

FOR SALE

2006 Chev Cobalt SS, 2 door, 5 speed, leather interior, air, cruise, power locks and windows, 10000km, #7732, \$7500.00
2006 Ford F250, excab, 4x4, diesel, XLT, shortbox, hidden hitch, new tires, wooden box liner, 140000km, #6255, \$16995.00
Paint Booth - Flow throw ventilation with lights, 14 feet by 28 feet, \$4000.00
1998 Skidoo MachZ800 triple, with 2 inch 144 inch track, 800km on new motor and clutch, \$2000.00

For more information contact Dave or Wade at 250-569-8830 or stop by the shop at 923 Airport Road, DL11107.

SUN

VALLEY



RESTAURANT

Saturday Night - January 30th

New York Steak Neptune

8oz. New York Steak Broiled to Your Liking. Topped with a Creamy Seafood Sauce, Baby Potatoes, Dusted with Fresh Garlic and Dill.

Fresh Vegetables, Soup or Salad.

****B.C. Fresh Hailbut Filet****

Pan Fried with Special Herbs, Drizzled with a Shrimp Lemon Butter, Served with Rice Pilaf, and Fresh Vegetables, Soup and Salad

~~~~~

Come Join Richard Menzies and the Staff at the *New Sun Valley Restaurant*. Richard Brings 37 years experience to the SunValley, along with Honest Good Food prepared in a caring, clean atmosphere. Our Meals are prepared to Satisfy all Tastes. Breakfast, New Lunch Special's, and Delicious, Affordable Dinners.

**\*NEW COFFEE PRICE \$1.25**

**\*HOT REFILLS FREE**

PHONE

250-569-0007

**FAX**

250-569-0004

**Employment Assistance Service  
Robson Valley Support Society**

## NEED A JOB?

## NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the

Province of British Columbia

*Healthy by Choice*

*Not by Chance*

In Just 30 Days!

- Eat More & Lose Weight
- Decrease Heart Attack Risk
- Lower Blood Pressure
- Disarm Diabetes
- Lower Cholesterol 15-20%
- Reduce Cancer Risk

Attend a 1-hr.

Information Session  
at either of these locations

McBride SDA Church (downstairs)

Sunday, January 31 at 7:00 PM

McBride Secondary School

Tuesday, February 2 at 7:00 PM

Wednesday, February 3 at 7:00 PM

Thursday, February 4 at 7:00 PM

Actual Program is 16 sessions from Feb. 8 to Mar. 11



250-968-4493

robsonvalleychip@live.com

Coronary Health Improvement Project



233 Main Street  
McBride, B.C.

**Your Neighbourhood Food Store 569-2712**

## DELI

Classic Ham...\$1.09 / 100g  
Teriyaki Chicken...\$1.49 / 100g

Pork Shoulder Steaks - family pack ..... \$2.89 / lb.  
Pork Rib-End Roast - boneless ..... \$2.69 lb.

Beef Striploin BBQ Steaks ..... \$5.99 each.

Tenderized Beef Steak - family pack ..... \$3.69 / lb.

Pepsi or 7-Up Products -

12x355ml ..... \$4.99 each + depot & recve. fee

Kellogg's Corn Flakes 750g - Raisin Bran 675g - Muesli 450g -

Just Right 475g - Variety Pack 275g - Fun Pac 210g. \$2.98 each

Maxwell House Ground Coffee -

original or dark - 925g..... \$6.98 each

Armstrong Natural Sliced Cheese - 500g..... \$8.98 each

Compliments Beans w/Pork - 398ml - 2 for ..... \$1.98

Compliments White Cheddar Penne or Macaroni or

extra creamy macaroni - 200g - 2 for ..... \$1.88

Lay's Potato Chips - 235g - 2 for ..... \$5.00

Kraft Single Cheese Slices - 48's ..... \$9.48

Royal Bathroom Tissue - supreme 3ply 9's, 2ply 24's  
or double roll 12's ..... \$6.98 each

Comice Pears ..... 4.69 / lb.

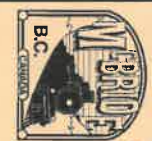
**GARDEN SEED NOW IN STOCK!!!**

## BAKERY

Mini Danish - 9pk...\$2.49  
Fruit Sticks - Blueberry - 4pk...\$2.59

## FREE The little FREE

# McBride



# Paper



Serving BC's Friendliest Town and Area!!!

For the week of *Wednesday, January 27th, 2010*

## THANK YOU

**60th Wedding Anniversary** - I would like to thank everyone who came together to help us celebrate my grandparents, Anna and Laren Scales' 60th Wedding Anniversary. My grandparents were very surprised and overjoyed to see so many people come out to help them celebrate this momentous occasion. I would also like to thank all of my friends who so wonderfully put aside their own busy lives to help me pull of the surprise party. 60 years of marriage is an event to be celebrated by all, so as you read this be sure to tell your loved ones how much you care...and love will conquer all...Thank you all so much, Sincerely The Ford and Scales Families.

## FOOD BANK FUNDRAISER

McBride Oldtimers Hockey Tournament **FOOD BANK FUNDRAISER**: When: Friday February 5th @ 7:30p.m. WHERE: Robson Valley Rec Centre - Please join the Oldtimers as we kick-off our annual tournament vs Quesnel, and at the same time help contribute to the food bank. Donations of cash or food will gladly be accepted at the door.

## ELKS/ROYAL PURPLE NEWS

**McBRIDE RESIDENTS** - McBride Elks & Royal Purple are in need of help at a banquet on Saturday, February 6th. If you or your child has been a recipient of a donation through us, we are asking for your help with clearing tables and running the dishwasher. If you are able to help call Dawna @ 250-569-3210.

**Elks/Royal Purple Monthly Garage Sale** - Don't worry about rain! The Elks and Royal Purple will be hosting a Garage Sale on the following dates: February 27th, April 24th and May 29th 10:00 a.m. - 2:00 p.m. (providing the hall isn't rented). Start collecting up any items you would to sell and book a table through Odds & Ends by calling 569-2645 for \$10.00/table. Soup and Sandwich special will be available while you are shopping.

**FREE Dance Lessons**, Practice & Social for the whole Family by novice instructors Darrell & Diane Roth and hosted by the Elks & Royal Purple are every **WEDNESDAY** at the Elks Hall from 7:00 - 9:00p.m. Learn enough basic steps to really enjoy any Wedding or Country Dance. 2-Step, Polka, Box Waltz, Old Time Waltz, Fox Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome to share new steps with the rest of us. Casual & fun!! Everyone Welcome!! Children under 12 must be accompanied by parents. Phone 250-569-2377 for more information.

## SCHOOL NEWS

**FRIDAY NIGHT BASKETBALL** - JAN. 29. McBRIDE MUSTANGS VS RV LEGENDS @ 5:15 PM. FEB. 5/6 MUSTANG CLASSIC BASKETBALL TOURNAMENT. Times to follow next week! Come and watch the Mustangs as they defend their number nine ranking in the province!

McBride Secondary Community Calendars Are In. The Community Calendars have arrived and are available at the McBride Secondary between 8:00-3:30 p.m. Some of you have prepaid but if not they are \$9.00 each. The Grade 12's will also be handing out your calendar at Stechman's and the Dunster Store on Friday, January 29th between 10:00 a.m. and 2:00 p.m. The calendar does not start until February 1st. If you have purchased a business ad they will be delivered to your door. We do have some extra copies that will be available. Any questions, please call 250-569-2295.

**The Dry Grad Trip** 2010 class is looking for fundraising jobs for their Alaskan Cruise. Please contact Dawn Hickerty at 250-569-3410.

## "IT IS MORE BLESSED TO GIVE THAN TO RECEIVE"

"It is more blessed to give than to receive" Blessings were had by many in 2009! Your kind donations allowed us to distribute 181 hampers, helping 91 people with food in the McBride and surrounding areas. Thank You for remembering the McBride Seventh Day Adventist Food Bank, with donations at Christmas and throughout the year. Too many individuals gave to mention by name, but we would like to take this opportunity to recognize the organizations and businesses for their continuing support: IGA Foods, McBride AG Foods, Old Timers Hockey, Odds N Ends, Gigglin' Grizzly Pub, Robson Valley Quilters Guild, LDM Ltd., McBride and District Public Library, Village of McBride, Robson Valley Support Society, Shirley Bond MLA, and the Catholic, E-Free and United Churches. Our major sponsors are: Adra Canada, Mazon Canada and the McBride Seventh Day Adventist Church. When you give to these sponsors you help the food bank too. With your help we look forward to serving the community in 2010.

## THOUGHT OF THE WEEK

Wherever you go, there you are. Your luggage is another story.  
**Greyhound Bus Schedule** The Farm Store 569-0425  
Depart to East-12:15am Daily • Valemount, Jasper, Edmonton  
Depart to West-6:10am Daily • Prince George

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

**Take a Break in McBride...B.G.'s Friendliest Town!!**

## THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

CANADIAN

### Digital Designz

Martina Wall Phone:250-569-0118 1139 McBride Crescent  
www.canadiandigitaldesignz.ca

Make Beanery 2

569-0133

your

**New Year's Resolution!!!**

Open Mon-Fri 9am-5pm Sat 9am-5pm Sun CLOSED

Ravensnook Guesthouse & Vacation Rentals

Furnished Accomodations for Discerning Travelers

421 Main St. McBride 1-250-569-7133

**SCARE CROW FARM B&B** ☎ 569 0351

Sledders Welcome!! Hot Tub.

Drying Room. Safe Parking.

email: scarecrow@mcbridebc.com 15km West on Highway 16

**Robson Valley Pet Motel**

Grooming & Boarding

Serving locally for 24 years

Ann Schwartz 569-3319 animal health technician

## R. B. HATCHARD CONT.

## SNOW PLOWING & SNOW REMOVAL

569-2493

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782

FOR AN APPOINTMENT.

## FOR SALE

•1988 Ranger \$450

•Reconditioned Batteries with warranty •Used Tires

Call Del at 250-569-7070

Glass Cutting, Picture Printing,

Mating and Framing

call Bill Arnold 569-3381

**McBride Mountain Sports Ltd.**

ALL SKI & SNOWBOARD EQUIPMENT RENTAL

RECREATION & CONSTRUCTION

LAWN & GARDEN • RETAIL

250-569-2354

•ALL Sled Rentals

\$300.00 a day!!

Avalanche Gear Now In

•Open till 9p.m. every Friday.

•Snowboards

\*Snowboard Clothing & Acces.

- Burton, Firefly, Underamour etc.

•All Klim Boots \$239.99

•Tracker Beacons \$310.00

OPEN 7 days a week 8am. - 6pm. - Emerg. contact Denise 569-7473

## McBRIDE MOVIES & MORE

569-0123 *New Release Movies*

•Wushu • Whip It • This Is It

•The Timekeeper • Surrogates • Saw VI

•Mary & Max • American Virgin

•The Boys are Back

•I Hope They Serve Beer In Hell

• Starting Febuary 1st - OPEN 7 DAY A WEEK!!!

• Monday will be a 2 day Rental

• Thursday will be Rent 2 new Releases or 2 top 100 & get a

Children's Movie Rental FREE or a Gallery Movie Rental for \$1.00

•••We now have a small selection of video games•••



Vanderhoof & Districts  
Co-operative  
Association

DRIVERSALES REPRESENTATIVE

For Commercial and Farm Personal Contact  
where high level of customer service is Job One.

## Delivering Fuel East to McBride

Greg Belshaw

990 Railway Road Vanderhoof Head Office

Prince George, B.C. Phone 250-564-3488

Toll Free 1-866-309-2667 Fax 250-567-4490

Home 250-963-9011 Cell 250-565-8436

•Sirens• Hair Cuts and Colors

located in the McBride Mountain Sports building,  
entrance facing 5th Avenue. OPEN Tues. to Sat.

Phone: 250-569-0131

**Korrin Wall, R.M.T.**

Registered Massage Therapist

Call or Email for Appointments 1-250-612-1418

korrinwallmt@hotmail.com

**Spa Euphoria**

Manicures, Pedicures, waxing, etc.

by Alicia Kelley

Call by appointment only 569-7100 • Gift Certificates Now Available!



# SPIN DRIFT POWER SPORTS

**Snowmobile  
and  
Avalanche Gear  
RENTALS**

**Come In and  
Check Out the  
NEW Avalanche Gear  
now in stock**


**Authorized Klim Dealer**

**Open 7 Days a Week 569-0070**

**Located Beside the Police Station  
ROBSON VALLEY CONSTRUCTION  
REDI-MIX CONCRETE**


PO BOX 474  
Phone (250)569-2593  
Fax (250) 569-0178

**BEST PRICES**

- 

**CONCRETE**

  - Concrete Stamps
  - Driveways
  - Finish Concrete
  - Delivery Gravel, Sand & Dirt



**EXCAVATION**

  - Excavating Road
  - Excavation
  - Dozer Work
  - Ponds, Lagoons & Trenches
  - Haul Equipment

**HEAVY HAULING**

-Tridem  
Tilt Deck -Tridem Drop Deck  
Best Rates In Town

- 

**CONSTRUCTION**

  - General Construction
  - New Construction
  - Remodeling
  - Drywall
  - Residential
  - Commercial
  - Install Septic Systems
  - Repair & Removal

**30 YEARS OF EXPERIENCE**

**Serving The Robson Valley**

**Irene Berendsen  
250-569-7397**

Toll Free: 1-888-563-7397  
Email: ireneb@royalpage.ca  
www.mountainviewrealtty.ca



Sales Representative  
McBride, BC



**We now have  
BEACONS  
For Rent**

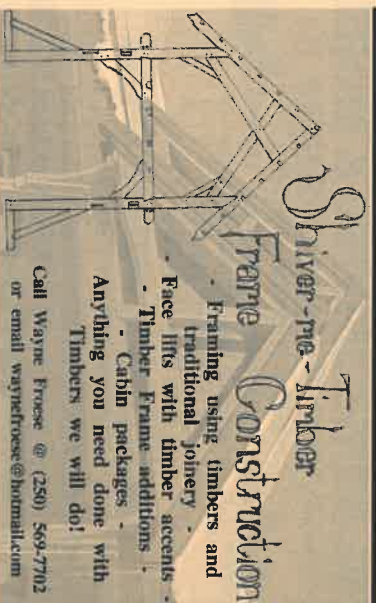
**PEPSI**

1 L ~ 2 for ~ \$3.49

**COCA COLA**

591 ml ~ 2 for ~ \$3.00

**Husky  
569-2441**



- Framing using timbers and traditional joinery
- Face lifts with timber accents
- Timber Frame additions
- Cabin packages
- Anything you need done with Timbers we will do!

Call Wayne Froese @ (250) 569-7702  
or email waynefroese@hotmail.com

**McBride Roundhouse**

**Theatre Society**

**presents**

**Jaydee Bixby**

Tuesday, February 2nd, 2010 7:30pm  
Tickets \$30.00, \$35.00 at the door

Tickets Are Available at STEDMAN'S V&S VARIETY  
377 Main St. 569-2415

**McBride AG Foods**

*Spice Up Your Life*

- Taco Time Taco Seasoning mix-3 for \$3.00
- Western Family Refried Beans-378ml \$1.39
- Pace Mild Thick Chunky Salsa-2 for \$7.00
- Avocados-.69¢ each
- Old El Paso Green Chilies-127ml \$1.79 at 7am
- Manny's Flour Tortillas-482gm \$2.99

**569-0140**  
OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 7-5

## WOMEN'S FAIR

**NEW DATE - Robson Valley Support Society's Annual Women's Fair, SATURDAY, APRIL 13** at the McBride Secondary School. A whole day of fun interactive workshops. Call 569-2266 for more information \*Fair pursuant to funding\*

### COMMUNITY ANNOUNCEMENT

Congratulations to the McBride Boys Senior Basketball Team on their 9th Ranking in B.C. - Greg Mistie in Ottawa.

**Wanted:** Copy of Photograph of Norm's Service Station/Gas Station that was located in North Croymden B.C. between 1955 & 1974. Please phone Zinnca @ 569-3267.

**Robson Valley Trappers Meeting:** Sunday, February 21, 10:00a.m., Chuck's Shop. for questions, contact Chuck McNaughton 968-4400 or Claude Hill 968-4459.

**Processing Fruit to Make Juice & Wine - Location:** Dunster Community Hall. Date: Saturday, February 13th. Time: 1-4pm. Presenter: Arlene MacDonald. RSVP To confirm your attendance: Pete Amyony 250-968-4334 or email: info@kakwacovillage.com by 5pm Thursday, February 11th. Early attendees have an option to purchase lunch at the Dunster Winter Market 11am-1pm. Admission is FREE. \*\*\*limited to 20 attendees.

**Benno's dias amigos!** What: After-School Spanish Club. When: Every Monday at 2:30-3:45 for February and March, starting Feb. 1. Who: Children ages 4+. This class will teach basic vocabulary with games, movement, songs and stories. Please call Amy 569-0171 or Sabra 569-2320 or email advause@yahoo.com to register. Limited space available.

**The Dunster Winter Market** Saturdays from 11:00a.m-1:00p.m. For more information contact Karen Shaw at 968-4331.

**Aerobic Classes - Mon. & Wed 6:00p.m.** Located at the elementary school. Please bring a mat & a set of weights. Any questions call Jenny 569-8853.

**Robson Valley Recreation Centre**, open 7 days a week, (closed for statutory holidays - fitness centres are open during winter hours 6a.m. to 9p.m.

## JOKE OF THE WEEK

**On a rural road a state trooper pulled**

**this farmer over and said:**  
**"Sir, do you realize your wife fell out of the car**  
**several miles back?"**

**To which the farmer replied:**

**"Thank Goodness, I thought I had gone deaf!"**

**BUY, SELL, RENT & MISC.**

**For Sale-46"** Hitachi Rear Projection TV. Comes with Stand/Shelves. Excellent Condition. Asking \$500.00. Phone 569-3110**\*\*Wanted:** Magnetic exercise bike, in good condition & reasonably priced. Phone Wanda at (250) 569-0320.**\*\*For Sale-1** Double Bed & 1 Queen Bed - only used for 6 months. Boxspring, mattress & frame. \$300 each or \$500 for both. Ph:569-7262**\*\*For Sale-40"** Gooseneck Triaxle Tandum Trailer 12,500. \*1989 JD 648, Dual function Grapple Skidder w/chains. Asking 18,500 obo. \*1990 Bell Feller Buncher. Asking 20,000 obo. \*2003 Jeep TJ, showroom cond. Hard top/soft top. \$14,000. Ph:403-728-3823**\*\*For Sale-RCA 20"** TV in great shape. Has worked faithfully since new (1990). \$50 OBO. 2002 Honda Civic 2 dr LX, standard, beautiful shape/condition, low km, lots extras, air cared to Nov. 2010. \$7,550. Phone 569-8807**\*\*For Rent-**available Feb. 1st, two bedroom basement suite. Lots of light, clean. N/S, \$500 per/mo. Contact Ria at (250) 569-0402**\*\*For Sale-**Birch Firewood \$800 for Logging Truck load. 15 min. from McBride. You haul. 569-2471**\*\*For Sale-2** adult Medium Snowmobile suits, 1 large snowmobile suit / G.E. Fan Heater, Reactor Fan Heater - Ph:250-569-2234**\*\*For Sale-2002** PT Cruiser, only 137,000 \$5000.00 o.b.o. Ph:250-569-4003**\*\*For Sale-**1979 GMC 1 ton 4x4 Heavy Duty - Old School Hubs, Body & Paint just done, sprayed box liner, air bags, 10,000 lb. winch - Engine has all "Edelbrock" accessories, \$4500.00 Ph: 569-7473 after 6p.m.**\*\*For Sale-27"** Sanyo TV \$75, 20" TV \$50, XBOX 360 \$75. Phone 250-569-0105**\*\*For Sale:**1978 Travelaire 17.5' dual axle travel trailer in good condition. The interior has been repainted. Dual propane tanks. This unit has a bathroom, dinette, couch and bunk. Includes propane range, oven, and furnace. Fridge is 120V. \$4200 o.b.o. Call 569-0130**\*\*For Rent:**2 bedroom Apartment across from hospital. \$525.00 Ph:569-0208**\*\*For Rent-2** bdrm newly ren'd house on 3rd Ave. Looking for reliable, long-term tenants, avail. immed. \$595/month. ph: 604-848-8460**\*\*For Rent:**2 Bedroom Newly Renovated Double Wide Home on 61/2 acres with Shop & Barn. Located on Sansom Rd. Close to town. Ph:569-0455 or 569-7567 \$650 a month**\*\*For Rent-**60-70 ft. Mobile Homes in quiet family park. Choice of attractive 2 br. unit on larger lot, modern appliances, propane heat, or large unit with additions, private driveway, 3 br, SUPPLEMENTARY ONLY WOOD HEAT, propane furnace, outbuildings, garden area. Each unit \$500/mo. View by appointment 250-569-3343**\*\*To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.**

**Via-Rail Schedule Phone 1-888-842-7245**

**Going West - Sunday, Wednesday & Friday...2:40pm**  
**Going East - Monday, Thursday, Saturday...2:18pm**

Discounts for booking 1 or 3 days in advance (not counting travel day)

### Important Phone Numbers

|                                      |          |                          |                |
|--------------------------------------|----------|--------------------------|----------------|
| EMERGENCY .....                      | 9-1-1    | Forestry .....           | 569-3760       |
| R.C.M.P. ....                        | 569-2255 | Village .....            | 569-2229       |
| Hospital .....                       | 569-2251 | Reg'1 Dist' .....        | 1-800-667-1959 |
| Health Unit .....                    | 569-2251 | Home Support .....       | 569-2266       |
| K to 7 School .....                  | 569-2721 | Food Bank .....          | 569-3225       |
| High School .....                    | 569-2295 | Fire Hall .....          | 569-3117       |
| Dunster School .....                 | 968-4414 |                          |                |
| School District 57                   |          | The Little McBride Paper |                |
| 1-800-256-7857                       |          | 569-3110                 |                |
| Report Forest Fires - 1-800-663-5555 |          |                          |                |

*Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.*

**\*Take a Break in McBride...B.G.s Friendliest Town!!\***

**Advantage Insurance Services Ltd.**  
Rosemary L. Hruby, CIB  
250-569-2264

**Welcome To  
The Newest  
McBride Resident:  
Cooper David Trask**



Valentine's Day BOOK SIGNING!  
Free balloon bouquet (value \$10.00) to the first 3 to purchase a signed book *The Robson Valley Story* only \$50.00 no tax - Perfect "lasting Gift" -2645

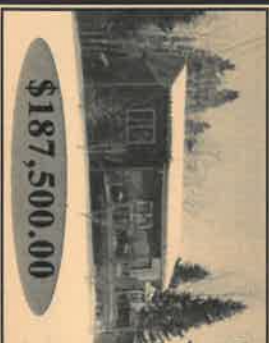
**ImpeCREATIVE** Professional Graphic Design  
Branding • Logos/Stationary • Brochures • Web Design & more  
Serving McBride and Area – Leigh: 250-569-8807

**King Creek Property Management**

**Milled Logs, Your House or Mine, 20' Portable  
Repairs • Painting • Remodeling • Yardwork & More!**

ALL PROPERTY SERVICES YEAR ROUND  
SERVING THE ROBSON VALLEY  
At Morin 250-569-0191/0184

**FOR SALE  
1490 Eddy Rd, McBride, BC**



**\$187,500.00**

**Call to View 250.569.2269**

**Wade's Auto Repair**  
**complete automotive servicing,**  
**parts sales and custom car/truck**  
**accessories sales and installation.**

**923 Airport Road**

**Appointment: 250-569-8830**

*Nature Assistant for Seniors and Busy Folk*  
house cleaning • laundry • linens • meal prep • errands/shopping  
pet care • downsizing • moving • light farm work – \$15-20/hr neg.  
Serving McBride and Area – Leigh: 250-569-8807

**Canoe Robson Valley  
Community Futures**

**Would you like to explore the idea of starting your own business?**

You may qualify for the SEB Program if you:

- Presently on E.I.
- Have been on E.I. in the last 3 years
- Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit Program (SEB), please contact:

**Allan Frederick** Phone: (250) 569-2229  
SEB Co-ordinator Fax: (250) 569-3276  
E-mail: futures3@telus.net



BRITISH COLUMBIA  
The Best Two in Town

**Canada**

**The McBride Trading Co.**

*Antiques, Bulk Foods,  
Gifts & Health Products*

**Celebrate the Winter Olympics**



**THE WINTER SPORTS  
EQUIPMENT SALE  
is heldover  
until Sat. January 30th**

*\*Clean out your garage...  
Bring in your used Sports equipment & Outdoor Clothing*

**NEW WINTER HOURS**  
**Mon., Tues., Thurs., Fri., Sat. 9-5**  
**Closed Wed. & Sun. until Easter**

250-569-2559

246 Main Street McBride, B.C.





Annual  
**SUPERBOWL**  
PARTY

**and Pool Tournament**  
Sunday, February 7th, 2010  
Starting at 12:00 noon

- \*\*Prizes, Popcorn, Chips,
- Chili & Buns (FREE)\*\***
- \*\*Drink Specials\*\***

“Come & Have Some Pool Party Fun”  
•Phone or come in & sign up to play•

**RAH! RAH! RAH! See Your There!!!**



- \* Shop welding & fabricating
- \* Custom aluminum welding/work
- \* Bumpers, roof racks, etc.

**Real Tree Wood Products Ltd.**

**Robert Johnson**

**McBride Phone(250)569-2459**

For more pics of custom work, please email  
[realtreewoodproducts@gmail.com](mailto:realtreewoodproducts@gmail.com)



**CHAMBER NEWS**

Please remember to fill in your form for the Chamber of Commerce about "How the BC Hydro power outages affect your businesses and/or personal lives." These forms are available at Linda Fry, Notary Office; The Bank of Nova Scotia or online at [mcbridebc.info](http://mcbridebc.info). Have the power outages ruined an appliance, piece of equipment, caused lost wages, loss of business earnings, or in any way made your life more difficult? We need to show BC Hydro that these outages are more than "Just a little inconvenient" so we need your input. Please return by January 31, 2010 to the Bank of Nova Scotia, Linda Fry's office or The Info Centre.

**BIRTHDAY WISHES**

**JANUARY 27 - FEBRUARY 2**

Austin Gibson, Jordan Gibson, Laine Molendyk, Chris Flynn, Dwight W Cole, Gibson Meadows, Muriel Learte, Don Smith, Joey Rich, Madeline Gauthier, Shea Krenzler, Kari Pavlovich, Kathleen Elliott, Shane Long, Shelly Weaver, Stan Walchuk, Emilie Kate Rhodes, Jesse Spangler, Clint Moore, Darrell Scales Jr., Hilda Murin, and to anyone else we missed, Happy Birthday.

**THINK ABOUT IT...**

Accept misfortune as a blessing.  
Do not wish for perfect health  
or a life without problems.  
What would you talk about?

**CHURCH NEWS N' THINGS**

**Anglean United Church - Downtown Thrift Store** on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00-**Dorcias** Lamming Pit Rd. (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00-Contact number for the **Foodbank** is 569-3225-**Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370-**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445-**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350-**Anglican United Church**-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone Thelma Molendyk-250-569-0082-**Evangelical Free Church**-Sunday School at 9:45am. Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-**Robson Valley Christian Centre**-Meets in home Sundays 11am, Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am. Ph:569-2606.

**Take a Break in McBride...B.G.s Friendliest Town?!**

**JOY-WAY FARM, McBRIDE, B.C.**

Is offering for sale

Natural (government inspected) grass-fed beef

Priced as follows:

|                                           |             |                 |
|-------------------------------------------|-------------|-----------------|
| Ground beef, frozen                       | 11lb. pkgs  | \$2.75 per lb.  |
| Ground Beef                               | 2 lb. pkgs  | \$2.75 per lb.  |
| 10% OFF                                   | 10 lb. pkgs | \$2.50 per lb.  |
| Tenderloin, Vac-pac                       |             | \$10.00 per lb. |
| Striploin, Vac-Pac                        |             | \$7.50 per lb.  |
| T-Bone Steaks                             |             | \$6.00 per lb.  |
| Roasts (Variety of 3 to 5 lb. sizes)      |             | \$4.50 per lb.  |
| Sirloin Steaks                            |             | \$5.50 per lb.  |
| Prime Rib Steaks and Roasts               |             | \$8.00 per lb.  |
| Smokies (All beef, Vac Pac)               |             | \$6.50 per lb.  |
| Bratwurst Sausages (All Beef)             |             | \$5.50 lb.      |
| Breakfast Sausages (With pork, 8 per pkg) |             | \$4.50 per lb.  |
| Salami                                    |             | \$5.00 per lb.  |
| Peperoni Sticks - Vac Pak - lunch size    |             | \$5.00 each     |

Ask about discounts for bulk orders

For any questions you may have, or for placing orders,

please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103

Fax: 250-569-3103

Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.

NO SUNDAY CALLS, PLEASE

THANK - YOU

**THE MAIN STREET GRILL**

Dine In or Take Out 569-0321

**Wednesday NITE SPECIALS**

Wings Garlic Buttered Prawns Dry Garlic Ribs  
\$35¢ each .25¢ each \$8.95 per bowl

**Friday NITE SUPER SMORG**

5pm - 8pm

10 Main Dishes 5 Great Salads-Desserts and More  
\$14.95 Adults \$11.95 Seniors \$7.95 12 & Under

Monday thru Friday try our  
DAILY SOUP & SALAD BAR ONLY \$6.95

12 Homemade Soups - 5 Great Salads - Buns & Butter  
11:00-1:30 Mon.-Fri.

**DEFINITION**

Whodunit:

None of the kids that live in your house.

Community Calendar sponsored by the Village of McBride and the McBride and District Chamber of Commerce

**McBride & District**

**February 2010**

**Community Calendar**

| Sun                                                                                 | Mon                                                                                                              | Tue                                                                                                                                                                                                                     | Wed                                                                                                                                                         | Thu                                                                                                                                                                                                           | Fri                                                                                                                                 | Sat                                                                                                                          |                                                                                   |
|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| <div>JD Bixby<br/>7:30 PM<br/>Roundhouse Theatre<br/>Tuesday<br/>February 2nd</div> | <div>1<br/>6 - 7 pm<br/>Aerobics<br/>@Elementary School<br/>7 - 9 pm<br/>VFD mtng @ Fire Hall</div>              | <div>2<br/>7:30 pm RC Legion<br/>1-3 pm / 7-8 pm DORCAS<br/>1 - 3 pm AUCW Thrift Shop<br/>6:30 pm TOPS @ HiltUnit<br/>7:30 pm Elks - Royal Purple</div>                                                                 | <div>3<br/>6:30 pm Bingo @ Legion Hall<br/>7 pm Valley Piecemakers @ HS<br/>7 - 8 pm Aerobics<br/>@Elementary School</div>                                  | <div>4<br/>2 - 4 pm OAPO Stitch &amp; Knit<br/>3:30-5:30pm Dome Ck Reading Room<br/>6:30 pm Srs Bingo @ BVLodge<br/>7:00pm Free Dance Lessons<br/>@Elks Hall</div>                                            | <div>Ladies Bonspiel<br/>Everett Monroe - the Legend and the Life<br/>At the Museum 7:00PM<br/>Opening night and book signing</div> | <div>SDA Church<br/>Ladies Bonspiel</div>                                                                                    |                                                                                   |
| <div>Churches<br/>7</div>                                                           | <div>8<br/>6 - 7 pm<br/>Aerobics<br/>@Elementary School<br/>7 - 9 pm<br/>VFD mtng @ Fire Hall</div>              | <div>9<br/>1-3 pm / 7-8 pm DORCAS<br/>1 - 3 pm AUCW Thrift Shop<br/>6:30 pm TOPS @ HiltUnit<br/>7:30 pm McBride Village Council Meeting</div>                                                                           | <div>10<br/>7 - 8 pm<br/>Aerobics<br/>@Elementary School</div>                                                                                              | <div>11<br/>2 - 4 pm OAPO Stitch &amp; Knit<br/>3:30-5:30pm Dome Ck Reading Room<br/>6:30 pm Srs Bingo @ BVLodge<br/>7:00pm Free Dance Lessons<br/>@Elks Hall</div>                                           | <div>12<br/>1 - 3 pm AUCW Thrift Shop<br/>Curling @ Rec Centre<br/>7 pm - midnight</div>                                            | <div>SDA Church<br/>13</div>                                                                                                 |                                                                                   |
| <div>Churches<br/>14</div>                                                          | <div>15<br/>6 - 7 pm<br/>Aerobics<br/>@Elementary School<br/>7 - 9 pm<br/>VFD mtng @ Fire Hall</div>             | <div>16<br/>7 pm Library Trustees<br/>1 - 3 pm AUCW Thrift Shop<br/>1-3 pm / 7-8 pm DORCAS<br/>6:30 pm TOPS @ HiltUnit<br/>7:30 pm Elks - Royal Purple</div>                                                            | <div>17<br/>7 pm Valley Piecemakers @ HS<br/>7 - 8 pm Aerobics<br/>@Elementary School<br/>6:30 pm Bingo @ Legion Hall<br/>7:00 pm CoC @ E Free Church</div> | <div>18<br/>2 - 4 pm OAPO Stitch &amp; Knit<br/>5:30 pm Whistle Stop Meeting<br/>@the Station<br/>Dome Ck Reading Room<br/>3:30-5:30pm Srs Bingo @ BVLodge<br/>7:00pm Free Dance Lessons<br/>@Elks Hall</div> | <div>19<br/>1 - 3 pm AUCW Thrift Shop<br/>Curling @ Rec Centre<br/>7 pm - midnight</div>                                            | <div>SDA Church<br/>20</div>                                                                                                 |                                                                                   |
| <div>Happy Valentines Day</div>                                                     | <div>6 - 7 pm<br/>Aerobics<br/>@Elementary School<br/>7 - 9 pm<br/>VFD mtng @ Fire Hall</div>                    | <div>21<br/>7 pm Library Trustees<br/>1 - 3 pm AUCW Thrift Shop<br/>1-3 pm / 7-8 pm DORCAS<br/>6:30 pm TOPS @ HiltUnit<br/>7:30 pm Elks - Royal Purple</div>                                                            | <div>22<br/>7 pm Valley Piecemakers @ HS<br/>7 - 8 pm Aerobics<br/>@Elementary School<br/>6:30 pm Bingo @ Legion Hall<br/>7:00 pm CoC @ E Free Church</div> | <div>23<br/>2 - 4 pm OAPO Stitch &amp; Knit<br/>3:30-5:30pm Dome Ck Reading Room<br/>6:30 pm Srs Bingo @ BVLodge<br/>7:00pm Free Dance Lessons<br/>@Elks Hall</div>                                           | <div>24<br/>1 - 3 pm AUCW Thrift Shop<br/>Curling @ Rec Centre<br/>7 pm - midnight</div>                                            | <div>SDA Church<br/>25</div>                                                                                                 |                                                                                   |
| <div>Churches<br/>21</div>                                                          | <div>22<br/>6 - 7 pm<br/>Aerobics<br/>@Elementary School<br/>7 - 9 pm<br/>VFD mtng @ Fire Hall</div>             | <div>23<br/>1 - 3 pm AUCW Thrift Shop<br/>1-3 pm / 7-8 pm DORCAS<br/>6:30 pm TOPS @ HiltUnit<br/>7:30 pm McBride Village Council Meeting</div>                                                                          | <div>24<br/>10:30 am Seniors<br/>Pastoral Care Service @ Hosp<br/>7:30pm Family Support Group@HU<br/>7 - 8 pm Aerobics<br/>@Elementary School</div>         | <div>25<br/>2 - 4 pm OAPO Stitch &amp; Knit<br/>3:30-5:30pm Dome Ck Reading Room<br/>6:30 pm Srs Bingo @ BVLodge<br/>7:00pm Free Dance Lessons<br/>@Elks Hall</div>                                           | <div>26<br/>1 - 3 pm AUCW Thrift Shop<br/>Curling @ Rec Centre<br/>7 pm - midnight</div>                                            | <div>SDA Church<br/>27</div>                                                                                                 |                                                                                   |
| <div>Churches<br/>28</div>                                                          | <div>Put your events into the community calendar<br/>250-569-3366<br/>or email:<br/>come2mcbride@telus.net</div> | <div>Everett Monroe - the Legend and the Life<br/>at the Museum this month<br/>MUSEUM/LIBRARY HOURS<br/>10am - 5pm &amp; 7 - 9 pm tue, 10am - 2pm wed, 2 - 9pm fri, 2 - 5pm sat<br/>SDA FOOD BANK: PHONE 569-3225</div> |                                                                                                                                                             |                                                                                                                                                                                                               |                                                                                                                                     | <div>Robson Valley Support Society<br/>Employment Counselling, Job support, child care and more<br/>Call: 250 569 2266</div> | <div>Get involved, have fun!<br/>volunteers are the heart of our community!</div> |

McBride Recreation Centre - Open Call 569-3360 for more information on programs or go to [www.rdtffg.bc.ca](http://www.rdtffg.bc.ca) and follow the links

Tues Wed Closed

Mon/Thurs/Fri - 9-4 Sat/Sun - 10-4 Stat Holiday 10-2

Phone: McBride Visitor Centre, 569-3366, or email details to: [come2mcbride@telus.net](mailto:come2mcbride@telus.net) March Calendar deadline: February 19, 2010



VILLAGE OF MCBRIDE  
Village of McBride  
Economic Development Office

As a result of your participation in the local Survey and your individual comments we were able to identify a need for a regular Public Forum regarding economic development and other administrative issues. In order to serve you better we will hold casual, regular monthly meetings with the public. The meetings will take place on the first Thursday of each month from 7:00 - 8:00 PM at the Sun Valley Restaurant: as long as there is public participation. There will not be an official agenda as the discussion will be driven by you. This is an opportunity to talk directly with Margaret Craine, Eliana Clements and a Council member and bring forward your ideas/questions.

The first meeting will be held on February 4, 2010 at the Sun Valley Restaurant - Lounge area, starting at 7:00 pm. Everyone is welcomed.

ANOTHER THOUGHT

I started out with nothing and I still have most of it left.

McBride Curling Club  
Ladies Curling Bonspiel  
February 5-7

This year's theme: People Around the World \$180.00 per team. Dinner & Dance Saturday, February 2 final day to get your team in! Sign up now, spots are quickly filling! Call Kevin (569-0019) or Ria (569-0402)

Beunos dias amigos!

What: After-School Spanish Club.  
When: Every Monday at 2:30-3:45 for February and March, starting Feb. 1.  
Who: Children ages 4+.  
This class will teach basic vocabulary with games, movement, songs and stories.  
Please call Amy 569-0171 or Sabra 569-2320 or email [advause@yahoo.com](mailto:advause@yahoo.com) to register. Limited space available.

McBride Roundhouse Theatre Presents  
**JAYDEE BIXBY**  
As Seen On Canadian Idol

COWBOYS AND CADDILLACS  
February 2, 2010 - 7:30 pm  
McBride Roundhouse Theatre  
\$30.00, \$35.00 at the door  
Available at Steedmans

250-569-0101  
2500 - 1st Ave.  
7 Days a Week  
11am-11pm

**GIGGLIN' GRIZZLY NEIGHBOURHOOD PUB**  
FULL OF GRIZZLY PRIDE

Fly the flag. Wear red. Paint your face. Make noise. Show your passion and your love of sport any way you want and give our Olympic athletes the support they need to take them to the top of the podium in 2010.

JOIN US AS WE PAINT THE GRIZZLY RED FOR THE ARRIVAL OF THE OLYMPIC TORCH IN MCBRIDE! RED TAG FOOD & DRINK SPECIALS FEATURING RED ITEMS ALL DAY FRIDAY!  
DON'T FORGET TO WEAR SOMETHING RED TO RECEIVE YOUR SECRET DISCOUNT!

Every SUNDAY, MONDAY, & TUESDAY  
Receive a Free Appetizer of Garlic Sausage Slices or Jalapeno Popcorn Shrimp with the purchase of any TRADITIONAL.

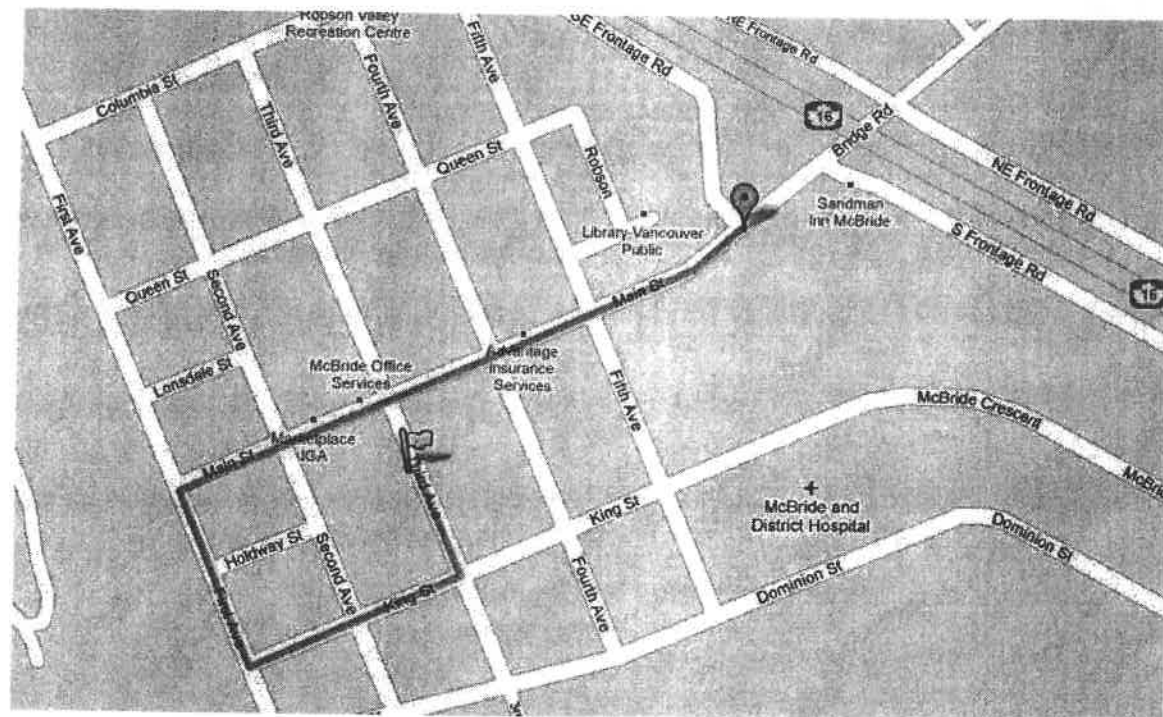
Hey, those dance lessons really paid off!

Seniors February 2010

| Sun                    | Mon                                                          | Tue                    | Wed                                                     | Thu                                              | Fri                                                | Sat |
|------------------------|--------------------------------------------------------------|------------------------|---------------------------------------------------------|--------------------------------------------------|----------------------------------------------------|-----|
|                        | 1<br>Chair Excercises@BV @9am<br>Movie Night /Games 6:30@BV  | 2<br>Bowling 10am@REC  | 3<br>Chair Excercises@BV @9am<br>Lunch @ Main St. Grill | 4<br>Stitch/Knit @ BV 2pm-4pm<br>Bingo @6:30/BV  | 5<br>Chair Excercises@BV @9am<br>Bowling 10am@REC  | 6   |
| 7                      | 8<br>Chair Excercises@BV @9am<br>Movie Night /Games 6:30@BV  | 9<br>Bowling 10am@REC  | 10<br>Chair Excercises@BV @9am<br>Birthday Tea@2:00 BV  | 11<br>Stitch/Knit @ BV 2pm-4pm<br>Bingo @6:30/BV | 12<br>Chair Excercises@BV @9am<br>Bowling 10am@REC | 13  |
| 14<br>Valentines's Day | 15<br>Chair Excercises@BV @9am<br>Movie Night /Games 6:30@BV | 16<br>Bowling 10am@REC | 17<br>Chair Excercises@BV @9am<br>Lunch @ Beanery 2     | 18<br>Stitch/Knit @ BV 2pm-4pm<br>Bingo @6:30/BV | 19<br>Chair Excercises@BV @9am<br>Bowling 10am@REC | 20  |
| 21                     | 22<br>Chair Excercises@BV @9am<br>Movie Night /Games 6:30@BV | 23<br>Bowling 10am@REC | 24<br>Chair Excercises@BV @9am<br>Lunch/Mtg@ BV Lodge   | 25<br>Stitch/Knit @ BV 2pm-4pm<br>Bingo @6:30/BV | 26<br>Chair Excercises@BV @9am<br>Bowling 10am@REC | 27  |
| 28                     |                                                              |                        |                                                         |                                                  |                                                    |     |



# 2010 Olympic Relay McBride Route



Friday, January 29, 2010  
9:00PM – 12:00PM

**DURING THE ABOVE HOURS AND ON THE DATE NOTED  
THERE IS NO PARKING ALONG THE TORCH ROUTE**



# McBride Community Olympic Torch Relay Celebration



Friday, January 29, 2010  
7:00PM - 11:45PM



**Robson Valley  
Recreation Centre**

**Robson Valley Community Centre  
(McBride)**

**Torch Route Through  
Community**

The Village of McBride Spirit of BC Community Committee in cooperation with many organizations in town will be hosting an evening event to celebrate this once in a lifetime event.

## PAINT THE TOWN RED FOR THE ARRIVAL OF THE OLYMPIC TORCH

and cheer on local community members who were selected by Coca-Cola and RBC as official Olympic Torch Bearers

A program of events will take place prior to the arrival of the Olympic Torch. The events will celebrate arts, culture and sports and will highlight the youth in our community.

### Events at the Robson Valley Recreation Centre

- 7:00pm Free Public Skate/Curling Demonstration
- 8:30pm Minor Hockey Game
- 8:50pm McBride Figure Skating Club Demonstration
- 9:10pm Old Timers vs Womens Hockey Game

### Events at the Robson Valley Community Hall (McBride)

- 9:30pm Local Music Entertainment/Refreshments
- 10:10pm Committee Presentation/Refreshments
- 10:30pm Move to and assemble along Torch Route

### Events along the Torch Route

- 11:00pm Fireworks at start of Olympic Torch Relay
- 11:10pm McBride portion of Olympic Torch Relay
- 11:30pm Fireworks at end of Olympic Torch Relay

\* all times are approximate

**Dress in Red and join with friends and community members to celebrate the arrival of the Olympic Torch and the Relay through McBride.**



“February 2010 at Odds’n Ends

HOURS \*Mon.-Fri. 8:00am-6:00pm \*Sat. 10:00am-noon \*Sun. noon-2:00pm  
\*Sat. 10:00am-noon \*Sun. noon-2:00pm “DROP IN OR COME EVERY TIME” 250-569-2645

| Sunday                                                     | Monday                                                  | Tuesday                               | Wednesday                                                                                 | Thursday                                          | Friday                                                                                            | Saturday                                                                                       |
|------------------------------------------------------------|---------------------------------------------------------|---------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
|                                                            | <b>1</b><br>*Book Club<br>9:30-11am<br>coffee & treats  | <b>2</b><br>*Kids Crafts<br>2:30-4pm  | <b>3</b><br>*Knitting<br>9:30-11am<br>*Beading<br>2:30-4pm<br>*Quilting<br>4-6pm          | <b>4</b><br>*Beginning<br>Quilting                | <b>5</b><br>*Senior<br>Crafts                                                                     | <b>6</b><br>*Come in any Saturday and work on your<br>scrapbooking, sewing or knitting project |
| <b>7</b>                                                   | <b>8</b><br>*Book Club<br>9:30-11am<br>coffee & treats  | <b>9</b><br>*Kids Crafts<br>2:30-4pm  | <b>10</b><br>*Knitting/Crochet<br>9:30-11am<br>*Beading<br>2:30-4pm<br>*Quilting<br>4-6pm | <b>11</b><br>*Beginning<br>Quilting               | <b>12</b><br>*Senior<br>Crafts                                                                    | <b>13</b>                                                                                      |
| <b>14</b><br>*Book<br>Signing<br>noon-2pm                  | <b>15</b><br>*Book Club<br>9:30-11am<br>coffee & treats | <b>16</b><br>*Kids Crafts<br>2:30-4pm | <b>17</b><br>*Knitting<br>9:30-11am<br>*Beading<br>2:30-4pm<br>*Quilting<br>4-6pm         | <b>18</b><br>*Beginning<br>Quilting               | <b>19</b><br>Digital<br>Camera<br>Workshop<br>1-3pm<br>*Senior<br>Crafts                          | <b>20</b><br>using our tools.                                                                  |
| <b>21</b>                                                  | <b>22</b><br>*Book Club<br>9:30-11am<br>coffee & treats | <b>23</b><br>*Kids Crafts<br>2:30-4pm | <b>24</b><br>*Knitting/Crochet<br>9:30-11am<br>*Beading<br>2:30-4pm<br>*Quilting<br>4-6pm | <b>25</b><br>*Beginning<br>Quilting               | <b>26</b><br>*Senior<br>Crafts                                                                    | <b>27</b>                                                                                      |
| <b>28</b>                                                  | <b>Latex &amp; Mylar Balloon Bouquets</b>               |                                       | <b>Wednesday Quilting is the “Block-of-the-Month”</b>                                     | <b>Thursday’s Quilting is for Beginners Only!</b> | <b>Andru McCracken</b> will be hosting a Digital Camera Workshop. Sign up ASAP. Fee \$10.00 limit | <b>Visitors to McBride</b> welcome, sledgers, families welcome.                                |
| *Come in any Sunday and use our cutting table & tools free |                                                         |                                       |                                                                                           |                                                   |                                                                                                   |                                                                                                |

\*ALL WELCOME \*FREE EVENTS