

SUN



VALLEY

## RESTAURANT

VALENTINE'S DAY MENU - February 14th  
2 CAN DINE FOR \$49.99

-ANY TWO FROM THE VALENTINE'S MENU-

• Receive a complimentary glass of wine

Bresette Family Performing Live - Call ahead for Reservations

Come join us at the new Sun Valley Restaurant.

New food specials, and a new

Happy Dining Experience awaits you!!!

Phone  
250-569-0007



## Building Contractor & Bobcat Services

View website or call for more details  
www.mooreventures.ca

Servicing the Robson Valley  
for 17 years



Gerald Moore  
250.569.2269H  
250.569.7147C

## Employment Assistance Service Robson Valley Support Society

## NEED A JOB?

## NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the

Province of British Columbia

- We are now accepting bids to cater the
- Ducks Unlimited Dinner March 20, 201.
- Approximately 80 to 100 people. All
- interested parties please submit written
- bid by March 5, 2010. Bids can be brought
- to Home Support office Attention Amy, or
- contact Roland Matwick Phone# 569-0339.

## Canoe Robson Valley Community Futures

Would you like to explore the idea of starting  
your own business?

You may qualify for the SEB Program if you:

- Presently on E.I.
- Have been on E.I. in the last 3 years
- Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit  
Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229  
SEB Co-ordinator Fax: (250) 569-3276  
E-mail: futures3@telus.net



Canada



233 Main Street  
McBride, B.C.

## Your Neighbourhood Food Store 569-2712

DELI Lyoner Sausage...\$4.99 / 100g Maple Ham...\$1.29 / 100g  
Black Forest Ham...\$1.29 / 100g Pizza Salami...\$4.99 / 100g

LONG STEAK RED ROSES - \$24.99 dozen

Canadian AAA Beef Outside Round Roast ..... \$2.99 / lb.  
Boneless Skinless Chicken Breast Halves ..... \$5.49 / lb.  
Family pack (min. 2kg) ..... \$2.69 / lb.  
Olympic Pork or Dinner Sausages ..... \$1.99 / lb.  
Olympic Wieners ..... \$2.99 / lb.  
Whole Prying Chicken ..... \$1.29 / lb.  
Ground Pork ..... \$2.89 / lb.  
Pork Shoulder Butt steaks - family pack ..... \$2.99 / lb.  
Beef Stew - family pack ..... \$2.99 / lb.  
Armastrong Cheddar Cheese - ..... \$10.48 each  
old or old light cheddar 600g, Mild, medium, marbled,  
extra old white cheddar 600g, Mild, medium, marbled,  
medium light or pizza mozzarella - 750g ..... \$9.98 each  
Coca-Cola or Sprite Products-12x55ml ..... \$4.79 + depot & recyc. fee  
Sun-Kype 100% Juice - 1L - 3 for ..... \$5.00 + depot & recyc. fee  
Breyers Rich & Creamy Classic - ..... \$3.99 each  
1.66-1.89 litres ..... \$5.00  
Old Dutch Potato Chips - 235g - 2 for ..... \$3.48 each  
Kellogg's Special K Fruit Crisp Bars - 125g ..... \$7.98 each  
Compliments Hickory Jack Burgers - 1.13kg ..... \$3.99  
Organic Navel Oranges - 4 lb. .... \$4.99  
PEI Potatoes - 10 lb. .... \$4.99  
C&S Suet - reg. \$2.49 - 50% OFF



Fruit Sticks - Blueberry - 4pk...\$2.79  
Danish Lattice - Cherry - 4pk...\$2.99

## FOR SALE

2000 Ford F350 excab, 4x4, diesel, XLT, 6 speed manual,  
extra set of rims and tires, 120000km, \$13000.00

2006 Chev Cobalt SS, 2 door, 5 speed, leather interior, air,

crutic, power locks and windows, 10000km, #7732, \$7500.00

2006 Ford F250, excab, 4x4, diesel, XLT, shortbox, hidden  
hitch, new tires, wooden box liner, 140000km, #6255,  
\$16995.00

1998 Skidoo MachZ800 triple, with 2 inch 144 inch track,  
800km on new motor and clutch, \$2000.00

For more information contact Dave or Wade at  
250-569-8830 or stop by the shop at 923 Airport Road  
DL11107.

## FREE The little FREE

## McBride



## Paper



Serving BC's Friendliest Town and Area!!!

For the week of Wednesday, February 10th, 2010

## PUBLIC MEETING - TODAY!!!

Please come to the information meeting for the McBride Adventure  
Weekend this Wednesday, February 10, to find out how your  
business or community organization can participate and benefit from  
this exciting, fun weekend. This is our chance to showcase what  
McBride has to offer visitors and ourselves. Come out and be part  
of the fun!

## FOOD-BANK FEBRUARY

Attention ALL Library patrons! Support your local food bank in  
the month of February by donating any non-perishable food items!  
Donate non-perishable food in lieu of overdue library fines! During  
the month of February you can donate to the McBride SDA Food  
Bank and have your overdue fines forgiven for the books that you  
return in the month of February. Bring your non-perishables and  
long overdue books into the Library during Library hours and  
negotiate with the Library staff. Everyone is welcome to participate  
in the Food-Bank drive. Good Deals Available!

## ELKS/ROYAL PURPLE NEWS

Last week the Elks and Royal Purple distributed the final Lottery  
Funding request. Over the past three years we have received a total  
of \$63,000.00 that was given out to clubs & organizations of the  
community that wrote in and requested some financial aid. This year  
the \$21,000.00 between the Elks and Royal Purple will help the  
following organizations: Old Age Pensioners, McBride Secondary,  
McBride Centennial, McBride Figure Skating, McBride Minor  
Hockey, Diane & Darryl Roth (Free) Dance Lessons, Barbara  
Jackson (Kidz Crafts), McBride Community Badminton.  
We are not sure if we will be eligible for a 2011 Direct Access  
Grant but we will be applying again in October. If your club or  
organization is in need of financial aid for 2011 make sure you  
submit your "detailed" written request by September 15, 2010 to the  
Elks & Royal Purple, Box 336, McBride, BC V0J 2E0. For more  
information please call Kathy Molendyk at 250-569-3239.

Garage Sale - February 27th - Elks Hall - If you are wanting to  
clean-out that shed or basement make sure you book a table through  
Odds & Ends (250-569-2645). Tables are \$10.00 each. Soup and  
Sandwiches will be available while people are shopping.  
Thank you to the many community members that volunteered their  
time to help with the McBride Oldtimer's banquet. Your help was  
greatly appreciated!

**FREE Dance Lessons**, Practice & Social for the whole Family by  
novice instructors Darrell & Diane Roth and hosted by the Elks &  
Royal Purple are every **WEDNESDAY** at the Elks Hall from 7:00  
- 9:00p.m. Learn enough basic steps to really enjoy any Wedding  
or Country Dance. 2-Step, Polka, Box Waltz, Old Time Waltz, Fox  
Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome to share  
new steps with the rest of us. Casual & fun!! Everyone Welcome!!  
Children under 12 must be accompanied by parents. Phone 250-  
569-2377 for more information.

## PUBLIC MEALING

**Prenatal Classes:** Are you Expecting? Are you interested in  
classes? When: Mid February 2010 Where: Public Health Unit  
Time: To be announced. If you are interested or would like more  
information, please call (250)569-2251 ext. 226.

## SCHOOL NEWS

The Parent Advisory Council is in the process of erecting a new  
swing set at the McBride Elementary School. Any contractors  
interested in submitting a cost estimate for construction is invited  
to leave their contact information at 250-569-2721 (Phyllis). Must  
be in good standing with Work Safe BC.

## WOMEN'S FAIR

**NEW DATE - Robson Valley Support Society's Annual Women's  
Fair, SATURDAY, APRIL 17** at the McBride Secondary School.  
A whole day of fun interactive workshops. Call 569-2266 for more  
information \*Fair pursuant to funding\*



OK, be  
honest.  
Does this  
bow  
around my  
neck make  
me look  
funny?

**Greyhound Bus Schedule** The Farm Store 569-0425  
Depart to East-12-15am Daily • Valenmount, Jasper, Edmonton  
Depart to West-6:10am Daily • Prince George

Please contact **The Little McBride Paper** with all coming events,  
news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220,  
email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0  
or drop off at 455 King St. If we don't know about it, we  
can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.'s Friendliest Town!!!

## R.B. HATCHARD CONT.

## SNOW PLOWING & SNOW REMOVAL

569-2493

MICAH YODER

REGISTERED ACUPUNCTURIST  
CALL 250-566-1782  
FOR AN APPOINTMENT.

## FOR SALE

•1988 Ranger \$450  
Reconditioned Batteries with warranty •Used Tires  
Call Del at 250-569-7070

Glass Cutting, Picture Framing,  
Matting and Framing  
call Bill Arnold 569-3381

## McBride Mountain Sports Ltd.

ALL SEASON EQUIPMENT RENTALS

RECREATION & CONSTRUCTION

LAWN & GARDEN • RETAIL

250-569-2354

ALL Steel Rentals

\$300.00 a day!!

Avallanche Gear

for Rent

Check Out our Valentine's Display

for him & her

\*Authorized Klim Dealer

\*2010 - Olympic Apparel

\*ALL Klim Boots \$239.99

\*Tracker Beacons \$310.00

OPEN Sat-Thurs. 8am-6pm Fri. 8am-9pm - After Hours: 569-7473

569-0123

New Release Movies

Curious George • Minnie's Bow-Tique

The Time Traveler's Wife • Free Style

Universal Soldier • Shoot First & Pray You Live

The Steptfather • Bronson • Ice Castles

Couples Retreat • I Hate Valentine's Day • A Serious Man

••• OPEN 7 DAY A WEEK!!! •••

Monday will be a 2 day Rental

Thursday will be Rent 2 new Releases or 2 top 100 & get a

Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00

•••We now have a small selection of video games•••



Vanderhoof & Districts  
Co-operative  
Association

**DRIVER SALES REPRESENTATIVE**  
For Commercial and Farm Personal Contact  
where high level of customer service is Job One.

## Delivering Fuel East to McBride

Greg Belshaw

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Home 250-963-9011

Cell 250-565-8436

Vanderhoof Head Office

Phone 250-564-3488

Fax 250-567-4490

Cell 250-565-8436

•Sirens• Hair Cuts and Colors

Located in the McBride Mountain Sports building,  
entrance facing 5th Avenue.

Phone: 250-569-0131

OPEN Tues. to Sat.

Korin Wall, R.M.T.

Registered Massage Therapist

Call or Email for Appointments 1-250-612-1418

korinwallmrt@hotmail.com

Spa Euphoria

Manicures, Pedicures, waxing, etc.

by Alecia Keller

Call by appointment only 569-7160 • Gift Certificates Now Available!

THE HAIR SHOPPE

569-3359

803 3rd Ave. - side entrance

CANADIAN

Digital Designz

Martina Wall Phone: 250-569-0118 1139 McBride Crescent

www.canadadigitaldesignz.ca

Love Coffee?

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Beaney 2 & Be Our Valentine!

Open Mon.-Fri. 6am-5pm • Sat. 9am-5pm • Sun. CLOSED

Ravensnook Guesthouse & Vacation Rentals

Furnished Accommodations for Discerning Travelers

421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B ☎ 569 0351

Sledders Welcome!! Hot Tub.

Drying Room. Safe Parking.

email: scarecrow@mcbridebc.com 15km West on Highway 16

Robson Valley Pet Hostel

Grooming & Banding

Serving locally for 24 years

569-3319 animal health technician

Ann Schwartz



## ROBSON VALLEY CONSTRUCTION REDI-MIX CONCRETE

PO BOX 474  
Phone (250)569-2593  
Fax (250) 569-0178



### BEST PRICES

- CONCRETE**
- Concrete Stamps
  - Driveways
  - Finish Concrete
  - Delivery Concrete
  - Delivery Gravel, Sand & Dirt

### EXCAVATION

- Excavating Road
- Excavation
- Dozer Work
- Ponds, Lagoons & Trenches
- Haul Equipment

### HEAVY HAULING

- Tridem Tilt Deck
- Tridem Drop Deck
- Best Rates In Town



### CONSTRUCTION

- General Construction
- New Construction
- Remodeling
- Drywall
- Residential
- Commercial
- Install Septic Systems
- Repair & Removal

30 YEARS OF EXPERIENCE

## Serving The Robson Valley

Irene Berndsen  
250-569-7397

Toll Free: 1-888-563-7397  
Email: ireneb@royallepage.ca  
www.mountainviewrealty.ca



Sales Representative  
McBride, BC



**Husky**  
569-2441

### PEPSI

1 L. ~ 2 for ~ \$3.49

### DORTOS RUFFLES

250-275 g ~ Any 2 for ~ \$6.00

**MONSTER ENERGY SHOTS**  
60 ml ~ 2 for ~ \$5.00



- Framing using timbers and traditional joinery
- Face lifts with timber accents
- Timber frame additions
- Cabin packages
- Anything you need done with Timbers we will do!

Call Wayne Froese @ (250) 569-7702  
or email waynefroese@hotmail.com



Rosemary L. Hruby, CAIB  
250-569-2264

**PLEASE  
DRIVE CAREFULLY**

Respect the

Winter Road Conditions

## McBride AG Foods

**NEW**

Mini Pizzas - \$2.49 each  
Hot Diggety Dog - \$1.89 each  
Fresh Baked Goodies Daily

569-0140

OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 7-5

**SPIN DRIFT  
POWER SPORTS**  
CUSTOMER APPRECIATION DAY  
Saturday, February 13th

Lots of

In-Store Sales and Door Prizes

Authorized Kim Dealer

Open 7 Days a Week

569-0070

Located Beside the Police Station

## COMMUNITY ANNOUNCEMENT

**Found: On road, snowmobile helmet.** Can be claimed by identifying it at SpinDrift Power Sports next to the Police Station.

**McBride Adventure Weekend** - How can we showcase our community? Come with your ideas. Wednesday, February 10th at 7:00pm in the McBride E-Free Church. Sponsored by the McBride & District Chamber of Commerce.

**McBride Big Country** Snowmobile Association announces Family Fun Day on Sunday, February 14, 2010 at Lucille Cabin area from 11:00am to 3:00pm. Shuttle, Toboggan Run, Hot Dogs, Hamburgers, Hot Chocolate. Kids eat free. Adults by small donation to the Snowmobile Club. Everyone welcome. Next Family Fun Day will be Sunday, March 21st.

**McBride Big Country** Snowmobile Association Meeting February 10th, 7:00 at Heartland Restaurant Meeting Room. Everyone Welcome. We would like to take this opportunity to thank everyone that has kindly donated funds to keep heat in the three mountain warm-up cabins.

**I Kia Johnson** & the Offroad Designated Driving Service are not associated with the actions, opinions or the person of Matthew (Maitie) Villemure.

**Wanted:** Copy of Photograph of Norm's Service Station/Gas Station that was located in North Croyden B.C. between 1955 & 1974. Please phone Zimnea @ 569-3267.

**Robson Valley Trappers Meeting:** Sunday, February 21, 10:00a.m., Chuck's Shop. for questions, contact Chuck McNaughton 968-4400 or Claude Hill 968-4459.

## BUY, SELL, RENT & MISC.

**For Sale-Entertainment Stand** 48.5" w x 72" h x 15" d. \$75.00. Phone 569-3110•**For Rent:** Attractive 14ft. wide mobile in quiet family park. Large lot, 2 bedrooms, modern appliances, propane heat, nicely renovated. \$500 per month. For appointment to view 250-569-3343•**FREE** to a good home: Alredale Terrier. Maisiey is a CKC registered spayed 9 month old puppy. She is very high-engerity and loves children and other pets. She has a beautiful temperament and is black and tan. will be an excellent hunting dog as she does not bark very often and listens well. She has been well-cared and needs space to run. Comes with up-to date vet docs and papers. Leash, collar and toys provided. Call Lorrie (250)968-4491•**For Sale-** Avalanche Beacons \$100 each or discount for multi-purchases Ph:250-553-2300 (Mark)•**For Sale-** Inglis Super Capacity Plus Heavy Duty Dryer. Less than 2 yr. old, excellent working condition. \$450 new, asking \$225. Call 569-0130. •**For Sale-** National Pool Table \$500.00 Ph:569-7594•**Wanted:** Magnetic exercise bike, in good condition & reasonably priced. Phone Wanda at (250) 569-0320. •**For Sale-** 1 Double Bed & 1 Queen Bed - only used for 6 months. Boxspring, mattress & frame. \$300 each or \$500 for both. Ph:569-7262•**For Sale-** RCA 20" TV in great shape. Has worked faithfully since new (1990). \$30 OBO. 2002 Honda Civic 2 dr LX, standard, beautiful shape/condition, low km, lots extras, air cared to Nov. 2010, \$7,550. Phone 569-8807•**For Rent-** available Feb. 1st, two bedroom basement suite. Lots of light, clean. N/S. \$500 per/mo. Contact Ria at (250) 569-0402•**For Sale-** 2002 PT Cruiser, only 137,000 \$5000.00 o.b.o. Ph:250-569-4003•**For Sale-** 27" Sanyo TV \$75. 20" TV \$50. XBOX 360 \$75. Phone 250-569-0105•**For Sale-** 1978 Travelaire 17.5" dual axle travel trailer in good condition. The interior has been repainted. Dual propane tanks. This unit has a bathroom, dinette, couch and bunk. Includes propane range, oven, and furnace. Fridge is 120V. \$4200 o.b.o. Call 569-0130•**For Rent:** 1 bedroom Apartment across from hospital. F/S \$500.00 Ph:569-0208•**For Rent-** 2 bdrm newly remod house on 3rd Ave. Looking for reliable, long-term tenants, avail. immed. \$595/month. ph: 604-848-8460•**For Rent:** 2 Bedroom Newly Renovated Double Wide Home on 61/2 acres with Shop & Barn. Located on Sansom Rd. Close to town. Ph:569-0455 or 569-7567 \$650 a month•To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

## CHURCH NEWS N' THINGS

**Anglican United Church - Downtown Thrift Store** on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•**Dorcas** Lammings Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number for the Foodbank is 569-3225•**Seventh-day Adventist Church-** Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•**Mennonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•**Mountain Chapel (PAOC)** - Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•**Anglican United Church-Reverend** Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk-250-569-0082•**Evangelical Free Church-Sunday School** at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•**Robson Valley Christian Centre-Meets** in home Sundays 11am. Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606.

Via-Rail Schedule Phone 1-888-842-7245  
Going West - Sunday, Wednesday & Friday...2:40pm  
Going East - Monday, Thursday, Saturday...2:18pm  
Discounts for booking 1 or 3 days in advance (not counting travel day)

## Important Phone Numbers

EMERGENCY ..... 9-1-1 Forestry ..... 569-3760  
R.C.M.P. .... 569-2255 Village ..... 569-2229  
Hospital ..... 569-2251 Reg'l Dist' ..... 1-800-667-1959  
Health Unit. .... 569-2251 Home Support ..... 569-2266  
K to 7 School ..... 569-2721 Food Bank ..... 569-3225  
High School ..... 569-2295 Fire Hall ..... 569-3117  
Dunster School ..... 968-4414 The Little McBride Paper School District 57 569-3110  
1-800-256-7837  
Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Friendliest Town!!

## King Creek Property Management

Milled Logs, Your House or Mine. 20' Portable  
Repairs • Painting • Remodeling • Yardwork & More!

ALL PROPERTY SERVICES YEAR ROUND  
SERVING THE ROBSON VALLEY  
Al Moira 250-569-0191/0184



**MCBRIDE HOTEL**

569-2277

PRESENTS...

McBride's own Hometown Band  
**ROADSIDE SPLINTER**  
Saturday Night - February 20, 2010  
9:30pm-1:30am  
(in conjunction with the  
Vencer Kings Hockey Tournament Feb. 19-21, 2010)  
~Free Admission~  
Put your Dancing Shoes On and Come Dance The Night Away!!!

**MARKET PLACE** 233 Main Street  
McBride, B.C.

Your Neighbourhood Food Store 569-2712

Every Tuesday & Friday  
Fresh California Rolls  
&

Gluten Free Pizza Crusts  
150g or 300g

## The McBride Trading Co.

Antiques, Fauxle Goods,  
Gifts & Health Products

**BULK CANDIES & CHOCOLATE**  
for your Sweetheart

(Please Stock Up on your Necessities)

We will be CLOSED  
Sunday, February 21st - Sunday, February 28th

250-569-2559

246 Main Street McBride, B.C.

**Wade's Auto Repair**  
Complete automotive servicing,  
parts sales and custom car/truck  
accessories sales and installation.

923 Airport Road

Appointment: 250-569-8830

## DEFINITION OF THE WEEK

Top bunk:  
Where you should never put a child wearing  
Superman jammies.

## THE MAIN STREET GRILL



**Sunday VALENTINE'S SMORG**

7am - 12pm

\$12.95 Adults \$9.95 Seniors \$7.95 12 & Under

### Wednesday NITE SPECIALS

Wings Garlic Buttered Prawns Dry Garlic Ribs  
.35¢ each .25¢ each \$8.95 per bowl

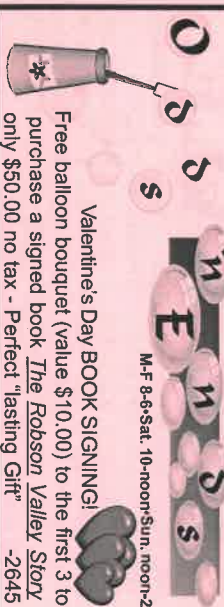
### Friday NITE SUPER SMORG

5pm - 8pm  
10 Main Dishes+5 Great Salads+Desserts+ and More  
\$14.95 Adults \$11.95 Seniors \$7.95 12 & Under

Monday thru Friday try our ONLY DAILY SOUP & SALAD BAR \$6.95

12 Homemade Soups - 5 Great Salads - Buns & Butter  
11:00-1:30 Mon.-Fri.

Dine In or Take Out 569-0321



Valentine's Day BOOK SIGNING!  
Free balloon bouquet (value \$10.00) to the first 3 to  
purchase a signed book The Robson Valley Story  
only \$50.00 no tax - Perfect "lasting Gift" -2645

Nature Assistant for Seniors and Busy Folk

house cleaning • laundry • linens • meal prep • errands/shopping  
pet care • downsizing • moving • light farm work - \$15-20/hr neg.  
Serving McBride and Area - Leigh: 250-569-8807



Many Thanks to the Community,  
Tony Pitaoulis, former owner of the  
Sun Valley Restaurant, would like to  
thank everyone for their support and  
patronage making the experience over the  
past 11 years an enjoyable one.  
In appreciation you are all invited to the

# Heartland Restaurant

Mon., Feb. 15, Tues., Feb. 16, Wed., Feb. 17  
Between 2-4pm  
**FREE COFFEE & CARROT CAKE**  
7 oz. Steak Sandwich \$7.99 (4-8pm)

Watch for our New Menu coming out  
soon along with some exciting changes  
hopefully making the following years in  
a new venue just as exciting.

Thank you all once again,  
Sincerely, Tony Pitaoulis

## Number Cruncher Accounting Services

Amy Vause  
569-0171

**Income Tax Returns**  
Personal & Small Business  
Complimentary E-File for quick refunds  
Ask about **Instant Refund!!!**



M-F 8-6-Sat. 10-noon-Sun. noon-2  
Digital Camera Workshop  
Andru McCracken  
Feb. 19, 1-3p.m.  
First 10 people = \$10.00  
Next 10 on waiting list.  
~Odds 'n Ends will be Closed on the 19th at  
noon to facilitate this event! -2645

**MORE...COMMUNITY ANNOUNCEMENTS**  
The Dunster Winter Market Saturdays from 11:00a.m-1:00p.m.  
For more information contact Karen Shaw at 968-4331.  
**Aerobic Classes** - Mon. & Wed. 6:00p.m. Located at the elementary  
school. Please bring a mat & a set of weights. Any questions call  
Jenny 569-8853.  
**Robson Valley Recreation Centre**, open 7 days a week, (closed  
for statutory holidays - fitness centres are open during winter hours  
6a.m. to 9p.m.



## The Corporation of the Village of McBride Employment Opportunity

The Corporation of the Village of McBride is looking for a Public  
Works Labourer/Equipment Operator. This position is classified as  
a "Permanent Part Time" position and will entail working Friday,  
Saturday and Sundays. Employees in this position are under the  
Direction of the Public Works Supervisor. Reporting to the Public  
Works Supervisor, the successful applicant will perform a variety of  
duties which include, but are not limited to, maintenance, repairs and  
improvements to Roads and Sidewalks, Water and Sewer Systems,  
Cemetery, Parks, Buildings, Operation of Equipment (backhoe, dump  
truck, loader, etc.). Manual labour, garbage collection, minor repairs  
and maintenance and operation of various small tools, vehicles and  
equipment are required. This position requires the individual to be  
safety conscious and be able to work with limited supervision.

The successful applicant will be required to have completed Grade  
12 and must possess a valid BC, Class 5 Drivers Licence with an  
Air Brake Endorsement. Preference will be given to applicants who  
possess certification in Water Distribution and Wastewater Distribution.

A resume complete with references, qualifications and work experience  
should be submitted to:

Robert Callaghan, Public Works Supervisor

Village of McBride  
100 Robson Centre  
PO Box 519

McBride, BC

V0J 2E0

Telephone: (250)569-2229 Fax No: (250)569-3276

Resumes must be received before 2:00 pm February 12, 2010.

We thank all candidates for their interest, however, only those  
selected for interviews will be contacted.

**Take a Break in McBride...B.G.s Friendliest Town!!**

## THOUGHT OF THE WEEK...

There is a two-letter word that perhaps has more meanings  
than any other two-letter word, and that is 'UP'.

It's easy to understand UP, meaning toward the sky or at the  
top of the list, but when we awaken in the morning, why do  
we wake UP?

At a meeting, why does a topic come UP?  
Why do we speak UP and why are the officers UP for election  
and why is it UP to the secretary to write UP a report?

We call UP our friends. And we use it to brighten UP a room,  
polish UP the silver; we warm UP the leftovers and clean UP  
the kitchen. We lock UP the house and some guys fix UP the  
old car. At other times the little word has real special meaning.  
People stir UP trouble, line UP for tickets, work UP an  
appetite, and think UP excuses. To be dressed is one thing, but  
to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because  
it is stopped UP. We open UP a store in the morning but we  
close it UP at night.

We seem to be pretty mixed UP about UP. To be knowledgeable  
about the proper uses of UP, look the word UP in the  
dictionary. In a desk-sized dictionary, it takes UP almost 1/4th  
of the page and can add UP to about thirty definitions.

If you are UP to it, you might try building UP a list of the  
many ways UP is used. It will take UP a lot of your time, but  
if you don't give UP, you may wind UP with a hundred or  
more.

When it threatens to rain, we say it is clouding UP. When the  
sun comes out we say it is clearing UP. When it rains, it wets  
the earth and often messes things UP. When it doesn't rain for  
awhile, things dry UP.

One could go on and on, but I'll wrap it UP, for now my time  
is UP, so...it is time to hush UP!

## Birthday Wishes for Feb. 10 - 16

Dwayne Flynn, Hazel Dawson, Kevin McCarty, Quinto Vizza Sr.,  
Bobbi-Ann Hicks, Brody Vizza, Dave Howe, Gary Moore, Jack  
Snider, Jim Chuipka, Kjell Velestrand, Ron Shawara, Ron Westlund,  
Sievald Harstad, Jamie Quam, Arlene Littlechild, Avery Bressette,  
Belinda Willard, Bob Craigue, Brooklyn Bastan, Jytte Zwilling,  
Norm Lorenz, Alannah Robinson, Jennifer Partridge, Marie  
Molendyk, Sylvia Arnold, Ashley Thiffault, David Kelly, Sheila  
Bastan, Tara Amerl, and to anyone else we missed, Happy Birthday.  
**VALLEY MUSEUM & ARCHIVES SOCIETY**  
"1st of the Pioneering Family Series" - "Everett Monroe" The  
Legend and the Life: An exhibition of Shellagh Foster's paintings  
& an archival & artifact display courtesy of the Monroe and Foster  
families. @ the Museum/Library Building until April 6, 2010.

**Take a Break in McBride...B.G.s Friendliest Town!!**

## JOY-WAY FARM, McBRIDE, B.C.

is offering for sale

Natural (government inspected) grass-fed beef

Priced as follows:

Ground beef, frozen	1lb. pkgs	\$2.75 per lb.
10% OFF Ground Beef	2 lb. pkgs	\$2.75 per lb.
	10 lb. pkgs	\$2.50 per lb.
Tenderloin, Vac-pac		\$10.00 per lb.
Striploin, Vac-Pac		\$7.50 per lb.
T-Bone Steaks		\$6.00 per lb.
Roasts (Variety of 3 to 5 lb. sizes)		\$4.50 per lb.
Sirloin Steaks		\$5.50 per lb.
Prime Rib Steaks and Roasts		\$8.00 per lb.
Smokies (All beef, Vac Pac)		\$6.50 per lb.
Bratwurst Sausages (All Beef)		\$5.50 lb.
Breakfast Sausages (With pork, 8 per pkg)		\$4.50 per lb.
Salami		\$5.00 per lb.
Pepperoni Sticks - Vac Pak - lunch size		\$5.00 each

Ask about discounts for bulk orders

For any questions you may have, or for placing orders,  
please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103

Fax: 250-569-3103

Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.

NO SUNDAY CALLS, PLEASE

THANK - YOU



- \* Shop welding & fabricating
- \* Custom aluminum welding/work
- \* Bumpers, roof racks, etc.

Real Tree Wood Products Ltd.

Robert Johnson

McBride Phone(250)569-2459

For more pics of custom work, please email  
realtreewoodproducts@gmail.com

McBRIDE CURLING McBride Curling Club  
Men's Curling Bonspiel  
February 26, 27, 28

\$180.00 per team

Includes dinner, trophies and prizes

Sign up deadline: February 23rd

Call Kevin at 569-0019 or Ria at 569-0402

Fun Mandatory See you there!



250-569-0101  
250 - 1st Ave.  
600  
GIGGLIN' GRIZZLY  
NEIGHBOURHOOD PUB

ALL WEEK LONG ENJOY  
FANTASTIC FOOD AND DRINK SPECIALS!  
TRY OUR NEW BELTINIS MADE WITH  
PINEAPPLE, MANGO & BANANA SLUSH!

Welcome Snowmobilers!

Spend some of your Family Day Weekend  
at the GIGGLIN' GRIZZLY

Enjoy a 10% MEAL DISCOUNT at the  
Giggling' Grizzly every time  
you visit us this weekend.

MAKE YOUR RESERVATIONS NOW FOR THIS  
SUNDAY, FEBRUARY 14, AND JOIN US FOR  
AN ELEGANT AND UNFORGETTABLE

VALENTINE'S DAY.

SEATING TIMES ARE AVAILABLE BETWEEN

5:30 PM & 8:00 PM

SPOIL YOUR LOVED ONE

THIS VALENTINE'S DAY!

At the Grizzly we truly believe that the way  
to a woman's or man's heart is through the  
stomach. After all, great food is our business.  
Nothing gives us more pleasure than  
watching our guests enjoy a great meal.

A wonderful dining experience is

what we strive for.

MENU CHOICES for you and your Valentine:

\*PAN-SEARED DUCK BREAST

WITH RED WINE, BLUEBERRY, &  
BALSAMIC CREAM SAUCE SERVED WITH A  
CUCUMBER & STRAWBERRY RISOTTO.

\*SPICED COATED RACK OF LAMB  
WITH PANCETTA & ARUGULA

\*PRIME BEEF TENDERLOIN,

HERB ROASTED AND SERVED WITH  
HORSE RADISH POTATO GRATIN

End the meal with the chef's surprise dessert  
All meals include a starter salad or soup, and dessert.