### McBride 96 Foods

FRESH FISH FRIDAY!!! This Week Halibut,

569-0140 OPEN Mon.

### POV VER SPORTS

.Sled Rental . Avy Packs

T-Shirts / Hoodies

· Adrenaline Junkies

· WOT · KILM · Snow & Mud

•BCA Float 30 Pack Available
••••END OF WINTER SALE•••

### Open 7 Days a Week Located Beside the Police Station ROBSON VALLEY CONSTRUCTION **Authorized Klim Dealer**

**REDI-MIX CONCRETE** 



BEST PRICES

- CONCRETE
  Concrete Stamps
  Driveways
  Finish Concrete
  Delivery Concrete
  Delivery Gravel,
  Sand & Dirt

- Tridem Tilt Deck -Tridem Drop Deck
  Best Rates In Town

- General Construction Residential New Construction Commercial Remodeling Drywall Il Septic Systen ir & Removal
- OF EXPERIENCE

Serving The Robson Valley

Irene Berndsen 250-569-7397



Toll Free: 1-888-563-7397 Email: ireneb@royallepage.ca www.mountainviewrealty.ca

POWERADE L ~ 2 for ~ \$3.00 DASANI

SUPERPACK GUM STRIDE/TRIDENT

946 ml ~ 2 for ~ \$4.00

Husky

any 2 for ~ \$3.00

Framing using timbers and traditional joinery Face lifts with timber accents Timber Frame additions Cabin packages Anything you need done with Timbers we will do! hiver-me-limber

Advantage Insurance Services Ltd. Rosemary L. Hruby, CAIB

E-Free Church
11 - 2p.m.
ill go to the Canadian 2010 at th

Take a Break in McBride...B.G.s Friendliest Town!!

### FREE The bittle IRII

### McBride Paper



For the week of Wednesday, March 17th, 2010

### Happy St. Patrick's Day!!! GONGRATULATIONS

Paytyn weighed 8 lbs 11 02 mall of the proud Grandparents, Paytyn Jamie Molendyk, yo March 13, 2010 at 11:44 p.m 19 1/4". Love and kisses tron Uncles, Nieces and Nephews

### THANK YOU

The McBride Seventh Day Adventist Food Bank would like to express their gratitude to all their faithful supporters and to especially thank Odds 'n Ends, the Old Timers Hockey League, McBride and District Library and the Lena Schultz Reading Room for their recent fundraisers, IGA and McBride AG Foods for food donations, and the special someone who keeps saving pennies, nickels and dimes for us. Your donations will enable us to continue offering this service to the community in 2010. And we would like to encourage anyone who might need some help or know of someone who does to contact us at 569-3186.

## TAMILY FUN DAY

McBride Big Country Snowmobile Association announces Family Fun Day at Lucille Mountain on Sunday, March 21, 2010 from 11:00am to 3:00pm at Lucille Cabin. Sledding, Tobogganing. Everyone welcome. Hot Dogs, Burgers, Hot Chocolate free for kids, adults by donation. After 10:30am Trail fees will be waived for participants in this event.

This is no joke. Just a better way to help. Remember, the person is dead if you don't try to help. This is the latest info, good to know CPR. A MUST SEE, NEW CPR METHOD, NO MOUTH TO MOUTH AND WORKS BETTER. ANYONE CAN DO AFTER SEEING THIS ONCE! Please view the youtube video, then pass it on. You may be able to save someone's life! http://www.youtube.com/watch?v=E5huVSebZpM

Also check it out at http://handsonlycpr.org

## SCHOOL NEWS

Ready, Set, Learn, a pre-literacy programme for 3 and 4 year olds, accompanied by a parent or a caregiver, will again be offered at McBride Centennial Elementary. The spring programme will run for 8 weeks on Tuesdays from April 13 - June 1 from 10:30 - 11:30 a.m. Please phone the school sy 250-569-2721 if you have any questions and to register. Ready, Set, Learn will be hosted by McBride Centennial Elementary, Dunster Fine Arts School, and the McBride and District Public Library.

## MINOR HOGKEY NEWS

McBride Minor Hockey Association Year End Wind Up and Annual General Meeting will be held on Thursday, April 8, at 6pm in the McBride Elks Hall. This event is for all players, parents, coaches, managers, concession managers, and executive. Please plan to stay for the AGM for a chance for you child to win a week long summer hockey school package.

# BIRTHDAY WISHES FOR MARCH 17 - 23

Luella Long, Sonia Cowburn, Emilia Roth, Daniel Thiffault, Dawn Phillips, Jamie Street, Jordan Forman, Lena Richter, Mellany Ford, Patience Rhodes. Rex Hatchard, Dalas deVries, Roland Matwick, Ryan Vizza, Ashley Ramsay, LeeAnna Taphorn, Linda Hodgin, Nathan Savarella, Paislee Hickerty, Sherry Kelly, Aaron Seymour, Jim Humphreys, Justine Thiel, Rachel Kent, Teresa Caputo, Dave Bressette, Hans Remmelg, Raymond Thiffault, and to anyone else we missed, Happy Birthday.

MGBRIDE ROUNDMOUSE NEWS

The Barra-McNeils Concert March 24 is Cancelled. Watch for posters and tickets for our next concert, *The Gruft*, April 7th.

THEATRE

VACS PRESENTS - An evening with AUGUST...wit, wisdom and song! Valemount Community Theatre on Saturday, March 20 at 7:30pm. Adults \$25, Students/Seniors \$15. Tickets available at Infinity (cash or cheque only please). Silent Auction - Lobby 5pm-8:30pm

Important Phone Numbers

EMERGENCY .......9-1-1 Forestree a-Rail Schedule
Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...2:18pm
ounts for booking 1 or 3 days in advance (not counting travel day)

1-800-663-5555 we Calling to Prov 569-3760 569-2229 569-2226 569-3225 569-3217



Curling Bonspiel March 26, 27, 28 Curling Bonspiel

HOSTED BY THE MCBRIDE & DISTRICT CHAMBER OF COMMERCE

\*\*\*To Enter Your Team call Dannielle at 250-569-3366 or 250-569-2304\*\*\*

The McBride Trading Co.

Antiques, Bulk Foods, Gifts & Health Products

D-Dutchman milk delivery on Thursday, March 18th

MARCH into SAVINGS

10% OFF all Supplements 15% OFF all Cleanses 20% OFF all Bulk

I coupon per customer - offer expires March 31, 2010
250-569-2559
246 Main Street McBride, B.C.
Wade's Auto Repair

Complete automotive servicing, parts sales and custom car/truck accessories sales and installation.

923 Airport Road

Appointment: 250-569
Sunday, MARCH 21

from Ilam.-2pm.

"POTLUCK LUNCH" at the Elks Hall



Lina, Emilia & Adam Roth EVERYONE WELCOME

Any Questions, call Mabel at 250-569-2474

(that means MEN too!)



St. Patrick's Day Dinner Special \$27.77
Entrees listed below include a
Glass of House Wine (Merlot or Chardo
Delicious Salad Bar Choices
Featured Dessert

"Sliced Corned Beef and Cabbage Boiled New Potatoes and Carrots

°Roasted Rack of Lamb Boiled New Potatoes and Carrots

This week's Dinner Specials
Friday Night - Prime Rib
Saturday Night - Steak and Seafood
Sunday Night - Grilled Salmon with a citrus butter
sauce, Basmati Rice Pilaf and Roasted Vegetables

**Accounting Services Number Cruncher** 

Amy Vause 569-0171

**Income Tax Returns** 

Personal & Small Business
Complimentary E-File for quick refunds
Ask about Instant Refund!!!

Your Neighbourhood Food Store MARKETPLACE 233 Main Street McBride, B.C.

ast Boneless...Buy one get of litres - 2 for ... \$6.00 + aep. on Ice Cream -

00g, Apple Cinnan litigrain 390g, \$5.99 each get one FREE \$3.98 each

tut 40vs.

ter Crunch 370g.......

Mayonnaise - 750ml-890ml.....

range Pekoe Tea - 72's.......

Rathroom Tissue -

BOWSEED PLANT SEEDS - 10% OFF

BAKERY

5 Chev Equinox, AWD, automatic, 125000km,
 90.00, #9588
 6 Ford F250, excab, 4x4, diesel, XLT, shortbox, hidder
 n, new tires, wooden box liner, 140000km, #6255

995.00

No. 10 w 144 inch track 1995.00

No. 10 w 144 inch track 1995.00

No. 10 w 1

800km on new motor and c For more information e 250-569-8830 or stop by th

## By Choice Carpet Care

250-566-4578 Blue River • Valemount • McBrid

Owner Operators Len & Shirley



Building Contractor & Bobcat Services

View website or call for more details



Servicing the Robson Valley for 17 years

250.569.2269H **Gerald Moore** 

Employment Assistance Service Robson Valley Support Society 250.569.7147C

Contact Bob Thompson 569-2266

WORKER?

Funded by 1
Province of of British Columbia

0505 'n Ends M-F 8-6-Sat. 10-noom-St

HE MAIN STREE Wednesday NITE SPECIALS

Wings

Garlic Buttered

Prawns

.35¢ each

Monday thru Friday try our DAILY SOUP & SALAD BAR \$6.95
Homemade Soups - 5 Great Salads - Buns & But
11:00-1:30 Mon.-Fri. HOURS Mon. & Tues, 6AM-3PM
ed. to Sat. 6AM-8PM Sun. CLOSED,
ne In or Take Out 569-0321 Friday NITE SPECIALS •Steak & Mushrooms

MCREATIVE Professional Graphic Design anding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Brochures • Web Design & Inding • Logos/Stationary • Logos/S

# GOMMUNITY ANNOUNCEMENT

anyone interested in joining the new season please come to this meeting. Any info needed please call Jodi Littlechild 250-569-0079.

Robson Valley Support Society will be hosting a SELF-DEFENCE WORKSHOP FOR WOMEN Saturday, March 20th, 2010, 9:30am-1:30pm at the E-Free Church in McBride. This fun workshop will teach participants the basic techniques of self-defence as well as how to minimize the risks of becoming a victim. RCMP officer James Bos instructs. The cost is \$10.00. Please call Elizabeth de Vries to register 250-569-2266.

The Dunster Winter Market Saturdays from 11:00a.m-1:00p.m. For more information contact Karen Shaw at 968-4331.

Aerobic Classes - Mon. & Wed. 6:00p.m. Located at the elementary school. Please bring a mat & a set of weights. Any questions call

VALLEY MUSEUM & ARCHIVES SOCIETY

Ist of the Pioneering Family Series" - "Everett Monroe" The egend and the Life: An exhibition of Shellagh Foster's paintings

# ELKS/ROYAL PURPLE NEWS

FREE Dance Lessons, Practice & Social for the whole Family by novice instructors Darrell & Diane Roth and hosted by the Elks & Royal Purple are every WEDNESDAY at the Elks Hall from 7:00 - 9:00p.m. Learn enough basic steps to really enjoy any Wedding or Country Dance. 2-Step, Polka, Box Waltz, Old Time Waltz, Fox Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome to share new steps with the rest of us. Casual & fun!! Everyone Welcome!! Children under 12 must be accompanied by parents. Phone 250-569-dd 2377 for more information.

Pemail: scarecrow@mcbridebc.com 151m West on Robson Valley Pet Hostel Grooming & Boarding

Drying Room. Safe Parking.

## BUY, SELL, RENT & MISG.

For Sale-New 32" x 80" fir exterior door. 22" x 36" glass insert. Ready for installation. Pre-stained natural. \$950.00. Call Gerald Moore 250.569.2269••For Sale-235/75R15 Winter Tires. Phone 569-8828••For Sale:1995 Ford Windstar LX, 7 passenger mini van. Remote start, power windows, power seals, power locks, power mirrors, cruise, air, winter tires. \$1870.00 obo Call 250.569.2269••For Sale-Olson 94,000 BTU Oil Furnace with chimney, blower & plenum. \$150.00. Phone 569-2284••For Sale-Grey Carpet, good condition 15x13 \$100.00 Ph.569-0165••For Sale-Grey Carpet, good condition 15x13 \$100.00 Ph.569-0165••For Sale-2001 Pontiac Aztek. C/W winter tires. \$4500.00. Phone Kevin 569-7434••For Sale-13.5' Achilles Inflatable Boat with 25 HP Jet Motor. \$3800.00 obo. Phone 569-7098 (no Saturday calls please.)••For Sale-Entertainment Stand 48.5"w x 72"h x 15"d. \$50.00. Phone 569-3110••For Rent:Attractive 14ft. wide mobile in quiet family park; Large lot. 2 bedrooms. modern appliances, propane heat, nicely renovated. \$500 per month. For appointment to view 250-569-3343••For Sale-Avalianche Beacons \$100 each or discount for mutil-purchases Ph:250-553-2300 (Mark)••For Sale-Inglis Super Capacity Plus Heavy Duty Dryer. Less than 2 yr. old. excellent working condition. \$450 new. asking \$225. Call 569-013.0••For Sale-National Pool Table \$500.00 Ph:569-7594••Wanted: Magnetic exercise bike, in good condition & reasonably priced Phone Wanda at (250) 569-0320.••For Rent-Two bedroom basement suite. Lots of light, clean. N/S. \$500 per/mo. Contact Ria at (250) 569-0402••For Sale-27" Sanyo TV \$75, 20" TV \$50, XBOX 360 \$75. Phone 250-569-0105••For Sale-1978 Travelaire 17.5" dual axle travel trailer in good condition. The interior has been repainted. Dual propane tanks. This unit has a bathroom, dinette, couch and bunk. Includes propane range, oven, and furnace. Fridge is 120V. \$4200 o. b.o. Call 569-0130••For Rent:2 bedroom Newly reno'd house on 3rd Ave. Looking for reliable, long-term tenants. avail. immed. \$595/month, bp: 604-848-8460•For Ren

## GHURGH NEWS N. THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•Dorcas Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number for the Foodbank is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglican United Church-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk-250-569-0082•Evangelical Free Church-Sunday School at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606. Call to Confirm.

The Farm Store 569-0425 mount, Jasper, Edmonton

Take a Break in McBride...B.G.s Friendliest Town!!

**Greg Belshaw** 990 Railway Road

Vanderhoof Head Office Phone 250-564-3488

**Delivering Fuel East to McBride** 

569-3359

803 3rd Ave. - side entrance

Digital Designz

a Wall Phone: 250-569-0118 1

www.canadiandigitaldes

irish Up Your Coffee

at the

Beanery 2
Butto
A Holidays CLOSED

569-0133

THE HAIR SHOPPE

school. Please bring a use.

Jenny 569-8853.

Robson Valley Recreation Centre. open 7 days a week, (closed for statutory holidays - fitness centres are open during winter hours

Furnished Accomodations for Discerning Travelers
421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B 569 0351

Sledders Welcome!! Hot Tub. Ravensnook Guesthouse & Vacation Rentals Den Mon.-Fri. 6am-5pm · Sat. 9a

### nn Schwartz SNOW PLOWING & SNOW REMOVAL HATCHARD CONT 569-2493 cally for 24 years No. of the last of

REGISTERED ACUPUNCTURIST
CALL 250-566-1782
FOR AN APPOINTMENT.
FOR SALE
1988 Ranger \$450
•Reconditioned Batteries with warranty •Used Tires MICAH YODER

anty •Used Tires

Reconditioned Batteries with warranty Used III
Call Del at 250-569-7070
Glass Cutting, Picture Printing,
Matting and Framing call Bill Arnold 569-3381

Phy Spirod's Ligaring Works TIV

RECREATION & CONSTRUCTION

RECREATION & CONSTRUCTION

LAWN & GARDEN • RETAIL

150-569-2354

Avalanche
\$300.00 a day!!

Avalanche Gear

for Rent

Authorized KLIM Dealer

SPRING SALE NOW ON!!!

SPRING SALE NOW ON!!!

SPRING SALE NOW ON!!! 

Columbia •Tracker Beacons \$310.00
Columbia \*\*Snowboards\*\*
\*\*Helmet Cams\*

Sirens. 8am-6pm Fri. 8am-9pm - After Hours: 5 Located in the McBride Mountain Sports building entrance facing 5th Avenue.

Phone: 250-569-0131

OPEN Tues. to

Call or Email for App Korrin Wall, R.M.T.

Registered Massage Therapist

Annointments 1-250-612-1418 Spa Euphoria

## MCBRIDE MOVIES & MORE

New Release Movies

• New Moon • Astro Boy • Armored • Ninja Assassin • Good Hair

• Did You Hear About The Morgans? · · · OPEN 7 DAY A WEEK!!! · · ·



### **OPEN HOUSE**

### ZONING BYLAW REVIEW VILLAGE OF MCBRIDE

for your convenience: discuss the The Village of McBride is reviewing its zoning bylaw You are invited to attend an open house session to proposed. Two sessions will be held

from 12 noon Wednesday, March 24 and to 2:00 pm

Village from 6:00 pm to 8:00 pm se of McBride Council Chambers 100 Robson Centre McBride, BC

The Regional District of Fraser-Fort George has been contracted to update the zoning bylaw for the Village of McBride. The new bylaw will be designed to replace existing Village of McBride Zoning Bylaw No. 579, 1999 in its entirety. The proposed bylaw is an update of current general text and new mapping. As well, the following specific changes are proposed to be introduced:

- residential zones
  Residential Two-Family (duplex) use moved from basement suites are proposed to be allowed in most
- Residential to its own zone
  within Limited Agriculture the provision for sale of
  crops to stores, farmers markets, or on-site sales is
  proposed to be added
- new zone created for small lots where a manufactured or mobile home would be allowed

Other minor amendments are proposed as well. The general public is welcome to drop in to discuss the new proposed plan on the afternoon of Wednesday, March 24 from 12 noon to 2:00 pm or attend the evening open house scheduled from 6:00 pm to 8:00 pm. Staff from the Regional District and the Village of McBride will be on hand for questions and discussion.

## McBride Visitor Gentre

Looking for a career in Canada's fastest growing industry?

Do you love talking to people?

Do you love the Robson Valley?

Summer Career Placements -

Offering better than minimum wage.

McBride Visitor Information Centre

Must be a student returning to school in the fall.

Visitor Information Counsellor training provided.

Please submit resume to McBride Info Centre at the

Application Deadline: Friday, March 26
McBride Visitor Centre is committed to achieving a competent, representative workforce that reflects the diversity of the Canadian population. We encourage members of the following employment equity groups to apply and to self-identify: members of a visible minority group, Aboriginal railway ay station, 250-569-3366, or email come2mcbride@telus.net.

peoples and persons with a disability. Positions contingent on funding.

## Whistle Stop Gallery

Looking for a career in Arts and Culture?

Do you love talking to people? Working with artists?

Do you like work on community projects and having fun?

Summer Career Placements -

Offering better than n
Whistle Stop Gallery than minimum wage.

Must be a student returning to school in the fall.

railway station, All training provided.
Please submit resum resume to Whistle Stop Gallery at the

phone 250-569-8891, or email whistlestopgallery@telus.net. Application Deadline: Friday, March 26

of the Canadian population. We encourage members of the following employment equity groups to apply and to self-identify: members of a visible minority group, Aboriginal peoples and persons with a disability. *Positions contingent on funding.* competent, representative workforce that reflects the diversity The Whistle Stop Gallery is committed to achieving

### GHAMBER NEWS

We are holding a General Meeting of the McBride & District Chamber of Commerce on Wednesday, March 17, 2010 at 7:00 PM at the E Free Church. Please come out for the Neighbourhood Watch presentation by our local RCMP, to vote on by-law changes and to hear what your Chamber is doing for you! It is an exciting year! It is also time to sign up your team for the Annual Logger's Bonspiel on March 26, 27, & 28th. Call Dannielle at 250-569-3366.



TTTHHHAAATTTSSS ttiimmee III lliigghhtt ssoocckkeett!!! lliicckk tthhee llaasstt tthhaatt



Patrick's Happy Day

Take a Break in McBride...B.G.s Friendliest Town!!