

Advantage Insurance





For the week of Wednesday, March 3rd, 2010

# TODAY!!! - ANNUAL WORLD DAY OF PRAYER

The Annual World Day of Prayer will be hosted at the McBride Anglican United Church on Wednesday March 3, 2010 at 1:30p.m. This Ecumenical Service is open to all. Everyone is Welcome!

## McBride Library News

our

ADVANTAGE

Rosemary L. Hruby, CAIB

250-569-2264

Services Ltd.

YOU CAN'T TAKE IT WITH YOU... BUT YOU CAN DECIDE WHERE IT GOES...Tucsday, March 16 - 7:00p.m. at the Library - A free opportunity to get information on: Wills / Estates / Power of Attorney / Health Care Directives. For more information call Linda 569-0138 or Margaret 569-2411.

### SCHOOL NEWS

McBride Centennial Elementary School is looking for hockey sticks for outdoor shinny! As minor hockey winds down we are hoping folks can take a look for used sticks that would be the right size for elementary school kids. Please feel free to drop them off at the school office. They'll get tons of use. Thanks from the kids.

McBride

AG AG

Foods

FRESH FISH

**FRIDAY!!!** 

### THANK YOU

The Staff at Odds'n Ends wants to thank the people of the Robson Valley for your continued support through these difficult times! Because you shopped "locally" during the month of January, Odds 'n Ends had promised to donate 10% of each days sales to the Food Bank and that cheque totalled, \$1776.00. Money that stayed right here in the Valley. We at Odds 'n Ends look forward to a year of continuing this support; keep a look-out for our up coming "sales"

This Week Cod, Snapper Steelhead

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and support" days.

Many thanks to all of our customers for your participation in our "Show Your Love" campaign!! Your generosity helped us raise \$691.88 for the Heart & Stroke Foundation. -Scotiabank, McBride The McBride Community Badminton Club would like to offer our most sincere thanks to the McBride Royal Purple and Elks Lodges for their recent donation to our program. It is very appreciated by us and will help allow all in our community who would like to play badminton, the opportunity.

Thank you to the Royal Purple and Elks Lodges for the generous allocation of funds to the McBride Secondary School Parent Advisory Council. Your donation of these funds will truly make a difference to our school community.

Sled Rental

Avy Packs

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### MOVIE NITE!

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Hey everyone we need SNOW - so get out those 'Snow dancing boots' and do a Jig.

This month we will be hosting our movie nite on Friday. March 5th. McBride Secondary will be showing FANTASTIC MR. FOX at 4:30 at the McBride Secondary Auditorium. The 7:00 movie will be DID YOU HEAR ABOUT THE MORGANS? As usual, there will be a concession available and tickets can be purchased for \$5 in advance at Stedman's, the Trading Company, the Dunster Elementary Fine Arts School and at McBride Secondary or for \$6 at the door. Fantastic Mr. Fox. This is the story of one Mr. Fox (voice: George Clooney) and his wild-ways of hen heckling, turkey taking and cider sipping, nocturnal, instinctive adventures. He has to put his wild days behind him according to his wife, Felicity Fox (voice: Meryl Streep) and do what fathers do best: be responsible. He is too rebellious. He is too wild. He is going to try "just one more raid" on the three nastiest, meanest farmers that are Boggis. Bunce and Bean. It is a tale of crossing the line of family responsibilities and midnight adventure and the friendships and awakening of this country life that is inhabited by Fantastic Mr. Fox and his friends. This animated comedy, rated PG, will start at 4:30 and runs 87 minutes.

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About the Morgans? This comedy "Did You Hear About the Morgans?" follows a highly successful Manhattan couple, Meryl and Paul Morgan, played by Hugh Grant and Sarah Jessica Parker, whose almost-perfect lives have only one notable failure their dissolving marriage. But the turmoil of their romantic lives is nothing compared to what they are about to experience: they witness a murder and become targets of a contract killer. The Feds, protecting their witnesses, whisk away the Morgans from their beloved New York to a tiny town in Wyoming, and a relationship that was on the rocks threatens to end completely in the Rockies... unless, in their new BlackBerry-free lives, the Morgans can slow down the pace and rekindle the passion. This romantic drama is rated PG-13, starts at

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Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...2:18pm
liscounts for booking 1 or 3 days in advance (not counting travel days) 1-800-663-5555 ree Calling to Prov



McSweeneys Jerky 80 g ~ \$4.99

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Husky

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591 ml ~ 2 for ~ \$2.22 Take a Break in McBride...B.G.s Friendliest Town!!

McBride The bittle FREE

FREE

## VILLAGE OF MCBRIDE

Request for Proposals

of McBride is interested in

regular office hours. I on March 4, 2010. Interested parties can obtain a copy of the information packages from the McBride Village Office at 100 Robson Centre - 855 SW Frontage Road, McBride, BC during regular office hours. Packages will be available for distribution

Sealed proposals will be received by the Village of McBride at 100 Robson Centre - 855 SW Frontage Road, McBride B.C. up to 3:00 pm, Friday, March 26, 2010.

accepted.

The Village of McBride reserves the right to any or all proposals/bids.

For further Information please contact:

Margaret Graine - Economic Development Office Village of McBride

Centre-855 SW Frontage Road, McBride, BC (250)569-7556 / Fax (250)569-3276





We will be CLOSED

March 5 - Sun., Spring Break March 14

MARCH into Wellness...watch for details about Wellness Week

MARCH into SAVINGS

10% OFF all Supplements 15% OFF all Cleanses 20% OFF all Bulk

l coupon per customer offer expires March 31, 2010

Complete automotive servicing parts sales and custom car/truck accessories sales and installation 250-569-2559 246 Main Street McBride, B.C.
Wade's Auto Repair

923 Airport Road

250-569-8830

Wings Wednesday NITE SPECIALS

ngs Garlic Buttered Dry Garlic

Prawns **Dry Garlic Ribs** 

Friday NITE SUPER SMORG

35¢ each

.25¢ each

\$8.95 per bowl

Dine In or Take Out 569-0321 CLOSED Sun., March 7-Thurs., March 11 (OPEN Fri.)



to be your everyday escape! OPEN FOR LUNCH at llam.

Wed Lunch Special - Pulled Pork Sandwich with coleslaw Wed Dinner Special - Potato Crusted Cod Filets
Thurs. Lunch Special - Crispy Chicken Breast Burger
Thurs. Dinner Special - Spaghetti and Meatballs
Fri. Lunch Special - Steak and Crab Legs
Sat. Lunch Special - Pieces Cod and Chips
Sat. Dinner Special - Chicken Cordon Bleu

Don't forget that you receive a FREE BIRTHDAY and ANNIVERSARY DESSERT!

We succeed in bringing out those GIGGLIES whether it's

We are now accepting bids to cater the Ducks Unlimited Dinner March 20, 2010.

Approximately 80 to 100 people. All interested parties please submit written bid by March 5, 2010. Bids can be brought to Home Support office Attention Amy, or contact Roland Matwick Phone# 569-0339

### Accounting Services **Number Cruncher**

Amy Vause 569-0171

### **Income Tax Returns**

Personal & Small Business
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NARUSETIPLACE 233 Main Street
McBride, B.C.

Natahhanrhood Food Store 569-2712

55000km, #7775, \$21000.00

6 Chev Cobalt SS, 2 door, 5 speed, leather interior, air, se, power locks and windows, 10000km, #7732, \$7500.00

6 Ford F250, excab, 4x4, diesel, XLT, shortbox, hidden h, new tires, wooden box liner, 140000km, #6255, 995.00

1998 SkiDoo MachZ800 triple, with 2 inch 144 inch track 800km on new motor and clutch. \$2000.00 For more information contact Dave or Wade at 250-569-8830 or stop by the shop at 923 Airport Roa

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250.569.7147C 250.569.2269H

Employment Assistance Service Robson Valley Support Society

Contact Bob Thompson 569-2266 ORKER?

Funded by the Province of British Columbia

Take a Break in McBride...B.G.s Friendliest Town!!

We are holding a General Meeting of the McBride & District Chamber of Commerce on Wednesday, March 17, 2010 at 7:00 PM at the E Free Church. Please come out for the Neighbourhood Watch presentation by our local RCMP, to vote on by-law changes and to hear what your Chamber is doing for you! It is an exciting year! It is also time to sign up your team for the Annual Logger's Bonspiel on March 26, 27, & 28th. Call Dannielle at 250-569-3366.

McBride Figure Skating Club is holding their AGM Sat., March 27th at 10 am in the Sandman Dinning room. We have many positions opening up and if we want this club to run we need these positions filled. All parents that have existing skaters in our club and anyone interested in joining the new season please come to this meeting. Any info needed please call Jodi Littlechild 250-569-0079.

Baby-sitting Course - Spring Break March 11 & 12th - Please Call Beth at 569-2266 to register.

Robson Valley Support Society will be hosting a SELF-DEFENCE WORKSHOP FOR WOMEN Saturday, March 20th, 2010, 9:30am-1:30pm at the E-Free Church in McBride. This fun workshop will teach participants the basic techniques of self-defence as well as how to minimize the risks of becoming a victim. RCMP officer James Bos instructs. The cost is \$10.00. Please call Elizabeth de Vries to register 250-569-2266.

Prenatal Classes: Are you expecting? Are you interested in classes? When: March 8. Where: Public Health Unit Time: 6:30p.m. to 8:30 - For more information please call (250)569-2251 ext. 226.

The Dunster Winter Market Saturdays from 11:00a.m-1:00p.m. For more information contact Karen Shaw at 968-4331.

Aerobic Classes - Mon. & Wed. 6:00p.m. Located at the elementary school. Please bring a mat & a set of weights. Any questions call Jenny 569-8853.

Robson Valley Recreation Centre, open 7 days a week, (closed for statutory holidays - fitness centres are open during winter hours

# BIRTHDAY WISHES FOR MARCH 3 - 9

Christopher Yungen, Duncan Taylor, Rose Lucius, Caleb Reimer, Damon Monroe, Faalon Wildeman, Jennifer Ford, Kobe Pavlovich, Nigel Jestico, Rick Thompson, Stephanie Hooker, Trayton David Royer, Christopher Rejman, John Pavlovich, Susannah Krinke, Carla Trask, Charles Goodvin, Mathue Miskie, Matthew Will, Chantelle Miskie, Lacey Blouin, Michael Savarella, Rozlyn Jacques, Taylor Bachrach, Ann Schwartz, Logan Jacques, Melissa Wiltsie, Kevin Chuipka, Lorne Raymond, and to anyone else we missed, Happy Birthday.

## BUY, SELL, RENT & MISG.

plenum. \$200.00. Phone 569-2284-For Sale-Green love seat \$100.00. Battery powered Baby swing \$25.00. Baby bathtub & tub Hammock \$8.00 CALL 250-569-0072-For Sale-Grey Carpet, good condition 15x13 \$100.00 Ph:569-0165-For Sale-2001 Pontiac Aztek. C/W winter tires. \$4500.00. Phone Kevin 569-7434-For Sale-113.5 Achilles Inflatable Boat with 25 HP Jet Motor. \$3800.00 obo. Phone 569-7098 (no Saturday calls please.)-For Sale-Entertainment Stand 48.5"w x 72"h x 15"d \$75.00. Phone 569-3110-For Rent:Attractive 14ft. wide mobile in quiet family park; Large lot. 2 bedrooms, modern appliances, propane heat, nicely renovated. \$500 per month. For appointment to view 250-569-3343-For Sale-Avalanche Beacons \$100 each or discount for multi-purchases Ph:250-532-2300 (Mark)-For Sale-Inglis Super Capacity Plus Heavy Duty Dryer. Less than 2 yr. old. excellent working condition. \$450 new, asking \$225. Call 569-0130.-For Sale-National Pool Table \$500.00 Ph:569-7594-Wanted: Phone Wanda at (250) 569-0320.-FREE-RCA 20" Tv in great shape. Has worked faithfully since new (1990). Phone 569-8807-For and furnace. Fridge is 120V. \$400.0. Phone 250-569-0105-For Sale-1978 Travelaire 17.5" dual axle travel trailer in good condition. The interior has been repainted. Dual propane tanks. This unit has a bathroom, dinette, couch and bunk. Includes propane range, oven, and furnace. Fridge is 120V. \$4200 o.b.o. Call 569-0130-For Rent:2 bedroom Apartment across from hospital. Fis \$500.00 Ph:569-1308-For Rent:2 Bedroom Newly Renovated Double Wide Home on 61/2 acres with Shop & Barn. Located on Sansom Rd. Close to town. Ph:569-3410, Fax 569-0220 or drop info at 455 King \$t.

Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00-Dorcas Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00-Contact number for the Foodbank is 569-3225-Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370-Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3386. Hall Rental Phone Thelma Molendyk-250-569-0082-Evangelical Free Church-Sunday School am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335-\$t. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

The Farm Store 569-0425 mount, Jasper, Edmonton

## Sirens. Hair Cuts and Colors Located in the McBride Mountain Sports building, entrance facing 5th Avenue.

Korrin Wall, R.M.T.
Registered Massage Therapist
Call or Email for Appointments 1-250-612-1418

### Spa Euphoria

# MCBRIDE MOVIES & MORE MCBRIDE MOVIES & MORE MCBRIDE MOVIES & MORE S69-0123 New Re/ease Movies Where the Wild Things Are -2012 - Ponyo - All Hell Broke Loose - Monday will be a 2 day Rental - Thursday will be Rent 2 new Releases or 2 top 100 & get a children's Movie Rental FREE or a Gallery Movie Rental for \$1.00 We now have a small selection of video games 1907, Michigan passed a law which reads: An act to



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## **Delivering Fuel East to McBride**

Greg Belshaw 990 Railway Road Prince George, B.C. Toll Free 1-866-309-2667

Vanderhoof Head Office Phone 250-564-3488 Fax 250-567-4490

## THE HAIR SHOPPE

Martina Wall Phone: 250-569-0118 1139 McBride Crescent

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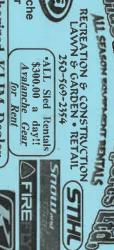
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	12pm - 4:30pm Penny Rivard Brain Injury Awarness & Prevention		9am - 1pm Liz de Vries & Jennifer Quam promoting R.V.S.S.	Monday - 15th	THE MCDILL
	1pm - 4pm Sue Gehring Hot Stone Crystal Massage Earth Energy	12pm - 1pm Deb Cochrane "How to make green smoothies"	10am - 12pm Micah Yoder Acupuncture Acupressure	Tuesday - 16th	THE MCDITUE TRAUMY CO.
5pm - 8pm "Capacity Building for Women" more In-Store demos & discussions.	<del></del>	CLOSED —	→	Wednesday - 17th	Warch
	12:30pm - 4pm Liz de Vries Promoting Awareness	12pm - 1pm Deb Cochrane More smoothies	10am - 12pm Beth Frederick Burnout, Compassion & Fatigue	Thursday - 18th	15 - 20
		1pm - 2pm Bridgit Uhl Humor	10am - 12pm Barbara Faust Ion Cleanses (space is limited)	Friday - 19th	
				Saturday - 20th	79/10

### **WELLNESS WEEK at** The McBride Trading Co.

Antiques, Bulk Foods, Gifts & Health Products

March 15th - 20th

**OPEN HOUSE** with complimentary tea, coffee & health snacks.

**Come meet Health Practitioners, Entrepreneurs, and R.V.S.S. Representatives** 

**DAILY In-store (Demonstrations)** 

**DAILY In-store (Workshops)** 

**DAILY In-store Specials** 

DAILY (DOOR PRIZES)

If you are interested in featuring your **Professional Health Service please contact** The McBride Trading Co. to reserve space & time 250-569-2559



At our February McBride Community Forest Corporation
Board of Directors' meeting a motion was passed allowing
for all future Board of Directors' meetings to be open to the
public, except for in camera items.

Board meetings are generally held at 7:00 p.m. on the first
Wednesday of the month in the village of McBride council
chambers. Members of the public wishing to address the
Board as a delegate are asked to make this request, in
writing, to the General Manager by 4:00 p.m. Thursday

afternoon the week prior to the Board Meeting. Board as a delegate are asked to make this requestring, to the General Manager by 4:00 p.m. The afternoon the week prior to the Board Meeting.

Our next Board meeting is scheduled for Wednesday, March 10, 2010.

All members of the public are welcome to attend.

McBride Community Forest Corporation Phone (250) 569-2229 For more information please Marc von der Gonna General Manager



Revenge Apples? of of the

### MANIAGS NEWS

Points - Janine Dougall - Burns Lake, - Best Forward - Ashley Thiffault - McBride, - Best Defence - Kaycee McLennan - McBride, - Best Goalie - Daylene Lirette - McBride's goal scored by Jessica Aspeslet, assisted by Bayley Yetter and Kaycee McLennan...Game Tied 1-1 after 2nd period. McBride's 2nd goal scored by Jessica Aspeslet, assisted by Bayley Yetter and Kaycee McLennan...Game Tied 2-2 after the 3rd period. McBride's 2nd goal scored by Julianna Vizza, assisted by Jessica Aspeslet. Went into overtime...winning goal scored by Ellise Bressette to win the final!!! McBride's Manager - Sarah Bressette, McBride's Coach - Kenton Bressette. Maniacs would like to thank everyone for their support/donations which made our 15th Annual Tournament a HUGE success! A special thank you to Rita Aspeslet for cooking ALL of our lasagna's for our dinner, Denise Yungen for helping with the games at the dinner and to Ashley Desormeau, our equipment manager/assistant coach for our tournament. And of course to our coaches Kenton Bressette and Dewey Needham for an awesome season! See you all again next year!!

Yetter - McBride Maniacs McBride Maniacs 15th Annual Female Rec Hockey Tournament results: 1st Place - McBride Maniacs, 2nd Place - Burns Lake Vortex, 3rd Place - PG Herricanes, Most Sportsman-like Team - Hinton Mustangs, Team Banner Winners - Jasper Rustlers. FINAL GAME - MVP'S - Ellise Bressette - McBride, - Jessica Anderson - Burns Lake. HEART N' HUSTLE - Judy Shawara - McBride, Janine Dougall - Burns Lake. TOURNAMENT MVP'S - Top

# ELKS/ROYAL PURPLE NEWS

Garage Sale - April 24th - Elks Hall - If you are wanting to cleanout that shed or basement make sure you book a table through
Odds & Ends (250-569-2645). Tables are \$10.00 each. Soup and
Sandwiches will be available while people are shopping.
FREE Dance Lessons, Practice & Social for the whole Family by
novice instructors Darrell & Diane Roth and hosted by the Elks &
Royal Purple are every WEDNESDAY at the Elks Hall from 7:00
- 9:00p.m. Learn enough basic steps to really enjoy any Wedding
or Country Dance. 2-Step, Polka, Box Waltz, Old Time Waltz, Fox
Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome to share
new steps with the rest of us. Casual & fun!! Everyone Welcome!!
Children under 12 must be accompanied by parents. Phone 250569-2377 for more information.

Reminder that we are still collecting can tabs and soup labels to
raise funds for the "Fund for Children". Both can be dropped off
at Odds & Ends.

Meetings are still the 1st and 3rd Tuesday of each month at 7:30
p.m. You are most welcome to attend. If you would like more
information about joining contact Barb Jackson @ 250-569-0344,
Gene Runtz @ 250-569-2635 or Flo Mynio @ 250-569-3254.

Take a Break in McBride...B.G.s Friendliest Town!

### Bacon & Heartland Restaurant Come check out our NEW MENU hitting the tables Fri., March 5th. All NEW FRIDAYS Halibut Fish & Chips battered right here with real home-made fries served w All your old time favorites with exciting New Palet Pleasing choice NOW SERVING ALL DAY on & Eggs, Steak & Eggs and Om choices Omeletts 6

real home-made fries served with coleslaw, tartar sauce & lemon wedge day

Rich We Can't Wait To Serve You! Creamy Soup of the day Creamy Seafood Chowder HOURS

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•Thurs. 6am-9pm •Sunday 6am-9pm



Library Hours: Tuesday 10-5 & 7-9 Wec Friday 2-9 Phone/Fax: 250-569-2411 Wednesday 10-2

library@mcbridebc.org www.mcbridebc.org

CAP Public Internet Access

Internet = \$1.00 / Half Hour www.mcbridebc.org/library Saturday 2-5

### IT'S THE PAW.

each other at a crossing, they shall both come to a complete stop, and Kansas: When two trains approach neither shall start up until the other has gone.