

Serving The Robson Valley

Irene Berndsen
250-569-7397

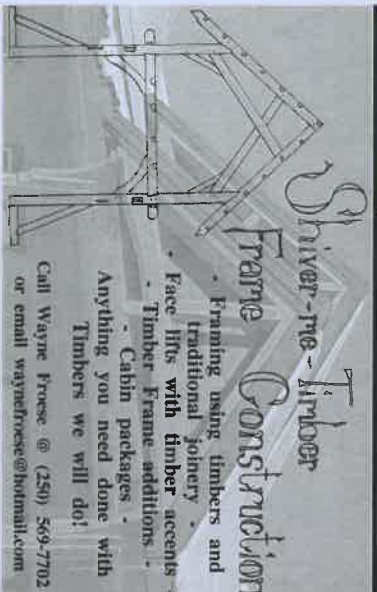
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McBride, BC



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COCA-COLA
591 ml ~ 2 for ~ \$3.00
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710 ml ~ 2 for ~ \$3.00
AMP & ROCKSTAR
444 - 473 ml ~ 2 for ~ \$5.00



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250-569-2264

REMEMBER

We're OPEN

Saturdays 10:00am to 3:00pm

McBride AG Foods

Congratulation to Alan Pernicelle
Winner of the Berville Panini Grill

Pizza Summer Sausage .78¢ 100 grams
Hungarian Salami \$1.78 100 grams
German Salami \$1.78 100 grams
Cervelet - \$1.78 100 grams

569-0140
OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 7-5

SPIN DRIFT POWER SPORTS

Sled Rental
• Adrenaline Junkies
• WOT • KILM • Snow & Mud
Hey everyone we need **SNOW** - so get out those 'Snow dancing boots' and do a jig.
Authorized Kim Dealer

Open 7 Days a Week 569-0070
Located Beside the Police Station
ROBSON VALLEY CONSTRUCTION
REDI-MIX CONCRETE

PO BOX 474
Phone (250)569-2593
Fax (250) 569-0178
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30 YEARS OF EXPERIENCE

FREE The little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!
For the week of Wednesday, February 17th, 2010

PRESENTATION

Friday February 19, 2010 - Dr. Josef Omega & Dr. Ray Markham will be doing a Picture Presentation on their recent Humanitarian Trip to Haiti with CEMAT (Canadian Emergency Medical Assistance Team). *May not be suitable for younger ages.*

GARAGE SALE

Garage Sale - Saturday, February 20 from 10am-2pm at 861-2nd Avenue, McBride (Beside Synera in back alley). Rain or shine.

SCHOOL NEWS

McBride Secondary School Sr. boys Basketball would like to say a huge thank you to the community for supporting the Sr. boys home basketball tournament. An excellent time was had by all, and the final game was an exciting one with McBride coming out on top! Thank you to all the High School Staff, parents, students, score keepers and musicians that helped. Also a big thank you to our sponsor Home Hardware, and donations from Travellers, The Giggling Grizzly, Main Street Grill and AG foods. This weekend the boys are off to Zones and if we win (which we should) off to provincials in Langley.

The Parent Advisory Council is in the process of erecting a new swing set at the McBride Elementary School. Any contractors interested in submitting a cost estimate for construction is invited to leave their contact information at 250-569-2721 (Phyllis). Must be in good standing with Work Safe BC.

WOMEN'S FAIR

Robson Valley Women's Fair Saturday, April 17 in McBride CALL FOR FACILITATORS. If you are interested in hosting or presenting a workshop for this fun filled day please contact Jen Quam at 250-569-2266 or quam@telus.net asap.

THANK YOU

Thank you to everyone who attended my birthday at Beaverview Lodge, also for the gifts - much appreciated. Thanks to all the Ladies who attended the Valentine's Tea on Sunday - it was a great party! Special thanks to Inga and Naomi. Everyone had fun.

-Mary Kohida
Spindrift would like to give out a huge thanks to the businesses that donated towards our Customer Appreciation Day. Your generosity was greatly appreciated. Many of our out of town customers told us how friendly & helpful all the people and businesses are in our town. So hats off to us all.

ELKS/ROYAL PURPLE NEWS

We are not sure if we will be eligible for a 2011 Direct Access Grant but we will be applying again in October. If your club or organization is in need of financial aid for 2011 make sure you submit your "detailed" written request by September 15, 2010 to the Elks & Royal Purple, Box 336, McBride, BC V0J 2E0. For more information please call Kathy Molendyk at 250-569-3239.

Garage Sale - February 27th - Elks Hall - If you are wanting to clean-out that shed or basement make sure you book a table through Odds & Ends (250-569-2645). Tables are \$10.00 each. Soup and Sandwiches will be available while people are shopping.

FREE Dance Lessons, Practice & Social for the whole Family by novice instructors Darrell & Diane Roth and hosted by the Elks & Royal Purple are every **WEDNESDAY** at the Elks Hall from 7:00 - 9:00p.m. Learn enough basic steps to really enjoy any Wedding or Country Dance. 2-Step, Polka, Box Waltz, Old Time Waltz, Fox Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome to share new steps with the rest of us. Casual & fun!! Everyone Welcome!! Children under 12 must be accompanied by parents. Phone 250-569-2377 for more information.

FOOD-BANK FEBRUARY

Attention ALL Library patrons! Support your local food bank in the month of February by donating any non-perishable food items! Donate non-perishable food in lieu of overdue library fines! During the month of February you can donate to the McBride SDA Food Bank and have your overdue fines forgiven for the books that you return in the month of February. Bring your non-perishables and long overdue books into the Library during Library hours and negotiate with the Library staff. Everyone is welcome to participate in the Food-Bank drive. Good Deals Available!

Via-Rail Schedule Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...2:18pm
Discounts for booking 1 or 3 days in advance (not counting travel day)

Important Phone Numbers

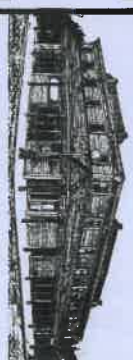
EMERGENCY 9-1-1 Forestry 569-3760
R.C.M.P. 569-2255 Village 569-2229
Hospital 569-2251 Reg'l Dist' 1-800-667-1959
Health Unit 569-2251 Home Support 569-2266
K to 7 School 569-2721 Food Bank 569-3225
High School 569-2295 Fire Hall 569-3117
Dunster School 968-4414
School District 57 The Little McBride Paper
1-800-256-7857 569-3110
Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.C.'s Friendliest Town!!

McBRIDE

HOTEL

569-2277



PRESENTS...

McBride's own Hometown Band

ROAD SIDE

SPLINTER

Saturday Night - February 20, 2010

9:30pm-1:30am

(in conjunction with the

Vener Kings Hockey Tournament

Feb. 19-21, 2010)

~Free Admission~

Put your Dancing Shoes On and

Come Dance The Night Away!!!

MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

Every Tuesday & Friday

Fresh California Rolls

&

Gluten Free Pizza Crusts

150g or 300g

The McBride Trading Co.

Antiques, Bulk Foods,
Gifts & Health Products



Please Stock Up on your Necessities

We will be CLOSED

Sunday, February 21st TO
Sunday, February 28th

250-569-2559

246 Main Street McBride, B.C.

Wade's Auto Repair

Complete automotive servicing,
parts sales and custom car/truck
accessories sales and installation.

923 Airport Road

Appointment: 250-569-8830

THE MAIN STREET GRILL

Wednesday NITE SPECIALS

Wings Garlic Buttered Prawns Dry Garlic Ribs

.35¢ each .25¢ each \$8.95 per bowl

Friday NITE SUPER SMORG

5pm - 8pm

10 Main Dishes-5 Great Salads-Desserts- and More

\$14.95 Adults \$11.95 Seniors \$7.95 12 & Under

Monday thru Friday try our

DAILY SOUP & SALAD BAR

ONLY \$6.95

2 Homemade Soups - 5 Great Salads - Buns & Butter

11:00-1:30 Mon.-Fri.

Dine In or Take Out 569-0321

M-F 8-6-Sat. 10-noon-Sun. noon-2
Digital Camera Workshop
Andru McCracken
Feb. 19, 1-3p.m.
First 10 people = \$10.00. Next 10 on waiting list.
~Odds n Ends will be closed on the 19th at
noon to facilitate this event! -2645

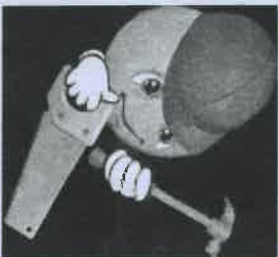
Leigh CREATIVE Professional Graphic Design
Branding • Logos/Stationary • Brochures • Web Design & more
Serving McBride and Area - Leigh: 250-569-8807

McBRIDE & DISTRICT PUBLIC LIBRARY
241 Dominion Street McBride, BC V0J 2E0
Phone/Fax: 250-569-2411

Library Hours:
Tuesday 10-5 & 7-9 Wednesday 10-2
Friday 2-9 Saturday 2-5
library@mcbridebc.org www.mcbridebc.org/library
CAP Public Internet Access
Internet = \$1.00 / Half Hour

Building Contractor & Bobcat Services

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www.mooreventures.ca



Servicing the Robson Valley
for 17 years

Gerald Moore
250.569.2269H
250.569.7147C

Employment Assistance Service Robson Valley Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the
Province of British Columbia

- We are now accepting bids to cater the
- Ducks Unlimited Dinner March 20, 2010.
- Approximately 80 to 100 people . All
- interested parties please submit written
- bid by March 5, 2010. Bids can be brought
- to Home Support office Attention Amy, or
- contact Roland Matwick Phone# 569-0339

THINK ABOUT IT...

Doing it right is no excuse for not meeting the schedule.



- * Shop welding & fabricating
- * Custom aluminium welding/work
- * Bumpers, roof racks, etc.

Real Tree Wood Products Ltd.

Robert Johnson

McBride Phone(250)569-2459

For more pics of custom work, please email
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233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI

Freshly Made Subs ~ all types 10% Off
~ We also make fresh to order with
your choice of toppings.

New York Striploin Steaks - 9 oz. cut.... \$5.99 each
Chicken Drumsticks - family pack \$2.69 / lb.
Chicken Thighs - family pack \$2.89 / lb.
Boneless Pork Rib-End Roast \$2.89 / lb.
Compliments Peanut Butter - 1kg \$3.98 each
McCain French Fries - 1kg - 2 for \$4.98
Hawkins Cheezies - 420g \$3.99 each
Beel Soft Margarine - 1.8kg \$8.98 each
Post Shredded Wheat - 425g \$3.49 each
Nestle Real Dairy Ice Cream-1.89 litres ... \$6.99 each
Robin Hood Flour - 10kg..... \$11.99 each
Large Navel Oranges - from California \$4.49 / lb.

In Store Specials:

Asparagus \$3.59 / lb.
Sui Choy \$1.69 / lb.

BAKERY

Mini Croissants - 6pk...\$1.49
Calabreses Rolls - 4pk...\$1.59

FOR SALE

2000 Ford F350 excab, 4x4, diesel, XLT, 6 speed manual, extra set of rims and tires, 120000km, \$13000.00
2006 Chev Cobalt SS, 2 door, 5 speed, leather interior, air, cruise, power locks and windows, 10000km, #7732, \$7500.00
2006 Ford F250, excab, 4x4, diesel, XLT, shortbox, hidden hitch, new tires, wooden box liner, 140000km, #6255, \$16995.00

1998 SkiDoo MachZ800 triple, with 2 inch 144 inch track, 800km on new motor and clutch, \$2000.00

For more information contact Dave or Wade at
250-569-8830 or stop by the shop at 923 Airport Road
DL11107.

Croydon Small Engine Repair

Justin Martin

Check out our display at Robson Valley Farm Supply

2460 Eddy Road

Call Justin for all your chainsaw, lawnmower,
trimmer, rototiller, snowblower, and all other
small engine repair.

Now stock Harvester & Chainsaw Bars & Chaine

7109 Barnett Road Bus. 250-569-4041
P.O. Box 33, Dunster, BC Res. 250-968-4448
V0J 1J0 Fax. 250-968-4448

COMMUNITY ANNOUNCEMENT

Prenatal Classes: Are you expecting? Are you interested in classes? When: February 22, March 1 and 8. Where: Public Health Unit Time: 6:30p.m. to 8:30 - For more information please call (250)569-2251 ext. 226.

The next Diabetes Group Meeting will be held February 25th from 1 - 3 pm in the education room of the hospital. These meetings are for people with diabetes to meet with diabetes nurse and physicians to learn about and discuss self management of diabetes.

Robson Valley Trappers Meeting: Sunday, February 21, 10:00a.m., Chuck's Shop. For questions, contact Chuck McNaughton 968-4400 or Claude Hill 968-4459.

The Dunster Winter Market Saturdays from 11:00a.m-1:00p.m. For more information contact Karen Shaw at 968-4331.

Aerobic Classes - Mon. & Wed. 6:00p.m. Located at the elementary school. Please bring a mat & a set of weights. Any questions call Jenny 569-8853.

Robson Valley Recreation Centre, open 7 days a week, (closed for statutory holidays - fitness centres are open during winter hours 6a.m. to 9p.m.

CORPORATE KNOW HOW

No one will believe you solved this problem in one day! We've been working on it for months. Now go act busy for a few weeks and I'll let you know when it's time to tell them.

Birthday Wishes for Feb. 17 - 23

Emery Will, Nicole Gordon, Christine Monroe, Matt Elliott, Mike Moseley, Mitch Shawara, Pat Cousineau, Rayann Flynn, Rebecca Ellement, Cindy Kelley, Levon Johnson, Sandi Carmichael, Tony Vizza, Angela Zumack, Charles Charter, Tracy vanderGonna, Farron Lipke, Keith Berg, Cathy Greenhough, Dave Doerksen, Debbie Kohn, Devyn Kelly, Diana Weedmark, Emma Lee Chaupka, Betty Bowron, Carol Barnett, Donna Garneau, Nicholas Frank, Shane Bressette, and to anyone else we missed. Happy Birthday. **VALLEY MUSEUM & ARCHIVES SOCIETY** "1st of the Pioneering Family Series" - "Everett Monroe" The Legend and the Life: An exhibition of Shelagh Foster's paintings & an archival & artifact display courtesy of the Monroe and Foster families. @ the Museum/Library Building until April 6, 2010.

BUY, SELL, RENT & MISC.

For Sale-13.5' Achilles Inflatable Boat with 25 HP Jet Motor. \$3800.00 obo. Phone 569-7098 (no Saturday calls please.)•For Sale:Yellow BUMBO chair \$40.00, Battery Powered Baby Swing \$25.00, Baby Bathub (fits on kitchen sink) & bath tub hammock \$8.00, Green Love Seat \$100.00. Call 250-569-0072•**FREE** Dog-2 year old, neutered, 18 lb., fluffy white mixed. Great protection but not good with other dogs or young children. Loves cats. Ph:250-569-2625•**For Sale**-Entertainment Stand 48.5" w x 72" h x 15" d. \$75.00. Phone 569-3110•**For Rent**:Attractive 14ft. wide mobile in quiet family park; Large lot, 2 bedrooms, modern appliances, propane heat, nicely renovated. \$500 per month. For appointment to view 250-569-3343•**For Sale**-Avalanche Beacons \$100 each or discount for multi-purchases Ph:250-553-2300 (Mark)•**For Sale**-Ingalls Super Capacity Plus Heavy Duty Dryer. Less than 2 yr. old, excellent working condition. \$450 new, asking \$225. Call 569-0130•**For Sale**-National Pool Table \$500.00 Ph:569-0402•**For Sale**-27" Sanyo TV \$75, 20" TV \$50, XBOX 360 \$75. Phone 250-569-0105•**For Sale**:1978 Travelaire 17.5' dual axle travel trailer in good condition. The interior has been repainted. Dual propane tanks. This unit has a bathroom, dinette, couch and bunk. Includes propane range, oven, and furnace. Fridge is 120V. \$4200 o.b.o. Call 569-0130•**For Rent**:1 bedroom Apartment across from hospital. F/S \$500.00 Ph:569-0208•**For Rent**-2 bdrm newly reno'd house on 3rd Ave. Looking for reliable, long-term tenants, avail. immed. \$595/month. ph: 604-8-8-8460•**For Rent**:2 Bedroom Newly Renovated Double Wide Home on 61/2 acres with Shop & Barn. Located on Sansom Rd. Close to town. Ph:569-0455 or 569-7567 \$650 a month•To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•**Dorcas** Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number for the **Foodbank** is 569-3225•**Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350•**Anglican United Church**-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Theima Molendyk-250-569-0082•**Evangelical Free Church**-Sunday School at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•**Robson Valley Christian Centre**-Meets in home Sundays 11am, Dunster Ph:968-4335•**St. Patrick's Catholic Church**-Meets Sundays at 11:00am. Ph:569-2606.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valenmount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2B0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.C.'s Friendliest Town!!

FOR SALE

•1988 Ranger \$450

•Reconditioned Batteries with warranty•Used Tires
Call Del at 250-569-7070

Glass Cutting, Picture Printing,
Matting and Framing
call Bill Arnold 569-3381

McBride Mountain Sports Ltd.
ALL SEASON SPORTS-RENT TRAILS
RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL
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Gear Now In

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\$300.00 a day!!
Avalanche Gear
for Rent

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New Avalanche Gear Now In!!!
Helmets Cam

*Authorized Klim Dealer

*2010 - Olympic Apparel
NOW IN!!!

New
Stock
In!!!

•ALL Klim Boots \$239.99
•Tracker Beacons \$310.00

OPEN Sat.-Thurs. 8am-6pm Fri. 8am-9pm - After Hours: 569-7473

MCBRIDE MOVIES & MORE

569-0123

New Release Movies

- Women In Trouble • Dante's Inferno
- Law Abiding Citizen • The Wild Stallion
- Freeway Killer • Ameeeka • Walled In • Black Dynamite

•• OPEN 7 DAY A WEEK!!! ••

•• Monday will be a 2 day Rental

• Thursday will be Rent 2 new Releases or 2 top 100 & get a
Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00

•••We now have a small selection of video games•••



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Co-operative
Association

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Home 250-963-9011 Cell 250-565-8436

•Sirens• Hair Cuts and Colors

located in the McBride Mountain Sports building,
entrance facing 5th Avenue.
Phone: 250-569-0131 OPEN Tues. to Sat.

Korinn Wall, R.M.T.

Registered Massage Therapist

Call or Email for Appointments 1-250-612-1418

korinnwallmrt@hotmail.com

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Manicures, Pedicures, waxing, etc.

By Aleisha Kelley

Call by appointment only 569-7160 • Gift Certificates Now Available!

THE HAIR SHOPPE

569-3359

803 3rd Ave. - side entrance

Digital Designz

Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

Join Possum Lodge* for the

daily episode of

"Beanery

Laughs...

569-0133
Beauey & Bisco

Open Mon.-Fri. 6am-5pm • Sat. 9am-5pm • Sun. & Holidays CLOSED

Ravensnook Guesthouse & Vacation Rentals

Furnished Accomodations for Discerning Travelers

421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B ☎ 569 0351
Sledgers Welcome!! Hot Tub.

Drying Room. Safe Parking.

email: scarecrow@mcbridebc.com 15km West on Highway 16

Robson Valley Pet Motel

Grooming & Boarding

Serving locally for 24 years

569-3319 animal health technician

R. B. HATCHARD CONT.

**SNOW PLOWING &
SNOW REMOVAL**

569-2493

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782

FOR AN APPOINTMENT.

SUN VALLEY RESTAURANT



SATURDAYS

Breakfast Buffet

7a.m. - 10a.m.

Please come and join us

Children 5 & under eat FREE!!!

250-569-0007

By Choice Carpet Care

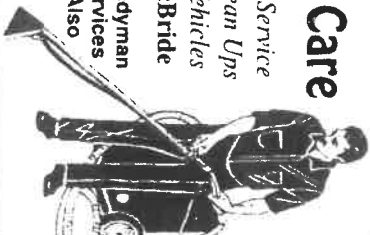
Carpet & Upholstery Cleaning Service
Furnace Ducts • Emergency Clean Ups
• Residential • Commercial • Vehicles
Blue River • Valemount • McBride

250-566-4578

Handyman Services

Also

Len & Shirley
Owner Operators



Number Cruncher Accounting Services

Amy Vause
569-0171

Income Tax Returns

Personal & Small Business
Complimentary E-File for quick refunds
Ask about Instant Refund!!!

McBride Curling Club



Men's Curling Bonspiel
February 26, 27, 28

\$180.00 per team

Includes dinner, trophies and prizes
Sign up deadline: February 23rd

Call Kevin at 569-0019 or Ria at 569-0402

Fun Mandatory See you there!

McBRIDE MANIACS NEWS

McBRIDE MANIACS 15th ANNUAL
FEMALE HOCKEY TOURNAMENT

FEB. 27th & 28th, 2010.

(**Dressing rooms indicated in brackets**)

SATURDAY, FEBRUARY 27th

1. 8:00 - 9:30 McBride (1) vs. Hinton (3)
 2. 9:45-11:15 Jasper (2) vs. Wildcats (4)
 3. 11:30-1:00 Hericanes (3) vs. McBride (1)
 4. 1:15-2:45 Jasper (2) vs. Burns Lake (4)
 5. 3:00-4:30 Hinton (1) vs. Hericanes (3)
 6. 4:45-6:15 Burns Lake (4) vs. Wildcats (2)
- ***WESTERN NIGHT DINNER & SOCIAL***
(COCKTAILS @ 6:30 / DINNER @ 7:00)

SUNDAY, FEBRUARY 28th

7. 7:00 - 8:30 2nd in "A" (1) vs. 1st in "B" (3) SEMI-FINAL
 8. 8:45-10:15 2nd in "B" (2) vs. 1st in "A" (4) SEMI-FINAL
 9. 10:30-12:00 3rd in "A" (1) vs. 3rd in "B" (3) CONSOLATION GAME
 10. 12:15-1:45 - Losers of games 7 & 8 (2)(vs.)(4) - FINAL FOR 3RD & 4th.
 11. 2:00-3:30 - Winners of games 7 & 8 (1)(vs.)(3) - FINAL FOR 1ST & 2ND
- (*3:30 - PRESENTATIONS*)

BALCAEN ELECTRONICS LTD.

FOR RENT

Large Furnished
2 Bedroom Apartment
with Laundry Facilities.
Reasonable Rent.

PLEASE CALL BALCAEN ELECTRONICS LTD.

250-569-2244/3121

Take a Break in McBride...B.G.s Friendliest Town!!

250-569-0101
532 - 1st Ave.
2009



11am-11pm
7 Days a Week

GIGLIN' GRIZZLY NEIGHBOURHOOD PUB

Friday and Saturday Night Special

Prime Rib Dinner

Includes starter soup or salad,
choice of side and grilled vegetables

Sunday - Lasagna Dinner

Don't Forget!!! Sunday, Monday, & Tuesday

FREE APPETIZER of

Garlic Sausage or Jalapeno Popcorn Shrimp
with purchase of any dinner entree.

Super Food & Drink Specials every day of the week!

TRY OUR PIZZASI!

We've got an exciting new pizza menu!
To stay or to go!

JOY-WAY FARM, McBRIDE, B.C.

Is offering for sale

Natural (government inspected) grass-fed beef
Priced as follows:

Ground beef, frozen	1lb. pkgs	\$2.75 per lb.
10% OFF Ground Beef	2 lb. pkgs	\$2.75 per lb.
	10 lb. pkgs	\$2.50 per lb.
Tenderloin, frozen		\$10.00 per lb.
Striploin, Vac-Pac		\$7.50 per lb.
T-Bone Steaks		\$6.00 per lb.
Roasts (Variety of 3 to 5 lb. sizes)		\$4.50 per lb.
Sirloin Steaks		\$5.50 per lb.
Prime Rib Steaks and Roasts		\$8.00 per lb.
Smokies (All beef, Vac Pac)		\$6.50 per lb.
Bratwurst Sausages (All Beef)		\$5.50 lb.
Breakfast Sausages (With pork, 8 per pkg)		\$4.50 per lb.
Salami		\$5.00 per lb.
Pepperoni Sticks - Vac Pak - lunch size		\$5.00 each

Ask about discounts for bulk orders

For any questions you may have, or for placing orders,
please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103

Fax: 250-569-3103

Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.

NO SUNDAY CALLS, PLEASE

THANK - YOU