your events into the community calendar 250-569-3366 or email: come2mcbride@telus.net	Evertt Monroe - the Legend and the Life at the Museum this month MUSEUM/LIBRARY HOURS 10am - 5pm & 7 - 9 pm tue, 10am - 2pm wed; 2 - 9pm fri; 2 - 5pm sat SDA FOOD BANK: PHONE 569-3225	Get involved - have fun! Volunteers are the heart of our community	April Fools Day! 7:00PM Public Forum @ Sun Valley	1	2	3 SDA Church 11:00AM Winter Market @ Dunster
CHURCHES 4	5 Easter Monday	6 7:30 pm RC Legion 1-3 pm / 7-8 pm DORCAS 1-3 pm AUCW Thrift Shop 6:30 pm TOPS @ HiltUnit 7:30 pm Elks - Royal Purple McBride Village Council Meeting	7 6:30 pm Bingo @ Legion Hall 7:00pm Free Dance Lessons @Elks Hall 6:00pm Aerobics @Elementary School The Gruff @ Roundhouse	8 2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room Sis Bingo @ BVLodge	9 1-3 pm AUCW Thrift Shop	10 SDA Church
CHURCHES 11	12	13 7 pm Library Trustees 1-3 pm AUCW Thrift Shop 1-3 pm / 7-8 pm DORCAS 6:30 pm TOPS @ HiltUnit	14 7:00 pm Valley Piecemakers @ HS 6:00pm Aerobics @Elementary School 6:30 pm Bingo @ Legion Hall	15 2 - 4 pm OAPO Stitch & Knit 5:30 pm Whistle Stop Meeting @The Station 3:30-5:30pm Dome Ck Reading Room Sis Bingo @ BVLodge	16 1-3 pm AUCW Thrift Shop	17 SDA Church 11:00AM Winter Market @ Dunster
Congratulations to the McBride Mustangs!	6 - 7 pm Aerobics @Elementary School 7 - 9 pm VFD mtng @ Fire Hall	7 pm Library Trustees 1-3 pm AUCW Thrift Shop 1-3 pm / 7-8 pm DORCAS 6:30 pm TOPS @ HiltUnit	7:00 pm Chamber of Commerce Directors Meeting at the E Free Church 6:00pm Aerobics @Elementary School	2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room Sis Bingo @ BVLodge	1-3 pm AUCW Thrift Shop	11:00AM Winter Market @ Dunster
CHURCHES 18	19	20	21	22	23	24 SDA Church
CHURCHES 25	26 6 - 7 pm Aerobics @Elementary School 7 - 9 pm VFD mtng @ Fire Hall	27 1-3 pm / 7-8 pm DORCAS 1-3 pm AUCW Thrift Shop 6:30 pm TOPS @ HiltUnit 7:30 pm McBride Village Council Meeting	28 10:30 am Seniors Pastoral Care Service @ Hosp 7:30 pm Family Support Group@HU 6:00pm Aerobics @Elementary	29 2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room Sis Bingo @ BVLodge	30	Robson Valley Support Society Employment Counselling, Job support, child care and more Call: 250 569 2266

Mon/Thurs/Fri - 9-4
Sat/Sun - 10-4
Stat Holiday 10-2
Tues Wed Closed

TRANSFER STATION HOURS

McBride Recreation Centre - Open Call 569-3360 For more information on programs or go to www.rdcffg.bc.ca and follow the links

Phone: McBride Visitor Centre, 569-3366, or email details to: come2mcbride@telus.net May Calendar deadline: April 26, 2010

Seniors April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<div>1<div>Stitch/Knit @ BV</div><div>2pm-4pm</div><div>Bingo @6:30/BV</div></div>	<div>2<div>Chair Excercises@BV</div><div>@9am</div><div>GOOD FRIDAY</div></div>	<div>3</div>
<div>4<div>EASTER SUNDAY</div></div>	<div>5<div>Chair Excercises@BV</div><div>@9am</div><div>Movie Night /Games</div><div>6:30@BV</div></div>	<div>6<div>Bowling 10am@REC</div></div>	<div>7<div>Chair Excercises@BV</div><div>@9am</div><div>Lunch @Main St. Grill</div></div>	<div>8<div>Stitch/Knit @ BV</div><div>2pm-4pm</div><div>Bingo @6:30/BV</div></div>	<div>9<div>Chair Excercises@BV</div><div>@9am</div><div>Bowling 10am@REC</div></div>	<div>10</div>
<div>11</div>	<div>12<div>Chair Excercises@BV</div><div>@9am</div><div>Movie Night /Games</div><div>6:30@BV</div></div>	<div>13<div>Bowling 10am@REC</div></div>	<div>14<div>Chair Excercises@BV</div><div>@9am</div><div>Birthday Tea@2:00 BV</div></div>	<div>15<div>Stitch/Knit @ BV</div><div>2pm-4pm</div><div>Bingo @6:30/BV</div></div>	<div>16<div>Chair Exceises@BV</div><div>@9am</div><div>Bowling 10am@REC</div></div>	<div>17</div>
<div>18</div>	<div>19<div>Chair Excercises@BV</div><div>@9am</div><div>Movie Night /Games</div><div>6:30@BV</div></div>	<div>20<div>Bowling 10am@REC</div></div>	<div>21<div>Chair Excercises@BV</div><div>@9am</div><div>Lunch @Sandman</div></div>	<div>22<div>Stitch/Knit @ BV</div><div>2pm-4pm</div><div>Bingo @6:30/BV</div></div>	<div>23<div>Chair Exceises@BV</div><div>@9am</div><div>Bowling 10am@REC</div></div>	<div>24</div>
<div>25</div>	<div>26<div>Chair Excercises@BV</div><div>@9am</div><div>Movie Night /Games</div><div>6:30@BV</div></div>	<div>27<div>Bowling 10am@REC</div></div>	<div>28<div>Chair Excercises@BV</div><div>@9am</div><div>OAPO Lunch/Mtg@ BV Lodge</div></div>	<div>29<div>Stitch/Knit @ BV</div><div>2pm-4pm</div><div>Bingo @6:30/BV</div></div>	<div>30<div>Chair Exceises@BV</div><div>@9am</div><div>Bowling 10am@REC</div></div>	